

Dutch National Food Consumption Survey 2007-2010|Part 7-A Sources of macronutrients, Version 2, based on dataset DFC_2010_core_20120822

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Remarks:

- All numbers are mean percentages

Table 1.1 Average contribution (mean%) of food groups to the intake of macronutrients of the Dutch population aged 7 to 69 years (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week

Total Population (n=3,819)

Food groups based on EPIC-Soft Classification	Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01 Potatoes and other tubers	4.5	2.6	7.0	0.1	1.6	1.9	1.3	1.8	1.3	4.3	0.1	1.4	1.4	7.8	0.3	14.3	9.7	0.0
02 Vegetables	1.7	2.5	6.8	0.0	0.7	0.5	0.3	1.6	0.3	5.7	0.3	0.7	1.2	2.0	3.0	1.3	13.6	0.0
03 Legumes	0.1	0.2	0.6	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.1	0.2	0.1	0.3	0.8	0.0
04 Fruits, nuts and olives	5.2	2.7	6.4	0.0	4.6	2.3	5.5	7.0	0.0	4.7	0.8	6.1	7.7	6.4	11.3	2.4	10.6	0.0
05 Dairy products	14.3	23.3	0.4	38.4	18.2	30.4	12.4	3.8	33.5	9.9	0.8	9.3	2.3	9.8	19.2	1.9	3.5	0.5
06 Cereals and cereal products	23.2	22.4	57.0	0.5	10.1	6.2	10.8	15.6	5.2	12.6	4.8	12.4	17.0	35.1	6.0	60.1	42.8	0.0
07 Meat and meat products	11.4	29.1	0.3	46.5	18.6	18.9	22.9	10.8	15.3	7.0	34.0	18.6	10.2	0.8	0.6	1.1	1.8	0.0
08 Fish and shellfish	1.1	3.6	0.2	5.7	1.4	0.9	1.5	1.8	0.5	1.0	21.8	1.6	0.7	0.2	0.0	0.3	0.1	0.0
09 Eggs and egg products	0.7	1.8	0.0	2.9	1.3	1.1	1.5	0.6	0.0	0.1	11.1	1.2	0.6	0.1	0.0	0.2	0.0	0.0
10 Fat	6.6	0.1	0.1	0.0	19.4	14.0	19.4	31.9	17.8	31.0	5.7	24.1	33.5	0.1	0.0	0.1	0.0	0.0
11 Sugar and confectionery	7.2	1.7	2.8	1.0	5.4	7.0	5.8	2.6	3.1	1.0	0.3	4.6	2.2	10.6	20.4	2.1	3.4	0.6
12 Cakes	7.6	3.4	6.8	1.3	8.0	9.6	7.3	5.7	16.4	5.0	5.7	6.7	5.6	9.5	10.9	9.0	5.3	2.6
13 Non-alcoholic beverages	6.1	2.0	4.6	0.5	0.6	1.0	0.3	0.2	0.6	0.4	0.0	0.3	0.2	11.4	22.2	0.7	2.2	0.2
14 Alcoholic beverages	4.4	0.6	1.6	0.0	0.0	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	2.3	2.0	2.4	1.8	96.0
15 Condiments and sauces	3.3	0.8	1.7	0.3	7.3	3.2	8.3	13.8	0.9	15.1	5.2	10.3	14.5	1.6	2.7	0.8	1.2	0.0
16 Soups, bouillon	0.9	1.3	1.5	1.2	1.0	1.0	0.9	0.9	3.0	0.6	2.8	0.9	0.9	0.8	0.6	1.1	1.9	0.0
17 Miscellaneous	1.6	1.9	2.2	1.6	2.0	2.0	1.8	1.9	2.1	1.2	1.0	1.8	1.5	1.4	0.7	2.1	1.4	0.0
20 Dietary supplements	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	5.8	0.0	0.6	0.0	0.0	0.0	0.0	0.0

Table 1.2.a Average contribution (mean%) of food groups to the intake of macronutrients of the Dutch children and adults (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week

Group=Children (7-18 years, n=1713)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01	Potatoes and other tubers	4.8	3.1	7.8	0.1	2.0	2.4	1.7	2.1	1.2	4.7	0.1	1.8	1.7	7.1	0.2	14.3	11.3	0.0
02	Vegetables	1.1	1.8	4.7	0.0	0.5	0.3	0.2	1.1	0.2	4.3	0.3	0.5	0.8	1.1	1.5	0.9	10.0	0.0
03	Legumes	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.1	0.0	0.2	0.7	0.0
04	Fruits, nuts and olives	4.3	2.5	5.6	0.0	4.0	2.1	4.4	6.9	0.0	4.4	0.5	5.3	7.6	4.7	7.3	1.9	9.3	0.0
05	Dairy products	13.8	23.8	0.6	40.4	15.7	25.9	10.6	3.2	29.7	9.0	0.8	8.0	1.9	10.4	18.5	2.0	4.2	4.8
06	Cereals and cereal products	23.4	24.4	59.0	0.6	11.1	6.9	12.8	15.6	6.5	12.2	3.7	13.7	16.9	31.3	4.5	59.4	44.0	0.0
07	Meat and meat products	10.6	28.0	0.4	46.4	18.8	19.0	22.5	11.2	16.1	7.6	37.6	18.6	10.1	0.8	0.5	1.3	2.2	0.0
08	Fish and shellfish	0.5	1.8	0.1	3.1	0.6	0.4	0.5	0.8	0.3	0.5	12.6	0.6	0.4	0.1	0.0	0.2	0.1	0.5
09	Eggs and egg products	0.5	1.4	0.0	2.4	0.9	0.8	1.0	0.4	0.0	0.1	10.6	0.8	0.4	0.1	0.0	0.1	0.0	0.0
10	Fat	5.8	0.1	0.1	0.0	17.5	12.7	16.5	30.4	17.3	30.2	7.5	21.5	31.7	0.0	0.0	0.1	0.0	0.0
11	Sugar and confectionery	10.8	2.9	4.6	1.8	9.0	11.0	9.9	5.0	4.7	1.7	0.5	8.2	4.3	14.0	23.9	3.5	5.0	0.6
12	Cakes	9.4	5.0	9.4	1.8	10.1	12.0	9.5	7.5	17.7	6.9	9.2	8.7	7.3	10.4	10.0	11.5	7.4	11.7
13	Non-alcoholic beverages	8.7	0.7	1.7	0.1	0.1	0.1	0.1	0.1	0.1	0.3	0.0	0.1	0.1	16.1	30.2	0.4	1.4	0.0
14	Alcoholic beverages	0.7	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.5	0.4	0.5	0.4	82.3
15	Condiments and sauces	3.0	0.8	1.7	0.3	6.6	2.9	7.5	12.7	0.8	15.5	8.1	9.3	13.1	1.4	2.1	0.7	1.2	0.0
16	Soups, bouillon	0.6	1.0	0.9	1.0	0.7	0.6	0.6	0.7	2.0	0.5	3.1	0.6	0.7	0.4	0.3	0.6	1.2	0.0
17	Miscellaneous	1.9	2.3	2.7	2.0	2.5	2.8	2.3	2.2	3.4	1.7	1.3	2.3	1.8	1.5	0.5	2.4	1.6	0.0
20	Dietary supplements	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	4.1	0.0	1.1	0.0	0.0	0.0	0.0	0.0

Group=Adults (19-69 years, n=2106)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01	Potatoes and other tubers	4.5	2.5	6.8	0.1	1.5	1.8	1.2	1.7	1.3	4.2	0.0	1.4	1.3	8.0	0.3	14.2	9.4	0.0
02	Vegetables	1.8	2.6	7.3	0.0	0.8	0.5	0.3	1.7	0.3	6.0	0.3	0.8	1.2	2.2	3.3	1.4	14.4	0.0
03	Legumes	0.1	0.2	0.6	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.1	0.2	0.1	0.3	0.8	0.0
04	Fruits, nuts and olives	5.4	2.7	6.6	0.0	4.7	2.4	5.7	7.1	0.0	4.7	0.8	6.2	7.8	6.8	12.2	2.5	10.9	0.0
05	Dairy products	14.4	23.1	0.4	37.9	18.7	31.3	12.8	3.9	34.4	10.1	0.8	9.6	2.4	9.6	19.4	1.8	3.3	0.3
06	Cereals and cereal products	23.2	22.0	56.6	0.5	9.8	6.0	10.4	15.6	4.9	12.7	5.0	12.2	17.0	36.0	6.4	60.2	42.5	0.0
07	Meat and meat products	11.5	29.3	0.3	46.5	18.6	18.9	22.9	10.7	15.1	6.9	33.2	18.5	10.2	0.8	0.6	1.0	1.7	0.0

Group=Adults (19-69 years, n=2106)

Food groups based on EPIC-Soft Classification	Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
08 Fish and shellfish	1.3	4.0	0.2	6.3	1.5	1.0	1.7	2.0	0.5	1.1	23.7	1.8	0.8	0.2	0.0	0.4	0.1	0.0
09 Eggs and egg products	0.8	1.9	0.0	3.1	1.3	1.2	1.6	0.6	0.0	0.1	11.2	1.3	0.6	0.1	0.0	0.2	0.0	0.0
10 Fat	6.8	0.1	0.1	0.0	19.8	14.3	20.0	32.2	17.9	31.2	5.3	24.6	33.9	0.1	0.1	0.1	0.0	0.0
11 Sugar and confectionery	6.4	1.5	2.4	0.9	4.6	6.1	4.9	2.0	2.7	0.8	0.2	3.9	1.7	9.9	19.6	1.8	3.0	0.6
12 Cakes	7.2	3.1	6.3	1.1	7.5	9.1	6.9	5.3	16.1	4.6	4.9	6.2	5.3	9.3	11.1	8.5	4.8	2.2
13 Non-alcoholic beverages	5.5	2.2	5.2	0.5	0.7	1.2	0.3	0.2	0.8	0.4	0.0	0.3	0.2	10.3	20.4	0.8	2.3	0.3
14 Alcoholic beverages	5.2	0.7	1.8	0.0	0.1	0.1	0.0	0.0	0.1	0.0	0.1	0.0	0.0	2.8	2.4	2.8	2.1	96.6
15 Condiments and sauces	3.4	0.8	1.7	0.3	7.4	3.2	8.4	14.0	1.0	15.0	4.6	10.5	14.7	1.6	2.8	0.8	1.2	0.0
16 Soups, bouillon	1.0	1.4	1.6	1.3	1.0	1.0	1.0	0.9	3.2	0.7	2.7	0.9	1.0	0.9	0.7	1.2	2.0	0.0
17 Miscellaneous	1.5	1.8	2.1	1.5	1.9	1.9	1.7	1.8	1.8	1.1	0.9	1.7	1.4	1.4	0.7	2.0	1.3	0.0
20 Dietary supplements	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	6.2	0.0	0.5	0.0	0.0	0.0	0.0	0.0

Table 1.2.b Average contribution (mean%) of food groups to the intake of macronutrients of the Dutch children and adults stratified by gender (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week

Group=Male Children (7-18 years, n=856)

Food groups based on EPIC-Soft Classification	Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01 Potatoes and other tubers	4.8	3.2	7.8	0.1	2.0	2.5	1.7	2.1	1.2	4.8	0.1	1.8	1.7	7.2	0.2	14.4	11.6	0.0
02 Vegetables	1.1	1.8	4.5	0.0	0.4	0.3	0.1	1.0	0.2	4.1	0.2	0.4	0.7	1.1	1.5	0.8	9.8	0.0
03 Legumes	0.1	0.2	0.4	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.1	0.0	0.2	0.6	0.0
04 Fruits, nuts and olives	4.3	2.7	5.9	0.0	4.5	2.5	5.0	7.5	0.0	4.4	0.2	5.9	8.2	4.3	6.5	1.9	8.6	0.0
05 Dairy products	13.7	23.6	0.5	40.2	15.3	25.6	10.2	3.1	29.6	9.0	0.9	7.7	1.8	10.6	18.9	2.2	3.9	7.2
06 Cereals and cereal products	23.5	24.6	59.2	0.7	11.1	6.9	12.8	15.3	6.2	11.9	3.3	13.6	16.5	31.4	4.3	59.5	44.9	0.0
07 Meat and meat products	10.7	28.2	0.4	46.8	19.0	19.5	22.9	11.1	16.6	7.5	38.0	18.8	9.9	0.9	0.5	1.3	2.3	0.0
08 Fish and shellfish	0.5	1.9	0.1	3.1	0.6	0.4	0.5	0.8	0.3	0.5	13.0	0.6	0.4	0.1	0.0	0.2	0.1	0.0
09 Eggs and egg products	0.5	1.4	0.0	2.4	0.9	0.8	1.0	0.4	0.0	0.1	10.9	0.8	0.4	0.1	0.0	0.1	0.0	0.0
10 Fat	6.0	0.1	0.1	0.0	17.9	13.1	16.8	31.1	18.0	31.2	7.5	22.0	32.2	0.0	0.0	0.1	0.0	0.0
11 Sugar and confectionery	10.7	2.8	4.5	1.7	8.7	10.6	9.6	4.9	4.8	1.6	0.3	8.0	4.3	14.0	23.9	3.4	4.9	0.5
12 Cakes	8.9	4.8	8.9	1.7	9.7	11.6	9.0	7.1	17.3	6.7	9.2	8.3	6.9	9.9	9.4	10.9	7.1	10.6
13 Non-alcoholic beverages	8.9	0.7	1.5	0.1	0.1	0.1	0.0	0.1	0.0	0.3	0.0	0.1	0.1	16.6	31.5	0.4	1.3	0.0
14 Alcoholic beverages	0.7	0.2	0.5	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.5	0.2	0.7	0.6	81.6
15 Condiments and sauces	3.1	0.8	1.8	0.2	6.6	2.9	7.4	12.5	0.8	15.3	7.5	9.2	12.8	1.4	2.2	0.7	1.3	0.0
16 Soups, bouillon	0.6	0.9	1.0	0.9	0.6	0.6	0.5	0.7	1.7	0.5	2.4	0.6	0.7	0.4	0.3	0.7	1.3	0.0
17 Miscellaneous	1.9	2.4	2.7	2.1	2.4	2.7	2.2	2.2	3.2	1.9	1.3	2.2	1.8	1.5	0.5	2.5	1.8	0.0
20 Dietary supplements	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	5.1	0.0	1.6	0.0	0.0	0.0	0.0	0.0

Group=Female Children (7-18 years, n=857)

Food groups based on EPIC-Soft Classification	Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01 Potatoes and other tubers	4.7	3.0	7.7	0.1	2.0	2.4	1.6	2.1	1.1	4.6	0.2	1.8	1.7	7.0	0.2	14.2	11.0	0.0
02 Vegetables	1.2	1.9	4.9	0.0	0.5	0.3	0.2	1.2	0.3	4.5	0.4	0.5	0.8	1.2	1.6	0.9	10.3	0.0
03 Legumes	0.1	0.2	0.6	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.1	0.0	0.2	0.8	0.0
04 Fruits, nuts and olives	4.3	2.2	5.3	0.0	3.5	1.8	3.8	6.2	0.0	4.4	0.8	4.6	6.9	5.1	8.1	1.9	10.0	0.0
05 Dairy products	13.9	24.1	0.7	40.6	16.1	26.3	11.0	3.3	29.8	9.0	0.7	8.3	2.0	10.3	18.0	1.9	4.5	1.7
06 Cereals and cereal products	23.3	24.2	58.8	0.6	11.2	7.0	12.7	15.9	6.9	12.6	4.1	13.7	17.3	31.1	4.6	59.3	43.1	0.0
07 Meat and meat products	10.4	27.8	0.4	46.1	18.5	18.5	22.2	11.3	15.5	7.7	37.2	18.5	10.3	0.8	0.4	1.3	2.1	0.0

Group=Female Children (7-18 years, n=857)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
08	Fish and shellfish	0.5	1.8	0.1	3.0	0.5	0.3	0.5	0.8	0.3	0.5	12.3	0.6	0.4	0.1	0.0	0.2	0.1	1.1
09	Eggs and egg products	0.5	1.4	0.0	2.3	0.9	0.8	1.1	0.4	0.0	0.0	10.3	0.8	0.4	0.1	0.0	0.1	0.0	0.0
10	Fat	5.7	0.0	0.1	0.0	17.0	12.4	16.2	29.6	16.6	29.2	7.4	21.0	31.2	0.0	0.0	0.1	0.0	0.0
11	Sugar and confectionery	10.9	3.0	4.7	1.8	9.3	11.4	10.1	5.1	4.6	1.8	0.8	8.4	4.4	14.1	23.9	3.5	5.1	0.7
12	Cakes	9.8	5.3	9.9	1.9	10.6	12.4	10.0	8.0	18.1	7.1	9.2	9.2	7.8	10.9	10.6	12.0	7.7	13.1
13	Non-alcoholic beverages	8.5	0.8	1.8	0.1	0.1	0.1	0.1	0.2	0.1	0.4	0.0	0.1	0.1	15.6	28.9	0.4	1.6	0.0
14	Alcoholic beverages	0.6	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.4	0.6	0.2	0.2	83.2
15	Condiments and sauces	3.0	0.8	1.5	0.3	6.6	2.8	7.6	12.8	0.8	15.8	8.7	9.4	13.4	1.3	2.0	0.7	1.1	0.0
16	Soups, bouillon	0.6	1.0	0.9	1.1	0.7	0.7	0.6	0.7	2.4	0.5	3.7	0.6	0.8	0.4	0.3	0.6	1.1	0.0
17	Miscellaneous	1.9	2.3	2.6	2.0	2.6	2.8	2.3	2.2	3.6	1.4	1.2	2.3	1.8	1.4	0.6	2.4	1.5	0.0
20	Dietary supplements	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.0	0.0	0.6	0.0	0.0	0.0	0.0	0.0

Group=Male Adults (19-69 years, n=1055)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01	Potatoes and other tubers	4.9	2.8	7.5	0.1	1.7	2.1	1.4	1.8	1.7	4.3	0.0	1.5	1.4	8.7	0.4	15.2	10.5	0.0
02	Vegetables	1.6	2.3	6.7	0.0	0.6	0.4	0.3	1.4	0.3	5.1	0.4	0.7	1.0	1.9	3.0	1.3	13.4	0.0
03	Legumes	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.2	0.1	0.2	0.8	0.0
04	Fruits, nuts and olives	4.8	2.7	6.5	0.0	4.9	2.5	6.1	7.3	0.0	4.2	0.7	6.5	8.0	5.6	10.3	2.3	9.6	0.0
05	Dairy products	13.8	22.2	0.4	36.2	17.9	30.6	12.1	3.6	33.0	9.6	0.8	9.0	2.1	9.5	19.8	1.9	3.1	0.2
06	Cereals and cereal products	22.7	21.9	56.5	0.5	9.2	5.6	9.8	14.3	4.8	11.8	4.1	11.3	15.5	36.1	6.5	58.8	43.1	0.0
07	Meat and meat products	12.4	31.3	0.4	49.5	20.2	20.8	24.6	11.6	17.1	7.4	36.8	19.9	10.9	0.9	0.7	1.2	2.0	0.0
08	Fish and shellfish	1.1	3.7	0.2	5.6	1.3	0.9	1.4	1.8	0.6	1.1	23.7	1.6	0.8	0.2	0.0	0.4	0.1	0.0
09	Eggs and egg products	0.7	1.7	0.0	2.8	1.2	1.1	1.4	0.5	0.0	0.1	10.8	1.1	0.5	0.1	0.0	0.2	0.0	0.0
10	Fat	7.1	0.1	0.1	0.0	20.6	14.8	20.4	33.9	18.8	33.4	5.6	25.5	35.7	0.1	0.1	0.1	0.0	0.0
11	Sugar and confectionery	6.3	1.3	2.2	0.8	4.3	5.7	4.7	1.9	2.6	0.7	0.1	3.7	1.6	10.2	21.2	1.7	2.8	0.3
12	Cakes	6.3	2.7	5.6	1.0	6.6	8.0	6.0	4.6	14.5	4.1	5.0	5.4	4.5	8.2	10.1	7.3	4.3	1.5
13	Non-alcoholic beverages	5.5	2.1	5.0	0.4	0.6	1.1	0.2	0.2	0.6	0.4	0.0	0.2	0.2	10.6	21.7	0.7	2.0	0.4
14	Alcoholic beverages	6.6	1.1	3.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.7	1.9	4.7	3.6	97.5
15	Condiments and sauces	3.6	0.9	1.9	0.3	7.9	3.5	8.9	14.8	1.0	16.1	4.8	11.1	15.6	1.7	3.2	0.8	1.3	0.0
16	Soups, bouillon	1.0	1.4	1.6	1.3	1.0	1.0	1.0	0.9	3.0	0.7	2.5	0.9	0.9	0.9	0.7	1.2	2.2	0.0

Group=Male Adults (19-69 years, n=1055)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
17	Miscellaneous	1.4	1.7	1.8	1.5	1.8	1.9	1.6	1.4	2.0	0.8	0.8	1.5	1.1	1.3	0.5	2.0	1.2	0.0
20	Dietary supplements	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.8	0.0	0.3	0.0	0.0	0.0	0.0	0.0

Group=Female Adults (19-69 years, n=1051)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01	Potatoes and other tubers	4.1	2.3	6.2	0.1	1.3	1.4	1.0	1.6	1.0	4.0	0.1	1.2	1.2	7.2	0.3	13.3	8.3	0.0
02	Vegetables	2.1	2.9	7.9	0.0	0.9	0.5	0.4	2.1	0.3	6.9	0.1	1.0	1.5	2.4	3.6	1.6	15.3	0.0
03	Legumes	0.2	0.3	0.6	0.0	0.0	0.0	0.0	0.1	0.0	0.4	0.0	0.0	0.1	0.2	0.1	0.3	0.9	0.0
04	Fruits, nuts and olives	5.9	2.7	6.7	0.0	4.5	2.2	5.4	6.8	0.0	5.2	0.9	6.0	7.5	7.9	14.0	2.8	12.3	0.0
05	Dairy products	14.9	24.1	0.4	39.7	19.5	32.1	13.5	4.2	35.7	10.5	0.8	10.2	2.7	9.7	19.0	1.8	3.5	0.5
06	Cereals and cereal products	23.7	22.1	56.7	0.5	10.5	6.5	11.0	17.0	5.0	13.7	5.9	13.0	18.5	35.9	6.3	61.6	42.0	0.0
07	Meat and meat products	10.7	27.4	0.2	43.5	17.0	16.9	21.3	9.9	13.1	6.3	29.6	17.2	9.5	0.6	0.5	0.9	1.4	0.0
08	Fish and shellfish	1.4	4.4	0.2	7.0	1.7	1.1	2.0	2.3	0.4	1.2	23.7	2.1	0.8	0.2	0.0	0.4	0.1	0.0
09	Eggs and egg products	0.9	2.0	0.0	3.3	1.5	1.3	1.9	0.7	0.0	0.1	11.6	1.4	0.7	0.1	0.0	0.2	0.0	0.0
10	Fat	6.5	0.1	0.1	0.0	19.0	13.8	19.6	30.5	16.9	29.0	5.0	23.7	32.1	0.1	0.1	0.1	0.0	0.0
11	Sugar and confectionery	6.5	1.6	2.5	1.0	4.9	6.5	5.1	2.1	2.8	0.9	0.3	4.0	1.9	9.6	18.0	1.8	3.3	1.1
12	Cakes	8.2	3.4	7.0	1.2	8.5	10.2	7.7	6.0	17.7	5.2	4.8	7.0	6.0	10.4	12.1	9.6	5.4	3.3
13	Non-alcoholic beverages	5.5	2.4	5.4	0.7	0.8	1.3	0.4	0.3	1.0	0.5	0.0	0.4	0.2	10.0	19.2	0.9	2.7	0.0
14	Alcoholic beverages	3.8	0.2	0.6	0.0	0.1	0.1	0.1	0.0	0.2	0.0	0.1	0.1	0.0	1.8	2.9	0.8	0.5	95.2
15	Condiments and sauces	3.2	0.7	1.5	0.3	6.9	3.0	7.9	13.2	0.9	14.0	4.5	9.8	13.9	1.5	2.5	0.8	1.0	0.0
16	Soups, bouillon	1.0	1.4	1.5	1.3	1.0	1.1	0.9	1.0	3.4	0.6	2.9	0.9	1.0	0.9	0.7	1.2	1.9	0.0
17	Miscellaneous	1.7	2.0	2.5	1.4	2.0	1.9	1.8	2.2	1.6	1.3	0.9	1.9	1.7	1.5	0.8	2.0	1.5	0.0
20	Dietary supplements	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	8.7	0.0	0.6	0.0	0.0	0.0	0.1	0.0

Table 1.2.c Average contribution (mean%) of food groups to the intake of macronutrients of the Dutch population stratified by age gender groups (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week

Group=Children (7-8 years, n=304)

Food groups based on EPIC-Soft Classification	Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01 Potatoes and other tubers	4.5	3.0	7.4	0.1	1.9	2.4	1.6	1.9	1.2	4.4	0.0	1.7	1.5	6.4	0.2	13.7	10.6	0.0
02 Vegetables	1.0	1.6	4.2	0.0	0.4	0.3	0.1	1.0	0.3	4.1	0.1	0.4	0.7	1.0	1.2	0.8	9.1	0.0
03 Legumes	0.1	0.2	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	0.0	0.0	0.1	0.0	0.2	0.6	0.0
04 Fruits, nuts and olives	5.0	2.7	6.4	0.0	4.6	2.3	5.0	8.4	0.0	5.2	0.5	6.2	9.4	5.5	8.2	2.1	11.4	0.0
05 Dairy products	15.3	26.4	0.7	44.5	15.9	26.1	10.7	3.2	29.6	9.4	0.7	8.1	1.9	12.5	20.9	2.5	4.5	0.0
06 Cereals and cereal products	21.9	24.0	58.3	0.5	9.7	5.9	11.1	13.7	5.6	12.2	2.5	11.9	14.9	28.7	4.0	58.3	43.1	0.0
07 Meat and meat products	9.8	25.7	0.4	42.7	18.2	18.3	22.1	10.7	15.9	7.7	38.3	18.2	9.5	0.8	0.4	1.3	2.1	0.0
08 Fish and shellfish	0.4	1.7	0.1	2.6	0.3	0.2	0.2	0.6	0.2	0.3	11.1	0.4	0.3	0.1	0.0	0.2	0.1	0.0
09 Eggs and egg products	0.5	1.4	0.0	2.3	0.9	0.8	1.1	0.4	0.0	0.1	10.2	0.8	0.4	0.1	0.0	0.1	0.0	0.0
10 Fat	5.8	0.0	0.1	0.0	18.0	13.2	16.7	31.7	18.5	31.4	8.9	22.1	32.9	0.0	0.0	0.1	0.0	0.0
11 Sugar and confectionery	13.2	3.3	5.3	2.2	11.0	12.9	12.4	6.4	5.6	1.7	0.3	10.3	5.5	17.1	27.8	4.3	5.6	0.0
12 Cakes	9.7	5.7	10.6	2.2	10.4	12.1	9.8	8.1	18.3	7.8	9.6	9.1	7.9	10.5	8.9	12.9	7.8	25.2
13 Non-alcoholic beverages	7.9	0.5	1.2	0.0	0.1	0.1	0.0	0.1	0.0	0.3	0.0	0.1	0.1	14.4	25.7	0.3	1.1	0.0
14 Alcoholic beverages	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	74.8
15 Condiments and sauces	2.7	0.8	1.7	0.2	5.9	2.5	6.7	11.4	0.7	13.1	8.5	8.3	11.9	1.2	1.7	0.7	1.2	0.0
16 Soups, bouillon	0.4	0.6	0.8	0.6	0.4	0.4	0.4	0.4	1.7	0.4	1.9	0.4	0.4	0.3	0.2	0.5	1.1	0.0
17 Miscellaneous	1.7	2.3	2.6	2.0	2.1	2.4	2.0	1.9	2.4	1.5	1.5	2.0	1.5	1.3	0.6	2.0	1.7	0.0
20 Dietary supplements	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	5.9	0.0	1.2	0.0	0.0	0.0	0.0	0.0

Group=Male Children (9-13 years, n=351)

Food groups based on EPIC-Soft Classification	Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01 Potatoes and other tubers	4.8	3.1	7.9	0.1	2.1	2.6	1.9	2.1	1.1	4.6	0.1	1.9	1.7	6.9	0.2	14.3	11.6	0.0
02 Vegetables	1.0	1.8	4.5	0.0	0.4	0.3	0.1	1.0	0.2	4.1	0.3	0.4	0.7	1.0	1.3	0.8	9.3	0.0
03 Legumes	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.1	0.0	0.4	0.0	0.0	0.0	0.1	0.1	0.2	0.8	0.0
04 Fruits, nuts and olives	4.1	2.5	5.4	0.0	4.1	2.2	4.5	6.8	0.0	4.1	0.2	5.3	7.3	4.3	6.8	1.7	8.6	0.0
05 Dairy products	13.7	23.5	0.6	40.0	14.5	24.2	9.7	2.9	27.8	8.3	0.9	7.3	1.7	11.0	19.2	2.3	4.2	20.1
06 Cereals and cereal products	22.9	24.3	59.0	0.8	10.9	6.9	12.5	14.8	6.5	11.9	3.1	13.2	15.9	30.4	4.1	58.7	44.6	0.0
07 Meat and meat products	10.9	28.0	0.3	45.8	19.6	19.7	23.3	11.9	16.7	8.0	34.9	19.4	10.5	0.9	0.5	1.4	2.5	0.0

Group=Male Children (9-13 years, n=351)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
08	Fish and shellfish	0.6	2.1	0.2	3.6	0.6	0.4	0.6	0.8	0.3	0.5	13.7	0.6	0.4	0.2	0.0	0.3	0.1	0.0
09	Eggs and egg products	0.6	1.6	0.0	2.7	1.0	0.9	1.1	0.4	0.0	0.1	12.3	0.9	0.4	0.1	0.0	0.1	0.0	0.0
10	Fat	5.9	0.1	0.1	0.0	17.4	12.5	16.4	30.7	16.8	31.4	6.6	21.5	31.8	0.1	0.0	0.1	0.0	0.0
11	Sugar and confectionery	11.8	3.0	4.9	1.8	9.6	11.5	10.5	5.6	5.2	1.8	0.3	8.8	4.8	15.4	25.9	3.8	5.2	2.0
12	Cakes	10.0	5.4	10.2	2.1	10.8	12.9	10.0	8.1	19.7	7.4	10.6	9.3	7.8	10.8	10.0	12.3	7.9	35.5
13	Non-alcoholic beverages	8.5	0.6	1.5	0.1	0.1	0.1	0.0	0.1	0.0	0.3	0.0	0.1	0.1	15.7	29.2	0.4	1.2	0.0
14	Alcoholic beverages	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	42.4
15	Condiments and sauces	2.9	0.7	1.7	0.2	6.3	3.0	6.9	11.9	0.9	14.8	6.7	8.6	12.1	1.3	1.9	0.7	1.2	0.0
16	Soups, bouillon	0.7	1.1	1.1	1.2	0.8	0.7	0.6	1.0	1.9	0.5	3.0	0.7	1.0	0.5	0.3	0.8	1.4	0.0
17	Miscellaneous	1.5	1.8	2.0	1.6	2.0	2.1	1.9	1.8	2.7	1.7	0.7	1.9	1.5	1.1	0.4	2.0	1.3	0.0
20	Dietary supplements	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	6.6	0.0	2.2	0.0	0.0	0.0	0.0	0.0

Group=Female Children (9-13 years, n=352)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01	Potatoes and other tubers	4.8	3.1	8.1	0.1	2.0	2.3	1.6	2.1	0.5	4.9	0.4	1.8	1.7	7.0	0.2	14.7	11.7	0.0
02	Vegetables	1.1	1.7	4.6	0.0	0.4	0.3	0.2	1.1	0.2	4.2	0.1	0.5	0.8	1.1	1.4	0.9	9.8	0.0
03	Legumes	0.1	0.2	0.6	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.1	0.0	0.2	0.7	0.0
04	Fruits, nuts and olives	4.2	2.3	5.5	0.0	3.5	1.8	3.8	6.2	0.0	4.2	1.3	4.7	7.0	4.8	7.3	1.9	10.0	0.0
05	Dairy products	14.2	25.1	0.8	41.8	15.7	25.8	10.7	3.2	28.5	9.1	0.4	8.1	1.9	10.8	18.6	2.1	5.1	0.0
06	Cereals and cereal products	22.4	23.7	57.4	0.7	11.1	7.3	13.0	14.7	7.3	11.7	2.2	13.5	16.0	29.3	4.2	57.3	41.8	0.0
07	Meat and meat products	10.3	26.9	0.4	44.4	18.7	18.6	22.4	11.8	15.1	7.9	35.1	18.7	10.6	0.9	0.4	1.5	2.4	0.0
08	Fish and shellfish	0.5	1.9	0.1	3.0	0.5	0.3	0.5	0.9	0.3	0.6	12.4	0.7	0.4	0.1	0.0	0.2	0.1	6.4
09	Eggs and egg products	0.5	1.5	0.0	2.4	0.9	0.8	1.0	0.4	0.0	0.1	11.4	0.8	0.4	0.1	0.0	0.1	0.0	0.0
10	Fat	5.7	0.0	0.1	0.0	16.8	11.9	16.1	30.0	16.3	29.3	7.1	21.0	31.6	0.0	0.0	0.1	0.0	0.0
11	Sugar and confectionery	11.7	3.3	5.1	2.0	9.4	11.6	10.1	5.3	5.2	2.1	0.7	8.5	4.5	15.4	25.6	4.1	5.2	0.0
12	Cakes	10.3	5.7	10.9	2.0	11.3	13.3	10.5	8.8	20.4	7.8	9.7	9.8	8.6	11.1	10.4	12.7	8.2	46.4
13	Non-alcoholic beverages	8.8	0.7	1.5	0.1	0.1	0.1	0.1	0.1	0.1	0.3	0.0	0.1	0.1	16.1	29.4	0.4	1.3	0.0
14	Alcoholic beverages	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	47.3
15	Condiments and sauces	2.9	0.7	1.5	0.3	6.3	2.6	7.1	12.2	0.7	15.6	10.9	8.8	12.7	1.2	1.8	0.7	1.0	0.0
16	Soups, bouillon	0.6	1.0	0.9	1.0	0.7	0.6	0.6	0.8	2.6	0.4	4.4	0.6	0.9	0.4	0.2	0.7	1.1	0.0

Group=Female Children (9-13 years, n=352)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
17	Miscellaneous	1.8	2.2	2.5	2.0	2.4	2.5	2.4	2.3	2.9	1.5	1.1	2.4	1.9	1.3	0.4	2.3	1.5	0.0
20	Dietary supplements	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.8	0.0	0.8	0.0	0.0	0.0	0.0	0.0

Group=Male Children (14-18 years, n=352)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01	Potatoes and other tubers	5.0	3.2	8.0	0.1	2.0	2.5	1.6	2.2	1.4	5.0	0.2	1.8	1.8	7.7	0.3	14.7	12.0	0.0
02	Vegetables	1.2	1.9	4.8	0.0	0.4	0.3	0.1	1.0	0.2	4.0	0.2	0.4	0.7	1.2	1.8	0.9	10.7	0.0
03	Legumes	0.1	0.2	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	0.0	0.0	0.1	0.0	0.2	0.6	0.0
04	Fruits, nuts and olives	4.0	2.7	5.9	0.0	4.6	2.6	5.1	7.1	0.0	4.1	0.2	5.8	7.8	3.8	5.6	2.0	7.4	0.0
05	Dairy products	13.1	22.4	0.5	37.8	15.7	26.5	10.5	3.1	30.9	9.2	1.0	7.9	1.8	9.5	17.7	1.9	3.6	3.0
06	Cereals and cereal products	24.8	24.6	59.9	0.5	12.0	7.3	14.1	16.4	6.0	11.8	3.9	14.8	17.9	33.5	4.7	61.0	45.8	0.0
07	Meat and meat products	11.1	30.2	0.4	50.2	19.4	20.2	23.3	11.1	17.5	7.4	40.9	19.0	9.9	0.9	0.5	1.3	2.4	0.0
08	Fish and shellfish	0.5	1.8	0.1	3.0	0.6	0.4	0.6	0.9	0.2	0.5	12.8	0.7	0.4	0.1	0.0	0.1	0.0	0.0
09	Eggs and egg products	0.4	1.2	0.0	2.1	0.8	0.7	0.9	0.3	0.0	0.0	10.0	0.7	0.3	0.0	0.0	0.1	0.0	0.0
10	Fat	6.2	0.1	0.1	0.0	18.3	13.5	17.1	31.2	19.1	31.0	8.4	22.3	32.6	0.0	0.0	0.1	0.0	0.0
11	Sugar and confectionery	8.5	2.3	3.9	1.2	7.0	8.7	7.6	3.9	3.6	1.4	0.3	6.3	3.5	11.3	20.3	2.6	4.3	0.0
12	Cakes	7.7	3.8	7.2	1.4	8.3	10.2	7.7	5.9	14.8	5.6	7.3	7.0	5.8	8.6	9.0	8.8	5.8	0.8
13	Non-alcoholic beverages	9.8	0.8	1.8	0.1	0.1	0.2	0.0	0.1	0.0	0.3	0.0	0.1	0.1	18.5	36.4	0.4	1.4	0.0
14	Alcoholic beverages	1.6	0.5	1.2	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	1.0	0.2	1.6	1.3	96.1
15	Condiments and sauces	3.3	0.9	1.9	0.2	7.3	3.0	8.2	13.7	0.7	17.1	8.0	10.1	14.1	1.5	2.5	0.8	1.4	0.0
16	Soups, bouillon	0.5	0.9	1.0	0.8	0.6	0.6	0.5	0.5	1.6	0.5	2.2	0.5	0.5	0.4	0.3	0.6	1.3	0.0
17	Miscellaneous	2.3	2.7	3.1	2.5	2.9	3.3	2.6	2.5	4.0	2.0	1.7	2.5	2.1	1.8	0.5	3.1	2.1	0.0
20	Dietary supplements	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.9	0.0	0.9	0.0	0.0	0.0	0.0	0.0

Group=Female Children (14-18 years, n=354)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01	Potatoes and other tubers	4.7	2.9	7.3	0.0	1.9	2.3	1.6	2.2	1.5	4.6	0.1	1.7	1.8	7.2	0.2	13.9	10.3	0.0
02	Vegetables	1.3	2.1	5.3	0.0	0.6	0.4	0.3	1.3	0.3	4.9	0.7	0.6	0.9	1.4	1.9	1.0	11.1	0.0
03	Legumes	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.1	0.0	0.2	0.8	0.0
04	Fruits, nuts and olives	4.4	2.1	4.9	0.0	3.4	1.8	3.8	6.0	0.0	4.5	0.6	4.6	6.6	5.2	8.9	1.9	9.5	0.0
05	Dairy products	13.1	22.3	0.5	38.6	16.6	27.2	11.4	3.4	31.8	9.0	1.2	8.6	2.1	8.8	16.3	1.5	3.6	2.3
06	Cereals and cereal products	24.9	25.2	60.1	0.5	11.7	7.2	13.0	17.9	7.1	13.6	6.6	14.6	19.5	33.8	5.3	61.4	44.4	0.0
07	Meat and meat products	10.4	28.8	0.3	48.3	17.8	17.9	21.5	10.6	15.1	7.2	38.9	17.8	9.9	0.7	0.5	1.0	1.7	0.0
08	Fish and shellfish	0.5	1.8	0.1	3.0	0.6	0.4	0.7	1.0	0.3	0.7	13.0	0.8	0.6	0.1	0.0	0.2	0.1	0.0
09	Eggs and egg products	0.5	1.3	0.0	2.3	0.9	0.8	1.1	0.4	0.0	0.0	8.9	0.8	0.4	0.1	0.0	0.1	0.0	0.0
10	Fat	5.5	0.1	0.1	0.0	16.8	12.5	16.2	28.4	16.1	27.9	6.6	20.6	29.9	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	9.1	2.6	4.0	1.6	8.4	10.6	9.2	4.3	4.1	1.7	1.0	7.5	3.6	11.6	20.7	2.7	4.6	1.0
12	Cakes	9.4	4.6	8.4	1.6	9.8	11.5	9.5	7.0	15.6	6.2	8.7	8.5	6.7	10.9	11.6	10.9	7.3	5.1
13	Non-alcoholic beverages	8.4	1.0	2.4	0.1	0.2	0.2	0.1	0.2	0.1	0.5	0.0	0.1	0.2	15.4	29.5	0.5	2.1	0.0
14	Alcoholic beverages	1.5	0.2	0.4	0.0	0.0	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	1.0	1.3	0.6	0.5	91.7
15	Condiments and sauces	3.3	0.8	1.6	0.3	7.2	3.0	8.4	14.0	0.8	16.7	6.3	10.3	14.6	1.5	2.5	0.8	1.2	0.0
16	Soups, bouillon	0.7	1.2	0.9	1.4	0.8	0.8	0.7	0.8	2.4	0.6	3.6	0.7	0.8	0.5	0.3	0.6	1.1	0.0
17	Miscellaneous	2.2	2.7	3.1	2.1	3.1	3.4	2.6	2.5	4.7	1.6	1.4	2.6	2.1	1.7	0.8	2.7	1.7	0.0
20	Dietary supplements	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.5	0.0	0.5	0.0	0.0	0.0	0.0	0.0

