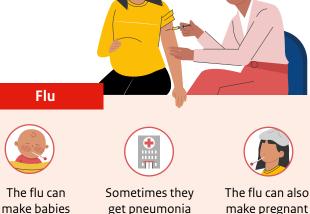


National Institute for Public Health and the Environment Ministry of Health, Welfare and Sport

# **Vaccinations** during pregnancy

When you are pregnant, there are two vaccinations that you can get: against flu and against whooping cough. These vaccinations will protect both you and your baby.



and need to go to hospital.



### When?

verv ill and

short of breath.

You can get the vaccinations from week 22 until the end of your pregnancy. You can only get the flu vaccine between 15 October and 1 March.



## What side effects can there be?

The vaccinations are safe for both you and your baby. But there may be some side effects.







Pain at the location Listlessness of the vaccination

# Any questions?

Go to www.rivm.nl/zwanger-en-vaccineren, ask at the Well-Baby Clinic or ask your provider of obstetric care.



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Whooping cough

Babies can get

pneumonia or

brain damage

because of the

coughing.

Sometimes they

will need to go

to hospital.

Babies can even

die from it.

# How does it work?

Whooping cough

can make babies

cough a lot.

This coughing

can last for

months.

Once you have been vaccinated, your body will create antibodies. These go through the placenta to your baby. In this way your baby is protected against whooping cough and flu for the first months after birth. They will also protect against the serious consequences of whooping cough and flu.

### **Babies will need one** vaccine less

If you get vaccinated against whooping cough, your baby will need one vaccine less.

## Where can you get the vaccines?

Make an appointment with the Well-Baby Clinic near you. Go to www.rijksvaccinatieprogramma.nl/ afspraak-maken-22wekenprik-griepprik



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