

# Irbadda Binoomiyokokkal ee 2024

Binoomiyokokkal waa bakteeriya. Dadka 60 jir iyo ka weyn dhakhso ayay ugu bukoon karaan iyo aad ugu xumaan kara. Marka aad sii weynaato difaacaagu jidhku wuu sii xumaanayaa. Waxaa kugu dhici karaa jirro halis ah sida oofwareenka. Irbaddu waxay yaraynaysaa fursadda aad ku bukoon karto jirrada binoomiyokokkal.



## Ku saabsan binoomiyokokkal

- Bakteeriyadu waxay dad badan ka gashaa sanko iyo dhuunta, iyadoo laftoodu ayna ku bukoon.
- Hindhisada iyo qufaca dartood ayay bakteeriyadu hawada u gasha.
- Waad ku neefsan kartaa iyo aad bukoon kartaa. Weliba marka difaacaagu jidhku aanu wanaagsanayn.
- Tusaale ahaan, waxaa kugu dhici kara oofwareen.
- Kadib markaad ku jirrooto binoomiyokokkal dartii, caafimaadkaagu wuu soo yaraan karaa. Iyo waxaad jirta fursad aad hore u dhiman karto.



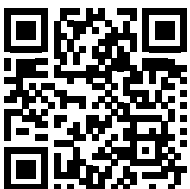
## Irbaddu way kaa badbaadinaysaa

- Dadka 60 jir iyo wixii ka weyn ah, irbadda sannadlaha:
  - 850 ka mid ah 6,000 oo cusbitaalka la dhigo iyo
  - 140 ka mid ah 900 oo dhimasho ah ayaa lagaga hortaga.
- Irbadda binoomiyokokkal waxay kaa badbaadisaa binoomiyokokkalka badnaanta jira.

## Yaa ballan loo soo dira?

Waxaad ballan u helaysaa sababtoo ah waxaad dhalatay 1961, 1962, 1963 amba 1964.

Siinta irbadda binoomiyokokkal badbaado dheeraad ah oo ka hortagga oofwareenka ah



### Afafka kale:

English | Español, Spanish | Türkçe, Turkish |  
معلومات أكثر, Arabic | Papiamentu |  
Українська, Ukrainian

[www.rivm.nl/pneumokokken-vertalingen](http://www.rivm.nl/pneumokokken-vertalingen)

### Warbixin kale:

[www.rivm.nl/pneumokokken](http://www.rivm.nl/pneumokokken)  
[www.thuisarts.nl/prik-tegen-pneumokokken](http://www.thuisarts.nl/prik-tegen-pneumokokken)

 National Institute for Public Health  
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