Group=Male Adults (19-30 years, n=356)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01	Potatoes and other tubers	4.7	2.8	7.5	0.1	1.9	2.4	1.5	1.8	1.8	4.0	0.1	1.6	1.5	7.8	0.3	14.2	11.2	0.0
02	Vegetables	1.3	2.1	5.6	0.0	0.5	0.4	0.2	1.1	0.3	4.2	0.2	0.5	0.8	1.5	2.2	1.1	12.0	0.0
03	Legumes	0.1	0.1	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	0.0	0.0	0.1	0.1	0.2	0.7	0.0
04	Fruits, nuts and olives	3.9	2.7	6.2	0.0	4.9	2.8	5.7	7.4	0.0	3.5	0.1	6.3	8.2	3.8	6.4	2.0	7.5	0.0
05	Dairy products	12.3	20.7	0.4	34.5	16.5	28.6	10.8	3.3	32.4	9.6	0.4	8.1	1.9	8.1	16.3	1.5	3.6	0.8
06	Cereals and cereal products	23.8	23.5	58.6	0.5	10.6	6.5	12.1	14.8	5.5	11.6	3.4	13.1	16.1	35.2	5.6	60.4	44.3	0.0
07	Meat and meat products	11.9	31.0	0.6	50.3	20.2	21.3	24.1	11.7	17.5	7.9	38.4	19.7	10.7	1.0	0.7	1.5	2.5	0.0
08	Fish and shellfish	1.0	3.4	0.1	5.3	1.2	0.8	1.3	1.7	0.7	1.1	22.1	1.4	0.9	0.1	0.0	0.2	0.1	0.2
09	Eggs and egg products	0.7	1.9	0.0	3.1	1.3	1.2	1.5	0.5	0.0	0.1	12.2	1.1	0.5	0.1	0.0	0.2	0.0	0.0

Group=Male Adults (19-30 years,n=356)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
10	Fat	6.6	0.1	0.1	0.0	19.2	13.9	18.7	32.1	18.2	30.8	7.5	23.7	33.7	0.0	0.0	0.1	0.0	0.0
11	Sugar and confectionery	7.0	1.6	2.7	0.9	5.1	6.6	5.4	2.6	3.3	1.1	0.1	4.5	2.2	10.5	20.9	2.1	3.2	0.3
12	Cakes	5.4	2.7	5.2	1.1	6.0	7.4	5.5	4.1	12.7	4.1	4.9	5.0	4.1	6.4	7.2	6.3	4.1	0.0
13	Non-alcoholic beverages	8.9	1.7	3.8	0.4	0.5	0.9	0.2	0.2	0.7	0.4	0.0	0.2	0.2	17.3	34.2	0.8	2.2	0.7
14	Alcoholic beverages	5.3	1.3	3.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	3.5	1.1	4.9	4.0	97.9
15	Condiments and sauces	4.0	1.0	2.1	0.3	8.7	3.7	9.8	16.1	0.8	19.6	7.4	12.0	16.8	1.9	3.5	0.9	1.5	0.0
16	Soups, bouillon	0.8	1.0	1.1	0.9	0.8	0.8	0.7	0.6	2.8	0.5	1.7	0.7	0.7	0.7	0.6	0.9	1.5	0.0
17	Miscellaneous	2.1	2.5	2.3	2.6	2.7	2.7	2.3	1.9	3.3	1.4	0.8	2.1	1.8	2.0	0.9	2.9	1.7	0.0
20	Dietary supplements	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.8	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Group=Female Adults (19-30 years, n=347)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01	Potatoes and other tubers	4.1	2.3	6.3	0.1	1.7	1.9	1.4	1.8	1.3	3.7	0.1	1.5	1.4	6.6	0.3	12.7	9.0	0.0
02	Vegetables	1.7	2.6	6.7	0.0	0.7	0.4	0.3	1.7	0.2	5.9	0.1	0.7	1.3	1.8	2.6	1.3	13.1	0.0
03	Legumes	0.2	0.4	0.8	0.0	0.1	0.0	0.0	0.1	0.0	0.5	0.0	0.1	0.1	0.3	0.1	0.4	1.1	0.0
04	Fruits, nuts and olives	4.9	2.4	5.9	0.0	4.1	2.2	4.5	6.7	0.0	4.5	0.8	5.3	7.4	6.0	10.1	2.4	10.0	0.0
05	Dairy products	14.0	22.6	0.5	37.8	18.2	30.5	12.3	3.8	34.4	10.5	1.2	9.2	2.3	9.2	17.4	1.8	4.6	0.0
06	Cereals and cereal products	24.9	23.6	58.3	0.7	11.8	7.5	13.0	17.5	5.7	13.4	5.8	14.4	19.2	35.1	5.5	62.9	42.8	0.0
07	Meat and meat products	10.4	28.6	0.3	45.8	16.7	16.8	20.3	9.8	15.2	6.9	34.2	16.7	9.2	0.7	0.5	1.0	1.7	0.0
08	Fish and shellfish	0.9	3.0	0.1	4.8	1.3	0.9	1.4	1.7	0.3	0.8	17.4	1.5	0.6	0.1	0.0	0.3	0.1	0.0
09	Eggs and egg products	0.9	2.1	0.0	3.9	1.6	1.5	2.0	0.7	0.0	0.1	12.6	1.5	0.7	0.1	0.0	0.2	0.0	0.0
10	Fat	6.2	0.1	0.1	0.0	18.4	13.2	19.0	29.7	15.9	28.1	8.3	23.1	31.3	0.0	0.0	0.1	0.0	0.0
11	Sugar and confectionery	7.9	2.1	2.9	1.5	6.4	8.1	6.8	3.6	3.4	1.4	0.9	5.7	3.2	10.8	20.1	2.0	3.6	2.0
12	Cakes	7.5	3.5	6.9	1.3	7.9	9.3	7.1	5.6	16.7	5.0	6.2	6.5	5.6	9.1	9.7	9.1	5.6	1.8
13	Non-alcoholic beverages	8.2	1.8	3.9	0.6	0.6	0.9	0.3	0.3	0.8	0.6	0.0	0.3	0.3	15.2	28.3	0.8	2.9	0.0
14	Alcoholic beverages	2.0	0.2	0.5	0.0	0.1	0.1	0.1	0.0	0.2	0.0	0.1	0.0	0.0	1.0	1.2	0.8	0.5	96.1
15	Condiments and sauces	3.4	0.9	1.9	0.3	7.2	3.1	8.4	13.6	1.0	15.9	6.4	10.3	14.4	1.6	2.6	0.9	1.4	0.0
16	Soups, bouillon	0.8	1.2	1.4	1.1	0.9	0.9	0.8	0.8	2.5	0.6	2.6	0.8	0.8	0.7	0.5	1.0	1.6	0.0
17	Miscellaneous	2.0	2.6	3.4	2.0	2.6	2.7	2.3	2.6	2.4	1.9	1.4	2.4	2.3	1.7	1.1	2.3	2.0	0.0
20	Dietary supplements	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.9	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Group=Male Adults (31-50 years, n=348)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsaturated fatty acids	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01	Potatoes and other tubers	5.0	2.9	7.6	0.1	1.9	2.2	1.5	1.9	1.8	4.2	0.0	1.6	1.4	8.8	0.4	15.3	10.5	0.0
02	Vegetables	1.7	2.4	6.7	0.0	0.7	0.5	0.4	1.5	0.4	5.2	0.7	0.8	1.1	1.9	3.0	1.3	13.2	0.0
03	Legumes	0.1	0.2	0.4	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.1	0.1	0.2	0.6	0.0
04	Fruits, nuts and olives	4.8	2.5	6.1	0.0	4.7	2.5	5.4	7.2	0.0	4.6	1.1	6.1	7.9	5.9	10.7	2.4	9.4	0.0
05	Dairy products	13.6	22.0	0.4	36.2	17.4	29.7	11.8	3.5	32.2	9.3	1.1	8.7	2.0	9.5	19.8	1.9	3.1	0.0
06	Cereals and cereal products	23.1	22.5	56.6	0.5	9.4	5.7	10.2	14.3	5.0	11.8	3.6	11.6	15.6	36.4	6.3	59.0	43.7	0.0
07	Meat and meat products	12.4	31.0	0.3	50.1	20.4	21.1	25.0	11.4	18.6	7.4	36.8	20.1	10.8	0.9	0.7	1.1	2.0	0.0
08	Fish and shellfish	1.1	3.5	0.2	5.4	1.2	0.8	1.2	1.6	0.5	1.0	23.2	1.4	0.8	0.3	0.0	0.5	0.1	0.0
09	Eggs and egg products	0.6	1.5	0.0	2.5	1.0	0.9	1.2	0.4	0.0	0.1	10.4	0.9	0.4	0.1	0.0	0.2	0.0	0.0
10	Fat	7.2	0.1	0.1	0.0	20.6	15.1	20.3	33.7	19.3	32.8	5.9	25.4	35.3	0.1	0.1	0.1	0.0	0.0
11	Sugar and confectionery	6.8	1.5	2.5	0.8	4.8	6.2	5.4	2.2	2.4	0.6	0.1	4.2	1.9	10.6	22.2	1.7	3.0	0.0
12	Cakes	6.2	2.8	5.6	1.1	6.4	7.8	5.8	4.4	13.6	4.0	5.5	5.2	4.4	8.2	10.3	7.2	4.1	2.3
13	Non-alcoholic beverages	5.2	2.3	5.4	0.5	0.8	1.5	0.3	0.2	0.6	0.4	0.0	0.3	0.2	9.9	20.5	0.8	2.1	0.5
14	Alcoholic beverages	6.2	1.2	3.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.5	1.5	4.6	3.6	97.2
15	Condiments and sauces	3.9	1.0	2.1	0.3	8.4	3.6	9.3	15.8	1.0	17.2	5.4	11.7	16.5	1.8	3.5	0.9	1.4	0.0
16	Soups, bouillon	0.9	1.2	1.5	1.0	0.9	0.9	0.9	0.7	3.1	0.6	1.4	0.8	0.8	0.9	0.6	1.1	2.2	0.0
17	Miscellaneous	1.1	1.4	1.5	1.3	1.4	1.6	1.4	1.2	1.6	0.6	0.5	1.3	0.7	1.0	0.3	1.7	1.0	0.0
20	Dietary supplements	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	4.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Group=Female Adults (31-50 years, n=351)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsaturated fatty acids	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01	Potatoes and other tubers	4.0	2.3	6.0	0.1	1.3	1.5	1.1	1.6	0.9	3.9	0.1	1.2	1.2	7.1	0.3	12.7	8.2	0.0
02	Vegetables	2.0	2.8	7.4	0.0	0.8	0.5	0.4	2.0	0.3	6.2	0.2	1.0	1.5	2.4	3.8	1.4	14.7	0.0
03	Legumes	0.2	0.3	0.8	0.0	0.0	0.0	0.0	0.1	0.0	0.4	0.0	0.1	0.1	0.2	0.1	0.4	1.1	0.0
04	Fruits, nuts and olives	5.8	2.7	6.4	0.0	4.3	2.2	5.3	6.4	0.0	4.8	0.7	5.7	7.0	7.4	13.0	2.7	11.7	0.0
05	Dairy products	14.7	24.0	0.4	40.3	19.2	31.5	13.1	4.1	36.2	10.6	0.9	9.9	2.6	9.3	18.6	1.8	3.6	0.5
06	Cereals and cereal products	24.5	22.8	57.0	0.4	11.0	6.9	11.8	17.3	5.3	13.9	6.2	13.6	19.0	36.6	6.4	62.2	42.3	0.0
07	Meat and meat products	10.6	26.8	0.2	43.3	17.1	17.0	21.2	10.0	13.4	6.4	29.8	17.3	9.5	0.7	0.5	0.9	1.5	0.0
08	Fish and shellfish	1.3	4.4	0.1	7.2	1.6	1.0	1.8	2.3	0.4	1.2	24.9	2.0	0.8	0.2	0.0	0.3	0.1	0.0
09	Eggs and egg products	0.7	1.6	0.0	2.7	1.2	1.1	1.5	0.6	0.0	0.1	10.6	1.2	0.6	0.1	0.0	0.2	0.0	0.0

Group=Female Adults (31-50 years, n=351)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
10	Fat	6.4	0.1	0.1	0.0	18.5	13.2	19.1	30.1	16.1	28.4	5.0	23.2	31.6	0.1	0.1	0.1	0.0	0.0
11	Sugar and confectionery	6.6	1.7	2.7	0.9	4.8	6.6	5.0	1.9	3.1	0.9	0.2	3.9	1.7	10.0	18.8	1.9	3.4	0.6
12	Cakes	8.5	3.6	7.1	1.3	9.0	10.9	8.2	6.5	18.1	5.7	4.9	7.5	6.7	10.7	12.9	9.6	5.6	5.7
13	Non-alcoholic beverages	5.4	2.5	5.5	0.7	1.0	1.6	0.5	0.3	0.9	0.6	0.0	0.4	0.3	9.7	18.7	0.9	3.0	0.0
14	Alcoholic beverages	3.3	0.2	0.6	0.0	0.1	0.1	0.1	0.0	0.2	0.0	0.0	0.0	0.0	1.7	2.7	0.9	0.6	93.2
15	Condiments and sauces	3.4	0.7	1.6	0.3	7.1	3.0	8.2	13.5	0.9	15.2	4.9	10.1	14.1	1.7	2.8	0.8	1.1	0.0
16	Soups, bouillon	0.9	1.3	1.4	1.2	0.9	1.0	0.8	1.0	2.7	0.6	2.6	0.9	1.0	0.8	0.6	1.0	1.6	0.0
17	Miscellaneous	1.7	2.1	2.5	1.5	2.0	1.9	1.9	2.2	1.5	1.2	1.0	2.0	1.8	1.5	0.8	2.2	1.4	0.0
20	Dietary supplements	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	8.0	0.0	0.4	0.0	0.0	0.0	0.1	0.0

Group=Male Adults (51-69 years, n=351)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01	Potatoes and other tubers	4.8	2.5	7.4	0.1	1.5	1.7	1.1	1.8	1.4	4.5	0.0	1.3	1.3	9.1	0.4	15.7	10.1	0.0
02	Vegetables	1.7	2.4	7.3	0.0	0.6	0.4	0.2	1.5	0.2	5.4	0.1	0.6	1.0	2.1	3.4	1.4	14.7	0.0
03	Legumes	0.2	0.3	0.7	0.0	0.0	0.0	0.0	0.1	0.0	0.4	0.0	0.0	0.1	0.2	0.1	0.4	1.0	0.0
04	Fruits, nuts and olives	5.4	2.9	7.4	0.0	5.3	2.5	7.1	7.3	0.0	4.3	0.7	7.1	8.0	6.6	12.2	2.4	11.1	0.0
05	Dairy products	15.1	23.4	0.4	37.4	19.5	32.9	13.4	3.9	34.6	10.1	0.6	9.9	2.3	10.5	22.0	2.1	2.8	0.2
06	Cereals and cereal products	21.4	19.9	54.8	0.5	8.1	5.0	7.8	13.9	4.2	11.9	5.3	9.9	15.0	36.2	7.4	57.4	41.6	0.0
07	Meat and meat products	12.8	31.9	0.3	48.2	19.9	20.0	24.4	11.7	14.9	7.3	35.6	19.7	11.1	0.9	0.7	1.1	1.7	0.0
08	Fish and shellfish	1.3	4.0	0.2	6.1	1.6	1.1	1.8	2.1	0.5	1.0	25.5	1.9	0.8	0.2	0.0	0.3	0.1	0.0
09	Eggs and egg products	0.8	1.8	0.0	2.9	1.4	1.3	1.7	0.6	0.0	0.1	10.4	1.3	0.6	0.1	0.0	0.2	0.0	0.0
10	Fat	7.3	0.1	0.2	0.0	21.4	15.0	21.5	35.5	18.6	35.7	3.9	27.0	37.3	0.1	0.1	0.1	0.0	0.0
11	Sugar and confectionery	5.3	0.9	1.5	0.6	3.1	4.5	3.3	1.1	2.3	0.5	0.0	2.4	0.8	9.5	19.9	1.5	2.4	0.5
12	Cakes	6.8	2.6	5.9	0.9	7.3	8.7	6.7	5.1	16.8	4.3	4.6	6.0	4.9	9.3	11.8	8.2	4.6	1.3
13	Non-alcoholic beverages	3.6	2.0	5.4	0.2	0.4	0.7	0.2	0.1	0.5	0.3	0.0	0.2	0.1	7.3	15.2	0.6	1.7	0.2
14	Alcoholic beverages	8.0	1.0	3.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	4.2	2.9	4.8	3.4	97.7
15	Condiments and sauces	3.0	0.6	1.6	0.2	6.9	3.2	7.9	12.7	1.2	12.4	2.2	9.7	13.5	1.3	2.6	0.7	1.0	0.0
16	Soups, bouillon	1.3	2.0	2.1	1.9	1.3	1.3	1.3	1.2	3.1	1.0	4.5	1.2	1.2	1.1	0.7	1.4	2.6	0.0
17	Miscellaneous	1.3	1.4	1.9	1.0	1.6	1.8	1.6	1.4	1.6	0.7	1.4	1.5	1.0	1.2	0.5	1.8	1.0	0.0
20	Dietary supplements	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	5.2	0.0	0.9	0.0	0.0	0.0	0.0	0.0

Group=Female Adults (51-69 years, n=353)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01	Potatoes and other tubers	4.1	2.2	6.3	0.0	1.1	1.1	0.8	1.6	0.9	4.4	0.0	1.0	1.1	7.8	0.3	14.4	7.9	0.0
02	Vegetables	2.3	3.1	9.3	0.0	1.0	0.7	0.4	2.4	0.4	8.4	0.1	1.1	1.6	2.8	4.1	2.0	17.5	0.0
03	Legumes	0.1	0.1	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	0.0	0.0	0.1	0.1	0.2	0.5	0.0
04	Fruits, nuts and olives	6.8	2.9	7.7	0.0	4.9	2.2	6.1	7.5	0.0	6.1	1.1	6.7	8.3	9.8	17.8	3.1	14.5	0.0
05	Dairy products	15.9	25.1	0.3	40.0	20.8	33.9	14.9	4.6	35.9	10.4	0.5	11.1	3.0	10.4	20.3	1.7	2.8	0.6
06	Cereals and cereal products	22.0	20.4	55.2	0.4	8.9	5.3	8.5	16.3	4.1	13.6	5.6	11.2	17.5	35.5	6.6	60.1	41.0	0.0
07	Meat and meat products	10.9	27.4	0.2	42.3	17.1	16.9	22.0	9.9	11.5	5.9	26.5	17.5	9.8	0.6	0.5	0.7	1.0	0.0
08	Fish and shellfish	1.8	5.4	0.2	8.2	2.2	1.5	2.5	2.7	0.5	1.4	26.3	2.6	0.9	0.3	0.0	0.5	0.1	0.0
09	Eggs and egg products	1.0	2.4	0.0	3.8	1.8	1.5	2.2	0.8	0.0	0.1	12.3	1.7	0.8	0.1	0.0	0.3	0.0	0.0
10	Fat	6.8	0.1	0.1	0.0	20.1	15.0	20.6	31.6	18.5	30.4	2.9	24.9	33.1	0.1	0.1	0.1	0.0	0.0
11	Sugar and confectionery	5.4	1.2	2.0	0.7	4.0	5.5	4.1	1.4	2.1	0.6	0.0	3.2	1.2	8.3	15.6	1.6	2.9	1.2
12	Cakes	8.1	3.2	6.8	1.1	8.3	9.8	7.6	5.5	17.7	4.6	3.7	6.8	5.5	10.9	12.7	9.9	5.0	1.5
13	Non-alcoholic beverages	3.9	2.6	6.1	0.6	0.7	1.1	0.4	0.2	1.2	0.4	0.0	0.3	0.2	7.2	14.1	0.8	2.2	0.0
14	Alcoholic beverages	5.5	0.3	0.6	0.1	0.1	0.1	0.1	0.0	0.2	0.0	0.2	0.1	0.0	2.4	4.2	0.8	0.5	96.7
15	Condiments and sauces	2.8	0.5	1.1	0.2	6.4	2.8	7.1	12.6	1.0	11.3	2.7	9.2	13.3	1.3	1.9	0.7	0.7	0.0
16	Soups, bouillon	1.2	1.6	1.8	1.5	1.3	1.3	1.2	1.1	4.7	0.6	3.5	1.1	1.1	1.2	0.9	1.4	2.3	0.0
17	Miscellaneous	1.3	1.6	1.9	0.9	1.5	1.3	1.4	1.8	1.2	1.2	0.5	1.5	1.3	1.2	0.8	1.6	1.1	0.0
20	Dietary supplements	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3	13.9	0.0	1.3	0.0	0.0	0.0	0.1	0.0

Table 1.3.a Average contribution (mean%) of food groups to the intake of macronutrients of the Dutch children and adults stratified by educational level (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week

Group=Children (7-18 years) - Low Education (n=348)

Food groups based on EPIC-Soft Classification	Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01 Potatoes and other tubers	5.3	3.5	9.0	0.1	2.2	2.8	1.8	2.1	1.0	4.9	0.0	1.9	1.7	7.9	0.2	16.0	13.1	0.0
02 Vegetables	1.0	1.7	4.4	0.0	0.4	0.2	0.1	0.8	0.1	3.5	0.1	0.4	0.5	1.0	1.5	0.8	9.1	0.0
03 Legumes	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.0	0.0	0.0	0.1	0.0	0.2	0.7	0.0
04 Fruits, nuts and olives	3.7	2.2	4.9	0.0	3.2	1.8	3.5	5.4	0.0	3.5	0.4	4.1	6.0	4.1	6.3	1.7	8.3	0.0
05 Dairy products	12.6	21.9	0.7	37.1	13.8	23.3	9.1	2.7	27.3	8.0	1.1	6.9	1.6	10.0	17.5	2.1	4.4	3.6
06 Cereals and cereal products	22.6	23.6	57.6	0.5	11.3	7.0	13.4	14.3	7.1	11.3	2.2	13.6	15.7	30.0	4.0	57.5	42.6	0.0
07 Meat and meat products	11.4	30.2	0.4	50.0	19.9	20.3	23.8	12.0	16.3	7.8	37.1	19.7	10.5	1.0	0.5	1.5	2.7	0.0
08 Fish and shellfish	0.5	1.8	0.2	2.8	0.6	0.4	0.5	0.8	0.3	0.5	12.2	0.6	0.3	0.2	0.0	0.3	0.1	0.0
09 Eggs and egg products	0.5	1.4	0.0	2.2	0.8	0.8	1.0	0.3	0.0	0.0	11.1	0.7	0.4	0.1	0.0	0.1	0.0	0.0
10 Fat	6.3	0.0	0.1	0.0	18.4	13.6	16.8	32.3	18.0	31.6	8.5	22.3	34.0	0.0	0.0	0.0	0.0	0.0
11 Sugar and confectionery	10.6	2.9	4.6	1.8	8.5	10.5	9.1	4.7	4.9	1.8	0.6	7.6	4.1	13.9	23.5	3.3	5.1	0.1
12 Cakes	9.3	5.4	9.9	2.0	10.2	12.2	9.3	7.5	17.3	6.5	10.5	8.6	7.5	10.0	9.5	11.3	7.4	19.3
13 Non-alcoholic beverages	9.6	0.8	1.8	0.1	0.1	0.1	0.1	0.2	0.1	0.4	0.0	0.1	0.1	17.8	33.4	0.5	1.6	0.0
14 Alcoholic beverages	0.5	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.4	0.3	0.4	0.3	77.0
15 Condiments and sauces	3.4	0.9	1.9	0.3	7.4	3.4	8.2	13.9	0.9	17.6	9.3	10.2	14.6	1.5	2.4	0.9	1.4	0.0
16 Soups, bouillon	0.6	0.9	1.0	0.7	0.7	0.7	0.6	0.8	2.6	0.5	2.6	0.7	0.9	0.5	0.3	0.7	1.4	0.0
17 Miscellaneous	2.1	2.5	2.7	2.3	2.7	2.9	2.6	2.3	4.2	1.9	1.1	2.5	1.9	1.6	0.4	2.7	1.7	0.0
20 Dietary supplements	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.2	0.0	0.2	0.0	0.0	0.0	0.0	0.0

Group=Children (7-18 years) - Moderate Education (n=698)

Food groups based on EPIC-Soft Classification	Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01 Potatoes and other tubers	4.9	3.2	8.1	0.1	2.0	2.4	1.7	2.1	1.1	4.7	0.1	1.8	1.7	7.3	0.2	14.8	11.7	0.0
02 Vegetables	1.1	1.8	4.6	0.0	0.5	0.4	0.2	1.1	0.4	4.5	0.4	0.5	0.7	1.1	1.5	0.9	10.2	0.0
03 Legumes	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.1	0.1	0.2	0.8	0.0
04 Fruits, nuts and olives	4.1	2.2	5.2	0.0	3.4	1.8	3.7	6.0	0.0	4.2	0.6	4.5	6.6	4.6	7.2	1.9	9.2	0.0
05 Dairy products	13.8	23.8	0.6	39.4	15.5	25.7	10.4	3.1	29.3	8.9	0.8	7.9	1.8	10.6	18.3	2.1	3.8	8.3
06 Cereals and cereal products	22.7	23.6	58.5	0.5	10.8	6.8	12.3	15.0	6.2	11.4	3.7	13.2	16.4	30.1	4.2	58.0	42.9	0.0
07 Meat and meat products	10.8	29.1	0.4	47.6	19.5	19.7	23.3	11.6	16.3	7.7	39.4	19.3	10.4	0.8	0.5	1.3	2.3	0.0

Group=Children (7-18 years) - Moderate Education (n=698)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
08	Fish and shellfish	0.4	1.6	0.1	2.6	0.5	0.3	0.5	0.8	0.2	0.5	10.8	0.6	0.4	0.1	0.0	0.2	0.1	0.0
09	Eggs and egg products	0.5	1.4	0.0	2.5	0.9	0.8	1.1	0.4	0.0	0.1	11.4	0.9	0.4	0.1	0.0	0.1	0.0	0.0
10	Fat	5.7	0.0	0.1	0.0	16.9	12.0	16.0	30.4	17.0	29.9	6.8	21.0	31.9	0.0	0.0	0.1	0.0	0.0
11	Sugar and confectionery	11.1	3.0	4.8	1.8	9.4	11.4	10.3	5.4	4.6	1.7	0.5	8.6	4.6	14.3	24.2	3.7	5.2	1.6
12	Cakes	9.9	5.4	10.2	2.0	10.6	12.5	9.9	7.8	19.3	7.5	9.7	9.1	7.5	11.0	10.4	12.4	8.0	15.0
13	Non-alcoholic beverages	8.9	0.7	1.6	0.1	0.1	0.1	0.0	0.1	0.0	0.3	0.0	0.1	0.1	16.5	30.5	0.4	1.3	0.0
14	Alcoholic beverages	0.6	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.4	0.4	0.4	0.3	75.0
15	Condiments and sauces	3.1	0.7	1.6	0.2	6.9	2.9	7.8	13.2	0.8	16.4	7.4	9.7	13.7	1.3	2.0	0.7	1.2	0.0
16	Soups, bouillon	0.6	1.1	1.0	1.3	0.7	0.7	0.6	0.8	2.0	0.6	3.7	0.7	0.8	0.5	0.3	0.7	1.3	0.0
17	Miscellaneous	1.7	2.1	2.4	1.9	2.3	2.5	2.2	2.0	2.8	1.5	0.7	2.1	1.6	1.3	0.4	2.3	1.6	0.0
20	Dietary supplements	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	4.2	0.0	1.2	0.0	0.0	0.0	0.0	0.0

Group=Children (7-18 years) - High Education (n=580)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01	Potatoes and other tubers	4.4	2.8	6.8	0.1	1.9	2.3	1.6	2.2	1.4	4.7	0.2	1.8	1.8	6.5	0.2	12.9	9.8	0.0
02	Vegetables	1.2	2.0	5.0	0.0	0.5	0.3	0.2	1.2	0.1	4.5	0.3	0.5	0.9	1.2	1.6	0.9	10.4	0.0
03	Legumes	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	0.0	0.0	0.1	0.0	0.1	0.5	0.0
04	Fruits, nuts and olives	5.0	2.9	6.3	0.0	5.0	2.6	5.6	8.7	0.0	5.1	0.6	6.7	9.6	5.1	8.2	2.0	9.9	0.0
05	Dairy products	14.7	25.4	0.6	44.0	17.2	28.2	11.6	3.5	31.8	9.8	0.7	8.8	2.0	10.8	19.5	2.0	4.5	1.9
06	Cereals and cereal products	24.6	25.5	60.4	0.7	11.3	6.9	12.7	16.8	6.5	13.7	4.8	14.0	18.1	33.0	5.1	61.6	45.9	0.0
07	Meat and meat products	9.8	25.5	0.3	42.6	17.5	17.5	21.2	10.5	15.4	7.4	35.7	17.5	9.5	0.7	0.4	1.1	1.8	0.0
08	Fish and shellfish	0.6	2.2	0.1	3.8	0.7	0.4	0.7	1.0	0.3	0.6	14.6	0.8	0.4	0.1	0.0	0.2	0.1	1.5
09	Eggs and egg products	0.5	1.3	0.0	2.3	0.9	0.7	1.0	0.4	0.0	0.0	9.1	0.8	0.4	0.1	0.0	0.1	0.0	0.0
10	Fat	5.7	0.1	0.1	0.0	17.2	12.6	16.7	28.8	17.0	29.3	7.6	21.1	29.7	0.1	0.0	0.1	0.0	0.0
11	Sugar and confectionery	10.6	2.8	4.5	1.8	8.9	10.8	9.9	5.0	4.5	1.8	0.6	8.2	4.3	13.9	24.0	3.3	4.7	0.0
12	Cakes	9.1	4.5	8.5	1.5	9.7	11.4	9.3	7.6	16.9	6.8	8.0	8.6	7.3	10.3	10.3	10.9	6.8	3.7
13	Non-alcoholic beverages	7.8	0.7	1.6	0.1	0.1	0.1	0.1	0.1	0.1	0.3	0.0	0.1	0.1	14.4	27.5	0.4	1.4	0.0
14	Alcoholic beverages	0.7	0.2	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.4	0.2	0.5	0.5	92.9
15	Condiments and sauces	2.7	0.8	1.6	0.3	5.8	2.5	6.6	11.2	0.6	13.4	8.6	8.2	11.5	1.3	2.0	0.7	1.1	0.0
16	Soups, bouillon	0.5	0.8	0.8	0.8	0.5	0.6	0.5	0.5	1.8	0.4	2.6	0.5	0.5	0.4	0.2	0.5	0.9	0.0

Group=Children (7-18 years) - High Education (n=580)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsaturated fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
17	Miscellaneous	2.0	2.6	2.9	2.0	2.7	2.9	2.3	2.5	3.5	1.9	2.3	2.4	2.1	1.5	0.7	2.4	1.7	0.0
20	Dietary supplements	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	4.4	0.0	1.6	0.0	0.0	0.0	0.0	0.0

Group=Adults (19-69 years) - Low Education (n=708)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsaturated fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01	Potatoes and other tubers	5.0	2.8	7.7	0.1	1.7	1.9	1.3	1.9	1.6	4.6	0.1	1.5	1.5	9.0	0.4	15.9	10.5	0.0
02	Vegetables	1.8	2.5	7.1	0.0	0.7	0.5	0.3	1.5	0.4	5.6	0.2	0.7	1.0	2.1	3.1	1.5	14.4	0.0
03	Legumes	0.2	0.3	0.7	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.2	0.1	0.3	1.0	0.0
04	Fruits, nuts and olives	4.7	2.3	5.8	0.0	3.9	2.0	4.7	5.8	0.0	3.7	0.6	5.1	6.3	6.0	11.2	2.1	9.8	0.0
05	Dairy products	14.4	22.7	0.4	36.6	18.2	30.6	12.6	3.8	33.4	9.6	0.8	9.3	2.3	9.9	19.7	2.0	3.7	0.8
06	Cereals and cereal products	22.3	21.3	56.3	0.5	9.1	5.5	9.7	13.9	4.7	11.7	3.7	11.2	15.1	35.0	6.1	58.6	41.4	0.0
07	Meat and meat products	12.5	31.3	0.3	49.0	20.2	20.5	24.9	11.9	15.3	7.2	37.1	20.2	11.3	0.8	0.6	1.0	1.8	0.0
08	Fish and shellfish	1.1	3.4	0.2	5.2	1.3	0.9	1.4	1.6	0.5	0.9	20.5	1.5	0.6	0.2	0.0	0.4	0.1	0.0
09	Eggs and egg products	0.7	1.8	0.0	3.0	1.3	1.1	1.6	0.6	0.0	0.1	10.7	1.2	0.6	0.1	0.0	0.2	0.0	0.0
10	Fat	7.0	0.1	0.2	0.0	20.1	14.6	19.7	33.6	18.6	32.7	5.0	24.9	35.1	0.1	0.1	0.1	0.0	0.0
11	Sugar and confectionery	6.5	1.4	2.3	0.8	4.4	5.7	4.7	2.0	2.5	0.8	0.3	3.7	1.6	10.2	20.4	1.7	3.2	1.0
12	Cakes	7.4	3.2	6.6	1.1	7.6	9.1	6.9	5.3	16.2	4.4	5.3	6.3	5.2	9.6	11.5	8.7	5.1	2.7
13	Non-alcoholic beverages	5.5	2.3	5.6	0.5	0.6	1.1	0.3	0.2	0.7	0.4	0.0	0.2	0.2	10.3	20.4	0.8	2.3	0.2
14	Alcoholic beverages	4.8	0.7	1.9	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	2.7	2.2	2.9	2.2	95.3
15	Condiments and sauces	3.7	0.7	1.5	0.3	8.3	3.7	9.2	15.5	1.3	16.2	4.3	11.6	16.5	1.6	2.8	0.8	1.0	0.0
16	Soups, bouillon	1.1	1.6	1.8	1.5	1.1	1.0	1.0	1.0	3.2	0.7	3.5	1.0	1.0	1.0	0.7	1.3	2.2	0.0
17	Miscellaneous	1.4	1.6	1.8	1.3	1.6	1.7	1.6	1.4	1.5	0.8	0.5	1.6	1.0	1.3	0.6	1.8	1.2	0.0
20	Dietary supplements	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	7.4	0.0	0.6	0.0	0.0	0.0	0.0	0.0

Group=Adults (19-69 years) - Moderate Education (n=935)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01	Potatoes and other tubers	4.3	2.5	6.7	0.1	1.5	1.8	1.2	1.7	1.4	4.0	0.1	1.4	1.2	7.7	0.3	13.8	9.3	0.0
02	Vegetables	1.8	2.5	6.9	0.0	0.7	0.5	0.3	1.6	0.3	5.5	0.2	0.7	1.2	2.1	3.2	1.4	13.8	0.0
03	Legumes	0.1	0.2	0.4	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.1	0.1	0.2	0.6	0.0
04	Fruits, nuts and olives	5.5	2.8	7.0	0.0	5.0	2.5	6.0	7.5	0.0	4.9	1.0	6.6	8.2	6.7	11.8	2.6	11.0	0.0
05	Dairy products	14.1	23.1	0.3	38.1	18.5	31.2	12.6	3.7	34.3	10.1	0.6	9.4	2.3	9.3	18.9	1.8	3.1	0.2
06	Cereals and cereal products	23.6	22.4	57.1	0.5	10.3	6.2	11.1	16.0	5.0	12.9	4.8	12.7	17.4	36.3	6.3	60.7	43.2	0.0
07	Meat and meat products	11.4	29.2	0.4	46.5	18.4	18.6	22.7	10.6	15.1	7.0	33.7	18.4	9.9	0.9	0.6	1.2	1.8	0.0
08	Fish and shellfish	1.2	3.8	0.1	5.9	1.5	1.0	1.7	2.0	0.5	1.1	22.9	1.8	0.8	0.2	0.0	0.3	0.1	0.0
09	Eggs and egg products	0.8	2.0	0.0	3.3	1.4	1.3	1.7	0.6	0.0	0.1	12.2	1.3	0.6	0.1	0.0	0.2	0.0	0.0
10	Fat	6.8	0.1	0.1	0.0	19.8	14.4	19.8	32.8	18.1	32.0	5.9	24.7	34.5	0.1	0.1	0.1	0.0	0.0
11	Sugar and confectionery	6.3	1.4	2.3	0.8	4.5	6.0	4.8	2.0	2.7	0.7	0.1	3.8	1.7	9.8	19.5	1.7	3.0	0.7
12	Cakes	7.0	3.0	6.0	1.1	7.4	9.1	6.7	4.9	15.7	4.4	4.5	6.0	4.9	8.9	10.8	8.0	4.6	1.2
13	Non-alcoholic beverages	5.9	2.2	4.9	0.6	0.8	1.3	0.4	0.2	0.9	0.5	0.0	0.3	0.2	11.0	21.8	0.8	2.4	0.5
14	Alcoholic beverages	5.2	0.8	2.0	0.0	0.1	0.1	0.0	0.0	0.1	0.0	0.1	0.0	0.0	2.8	2.1	3.0	2.3	97.4
15	Condiments and sauces	3.4	0.9	1.9	0.3	7.2	3.1	8.4	13.6	0.8	14.9	4.7	10.2	14.1	1.7	3.1	0.8	1.3	0.0
16	Soups, bouillon	0.9	1.3	1.5	1.2	0.9	1.0	0.9	0.8	3.0	0.7	2.5	0.9	0.9	0.9	0.6	1.1	2.0	0.0
17	Miscellaneous	1.7	2.0	2.3	1.7	2.0	2.0	1.8	1.9	2.1	1.1	0.8	1.8	1.5	1.5	0.8	2.2	1.4	0.0
20	Dietary supplements	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	5.9	0.0	0.6	0.0	0.0	0.0	0.0	0.0

Group=Adults (19-69 years) - High Education (n=463)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01	Potatoes and other tubers	4.0	2.2	5.9	0.1	1.3	1.5	1.0	1.6	1.0	3.9	0.0	1.2	1.2	7.2	0.3	12.9	8.0	0.0
02	Vegetables	2.1	3.0	8.2	0.0	0.9	0.6	0.5	2.2	0.4	7.3	0.4	1.0	1.6	2.4	3.7	1.5	15.3	0.0
03	Legumes	0.2	0.3	0.8	0.0	0.1	0.0	0.0	0.1	0.0	0.5	0.0	0.1	0.1	0.2	0.1	0.4	1.1	0.0
04	Fruits, nuts and olives	6.1	3.0	7.2	0.0	5.3	2.6	6.5	8.0	0.0	5.8	0.7	7.0	8.9	7.9	14.0	3.0	12.2	0.0
05	Dairy products	14.8	23.8	0.4	39.4	19.7	32.6	13.6	4.3	35.8	10.6	1.2	10.3	2.7	9.8	19.6	1.7	3.1	0.0
06	Cereals and cereal products	23.5	22.2	56.0	0.5	10.1	6.4	10.0	17.2	5.0	13.8	7.1	12.5	18.9	36.8	7.0	61.4	43.0	0.0
07	Meat and meat products	10.5	26.9	0.2	43.2	16.8	17.1	20.7	9.6	14.9	6.4	27.2	16.8	9.3	0.6	0.5	0.8	1.3	0.0
08	Fish and shellfish	1.6	5.3	0.2	8.5	2.0	1.3	2.1	2.7	0.5	1.4	29.5	2.3	1.0	0.3	0.0	0.5	0.1	0.1
09	Eggs and egg products	0.7	1.6	0.0	2.7	1.3	1.1	1.6	0.6	0.0	0.1	10.1	1.2	0.6	0.1	0.0	0.2	0.0	0.0

Group=Adults (19-69 years) - High Education (n=463)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
10	Fat	6.6	0.1	0.1	0.0	19.3	13.8	20.9	29.5	16.4	27.8	4.5	24.2	31.1	0.1	0.1	0.1	0.0	0.0
11	Sugar and confectionery	6.4	1.6	2.5	1.0	5.1	6.8	5.3	2.2	3.0	0.9	0.2	4.2	1.9	9.6	18.6	1.9	3.0	0.0
12	Cakes	7.4	3.2	6.4	1.2	7.8	9.1	7.2	5.9	16.5	5.3	5.1	6.6	6.0	9.6	11.2	8.8	4.8	3.3
13	Non-alcoholic beverages	4.8	2.2	5.2	0.5	0.7	1.2	0.4	0.3	0.5	0.5	0.0	0.3	0.2	9.1	18.0	0.8	2.4	0.0
14	Alcoholic beverages	5.7	0.6	1.5	0.0	0.1	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	2.8	3.2	2.2	1.6	96.6
15	Condiments and sauces	3.0	0.7	1.5	0.3	6.7	2.9	7.4	12.9	0.8	13.8	4.9	9.4	13.6	1.4	2.4	0.7	1.1	0.0
16	Soups, bouillon	1.0	1.3	1.4	1.2	1.1	1.1	1.0	1.0	3.5	0.6	2.2	1.0	1.1	1.0	0.7	1.2	1.7	0.0
17	Miscellaneous	1.5	1.9	2.4	1.3	1.9	1.8	1.7	2.1	1.6	1.3	1.5	1.9	1.7	1.3	0.6	1.9	1.3	0.0
20	Dietary supplements	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	5.3	0.0	0.1	0.0	0.0	0.0	0.0	0.0

Table 1.3.b Average contribution (mean%) of food groups to the intake of macronutrients of the Dutch children and adults stratified by educational level and gender (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week

Group=Male Children (7-18 years) - Low Education (n=177)

Food groups based on EPIC-Soft Classification	Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01 Potatoes and other tubers	5.2	3.5	8.6	0.1	2.0	2.7	1.7	1.9	1.0	4.8	0.1	1.7	1.5	7.9	0.2	15.4	12.6	0.0
02 Vegetables	1.0	1.7	4.2	0.0	0.3	0.2	0.1	0.7	0.1	3.1	0.1	0.3	0.5	1.1	1.7	0.8	9.1	0.0
03 Legumes	0.1	0.3	0.7	0.0	0.0	0.0	0.0	0.1	0.0	0.5	0.0	0.0	0.0	0.2	0.1	0.3	1.0	0.0
04 Fruits, nuts and olives	3.7	2.4	5.1	0.0	3.7	2.1	4.0	5.9	0.0	3.7	0.2	4.7	6.6	3.8	5.9	1.6	7.8	0.0
05 Dairy products	12.2	20.7	0.8	36.0	13.2	22.8	8.8	2.6	26.0	7.9	1.8	6.5	1.5	9.8	17.4	2.2	4.0	4.7
06 Cereals and cereal products	23.4	24.2	57.6	0.7	12.0	7.5	14.2	14.7	7.4	11.3	2.0	14.4	16.2	31.0	3.8	57.9	43.5	0.0
07 Meat and meat products	11.6	30.4	0.3	50.9	20.2	21.1	24.1	11.9	16.4	7.8	37.9	19.8	10.4	1.0	0.6	1.5	2.8	0.0
08 Fish and shellfish	0.5	1.7	0.3	2.5	0.5	0.3	0.4	0.7	0.4	0.4	11.3	0.5	0.3	0.2	0.0	0.4	0.2	0.0
09 Eggs and egg products	0.5	1.3	0.0	2.2	0.8	0.7	0.9	0.3	0.0	0.0	11.4	0.7	0.3	0.1	0.0	0.1	0.0	0.0
10 Fat	6.5	0.1	0.1	0.0	18.9	14.0	17.2	33.4	17.7	33.7	9.7	23.0	35.1	0.0	0.0	0.0	0.0	0.0
11 Sugar and confectionery	9.6	2.6	4.2	1.4	7.8	9.4	8.5	4.3	4.4	1.3	0.4	7.1	3.8	12.7	22.3	2.9	4.4	0.1
12 Cakes	9.2	5.4	9.6	2.2	9.9	12.0	9.1	7.0	18.6	6.8	12.6	8.3	6.9	9.9	9.3	11.2	7.4	20.0
13 Non-alcoholic beverages	9.6	0.8	1.8	0.1	0.1	0.1	0.0	0.1	0.0	0.4	0.0	0.1	0.1	18.0	34.8	0.4	1.5	0.0
14 Alcoholic beverages	0.6	0.2	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.5	0.3	0.6	0.6	75.2
15 Condiments and sauces	3.4	1.1	2.4	0.2	6.9	3.2	7.6	12.9	0.8	15.5	5.6	9.4	13.4	1.6	2.8	0.8	1.6	0.0
16 Soups, bouillon	0.7	1.0	1.2	0.9	0.8	0.8	0.7	0.9	2.6	0.6	2.4	0.7	0.9	0.6	0.4	0.8	1.7	0.0
17 Miscellaneous	2.2	2.7	2.8	2.6	2.9	3.1	2.8	2.5	4.4	2.3	0.9	2.7	2.0	1.6	0.4	2.9	2.0	0.0
20 Dietary supplements	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.8	0.0	0.3	0.0	0.0	0.0	0.0	0.0

Group=Male Children (7-18 years) - Moderate Education (n=344)

Food groups based on EPIC-Soft Classification	Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01 Potatoes and other tubers	5.0	3.2	8.3	0.1	2.1	2.6	1.8	2.1	1.2	4.9	0.1	1.8	1.6	7.3	0.2	15.0	12.2	0.0
02 Vegetables	1.1	1.7	4.5	0.0	0.4	0.3	0.2	1.0	0.4	4.2	0.1	0.4	0.7	1.1	1.4	0.8	9.9	0.0
03 Legumes	0.1	0.2	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	0.0	0.0	0.1	0.0	0.2	0.6	0.0
04 Fruits, nuts and olives	4.1	2.4	5.5	0.0	3.8	2.1	4.2	6.3	0.0	3.9	0.2	5.0	6.9	4.4	6.8	1.9	8.8	0.0
05 Dairy products	13.8	23.7	0.5	39.3	15.4	25.7	10.2	3.1	30.2	9.2	0.7	7.8	1.8	10.7	18.6	2.2	3.1	17.5
06 Cereals and cereal products	22.6	23.6	58.7	0.6	10.5	6.5	12.3	14.7	5.3	11.0	3.0	13.0	15.8	29.9	4.0	58.4	44.0	0.0
07 Meat and meat products	10.9	29.3	0.4	47.5	19.6	19.9	23.4	11.5	16.8	7.6	40.6	19.3	10.1	0.8	0.4	1.3	2.5	0.0

Group=Male Children (7-18 years) - Moderate Education (n=344)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
08	Fish and shellfish	0.5	1.7	0.1	2.9	0.6	0.4	0.6	0.8	0.3	0.6	11.0	0.6	0.4	0.1	0.0	0.2	0.1	0.0
09	Eggs and egg products	0.6	1.6	0.0	2.6	1.0	0.9	1.2	0.5	0.0	0.1	12.3	0.9	0.5	0.1	0.0	0.1	0.0	0.0
10	Fat	5.8	0.0	0.1	0.0	17.3	12.2	16.3	31.3	17.9	31.2	6.0	21.6	32.9	0.0	0.0	0.1	0.0	0.0
11	Sugar and confectionery	11.6	3.0	4.8	1.9	9.7	11.7	10.7	5.6	5.2	1.7	0.1	8.9	4.9	15.0	25.0	3.8	5.4	1.8
12	Cakes	9.2	4.9	9.5	1.8	10.0	12.0	9.2	7.3	18.2	6.9	9.1	8.5	7.0	10.1	9.4	11.6	7.5	12.9
13	Non-alcoholic beverages	9.2	0.6	1.5	0.1	0.1	0.1	0.0	0.1	0.0	0.3	0.0	0.1	0.1	17.0	31.3	0.4	1.2	0.0
14	Alcoholic beverages	0.4	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.1	0.4	0.3	67.8
15	Condiments and sauces	3.0	0.7	1.7	0.2	6.6	2.7	7.5	12.7	0.7	16.0	7.1	9.3	13.0	1.3	1.9	0.7	1.3	0.0
16	Soups, bouillon	0.7	1.2	1.2	1.2	0.7	0.7	0.6	0.9	1.6	0.6	2.9	0.7	1.0	0.5	0.3	0.8	1.5	0.0
17	Miscellaneous	1.7	2.1	2.5	1.8	2.1	2.3	1.9	2.0	2.3	1.6	0.9	2.0	1.6	1.3	0.5	2.1	1.8	0.0
20	Dietary supplements	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	6.0	0.0	1.7	0.0	0.0	0.0	0.0	0.0

Group=Male Children (7-18 years) - High Education (n=298)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01	Potatoes and other tubers	4.5	2.9	6.9	0.1	2.0	2.4	1.7	2.3	1.3	4.7	0.2	1.9	1.9	6.7	0.2	13.2	10.3	0.0
02	Vegetables	1.1	1.9	4.9	0.0	0.4	0.3	0.1	1.1	0.1	4.4	0.4	0.5	0.8	1.1	1.5	0.8	10.2	0.0
03	Legumes	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	0.0	0.0	0.1	0.0	0.1	0.3	0.0
04	Fruits, nuts and olives	4.8	3.0	6.5	0.0	5.6	3.0	6.2	9.7	0.0	5.3	0.3	7.4	10.6	4.4	6.6	2.0	8.8	0.0
05	Dairy products	14.8	25.8	0.5	44.7	16.8	27.7	11.3	3.4	31.6	9.6	0.8	8.6	1.9	11.3	20.4	2.1	4.5	2.8
06	Cereals and cereal products	24.6	25.7	60.7	0.7	11.3	6.9	12.8	16.4	6.5	13.2	4.7	14.0	17.6	33.0	5.0	61.4	46.9	0.0
07	Meat and meat products	9.7	25.0	0.3	42.1	17.4	17.6	21.2	10.0	15.9	7.2	34.1	17.4	9.1	0.8	0.4	1.2	1.9	0.0
08	Fish and shellfish	0.6	2.2	0.1	3.8	0.6	0.4	0.6	0.9	0.2	0.5	15.8	0.7	0.3	0.1	0.0	0.2	0.1	0.0
09	Eggs and egg products	0.4	1.2	0.0	2.2	0.8	0.7	0.9	0.4	0.0	0.0	8.7	0.7	0.4	0.0	0.0	0.1	0.0	0.0
10	Fat	5.8	0.1	0.1	0.1	17.6	13.1	17.0	28.9	17.8	29.1	8.1	21.3	29.2	0.1	0.0	0.1	0.0	0.0
11	Sugar and confectionery	10.3	2.7	4.2	1.7	8.3	10.1	9.2	4.8	4.4	1.8	0.6	7.6	4.1	13.6	23.6	3.2	4.5	0.0
12	Cakes	8.8	4.4	8.2	1.5	9.6	11.4	9.1	7.3	16.5	6.7	7.9	8.3	7.0	9.9	9.9	10.5	6.6	4.4
13	Non-alcoholic beverages	8.1	0.7	1.5	0.1	0.1	0.1	0.0	0.1	0.0	0.3	0.0	0.1	0.1	15.2	29.3	0.4	1.3	0.0
14	Alcoholic beverages	1.0	0.3	0.7	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.6	0.1	1.0	0.8	92.8
15	Condiments and sauces	2.9	0.8	1.6	0.3	6.3	2.8	7.1	12.0	0.7	14.4	9.4	8.8	12.2	1.3	2.0	0.7	1.1	0.0
16	Soups, bouillon	0.4	0.6	0.7	0.6	0.4	0.4	0.4	0.4	1.3	0.3	2.2	0.4	0.4	0.3	0.2	0.5	0.9	0.0

Group=Male Children (7-18 years) - High Education (n=298)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
17	Miscellaneous	2.0	2.5	2.9	2.1	2.6	2.9	2.3	2.4	3.5	2.2	2.2	2.4	2.1	1.6	0.6	2.6	1.7	0.0
20	Dietary supplements	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	4.5	0.0	2.4	0.0	0.0	0.0	0.0	0.0

Group=Female Children (7-18 years) - Low Education (n=171)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01	Potatoes and other tubers	5.4	3.5	9.3	0.0	2.3	3.0	2.0	2.3	0.9	4.9	0.0	2.1	1.9	7.9	0.2	16.6	13.7	0.0
02	Vegetables	1.0	1.7	4.5	0.1	0.4	0.3	0.2	0.9	0.1	3.9	0.1	0.4	0.6	1.0	1.2	0.8	9.2	0.0
03	Legumes	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	0.0	0.0	0.1	0.0	0.1	0.4	0.0
04	Fruits, nuts and olives	3.6	1.9	4.6	0.0	2.7	1.5	2.9	4.7	0.0	3.3	0.6	3.5	5.4	4.4	6.7	1.9	9.0	0.0
05	Dairy products	13.1	23.1	0.7	38.3	14.4	24.0	9.6	2.9	28.7	8.2	0.4	7.3	1.7	10.2	17.7	2.0	4.8	0.0
06	Cereals and cereal products	21.7	22.9	57.6	0.3	10.5	6.6	12.5	13.8	6.7	11.2	2.4	12.8	15.1	28.9	4.2	57.0	41.6	0.0
07	Meat and meat products	11.2	30.0	0.5	48.9	19.4	19.4	23.4	12.0	16.1	7.9	36.1	19.5	10.6	1.0	0.5	1.6	2.7	0.0
08	Fish and shellfish	0.6	1.9	0.2	3.0	0.7	0.4	0.7	0.9	0.2	0.5	13.2	0.8	0.2	0.1	0.0	0.3	0.1	0.0
09	Eggs and egg products	0.5	1.4	0.0	2.3	0.9	0.8	1.0	0.4	0.0	0.0	10.8	0.8	0.4	0.1	0.0	0.1	0.0	0.0
10	Fat	6.0	0.0	0.1	0.0	17.8	13.2	16.4	31.0	18.3	29.3	7.2	21.6	32.7	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	11.6	3.3	5.0	2.1	9.3	11.6	9.8	5.0	5.3	2.4	0.9	8.2	4.4	15.2	25.0	3.7	5.9	0.0
12	Cakes	9.4	5.4	10.2	1.8	10.5	12.4	9.6	8.0	15.8	6.2	8.0	9.0	8.1	10.1	9.6	11.3	7.4	17.0
13	Non-alcoholic beverages	9.5	0.8	1.9	0.2	0.1	0.1	0.1	0.2	0.1	0.4	0.0	0.1	0.1	17.5	31.9	0.5	1.6	0.0
14	Alcoholic beverages	0.3	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.3	0.1	0.1	83.0
15	Condiments and sauces	3.5	0.7	1.5	0.3	7.8	3.5	8.9	15.1	1.1	19.9	13.4	11.0	16.0	1.4	2.0	0.9	1.0	0.0
16	Soups, bouillon	0.5	0.7	0.9	0.5	0.6	0.5	0.5	0.8	2.6	0.3	2.9	0.6	0.9	0.4	0.2	0.7	1.2	0.0
17	Miscellaneous	1.9	2.3	2.6	2.1	2.5	2.7	2.5	2.1	4.0	1.4	1.3	2.3	1.8	1.5	0.5	2.4	1.3	0.0
20	Dietary supplements	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.6	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Group=Female Children (7-18 years) - Moderate Education (n=354)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsaturated fatty acids	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01	Potatoes and other tubers	4.8	3.1	7.9	0.1	1.9	2.3	1.6	2.1	1.0	4.6	0.2	1.7	1.7	7.2	0.2	14.6	11.2	0.0
02	Vegetables	1.2	1.8	4.8	0.0	0.5	0.4	0.2	1.1	0.4	4.7	0.7	0.5	0.8	1.2	1.5	0.9	10.5	0.0
03	Legumes	0.1	0.3	0.7	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.1	0.1	0.3	0.9	0.0
04	Fruits, nuts and olives	4.0	2.0	4.8	0.0	3.0	1.6	3.1	5.7	0.0	4.6	1.0	4.0	6.2	4.8	7.5	1.9	9.7	0.0
05	Dairy products	13.8	24.0	0.7	39.6	15.6	25.6	10.6	3.2	28.4	8.6	0.8	8.0	1.9	10.4	18.1	1.9	4.6	1.4
06	Cereals and cereal products	22.8	23.6	58.2	0.5	11.0	7.0	12.4	15.4	7.0	11.7	4.3	13.4	16.9	30.3	4.5	57.6	41.9	0.0
07	Meat and meat products	10.8	28.8	0.4	47.6	19.4	19.5	23.2	11.7	15.9	7.8	38.2	19.3	10.8	0.9	0.5	1.3	2.1	0.0
08	Fish and shellfish	0.4	1.4	0.1	2.3	0.4	0.2	0.4	0.7	0.2	0.5	10.6	0.5	0.4	0.1	0.0	0.1	0.0	0.0
09	Eggs and egg products	0.5	1.3	0.0	2.3	0.8	0.8	1.0	0.4	0.0	0.0	10.6	0.8	0.4	0.1	0.0	0.1	0.0	0.0
10	Fat	5.5	0.0	0.1	0.0	16.5	11.9	15.7	29.4	16.0	28.5	7.6	20.5	30.9	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	10.6	2.9	4.8	1.7	9.1	11.1	10.0	5.2	4.0	1.6	1.0	8.4	4.4	13.6	23.4	3.5	5.0	1.5
12	Cakes	10.6	5.9	11.0	2.3	11.3	13.1	10.7	8.4	20.4	8.0	10.2	9.8	8.0	11.8	11.4	13.1	8.5	16.7
13	Non-alcoholic beverages	8.6	0.7	1.7	0.1	0.1	0.1	0.1	0.1	0.1	0.3	0.0	0.1	0.1	15.9	29.6	0.4	1.5	0.0
14	Alcoholic beverages	0.8	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.6	0.7	0.4	0.3	80.4
15	Condiments and sauces	3.2	0.8	1.5	0.3	7.1	3.0	8.1	13.8	0.8	16.8	7.7	10.1	14.4	1.3	2.1	0.7	1.1	0.0
16	Soups, bouillon	0.6	1.1	0.9	1.3	0.7	0.7	0.6	0.7	2.5	0.6	4.5	0.6	0.7	0.4	0.2	0.6	1.2	0.0
17	Miscellaneous	1.8	2.1	2.2	2.0	2.5	2.8	2.4	2.1	3.3	1.3	0.4	2.3	1.6	1.3	0.3	2.4	1.4	0.0
20	Dietary supplements	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.3	0.0	0.7	0.0	0.0	0.0	0.0	0.0

Group=Female Children (7-18 years) - High Education (n=282)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsaturated fatty acids	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01	Potatoes and other tubers	4.3	2.6	6.6	0.1	1.8	2.1	1.5	2.1	1.4	4.7	0.3	1.7	1.7	6.4	0.2	12.6	9.3	0.0
02	Vegetables	1.3	2.0	5.1	0.0	0.5	0.3	0.2	1.4	0.1	4.5	0.2	0.6	1.1	1.3	1.8	0.9	10.6	0.0
03	Legumes	0.1	0.2	0.4	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.1	0.0	0.2	0.6	0.0
04	Fruits, nuts and olives	5.2	2.7	6.1	0.0	4.3	2.2	4.9	7.6	0.0	4.9	0.9	5.9	8.6	5.9	9.9	2.1	11.1	0.0
05	Dairy products	14.6	25.0	0.6	43.2	17.6	28.6	12.0	3.6	32.1	10.0	0.6	9.1	2.2	10.3	18.5	1.9	4.5	0.1
06	Cereals and cereal products	24.6	25.2	60.0	0.7	11.3	6.9	12.6	17.1	6.4	14.2	4.8	14.1	18.6	33.1	5.1	61.9	44.8	0.0
07	Meat and meat products	9.9	25.9	0.3	43.2	17.6	17.3	21.1	11.0	14.9	7.7	37.4	17.7	10.0	0.7	0.4	1.1	1.8	0.0
08	Fish and shellfish	0.6	2.2	0.2	3.8	0.7	0.5	0.7	1.1	0.5	0.7	13.3	0.8	0.5	0.1	0.0	0.3	0.1	4.5
09	Eggs and egg products	0.5	1.4	0.0	2.3	0.9	0.8	1.1	0.4	0.0	0.1	9.5	0.9	0.4	0.1	0.0	0.1	0.0	0.0

Group=Female Children (7-18 years) - High Education (n=282)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
10	Fat	5.5	0.1	0.1	0.0	16.8	12.1	16.5	28.7	16.1	29.5	7.1	20.9	30.2	0.0	0.0	0.1	0.0	0.0
11	Sugar and confectionery	11.0	3.0	4.7	1.8	9.6	11.6	10.7	5.3	4.6	1.8	0.5	8.8	4.6	14.2	24.4	3.5	4.9	0.0
12	Cakes	9.4	4.5	8.7	1.5	9.9	11.5	9.5	7.9	17.3	7.0	8.1	8.8	7.6	10.7	10.6	11.4	7.0	2.3
13	Non-alcoholic beverages	7.4	0.8	1.7	0.1	0.1	0.2	0.1	0.2	0.1	0.4	0.0	0.1	0.1	13.6	25.5	0.4	1.4	0.0
14	Alcoholic beverages	0.4	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.3	0.1	0.0	93.1
15	Condiments and sauces	2.6	0.8	1.6	0.3	5.3	2.2	6.1	10.3	0.6	12.4	7.8	7.6	10.7	1.3	2.0	0.7	1.0	0.0
16	Soups, bouillon	0.6	1.0	0.8	1.1	0.7	0.7	0.6	0.7	2.4	0.4	3.1	0.6	0.7	0.4	0.3	0.6	1.0	0.0
17	Miscellaneous	2.1	2.6	3.0	1.8	2.8	2.9	2.2	2.6	3.5	1.6	2.3	2.4	2.2	1.5	0.8	2.2	1.7	0.0
20	Dietary supplements	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	4.2	0.0	0.6	0.0	0.0	0.0	0.0	0.0

Group=Male Adults (19-69 years) - Low Education (n=322)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01	Potatoes and other tubers	5.5	3.1	8.5	0.1	1.9	2.3	1.5	2.0	1.9	4.7	0.1	1.7	1.5	9.8	0.4	16.9	11.8	0.0
02	Vegetables	1.5	2.3	6.5	0.0	0.5	0.3	0.2	1.1	0.2	4.5	0.2	0.5	0.7	1.8	2.9	1.3	13.8	0.0
03	Legumes	0.2	0.3	0.8	0.0	0.0	0.0	0.0	0.1	0.0	0.4	0.0	0.0	0.1	0.3	0.1	0.4	1.2	0.0
04	Fruits, nuts and olives	3.9	2.3	5.5	0.0	4.1	2.1	5.0	5.9	0.0	3.4	0.5	5.4	6.5	4.6	8.5	1.8	8.1	0.0
05	Dairy products	13.7	21.2	0.4	34.2	17.6	30.0	12.1	3.5	32.8	9.4	0.6	8.9	2.1	9.8	20.0	2.2	3.6	0.9
06	Cereals and cereal products	21.7	21.2	56.1	0.6	8.3	5.2	9.0	12.3	4.5	10.8	3.1	10.0	13.3	34.8	6.2	57.4	41.3	0.0
07	Meat and meat products	13.5	33.4	0.3	52.2	21.9	22.5	26.6	13.0	17.0	7.8	42.9	21.6	12.2	0.9	0.7	1.1	2.2	0.0
08	Fish and shellfish	1.0	3.2	0.2	4.8	1.1	0.7	1.2	1.5	0.5	0.9	19.3	1.3	0.7	0.2	0.0	0.4	0.1	0.0
09	Eggs and egg products	0.7	1.7	0.0	2.8	1.1	1.0	1.3	0.5	0.0	0.1	10.0	1.0	0.5	0.1	0.0	0.2	0.0	0.0
10	Fat	7.3	0.1	0.2	0.0	20.9	15.3	20.2	35.1	19.3	34.5	5.8	25.9	36.4	0.1	0.1	0.1	0.0	0.0
11	Sugar and confectionery	6.9	1.2	2.1	0.7	4.1	5.2	4.5	1.9	2.5	0.7	0.1	3.6	1.5	11.5	23.9	1.7	2.8	0.8
12	Cakes	6.0	2.6	5.5	1.0	6.4	7.7	5.9	4.5	14.4	3.8	5.1	5.4	4.3	7.8	9.7	7.0	4.3	2.0
13	Non-alcoholic beverages	5.6	2.0	5.1	0.3	0.5	0.9	0.2	0.1	0.5	0.3	0.0	0.2	0.1	10.8	21.7	0.7	1.8	0.4
14	Alcoholic beverages	6.1	1.2	3.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.7	1.3	5.0	3.9	95.9
15	Condiments and sauces	4.0	0.8	1.8	0.3	8.8	3.9	9.7	16.2	1.3	16.9	3.8	12.2	17.2	1.7	3.2	0.8	1.2	0.0
16	Soups, bouillon	1.2	1.8	2.1	1.6	1.2	1.2	1.2	1.0	3.6	0.9	3.3	1.1	1.0	1.1	0.7	1.4	2.8	0.0
17	Miscellaneous	1.3	1.5	1.7	1.3	1.5	1.7	1.5	1.3	1.5	0.8	0.6	1.4	1.0	1.2	0.5	1.8	1.0	0.0
20	Dietary supplements	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	4.6	0.0	1.0	0.0	0.0	0.0	0.0	0.0

Group=Male Adults (19-69 years) - Moderate Education (n=487)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsaturated fatty acids	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01	Potatoes and other tubers	4.9	2.8	7.5	0.0	1.8	2.1	1.4	1.8	1.7	4.2	0.0	1.5	1.4	8.7	0.3	15.2	10.7	0.0
02	Vegetables	1.5	2.2	6.3	0.0	0.6	0.4	0.2	1.3	0.3	4.8	0.3	0.6	0.9	1.8	2.9	1.2	12.6	0.0
03	Legumes	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.1	0.0	0.1	0.4	0.0
04	Fruits, nuts and olives	5.1	3.0	7.2	0.0	5.5	2.8	6.7	8.1	0.0	4.5	1.1	7.2	9.0	5.8	10.4	2.5	10.0	0.0
05	Dairy products	13.4	22.1	0.3	36.4	17.3	29.8	11.6	3.4	32.5	9.3	0.7	8.6	2.0	9.1	19.3	1.7	2.8	0.0
06	Cereals and cereal products	22.8	22.1	56.5	0.4	9.4	5.4	10.3	14.4	4.3	11.7	3.8	11.7	15.6	36.2	6.2	58.6	43.5	0.0
07	Meat and meat products	12.4	31.3	0.5	49.8	20.2	20.8	24.7	11.4	17.4	7.5	36.8	19.9	10.5	1.1	0.8	1.4	2.2	0.0
08	Fish and shellfish	1.0	3.3	0.1	5.1	1.2	0.9	1.4	1.6	0.5	1.0	22.6	1.5	0.7	0.2	0.0	0.3	0.1	0.0
09	Eggs and egg products	0.7	1.7	0.0	2.8	1.2	1.1	1.4	0.5	0.0	0.1	11.4	1.1	0.5	0.1	0.0	0.2	0.0	0.0
10	Fat	7.1	0.1	0.1	0.0	20.7	15.1	20.0	34.7	19.6	34.6	6.4	25.5	36.6	0.1	0.1	0.1	0.0	0.0
11	Sugar and confectionery	6.2	1.3	2.2	0.8	4.5	6.1	4.9	2.0	2.4	0.6	0.1	3.9	1.7	9.7	20.5	1.6	3.0	0.1
12	Cakes	6.2	2.7	5.4	1.0	6.4	8.1	5.8	4.2	14.4	3.9	4.9	5.2	4.1	8.0	10.2	7.2	4.2	0.8
13	Non-alcoholic beverages	5.7	2.1	4.9	0.5	0.7	1.2	0.3	0.2	0.8	0.3	0.0	0.3	0.1	11.1	23.0	0.8	2.0	0.7
14	Alcoholic beverages	6.8	1.3	3.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.9	1.7	5.1	4.0	98.4
15	Condiments and sauces	3.5	0.9	2.0	0.3	7.6	3.3	8.7	14.3	0.9	15.8	5.6	10.7	14.9	1.8	3.4	0.8	1.4	0.0
16	Soups, bouillon	0.9	1.2	1.5	1.0	0.8	0.9	0.8	0.7	2.7	0.6	2.1	0.8	0.8	0.9	0.6	1.1	2.0	0.0
17	Miscellaneous	1.6	1.8	1.9	1.8	2.0	2.1	1.7	1.4	2.5	0.9	0.6	1.6	1.2	1.5	0.6	2.3	1.3	0.0
20	Dietary supplements	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.6	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Group=Male Adults (19-69 years) - High Education (n=246)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsaturated fatty acids	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01	Potatoes and other tubers	4.2	2.3	6.4	0.1	1.5	1.7	1.2	1.7	1.4	3.9	0.0	1.3	1.3	7.6	0.4	13.4	8.8	0.0
02	Vegetables	1.9	2.7	7.5	0.0	0.9	0.6	0.5	1.9	0.6	6.1	0.6	0.9	1.4	2.2	3.3	1.5	14.6	0.0
03	Legumes	0.2	0.3	0.7	0.0	0.0	0.0	0.0	0.1	0.0	0.5	0.0	0.0	0.1	0.2	0.1	0.3	1.0	0.0
04	Fruits, nuts and olives	5.3	2.7	6.6	0.0	4.9	2.6	6.1	7.3	0.0	4.6	0.5	6.5	8.1	6.6	12.0	2.6	10.4	0.0
05	Dairy products	14.6	23.4	0.4	38.1	19.2	32.4	13.2	4.0	34.3	10.4	1.2	9.8	2.3	10.0	20.4	1.9	3.2	0.0
06	Cereals and cereal products	23.4	22.2	56.8	0.6	9.9	6.4	9.9	16.3	6.0	13.1	5.9	12.1	17.8	37.3	7.3	60.7	44.5	0.0
07	Meat and meat products	11.3	28.8	0.2	45.9	18.3	18.7	22.2	10.4	16.6	7.0	29.9	18.0	10.1	0.7	0.5	0.8	1.5	0.0
08	Fish and shellfish	1.5	4.7	0.3	7.3	1.7	1.1	1.8	2.4	0.6	1.3	30.4	2.0	1.0	0.3	0.0	0.6	0.1	0.1
09	Eggs and egg products	0.7	1.7	0.0	2.8	1.3	1.2	1.6	0.6	0.0	0.1	10.8	1.3	0.6	0.1	0.0	0.2	0.0	0.0

Group=Male Adults (19-69 years) - High Education (n=246)

Food groups based on EPIC-Soft Classification	Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
10 Fat	6.8	0.1	0.1	0.0	19.9	14.0	21.2	31.4	17.2	30.1	3.9	25.2	33.2	0.1	0.1	0.1	0.0	0.0
11 Sugar and confectionery	6.0	1.4	2.3	0.8	4.2	5.7	4.4	1.9	2.8	0.7	0.1	3.5	1.6	9.5	19.2	1.9	2.6	0.0
12 Cakes	6.7	3.0	6.0	1.2	7.1	8.3	6.6	5.2	14.7	4.9	5.1	6.0	5.3	8.9	10.5	8.0	4.4	2.3
13 Non-alcoholic beverages	4.9	2.1	5.2	0.3	0.6	1.0	0.2	0.2	0.3	0.4	0.0	0.2	0.2	9.6	19.4	0.7	2.2	0.0
14 Alcoholic beverages	6.8	0.9	2.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.5	3.1	3.7	2.7	97.6
15 Condiments and sauces	3.4	0.8	1.7	0.3	7.6	3.4	8.5	14.3	1.0	15.5	4.4	10.6	15.0	1.5	2.7	0.8	1.2	0.0
16 Soups, bouillon	1.0	1.4	1.5	1.4	1.1	1.0	1.0	1.0	3.0	0.7	2.5	1.0	1.1	0.9	0.7	1.2	1.8	0.0
17 Miscellaneous	1.2	1.5	1.9	1.2	1.7	1.9	1.7	1.5	1.5	0.7	1.4	1.6	1.0	1.1	0.4	1.6	1.0	0.0
20 Dietary supplements	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	3.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Group=Female Adults (19-69 years) - Low Education (n=386)

Food groups based on EPIC-Soft Classification	Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01 Potatoes and other tubers	4.6	2.5	7.1	0.1	1.5	1.6	1.2	1.9	1.2	4.5	0.0	1.4	1.5	8.2	0.3	15.0	9.5	0.0
02 Vegetables	2.0	2.7	7.6	0.0	0.9	0.6	0.4	1.9	0.5	6.5	0.2	0.9	1.2	2.3	3.4	1.6	15.0	0.0
03 Legumes	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.2	0.1	0.2	0.8	0.0
04 Fruits, nuts and olives	5.3	2.3	6.0	0.0	3.7	1.9	4.5	5.7	0.0	3.9	0.8	4.9	6.2	7.3	13.4	2.3	11.2	0.0
05 Dairy products	14.9	23.9	0.4	38.5	18.7	31.1	13.0	4.0	34.0	9.8	0.9	9.7	2.5	9.9	19.5	1.9	3.8	0.8
06 Cereals and cereal products	22.8	21.4	56.5	0.4	9.7	5.8	10.3	15.3	4.9	12.5	4.2	12.1	16.6	35.2	6.0	59.6	41.4	0.0
07 Meat and meat products	11.8	29.6	0.2	46.4	18.8	18.9	23.5	10.9	13.8	6.7	32.3	19.0	10.5	0.7	0.5	0.9	1.5	0.0
08 Fish and shellfish	1.2	3.7	0.2	5.6	1.4	1.0	1.6	1.7	0.5	0.9	21.5	1.6	0.6	0.2	0.0	0.4	0.1	0.0
09 Eggs and egg products	0.8	1.9	0.0	3.2	1.4	1.2	1.8	0.6	0.0	0.1	11.4	1.4	0.7	0.1	0.0	0.2	0.0	0.0
10 Fat	6.7	0.1	0.1	0.0	19.4	14.1	19.2	32.3	18.1	31.3	4.4	24.2	34.1	0.1	0.0	0.1	0.0	0.0
11 Sugar and confectionery	6.1	1.6	2.5	0.9	4.7	6.2	4.9	2.0	2.6	1.0	0.5	3.9	1.8	9.1	17.6	1.7	3.5	1.2
12 Cakes	8.6	3.6	7.5	1.2	8.6	10.3	7.7	5.9	17.7	4.9	5.4	7.0	5.9	11.1	13.0	10.2	5.8	3.6
13 Non-alcoholic beverages	5.5	2.6	5.9	0.6	0.7	1.1	0.3	0.2	1.0	0.4	0.0	0.3	0.2	10.0	19.4	0.9	2.6	0.0
14 Alcoholic beverages	3.7	0.3	0.8	0.0	0.1	0.1	0.1	0.0	0.2	0.0	0.1	0.0	0.0	2.0	3.0	1.1	0.8	94.5
15 Condiments and sauces	3.5	0.6	1.3	0.3	7.8	3.6	8.8	14.9	1.2	15.7	4.7	11.1	16.0	1.5	2.5	0.8	0.9	0.0
16 Soups, bouillon	1.0	1.4	1.5	1.4	1.0	0.9	0.8	1.0	2.9	0.6	3.6	0.9	1.1	0.9	0.6	1.2	1.7	0.0
17 Miscellaneous	1.5	1.6	1.8	1.2	1.8	1.8	1.8	1.5	1.5	0.8	0.4	1.7	1.0	1.3	0.6	1.9	1.3	0.0
20 Dietary supplements	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	9.6	0.0	0.2	0.0	0.0	0.0	0.1	0.0

Group=Female Adults (19-69 years) - Moderate Education (n=448)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01	Potatoes and other tubers	3.8	2.1	5.8	0.1	1.2	1.4	1.0	1.6	1.0	3.7	0.1	1.2	1.1	6.6	0.3	12.4	7.9	0.0
02	Vegetables	2.0	2.7	7.5	0.0	0.8	0.5	0.4	1.9	0.2	6.2	0.1	0.9	1.5	2.4	3.6	1.5	15.1	0.0
03	Legumes	0.2	0.3	0.6	0.0	0.0	0.0	0.0	0.1	0.0	0.4	0.0	0.0	0.1	0.2	0.1	0.3	0.8	0.0
04	Fruits, nuts and olives	5.8	2.7	6.7	0.0	4.5	2.2	5.3	6.8	0.0	5.2	0.9	5.9	7.4	7.6	13.4	2.7	12.1	0.0
05	Dairy products	14.9	24.2	0.4	39.9	19.8	32.7	13.6	4.1	36.2	10.8	0.5	10.2	2.5	9.6	18.6	1.8	3.5	0.5
06	Cereals and cereal products	24.5	22.7	57.8	0.5	11.2	7.1	11.8	17.7	5.7	14.1	6.0	13.8	19.3	36.4	6.3	63.0	42.8	0.0
07	Meat and meat products	10.3	27.0	0.2	42.9	16.5	16.3	20.7	9.7	12.7	6.4	30.3	16.8	9.3	0.7	0.4	0.9	1.4	0.0
08	Fish and shellfish	1.4	4.3	0.2	6.7	1.7	1.1	2.0	2.3	0.4	1.2	23.1	2.1	0.9	0.2	0.0	0.3	0.1	0.0
09	Eggs and egg products	1.0	2.3	0.0	3.8	1.7	1.5	2.1	0.7	0.0	0.1	13.0	1.6	0.7	0.1	0.0	0.3	0.0	0.0
10	Fat	6.4	0.1	0.1	0.0	18.9	13.7	19.5	30.7	16.6	29.2	5.4	23.7	32.2	0.1	0.1	0.1	0.0	0.0
11	Sugar and confectionery	6.5	1.5	2.4	0.9	4.4	6.0	4.6	2.0	2.9	0.7	0.2	3.7	1.7	9.9	18.4	1.9	3.0	1.6
12	Cakes	7.8	3.3	6.6	1.2	8.4	10.2	7.7	5.7	17.1	5.0	4.1	6.9	5.7	9.8	11.4	9.0	5.1	2.0
13	Non-alcoholic beverages	6.0	2.3	5.0	0.7	0.9	1.4	0.5	0.3	1.1	0.6	0.0	0.4	0.3	10.8	20.5	0.9	2.7	0.0
14	Alcoholic beverages	3.5	0.2	0.5	0.0	0.1	0.1	0.1	0.0	0.2	0.0	0.1	0.1	0.0	1.6	2.5	0.8	0.5	95.8
15	Condiments and sauces	3.2	0.8	1.8	0.3	6.8	2.8	8.0	12.9	0.8	13.8	3.8	9.8	13.2	1.7	2.7	0.9	1.2	0.0
16	Soups, bouillon	1.0	1.4	1.6	1.3	1.1	1.1	0.9	0.9	3.4	0.7	2.9	0.9	1.0	0.9	0.7	1.1	2.1	0.0
17	Miscellaneous	1.7	2.2	2.7	1.5	2.1	1.9	1.9	2.4	1.7	1.4	1.0	2.0	1.9	1.5	1.0	2.1	1.6	0.0
20	Dietary supplements	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	8.3	0.0	1.2	0.0	0.0	0.0	0.1	0.0

Group=Female Adults (19-69 years) - High Education (n=217)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01	Potatoes and other tubers	3.8	2.1	5.4	0.1	1.2	1.3	0.9	1.4	0.4	3.9	0.0	1.1	1.1	6.8	0.3	12.2	7.1	0.0
02	Vegetables	2.3	3.4	9.0	0.0	1.0	0.5	0.5	2.5	0.1	8.7	0.1	1.2	1.9	2.6	4.1	1.6	16.1	0.0
03	Legumes	0.2	0.4	0.9	0.0	0.1	0.0	0.0	0.1	0.0	0.5	0.0	0.1	0.1	0.3	0.1	0.4	1.2	0.0
04	Fruits, nuts and olives	7.2	3.3	7.9	0.0	5.6	2.6	6.9	8.8	0.0	7.2	0.9	7.7	9.8	9.5	16.3	3.5	14.3	0.0
05	Dairy products	15.0	24.2	0.4	40.9	20.2	32.7	14.2	4.7	37.6	11.0	1.2	10.8	3.1	9.5	18.7	1.5	3.0	0.0
06	Cereals and cereal products	23.6	22.2	54.9	0.5	10.3	6.4	10.2	18.3	3.8	14.7	8.5	12.9	20.1	36.2	6.6	62.2	41.3	0.0
07	Meat and meat products	9.5	24.7	0.2	40.1	15.1	15.1	19.0	8.7	12.9	5.7	24.1	15.3	8.4	0.6	0.4	0.8	1.1	0.0
08	Fish and shellfish	1.8	6.0	0.1	9.9	2.2	1.5	2.5	3.1	0.4	1.4	28.4	2.7	0.9	0.2	0.0	0.3	0.1	0.0
09	Eggs and egg products	0.7	1.5	0.0	2.5	1.2	1.1	1.5	0.6	0.0	0.1	9.3	1.2	0.6	0.1	0.0	0.2	0.0	0.0

Group=Female Adults (19-69 years) - High Education (n=217)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
10	Fat	6.3	0.1	0.1	0.1	18.6	13.6	20.4	27.2	15.5	25.2	5.3	23.1	28.7	0.1	0.1	0.1	0.0	0.0
11	Sugar and confectionery	6.9	1.9	2.8	1.3	6.1	8.1	6.2	2.5	3.1	1.1	0.2	5.0	2.3	9.6	17.9	1.9	3.4	0.0
12	Cakes	8.2	3.5	6.9	1.2	8.6	10.1	7.9	6.7	18.7	5.9	5.1	7.3	6.9	10.4	11.9	9.8	5.2	5.0
13	Non-alcoholic beverages	4.7	2.4	5.2	0.7	0.9	1.5	0.6	0.3	0.9	0.7	0.0	0.5	0.3	8.6	16.4	0.8	2.6	0.0
14	Alcoholic beverages	4.3	0.2	0.4	0.1	0.1	0.1	0.1	0.0	0.3	0.0	0.1	0.1	0.0	1.9	3.3	0.6	0.3	95.0
15	Condiments and sauces	2.6	0.6	1.3	0.2	5.6	2.3	6.2	11.2	0.7	11.7	5.5	8.0	11.9	1.3	2.0	0.7	1.0	0.0
16	Soups, bouillon	1.0	1.2	1.4	1.1	1.2	1.2	1.0	1.0	4.0	0.5	1.8	1.0	1.1	1.0	0.7	1.3	1.6	0.0
17	Miscellaneous	1.8	2.4	3.0	1.4	2.1	1.8	1.8	2.7	1.6	1.9	1.6	2.2	2.5	1.6	0.9	2.2	1.6	0.0
20	Dietary supplements	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	7.9	0.0	0.2	0.0	0.0	0.0	0.0	0.0

Table 1.4.a Average contribution (mean%) of food groups to the intake of macronutrients of the Dutch children and adults stratified by BMI category (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week

Group=Children (7-18 years) - Normal and Underweight (n=1404)

Food groups based on EPIC-Soft Classification	Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01 Potatoes and other tubers	4.7	3.1	7.7	0.1	2.0	2.4	1.7	2.1	1.1	4.6	0.1	1.8	1.7	7.0	0.2	14.2	11.3	0.0
02 Vegetables	1.1	1.8	4.6	0.0	0.4	0.3	0.2	1.0	0.2	4.2	0.3	0.5	0.7	1.1	1.4	0.8	9.8	0.0
03 Legumes	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.1	0.0	0.2	0.7	0.0
04 Fruits, nuts and olives	4.4	2.5	5.7	0.0	4.1	2.2	4.6	7.0	0.0	4.4	0.6	5.4	7.8	4.7	7.2	2.0	9.3	0.0
05 Dairy products	13.8	24.0	0.6	40.9	15.7	25.9	10.6	3.2	29.8	8.9	0.8	8.0	1.8	10.5	18.5	2.1	4.1	4.6
06 Cereals and cereal products	23.3	24.4	58.9	0.6	11.1	6.9	12.8	15.5	6.5	12.2	3.6	13.7	16.9	30.9	4.4	59.3	44.2	0.0
07 Meat and meat products	10.3	27.6	0.3	45.8	18.3	18.5	22.0	10.9	15.5	7.3	37.1	18.2	9.6	0.8	0.4	1.3	2.2	0.0
08 Fish and shellfish	0.5	1.8	0.1	3.0	0.5	0.3	0.5	0.8	0.3	0.5	12.7	0.6	0.4	0.1	0.0	0.2	0.1	0.6
09 Eggs and egg products	0.5	1.4	0.0	2.4	0.9	0.8	1.0	0.4	0.0	0.0	10.7	0.8	0.4	0.1	0.0	0.1	0.0	0.0
10 Fat	5.9	0.1	0.1	0.0	17.6	12.9	16.6	30.5	17.6	30.4	7.6	21.5	31.9	0.0	0.0	0.1	0.0	0.0
11 Sugar and confectionery	11.0	3.0	4.8	1.8	9.2	11.3	10.1	5.2	4.8	1.9	0.5	8.4	4.4	14.3	24.1	3.6	5.2	0.7
12 Cakes	9.5	5.2	9.5	1.9	10.2	12.1	9.6	7.7	18.0	7.0	9.8	8.9	7.5	10.5	10.0	11.6	7.4	11.1
13 Non-alcoholic beverages	8.8	0.7	1.7	0.1	0.1	0.1	0.1	0.1	0.1	0.3	0.0	0.1	0.1	16.3	30.5	0.4	1.4	0.0
14 Alcoholic beverages	0.6	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.4	0.3	0.4	0.4	82.9
15 Condiments and sauces	3.0	0.8	1.6	0.3	6.6	2.8	7.5	12.7	0.7	15.8	8.2	9.3	13.2	1.3	2.0	0.7	1.2	0.0
16 Soups, bouillon	0.5	0.9	0.9	0.9	0.6	0.6	0.5	0.6	2.0	0.4	2.6	0.5	0.6	0.4	0.2	0.6	1.1	0.0
17 Miscellaneous	1.9	2.3	2.7	2.1	2.5	2.7	2.3	2.3	3.5	1.7	1.3	2.3	1.8	1.4	0.5	2.4	1.6	0.0
20 Dietary supplements	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	4.0	0.0	1.2	0.0	0.0	0.0	0.0	0.0

Group=Children (7-18 years) - Overweight and Obese (n=308)

Food groups based on EPIC-Soft Classification	Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01 Potatoes and other tubers	4.9	3.1	8.1	0.1	2.0	2.4	1.6	2.3	1.3	5.1	0.4	1.8	1.9	7.5	0.3	14.7	11.1	0.0
02 Vegetables	1.3	1.9	5.1	0.0	0.5	0.4	0.2	1.2	0.3	4.6	0.2	0.5	0.8	1.3	1.9	0.9	10.9	0.0
03 Legumes	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.1	0.1	0.2	0.8	0.0
04 Fruits, nuts and olives	4.2	2.1	5.0	0.0	3.4	1.8	3.7	6.2	0.0	4.4	0.4	4.6	6.7	4.8	7.9	1.8	9.3	0.0
05 Dairy products	13.6	22.9	0.6	38.0	15.7	26.0	10.6	3.3	29.5	9.5	0.9	8.1	2.0	10.1	18.2	2.0	4.8	6.0
06 Cereals and cereal products	24.2	24.4	59.6	0.7	11.2	7.0	12.8	15.6	6.9	12.7	3.9	13.7	17.0	32.8	4.9	59.9	43.4	0.0
07 Meat and meat products	11.7	30.1	0.5	49.4	21.0	21.3	25.0	12.8	18.6	8.9	39.9	20.9	12.1	0.9	0.6	1.4	2.2	0.0

Group=Children (7-18 years) - Overweight and Obese (n=308)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
08	Fish and shellfish	0.5	1.9	0.1	3.1	0.6	0.4	0.5	0.9	0.3	0.6	12.2	0.7	0.5	0.1	0.0	0.2	0.1	0.0
09	Eggs and egg products	0.5	1.4	0.0	2.3	1.0	0.9	1.1	0.4	0.0	0.1	10.2	0.9	0.4	0.1	0.0	0.1	0.0	0.0
10	Fat	5.6	0.0	0.1	0.0	16.9	11.9	16.4	29.9	16.2	29.3	6.6	21.2	31.2	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	9.7	2.3	3.7	1.4	7.9	9.7	8.7	4.5	4.2	1.2	0.5	7.3	3.9	13.0	23.0	3.0	4.0	0.0
12	Cakes	8.9	4.3	8.8	1.3	9.5	11.5	8.9	7.0	16.4	6.3	6.4	8.1	6.6	10.0	10.0	10.8	7.1	14.7
13	Non-alcoholic beverages	8.1	0.7	1.7	0.1	0.1	0.1	0.1	0.1	0.1	0.3	0.0	0.1	0.1	15.0	28.9	0.4	1.5	0.0
14	Alcoholic beverages	0.9	0.2	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.7	0.7	0.5	0.5	79.3
15	Condiments and sauces	3.0	0.8	1.9	0.2	6.6	3.0	7.6	12.5	1.0	14.6	7.5	9.3	12.8	1.4	2.4	0.7	1.2	0.0
16	Soups, bouillon	0.9	1.4	1.2	1.5	1.0	1.0	0.9	1.2	2.5	0.8	5.0	1.0	1.3	0.6	0.4	0.9	1.6	0.0
17	Miscellaneous	2.0	2.4	2.7	1.8	2.6	2.8	2.1	1.9	2.7	1.5	1.3	2.0	1.9	1.5	0.8	2.3	1.8	0.0
20	Dietary supplements	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	4.8	0.0	0.7	0.0	0.0	0.0	0.0	0.0

Group=Adults (19-69 years) - Normal and Underweight (n=1010)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01	Potatoes and other tubers	4.4	2.6	6.7	0.1	1.5	1.7	1.1	1.7	1.3	4.2	0.0	1.3	1.3	7.7	0.3	13.9	9.1	0.0
02	Vegetables	1.8	2.6	7.0	0.0	0.8	0.5	0.3	1.8	0.4	5.9	0.1	0.8	1.3	2.1	3.2	1.3	14.2	0.0
03	Legumes	0.2	0.3	0.7	0.0	0.0	0.0	0.0	0.1	0.0	0.4	0.0	0.0	0.1	0.2	0.1	0.3	1.0	0.0
04	Fruits, nuts and olives	5.6	2.9	6.9	0.0	4.9	2.5	5.9	7.5	0.0	5.2	0.8	6.5	8.3	6.8	12.1	2.6	11.2	0.0
05	Dairy products	14.0	22.9	0.4	38.4	18.6	31.4	12.8	3.8	34.9	9.9	0.8	9.5	2.3	9.1	17.8	1.8	3.1	0.2
06	Cereals and cereal products	23.4	22.8	56.7	0.5	10.4	6.5	11.0	16.3	5.1	13.1	5.8	12.8	17.7	35.2	6.0	60.4	42.8	0.0
07	Meat and meat products	10.7	28.4	0.3	45.9	17.4	17.8	21.4	9.9	14.6	6.6	31.8	17.2	9.4	0.7	0.5	1.0	1.7	0.0
08	Fish and shellfish	1.2	4.0	0.2	6.3	1.4	0.9	1.5	2.0	0.5	1.1	24.5	1.7	0.8	0.2	0.0	0.4	0.1	0.0
09	Eggs and egg products	0.7	1.8	0.0	3.0	1.2	1.1	1.5	0.5	0.0	0.1	10.5	1.1	0.5	0.1	0.0	0.2	0.0	0.0
10	Fat	6.7	0.1	0.1	0.0	19.8	14.2	20.3	31.6	17.6	30.5	6.0	24.7	33.3	0.1	0.0	0.1	0.0	0.0
11	Sugar and confectionery	7.1	1.6	2.7	0.9	4.9	6.4	5.3	2.2	2.6	0.8	0.2	4.2	1.9	11.0	21.4	1.9	3.3	0.5
12	Cakes	7.3	3.2	6.4	1.2	7.8	9.5	7.1	5.3	16.2	4.7	5.0	6.4	5.4	9.3	10.8	8.7	4.9	2.4
13	Non-alcoholic beverages	5.9	2.1	4.7	0.5	0.7	1.3	0.3	0.2	0.7	0.5	0.0	0.3	0.2	10.9	21.2	0.8	2.1	0.2
14	Alcoholic beverages	5.0	0.7	1.7	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.6	2.4	2.5	2.0	96.7
15	Condiments and sauces	3.4	0.8	1.8	0.3	7.4	3.2	8.5	13.9	1.0	15.3	5.0	10.4	14.7	1.5	2.6	0.8	1.3	0.0
16	Soups, bouillon	0.9	1.2	1.4	1.1	0.9	0.9	0.9	0.8	3.2	0.6	1.9	0.8	0.8	0.8	0.6	1.1	1.9	0.0

Group=Adults (19-69 years) - Normal and Underweight (n=1010)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
17	Miscellaneous	1.6	2.0	2.4	1.7	2.1	2.0	2.0	2.2	1.8	1.2	0.8	2.1	1.8	1.4	0.7	2.1	1.4	0.0
20	Dietary supplements	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	6.7	0.0	0.2	0.0	0.0	0.0	0.0	0.0

Group=Adults (19-69 years) - Overweight and Obese (n=1095)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01	Potatoes and other tubers	4.6	2.5	7.0	0.0	1.6	1.8	1.3	1.8	1.4	4.2	0.1	1.4	1.3	8.2	0.3	14.5	9.6	0.0
02	Vegetables	1.8	2.6	7.5	0.0	0.7	0.5	0.3	1.7	0.3	6.0	0.3	0.8	1.2	2.2	3.4	1.5	14.5	0.0
03	Legumes	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.1	0.2	0.1	0.2	0.7	0.0
04	Fruits, nuts and olives	5.2	2.6	6.4	0.0	4.5	2.2	5.6	6.7	0.0	4.3	0.8	6.0	7.4	6.7	12.2	2.5	10.7	0.0
05	Dairy products	14.7	23.4	0.4	37.5	18.8	31.3	12.9	4.0	33.9	10.2	0.8	9.7	2.4	10.0	20.7	1.9	3.5	0.4
06	Cereals and cereal products	23.0	21.3	56.4	0.5	9.4	5.7	9.9	15.1	4.7	12.4	4.4	11.6	16.4	36.6	6.7	60.0	42.3	0.0
07	Meat and meat products	12.2	30.1	0.3	47.0	19.6	19.7	24.3	11.4	15.6	7.2	34.4	19.6	10.9	0.8	0.6	1.0	1.7	0.0
08	Fish and shellfish	1.3	4.1	0.2	6.3	1.6	1.1	1.8	2.0	0.5	1.1	23.1	1.9	0.8	0.2	0.0	0.4	0.1	0.0
09	Eggs and egg products	0.8	1.9	0.0	3.1	1.4	1.3	1.8	0.7	0.0	0.1	11.7	1.4	0.7	0.1	0.0	0.2	0.0	0.0
10	Fat	6.8	0.1	0.1	0.0	19.8	14.4	19.7	32.7	18.1	31.8	4.7	24.6	34.4	0.1	0.1	0.1	0.0	0.0
11	Sugar and confectionery	5.8	1.3	2.1	0.9	4.4	5.9	4.5	1.8	2.8	0.8	0.2	3.6	1.5	9.0	18.1	1.6	2.8	0.7
12	Cakes	7.1	3.0	6.2	1.1	7.4	8.8	6.7	5.2	16.0	4.6	4.8	6.1	5.2	9.3	11.4	8.3	4.8	2.1
13	Non-alcoholic beverages	5.2	2.4	5.6	0.6	0.7	1.1	0.3	0.2	0.8	0.4	0.0	0.3	0.2	9.8	19.8	0.8	2.6	0.3
14	Alcoholic beverages	5.4	0.7	2.0	0.0	0.1	0.1	0.1	0.0	0.2	0.0	0.1	0.0	0.0	2.9	2.3	3.0	2.2	96.5
15	Condiments and sauces	3.5	0.7	1.6	0.3	7.4	3.2	8.4	14.1	1.0	14.8	4.3	10.5	14.8	1.7	3.0	0.8	1.1	0.0
16	Soups, bouillon	1.1	1.5	1.7	1.4	1.1	1.1	1.0	1.0	3.2	0.8	3.4	1.0	1.1	1.0	0.7	1.3	2.2	0.0
17	Miscellaneous	1.4	1.7	2.0	1.2	1.6	1.8	1.5	1.4	1.7	0.9	1.0	1.5	1.1	1.4	0.7	1.9	1.3	0.0
20	Dietary supplements	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	5.9	0.0	0.7	0.0	0.0	0.0	0.0	0.0

Table 1.4.b Average contribution (mean%) of food groups to the intake of macronutrients of the Dutch children and adults stratified by BMI category and gender (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week

Group=Male Children (7-18 years) - Normal and Underweight (n=717)

Food groups based on EPIC-Soft Classification	Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01 Potatoes and other tubers	4.9	3.2	7.9	0.1	2.1	2.6	1.8	2.1	1.3	4.8	0.1	1.8	1.7	7.2	0.2	14.5	11.7	0.0
02 Vegetables	1.1	1.8	4.5	0.0	0.4	0.3	0.1	1.0	0.2	4.0	0.2	0.4	0.7	1.1	1.4	0.8	9.8	0.0
03 Legumes	0.1	0.2	0.4	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.1	0.0	0.2	0.6	0.0
04 Fruits, nuts and olives	4.2	2.7	5.8	0.0	4.5	2.4	5.0	7.4	0.0	4.2	0.3	5.8	8.1	4.2	6.4	1.9	8.5	0.0
05 Dairy products	13.8	23.9	0.5	40.8	15.3	25.7	10.2	3.0	29.9	8.9	0.9	7.7	1.7	10.7	18.8	2.1	3.7	6.9
06 Cereals and cereal products	23.5	24.6	59.2	0.7	11.2	6.9	13.0	15.3	6.2	11.9	3.0	13.7	16.5	31.1	4.3	59.5	45.2	0.0
07 Meat and meat products	10.4	27.6	0.3	45.9	18.7	19.2	22.5	10.9	16.0	7.2	37.4	18.5	9.6	0.8	0.4	1.3	2.3	0.0
08 Fish and shellfish	0.5	1.9	0.1	3.1	0.6	0.3	0.5	0.8	0.2	0.5	13.5	0.6	0.4	0.1	0.0	0.2	0.1	0.0
09 Eggs and egg products	0.5	1.4	0.0	2.5	0.9	0.8	1.0	0.4	0.0	0.1	11.1	0.8	0.4	0.1	0.0	0.1	0.0	0.0
10 Fat	6.0	0.1	0.1	0.0	18.0	13.2	16.8	31.2	18.5	31.5	7.5	22.0	32.5	0.0	0.0	0.1	0.0	0.0
11 Sugar and confectionery	10.9	2.9	4.6	1.8	9.0	10.9	9.9	5.1	4.9	1.8	0.3	8.2	4.4	14.3	24.3	3.4	5.1	0.6
12 Cakes	8.9	4.9	8.9	1.9	9.6	11.5	8.9	7.1	17.3	6.7	9.9	8.2	6.9	9.8	9.3	10.9	6.9	10.0
13 Non-alcoholic beverages	9.0	0.7	1.5	0.1	0.1	0.1	0.0	0.1	0.0	0.3	0.0	0.1	0.1	16.7	31.6	0.4	1.3	0.0
14 Alcoholic beverages	0.8	0.2	0.5	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.5	0.2	0.7	0.6	82.5
15 Condiments and sauces	3.0	0.8	1.8	0.2	6.6	2.9	7.4	12.6	0.7	15.5	7.4	9.2	12.9	1.4	2.1	0.7	1.3	0.0
16 Soups, bouillon	0.5	0.9	0.9	0.8	0.5	0.5	0.5	0.5	1.6	0.4	2.1	0.5	0.5	0.4	0.2	0.6	1.2	0.0
17 Miscellaneous	1.9	2.4	2.8	2.1	2.4	2.7	2.2	2.3	3.1	2.0	1.4	2.3	1.9	1.5	0.6	2.5	1.8	0.0
20 Dietary supplements	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	4.9	0.0	1.6	0.0	0.0	0.0	0.0	0.0

Group=Male Children (7-18 years) - Overweight and Obese (n=139)

Food groups based on EPIC-Soft Classification	Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01 Potatoes and other tubers	4.6	2.9	7.5	0.2	1.8	2.2	1.5	2.0	0.7	4.7	0.3	1.6	1.5	7.0	0.3	14.1	10.8	0.0
02 Vegetables	1.2	1.8	4.7	0.0	0.5	0.4	0.2	1.1	0.5	4.7	0.1	0.5	0.7	1.2	1.7	0.9	10.1	0.0
03 Legumes	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	0.0	0.0	0.1	0.1	0.2	0.7	0.0
04 Fruits, nuts and olives	4.6	2.7	6.2	0.0	4.9	2.7	5.2	8.4	0.0	5.5	0.1	6.4	8.9	4.5	7.4	1.7	9.0	0.0
05 Dairy products	13.4	22.0	0.7	37.0	15.0	24.9	10.1	3.1	28.1	9.3	1.3	7.7	1.8	10.5	19.4	2.3	4.9	9.7
06 Cereals and cereal products	24.0	24.1	59.0	0.7	10.7	6.9	12.0	15.1	6.3	12.4	4.7	13.0	16.4	32.8	4.6	59.7	43.5	0.0
07 Meat and meat products	11.8	31.4	0.5	51.3	20.7	21.1	24.6	12.3	20.2	9.2	40.8	20.4	11.4	0.9	0.6	1.4	2.4	0.0

Group=Male Children (7-18 years) - Overweight and Obese (n=139)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
08	Fish and shellfish	0.6	1.8	0.1	3.0	0.6	0.5	0.6	0.8	0.4	0.6	10.3	0.6	0.4	0.1	0.0	0.2	0.1	0.0
09	Eggs and egg products	0.5	1.3	0.0	2.2	0.9	0.8	1.0	0.4	0.0	0.1	9.6	0.8	0.4	0.1	0.0	0.1	0.0	0.0
10	Fat	5.8	0.0	0.1	0.0	17.3	12.1	16.9	30.3	15.5	29.2	7.7	21.6	31.0	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	9.3	2.3	3.9	1.3	7.4	9.1	8.1	4.1	4.1	1.0	0.4	6.7	3.7	12.6	21.9	3.4	3.9	0.0
12	Cakes	9.2	4.2	9.3	1.0	10.1	12.3	9.4	7.0	17.5	6.4	5.7	8.4	6.6	10.3	10.1	11.2	7.8	14.9
13	Non-alcoholic beverages	8.6	0.7	1.6	0.1	0.1	0.1	0.0	0.1	0.0	0.3	0.0	0.1	0.1	16.1	30.7	0.4	1.3	0.0
14	Alcoholic beverages	0.4	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	0.4	0.3	75.5
15	Condiments and sauces	3.2	0.9	2.1	0.2	6.5	3.2	7.2	12.0	1.0	14.0	7.9	8.9	12.3	1.6	2.5	0.8	1.5	0.0
16	Soups, bouillon	0.9	1.3	1.4	1.2	1.1	0.9	0.9	1.5	2.3	0.9	3.9	1.1	1.6	0.7	0.4	1.0	2.0	0.0
17	Miscellaneous	1.8	2.2	2.3	1.9	2.4	2.8	2.3	1.8	3.4	1.6	0.9	2.1	1.4	1.2	0.3	2.2	1.8	0.0
20	Dietary supplements	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	6.2	0.0	1.5	0.0	0.0	0.0	0.0	0.0

Group=Female Children (7-18 years) - Normal and Underweight (n=687)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01	Potatoes and other tubers	4.6	3.0	7.4	0.1	1.9	2.3	1.6	2.0	1.0	4.4	0.1	1.7	1.6	6.8	0.2	13.9	10.9	0.0
02	Vegetables	1.1	1.9	4.7	0.0	0.5	0.3	0.2	1.1	0.3	4.4	0.4	0.5	0.8	1.1	1.4	0.9	9.9	0.0
03	Legumes	0.1	0.2	0.6	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.1	0.0	0.2	0.8	0.0
04	Fruits, nuts and olives	4.5	2.4	5.6	0.0	3.8	2.0	4.1	6.6	0.0	4.6	0.9	5.0	7.4	5.1	8.1	2.0	10.2	0.0
05	Dairy products	13.9	24.2	0.7	41.0	16.0	26.2	11.0	3.3	29.6	8.9	0.8	8.3	2.0	10.4	18.2	1.9	4.5	1.3
06	Cereals and cereal products	23.1	24.1	58.5	0.5	11.1	7.0	12.6	15.8	6.8	12.5	4.4	13.6	17.3	30.7	4.5	59.1	43.0	0.0
07	Meat and meat products	10.1	27.5	0.3	45.7	17.8	17.7	21.4	10.8	15.0	7.5	36.7	17.8	9.7	0.8	0.4	1.3	2.1	0.0
08	Fish and shellfish	0.5	1.8	0.1	2.9	0.5	0.3	0.5	0.8	0.3	0.5	11.9	0.6	0.4	0.1	0.0	0.2	0.1	1.4
09	Eggs and egg products	0.5	1.4	0.0	2.3	0.9	0.8	1.0	0.4	0.0	0.0	10.3	0.8	0.4	0.1	0.0	0.1	0.0	0.0
10	Fat	5.7	0.1	0.1	0.0	17.1	12.6	16.3	29.7	16.5	29.2	7.8	21.0	31.2	0.0	0.0	0.1	0.0	0.0
11	Sugar and confectionery	11.1	3.1	5.0	1.9	9.5	11.6	10.3	5.2	4.7	2.0	0.8	8.5	4.5	14.3	23.9	3.7	5.3	0.9
12	Cakes	10.2	5.5	10.3	2.0	10.9	12.8	10.3	8.3	18.8	7.4	9.7	9.5	8.0	11.2	10.8	12.4	8.0	12.8
13	Non-alcoholic beverages	8.7	0.8	1.8	0.1	0.1	0.1	0.1	0.2	0.1	0.4	0.0	0.1	0.1	15.9	29.3	0.4	1.6	0.0
14	Alcoholic beverages	0.4	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.3	0.4	0.1	0.1	83.5
15	Condiments and sauces	3.0	0.8	1.5	0.3	6.6	2.8	7.5	12.8	0.7	16.0	9.0	9.4	13.4	1.3	2.0	0.7	1.1	0.0
16	Soups, bouillon	0.5	0.9	0.8	0.9	0.6	0.6	0.5	0.7	2.4	0.4	3.2	0.6	0.7	0.4	0.3	0.6	1.1	0.0

Group=Female Children (7-18 years) - Normal and Underweight (n=687)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
17	Miscellaneous	1.9	2.2	2.5	2.1	2.6	2.8	2.4	2.3	3.9	1.5	1.1	2.4	1.7	1.4	0.4	2.3	1.4	0.0
20	Dietary supplements	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.9	0.0	0.8	0.0	0.0	0.0	0.0	0.0

Group=Female Children (7-18 years) - Overweight and Obese (n=169)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01	Potatoes and other tubers	5.2	3.2	8.6	0.1	2.1	2.6	1.6	2.5	1.8	5.5	0.4	1.9	2.2	7.9	0.3	15.3	11.3	0.0
02	Vegetables	1.3	1.9	5.4	0.0	0.5	0.3	0.2	1.3	0.2	4.5	0.3	0.5	0.9	1.5	2.1	1.0	11.6	0.0
03	Legumes	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.1	0.1	0.2	0.9	0.0
04	Fruits, nuts and olives	3.8	1.5	4.0	0.0	2.2	1.0	2.4	4.3	0.0	3.5	0.7	3.1	4.7	5.0	8.4	1.8	9.5	0.0
05	Dairy products	13.7	23.7	0.6	38.9	16.2	26.9	10.9	3.4	30.7	9.7	0.5	8.4	2.1	9.7	17.2	1.8	4.8	3.3
06	Cereals and cereal products	24.3	24.6	60.2	0.8	11.6	7.1	13.4	16.1	7.3	12.9	3.1	14.3	17.5	32.8	5.2	60.1	43.2	0.0
07	Meat and meat products	11.6	29.0	0.5	47.8	21.2	21.4	25.4	13.3	17.2	8.6	39.1	21.3	12.7	1.0	0.5	1.4	1.9	0.0
08	Fish and shellfish	0.5	2.0	0.1	3.3	0.5	0.3	0.5	1.0	0.2	0.5	13.8	0.7	0.5	0.1	0.0	0.1	0.0	0.0
09	Eggs and egg products	0.6	1.4	0.0	2.4	1.0	0.9	1.2	0.4	0.0	0.1	10.6	0.9	0.4	0.1	0.0	0.1	0.0	0.0
10	Fat	5.4	0.0	0.1	0.0	16.6	11.6	15.9	29.7	16.9	29.3	5.7	20.8	31.3	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	10.0	2.3	3.6	1.5	8.4	10.1	9.3	4.8	4.2	1.3	0.6	7.8	4.1	13.3	23.9	2.7	4.1	0.0
12	Cakes	8.6	4.3	8.4	1.6	9.1	10.7	8.5	6.9	15.4	6.2	6.9	7.9	6.7	9.8	9.9	10.5	6.5	14.6
13	Non-alcoholic beverages	7.6	0.8	1.9	0.1	0.1	0.1	0.1	0.1	0.1	0.4	0.0	0.1	0.1	14.1	27.4	0.4	1.6	0.0
14	Alcoholic beverages	1.4	0.2	0.5	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.1	1.2	0.7	0.6	82.2
15	Condiments and sauces	2.9	0.7	1.7	0.2	6.7	2.8	7.8	12.9	1.0	15.0	7.2	9.6	13.3	1.3	2.4	0.6	0.9	0.0
16	Soups, bouillon	0.8	1.4	1.0	1.8	1.0	1.0	0.9	1.0	2.7	0.7	5.8	0.9	1.1	0.5	0.3	0.8	1.2	0.0
17	Miscellaneous	2.1	2.6	3.0	1.7	2.7	2.9	1.9	2.0	2.2	1.4	1.6	2.0	2.3	1.7	1.1	2.5	1.8	0.0
20	Dietary supplements	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.5	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Group=Male Adults (19-69 years) - Normal and Underweight (n=491)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsaturated fatty acids	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01	Potatoes and other tubers	4.8	2.8	7.3	0.1	1.7	2.1	1.4	1.8	1.7	4.2	0.0	1.5	1.4	8.3	0.4	14.6	10.4	0.0
02	Vegetables	1.6	2.3	6.1	0.0	0.6	0.5	0.2	1.4	0.4	5.0	0.2	0.6	1.0	1.8	2.8	1.2	13.0	0.0
03	Legumes	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.2	0.1	0.2	0.8	0.0
04	Fruits, nuts and olives	4.7	2.8	6.6	0.0	5.1	2.6	6.2	7.7	0.0	4.4	0.7	6.7	8.4	5.2	9.5	2.2	9.1	0.0
05	Dairy products	13.5	21.8	0.3	36.5	18.0	30.9	12.2	3.5	33.8	9.4	0.6	9.0	2.1	9.0	18.1	1.9	2.9	0.0
06	Cereals and cereal products	22.9	23.0	57.1	0.5	9.5	5.7	10.1	14.5	4.8	11.9	4.4	11.6	15.7	35.6	5.8	59.4	43.7	0.0
07	Meat and meat products	11.6	30.1	0.4	48.9	18.9	19.8	22.9	10.6	16.7	7.0	34.4	18.4	9.8	0.9	0.7	1.2	2.1	0.0
08	Fish and shellfish	1.0	3.3	0.2	5.2	1.1	0.7	1.1	1.5	0.4	0.8	23.6	1.3	0.6	0.2	0.0	0.4	0.1	0.1
09	Eggs and egg products	0.7	1.7	0.0	2.9	1.2	1.1	1.4	0.5	0.0	0.1	11.3	1.1	0.5	0.1	0.0	0.2	0.0	0.0
10	Fat	7.1	0.1	0.1	0.0	20.8	14.8	20.8	34.0	19.2	33.0	6.7	25.9	35.5	0.1	0.0	0.1	0.0	0.0
11	Sugar and confectionery	7.0	1.4	2.4	0.8	4.5	5.9	4.9	2.1	2.5	0.7	0.2	3.9	1.8	11.3	23.3	1.8	3.1	0.1
12	Cakes	6.1	2.8	5.4	1.1	6.6	8.1	6.1	4.5	13.2	3.9	5.8	5.5	4.5	7.8	9.6	7.1	4.2	1.6
13	Non-alcoholic beverages	6.0	2.0	4.7	0.3	0.6	1.1	0.2	0.2	0.5	0.3	0.0	0.2	0.1	11.5	23.1	0.7	1.7	0.3
14	Alcoholic beverages	6.5	1.2	3.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.7	2.0	4.7	3.7	97.8
15	Condiments and sauces	3.7	1.0	2.0	0.3	8.2	3.5	9.3	15.2	1.0	17.2	5.8	11.4	15.9	1.8	3.3	0.8	1.5	0.0
16	Soups, bouillon	1.0	1.4	1.6	1.3	1.0	1.0	1.0	0.9	3.7	0.7	2.1	0.9	0.9	1.0	0.7	1.2	2.2	0.0
17	Miscellaneous	1.7	2.1	2.2	2.0	2.2	2.2	2.1	1.8	2.1	1.0	0.7	2.0	1.5	1.5	0.7	2.3	1.4	0.0
20	Dietary supplements	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	3.4	0.0	0.3	0.0	0.0	0.0	0.0	0.0

Group=Male Adults (19-69 years) - Overweight and Obese (n=564)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsaturated fatty acids	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01	Potatoes and other tubers	4.9	2.7	7.6	0.1	1.7	2.1	1.4	1.9	1.7	4.3	0.1	1.6	1.4	9.0	0.4	15.6	10.5	0.0
02	Vegetables	1.7	2.4	7.1	0.0	0.6	0.4	0.3	1.4	0.2	5.2	0.5	0.7	1.0	2.0	3.1	1.4	13.8	0.0
03	Legumes	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.2	0.1	0.3	0.7	0.0
04	Fruits, nuts and olives	4.9	2.6	6.5	0.0	4.8	2.5	5.9	7.0	0.0	4.1	0.8	6.3	7.7	6.0	10.9	2.4	9.9	0.0
05	Dairy products	14.0	22.5	0.4	36.0	17.8	30.3	12.1	3.6	32.5	9.8	1.0	9.0	2.1	9.9	21.0	1.9	3.3	0.4
06	Cereals and cereal products	22.5	21.0	56.0	0.5	9.1	5.6	9.6	14.1	4.8	11.7	3.9	11.1	15.4	36.4	7.0	58.3	42.7	0.0
07	Meat and meat products	13.1	32.2	0.4	49.9	21.1	21.5	25.8	12.3	17.4	7.7	38.5	20.9	11.7	0.9	0.7	1.2	1.9	0.0
08	Fish and shellfish	1.2	3.9	0.2	5.9	1.5	1.0	1.7	2.0	0.7	1.2	23.9	1.8	0.9	0.2	0.0	0.4	0.1	0.0
09	Eggs and egg products	0.7	1.7	0.0	2.7	1.2	1.1	1.5	0.5	0.0	0.1	10.4	1.1	0.6	0.1	0.0	0.2	0.0	0.0

Group=Male Adults (19-69 years) - Overweight and Obese (n=564)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsaturated fatty acids	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
10	Fat	7.1	0.1	0.2	0.0	20.4	14.9	20.1	33.9	18.6	33.7	4.7	25.3	35.7	0.1	0.1	0.1	0.0	0.0
11	Sugar and confectionery	5.9	1.3	2.1	0.8	4.2	5.6	4.5	1.8	2.6	0.7	0.0	3.5	1.4	9.4	19.6	1.6	2.6	0.4
12	Cakes	6.4	2.7	5.8	1.0	6.6	7.9	6.0	4.6	15.4	4.2	4.4	5.4	4.5	8.5	10.5	7.5	4.4	1.5
13	Non-alcoholic beverages	5.1	2.2	5.3	0.5	0.6	1.1	0.3	0.2	0.6	0.4	0.0	0.2	0.2	10.0	20.6	0.7	2.2	0.5
14	Alcoholic beverages	6.8	1.1	3.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.7	1.9	4.7	3.6	97.3
15	Condiments and sauces	3.6	0.8	1.8	0.2	7.8	3.4	8.6	14.6	1.0	15.2	4.0	10.8	15.4	1.6	3.1	0.8	1.2	0.0
16	Soups, bouillon	1.0	1.5	1.7	1.3	1.0	1.0	1.0	0.9	2.6	0.7	2.8	0.9	0.9	0.9	0.6	1.1	2.2	0.0
17	Miscellaneous	1.2	1.3	1.5	1.1	1.4	1.7	1.3	1.1	1.9	0.7	0.9	1.2	0.7	1.2	0.4	1.8	1.0	0.0
20	Dietary supplements	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	4.1	0.0	0.3	0.0	0.0	0.0	0.0	0.0

Group=Female Adults (19-69 years) - Normal and Underweight (n=519)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsaturated fatty acids	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01	Potatoes and other tubers	4.0	2.3	6.1	0.1	1.2	1.3	0.9	1.5	0.9	4.1	0.1	1.1	1.2	7.1	0.3	13.3	8.0	0.0
02	Vegetables	2.1	2.9	7.8	0.0	0.9	0.6	0.5	2.1	0.3	6.8	0.1	1.0	1.6	2.4	3.6	1.5	15.3	0.0
03	Legumes	0.2	0.4	0.8	0.0	0.0	0.0	0.0	0.1	0.0	0.5	0.0	0.1	0.1	0.3	0.1	0.4	1.2	0.0
04	Fruits, nuts and olives	6.4	2.9	7.1	0.0	4.8	2.4	5.6	7.4	0.0	5.8	0.9	6.3	8.2	8.3	14.4	3.0	13.1	0.0
05	Dairy products	14.4	23.8	0.4	40.0	19.2	31.8	13.3	4.0	35.9	10.3	1.0	9.9	2.5	9.2	17.6	1.7	3.2	0.4
06	Cereals and cereal products	23.9	22.7	56.3	0.5	11.2	7.2	11.8	17.9	5.4	14.2	7.0	13.8	19.6	34.9	6.2	61.4	42.0	0.0
07	Meat and meat products	10.0	26.9	0.3	43.3	16.1	16.1	20.0	9.4	12.6	6.1	29.5	16.2	9.0	0.6	0.4	0.9	1.3	0.0
08	Fish and shellfish	1.4	4.6	0.2	7.3	1.7	1.1	1.9	2.5	0.5	1.3	25.2	2.1	1.0	0.2	0.0	0.4	0.1	0.0
09	Eggs and egg products	0.7	1.8	0.0	3.0	1.3	1.1	1.6	0.6	0.0	0.1	9.8	1.2	0.6	0.1	0.0	0.2	0.0	0.0
10	Fat	6.4	0.1	0.1	0.0	18.9	13.7	19.9	29.6	16.2	28.3	5.4	23.6	31.3	0.1	0.0	0.1	0.0	0.0
11	Sugar and confectionery	7.2	1.8	2.9	1.0	5.2	6.9	5.6	2.4	2.8	0.9	0.3	4.5	2.1	10.7	19.8	2.0	3.5	0.9
12	Cakes	8.4	3.6	7.2	1.3	8.8	10.6	8.0	6.1	18.9	5.4	4.3	7.3	6.2	10.6	11.9	10.1	5.6	3.4
13	Non-alcoholic beverages	5.7	2.2	4.8	0.6	0.9	1.5	0.5	0.3	0.9	0.6	0.0	0.4	0.3	10.4	19.4	0.8	2.4	0.0
14	Alcoholic beverages	3.7	0.2	0.5	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	1.7	2.9	0.6	0.4	95.3
15	Condiments and sauces	3.0	0.7	1.6	0.2	6.7	3.0	7.7	12.9	0.9	13.5	4.3	9.6	13.7	1.3	2.1	0.7	1.1	0.0
16	Soups, bouillon	0.8	1.1	1.3	1.0	0.8	0.9	0.8	0.7	2.9	0.5	1.7	0.7	0.7	0.7	0.6	0.9	1.5	0.0
17	Miscellaneous	1.6	2.0	2.5	1.5	2.0	1.8	1.9	2.6	1.7	1.5	0.8	2.2	2.0	1.3	0.7	2.0	1.3	0.0
20	Dietary supplements	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	9.5	0.0	0.1	0.0	0.0	0.0	0.0	0.0

Group=Female Adults (19-69 years)- Overweight and Obese (n=531)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01	Potatoes and other tubers	4.1	2.2	6.2	0.0	1.4	1.5	1.1	1.7	1.0	4.0	0.1	1.3	1.3	7.4	0.3	13.3	8.5	0.0
02	Vegetables	2.0	2.8	8.0	0.0	0.8	0.5	0.3	2.0	0.3	6.9	0.2	0.9	1.3	2.5	3.7	1.7	15.3	0.0
03	Legumes	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.0	0.0	0.1	0.1	0.1	0.2	0.6	0.0
04	Fruits, nuts and olives	5.5	2.5	6.4	0.0	4.1	2.0	5.1	6.3	0.0	4.6	0.9	5.6	6.9	7.5	13.7	2.6	11.6	0.0
05	Dairy products	15.4	24.4	0.4	39.3	19.8	32.4	13.8	4.5	35.4	10.7	0.7	10.4	2.8	10.1	20.3	1.9	3.8	0.5
06	Cereals and cereal products	23.6	21.6	57.0	0.5	9.7	5.8	10.2	16.1	4.6	13.2	4.9	12.2	17.5	36.8	6.3	61.9	41.9	0.0
07	Meat and meat products	11.3	27.9	0.2	43.7	17.9	17.8	22.6	10.5	13.6	6.6	29.9	18.2	10.0	0.7	0.5	0.9	1.5	0.0
08	Fish and shellfish	1.4	4.3	0.1	6.7	1.7	1.1	2.0	2.1	0.4	1.0	22.2	2.0	0.6	0.2	0.0	0.3	0.1	0.0
09	Eggs and egg products	1.0	2.2	0.0	3.6	1.7	1.5	2.1	0.8	0.0	0.1	13.3	1.6	0.8	0.1	0.0	0.3	0.0	0.0
10	Fat	6.5	0.1	0.1	0.0	19.0	14.0	19.3	31.3	17.5	29.7	4.7	23.8	32.8	0.1	0.1	0.1	0.0	0.0
11	Sugar and confectionery	5.7	1.4	2.2	1.0	4.5	6.2	4.6	1.9	2.9	0.9	0.3	3.6	1.6	8.5	16.3	1.7	3.0	1.3
12	Cakes	8.0	3.3	6.7	1.2	8.2	9.8	7.5	5.9	16.5	5.0	5.3	6.8	5.9	10.3	12.3	9.1	5.2	3.1
13	Non-alcoholic beverages	5.3	2.6	5.9	0.7	0.8	1.1	0.4	0.3	1.1	0.5	0.0	0.4	0.2	9.5	18.9	0.9	3.0	0.0
14	Alcoholic beverages	3.8	0.3	0.7	0.1	0.2	0.2	0.1	0.0	0.4	0.0	0.1	0.1	0.0	1.9	2.9	1.0	0.6	95.1
15	Condiments and sauces	3.3	0.7	1.4	0.3	7.0	3.0	8.1	13.6	0.9	14.5	4.7	10.1	14.2	1.7	2.8	0.9	1.0	0.0
16	Soups, bouillon	1.2	1.6	1.8	1.5	1.3	1.3	1.1	1.2	3.8	0.8	4.0	1.1	1.3	1.1	0.8	1.4	2.1	0.0
17	Miscellaneous	1.7	2.1	2.5	1.3	1.9	1.9	1.7	1.8	1.6	1.1	1.0	1.7	1.5	1.6	1.0	2.1	1.6	0.0
20	Dietary supplements	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	7.9	0.0	1.2	0.0	0.0	0.0	0.1	0.0

Table 2.1 Average contribution of food subgroups to the intake of macronutrients of the Dutch population aged 7 to 69 years (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week

Total Population (n=3,819)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01-01	Potatoes	4.5	2.6	7.0	0.1	1.6	1.9	1.3	1.8	1.3	4.3	0.1	1.4	1.4	7.8	0.3	14.2	9.7	0.0
01-02	Other tubers	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02	Vegetables	1.7	2.5	6.8	0.0	0.7	0.5	0.3	1.6	0.3	5.7	0.3	0.7	1.2	2.0	3.0	1.3	13.6	0.0
02-01	Leafy vegetables (except cabbages)	0.3	0.4	1.3	0.0	0.2	0.2	0.1	0.4	0.3	1.9	0.0	0.2	0.2	0.2	0.2	0.2	1.9	0.0
02-02	Fruiting vegetables	0.5	0.6	1.7	0.0	0.2	0.1	0.1	0.5	0.0	1.0	0.0	0.3	0.5	0.6	1.1	0.3	3.8	0.0
02-03	Root vegetables	0.2	0.1	0.3	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.2	0.5	0.1	1.3	0.0
02-04	Cabbages	0.3	0.6	1.6	0.0	0.1	0.1	0.0	0.3	0.0	1.9	0.0	0.1	0.1	0.3	0.4	0.2	2.8	0.0
02-05	Mushrooms	0.0	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.0
02-06	Grain and pod vegetables	0.1	0.1	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.2	0.5	0.0
02-07	Onion, garlic	0.2	0.1	0.4	0.0	0.1	0.0	0.0	0.1	0.0	0.3	0.2	0.1	0.1	0.3	0.4	0.2	1.3	0.0
02-08	Stalk vegetables, sprouts	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0
02-09	Mixed salad, mixed vegetables	0.2	0.3	0.8	0.0	0.1	0.0	0.0	0.1	0.0	0.5	0.0	0.1	0.1	0.2	0.3	0.2	1.6	0.0
03	Legumes	0.1	0.2	0.6	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.1	0.2	0.1	0.3	0.8	0.0
03-01	Legumes	0.1	0.2	0.6	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.1	0.2	0.1	0.3	0.8	0.0
04	Fruits, nuts and olives	5.2	2.7	6.4	0.0	4.6	2.3	5.5	7.0	0.0	4.7	0.8	6.1	7.7	6.4	11.3	2.4	10.6	0.0
04-01	Fruits	3.1	0.8	2.1	0.0	0.4	0.2	0.1	0.9	0.0	2.2	0.0	0.4	0.8	5.7	10.7	1.7	8.4	0.0
04-02	Nuts and seeds (+nut spread)	2.0	1.8	4.3	0.0	4.1	2.0	5.1	6.0	0.0	2.4	0.7	5.5	6.8	0.6	0.4	0.7	2.0	0.0
04-03	Mixed fruits	0.1	0.0	0.1	0.0	0.1	0.0	0.1	0.1	0.0	0.1	0.1	0.1	0.1	0.1	0.2	0.0	0.1	0.0
04-04	Olives	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0
05	Dairy products	14.3	23.3	0.4	38.4	18.2	30.4	12.4	3.8	33.5	9.9	0.8	9.3	2.3	9.8	19.2	1.9	3.5	0.5
05-01	Milk	3.4	6.6	0.0	10.7	2.8	4.7	1.8	0.4	5.3	0.8	0.0	1.3	0.3	3.1	7.0	0.0	0.0	0.0
05-02	Milk beverages	0.8	1.0	0.2	1.6	0.5	0.8	0.4	0.1	0.6	0.1	0.3	0.3	0.1	1.1	2.0	0.1	1.3	0.0
05-03	Yoghurt	2.4	4.2	0.0	6.8	1.0	1.6	0.7	0.2	1.9	0.3	0.0	0.5	0.1	2.9	5.7	0.5	1.8	0.0
05-04	Fromage blanc, petits suisses	0.2	0.4	0.0	0.7	0.2	0.3	0.2	0.0	0.4	0.1	0.0	0.1	0.0	0.3	0.5	0.0	0.0	0.0
05-05	Cheese (including fresh cheeses)	5.2	9.3	0.0	15.7	11.2	18.8	7.7	2.4	20.4	7.6	0.0	5.8	1.4	0.1	0.1	0.0	0.0	0.0
05-06	Cream desserts, puddings (milk based)	1.4	1.1	0.1	1.8	1.2	2.0	0.9	0.3	1.7	0.6	0.5	0.7	0.2	1.9	3.1	1.0	0.3	0.5
05-07	Dairy and non-dairy creams	0.3	0.1	0.0	0.1	0.8	1.2	0.6	0.2	2.4	0.2	0.0	0.4	0.1	0.1	0.2	0.0	0.0	0.0
05-07-01	Dairy creams	0.3	0.1	0.0	0.1	0.8	1.2	0.6	0.1	2.4	0.2	0.0	0.4	0.1	0.1	0.2	0.0	0.0	0.0
05-07-02	Non-dairy creams	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
05-08	Milk for coffee and creamers	0.4	0.5	0.0	0.8	0.6	1.1	0.2	0.2	0.9	0.1	0.0	0.2	0.2	0.4	0.7	0.2	0.0	0.0
06	Cereals and cereal products	23.2	22.4	57.0	0.5	10.1	6.2	10.8	15.6	5.2	12.6	4.8	12.4	17.0	35.1	6.0	60.1	42.8	0.0
06-01	Flour, flakes, starches, semolina	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.1	0.0
06-02	Pasta, rice, other grain	2.8	2.4	5.7	0.3	0.4	0.2	0.2	0.9	0.1	0.5	0.0	0.4	1.0	5.0	0.2	8.8	2.9	0.0
06-03	Bread, crisp bread, rusks	16.0	17.6	45.4	0.1	5.2	2.9	4.3	10.8	2.8	11.1	2.2	6.5	11.5	24.8	4.4	42.4	34.8	0.0
06-03-01	Bread	15.2	17.0	43.5	0.1	4.8	2.5	4.0	10.3	2.0	10.8	2.2	6.2	11.0	23.5	4.1	40.2	33.2	0.0
06-03-02	Crispbread, rusks	0.8	0.7	1.9	0.0	0.4	0.3	0.3	0.5	0.8	0.3	0.0	0.4	0.5	1.3	0.3	2.3	1.6	0.0
06-04	Breakfast cereals	1.2	0.7	1.9	0.0	0.7	0.6	0.7	0.8	0.0	0.3	2.4	0.7	0.9	1.7	1.0	2.5	2.2	0.0
06-05	Salty biscuits, aperitif biscuits, crackers	2.4	1.0	2.4	0.1	3.2	2.1	4.6	2.8	1.7	0.5	0.1	3.9	3.1	2.5	0.3	4.3	2.0	0.0
06-06	Dough and pastry (puff, shortcrust, pizza)	0.8	0.6	1.5	0.0	0.6	0.3	1.0	0.4	0.6	0.3	0.0	0.8	0.5	1.0	0.1	1.8	0.8	0.0
07	Meat and meat products	11.4	29.1	0.3	46.5	18.6	18.9	22.9	10.8	15.3	7.0	34.0	18.6	10.2	0.8	0.6	1.1	1.8	0.0
07-01	Fresh meat	4.2	12.3	0.0	19.2	6.3	6.8	7.8	2.4	7.0	1.5	5.7	5.9	2.4	0.1	0.1	0.0	0.4	0.0
07-01-00	Unclassified	1.0	2.4	0.0	3.9	1.9	2.0	2.4	0.8	1.7	0.6	0.6	1.8	0.9	0.0	0.0	0.0	0.1	0.0
07-01-01	Beef	1.6	4.8	0.0	7.6	2.3	2.6	2.9	0.4	4.2	0.6	1.8	2.1	0.4	0.0	0.0	0.0	0.1	0.0
07-01-02	Veal	0.0	0.1	0.0	0.2	0.1	0.1	0.1	0.0	0.1	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0
07-01-03	Pork	1.4	4.6	0.0	7.0	1.8	1.8	2.2	1.0	0.3	0.2	3.1	1.7	1.1	0.0	0.0	0.0	0.1	0.0
07-01-04	Mutton/Lamb	0.1	0.3	0.0	0.5	0.2	0.3	0.2	0.1	0.7	0.1	0.2	0.2	0.0	0.0	0.0	0.0	0.0	0.0
07-01-05	Horse	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-06	Goat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02	Poultry	1.3	5.3	0.0	8.5	1.3	1.1	1.2	1.6	1.3	0.9	12.7	1.3	1.5	0.0	0.0	0.0	0.0	0.0
07-02-00	Unclassified and other poultry	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-01	Chicken, hen	1.3	5.1	0.0	8.1	1.2	1.0	1.1	1.4	1.2	0.9	12.6	1.2	1.3	0.0	0.0	0.0	0.0	0.0
07-02-02	Turkey, young turkey	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-03	Duck	0.0	0.1	0.0	0.1	0.1	0.1	0.1	0.1	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0
07-02-05	Rabbit (domestic)	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-03	Game	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-04	Processed meat	5.8	11.4	0.3	18.6	11.0	11.0	13.8	6.9	7.0	4.6	15.5	11.3	6.3	0.7	0.5	1.0	1.4	0.0
07-05	Offals	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08	Fish and shellfish	1.1	3.6	0.2	5.7	1.4	0.9	1.5	1.8	0.5	1.0	21.8	1.6	0.7	0.2	0.0	0.3	0.1	0.0
08-01	Fish	0.8	2.6	0.0	4.2	1.1	0.7	1.3	1.5	0.2	0.8	15.7	1.4	0.6	0.1	0.0	0.1	0.0	0.0
08-02	Crustaceans, molluscs	0.1	0.4	0.0	0.6	0.0	0.0	0.0	0.1	0.0	0.0	2.9	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08-03	Fish products, fish in crumbs	0.2	0.7	0.1	1.0	0.2	0.1	0.2	0.3	0.2	0.2	3.1	0.2	0.1	0.1	0.0	0.2	0.1	0.0
09	Eggs and egg products	0.7	1.8	0.0	2.9	1.3	1.1	1.5	0.6	0.0	0.1	11.1	1.2	0.6	0.1	0.0	0.2	0.0	0.0

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
09-01	Egg	0.7	1.8	0.0	2.9	1.3	1.1	1.5	0.6	0.0	0.1	11.1	1.2	0.6	0.1	0.0	0.2	0.0	0.0
10	Fat	6.6	0.1	0.1	0.0	19.4	14.0	19.4	31.9	17.8	31.0	5.7	24.1	33.5	0.1	0.0	0.1	0.0	0.0
10-00	Unclassified	0.6	0.0	0.0	0.0	1.8	1.2	2.0	2.9	1.4	1.6	0.0	2.3	3.3	0.0	0.0	0.0	0.0	0.0
10-01	Vegetable oils	1.2	0.0	0.0	0.0	3.7	1.5	4.8	6.2	0.4	3.9	4.7	5.5	6.7	0.0	0.0	0.0	0.0	0.0
10-02	Butter	0.7	0.0	0.0	0.0	1.8	2.9	1.4	0.4	4.2	0.7	0.0	1.1	0.2	0.0	0.0	0.0	0.0	0.0
10-03	Margarines	3.5	0.0	0.1	0.0	10.4	7.4	9.3	19.8	10.7	23.8	1.0	13.1	20.3	0.0	0.0	0.1	0.0	0.0
10-04	Deep frying fats	0.6	0.0	0.0	0.0	1.6	0.9	1.8	2.7	1.1	1.1	0.0	2.1	3.0	0.0	0.0	0.0	0.0	0.0
10-06	Other animal fat	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	7.2	1.7	2.8	1.0	5.4	7.0	5.8	2.6	3.1	1.0	0.3	4.6	2.2	10.6	20.4	2.1	3.4	0.6
11-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-01	Sugar, honey ,jam	1.7	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.6	7.5	0.3	0.2	0.0
11-02	Chocolate, candy bars, paste, chocolate confetti	2.8	0.9	1.7	0.5	3.9	4.6	4.6	2.1	0.4	0.5	0.2	3.7	1.9	2.9	5.6	0.6	2.2	0.6
11-03	Confectionery non-chocolate	1.0	0.4	0.8	0.0	0.2	0.2	0.2	0.2	0.4	0.2	0.1	0.2	0.1	1.8	2.9	0.9	0.3	0.0
11-04	Syrup	0.6	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.3	2.6	0.0	0.3	0.0
11-05	Ice cream, water ice	1.0	0.4	0.1	0.6	1.3	2.1	1.0	0.2	2.3	0.3	0.0	0.7	0.2	1.0	1.8	0.4	0.4	0.0
11-05-01	Ice cream	0.9	0.4	0.1	0.6	1.3	2.1	1.0	0.2	2.3	0.3	0.0	0.7	0.2	0.9	1.6	0.4	0.4	0.0
11-05-02	Sorbet	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-05-03	Water ice	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.0	0.0	0.0
12	Cakes	7.6	3.4	6.8	1.3	8.0	9.6	7.3	5.7	16.4	5.0	5.7	6.7	5.6	9.5	10.9	9.0	5.3	2.6
12-01	Cakes, pies, pastries, etc	4.5	2.2	4.2	1.0	4.9	5.8	4.2	3.4	12.2	3.4	3.1	3.9	3.4	5.5	6.5	5.1	3.0	2.5
12-02	Dry cakes, biscuits	3.1	1.3	2.7	0.3	3.1	3.8	3.1	2.3	4.1	1.6	2.6	2.8	2.2	4.0	4.4	3.9	2.3	0.1
13	Non-alcoholic beverages	6.1	2.0	4.6	0.5	0.6	1.0	0.3	0.2	0.6	0.4	0.0	0.3	0.2	11.4	22.2	0.7	2.2	0.2
13-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.2
13-01	Fruit and vegetable juices	2.1	0.5	1.4	0.0	0.1	0.0	0.0	0.1	0.0	0.3	0.0	0.1	0.1	4.0	7.9	0.3	1.5	0.0
13-02	Carbonated/soft/isotonic drinks, diluted syrups	3.3	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	6.6	12.9	0.1	0.0	0.0
13-03	Coffee, tea and herbal teas	0.7	1.3	3.0	0.4	0.5	0.9	0.2	0.1	0.6	0.1	0.0	0.2	0.1	0.8	1.3	0.3	0.6	0.0
13-03-01	Coffee	0.7	1.3	3.0	0.4	0.5	0.9	0.2	0.1	0.6	0.1	0.0	0.2	0.1	0.7	1.2	0.3	0.6	0.0
13-03-02	Tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-03	Herbal tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0
13-03-04	Chicory, substitutes	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-04	Waters	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14	Alcoholic beverages	4.4	0.6	1.6	0.0	0.0	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	2.3	2.0	2.4	1.8	96.0
14-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
14-01	Wine	1.6	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.5	1.3	0.0	0.0	40.1
14-02	Fortified wines (sherry, port, vermouth)	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.3	0.0	0.0	5.8
14-03	Beer, cider	2.2	0.6	1.5	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.5	0.1	2.4	1.8	37.4
14-04	Spirits, brandy	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	8.4
14-05	Aniseed drinks (pastis,....)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1
14-06	Liqueurs	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.3	0.0	0.0	3.4
14-07	Cocktails, punches	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.7
15	Condiments and sauces	3.3	0.8	1.7	0.3	7.3	3.2	8.3	13.8	0.9	15.1	5.2	10.3	14.5	1.6	2.7	0.8	1.2	0.0
15-01	Sauces	3.2	0.7	1.5	0.2	7.2	3.0	8.2	13.7	0.9	15.1	5.1	10.2	14.4	1.5	2.6	0.7	1.0	0.0
15-01-00	Unclassified and other sauces	1.3	0.5	1.1	0.1	2.8	1.5	3.1	5.2	0.8	3.6	1.0	3.9	5.6	0.7	1.2	0.4	0.5	0.0
15-01-01	Tomato sauces	0.2	0.1	0.3	0.0	0.1	0.1	0.2	0.2	0.0	0.2	0.2	0.2	0.2	0.4	0.8	0.1	0.3	0.0
15-01-02	Dressing sauces	0.5	0.0	0.0	0.0	1.3	0.5	1.6	2.5	0.1	3.5	2.9	1.9	2.6	0.2	0.2	0.1	0.0	0.0
15-01-03	Mayonnaises and similars	1.1	0.1	0.0	0.1	2.9	1.0	3.4	5.7	0.1	7.9	1.0	4.2	6.0	0.2	0.3	0.1	0.1	0.0
15-01-04	Dessert sauces	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
15-02	Yeast	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
15-04	Condiments	0.1	0.1	0.2	0.0	0.1	0.1	0.1	0.1	0.0	0.1	0.1	0.1	0.1	0.1	0.1	0.1	0.2	0.0
16	Soups, bouillon	0.9	1.3	1.5	1.2	1.0	1.0	0.9	0.9	3.0	0.6	2.8	0.9	0.9	0.8	0.6	1.1	1.9	0.0
16-01	Soups	0.9	1.3	1.4	1.2	0.9	0.9	0.9	0.9	3.0	0.6	2.8	0.8	0.9	0.8	0.6	1.1	1.9	0.0
16-02	Bouillon	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17	Miscellaneous	1.6	1.9	2.2	1.6	2.0	2.0	1.8	1.9	2.1	1.2	1.0	1.8	1.5	1.4	0.7	2.1	1.4	0.0
17-00	Unclassified	0.1	0.1	0.1	0.1	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.1	0.1	0.0
17-01	Soya products	0.2	0.3	0.5	0.0	0.2	0.1	0.1	0.5	0.0	0.3	0.6	0.3	0.4	0.1	0.2	0.0	0.2	0.0
17-02	Dietetic products	0.2	0.2	0.2	0.1	0.1	0.1	0.1	0.1	0.0	0.1	0.0	0.1	0.1	0.2	0.2	0.2	0.2	0.0
17-02-00	Unclassified	0.2	0.2	0.2	0.1	0.1	0.1	0.1	0.1	0.0	0.1	0.0	0.1	0.1	0.2	0.2	0.2	0.2	0.0
17-02-01	Artificial sweeteners	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-03	Snacks	1.2	1.3	1.4	1.3	1.6	1.9	1.6	1.1	2.0	0.8	0.4	1.4	0.8	1.1	0.3	1.8	0.9	0.0

Table 2.2.a Average contribution of food subgroups to the intake of macronutrients of the Dutch children and adults (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week

Group=Children (7-18 years, n=1713)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01-01	Potatoes	4.8	3.1	7.8	0.1	2.0	2.4	1.7	2.1	1.2	4.7	0.1	1.8	1.7	7.1	0.2	14.3	11.3	0.0
01-02	Other tubers	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02	Vegetables	1.1	1.8	4.7	0.0	0.5	0.3	0.2	1.1	0.2	4.3	0.3	0.5	0.8	1.1	1.5	0.9	10.0	0.0
02-01	Leafy vegetables (except cabbages)	0.1	0.3	0.7	0.0	0.1	0.1	0.1	0.2	0.2	1.3	0.0	0.1	0.1	0.1	0.1	0.1	1.2	0.0
02-02	Fruiting vegetables	0.4	0.5	1.3	0.0	0.1	0.1	0.0	0.3	0.0	0.9	0.0	0.1	0.3	0.4	0.6	0.2	3.0	0.0
02-03	Root vegetables	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.2	0.3	0.0	1.2	0.0
02-04	Cabbages	0.2	0.5	1.2	0.0	0.1	0.0	0.0	0.2	0.0	1.5	0.0	0.1	0.1	0.1	0.2	0.1	2.1	0.0
02-05	Mushrooms	0.0	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0
02-06	Grain and pod vegetables	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.5	0.0
02-07	Onion, garlic	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.3	0.0	0.1	0.1	0.2	0.1	0.9	0.0
02-08	Stalk vegetables, sprouts	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02-09	Mixed salad, mixed vegetables	0.1	0.2	0.4	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.1	0.1	0.1	0.9	0.0
03	Legumes	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.1	0.0	0.2	0.7	0.0
03-01	Legumes	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.1	0.0	0.2	0.7	0.0
04	Fruits, nuts and olives	4.3	2.5	5.6	0.0	4.0	2.1	4.4	6.9	0.0	4.4	0.5	5.3	7.6	4.7	7.3	1.9	9.3	0.0
04-01	Fruits	2.5	0.6	1.6	0.0	0.2	0.1	0.1	0.5	0.0	1.5	0.0	0.2	0.5	4.1	6.8	1.3	7.4	0.0
04-02	Nuts and seeds (+nut spread)	1.8	1.8	3.9	0.0	3.8	2.0	4.3	6.3	0.0	2.8	0.5	5.0	7.0	0.4	0.3	0.6	1.8	0.0
04-03	Mixed fruits	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.1	0.1	0.0	0.2	0.0
04-04	Olives	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05	Dairy products	13.8	23.8	0.6	40.4	15.7	25.9	10.6	3.2	29.7	9.0	0.8	8.0	1.9	10.4	18.5	2.0	4.2	4.8
05-01	Milk	3.8	8.2	0.0	13.9	3.4	5.8	2.2	0.5	6.7	1.0	0.0	1.6	0.3	3.1	6.2	0.0	0.0	0.0
05-02	Milk beverages	1.4	1.9	0.4	2.9	0.8	1.4	0.6	0.2	1.0	0.2	0.3	0.5	0.1	1.7	3.0	0.2	2.2	0.0
05-03	Yoghurt	2.8	4.7	0.0	7.9	0.8	1.3	0.6	0.1	1.7	0.3	0.0	0.4	0.1	3.4	5.9	0.6	1.6	0.0
05-04	Fromage blanc, petits suisses	0.2	0.3	0.0	0.5	0.2	0.3	0.1	0.0	0.4	0.1	0.0	0.1	0.0	0.2	0.3	0.0	0.0	0.0
05-05	Cheese (including fresh cheeses)	3.7	7.2	0.0	12.7	8.3	13.8	5.6	1.9	15.7	6.3	0.0	4.3	1.1	0.0	0.1	0.0	0.0	0.0
05-06	Cream desserts, puddings (milk based)	1.6	1.4	0.1	2.3	1.4	2.3	1.0	0.3	1.8	0.8	0.6	0.7	0.2	1.9	2.8	1.1	0.4	4.8
05-07	Dairy and non-dairy creams	0.3	0.1	0.0	0.1	0.7	1.0	0.5	0.1	2.2	0.2	0.0	0.4	0.1	0.1	0.1	0.0	0.0	0.0
05-07-01	Dairy creams	0.3	0.1	0.0	0.1	0.7	1.0	0.5	0.1	2.2	0.2	0.0	0.3	0.1	0.1	0.1	0.0	0.0	0.0
05-07-02	Non-dairy creams	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Group=Children (7-18 years, n=1713)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
05-08	Milk for coffee and creamers	0.0	0.1	0.0	0.1	0.1	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
06	Cereals and cereal products	23.4	24.4	59.0	0.6	11.1	6.9	12.8	15.6	6.5	12.2	3.7	13.7	16.9	31.3	4.5	59.4	44.0	0.0
06-01	Flour, flakes, starches, semolina	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0
06-02	Pasta, rice, other grain	2.4	2.3	5.1	0.3	0.4	0.2	0.1	0.8	0.3	0.5	0.0	0.4	0.9	3.7	0.1	7.1	2.7	0.0
06-03	Bread, crisp bread, rusks	15.4	18.9	46.2	0.1	4.6	2.7	3.8	9.3	3.6	10.5	1.9	5.6	9.8	21.5	3.1	41.2	34.8	0.0
06-03-01	Bread	14.8	18.3	44.7	0.1	4.3	2.3	3.5	8.9	2.6	10.3	1.9	5.3	9.4	20.6	2.9	39.5	33.6	0.0
06-03-02	Crispbread, rusks	0.7	0.6	1.5	0.0	0.4	0.4	0.3	0.4	1.0	0.2	0.0	0.3	0.4	0.9	0.2	1.7	1.2	0.0
06-04	Breakfast cereals	1.1	0.7	1.9	0.0	0.5	0.5	0.5	0.6	0.0	0.2	1.7	0.5	0.6	1.6	0.9	2.4	2.0	0.0
06-05	Salty biscuits, aperitif biscuits, crackers	3.6	1.7	3.8	0.2	4.9	3.2	7.1	4.4	2.1	0.7	0.1	6.2	5.0	3.3	0.3	6.3	3.4	0.0
06-06	Dough and pastry (puff, shortcrust, pizza)	0.9	0.8	1.9	0.0	0.7	0.3	1.2	0.5	0.5	0.3	0.0	1.0	0.6	1.1	0.1	2.2	1.1	0.0
07	Meat and meat products	10.6	28.0	0.4	46.4	18.8	19.0	22.5	11.2	16.1	7.6	37.6	18.6	10.1	0.8	0.5	1.3	2.2	0.0
07-01	Fresh meat	3.2	10.0	0.0	16.4	5.2	5.6	6.4	2.1	5.9	1.5	5.7	4.9	2.1	0.1	0.1	0.0	0.4	0.0
07-01-00	Unclassified	0.9	2.4	0.0	4.0	1.8	1.9	2.2	0.8	1.7	0.6	0.6	1.7	0.8	0.0	0.0	0.0	0.1	0.0
07-01-01	Beef	1.1	3.4	0.0	5.7	1.8	2.0	2.3	0.3	3.4	0.5	1.6	1.6	0.3	0.0	0.0	0.0	0.1	0.0
07-01-02	Veal	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-03	Pork	1.1	3.9	0.0	6.1	1.5	1.5	1.7	0.9	0.3	0.3	3.3	1.4	1.0	0.0	0.0	0.0	0.1	0.0
07-01-04	Mutton/Lamb	0.1	0.2	0.0	0.4	0.2	0.2	0.1	0.0	0.4	0.1	0.2	0.1	0.0	0.0	0.0	0.0	0.0	0.0
07-01-05	Horse	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-06	Goat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02	Poultry	1.0	4.5	0.0	7.3	1.1	0.8	0.9	1.3	1.1	0.9	12.9	1.1	1.3	0.0	0.0	0.0	0.0	0.0
07-02-00	Unclassified and other poultry	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-01	Chicken, hen	1.0	4.4	0.0	7.1	1.1	0.8	0.9	1.3	1.1	0.9	12.8	1.0	1.2	0.0	0.0	0.0	0.0	0.0
07-02-02	Turkey, young turkey	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-03	Duck	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-05	Rabbit (domestic)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-03	Game	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-04	Processed meat	6.4	13.5	0.3	22.7	12.5	12.5	15.2	7.8	9.0	5.2	19.0	12.6	6.7	0.8	0.4	1.2	1.8	0.0
07-05	Offals	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08	Fish and shellfish	0.5	1.8	0.1	3.1	0.6	0.4	0.5	0.8	0.3	0.5	12.6	0.6	0.4	0.1	0.0	0.2	0.1	0.5
08-01	Fish	0.3	1.0	0.0	1.7	0.4	0.2	0.4	0.5	0.1	0.4	6.8	0.4	0.3	0.0	0.0	0.0	0.0	0.0
08-02	Crustaceans, molluscs	0.0	0.2	0.0	0.3	0.0	0.0	0.0	0.0	0.0	0.0	1.9	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08-03	Fish products, fish in crumbs	0.2	0.7	0.1	1.1	0.2	0.1	0.1	0.2	0.2	0.1	4.0	0.2	0.1	0.1	0.0	0.2	0.1	0.5

Group=Children (7-18 years, n=1713)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
09	Eggs and egg products	0.5	1.4	0.0	2.4	0.9	0.8	1.0	0.4	0.0	0.1	10.6	0.8	0.4	0.1	0.0	0.1	0.0	0.0
09-01	Egg	0.5	1.4	0.0	2.4	0.9	0.8	1.0	0.4	0.0	0.1	10.6	0.8	0.4	0.1	0.0	0.1	0.0	0.0
10	Fat	5.8	0.1	0.1	0.0	17.5	12.7	16.5	30.4	17.3	30.2	7.5	21.5	31.7	0.0	0.0	0.1	0.0	0.0
10-00	Unclassified	0.8	0.0	0.0	0.0	2.1	1.5	2.3	3.4	1.7	1.9	0.0	2.6	3.8	0.0	0.0	0.0	0.0	0.0
10-01	Vegetable oils	0.8	0.0	0.0	0.0	2.6	1.1	2.8	5.3	0.3	3.4	5.6	3.8	5.7	0.0	0.0	0.0	0.0	0.0
10-02	Butter	0.5	0.0	0.0	0.0	1.3	2.1	1.0	0.3	3.2	0.5	0.0	0.8	0.1	0.0	0.0	0.0	0.0	0.0
10-03	Margarines	3.0	0.0	0.1	0.0	9.2	6.7	8.2	17.7	10.5	22.7	1.9	11.5	17.9	0.0	0.0	0.1	0.0	0.0
10-04	Deep frying fats	0.8	0.0	0.0	0.0	2.2	1.3	2.3	3.7	1.6	1.6	0.0	2.8	4.1	0.0	0.0	0.0	0.0	0.0
10-06	Other animal fat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	10.8	2.9	4.6	1.8	9.0	11.0	9.9	5.0	4.7	1.7	0.5	8.2	4.3	14.0	23.9	3.5	5.0	0.6
11-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-01	Sugar, honey ,jam	1.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.0	3.8	0.2	0.1	0.0
11-02	Chocolate, candy bars, paste, chocolate confetti	4.7	1.6	2.8	0.8	6.7	7.4	8.1	4.3	0.8	0.8	0.5	6.7	3.8	4.4	7.9	0.9	3.5	0.6
11-03	Confectionery non-chocolate	2.1	0.6	1.4	0.1	0.4	0.4	0.4	0.4	0.5	0.4	0.0	0.4	0.3	3.4	4.9	1.8	0.5	0.0
11-04	Syrup	1.4	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.6	4.9	0.1	0.2	0.0
11-05	Ice cream, water ice	1.5	0.6	0.2	0.9	1.9	3.2	1.4	0.3	3.4	0.5	0.0	1.1	0.2	1.5	2.4	0.5	0.6	0.0
11-05-01	Ice cream	1.3	0.6	0.2	0.9	1.9	3.2	1.4	0.3	3.4	0.5	0.0	1.0	0.2	1.2	1.9	0.5	0.5	0.0
11-05-02	Sorbet	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-05-03	Water ice	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.5	0.0	0.1	0.0
12	Cakes	9.4	5.0	9.4	1.8	10.1	12.0	9.5	7.5	17.7	6.9	9.2	8.7	7.3	10.4	10.0	11.5	7.4	11.7
12-01	Cakes, pies, pastries, etc	4.6	2.8	4.9	1.5	5.2	6.0	4.5	4.1	12.2	4.4	4.8	4.3	4.2	4.8	4.5	5.3	3.3	11.7
12-02	Dry cakes, biscuits	4.8	2.2	4.5	0.4	4.9	6.0	5.0	3.5	5.6	2.5	4.4	4.4	3.1	5.6	5.5	6.1	4.1	0.0
13	Non-alcoholic beverages	8.7	0.7	1.7	0.1	0.1	0.1	0.1	0.1	0.1	0.3	0.0	0.1	0.1	16.1	30.2	0.4	1.4	0.0
13-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-01	Fruit and vegetable juices	2.5	0.5	1.3	0.0	0.1	0.0	0.0	0.1	0.0	0.3	0.0	0.1	0.1	4.4	8.3	0.2	1.3	0.0
13-02	Carbonated/soft/isotonic drinks, diluted syrups	6.1	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	11.6	21.8	0.2	0.1	0.0
13-03	Coffee, tea and herbal teas	0.1	0.1	0.2	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.1	0.0
13-03-01	Coffee	0.0	0.1	0.2	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0
13-03-02	Tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-03	Herbal tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-04	Chicory, substitutes	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-04	Waters	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Group=Children (7-18 years, n=1713)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
14	Alcoholic beverages	0.7	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.5	0.4	0.5	0.4	82.3
14-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-01	Wine	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	13.3
14-02	Fortified wines (sherry, port, vermouth)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	11.1
14-03	Beer, cider	0.5	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.1	0.5	0.4	38.7
14-04	Spirits, brandy	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.4
14-05	Aniseed drinks (pastis,....)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.5
14-06	Liqueurs	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	9.7
14-07	Cocktails, punches	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	6.5
15	Condiments and sauces	3.0	0.8	1.7	0.3	6.6	2.9	7.5	12.7	0.8	15.5	8.1	9.3	13.1	1.4	2.1	0.7	1.2	0.0
15-01	Sauces	3.0	0.7	1.5	0.2	6.5	2.8	7.5	12.6	0.8	15.5	8.0	9.2	13.1	1.3	2.0	0.6	1.0	0.0
15-01-00	Unclassified and other sauces	1.1	0.5	1.1	0.1	2.4	1.3	2.5	4.4	0.6	3.3	1.1	3.2	4.6	0.5	0.8	0.3	0.5	0.0
15-01-01	Tomato sauces	0.3	0.1	0.3	0.0	0.1	0.1	0.2	0.2	0.0	0.2	0.3	0.2	0.2	0.4	0.8	0.2	0.3	0.0
15-01-02	Dressing sauces	0.5	0.0	0.1	0.0	1.2	0.4	1.4	2.2	0.0	3.4	5.1	1.7	2.3	0.1	0.2	0.1	0.1	0.0
15-01-03	Mayonnaises and similars	1.1	0.1	0.0	0.1	2.9	1.0	3.4	5.8	0.1	8.7	1.5	4.2	6.0	0.2	0.3	0.1	0.1	0.0
15-01-04	Dessert sauces	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
15-02	Yeast	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
15-04	Condiments	0.1	0.1	0.2	0.0	0.1	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.2	0.0
16	Soups, bouillon	0.6	1.0	0.9	1.0	0.7	0.6	0.6	0.7	2.0	0.5	3.1	0.6	0.7	0.4	0.3	0.6	1.2	0.0
16-01	Soups	0.6	1.0	0.9	1.0	0.6	0.6	0.6	0.7	2.0	0.5	3.1	0.6	0.7	0.4	0.3	0.6	1.2	0.0
16-02	Bouillon	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17	Miscellaneous	1.9	2.3	2.7	2.0	2.5	2.8	2.3	2.2	3.4	1.7	1.3	2.3	1.8	1.5	0.5	2.4	1.6	0.0
17-00	Unclassified	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0
17-01	Soya products	0.1	0.3	0.5	0.1	0.2	0.1	0.1	0.5	0.0	0.4	0.7	0.2	0.4	0.1	0.1	0.0	0.2	0.0
17-02	Dietetic products	0.1	0.1	0.2	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.1	0.1	0.0
17-02-00	Unclassified	0.1	0.1	0.2	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.1	0.1	0.0
17-02-01	Artificial sweeteners	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-03	Snacks	1.6	1.8	1.9	1.9	2.2	2.6	2.1	1.6	3.3	1.3	0.6	2.0	1.3	1.2	0.3	2.2	1.2	0.0

Group=Adults (19-69 years, n=2106)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01-01	Potatoes	4.5	2.5	6.8	0.1	1.5	1.8	1.2	1.7	1.3	4.2	0.0	1.4	1.3	7.9	0.3	14.2	9.4	0.0
01-02	Other tubers	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02	Vegetables	1.8	2.6	7.3	0.0	0.8	0.5	0.3	1.7	0.3	6.0	0.3	0.8	1.2	2.2	3.3	1.4	14.4	0.0
02-01	Leafy vegetables (except cabbages)	0.3	0.5	1.4	0.0	0.2	0.2	0.1	0.4	0.3	2.0	0.0	0.2	0.2	0.2	0.3	0.2	2.1	0.0
02-02	Fruiting vegetables	0.5	0.6	1.8	0.0	0.2	0.1	0.1	0.5	0.0	1.1	0.0	0.3	0.5	0.7	1.2	0.3	4.0	0.0
02-03	Root vegetables	0.2	0.1	0.3	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.2	0.5	0.1	1.3	0.0
02-04	Cabbages	0.3	0.6	1.7	0.0	0.1	0.1	0.0	0.3	0.0	2.0	0.0	0.1	0.1	0.3	0.4	0.2	2.9	0.0
02-05	Mushrooms	0.0	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.0
02-06	Grain and pod vegetables	0.1	0.2	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.2	0.5	0.0
02-07	Onion, garlic	0.2	0.2	0.4	0.0	0.1	0.0	0.0	0.1	0.0	0.3	0.2	0.1	0.1	0.3	0.4	0.2	1.4	0.0
02-08	Stalk vegetables, sprouts	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0
02-09	Mixed salad, mixed vegetables	0.2	0.3	0.8	0.0	0.1	0.1	0.0	0.1	0.0	0.5	0.0	0.1	0.1	0.3	0.4	0.2	1.8	0.0
03	Legumes	0.1	0.2	0.6	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.1	0.2	0.1	0.3	0.8	0.0
03-01	Legumes	0.1	0.2	0.6	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.1	0.2	0.1	0.3	0.8	0.0
04	Fruits, nuts and olives	5.4	2.7	6.6	0.0	4.7	2.4	5.7	7.1	0.0	4.7	0.8	6.2	7.8	6.8	12.2	2.5	10.9	0.0
04-01	Fruits	3.3	0.8	2.2	0.0	0.4	0.2	0.2	1.0	0.0	2.3	0.0	0.4	0.9	6.1	11.5	1.8	8.7	0.0
04-02	Nuts and seeds (+nut spread)	2.0	1.8	4.3	0.0	4.1	2.1	5.3	5.9	0.0	2.3	0.7	5.6	6.7	0.6	0.4	0.8	2.0	0.0
04-03	Mixed fruits	0.1	0.0	0.1	0.0	0.1	0.0	0.1	0.1	0.0	0.1	0.1	0.1	0.2	0.1	0.2	0.0	0.1	0.0
04-04	Olives	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0
05	Dairy products	14.4	23.1	0.4	37.9	18.7	31.3	12.8	3.9	34.4	10.1	0.8	9.6	2.4	9.6	19.4	1.8	3.3	0.3
05-01	Milk	3.3	6.3	0.0	10.1	2.6	4.4	1.7	0.4	4.9	0.7	0.0	1.3	0.2	3.1	7.2	0.0	0.0	0.0
05-02	Milk beverages	0.7	0.9	0.2	1.3	0.4	0.7	0.3	0.1	0.5	0.1	0.3	0.2	0.1	0.9	1.8	0.1	1.1	0.0
05-03	Yoghurt	2.3	4.0	0.0	6.6	1.0	1.7	0.7	0.2	2.0	0.3	0.0	0.5	0.1	2.8	5.6	0.5	1.8	0.0
05-04	Fromage blanc, petits suisses	0.3	0.4	0.0	0.7	0.2	0.3	0.2	0.0	0.4	0.1	0.0	0.1	0.0	0.3	0.5	0.0	0.0	0.0
05-05	Cheese (including fresh cheeses)	5.6	9.8	0.0	16.4	11.8	19.9	8.1	2.6	21.4	7.9	0.0	6.1	1.5	0.1	0.1	0.0	0.0	0.0
05-06	Cream desserts, puddings (milk based)	1.4	1.1	0.1	1.7	1.2	1.9	0.8	0.3	1.6	0.6	0.5	0.6	0.2	1.9	3.1	0.9	0.3	0.3
05-07	Dairy and non-dairy creams	0.4	0.1	0.0	0.1	0.8	1.2	0.6	0.2	2.5	0.2	0.0	0.5	0.1	0.1	0.2	0.0	0.0	0.0
05-07-01	Dairy creams	0.3	0.1	0.0	0.1	0.8	1.2	0.6	0.2	2.5	0.2	0.0	0.5	0.1	0.1	0.2	0.0	0.0	0.0
05-07-02	Non-dairy creams	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05-08	Milk for coffee and creamers	0.5	0.6	0.0	1.0	0.7	1.3	0.3	0.2	1.1	0.2	0.0	0.3	0.2	0.5	0.8	0.2	0.0	0.0
06	Cereals and cereal products	23.2	22.0	56.6	0.5	9.8	6.0	10.4	15.6	4.9	12.7	5.0	12.2	17.0	36.0	6.4	60.2	42.5	0.0
06-01	Flour, flakes, starches, semolina	0.1	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.1	0.0

Group=Adults (19-69 years, n=2106)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
06-02	Pasta, rice, other grain	2.9	2.4	5.8	0.3	0.4	0.2	0.2	0.9	0.1	0.5	0.0	0.4	1.0	5.3	0.2	9.2	2.9	0.0
06-03	Bread, crisp bread, rusks	16.2	17.4	45.2	0.1	5.3	2.9	4.4	11.1	2.6	11.2	2.3	6.7	11.9	25.6	4.7	42.7	34.8	0.0
06-03-01	Bread	15.3	16.7	43.2	0.1	4.9	2.6	4.1	10.6	1.9	11.0	2.3	6.4	11.4	24.1	4.4	40.3	33.1	0.0
06-03-02	Crispbread, rusks	0.9	0.7	2.0	0.0	0.4	0.3	0.3	0.5	0.8	0.3	0.0	0.4	0.5	1.4	0.3	2.4	1.7	0.0
06-04	Breakfast cereals	1.2	0.7	1.9	0.0	0.7	0.7	0.8	0.8	0.0	0.3	2.6	0.8	0.9	1.8	1.1	2.5	2.2	0.0
06-05	Salty biscuits, aperitif biscuits, crackers	2.1	0.9	2.1	0.1	2.8	1.9	4.0	2.4	1.5	0.5	0.1	3.4	2.7	2.3	0.3	3.9	1.7	0.0
06-06	Dough and pastry (puff, shortcrust, pizza)	0.7	0.6	1.4	0.0	0.6	0.3	1.0	0.4	0.6	0.3	0.0	0.8	0.4	1.0	0.1	1.7	0.8	0.0
07	Meat and meat products	11.5	29.3	0.3	46.5	18.6	18.9	22.9	10.7	15.1	6.9	33.2	18.5	10.2	0.8	0.6	1.0	1.7	0.0
07-01	Fresh meat	4.4	12.8	0.0	19.8	6.5	7.0	8.1	2.5	7.3	1.5	5.7	6.1	2.5	0.1	0.1	0.0	0.4	0.0
07-01-00	Unclassified	1.0	2.4	0.0	3.8	1.9	2.0	2.4	0.8	1.7	0.6	0.6	1.9	0.9	0.0	0.0	0.0	0.1	0.0
07-01-01	Beef	1.7	5.1	0.0	8.0	2.4	2.7	3.1	0.5	4.4	0.6	1.9	2.2	0.4	0.0	0.0	0.0	0.2	0.0
07-01-02	Veal	0.1	0.2	0.0	0.2	0.1	0.1	0.1	0.0	0.1	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0
07-01-03	Pork	1.5	4.8	0.0	7.1	1.8	1.9	2.2	1.1	0.3	0.2	3.1	1.8	1.1	0.0	0.0	0.0	0.1	0.0
07-01-04	Mutton/Lamb	0.1	0.3	0.0	0.5	0.3	0.3	0.3	0.1	0.7	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0
07-01-05	Horse	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-06	Goat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02	Poultry	1.4	5.5	0.0	8.7	1.4	1.1	1.3	1.6	1.3	0.9	12.6	1.4	1.5	0.0	0.0	0.0	0.0	0.0
07-02-00	Unclassified and other poultry	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-01	Chicken, hen	1.3	5.3	0.0	8.3	1.2	1.0	1.1	1.4	1.3	0.9	12.6	1.2	1.4	0.0	0.0	0.0	0.0	0.0
07-02-02	Turkey, young turkey	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-03	Duck	0.1	0.1	0.0	0.1	0.1	0.1	0.2	0.1	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0
07-02-05	Rabbit (domestic)	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-03	Game	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-04	Processed meat	5.7	10.9	0.3	17.7	10.7	10.7	13.5	6.7	6.5	4.5	14.7	11.0	6.2	0.7	0.5	0.9	1.3	0.0
07-05	Offals	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08	Fish and shellfish	1.3	4.0	0.2	6.3	1.5	1.0	1.7	2.0	0.5	1.1	23.7	1.8	0.8	0.2	0.0	0.4	0.1	0.0
08-01	Fish	1.0	3.0	0.0	4.7	1.3	0.8	1.5	1.7	0.3	1.0	17.6	1.6	0.6	0.1	0.0	0.1	0.0	0.0
08-02	Crustaceans, molluscs	0.1	0.4	0.0	0.6	0.0	0.0	0.0	0.1	0.0	0.0	3.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08-03	Fish products, fish in crumbs	0.2	0.7	0.1	1.0	0.2	0.2	0.2	0.3	0.2	0.2	3.0	0.2	0.1	0.1	0.0	0.2	0.1	0.0
09	Eggs and egg products	0.8	1.9	0.0	3.1	1.3	1.2	1.6	0.6	0.0	0.1	11.2	1.3	0.6	0.1	0.0	0.2	0.0	0.0
09-01	Egg	0.8	1.9	0.0	3.1	1.3	1.2	1.6	0.6	0.0	0.1	11.2	1.3	0.6	0.1	0.0	0.2	0.0	0.0
10	Fat	6.8	0.1	0.1	0.0	19.8	14.3	20.0	32.2	17.9	31.2	5.3	24.6	33.9	0.1	0.1	0.1	0.0	0.0

Group=Adults (19-69 years, n=2106)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
10-00	Unclassified	0.6	0.0	0.0	0.0	1.7	1.2	1.9	2.8	1.3	1.6	0.0	2.2	3.1	0.0	0.0	0.0	0.0	0.0
10-01	Vegetable oils	1.3	0.0	0.0	0.0	4.0	1.7	5.3	6.4	0.4	4.0	4.5	5.9	6.9	0.0	0.0	0.0	0.0	0.0
10-02	Butter	0.7	0.0	0.0	0.0	2.0	3.0	1.5	0.4	4.4	0.7	0.0	1.1	0.2	0.0	0.0	0.0	0.0	0.0
10-03	Margarines	3.6	0.0	0.1	0.0	10.6	7.5	9.6	20.2	10.7	24.0	0.8	13.5	20.9	0.0	0.0	0.1	0.0	0.0
10-04	Deep frying fats	0.5	0.0	0.0	0.0	1.5	0.9	1.6	2.4	1.0	1.0	0.0	1.9	2.7	0.0	0.0	0.0	0.0	0.0
10-06	Other animal fat	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	6.4	1.5	2.4	0.9	4.6	6.1	4.9	2.0	2.7	0.8	0.2	3.9	1.7	9.9	19.6	1.8	3.0	0.6
11-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-01	Sugar, honey ,jam	1.9	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	4.0	8.3	0.3	0.2	0.0
11-02	Chocolate, candy bars, paste, chocolate confetti	2.4	0.8	1.5	0.4	3.3	4.0	3.8	1.7	0.3	0.4	0.1	3.1	1.5	2.5	5.1	0.5	1.9	0.6
11-03	Confectionery non-chocolate	0.8	0.3	0.7	0.0	0.2	0.2	0.2	0.2	0.3	0.1	0.1	0.2	0.1	1.4	2.5	0.7	0.3	0.0
11-04	Syrup	0.5	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.0	2.1	0.0	0.3	0.0
11-05	Ice cream, water ice	0.8	0.3	0.1	0.5	1.1	1.9	0.9	0.2	2.0	0.3	0.0	0.6	0.1	0.9	1.7	0.3	0.3	0.0
11-05-01	Ice cream	0.8	0.3	0.1	0.5	1.1	1.9	0.9	0.2	2.0	0.3	0.0	0.6	0.1	0.9	1.6	0.3	0.3	0.0
11-05-02	Sorbet	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-05-03	Water ice	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
12	Cakes	7.2	3.1	6.3	1.1	7.5	9.1	6.9	5.3	16.1	4.6	4.9	6.2	5.3	9.3	11.1	8.5	4.8	2.2
12-01	Cakes, pies, pastries, etc	4.5	2.0	4.0	0.9	4.8	5.8	4.1	3.3	12.2	3.2	2.7	3.8	3.3	5.7	6.9	5.0	3.0	2.1
12-02	Dry cakes, biscuits	2.7	1.0	2.3	0.2	2.8	3.3	2.7	2.0	3.8	1.4	2.2	2.4	2.0	3.6	4.2	3.4	1.9	0.1
13	Non-alcoholic beverages	5.5	2.2	5.2	0.5	0.7	1.2	0.3	0.2	0.8	0.4	0.0	0.3	0.2	10.3	20.4	0.8	2.3	0.3
13-00	Unclassified	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.3
13-01	Fruit and vegetable juices	2.0	0.5	1.4	0.0	0.1	0.0	0.0	0.1	0.0	0.3	0.0	0.1	0.1	3.9	7.8	0.3	1.5	0.0
13-02	Carbonated/soft/isotonic drinks, diluted syrups	2.6	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	5.5	11.0	0.1	0.0	0.0
13-03	Coffee, tea and herbal teas	0.9	1.6	3.6	0.5	0.6	1.1	0.3	0.1	0.8	0.1	0.0	0.2	0.1	0.9	1.6	0.4	0.8	0.0
13-03-01	Coffee	0.8	1.6	3.6	0.5	0.6	1.1	0.3	0.1	0.8	0.1	0.0	0.2	0.1	0.8	1.5	0.4	0.8	0.0
13-03-02	Tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-03	Herbal tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0
13-03-04	Chicory, substitutes	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-04	Waters	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14	Alcoholic beverages	5.2	0.7	1.8	0.0	0.1	0.1	0.0	0.0	0.1	0.0	0.1	0.0	0.0	2.8	2.4	2.8	2.1	96.6
14-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-01	Wine	1.9	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.6	1.5	0.0	0.0	41.3

Group=Adults (19-69 years, n=2106)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
14-02	Fortified wines (sherry, port, vermouth)	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.4	0.0	0.0	5.6
14-03	Beer, cider	2.5	0.6	1.7	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.8	0.1	2.8	2.1	37.4
14-04	Spirits, brandy	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	8.7
14-05	Aniseed drinks (pastis,....)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1
14-06	Liqueurs	0.2	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.3	0.0	0.0	3.2
14-07	Cocktails, punches	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.4
15	Condiments and sauces	3.4	0.8	1.7	0.3	7.4	3.2	8.4	14.0	1.0	15.0	4.6	10.5	14.7	1.6	2.8	0.8	1.2	0.0
15-01	Sauces	3.3	0.7	1.5	0.2	7.3	3.1	8.4	13.9	1.0	15.0	4.5	10.4	14.7	1.5	2.7	0.7	1.0	0.0
15-01-00	Unclassified and other sauces	1.4	0.5	1.1	0.1	2.9	1.5	3.2	5.4	0.8	3.6	0.9	4.0	5.8	0.8	1.3	0.4	0.5	0.0
15-01-01	Tomato sauces	0.2	0.1	0.2	0.0	0.1	0.1	0.2	0.2	0.0	0.2	0.2	0.2	0.2	0.4	0.7	0.1	0.3	0.0
15-01-02	Dressing sauces	0.5	0.0	0.0	0.0	1.3	0.5	1.6	2.6	0.1	3.5	2.5	2.0	2.6	0.2	0.2	0.1	0.0	0.0
15-01-03	Mayonnaises and similars	1.1	0.1	0.0	0.1	2.9	1.0	3.4	5.7	0.1	7.7	0.9	4.2	6.0	0.2	0.3	0.1	0.1	0.0
15-01-04	Dessert sauces	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
15-02	Yeast	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
15-04	Condiments	0.1	0.1	0.2	0.0	0.1	0.1	0.1	0.1	0.0	0.1	0.1	0.1	0.1	0.1	0.1	0.1	0.2	0.0
16	Soups, bouillon	1.0	1.4	1.6	1.3	1.0	1.0	1.0	0.9	3.2	0.7	2.7	0.9	1.0	0.9	0.7	1.2	2.0	0.0
16-01	Soups	1.0	1.4	1.6	1.3	1.0	1.0	0.9	0.9	3.2	0.7	2.7	0.9	0.9	0.9	0.7	1.2	2.0	0.0
16-02	Bouillon	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17	Miscellaneous	1.5	1.8	2.1	1.5	1.9	1.9	1.7	1.8	1.8	1.1	0.9	1.7	1.4	1.4	0.7	2.0	1.3	0.0
17-00	Unclassified	0.1	0.1	0.1	0.1	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.1	0.1	0.0
17-01	Soya products	0.2	0.3	0.5	0.0	0.2	0.1	0.1	0.5	0.0	0.3	0.6	0.3	0.4	0.1	0.2	0.0	0.2	0.0
17-02	Dietetic products	0.2	0.3	0.2	0.2	0.1	0.1	0.1	0.1	0.0	0.1	0.0	0.1	0.2	0.2	0.2	0.2	0.2	0.0
17-02-00	Unclassified	0.2	0.3	0.2	0.2	0.1	0.1	0.1	0.1	0.0	0.1	0.0	0.1	0.2	0.2	0.2	0.2	0.2	0.0
17-02-01	Artificial sweeteners	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-03	Snacks	1.1	1.2	1.3	1.2	1.5	1.7	1.5	1.0	1.7	0.6	0.3	1.3	0.7	1.1	0.3	1.7	0.8	0.0

Table 2.2.b Average contribution of food subgroups to the intake of macronutrients of the Dutch children and adults stratified by gender (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week

Group=Male Children (7-18 years, n=856)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01-01	Potatoes	4.8	3.2	7.8	0.1	2.0	2.5	1.7	2.1	1.2	4.8	0.1	1.8	1.7	7.2	0.2	14.4	11.6	0.0
01-02	Other tubers	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02	Vegetables	1.1	1.8	4.5	0.0	0.4	0.3	0.1	1.0	0.2	4.1	0.2	0.4	0.7	1.1	1.5	0.8	9.8	0.0
02-01	Leafy vegetables (except cabbages)	0.1	0.3	0.7	0.0	0.1	0.1	0.1	0.2	0.2	1.2	0.0	0.1	0.1	0.1	0.1	0.1	1.2	0.0
02-02	Fruiting vegetables	0.3	0.5	1.2	0.0	0.1	0.1	0.0	0.3	0.0	0.8	0.0	0.1	0.3	0.3	0.6	0.2	2.8	0.0
02-03	Root vegetables	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.2	0.3	0.0	1.2	0.0
02-04	Cabbages	0.2	0.5	1.2	0.0	0.1	0.0	0.0	0.2	0.0	1.5	0.0	0.1	0.1	0.1	0.2	0.1	2.1	0.0
02-05	Mushrooms	0.0	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0
02-06	Grain and pod vegetables	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.5	0.0
02-07	Onion, garlic	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.2	0.0	0.1	0.2	0.2	0.1	0.9	0.0
02-08	Stalk vegetables, sprouts	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02-09	Mixed salad, mixed vegetables	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.1	0.1	0.1	1.0	0.0
03	Legumes	0.1	0.2	0.4	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.1	0.0	0.2	0.6	0.0
03-01	Legumes	0.1	0.2	0.4	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.1	0.0	0.2	0.6	0.0
04	Fruits, nuts and olives	4.3	2.7	5.9	0.0	4.5	2.5	5.0	7.5	0.0	4.4	0.2	5.9	8.2	4.3	6.5	1.9	8.6	0.0
04-01	Fruits	2.2	0.6	1.4	0.0	0.2	0.1	0.1	0.4	0.0	1.3	0.0	0.2	0.4	3.7	6.0	1.2	6.4	0.0
04-02	Nuts and seeds (+nut spread)	2.1	2.1	4.5	0.0	4.4	2.4	5.0	7.1	0.0	3.1	0.2	5.7	7.8	0.6	0.4	0.7	2.1	0.0
04-03	Mixed fruits	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.1	0.0
04-04	Olives	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05	Dairy products	13.7	23.6	0.5	40.2	15.3	25.6	10.2	3.1	29.6	9.0	0.9	7.7	1.8	10.6	18.9	2.2	3.9	7.2
05-01	Milk	3.9	8.5	0.0	14.4	3.5	5.9	2.2	0.5	7.0	1.1	0.0	1.6	0.3	3.2	6.5	0.0	0.0	0.0
05-02	Milk beverages	1.2	1.6	0.4	2.4	0.7	1.2	0.5	0.1	0.8	0.2	0.3	0.4	0.1	1.4	2.5	0.2	1.9	0.0
05-03	Yoghurt	2.8	4.6	0.0	7.8	0.8	1.3	0.5	0.1	1.6	0.2	0.0	0.4	0.1	3.5	6.1	0.6	1.5	0.0
05-04	Fromage blanc, petits suisses	0.2	0.3	0.0	0.6	0.2	0.3	0.2	0.0	0.5	0.1	0.0	0.1	0.0	0.2	0.3	0.0	0.0	0.0
05-05	Cheese (including fresh cheeses)	3.5	6.9	0.0	12.2	7.9	13.2	5.2	1.7	15.2	6.1	0.0	4.0	1.0	0.0	0.1	0.0	0.0	0.0
05-06	Cream desserts, puddings (milk based)	1.9	1.6	0.1	2.7	1.6	2.7	1.1	0.4	2.2	1.0	0.6	0.8	0.2	2.2	3.2	1.3	0.4	7.2
05-07	Dairy and non-dairy creams	0.2	0.1	0.0	0.1	0.6	0.9	0.4	0.1	2.2	0.2	0.0	0.3	0.1	0.1	0.1	0.0	0.0	0.0
05-07-01	Dairy creams	0.2	0.1	0.0	0.1	0.6	0.9	0.4	0.1	2.2	0.2	0.0	0.3	0.1	0.1	0.1	0.0	0.0	0.0
05-07-02	Non-dairy creams	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Group=Male Children (7-18 years, n=856)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
05-08	Milk for coffee and creamers	0.0	0.1	0.0	0.1	0.1	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
06	Cereals and cereal products	23.5	24.6	59.2	0.7	11.1	6.9	12.8	15.3	6.2	11.9	3.3	13.6	16.5	31.4	4.3	59.5	44.9	0.0
06-01	Flour, flakes, starches, semolina	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0
06-02	Pasta, rice, other grain	2.5	2.4	5.5	0.3	0.4	0.2	0.2	0.8	0.4	0.5	0.0	0.4	0.9	4.0	0.1	7.5	2.9	0.0
06-03	Bread, crisp bread, rusks	15.4	19.0	46.3	0.1	4.4	2.6	3.6	8.8	3.3	10.2	1.7	5.3	9.2	21.6	3.0	41.2	35.5	0.0
06-03-01	Bread	15.0	18.6	45.3	0.1	4.2	2.3	3.4	8.5	2.6	10.0	1.7	5.1	8.9	21.0	2.9	40.1	34.7	0.0
06-03-02	Crispbread, rusks	0.5	0.4	1.0	0.0	0.3	0.3	0.2	0.3	0.7	0.2	0.0	0.2	0.3	0.6	0.1	1.1	0.8	0.0
06-04	Breakfast cereals	1.0	0.7	1.7	0.0	0.4	0.4	0.4	0.5	0.0	0.2	1.5	0.5	0.5	1.5	0.8	2.2	1.9	0.0
06-05	Salty biscuits, aperitif biscuits, crackers	3.6	1.7	3.8	0.2	5.2	3.3	7.5	4.8	2.1	0.7	0.1	6.5	5.4	3.3	0.3	6.4	3.5	0.0
06-06	Dough and pastry (puff, shortcrust, pizza)	0.9	0.8	1.8	0.0	0.7	0.3	1.1	0.5	0.5	0.3	0.0	0.9	0.5	1.1	0.1	2.1	1.1	0.0
07	Meat and meat products	10.7	28.2	0.4	46.8	19.0	19.5	22.9	11.1	16.6	7.5	38.0	18.8	9.9	0.9	0.5	1.3	2.3	0.0
07-01	Fresh meat	3.3	10.2	0.0	16.7	5.5	5.9	6.6	2.2	6.2	1.5	5.9	5.1	2.2	0.1	0.1	0.0	0.4	0.0
07-01-00	Unclassified	0.9	2.5	0.0	4.0	1.9	2.0	2.3	0.8	1.8	0.6	0.6	1.8	0.8	0.0	0.0	0.0	0.1	0.0
07-01-01	Beef	1.0	3.0	0.0	5.2	1.7	1.9	2.1	0.3	3.3	0.5	1.4	1.5	0.2	0.0	0.0	0.0	0.1	0.0
07-01-02	Veal	0.0	0.1	0.0	0.2	0.1	0.1	0.1	0.0	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0
07-01-03	Pork	1.2	4.3	0.0	6.8	1.7	1.8	2.0	1.1	0.4	0.3	3.6	1.6	1.1	0.0	0.0	0.0	0.1	0.0
07-01-04	Mutton/Lamb	0.1	0.3	0.0	0.5	0.2	0.2	0.2	0.1	0.6	0.1	0.3	0.1	0.0	0.0	0.0	0.0	0.0	0.0
07-01-05	Horse	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-06	Goat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02	Poultry	0.9	4.3	0.0	7.1	0.9	0.7	0.8	1.1	1.0	0.8	12.6	0.9	1.1	0.0	0.0	0.0	0.0	0.0
07-02-00	Unclassified and other poultry	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-01	Chicken, hen	0.9	4.3	0.0	7.0	0.9	0.7	0.8	1.1	1.0	0.8	12.4	0.9	1.0	0.0	0.0	0.0	0.0	0.0
07-02-02	Turkey, young turkey	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-03	Duck	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-05	Rabbit (domestic)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-03	Game	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-04	Processed meat	6.5	13.7	0.4	22.9	12.7	12.8	15.4	7.8	9.5	5.2	19.4	12.8	6.6	0.8	0.4	1.2	1.9	0.0
07-05	Offals	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08	Fish and shellfish	0.5	1.9	0.1	3.1	0.6	0.4	0.5	0.8	0.3	0.5	13.0	0.6	0.4	0.1	0.0	0.2	0.1	0.0
08-01	Fish	0.3	1.0	0.0	1.7	0.3	0.2	0.4	0.5	0.1	0.3	6.4	0.4	0.2	0.0	0.0	0.0	0.0	0.0
08-02	Crustaceans, molluscs	0.1	0.2	0.0	0.4	0.0	0.0	0.0	0.1	0.0	0.0	2.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08-03	Fish products, fish in crumbs	0.2	0.7	0.1	1.1	0.2	0.1	0.1	0.3	0.2	0.1	4.2	0.2	0.1	0.1	0.0	0.2	0.1	0.0

Group=Male Children (7-18 years, n=856)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
09	Eggs and egg products	0.5	1.4	0.0	2.4	0.9	0.8	1.0	0.4	0.0	0.1	10.9	0.8	0.4	0.1	0.0	0.1	0.0	0.0
09-01	Egg	0.5	1.4	0.0	2.4	0.9	0.8	1.0	0.4	0.0	0.1	10.9	0.8	0.4	0.1	0.0	0.1	0.0	0.0
10	Fat	6.0	0.1	0.1	0.0	17.9	13.1	16.8	31.1	18.0	31.2	7.5	22.0	32.2	0.0	0.0	0.1	0.0	0.0
10-00	Unclassified	0.8	0.0	0.0	0.0	2.2	1.6	2.3	3.4	1.9	2.0	0.0	2.7	3.8	0.0	0.0	0.0	0.0	0.0
10-01	Vegetable oils	0.9	0.0	0.0	0.0	2.6	1.1	2.8	5.2	0.3	3.4	5.6	3.8	5.6	0.0	0.0	0.0	0.0	0.0
10-02	Butter	0.5	0.0	0.0	0.0	1.3	2.1	1.0	0.3	3.2	0.5	0.0	0.7	0.1	0.0	0.0	0.0	0.0	0.0
10-03	Margarines	3.1	0.0	0.1	0.0	9.6	7.0	8.3	18.3	11.1	23.5	2.0	11.8	18.5	0.0	0.0	0.1	0.0	0.0
10-04	Deep frying fats	0.8	0.0	0.0	0.0	2.2	1.3	2.4	3.8	1.6	1.7	0.0	2.9	4.3	0.0	0.0	0.0	0.0	0.0
10-06	Other animal fat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	10.7	2.8	4.5	1.7	8.7	10.6	9.6	4.9	4.8	1.6	0.3	8.0	4.3	14.0	23.9	3.4	4.9	0.5
11-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-01	Sugar, honey ,jam	1.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.0	3.8	0.2	0.1	0.0
11-02	Chocolate, candy bars, paste, chocolate confetti	4.6	1.5	2.7	0.7	6.5	7.1	7.9	4.2	0.8	0.7	0.3	6.6	3.7	4.3	7.7	0.8	3.4	0.5
11-03	Confectionery non-chocolate	2.1	0.7	1.5	0.1	0.4	0.4	0.4	0.4	0.5	0.5	0.1	0.4	0.3	3.4	4.8	1.9	0.5	0.0
11-04	Syrup	1.5	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.8	5.3	0.1	0.2	0.0
11-05	Ice cream, water ice	1.5	0.6	0.2	0.9	1.9	3.2	1.4	0.3	3.5	0.5	0.0	1.0	0.2	1.5	2.4	0.5	0.6	0.0
11-05-01	Ice cream	1.3	0.6	0.2	0.9	1.9	3.2	1.4	0.3	3.5	0.5	0.0	1.0	0.2	1.2	1.9	0.5	0.5	0.0
11-05-02	Sorbet	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-05-03	Water ice	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.5	0.0	0.1	0.0
12	Cakes	8.9	4.8	8.9	1.7	9.7	11.6	9.0	7.1	17.3	6.7	9.2	8.3	6.9	9.9	9.4	10.9	7.1	10.6
12-01	Cakes, pies, pastries, etc	4.4	2.7	4.8	1.4	4.9	5.8	4.2	3.8	12.0	4.1	4.7	4.0	3.9	4.6	4.3	5.2	3.2	10.6
12-02	Dry cakes, biscuits	4.6	2.1	4.2	0.4	4.8	5.8	4.8	3.3	5.4	2.5	4.5	4.2	2.9	5.3	5.1	5.8	3.8	0.0
13	Non-alcoholic beverages	8.9	0.7	1.5	0.1	0.1	0.1	0.0	0.1	0.0	0.3	0.0	0.1	0.1	16.6	31.5	0.4	1.3	0.0
13-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-01	Fruit and vegetable juices	2.3	0.4	1.1	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.1	4.1	7.7	0.2	1.1	0.0
13-02	Carbonated/soft/isotonic drinks, diluted syrups	6.6	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	12.5	23.6	0.2	0.1	0.0
13-03	Coffee, tea and herbal teas	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0
13-03-01	Coffee	0.0	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
13-03-02	Tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-03	Herbal tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-04	Chicory, substitutes	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-04	Waters	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Group=Male Children (7-18 years, n=856)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
14	Alcoholic beverages	0.7	0.2	0.5	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.5	0.2	0.7	0.6	81.6
14-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-01	Wine	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	7.5
14-02	Fortified wines (sherry, port, vermouth)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	11.3
14-03	Beer, cider	0.6	0.2	0.5	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.4	0.1	0.7	0.6	54.1
14-04	Spirits, brandy	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.5
14-05	Aniseed drinks (pastis,....)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.0
14-06	Liqueurs	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	4.4
14-07	Cocktails, punches	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.9
15	Condiments and sauces	3.1	0.8	1.8	0.2	6.6	2.9	7.4	12.5	0.8	15.3	7.5	9.2	12.8	1.4	2.2	0.7	1.3	0.0
15-01	Sauces	3.0	0.8	1.6	0.2	6.5	2.8	7.4	12.5	0.8	15.2	7.5	9.1	12.8	1.3	2.1	0.6	1.1	0.0
15-01-00	Unclassified and other sauces	1.1	0.5	1.2	0.1	2.5	1.4	2.7	4.6	0.7	3.4	1.1	3.3	4.8	0.5	0.8	0.3	0.6	0.0
15-01-01	Tomato sauces	0.3	0.2	0.3	0.0	0.1	0.1	0.2	0.2	0.0	0.1	0.3	0.2	0.2	0.5	0.9	0.2	0.4	0.0
15-01-02	Dressing sauces	0.4	0.0	0.0	0.0	1.1	0.4	1.3	2.1	0.0	3.3	4.6	1.6	2.1	0.1	0.1	0.1	0.0	0.0
15-01-03	Mayonnaises and similars	1.1	0.1	0.0	0.1	2.8	1.0	3.2	5.5	0.1	8.4	1.5	4.0	5.6	0.1	0.2	0.1	0.1	0.0
15-01-04	Dessert sauces	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
15-02	Yeast	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
15-04	Condiments	0.1	0.1	0.2	0.0	0.1	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.2	0.0
16	Soups, bouillon	0.6	0.9	1.0	0.9	0.6	0.6	0.5	0.7	1.7	0.5	2.4	0.6	0.7	0.4	0.3	0.7	1.3	0.0
16-01	Soups	0.6	0.9	1.0	0.9	0.6	0.6	0.5	0.7	1.7	0.5	2.4	0.6	0.7	0.4	0.3	0.7	1.3	0.0
16-02	Bouillon	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17	Miscellaneous	1.9	2.4	2.7	2.1	2.4	2.7	2.2	2.2	3.2	1.9	1.3	2.2	1.8	1.5	0.5	2.5	1.8	0.0
17-00	Unclassified	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0
17-01	Soya products	0.2	0.3	0.6	0.0	0.2	0.1	0.1	0.4	0.0	0.4	0.5	0.2	0.4	0.1	0.2	0.0	0.3	0.0
17-02	Dietetic products	0.0	0.1	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-02-00	Unclassified	0.0	0.1	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-02-01	Artificial sweeteners	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-03	Snacks	1.7	1.9	2.0	2.0	2.2	2.6	2.1	1.7	3.1	1.5	0.9	2.0	1.3	1.3	0.3	2.4	1.4	0.0

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Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01-01	Potatoes	4.7	3.0	7.7	0.1	2.0	2.4	1.6	2.1	1.1	4.6	0.2	1.8	1.7	7.0	0.2	14.2	10.9	0.0
01-02	Other tubers	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02	Vegetables	1.2	1.9	4.9	0.0	0.5	0.3	0.2	1.2	0.3	4.5	0.4	0.5	0.8	1.2	1.6	0.9	10.3	0.0
02-01	Leafy vegetables (except cabbages)	0.2	0.3	0.8	0.0	0.1	0.1	0.1	0.3	0.2	1.4	0.0	0.1	0.1	0.1	0.1	0.1	1.2	0.0
02-02	Fruiting vegetables	0.4	0.5	1.4	0.0	0.2	0.1	0.1	0.4	0.0	0.9	0.0	0.2	0.4	0.5	0.7	0.2	3.3	0.0
02-03	Root vegetables	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.2	0.3	0.0	1.2	0.0
02-04	Cabbages	0.2	0.5	1.2	0.0	0.1	0.0	0.0	0.2	0.0	1.5	0.0	0.1	0.1	0.1	0.1	0.1	2.2	0.0
02-05	Mushrooms	0.0	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0
02-06	Grain and pod vegetables	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.5	0.0
02-07	Onion, garlic	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.4	0.1	0.1	0.1	0.2	0.1	0.9	0.0
02-08	Stalk vegetables, sprouts	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02-09	Mixed salad, mixed vegetables	0.1	0.2	0.4	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.1	0.1	0.1	0.7	0.0
03	Legumes	0.1	0.2	0.6	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.1	0.0	0.2	0.8	0.0
03-01	Legumes	0.1	0.2	0.6	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.1	0.0	0.2	0.8	0.0
04	Fruits, nuts and olives	4.3	2.2	5.3	0.0	3.5	1.8	3.8	6.2	0.0	4.4	0.8	4.6	6.9	5.1	8.1	1.9	10.0	0.0
04-01	Fruits	2.8	0.7	1.9	0.0	0.3	0.2	0.1	0.6	0.0	1.7	0.0	0.3	0.6	4.6	7.7	1.5	8.3	0.0
04-02	Nuts and seeds (+nut spread)	1.4	1.5	3.3	0.0	3.2	1.6	3.6	5.5	0.0	2.6	0.7	4.3	6.2	0.3	0.3	0.4	1.5	0.0
04-03	Mixed fruits	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.1	0.1	0.1	0.1	0.2	0.0	0.2	0.0
04-04	Olives	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05	Dairy products	13.9	24.1	0.7	40.6	16.1	26.3	11.0	3.3	29.8	9.0	0.7	8.3	2.0	10.3	18.0	1.9	4.5	1.7
05-01	Milk	3.7	8.0	0.0	13.3	3.4	5.6	2.2	0.5	6.3	1.0	0.0	1.6	0.3	3.0	5.9	0.0	0.0	0.0
05-02	Milk beverages	1.7	2.2	0.5	3.4	1.0	1.6	0.7	0.2	1.3	0.3	0.2	0.5	0.1	2.0	3.5	0.3	2.4	0.0
05-03	Yoghurt	2.8	4.9	0.0	8.1	0.9	1.4	0.6	0.2	1.8	0.3	0.0	0.5	0.1	3.3	5.7	0.6	1.7	0.0
05-04	Fromage blanc, petits suisses	0.2	0.3	0.0	0.5	0.1	0.2	0.1	0.0	0.3	0.1	0.0	0.1	0.0	0.1	0.2	0.0	0.0	0.0
05-05	Cheese (including fresh cheeses)	3.9	7.5	0.0	13.2	8.8	14.4	6.0	2.0	16.3	6.5	0.0	4.6	1.2	0.0	0.1	0.0	0.0	0.0
05-06	Cream desserts, puddings (milk based)	1.4	1.2	0.1	1.9	1.2	1.9	0.8	0.3	1.4	0.7	0.5	0.6	0.2	1.6	2.4	1.0	0.3	1.7
05-07	Dairy and non-dairy creams	0.3	0.1	0.0	0.1	0.7	1.0	0.5	0.1	2.3	0.2	0.0	0.4	0.1	0.1	0.1	0.0	0.0	0.0
05-07-01	Dairy creams	0.3	0.1	0.0	0.1	0.7	1.0	0.5	0.1	2.3	0.2	0.0	0.4	0.1	0.1	0.1	0.0	0.0	0.0
05-07-02	Non-dairy creams	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05-08	Milk for coffee and creamers	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
06	Cereals and cereal products	23.3	24.2	58.8	0.6	11.2	7.0	12.7	15.9	6.9	12.6	4.1	13.7	17.3	31.1	4.6	59.3	43.1	0.0
06-01	Flour, flakes, starches, semolina	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0

Group=Female Children (7-18 years, n=857)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
06-02	Pasta, rice, other grain	2.2	2.1	4.8	0.3	0.3	0.1	0.1	0.7	0.2	0.5	0.0	0.3	0.8	3.4	0.1	6.6	2.5	0.0
06-03	Bread, crisp bread, rusks	15.4	18.8	46.1	0.2	4.9	2.9	4.0	9.8	3.9	10.8	2.1	6.0	10.5	21.4	3.1	41.2	34.1	0.0
06-03-01	Bread	14.5	17.9	44.1	0.2	4.4	2.4	3.6	9.3	2.5	10.5	2.1	5.5	9.9	20.2	2.9	39.0	32.5	0.0
06-03-02	Crispbread, rusks	0.9	0.8	2.0	0.0	0.5	0.5	0.4	0.5	1.4	0.3	0.0	0.5	0.6	1.3	0.3	2.3	1.7	0.0
06-04	Breakfast cereals	1.3	0.8	2.0	0.0	0.5	0.5	0.6	0.7	0.0	0.2	1.8	0.6	0.7	1.8	1.0	2.7	2.0	0.0
06-05	Salty biscuits, aperitif biscuits, crackers	3.5	1.7	3.9	0.1	4.7	3.1	6.7	4.1	2.2	0.7	0.2	5.8	4.6	3.2	0.3	6.3	3.2	0.0
06-06	Dough and pastry (puff, shortcrust, pizza)	1.0	0.8	2.0	0.0	0.8	0.4	1.3	0.5	0.6	0.3	0.0	1.1	0.6	1.2	0.1	2.3	1.1	0.0
07	Meat and meat products	10.4	27.8	0.4	46.1	18.5	18.5	22.2	11.3	15.5	7.7	37.2	18.5	10.3	0.8	0.4	1.3	2.1	0.0
07-01	Fresh meat	3.0	9.9	0.0	16.0	5.0	5.3	6.1	1.9	5.6	1.5	5.4	4.7	2.0	0.0	0.1	0.0	0.4	0.0
07-01-00	Unclassified	0.9	2.3	0.0	3.9	1.7	1.8	2.1	0.8	1.6	0.6	0.6	1.6	0.8	0.0	0.0	0.0	0.1	0.0
07-01-01	Beef	1.2	3.9	0.0	6.3	1.9	2.1	2.4	0.4	3.5	0.6	1.7	1.8	0.3	0.0	0.0	0.0	0.1	0.0
07-01-02	Veal	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-03	Pork	0.9	3.5	0.0	5.5	1.2	1.3	1.5	0.8	0.3	0.3	2.9	1.2	0.8	0.0	0.0	0.0	0.1	0.0
07-01-04	Mutton/Lamb	0.1	0.1	0.0	0.2	0.1	0.1	0.1	0.0	0.2	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0
07-01-05	Horse	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-06	Goat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02	Poultry	1.1	4.7	0.0	7.6	1.2	1.0	1.1	1.5	1.2	1.0	13.3	1.2	1.5	0.0	0.0	0.0	0.0	0.0
07-02-00	Unclassified and other poultry	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-01	Chicken, hen	1.1	4.6	0.0	7.3	1.2	0.9	1.1	1.5	1.2	1.0	13.3	1.2	1.5	0.0	0.0	0.0	0.0	0.0
07-02-02	Turkey, young turkey	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-03	Duck	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-05	Rabbit (domestic)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-03	Game	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-04	Processed meat	6.3	13.3	0.3	22.5	12.3	12.2	15.0	7.9	8.6	5.2	18.6	12.5	6.9	0.8	0.4	1.2	1.7	0.0
07-05	Offals	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08	Fish and shellfish	0.5	1.8	0.1	3.0	0.5	0.3	0.5	0.8	0.3	0.5	12.3	0.6	0.4	0.1	0.0	0.2	0.1	1.1
08-01	Fish	0.3	1.0	0.0	1.7	0.4	0.2	0.4	0.6	0.1	0.4	7.2	0.5	0.3	0.0	0.0	0.0	0.0	0.0
08-02	Crustaceans, molluscs	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.0	0.0	1.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08-03	Fish products, fish in crumbs	0.2	0.7	0.1	1.1	0.2	0.1	0.1	0.2	0.2	0.1	3.7	0.2	0.1	0.1	0.0	0.2	0.1	1.1
09	Eggs and egg products	0.5	1.4	0.0	2.3	0.9	0.8	1.1	0.4	0.0	0.0	10.3	0.8	0.4	0.1	0.0	0.1	0.0	0.0
09-01	Egg	0.5	1.4	0.0	2.3	0.9	0.8	1.1	0.4	0.0	0.0	10.3	0.8	0.4	0.1	0.0	0.1	0.0	0.0
10	Fat	5.7	0.0	0.1	0.0	17.0	12.4	16.2	29.6	16.6	29.2	7.4	21.0	31.2	0.0	0.0	0.1	0.0	0.0

Group=Female Children (7-18 years, n=857)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
10-00	Unclassified	0.7	0.0	0.0	0.0	2.1	1.5	2.2	3.4	1.6	1.8	0.0	2.6	3.8	0.0	0.0	0.0	0.0	0.0
10-01	Vegetable oils	0.8	0.0	0.0	0.0	2.5	1.0	2.7	5.4	0.3	3.5	5.6	3.7	5.8	0.0	0.0	0.0	0.0	0.0
10-02	Butter	0.5	0.0	0.0	0.0	1.3	2.1	1.0	0.3	3.1	0.6	0.0	0.8	0.1	0.0	0.0	0.0	0.0	0.0
10-03	Margarines	2.9	0.0	0.1	0.0	8.9	6.5	8.0	17.0	9.9	21.7	1.8	11.1	17.4	0.0	0.0	0.1	0.0	0.0
10-04	Deep frying fats	0.7	0.0	0.0	0.0	2.1	1.3	2.2	3.5	1.6	1.6	0.0	2.7	4.0	0.0	0.0	0.0	0.0	0.0
10-06	Other animal fat	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	10.9	3.0	4.7	1.8	9.3	11.4	10.1	5.1	4.6	1.8	0.8	8.4	4.4	14.1	23.9	3.5	5.1	0.7
11-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-01	Sugar, honey ,jam	1.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.0	3.8	0.2	0.2	0.0
11-02	Chocolate, candy bars, paste, chocolate confetti	4.8	1.7	2.9	0.8	6.9	7.8	8.3	4.4	0.8	0.9	0.7	6.9	3.9	4.5	8.0	0.9	3.7	0.7
11-03	Confectionery non-chocolate	2.1	0.6	1.4	0.1	0.4	0.4	0.4	0.4	0.5	0.4	0.0	0.4	0.2	3.5	5.1	1.8	0.5	0.0
11-04	Syrup	1.3	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.5	4.6	0.1	0.2	0.0
11-05	Ice cream, water ice	1.5	0.6	0.3	0.9	2.0	3.2	1.5	0.3	3.3	0.5	0.0	1.1	0.2	1.6	2.5	0.5	0.6	0.0
11-05-01	Ice cream	1.3	0.6	0.2	0.9	2.0	3.2	1.5	0.3	3.3	0.5	0.0	1.1	0.2	1.2	1.9	0.5	0.6	0.0
11-05-02	Sorbet	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-05-03	Water ice	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.6	0.0	0.1	0.0
12	Cakes	9.8	5.3	9.9	1.9	10.6	12.4	10.0	8.0	18.1	7.1	9.2	9.2	7.8	10.9	10.6	12.0	7.7	13.1
12-01	Cakes, pies, pastries, etc	4.8	3.0	5.1	1.6	5.5	6.3	4.8	4.3	12.4	4.7	4.8	4.6	4.4	5.0	4.8	5.5	3.4	13.1
12-02	Dry cakes, biscuits	5.1	2.3	4.8	0.3	5.1	6.1	5.2	3.7	5.8	2.4	4.3	4.6	3.3	6.0	5.9	6.5	4.3	0.0
13	Non-alcoholic beverages	8.5	0.8	1.8	0.1	0.1	0.1	0.1	0.2	0.1	0.4	0.0	0.1	0.1	15.6	28.9	0.4	1.6	0.0
13-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-01	Fruit and vegetable juices	2.7	0.6	1.5	0.0	0.1	0.0	0.0	0.1	0.0	0.3	0.0	0.1	0.1	4.8	8.8	0.2	1.4	0.0
13-02	Carbonated/soft/isotonic drinks, diluted syrups	5.7	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	10.7	19.9	0.2	0.1	0.0
13-03	Coffee, tea and herbal teas	0.1	0.1	0.1	0.1	0.0	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.1	0.0
13-03-01	Coffee	0.1	0.1	0.1	0.1	0.0	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0
13-03-02	Tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-03	Herbal tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
13-03-04	Chicory, substitutes	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-04	Waters	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14	Alcoholic beverages	0.6	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.4	0.6	0.2	0.2	83.2
14-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-01	Wine	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	20.8

Group=Female Children (7-18 years, n=857)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol	
14-02	Fortified wines (sherry, port, vermouth)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	10.9
14-03	Beer, cider	0.3	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.1	0.2	0.2	0.2	19.0
14-04	Spirits, brandy	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	4.8
14-05	Aniseed drinks (pastis,....)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-06	Liqueurs	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.2	0.0	0.0	0.0	16.5
14-07	Cocktails, punches	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0	11.3
15	Condiments and sauces	3.0	0.8	1.5	0.3	6.6	2.8	7.6	12.8	0.8	15.8	8.7	9.4	13.4	1.3	2.0	0.7	1.1	0.0	
15-01	Sauces	3.0	0.7	1.4	0.3	6.6	2.7	7.6	12.8	0.8	15.8	8.7	9.4	13.4	1.3	2.0	0.7	0.9	0.0	
15-01-00	Unclassified and other sauces	1.1	0.5	1.0	0.1	2.2	1.2	2.4	4.1	0.6	3.1	1.2	3.0	4.4	0.5	0.8	0.3	0.5	0.0	
15-01-01	Tomato sauces	0.3	0.1	0.3	0.0	0.1	0.1	0.2	0.2	0.0	0.2	0.4	0.2	0.2	0.4	0.7	0.2	0.3	0.0	
15-01-02	Dressing sauces	0.5	0.0	0.1	0.0	1.2	0.4	1.5	2.4	0.0	3.5	5.7	1.8	2.4	0.1	0.2	0.1	0.1	0.0	
15-01-03	Mayonnaises and similars	1.1	0.1	0.0	0.1	3.0	1.0	3.5	6.1	0.1	9.0	1.5	4.4	6.3	0.2	0.3	0.1	0.1	0.0	
15-01-04	Dessert sauces	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0	
15-02	Yeast	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
15-04	Condiments	0.1	0.1	0.1	0.0	0.1	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.1	0.0	
16	Soups, bouillon	0.6	1.0	0.9	1.1	0.7	0.7	0.6	0.7	2.4	0.5	3.7	0.6	0.8	0.4	0.3	0.6	1.1	0.0	
16-01	Soups	0.6	1.0	0.8	1.1	0.7	0.7	0.6	0.7	2.4	0.5	3.7	0.6	0.8	0.4	0.3	0.6	1.1	0.0	
16-02	Bouillon	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
17	Miscellaneous	1.9	2.3	2.6	2.0	2.6	2.8	2.3	2.2	3.6	1.4	1.2	2.3	1.8	1.4	0.6	2.4	1.5	0.0	
17-00	Unclassified	0.1	0.1	0.1	0.0	0.1	0.0	0.1	0.2	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.1	0.1	0.0	
17-01	Soya products	0.1	0.3	0.5	0.1	0.2	0.1	0.1	0.5	0.0	0.3	0.9	0.3	0.4	0.1	0.1	0.0	0.2	0.0	
17-02	Dietetic products	0.2	0.2	0.3	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.2	0.2	0.2	0.2	0.0	
17-02-00	Unclassified	0.2	0.2	0.3	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.2	0.2	0.2	0.2	0.0	
17-02-01	Artificial sweeteners	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
17-03	Snacks	1.6	1.7	1.7	1.9	2.2	2.6	2.2	1.5	3.5	1.1	0.3	1.9	1.2	1.2	0.3	2.1	1.0	0.0	

Group=Male Adults (19-69 years, n=1055)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01-01	Potatoes	4.9	2.8	7.5	0.1	1.7	2.1	1.4	1.8	1.7	4.3	0.0	1.5	1.4	8.7	0.4	15.2	10.5	0.0
01-02	Other tubers	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02	Vegetables	1.6	2.3	6.7	0.0	0.6	0.4	0.3	1.4	0.3	5.1	0.4	0.7	1.0	1.9	3.0	1.3	13.4	0.0
02-01	Leafy vegetables (except cabbages)	0.2	0.4	1.3	0.0	0.2	0.2	0.1	0.4	0.3	1.7	0.0	0.2	0.2	0.2	0.3	0.1	1.9	0.0
02-02	Fruiting vegetables	0.4	0.5	1.6	0.0	0.2	0.1	0.1	0.4	0.0	0.9	0.0	0.2	0.4	0.6	1.0	0.3	3.7	0.0
02-03	Root vegetables	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.2	0.4	0.0	1.1	0.0
02-04	Cabbages	0.3	0.6	1.6	0.0	0.1	0.1	0.0	0.3	0.0	1.7	0.0	0.1	0.1	0.3	0.4	0.2	2.7	0.0
02-05	Mushrooms	0.0	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.0
02-06	Grain and pod vegetables	0.1	0.1	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.2	0.5	0.0
02-07	Onion, garlic	0.2	0.2	0.4	0.0	0.1	0.0	0.0	0.1	0.0	0.2	0.3	0.1	0.1	0.3	0.4	0.2	1.5	0.0
02-08	Stalk vegetables, sprouts	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0
02-09	Mixed salad, mixed vegetables	0.2	0.3	0.8	0.0	0.1	0.1	0.0	0.1	0.0	0.5	0.0	0.1	0.1	0.2	0.4	0.2	1.7	0.0
03	Legumes	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.2	0.1	0.2	0.8	0.0
03-01	Legumes	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.2	0.1	0.2	0.8	0.0
04	Fruits, nuts and olives	4.8	2.7	6.5	0.0	4.9	2.5	6.1	7.3	0.0	4.2	0.7	6.5	8.0	5.6	10.3	2.3	9.6	0.0
04-01	Fruits	2.6	0.6	1.8	0.0	0.3	0.2	0.1	0.7	0.0	1.9	0.0	0.3	0.6	4.9	9.6	1.5	7.2	0.0
04-02	Nuts and seeds (+nut spread)	2.2	2.0	4.7	0.0	4.5	2.3	5.8	6.5	0.0	2.3	0.7	6.0	7.3	0.7	0.5	0.8	2.2	0.0
04-03	Mixed fruits	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.0	0.1	0.0
04-04	Olives	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0
05	Dairy products	13.8	22.2	0.4	36.2	17.9	30.6	12.1	3.6	33.0	9.6	0.8	9.0	2.1	9.5	19.8	1.9	3.1	0.2
05-01	Milk	3.4	6.6	0.0	10.5	2.9	4.9	1.9	0.4	5.5	0.8	0.0	1.4	0.3	3.3	7.7	0.0	0.0	0.0
05-02	Milk beverages	0.7	0.9	0.2	1.3	0.4	0.7	0.3	0.1	0.4	0.1	0.3	0.2	0.1	0.9	1.8	0.1	1.1	0.0
05-03	Yoghurt	2.0	3.4	0.0	5.5	0.9	1.4	0.6	0.2	1.7	0.2	0.0	0.5	0.1	2.4	5.1	0.4	1.6	0.0
05-04	Fromage blanc, petits suisses	0.2	0.3	0.0	0.5	0.2	0.2	0.1	0.0	0.3	0.0	0.0	0.1	0.0	0.2	0.5	0.0	0.0	0.0
05-05	Cheese (including fresh cheeses)	5.3	9.3	0.0	15.6	11.2	19.1	7.6	2.3	20.5	7.5	0.0	5.6	1.3	0.0	0.1	0.0	0.0	0.0
05-06	Cream desserts, puddings (milk based)	1.5	1.1	0.1	1.8	1.2	2.0	0.9	0.3	1.6	0.6	0.4	0.6	0.2	2.1	3.6	1.0	0.4	0.2
05-07	Dairy and non-dairy creams	0.3	0.1	0.0	0.1	0.7	1.0	0.5	0.1	2.0	0.2	0.0	0.4	0.1	0.1	0.2	0.0	0.0	0.0
05-07-01	Dairy creams	0.3	0.1	0.0	0.1	0.7	1.0	0.5	0.1	2.0	0.2	0.0	0.4	0.1	0.1	0.2	0.0	0.0	0.0
05-07-02	Non-dairy creams	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05-08	Milk for coffee and creamers	0.5	0.5	0.0	0.9	0.6	1.3	0.3	0.2	0.9	0.2	0.0	0.2	0.2	0.4	0.8	0.3	0.0	0.0
06	Cereals and cereal products	22.7	21.9	56.5	0.5	9.2	5.6	9.8	14.3	4.8	11.8	4.1	11.3	15.5	36.1	6.5	58.8	43.1	0.0
06-01	Flour, flakes, starches, semolina	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.1	0.0

Group=Male Adults (19-69 years, n=1055)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
06-02	Pasta, rice, other grain	2.9	2.3	5.7	0.2	0.4	0.2	0.2	0.8	0.1	0.4	0.0	0.4	0.9	5.4	0.2	9.1	2.9	0.0
06-03	Bread, crisp bread, rusks	16.0	17.5	45.6	0.2	5.0	2.8	4.1	10.1	2.6	10.5	2.1	6.2	10.8	26.0	5.0	42.3	35.7	0.0
06-03-01	Bread	15.5	17.1	44.3	0.2	4.7	2.6	3.9	9.8	2.1	10.3	2.1	6.0	10.5	25.1	4.7	40.7	34.6	0.0
06-03-02	Crispbread, rusks	0.6	0.5	1.4	0.0	0.2	0.2	0.2	0.3	0.5	0.2	0.0	0.2	0.3	1.0	0.2	1.6	1.1	0.0
06-04	Breakfast cereals	1.0	0.6	1.6	0.0	0.6	0.6	0.6	0.7	0.0	0.2	2.0	0.6	0.8	1.5	0.9	2.1	2.0	0.0
06-05	Salty biscuits, aperitif biscuits, crackers	2.0	0.8	2.0	0.1	2.6	1.7	3.9	2.3	1.2	0.4	0.1	3.3	2.6	2.1	0.3	3.5	1.6	0.0
06-06	Dough and pastry (puff, shortcrust, pizza)	0.7	0.6	1.4	0.0	0.6	0.4	1.0	0.4	0.9	0.3	0.0	0.8	0.4	1.0	0.1	1.7	0.8	0.0
07	Meat and meat products	12.4	31.3	0.4	49.5	20.2	20.8	24.6	11.6	17.1	7.4	36.8	19.9	10.9	0.9	0.7	1.2	2.0	0.0
07-01	Fresh meat	4.6	13.5	0.0	20.9	6.9	7.5	8.5	2.6	7.8	1.6	6.7	6.4	2.7	0.1	0.1	0.1	0.5	0.0
07-01-00	Unclassified	1.1	2.6	0.0	4.3	2.1	2.3	2.7	0.9	2.0	0.7	0.6	2.1	0.9	0.0	0.0	0.0	0.2	0.0
07-01-01	Beef	1.6	5.0	0.0	7.8	2.3	2.6	2.9	0.4	4.3	0.6	2.0	2.0	0.4	0.0	0.0	0.0	0.1	0.0
07-01-02	Veal	0.1	0.2	0.0	0.2	0.1	0.1	0.1	0.0	0.1	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0
07-01-03	Pork	1.6	5.2	0.0	7.7	2.1	2.2	2.5	1.2	0.4	0.2	3.7	2.0	1.3	0.0	0.0	0.0	0.1	0.0
07-01-04	Mutton/Lamb	0.2	0.5	0.0	0.7	0.4	0.4	0.3	0.1	0.9	0.1	0.2	0.3	0.0	0.0	0.0	0.0	0.0	0.0
07-01-05	Horse	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-06	Goat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02	Poultry	1.5	5.6	0.0	8.8	1.5	1.3	1.4	1.8	1.4	1.0	13.4	1.5	1.7	0.0	0.0	0.0	0.0	0.0
07-02-00	Unclassified and other poultry	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-01	Chicken, hen	1.3	5.3	0.0	8.3	1.3	1.1	1.2	1.5	1.4	1.0	13.3	1.3	1.5	0.0	0.0	0.0	0.0	0.0
07-02-02	Turkey, young turkey	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-03	Duck	0.1	0.1	0.0	0.2	0.2	0.1	0.2	0.2	0.0	0.0	0.0	0.2	0.2	0.0	0.0	0.0	0.0	0.0
07-02-05	Rabbit (domestic)	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-03	Game	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-04	Processed meat	6.3	12.0	0.3	19.6	11.8	12.0	14.7	7.1	7.9	4.8	16.6	11.9	6.5	0.8	0.6	1.1	1.5	0.0
07-05	Offals	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08	Fish and shellfish	1.1	3.7	0.2	5.6	1.3	0.9	1.4	1.8	0.6	1.1	23.7	1.6	0.8	0.2	0.0	0.4	0.1	0.0
08-01	Fish	0.8	2.6	0.1	4.1	1.1	0.7	1.2	1.5	0.3	0.9	17.5	1.3	0.6	0.1	0.0	0.2	0.0	0.0
08-02	Crustaceans, molluscs	0.1	0.3	0.0	0.5	0.0	0.0	0.0	0.1	0.0	0.0	3.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08-03	Fish products, fish in crumbs	0.2	0.7	0.1	1.0	0.2	0.2	0.2	0.3	0.3	0.2	3.2	0.2	0.2	0.1	0.0	0.2	0.1	0.0
09	Eggs and egg products	0.7	1.7	0.0	2.8	1.2	1.1	1.4	0.5	0.0	0.1	10.8	1.1	0.5	0.1	0.0	0.2	0.0	0.0
09-01	Egg	0.7	1.7	0.0	2.8	1.2	1.1	1.4	0.5	0.0	0.1	10.8	1.1	0.5	0.1	0.0	0.2	0.0	0.0
10	Fat	7.1	0.1	0.1	0.0	20.6	14.8	20.4	33.9	18.8	33.4	5.6	25.5	35.7	0.1	0.1	0.1	0.0	0.0

Group=Male Adults (19-69 years, n=1055)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
10-00	Unclassified	0.7	0.0	0.0	0.0	1.8	1.3	2.0	2.9	1.5	1.7	0.0	2.3	3.3	0.0	0.0	0.0	0.0	0.0
10-01	Vegetable oils	1.3	0.0	0.0	0.0	4.0	1.7	5.1	6.6	0.5	4.5	5.3	5.8	7.2	0.0	0.0	0.0	0.0	0.0
10-02	Butter	0.6	0.0	0.0	0.0	1.7	2.7	1.3	0.4	4.1	0.6	0.0	1.0	0.2	0.0	0.0	0.0	0.0	0.0
10-03	Margarines	3.9	0.1	0.1	0.0	11.3	8.1	10.0	21.2	11.5	25.4	0.3	14.1	21.7	0.1	0.0	0.1	0.0	0.0
10-04	Deep frying fats	0.6	0.0	0.0	0.0	1.7	1.0	1.9	2.8	1.2	1.1	0.0	2.2	3.2	0.0	0.0	0.0	0.0	0.0
10-06	Other animal fat	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.0	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	6.3	1.3	2.2	0.8	4.3	5.7	4.7	1.9	2.6	0.7	0.1	3.7	1.6	10.2	21.2	1.7	2.8	0.3
11-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-01	Sugar, honey ,jam	2.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	4.7	10.1	0.3	0.2	0.0
11-02	Chocolate, candy bars, paste, chocolate confetti	2.3	0.7	1.4	0.3	3.1	3.7	3.7	1.6	0.3	0.3	0.0	2.9	1.4	2.5	5.2	0.5	1.9	0.3
11-03	Confectionery non-chocolate	0.7	0.3	0.6	0.0	0.2	0.2	0.2	0.2	0.3	0.1	0.0	0.2	0.1	1.3	2.3	0.6	0.3	0.0
11-04	Syrup	0.4	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.8	1.9	0.0	0.2	0.0
11-05	Ice cream, water ice	0.8	0.3	0.1	0.4	1.1	1.8	0.8	0.1	1.9	0.3	0.0	0.6	0.1	0.9	1.7	0.3	0.3	0.0
11-05-01	Ice cream	0.8	0.3	0.1	0.4	1.1	1.8	0.8	0.1	1.9	0.3	0.0	0.6	0.1	0.8	1.6	0.3	0.2	0.0
11-05-02	Sorbet	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-05-03	Water ice	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
12	Cakes	6.3	2.7	5.6	1.0	6.6	8.0	6.0	4.6	14.5	4.1	5.0	5.4	4.5	8.2	10.1	7.3	4.3	1.5
12-01	Cakes, pies, pastries, etc	4.0	1.9	3.6	0.8	4.3	5.1	3.7	3.0	11.1	2.9	3.0	3.4	2.9	5.1	6.4	4.4	2.7	1.4
12-02	Dry cakes, biscuits	2.3	0.9	2.0	0.2	2.3	2.9	2.3	1.6	3.4	1.2	2.1	2.0	1.6	3.1	3.7	2.9	1.6	0.2
13	Non-alcoholic beverages	5.5	2.1	5.0	0.4	0.6	1.1	0.2	0.2	0.6	0.4	0.0	0.2	0.2	10.6	21.7	0.7	2.0	0.4
13-00	Unclassified	0.1	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.0	0.4
13-01	Fruit and vegetable juices	1.6	0.5	1.2	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.0	0.0	0.1	3.3	7.0	0.2	1.3	0.0
13-02	Carbonated/soft/isotonic drinks, diluted syrups	3.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	6.3	12.9	0.1	0.0	0.0
13-03	Coffee, tea and herbal teas	0.8	1.6	3.6	0.4	0.5	0.9	0.2	0.1	0.6	0.1	0.0	0.2	0.0	0.9	1.7	0.4	0.7	0.0
13-03-01	Coffee	0.8	1.6	3.6	0.4	0.5	0.9	0.2	0.1	0.6	0.1	0.0	0.2	0.0	0.8	1.5	0.4	0.7	0.0
13-03-02	Tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-03	Herbal tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0
13-03-04	Chicory, substitutes	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-04	Waters	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14	Alcoholic beverages	6.6	1.1	3.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.7	1.9	4.7	3.6	97.5
14-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1
14-01	Wine	1.4	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.4	1.1	0.0	0.0	27.1

Group=Male Adults (19-69 years, n=1055)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
14-02	Fortified wines (sherry, port, vermouth)	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.3	0.0	0.0	4.3
14-03	Beer, cider	4.3	1.1	3.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.0	0.2	4.7	3.6	54.3
14-04	Spirits, brandy	0.6	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	10.2
14-05	Aniseed drinks (pastis,....)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-06	Liqueurs	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.0	0.0	1.4
14-07	Cocktails, punches	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2
15	Condiments and sauces	3.6	0.9	1.9	0.3	7.9	3.5	8.9	14.8	1.0	16.1	4.8	11.1	15.6	1.7	3.2	0.8	1.3	0.0
15-01	Sauces	3.5	0.7	1.6	0.2	7.8	3.3	8.9	14.7	1.0	16.0	4.6	11.0	15.5	1.6	3.0	0.7	1.1	0.0
15-01-00	Unclassified and other sauces	1.5	0.5	1.3	0.1	3.2	1.6	3.4	5.7	0.8	3.8	0.9	4.3	6.1	0.8	1.5	0.4	0.6	0.0
15-01-01	Tomato sauces	0.2	0.1	0.2	0.0	0.1	0.1	0.2	0.1	0.0	0.1	0.1	0.2	0.1	0.4	0.8	0.1	0.3	0.0
15-01-02	Dressing sauces	0.5	0.0	0.1	0.0	1.2	0.5	1.5	2.4	0.1	3.2	2.6	1.8	2.5	0.2	0.2	0.1	0.1	0.0
15-01-03	Mayonnaises and similars	1.3	0.1	0.0	0.1	3.3	1.1	3.8	6.4	0.1	8.8	1.0	4.7	6.7	0.2	0.4	0.1	0.1	0.0
15-01-04	Dessert sauces	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
15-02	Yeast	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
15-04	Condiments	0.1	0.1	0.2	0.0	0.2	0.2	0.1	0.1	0.0	0.1	0.2	0.1	0.1	0.1	0.1	0.1	0.2	0.0
16	Soups, bouillon	1.0	1.4	1.6	1.3	1.0	1.0	1.0	0.9	3.0	0.7	2.5	0.9	0.9	0.9	0.7	1.2	2.2	0.0
16-01	Soups	1.0	1.4	1.6	1.3	1.0	1.0	0.9	0.9	3.0	0.7	2.5	0.9	0.9	0.9	0.6	1.2	2.2	0.0
16-02	Bouillon	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17	Miscellaneous	1.4	1.7	1.8	1.5	1.8	1.9	1.6	1.4	2.0	0.8	0.8	1.5	1.1	1.3	0.5	2.0	1.2	0.0
17-00	Unclassified	0.0	0.1	0.1	0.1	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.1	0.1	0.0
17-01	Soya products	0.1	0.2	0.3	0.0	0.1	0.0	0.1	0.2	0.0	0.1	0.5	0.1	0.2	0.0	0.1	0.0	0.1	0.0
17-02	Dietetic products	0.1	0.2	0.1	0.2	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.1	0.1	0.0
17-02-00	Unclassified	0.1	0.2	0.1	0.2	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.1	0.1	0.0
17-02-01	Artificial sweeteners	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-03	Snacks	1.2	1.2	1.3	1.2	1.5	1.8	1.5	1.0	1.9	0.6	0.3	1.3	0.7	1.1	0.3	1.8	0.8	0.0

Group=Female Adults (19-69 years, n=1051)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01-01	Potatoes	4.1	2.3	6.2	0.1	1.3	1.4	1.0	1.6	1.0	4.0	0.1	1.2	1.2	7.2	0.3	13.2	8.3	0.0
01-02	Other tubers	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02	Vegetables	2.1	2.9	7.9	0.0	0.9	0.5	0.4	2.1	0.3	6.9	0.1	1.0	1.5	2.4	3.6	1.6	15.3	0.0
02-01	Leafy vegetables (except cabbages)	0.3	0.5	1.5	0.0	0.2	0.2	0.1	0.5	0.3	2.4	0.0	0.2	0.3	0.2	0.3	0.2	2.3	0.0
02-02	Fruiting vegetables	0.6	0.7	2.0	0.0	0.3	0.2	0.2	0.7	0.0	1.3	0.0	0.4	0.7	0.8	1.4	0.3	4.2	0.0
02-03	Root vegetables	0.2	0.1	0.4	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.3	0.6	0.1	1.6	0.0
02-04	Cabbages	0.4	0.6	1.7	0.0	0.1	0.1	0.0	0.4	0.0	2.2	0.0	0.1	0.1	0.3	0.5	0.3	3.0	0.0
02-05	Mushrooms	0.0	0.1	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.4	0.0
02-06	Grain and pod vegetables	0.1	0.2	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.2	0.6	0.0
02-07	Onion, garlic	0.2	0.1	0.4	0.0	0.1	0.0	0.0	0.2	0.0	0.3	0.1	0.1	0.2	0.3	0.4	0.3	1.3	0.0
02-08	Stalk vegetables, sprouts	0.0	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0
02-09	Mixed salad, mixed vegetables	0.2	0.3	0.9	0.0	0.1	0.1	0.0	0.2	0.0	0.6	0.0	0.1	0.1	0.3	0.4	0.2	1.8	0.0
03	Legumes	0.2	0.3	0.6	0.0	0.0	0.0	0.0	0.1	0.0	0.4	0.0	0.0	0.1	0.2	0.1	0.3	0.9	0.0
03-01	Legumes	0.2	0.3	0.6	0.0	0.0	0.0	0.0	0.1	0.0	0.4	0.0	0.0	0.1	0.2	0.1	0.3	0.9	0.0
04	Fruits, nuts and olives	5.9	2.7	6.7	0.0	4.5	2.2	5.4	6.8	0.0	5.2	0.9	6.0	7.5	7.9	14.0	2.8	12.3	0.0
04-01	Fruits	4.0	1.0	2.6	0.0	0.5	0.3	0.2	1.2	0.0	2.8	0.0	0.5	1.1	7.2	13.5	2.0	10.2	0.0
04-02	Nuts and seeds (+nut spread)	1.8	1.6	3.9	0.0	3.7	1.8	4.8	5.4	0.0	2.3	0.7	5.1	6.1	0.5	0.4	0.7	1.8	0.0
04-03	Mixed fruits	0.1	0.1	0.1	0.0	0.2	0.1	0.2	0.2	0.0	0.1	0.1	0.2	0.3	0.1	0.2	0.0	0.2	0.0
04-04	Olives	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0
05	Dairy products	14.9	24.1	0.4	39.7	19.5	32.1	13.5	4.2	35.7	10.5	0.8	10.2	2.7	9.7	19.0	1.8	3.5	0.5
05-01	Milk	3.1	6.0	0.0	9.6	2.4	3.9	1.6	0.4	4.4	0.6	0.0	1.1	0.2	3.0	6.6	0.0	0.0	0.0
05-02	Milk beverages	0.7	0.9	0.2	1.3	0.4	0.7	0.3	0.1	0.5	0.1	0.3	0.2	0.1	0.9	1.8	0.1	1.1	0.0
05-03	Yoghurt	2.7	4.7	0.0	7.7	1.2	1.9	0.8	0.2	2.2	0.3	0.0	0.6	0.1	3.1	6.1	0.5	2.1	0.0
05-04	Fromage blanc, petits suisses	0.3	0.6	0.0	0.9	0.2	0.4	0.2	0.0	0.4	0.1	0.0	0.1	0.0	0.3	0.6	0.0	0.0	0.0
05-05	Cheese (including fresh cheeses)	5.9	10.3	0.0	17.3	12.5	20.6	8.7	2.8	22.4	8.4	0.0	6.6	1.7	0.1	0.2	0.0	0.0	0.0
05-06	Cream desserts, puddings (milk based)	1.3	1.0	0.1	1.7	1.1	1.9	0.8	0.3	1.6	0.5	0.6	0.6	0.2	1.7	2.7	0.9	0.3	0.5
05-07	Dairy and non-dairy creams	0.4	0.1	0.0	0.1	1.0	1.4	0.8	0.2	2.9	0.3	0.0	0.6	0.1	0.1	0.2	0.0	0.0	0.0
05-07-01	Dairy creams	0.4	0.1	0.0	0.1	1.0	1.4	0.7	0.2	2.9	0.3	0.0	0.6	0.1	0.1	0.2	0.0	0.0	0.0
05-07-02	Non-dairy creams	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05-08	Milk for coffee and creamers	0.5	0.7	0.0	1.1	0.7	1.3	0.3	0.2	1.2	0.2	0.0	0.3	0.2	0.5	0.8	0.2	0.0	0.0
06	Cereals and cereal products	23.7	22.1	56.7	0.5	10.5	6.5	11.0	17.0	5.0	13.7	5.9	13.0	18.5	35.9	6.3	61.6	42.0	0.0
06-01	Flour, flakes, starches, semolina	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	0.3	0.1	0.0

Group=Female Adults (19-69 years, n=1051)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
06-02	Pasta, rice, other grain	3.0	2.4	5.8	0.3	0.5	0.2	0.2	0.9	0.0	0.5	0.0	0.5	1.1	5.2	0.2	9.4	2.9	0.0
06-03	Bread, crisp bread, rusks	16.3	17.2	44.8	0.1	5.7	3.1	4.7	12.1	2.7	12.0	2.6	7.3	13.0	25.1	4.5	43.2	33.9	0.0
06-03-01	Bread	15.1	16.3	42.2	0.0	5.1	2.6	4.3	11.4	1.6	11.6	2.6	6.8	12.3	23.2	4.1	39.9	31.6	0.0
06-03-02	Crispbread, rusks	1.2	0.9	2.6	0.0	0.5	0.5	0.4	0.7	1.0	0.4	0.0	0.5	0.7	1.9	0.4	3.3	2.3	0.0
06-04	Breakfast cereals	1.4	0.8	2.2	0.0	0.8	0.8	0.9	1.0	0.0	0.4	3.2	0.9	1.1	2.0	1.2	2.8	2.5	0.0
06-05	Salty biscuits, aperitif biscuits, crackers	2.3	1.0	2.3	0.1	3.0	2.1	4.1	2.6	1.9	0.6	0.2	3.6	2.9	2.5	0.3	4.3	1.7	0.0
06-06	Dough and pastry (puff, shortcrust, pizza)	0.7	0.6	1.4	0.0	0.5	0.3	1.0	0.4	0.4	0.2	0.0	0.8	0.4	1.0	0.1	1.7	0.8	0.0
07	Meat and meat products	10.7	27.4	0.2	43.5	17.0	16.9	21.3	9.9	13.1	6.3	29.6	17.2	9.5	0.6	0.5	0.9	1.4	0.0
07-01	Fresh meat	4.1	12.1	0.0	18.8	6.1	6.5	7.8	2.3	6.8	1.4	4.7	5.8	2.3	0.1	0.1	0.0	0.4	0.0
07-01-00	Unclassified	0.9	2.1	0.0	3.4	1.7	1.8	2.2	0.8	1.4	0.5	0.6	1.7	0.8	0.0	0.0	0.0	0.1	0.0
07-01-01	Beef	1.7	5.2	0.0	8.3	2.6	2.8	3.3	0.5	4.5	0.6	1.7	2.3	0.4	0.0	0.0	0.0	0.2	0.0
07-01-02	Veal	0.1	0.2	0.0	0.3	0.1	0.1	0.1	0.0	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0
07-01-03	Pork	1.3	4.4	0.0	6.5	1.6	1.6	2.0	1.0	0.2	0.2	2.4	1.6	1.0	0.0	0.0	0.0	0.1	0.0
07-01-04	Mutton/Lamb	0.1	0.2	0.0	0.3	0.2	0.2	0.2	0.1	0.5	0.1	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0
07-01-05	Horse	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-06	Goat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02	Poultry	1.4	5.4	0.0	8.6	1.2	1.0	1.2	1.4	1.2	0.9	11.9	1.2	1.4	0.0	0.0	0.0	0.0	0.0
07-02-00	Unclassified and other poultry	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-01	Chicken, hen	1.3	5.2	0.0	8.3	1.1	0.9	1.0	1.4	1.1	0.8	11.9	1.1	1.3	0.0	0.0	0.0	0.0	0.0
07-02-02	Turkey, young turkey	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-03	Duck	0.0	0.1	0.0	0.1	0.1	0.1	0.1	0.1	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0
07-02-05	Rabbit (domestic)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-03	Game	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-04	Processed meat	5.1	9.8	0.2	15.9	9.6	9.4	12.3	6.2	5.2	4.1	12.8	10.1	5.8	0.6	0.4	0.8	1.0	0.0
07-05	Offals	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08	Fish and shellfish	1.4	4.4	0.2	7.0	1.7	1.1	2.0	2.3	0.4	1.2	23.7	2.1	0.8	0.2	0.0	0.4	0.1	0.0
08-01	Fish	1.1	3.3	0.0	5.3	1.5	1.0	1.8	1.9	0.3	1.0	17.7	1.8	0.7	0.1	0.0	0.1	0.0	0.0
08-02	Crustaceans, molluscs	0.1	0.5	0.0	0.8	0.1	0.0	0.0	0.1	0.0	0.0	3.4	0.1	0.0	0.0	0.0	0.0	0.0	0.0
08-03	Fish products, fish in crumbs	0.2	0.6	0.1	0.9	0.2	0.1	0.1	0.2	0.2	0.1	2.7	0.2	0.1	0.1	0.0	0.2	0.1	0.0
09	Eggs and egg products	0.9	2.0	0.0	3.3	1.5	1.3	1.9	0.7	0.0	0.1	11.6	1.4	0.7	0.1	0.0	0.2	0.0	0.0
09-01	Egg	0.9	2.0	0.0	3.3	1.5	1.3	1.9	0.7	0.0	0.1	11.6	1.4	0.7	0.1	0.0	0.2	0.0	0.0
10	Fat	6.5	0.1	0.1	0.0	19.0	13.8	19.6	30.5	16.9	29.0	5.0	23.7	32.1	0.1	0.1	0.1	0.0	0.0

Group=Female Adults (19-69 years, n=1051)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
10-00	Unclassified	0.6	0.0	0.0	0.0	1.6	1.1	1.8	2.6	1.1	1.4	0.0	2.0	2.9	0.0	0.0	0.0	0.0	0.0
10-01	Vegetable oils	1.3	0.0	0.0	0.0	4.0	1.6	5.5	6.1	0.3	3.4	3.7	5.9	6.6	0.0	0.0	0.0	0.0	0.0
10-02	Butter	0.8	0.0	0.0	0.0	2.2	3.4	1.7	0.4	4.7	0.8	0.0	1.3	0.2	0.0	0.0	0.0	0.0	0.0
10-03	Margarines	3.3	0.0	0.1	0.0	10.0	7.0	9.2	19.3	9.9	22.6	1.3	12.8	20.0	0.0	0.0	0.1	0.0	0.0
10-04	Deep frying fats	0.5	0.0	0.0	0.0	1.2	0.7	1.4	2.1	0.8	0.8	0.0	1.6	2.3	0.0	0.0	0.0	0.0	0.0
10-06	Other animal fat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	6.5	1.6	2.5	1.0	4.9	6.5	5.1	2.1	2.8	0.9	0.3	4.0	1.9	9.6	18.0	1.8	3.3	1.1
11-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-01	Sugar, honey ,jam	1.6	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.3	6.5	0.3	0.2	0.0
11-02	Chocolate, candy bars, paste, chocolate confetti	2.5	0.9	1.5	0.5	3.5	4.3	4.0	1.7	0.4	0.5	0.2	3.2	1.6	2.6	4.9	0.5	1.9	1.1
11-03	Confectionery non-chocolate	0.9	0.3	0.8	0.0	0.2	0.2	0.2	0.2	0.4	0.1	0.1	0.2	0.1	1.6	2.6	0.7	0.4	0.0
11-04	Syrup	0.6	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.1	2.2	0.0	0.3	0.0
11-05	Ice cream, water ice	0.9	0.3	0.1	0.5	1.2	2.0	0.9	0.2	2.1	0.3	0.0	0.7	0.2	1.0	1.7	0.3	0.4	0.0
11-05-01	Ice cream	0.9	0.3	0.1	0.5	1.2	2.0	0.9	0.2	2.1	0.3	0.0	0.7	0.2	0.9	1.5	0.3	0.4	0.0
11-05-02	Sorbet	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-05-03	Water ice	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0
12	Cakes	8.2	3.4	7.0	1.2	8.5	10.2	7.7	6.0	17.7	5.2	4.8	7.0	6.0	10.4	12.1	9.6	5.4	3.3
12-01	Cakes, pies, pastries, etc	5.0	2.2	4.3	0.9	5.3	6.4	4.6	3.6	13.4	3.5	2.4	4.2	3.7	6.3	7.5	5.6	3.3	3.3
12-02	Dry cakes, biscuits	3.1	1.2	2.6	0.3	3.2	3.8	3.2	2.4	4.3	1.7	2.4	2.9	2.4	4.1	4.6	4.0	2.1	0.0
13	Non-alcoholic beverages	5.5	2.4	5.4	0.7	0.8	1.3	0.4	0.3	1.0	0.5	0.0	0.4	0.2	10.0	19.2	0.9	2.7	0.0
13-00	Unclassified	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-01	Fruit and vegetable juices	2.3	0.6	1.6	0.0	0.1	0.0	0.0	0.1	0.0	0.4	0.0	0.1	0.1	4.4	8.6	0.3	1.8	0.0
13-02	Carbonated/soft/isotonic drinks, diluted syrups	2.3	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	4.6	9.0	0.1	0.0	0.0
13-03	Coffee, tea and herbal teas	0.9	1.7	3.6	0.6	0.7	1.2	0.4	0.1	1.0	0.2	0.0	0.3	0.1	0.9	1.5	0.5	0.9	0.0
13-03-01	Coffee	0.9	1.7	3.5	0.6	0.7	1.2	0.4	0.1	1.0	0.2	0.0	0.3	0.1	0.8	1.4	0.5	0.9	0.0
13-03-02	Tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-03	Herbal tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.0	0.0	0.0
13-03-04	Chicory, substitutes	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-04	Waters	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14	Alcoholic beverages	3.8	0.2	0.6	0.0	0.1	0.1	0.1	0.0	0.2	0.0	0.1	0.1	0.0	1.8	2.9	0.8	0.5	95.2
14-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-01	Wine	2.3	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.8	2.0	0.0	0.0	62.3

Group=Female Adults (19-69 years, n=1051)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
14-02	Fortified wines (sherry, port, vermouth)	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.4	0.0	0.0	7.5
14-03	Beer, cider	0.7	0.2	0.5	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.5	0.1	0.8	0.5	12.3
14-04	Spirits, brandy	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	6.4
14-05	Aniseed drinks (pastis,....)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2
14-06	Liqueurs	0.2	0.0	0.0	0.0	0.1	0.1	0.1	0.0	0.2	0.0	0.1	0.1	0.0	0.2	0.4	0.0	0.0	5.8
14-07	Cocktails, punches	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.7
15	Condiments and sauces	3.2	0.7	1.5	0.3	6.9	3.0	7.9	13.2	0.9	14.0	4.5	9.8	13.9	1.5	2.5	0.8	1.0	0.0
15-01	Sauces	3.1	0.6	1.3	0.2	6.8	2.9	7.8	13.1	0.9	14.0	4.4	9.8	13.8	1.4	2.4	0.7	0.9	0.0
15-01-00	Unclassified and other sauces	1.3	0.4	1.0	0.1	2.7	1.4	3.0	5.1	0.7	3.4	1.0	3.8	5.4	0.7	1.1	0.4	0.5	0.0
15-01-01	Tomato sauces	0.2	0.1	0.2	0.0	0.2	0.1	0.2	0.2	0.0	0.2	0.2	0.2	0.2	0.4	0.7	0.1	0.3	0.0
15-01-02	Dressing sauces	0.6	0.0	0.0	0.0	1.4	0.5	1.7	2.8	0.1	3.7	2.3	2.1	2.8	0.2	0.2	0.1	0.0	0.0
15-01-03	Mayonnaises and similars	1.0	0.1	0.0	0.1	2.5	0.8	2.9	5.0	0.1	6.6	0.9	3.6	5.3	0.1	0.3	0.0	0.1	0.0
15-01-04	Dessert sauces	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
15-02	Yeast	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
15-04	Condiments	0.1	0.1	0.2	0.0	0.1	0.1	0.1	0.1	0.0	0.0	0.0	0.1	0.1	0.1	0.1	0.1	0.2	0.0
16	Soups, bouillon	1.0	1.4	1.5	1.3	1.0	1.1	0.9	1.0	3.4	0.6	2.9	0.9	1.0	0.9	0.7	1.2	1.9	0.0
16-01	Soups	1.0	1.3	1.5	1.3	1.0	1.0	0.9	0.9	3.4	0.6	2.9	0.9	1.0	0.9	0.7	1.2	1.8	0.0
16-02	Bouillon	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17	Miscellaneous	1.7	2.0	2.5	1.4	2.0	1.9	1.8	2.2	1.6	1.3	0.9	1.9	1.7	1.5	0.8	2.0	1.5	0.0
17-00	Unclassified	0.1	0.1	0.1	0.1	0.1	0.0	0.1	0.1	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.1	0.1	0.0
17-01	Soya products	0.2	0.4	0.8	0.1	0.3	0.1	0.2	0.8	0.0	0.5	0.6	0.4	0.7	0.2	0.3	0.1	0.3	0.0
17-02	Dietetic products	0.2	0.4	0.3	0.1	0.2	0.1	0.1	0.2	0.0	0.1	0.0	0.1	0.2	0.2	0.3	0.2	0.2	0.0
17-02-00	Unclassified	0.2	0.3	0.3	0.1	0.2	0.1	0.1	0.2	0.0	0.1	0.0	0.1	0.2	0.2	0.3	0.2	0.2	0.0
17-02-01	Artificial sweeteners	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-03	Snacks	1.1	1.2	1.2	1.2	1.4	1.6	1.4	1.0	1.6	0.7	0.3	1.3	0.8	1.0	0.3	1.7	0.8	0.0

Table 2.2.c Average contribution of food subgroups to the intake of macronutrients of the Dutch population stratified by age gender groups (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week

Group=Children (7-8 years, n=304)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01-01	Potatoes	4.4	3.0	7.4	0.1	1.9	2.4	1.6	1.9	1.2	4.4	0.0	1.7	1.5	6.4	0.2	13.7	10.6	0.0
01-02	Other tubers	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0
02	Vegetables	1.0	1.6	4.2	0.0	0.4	0.3	0.1	1.0	0.3	4.1	0.1	0.4	0.7	1.0	1.2	0.8	9.1	0.0
02-01	Leafy vegetables (except cabbages)	0.2	0.3	0.8	0.0	0.2	0.1	0.1	0.3	0.3	1.3	0.0	0.1	0.1	0.1	0.1	0.2	1.4	0.0
02-02	Fruiting vegetables	0.3	0.5	1.2	0.0	0.1	0.1	0.0	0.3	0.0	0.9	0.0	0.1	0.3	0.4	0.5	0.2	2.7	0.0
02-03	Root vegetables	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.2	0.3	0.0	1.4	0.0
02-04	Cabbages	0.2	0.4	1.1	0.0	0.1	0.0	0.0	0.2	0.0	1.5	0.0	0.1	0.1	0.1	0.1	0.1	2.0	0.0
02-05	Mushrooms	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0
02-06	Grain and pod vegetables	0.0	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.3	0.0
02-07	Onion, garlic	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.1	0.0	0.1	0.1	0.1	0.1	0.6	0.0
02-08	Stalk vegetables, sprouts	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02-09	Mixed salad, mixed vegetables	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.1	0.1	0.1	0.5	0.0
03	Legumes	0.1	0.2	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	0.0	0.0	0.1	0.0	0.2	0.6	0.0
03-01	Legumes	0.1	0.2	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	0.0	0.0	0.1	0.0	0.2	0.6	0.0
04	Fruits, nuts and olives	5.0	2.7	6.4	0.0	4.6	2.3	5.0	8.4	0.0	5.2	0.5	6.2	9.4	5.5	8.2	2.1	11.4	0.0
04-01	Fruits	3.1	0.7	1.9	0.0	0.2	0.2	0.1	0.6	0.0	1.7	0.0	0.2	0.5	5.0	7.7	1.6	9.2	0.0
04-02	Nuts and seeds (+nut spread)	1.9	2.0	4.5	0.0	4.3	2.2	4.9	7.8	0.0	3.5	0.5	6.0	8.8	0.3	0.3	0.4	1.9	0.0
04-03	Mixed fruits	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.3	0.0	0.2	0.0
04-04	Olives	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05	Dairy products	15.3	26.4	0.7	44.5	15.9	26.1	10.7	3.2	29.6	9.4	0.7	8.1	1.9	12.5	20.9	2.5	4.5	0.0
05-01	Milk	4.3	9.5	0.0	16.0	4.1	6.7	2.6	0.6	7.8	1.2	0.0	1.9	0.4	3.4	6.3	0.0	0.0	0.0
05-02	Milk beverages	1.7	2.3	0.5	3.5	1.0	1.6	0.7	0.2	1.1	0.3	0.1	0.6	0.1	2.0	3.4	0.3	2.9	0.0
05-03	Yoghurt	3.6	5.9	0.0	9.9	0.7	1.2	0.5	0.1	1.6	0.2	0.0	0.4	0.1	4.6	7.7	0.8	1.1	0.0
05-04	Fromage blanc, petits suisses	0.3	0.4	0.0	0.7	0.2	0.4	0.2	0.1	0.6	0.1	0.0	0.1	0.0	0.2	0.4	0.0	0.0	0.0
05-05	Cheese (including fresh cheeses)	3.4	6.7	0.0	11.7	7.8	12.8	5.2	1.8	14.6	6.3	0.0	4.0	1.0	0.0	0.1	0.0	0.0	0.0
05-06	Cream desserts, puddings (milk based)	1.9	1.6	0.2	2.7	1.6	2.7	1.1	0.4	2.1	1.0	0.6	0.9	0.2	2.2	3.0	1.3	0.5	0.0
05-07	Dairy and non-dairy creams	0.2	0.0	0.0	0.1	0.5	0.7	0.3	0.1	1.8	0.2	0.0	0.3	0.1	0.1	0.1	0.0	0.0	0.0
05-07-01	Dairy creams	0.2	0.0	0.0	0.1	0.5	0.7	0.3	0.1	1.8	0.2	0.0	0.3	0.1	0.1	0.1	0.0	0.0	0.0
05-07-02	Non-dairy creams	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Group=Children (7-8 years, n=304)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
05-08	Milk for coffee and creamers	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
06	Cereals and cereal products	21.9	24.0	58.3	0.5	9.7	5.9	11.1	13.7	5.6	12.2	2.5	11.9	14.9	28.7	4.0	58.3	43.1	0.0
06-01	Flour, flakes, starches, semolina	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0
06-02	Pasta, rice, other grain	1.9	1.9	4.2	0.2	0.3	0.1	0.1	0.7	0.0	0.4	0.0	0.3	0.8	2.8	0.1	5.9	2.3	0.0
06-03	Bread, crisp bread, rusks	15.2	19.2	47.2	0.1	4.4	2.6	3.6	8.7	3.6	10.7	1.0	5.3	9.2	20.6	2.8	42.3	35.2	0.0
06-03-01	Bread	14.3	18.3	44.9	0.1	4.0	2.2	3.3	8.2	2.5	10.4	1.0	4.9	8.7	19.3	2.5	39.9	33.4	0.0
06-03-02	Crispbread, rusks	0.9	0.9	2.4	0.0	0.4	0.4	0.3	0.5	1.1	0.3	0.0	0.4	0.5	1.2	0.3	2.4	1.8	0.0
06-04	Breakfast cereals	1.1	0.7	1.8	0.0	0.3	0.3	0.3	0.4	0.0	0.2	1.3	0.3	0.5	1.6	0.9	2.6	2.0	0.0
06-05	Salty biscuits, aperitif biscuits, crackers	2.7	1.3	2.8	0.2	3.9	2.6	5.6	3.4	1.8	0.6	0.2	4.8	3.7	2.4	0.2	5.0	2.4	0.0
06-06	Dough and pastry (puff, shortcrust, pizza)	1.0	0.9	2.2	0.0	0.8	0.3	1.4	0.6	0.2	0.4	0.0	1.1	0.7	1.3	0.1	2.5	1.3	0.0
07	Meat and meat products	9.8	25.7	0.4	42.7	18.2	18.3	22.1	10.7	15.9	7.7	38.3	18.2	9.5	0.8	0.4	1.3	2.1	0.0
07-01	Fresh meat	2.7	8.4	0.0	14.0	4.8	5.1	5.9	1.8	5.7	1.5	3.6	4.5	1.8	0.0	0.0	0.0	0.4	0.0
07-01-00	Unclassified	0.8	1.9	0.0	3.2	1.6	1.7	1.9	0.7	1.7	0.6	0.0	1.5	0.7	0.0	0.0	0.0	0.1	0.0
07-01-01	Beef	1.0	3.2	0.0	5.6	1.9	2.1	2.4	0.3	3.5	0.5	1.5	1.7	0.3	0.0	0.0	0.0	0.1	0.0
07-01-02	Veal	0.1	0.2	0.0	0.2	0.1	0.1	0.1	0.0	0.1	0.0	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0
07-01-03	Pork	0.8	3.1	0.0	5.0	1.2	1.2	1.4	0.7	0.3	0.3	2.0	1.2	0.8	0.0	0.0	0.0	0.1	0.0
07-01-04	Mutton/Lamb	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-05	Horse	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-06	Goat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02	Poultry	0.8	3.7	0.0	5.8	0.8	0.6	0.7	1.0	0.8	0.7	11.1	0.8	1.0	0.0	0.0	0.0	0.0	0.0
07-02-00	Unclassified and other poultry	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.1	0.0	0.0	0.5	0.0	0.1	0.0	0.0	0.0	0.0	0.0
07-02-01	Chicken, hen	0.7	3.4	0.0	5.3	0.7	0.5	0.6	0.9	0.7	0.6	10.6	0.7	0.9	0.0	0.0	0.0	0.0	0.0
07-02-02	Turkey, young turkey	0.1	0.2	0.0	0.3	0.1	0.0	0.1	0.1	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0
07-02-03	Duck	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-05	Rabbit (domestic)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-03	Game	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-04	Processed meat	6.3	13.6	0.4	22.9	12.6	12.6	15.5	7.8	9.4	5.6	23.6	12.8	6.7	0.8	0.3	1.3	1.7	0.0
07-05	Offals	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08	Fish and shellfish	0.4	1.7	0.1	2.6	0.3	0.2	0.2	0.6	0.2	0.3	11.1	0.4	0.3	0.1	0.0	0.2	0.1	0.0
08-01	Fish	0.1	0.7	0.0	1.1	0.1	0.1	0.1	0.3	0.1	0.2	4.1	0.2	0.2	0.0	0.0	0.0	0.0	0.0
08-02	Crustaceans, molluscs	0.1	0.2	0.0	0.4	0.0	0.0	0.0	0.1	0.0	0.0	2.4	0.1	0.0	0.0	0.0	0.0	0.0	0.0
08-03	Fish products, fish in crumbs	0.2	0.7	0.1	1.1	0.1	0.1	0.1	0.2	0.1	0.1	4.6	0.1	0.1	0.1	0.0	0.2	0.1	0.0

Group=Children (7-8 years, n=304)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
09	Eggs and egg products	0.5	1.4	0.0	2.3	0.9	0.8	1.1	0.4	0.0	0.1	10.2	0.8	0.4	0.1	0.0	0.1	0.0	0.0
09-01	Egg	0.5	1.4	0.0	2.3	0.9	0.8	1.1	0.4	0.0	0.1	10.2	0.8	0.4	0.1	0.0	0.1	0.0	0.0
10	Fat	5.8	0.0	0.1	0.0	18.0	13.2	16.7	31.7	18.5	31.4	8.9	22.1	32.9	0.0	0.0	0.1	0.0	0.0
10-00	Unclassified	0.8	0.0	0.0	0.0	2.2	1.6	2.4	3.5	1.8	1.8	0.0	2.7	3.9	0.0	0.0	0.0	0.0	0.0
10-01	Vegetable oils	0.8	0.0	0.0	0.0	2.4	1.0	2.4	5.5	0.3	3.6	5.2	3.6	6.0	0.0	0.0	0.0	0.0	0.0
10-02	Butter	0.5	0.0	0.0	0.0	1.4	2.1	1.1	0.3	3.1	0.6	0.0	0.8	0.2	0.0	0.0	0.0	0.0	0.0
10-03	Margarines	3.2	0.0	0.0	0.0	10.1	7.4	8.8	19.1	12.0	24.0	3.6	12.4	19.1	0.0	0.0	0.1	0.0	0.0
10-04	Deep frying fats	0.7	0.0	0.0	0.0	1.9	1.0	2.1	3.3	1.3	1.4	0.0	2.6	3.7	0.0	0.0	0.0	0.0	0.0
10-06	Other animal fat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	13.2	3.3	5.3	2.2	11.0	12.9	12.4	6.4	5.6	1.7	0.3	10.3	5.5	17.1	27.8	4.3	5.6	0.0
11-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-01	Sugar, honey ,jam	1.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.9	3.3	0.2	0.2	0.0
11-02	Chocolate, candy bars, paste, chocolate confetti	5.5	1.8	3.2	0.9	8.3	8.8	10.4	5.6	1.0	0.8	0.3	8.7	5.0	5.0	8.5	0.9	4.0	0.0
11-03	Confectionery non-chocolate	2.7	0.7	1.6	0.2	0.4	0.5	0.3	0.3	0.4	0.3	0.0	0.3	0.2	4.5	6.2	2.5	0.4	0.0
11-04	Syrup	2.1	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.8	6.8	0.1	0.2	0.0
11-05	Ice cream, water ice	1.9	0.7	0.3	1.1	2.3	3.7	1.8	0.4	4.1	0.6	0.0	1.3	0.3	1.9	3.0	0.6	0.8	0.0
11-05-01	Ice cream	1.5	0.7	0.3	1.1	2.3	3.7	1.8	0.4	4.1	0.6	0.0	1.3	0.3	1.3	2.0	0.5	0.6	0.0
11-05-02	Sorbet	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-05-03	Water ice	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.6	1.0	0.1	0.1	0.0
12	Cakes	9.7	5.7	10.6	2.2	10.4	12.1	9.8	8.1	18.3	7.8	9.6	9.1	7.9	10.5	8.9	12.9	7.8	25.2
12-01	Cakes, pies, pastries, etc	4.5	3.2	5.6	1.8	5.0	5.6	4.3	4.3	12.3	4.7	4.6	4.3	4.4	4.6	3.7	5.9	3.4	25.2
12-02	Dry cakes, biscuits	5.2	2.5	5.0	0.4	5.4	6.5	5.5	3.8	6.0	3.1	5.0	4.9	3.5	5.9	5.2	7.0	4.4	0.0
13	Non-alcoholic beverages	7.9	0.5	1.2	0.0	0.1	0.1	0.0	0.1	0.0	0.3	0.0	0.1	0.1	14.4	25.7	0.3	1.1	0.0
13-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-01	Fruit and vegetable juices	2.6	0.4	1.0	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.1	0.1	4.7	8.5	0.2	1.0	0.0
13-02	Carbonated/soft/isotonic drinks, diluted syrups	5.3	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	9.7	17.2	0.2	0.1	0.0
13-03	Coffee, tea and herbal teas	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-01	Coffee	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-02	Tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-03	Herbal tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-04	Chicory, substitutes	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-04	Waters	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

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Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol	
14	Alcoholic beverages	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	74.8
14-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-01	Wine	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	6.9
14-02	Fortified wines (sherry, port, vermouth)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	45.2
14-03	Beer, cider	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	15.6
14-04	Spirits, brandy	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	7.0
14-05	Aniseed drinks (pastis,....)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-06	Liqueurs	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-07	Cocktails, punches	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
15	Condiments and sauces	2.7	0.8	1.7	0.2	5.9	2.5	6.7	11.4	0.7	13.1	8.5	8.3	11.9	1.2	1.7	0.7	1.2	0.0	
15-01	Sauces	2.6	0.7	1.6	0.2	5.8	2.4	6.7	11.3	0.7	13.1	8.5	8.3	11.8	1.2	1.7	0.6	1.0	0.0	
15-01-00	Unclassified and other sauces	1.1	0.5	1.2	0.1	2.5	1.2	2.7	4.9	0.7	3.5	1.5	3.5	5.3	0.5	0.6	0.3	0.5	0.0	
15-01-01	Tomato sauces	0.3	0.1	0.3	0.0	0.1	0.1	0.1	0.2	0.0	0.2	0.5	0.1	0.2	0.4	0.7	0.1	0.3	0.0	
15-01-02	Dressing sauces	0.4	0.0	0.1	0.0	1.0	0.4	1.2	2.0	0.0	3.1	5.7	1.5	2.1	0.1	0.1	0.1	0.1	0.0	
15-01-03	Mayonnaises and similars	0.8	0.1	0.0	0.1	2.2	0.7	2.5	4.2	0.0	6.3	0.7	3.1	4.3	0.1	0.1	0.0	0.1	0.0	
15-01-04	Dessert sauces	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	
15-02	Yeast	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
15-04	Condiments	0.1	0.1	0.2	0.0	0.1	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.2	0.0	
16	Soups, bouillon	0.4	0.6	0.8	0.6	0.4	0.4	0.4	0.4	1.7	0.4	1.9	0.4	0.4	0.3	0.2	0.5	1.1	0.0	
16-01	Soups	0.4	0.6	0.7	0.6	0.4	0.4	0.4	0.4	1.7	0.4	1.9	0.4	0.4	0.3	0.2	0.5	1.1	0.0	
16-02	Bouillon	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
17	Miscellaneous	1.7	2.3	2.6	2.0	2.1	2.4	2.0	1.9	2.4	1.5	1.5	2.0	1.5	1.3	0.6	2.0	1.7	0.0	
17-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
17-01	Soya products	0.3	0.5	0.9	0.0	0.3	0.1	0.2	0.6	0.0	0.6	1.3	0.3	0.7	0.3	0.4	0.1	0.5	0.0	
17-02	Dietetic products	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
17-02-00	Unclassified	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
17-02-01	Artificial sweeteners	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
17-03	Snacks	1.4	1.7	1.6	1.9	1.9	2.3	1.8	1.3	2.4	0.9	0.3	1.6	0.8	1.0	0.2	1.9	1.1	0.0	

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Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01-01	Potatoes	4.8	3.1	7.9	0.1	2.1	2.6	1.9	2.1	1.1	4.6	0.1	1.9	1.7	6.9	0.2	14.3	11.6	0.0
01-02	Other tubers	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02	Vegetables	1.0	1.8	4.5	0.0	0.4	0.3	0.1	1.0	0.2	4.1	0.3	0.4	0.7	1.0	1.3	0.8	9.3	0.0
02-01	Leafy vegetables (except cabbages)	0.1	0.3	0.7	0.0	0.1	0.1	0.0	0.2	0.2	1.3	0.0	0.1	0.1	0.1	0.1	0.1	1.1	0.0
02-02	Fruiting vegetables	0.3	0.5	1.2	0.0	0.1	0.1	0.0	0.3	0.0	0.8	0.0	0.1	0.3	0.3	0.5	0.2	2.7	0.0
02-03	Root vegetables	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.1	0.2	0.0	1.0	0.0
02-04	Cabbages	0.2	0.5	1.2	0.0	0.1	0.0	0.0	0.2	0.0	1.5	0.0	0.1	0.1	0.1	0.1	0.1	2.0	0.0
02-05	Mushrooms	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0
02-06	Grain and pod vegetables	0.1	0.1	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.5	0.0
02-07	Onion, garlic	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.2	0.0	0.1	0.1	0.1	0.1	0.8	0.0
02-08	Stalk vegetables, sprouts	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02-09	Mixed salad, mixed vegetables	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.1	0.2	0.1	1.0	0.0
03	Legumes	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.1	0.0	0.4	0.0	0.0	0.0	0.1	0.1	0.2	0.8	0.0
03-01	Legumes	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.1	0.0	0.4	0.0	0.0	0.0	0.1	0.1	0.2	0.8	0.0
04	Fruits, nuts and olives	4.1	2.5	5.4	0.0	4.1	2.2	4.5	6.8	0.0	4.1	0.2	5.3	7.3	4.3	6.8	1.7	8.6	0.0
04-01	Fruits	2.3	0.6	1.5	0.0	0.2	0.1	0.0	0.5	0.0	1.3	0.0	0.2	0.4	3.9	6.3	1.3	6.7	0.0
04-02	Nuts and seeds (+nut spread)	1.8	1.9	3.9	0.0	3.9	2.1	4.4	6.3	0.0	2.7	0.2	5.1	6.9	0.4	0.3	0.5	1.7	0.0
04-03	Mixed fruits	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.1	0.0
04-04	Olives	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05	Dairy products	13.7	23.5	0.6	40.0	14.5	24.2	9.7	2.9	27.8	8.3	0.9	7.3	1.7	11.0	19.2	2.3	4.2	20.1
05-01	Milk	3.7	8.3	0.0	14.2	3.3	5.7	2.1	0.5	6.6	1.0	0.0	1.5	0.3	3.0	6.0	0.0	0.0	0.0
05-02	Milk beverages	1.2	1.7	0.4	2.6	0.7	1.2	0.5	0.1	0.8	0.2	0.2	0.4	0.1	1.5	2.7	0.2	2.1	0.0
05-03	Yoghurt	2.9	5.0	0.0	8.4	0.7	1.2	0.5	0.1	1.5	0.2	0.0	0.4	0.1	3.7	6.3	0.6	1.6	0.0
05-04	Fromage blanc, petits suisses	0.3	0.4	0.0	0.7	0.3	0.4	0.2	0.1	0.7	0.1	0.0	0.2	0.0	0.2	0.4	0.0	0.0	0.0
05-05	Cheese (including fresh cheeses)	3.2	6.3	0.0	11.0	7.1	11.8	4.7	1.5	13.3	5.4	0.0	3.6	0.9	0.0	0.1	0.0	0.0	0.0
05-06	Cream desserts, puddings (milk based)	2.0	1.7	0.2	2.9	1.7	2.8	1.2	0.4	2.6	1.1	0.7	0.9	0.2	2.4	3.5	1.3	0.5	20.1
05-07	Dairy and non-dairy creams	0.3	0.1	0.0	0.1	0.7	0.9	0.5	0.1	2.3	0.3	0.0	0.4	0.1	0.1	0.1	0.0	0.0	0.0
05-07-01	Dairy creams	0.3	0.1	0.0	0.1	0.7	0.9	0.5	0.1	2.3	0.3	0.0	0.4	0.1	0.1	0.1	0.0	0.0	0.0
05-07-02	Non-dairy creams	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05-08	Milk for coffee and creamers	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
06	Cereals and cereal products	22.9	24.3	59.0	0.8	10.9	6.9	12.5	14.8	6.5	11.9	3.1	13.2	15.9	30.4	4.1	58.7	44.6	0.0
06-01	Flour, flakes, starches, semolina	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0

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Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
06-02	Pasta, rice, other grain	2.2	2.2	5.1	0.4	0.4	0.2	0.1	0.7	0.4	0.6	0.0	0.3	0.7	3.4	0.1	6.8	2.7	0.0
06-03	Bread, crisp bread, rusks	15.2	19.0	46.7	0.2	4.3	2.5	3.5	8.5	3.2	10.1	1.5	5.1	8.9	21.3	2.8	41.3	35.5	0.0
06-03-01	Bread	14.8	18.6	45.7	0.2	4.0	2.2	3.2	8.3	2.6	10.0	1.5	4.9	8.7	20.8	2.7	40.2	34.8	0.0
06-03-02	Crispbread, rusks	0.4	0.4	1.0	0.0	0.2	0.3	0.2	0.2	0.6	0.1	0.0	0.2	0.2	0.6	0.1	1.1	0.8	0.0
06-04	Breakfast cereals	1.1	0.8	1.9	0.0	0.5	0.5	0.5	0.6	0.0	0.2	1.5	0.5	0.6	1.5	0.8	2.3	2.1	0.0
06-05	Salty biscuits, aperitif biscuits, crackers	3.7	1.7	3.8	0.3	5.1	3.3	7.4	4.7	2.3	0.7	0.1	6.5	5.4	3.3	0.3	6.6	3.5	0.0
06-06	Dough and pastry (puff, shortcrust, pizza)	0.7	0.6	1.5	0.0	0.6	0.3	0.9	0.4	0.7	0.3	0.0	0.7	0.4	0.8	0.1	1.6	0.8	0.0
07	Meat and meat products	10.9	28.0	0.3	45.8	19.6	19.7	23.3	11.9	16.7	8.0	34.9	19.4	10.5	0.9	0.5	1.4	2.5	0.0
07-01	Fresh meat	3.2	9.7	0.0	15.6	5.3	5.6	6.5	2.3	5.7	1.6	5.9	5.1	2.3	0.1	0.1	0.1	0.4	0.0
07-01-00	Unclassified	0.8	2.2	0.0	3.5	1.5	1.6	1.9	0.7	1.3	0.5	0.4	1.5	0.7	0.0	0.0	0.0	0.1	0.0
07-01-01	Beef	0.9	2.8	0.0	4.8	1.7	1.9	2.2	0.3	3.3	0.5	1.2	1.6	0.3	0.0	0.0	0.0	0.1	0.0
07-01-02	Veal	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-03	Pork	1.3	4.3	0.0	6.7	1.8	1.9	2.2	1.2	0.4	0.4	4.2	1.8	1.3	0.0	0.0	0.0	0.1	0.0
07-01-04	Mutton/Lamb	0.1	0.3	0.0	0.4	0.2	0.2	0.2	0.1	0.5	0.1	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0
07-01-05	Horse	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-06	Goat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02	Poultry	0.9	4.1	0.0	6.6	1.0	0.8	0.9	1.3	1.1	0.9	12.2	1.0	1.2	0.0	0.0	0.0	0.0	0.0
07-02-00	Unclassified and other poultry	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-01	Chicken, hen	0.9	4.1	0.0	6.6	1.0	0.8	0.9	1.3	1.1	0.9	12.2	1.0	1.2	0.0	0.0	0.0	0.0	0.0
07-02-02	Turkey, young turkey	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-03	Duck	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-05	Rabbit (domestic)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-03	Game	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-04	Processed meat	6.8	14.1	0.3	23.4	13.2	13.3	16.0	8.3	10.0	5.6	16.8	13.4	7.0	0.8	0.4	1.3	2.1	0.0
07-05	Offals	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08	Fish and shellfish	0.6	2.1	0.2	3.6	0.6	0.4	0.6	0.8	0.3	0.5	13.7	0.6	0.4	0.2	0.0	0.3	0.1	0.0
08-01	Fish	0.3	1.0	0.0	1.8	0.3	0.2	0.4	0.4	0.1	0.3	6.7	0.4	0.2	0.0	0.0	0.0	0.0	0.0
08-02	Crustaceans, molluscs	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.9	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08-03	Fish products, fish in crumbs	0.3	1.0	0.2	1.6	0.3	0.2	0.2	0.4	0.3	0.2	6.1	0.3	0.2	0.2	0.0	0.3	0.1	0.0
09	Eggs and egg products	0.6	1.6	0.0	2.7	1.0	0.9	1.1	0.4	0.0	0.1	12.3	0.9	0.4	0.1	0.0	0.1	0.0	0.0
09-01	Egg	0.6	1.6	0.0	2.7	1.0	0.9	1.1	0.4	0.0	0.1	12.3	0.9	0.4	0.1	0.0	0.1	0.0	0.0
10	Fat	5.9	0.1	0.1	0.0	17.4	12.5	16.4	30.7	16.8	31.4	6.6	21.5	31.8	0.1	0.0	0.1	0.0	0.0

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Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
10-00	Unclassified	0.7	0.0	0.0	0.0	2.0	1.6	2.1	3.1	1.8	1.6	0.0	2.4	3.4	0.0	0.0	0.0	0.0	0.0
10-01	Vegetable oils	0.8	0.0	0.0	0.0	2.4	1.0	2.7	4.5	0.3	2.8	4.3	3.5	4.8	0.0	0.0	0.0	0.0	0.0
10-02	Butter	0.4	0.0	0.0	0.0	1.2	1.9	0.9	0.2	2.9	0.5	0.0	0.7	0.1	0.0	0.0	0.0	0.0	0.0
10-03	Margarines	3.1	0.0	0.1	0.0	9.3	6.7	8.1	18.4	10.3	24.6	2.2	11.6	18.6	0.0	0.0	0.1	0.0	0.0
10-04	Deep frying fats	0.9	0.0	0.0	0.0	2.4	1.4	2.6	4.4	1.5	1.9	0.0	3.2	4.8	0.0	0.0	0.0	0.0	0.0
10-06	Other animal fat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	11.8	3.0	4.9	1.8	9.6	11.5	10.5	5.6	5.2	1.8	0.3	8.8	4.8	15.4	25.9	3.8	5.2	2.0
11-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-01	Sugar, honey ,jam	0.9	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.8	3.2	0.1	0.1	0.0
11-02	Chocolate, candy bars, paste, chocolate confetti	5.0	1.6	2.9	0.8	7.1	7.7	8.6	4.8	0.8	0.8	0.3	7.3	4.2	4.8	8.4	0.9	3.7	2.0
11-03	Confectionery non-chocolate	2.4	0.7	1.6	0.1	0.4	0.5	0.4	0.5	0.7	0.5	0.0	0.4	0.3	3.9	5.5	2.2	0.4	0.0
11-04	Syrup	1.8	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.3	6.1	0.1	0.3	0.0
11-05	Ice cream, water ice	1.6	0.6	0.3	1.0	2.0	3.4	1.5	0.4	3.6	0.5	0.0	1.1	0.2	1.7	2.7	0.5	0.7	0.0
11-05-01	Ice cream	1.4	0.6	0.2	1.0	2.0	3.4	1.5	0.3	3.6	0.5	0.0	1.1	0.2	1.2	2.0	0.5	0.6	0.0
11-05-02	Sorbet	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-05-03	Water ice	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.4	0.7	0.0	0.1	0.0
12	Cakes	10.0	5.4	10.2	2.1	10.8	12.9	10.0	8.1	19.7	7.4	10.6	9.3	7.8	10.8	10.0	12.3	7.9	35.5
12-01	Cakes, pies, pastries, etc	4.9	3.1	5.5	1.7	5.6	6.6	4.8	4.5	13.7	4.8	5.6	4.7	4.7	5.0	4.5	5.9	3.6	35.5
12-02	Dry cakes, biscuits	5.0	2.3	4.7	0.4	5.2	6.4	5.2	3.6	6.0	2.6	5.0	4.6	3.2	5.8	5.5	6.4	4.3	0.0
13	Non-alcoholic beverages	8.5	0.6	1.5	0.1	0.1	0.1	0.0	0.1	0.0	0.3	0.0	0.1	0.1	15.7	29.2	0.4	1.2	0.0
13-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0
13-01	Fruit and vegetable juices	2.3	0.5	1.1	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.1	0.1	4.2	7.9	0.2	1.1	0.0
13-02	Carbonated/soft/isotonic drinks, diluted syrups	6.1	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	11.4	21.1	0.2	0.1	0.0
13-03	Coffee, tea and herbal teas	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.1	0.0
13-03-01	Coffee	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0
13-03-02	Tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
13-03-03	Herbal tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-04	Chicory, substitutes	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-04	Waters	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14	Alcoholic beverages	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	42.4
14-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-01	Wine	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	7.2

Group=Male Children (9-13 years, n=351)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol	
14-02	Fortified wines (sherry, port, vermouth)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	10.0
14-03	Beer, cider	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0	16.0
14-04	Spirits, brandy	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-05	Aniseed drinks (pastis,....)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-06	Liqueurs	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	4.2
14-07	Cocktails, punches	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	5.0
15	Condiments and sauces	2.9	0.7	1.7	0.2	6.3	3.0	6.9	11.9	0.9	14.8	6.7	8.6	12.1	1.3	1.9	0.7	1.2	0.0	
15-01	Sauces	2.8	0.7	1.5	0.2	6.2	2.9	6.9	11.8	0.9	14.8	6.7	8.5	12.1	1.2	1.9	0.6	1.0	0.0	
15-01-00	Unclassified and other sauces	1.1	0.4	1.1	0.1	2.5	1.6	2.6	4.5	0.8	3.4	1.1	3.2	4.6	0.4	0.6	0.3	0.5	0.0	
15-01-01	Tomato sauces	0.3	0.1	0.3	0.0	0.1	0.1	0.1	0.1	0.0	0.1	0.1	0.1	0.1	0.5	0.8	0.2	0.4	0.0	
15-01-02	Dressing sauces	0.4	0.0	0.1	0.0	1.0	0.4	1.2	2.0	0.0	3.1	4.2	1.5	2.0	0.1	0.1	0.1	0.0	0.0	
15-01-03	Mayonnaises and similars	1.0	0.1	0.0	0.1	2.6	0.9	2.9	5.2	0.1	8.1	1.3	3.7	5.3	0.2	0.3	0.1	0.1	0.0	
15-01-04	Dessert sauces	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
15-02	Yeast	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
15-04	Condiments	0.1	0.1	0.1	0.0	0.1	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.2	0.0	
16	Soups, bouillon	0.7	1.1	1.1	1.2	0.8	0.7	0.6	1.0	1.9	0.5	3.0	0.7	1.0	0.5	0.3	0.8	1.4	0.0	
16-01	Soups	0.7	1.1	1.1	1.2	0.8	0.7	0.6	1.0	1.9	0.5	3.0	0.7	1.0	0.5	0.3	0.8	1.4	0.0	
16-02	Bouillon	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
17	Miscellaneous	1.5	1.8	2.0	1.6	2.0	2.1	1.9	1.8	2.7	1.7	0.7	1.9	1.5	1.1	0.4	2.0	1.3	0.0	
17-00	Unclassified	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
17-01	Soya products	0.1	0.2	0.4	0.0	0.1	0.1	0.1	0.3	0.0	0.4	0.2	0.2	0.3	0.1	0.1	0.0	0.2	0.0	
17-02	Dietetic products	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
17-02-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
17-02-01	Artificial sweeteners	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
17-03	Snacks	1.3	1.5	1.5	1.6	1.8	2.0	1.8	1.5	2.7	1.4	0.5	1.7	1.1	1.0	0.2	1.9	1.0	0.0	

Group=Female Children (9-13 years, n=352)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol	
01-01	Potatoes	4.8	3.1	8.1	0.1	2.0	2.3	1.6	2.1	0.5	4.9	0.4	1.8	1.7	7.0	0.2	14.7	11.7	0.0	
01-02	Other tubers	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02	Vegetables	1.1	1.7	4.6	0.0	0.4	0.3	0.2	1.1	0.2	4.2	0.1	0.5	0.8	1.1	1.4	0.9	9.8	0.0	
02-01	Leafy vegetables (except cabbages)	0.1	0.2	0.7	0.0	0.1	0.1	0.0	0.2	0.2	1.2	0.0	0.1	0.1	0.1	0.1	0.1	1.1	0.0	
02-02	Fruiting vegetables	0.4	0.5	1.4	0.0	0.1	0.1	0.0	0.3	0.0	0.9	0.0	0.1	0.3	0.4	0.6	0.2	3.2	0.0	
02-03	Root vegetables	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.2	0.2	0.0	1.1	0.0	
02-04	Cabbages	0.2	0.4	1.1	0.0	0.1	0.0	0.0	0.2	0.0	1.5	0.0	0.1	0.1	0.1	0.2	0.1	2.1	0.0	
02-05	Mushrooms	0.0	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	
02-06	Grain and pod vegetables	0.1	0.2	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.2	0.6	0.0	
02-07	Onion, garlic	0.1	0.1	0.3	0.0	0.1	0.0	0.0	0.1	0.0	0.3	0.1	0.1	0.1	0.1	0.1	0.1	0.9	0.0	
02-08	Stalk vegetables, sprouts	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
02-09	Mixed salad, mixed vegetables	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	0.0	0.0	0.1	0.1	0.1	0.6	0.0	
03	Legumes	0.1	0.2	0.6	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.1	0.0	0.2	0.7	0.0	
03-01	Legumes	0.1	0.2	0.6	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.1	0.0	0.2	0.7	0.0	
04	Fruits, nuts and olives	4.2	2.3	5.5	0.0	3.5	1.8	3.8	6.2	0.0	4.2	1.3	4.7	7.0	4.8	7.3	1.9	10.0	0.0	
04-01	Fruits	2.6	0.7	1.8	0.0	0.2	0.1	0.1	0.6	0.0	1.6	0.0	0.2	0.5	4.3	6.8	1.4	8.2	0.0	
04-02	Nuts and seeds (+nut spread)	1.5	1.6	3.6	0.0	3.2	1.7	3.7	5.6	0.0	2.6	1.1	4.4	6.5	0.4	0.3	0.5	1.6	0.0	
04-03	Mixed fruits	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.1	0.2	0.0	0.3	0.0	
04-04	Olives	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
05	Dairy products	14.2	25.1	0.8	41.8	15.7	25.8	10.7	3.2	28.5	9.1	0.4	8.1	1.9	10.8	18.6	2.1	5.1	0.0	
05-01	Milk	3.8	8.5	0.0	14.0	3.4	5.7	2.2	0.5	6.3	1.0	0.0	1.6	0.3	3.1	5.8	0.0	0.0	0.0	
05-02	Milk beverages	1.9	2.7	0.6	4.1	1.2	2.0	0.8	0.2	1.4	0.3	0.1	0.6	0.2	2.2	3.9	0.3	2.9	0.0	
05-03	Yoghurt	2.8	5.0	0.0	8.2	0.7	1.1	0.5	0.1	1.4	0.2	0.0	0.4	0.1	3.5	6.0	0.7	1.9	0.0	
05-04	Fromage blanc, petits suisses	0.1	0.3	0.0	0.4	0.1	0.2	0.1	0.0	0.3	0.1	0.0	0.1	0.0	0.1	0.2	0.0	0.0	0.0	
05-05	Cheese (including fresh cheeses)	3.8	7.4	0.0	12.9	8.4	13.7	5.7	1.9	15.3	6.5	0.0	4.4	1.1	0.0	0.1	0.0	0.0	0.0	
05-06	Cream desserts, puddings (milk based)	1.4	1.2	0.1	2.1	1.1	1.9	0.8	0.3	1.3	0.8	0.3	0.6	0.2	1.7	2.4	1.0	0.3	0.0	
05-07	Dairy and non-dairy creams	0.3	0.1	0.0	0.1	0.8	1.1	0.5	0.2	2.5	0.3	0.0	0.4	0.1	0.1	0.2	0.0	0.0	0.0	
05-07-01	Dairy creams	0.3	0.1	0.0	0.1	0.7	1.1	0.5	0.1	2.5	0.3	0.0	0.4	0.1	0.1	0.1	0.0	0.0	0.0	
05-07-02	Non-dairy creams	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
05-08	Milk for coffee and creamers	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
06	Cereals and cereal products	22.4	23.7	57.4	0.7	11.1	7.3	13.0	14.7	7.3	11.7	2.2	13.5	16.0	29.3	4.2	57.3	41.8	0.0	
06-01	Flour, flakes, starches, semolina	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	

Group=Female Children (9-13 years, n=352)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
06-02	Pasta, rice, other grain	2.0	2.0	4.6	0.3	0.3	0.1	0.1	0.7	0.2	0.5	0.0	0.3	0.8	3.0	0.1	6.2	2.4	0.0
06-03	Bread, crisp bread, rusks	14.3	18.1	44.5	0.2	4.2	2.6	3.5	8.1	3.6	9.9	1.2	5.0	8.6	19.8	2.8	39.0	32.7	0.0
06-03-01	Bread	13.5	17.4	42.8	0.2	3.8	2.1	3.1	7.8	2.5	9.7	1.2	4.7	8.2	18.8	2.5	37.1	31.4	0.0
06-03-02	Crispbread, rusks	0.8	0.7	1.8	0.0	0.4	0.5	0.4	0.4	1.1	0.2	0.0	0.4	0.4	1.0	0.2	2.0	1.3	0.0
06-04	Breakfast cereals	1.1	0.7	1.8	0.0	0.4	0.4	0.4	0.5	0.0	0.1	0.9	0.4	0.6	1.6	0.9	2.5	1.7	0.0
06-05	Salty biscuits, aperitif biscuits, crackers	4.1	2.1	4.8	0.2	5.6	3.9	7.9	4.9	2.8	0.9	0.2	6.9	5.5	3.8	0.3	7.7	4.0	0.0
06-06	Dough and pastry (puff, shortcrust, pizza)	0.8	0.7	1.7	0.0	0.6	0.3	1.1	0.4	0.6	0.3	0.0	0.9	0.5	1.0	0.1	1.9	1.0	0.0
07	Meat and meat products	10.3	26.9	0.4	44.4	18.7	18.6	22.4	11.8	15.1	7.9	35.1	18.7	10.6	0.9	0.4	1.5	2.4	0.0
07-01	Fresh meat	2.7	8.9	0.0	14.3	4.5	4.7	5.6	1.8	5.0	1.4	4.7	4.3	1.8	0.0	0.0	0.0	0.3	0.0
07-01-00	Unclassified	0.7	2.0	0.0	3.3	1.5	1.6	1.9	0.7	1.3	0.5	0.5	1.5	0.7	0.0	0.0	0.0	0.1	0.0
07-01-01	Beef	1.1	3.6	0.0	5.8	1.9	2.0	2.4	0.4	3.4	0.6	1.2	1.7	0.3	0.0	0.0	0.0	0.1	0.0
07-01-02	Veal	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-03	Pork	0.8	3.3	0.0	5.1	1.1	1.1	1.3	0.7	0.2	0.2	3.0	1.1	0.8	0.0	0.0	0.0	0.1	0.0
07-01-04	Mutton/Lamb	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-05	Horse	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-06	Goat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02	Poultry	0.9	3.7	0.0	6.0	1.2	0.9	1.1	1.5	1.2	1.0	11.7	1.2	1.5	0.0	0.0	0.0	0.0	0.0
07-02-00	Unclassified and other poultry	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-01	Chicken, hen	0.9	3.7	0.0	5.9	1.2	0.9	1.1	1.5	1.2	1.0	11.7	1.2	1.5	0.0	0.0	0.0	0.0	0.0
07-02-02	Turkey, young turkey	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-03	Duck	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-05	Rabbit (domestic)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-03	Game	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-04	Processed meat	6.7	14.3	0.4	24.2	13.0	12.9	15.7	8.5	8.9	5.5	18.6	13.2	7.3	0.9	0.4	1.4	2.0	0.0
07-05	Offals	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08	Fish and shellfish	0.5	1.9	0.1	3.0	0.5	0.3	0.5	0.9	0.3	0.6	12.4	0.7	0.4	0.1	0.0	0.2	0.1	6.4
08-01	Fish	0.3	1.0	0.0	1.6	0.4	0.2	0.4	0.6	0.1	0.4	7.2	0.5	0.2	0.0	0.0	0.0	0.0	0.0
08-02	Crustaceans, molluscs	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	1.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08-03	Fish products, fish in crumbs	0.2	0.8	0.1	1.2	0.2	0.1	0.1	0.3	0.2	0.2	4.1	0.2	0.1	0.1	0.0	0.2	0.1	6.4
09	Eggs and egg products	0.5	1.5	0.0	2.4	0.9	0.8	1.0	0.4	0.0	0.1	11.4	0.8	0.4	0.1	0.0	0.1	0.0	0.0
09-01	Egg	0.5	1.5	0.0	2.4	0.9	0.8	1.0	0.4	0.0	0.1	11.4	0.8	0.4	0.1	0.0	0.1	0.0	0.0
10	Fat	5.7	0.0	0.1	0.0	16.8	11.9	16.1	30.0	16.3	29.3	7.1	21.0	31.6	0.0	0.0	0.1	0.0	0.0

Group=Female Children (9-13 years, n=352)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
10-00	Unclassified	0.9	0.0	0.0	0.0	2.4	1.7	2.6	4.1	1.9	2.0	0.0	3.1	4.5	0.0	0.0	0.0	0.0	0.0
10-01	Vegetable oils	0.8	0.0	0.0	0.0	2.4	0.9	2.6	5.0	0.3	2.8	5.7	3.5	5.4	0.0	0.0	0.0	0.0	0.0
10-02	Butter	0.4	0.0	0.0	0.0	1.0	1.6	0.8	0.2	2.4	0.5	0.0	0.6	0.1	0.0	0.0	0.0	0.0	0.0
10-03	Margarines	2.9	0.0	0.1	0.0	8.8	6.4	7.8	17.1	10.0	22.3	1.4	11.0	17.4	0.0	0.0	0.1	0.0	0.0
10-04	Deep frying fats	0.8	0.0	0.0	0.0	2.1	1.3	2.3	3.8	1.6	1.7	0.0	2.8	4.2	0.0	0.0	0.0	0.0	0.0
10-06	Other animal fat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	11.7	3.3	5.1	2.0	9.4	11.6	10.1	5.3	5.2	2.1	0.7	8.5	4.5	15.4	25.6	4.1	5.2	0.0
11-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-01	Sugar, honey ,jam	1.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.8	3.3	0.2	0.2	0.0
11-02	Chocolate, candy bars, paste, chocolate confetti	4.8	1.7	2.9	0.8	6.7	7.5	8.1	4.4	0.8	1.0	0.7	6.8	3.9	4.4	7.7	0.9	3.6	0.0
11-03	Confectionery non-chocolate	2.6	0.8	1.8	0.1	0.5	0.5	0.5	0.5	0.9	0.5	0.0	0.5	0.3	4.3	6.2	2.3	0.5	0.0
11-04	Syrup	1.6	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.0	5.6	0.1	0.2	0.0
11-05	Ice cream, water ice	1.8	0.8	0.3	1.1	2.2	3.6	1.6	0.4	3.6	0.6	0.0	1.2	0.3	1.8	2.7	0.7	0.8	0.0
11-05-01	Ice cream	1.6	0.7	0.3	1.1	2.2	3.6	1.6	0.3	3.6	0.6	0.0	1.2	0.3	1.4	2.1	0.6	0.7	0.0
11-05-02	Sorbet	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-05-03	Water ice	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.4	0.7	0.0	0.1	0.0
12	Cakes	10.3	5.7	10.9	2.0	11.3	13.3	10.5	8.8	20.4	7.8	9.7	9.8	8.6	11.1	10.4	12.7	8.2	46.4
12-01	Cakes, pies, pastries, etc	5.1	3.3	5.7	1.7	6.0	7.0	5.2	4.8	14.1	5.2	5.3	5.0	5.0	5.1	4.7	6.0	3.7	46.4
12-02	Dry cakes, biscuits	5.2	2.4	5.3	0.3	5.3	6.3	5.3	4.0	6.3	2.6	4.4	4.8	3.6	6.0	5.7	6.7	4.6	0.0
13	Non-alcoholic beverages	8.8	0.7	1.5	0.1	0.1	0.1	0.1	0.1	0.1	0.3	0.0	0.1	0.1	16.1	29.4	0.4	1.3	0.0
13-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-01	Fruit and vegetable juices	2.7	0.5	1.2	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.1	5.0	9.1	0.2	1.1	0.0
13-02	Carbonated/soft/isotonic drinks, diluted syrups	5.9	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	11.1	20.0	0.2	0.1	0.0
13-03	Coffee, tea and herbal teas	0.1	0.1	0.1	0.1	0.0	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.2	0.0	0.1	0.0
13-03-01	Coffee	0.0	0.1	0.1	0.1	0.0	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0
13-03-02	Tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-03	Herbal tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
13-03-04	Chicory, substitutes	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-04	Waters	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14	Alcoholic beverages	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	47.3
14-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-01	Wine	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	17.5

Group=Female Children (9-13 years, n=352)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol	
14-02	Fortified wines (sherry, port, vermouth)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	10.0
14-03	Beer, cider	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-04	Spirits, brandy	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.7
14-05	Aniseed drinks (pastis,....)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-06	Liqueurs	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	13.0
14-07	Cocktails, punches	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	6.0
15	Condiments and sauces	2.9	0.7	1.5	0.3	6.3	2.6	7.1	12.2	0.7	15.6	10.9	8.8	12.7	1.2	1.8	0.7	1.0	0.0	
15-01	Sauces	2.9	0.7	1.4	0.3	6.2	2.6	7.1	12.1	0.7	15.5	10.8	8.8	12.7	1.2	1.8	0.7	0.9	0.0	
15-01-00	Unclassified and other sauces	1.0	0.5	1.1	0.1	2.1	1.1	2.3	3.9	0.6	3.0	0.7	2.9	4.2	0.5	0.7	0.3	0.5	0.0	
15-01-01	Tomato sauces	0.2	0.1	0.2	0.1	0.1	0.0	0.1	0.2	0.0	0.2	0.8	0.1	0.2	0.4	0.6	0.2	0.2	0.0	
15-01-02	Dressing sauces	0.5	0.0	0.1	0.0	1.1	0.4	1.3	2.2	0.0	3.3	7.1	1.6	2.2	0.2	0.2	0.2	0.1	0.0	
15-01-03	Mayonnaises and similars	1.1	0.1	0.0	0.1	2.9	1.0	3.3	5.8	0.1	9.0	2.2	4.2	6.0	0.1	0.2	0.1	0.1	0.0	
15-01-04	Dessert sauces	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	
15-02	Yeast	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
15-04	Condiments	0.1	0.1	0.1	0.0	0.1	0.1	0.0	0.1	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.1	0.0	
16	Soups, bouillon	0.6	1.0	0.9	1.0	0.7	0.6	0.6	0.8	2.6	0.4	4.4	0.6	0.9	0.4	0.2	0.7	1.1	0.0	
16-01	Soups	0.6	1.0	0.9	1.0	0.7	0.6	0.5	0.8	2.6	0.4	4.4	0.6	0.9	0.4	0.2	0.7	1.1	0.0	
16-02	Bouillon	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
17	Miscellaneous	1.8	2.2	2.5	2.0	2.4	2.5	2.4	2.3	2.9	1.5	1.1	2.4	1.9	1.3	0.4	2.3	1.5	0.0	
17-00	Unclassified	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
17-01	Soya products	0.2	0.3	0.5	0.1	0.2	0.1	0.1	0.6	0.0	0.3	0.9	0.3	0.5	0.1	0.1	0.0	0.2	0.0	
17-02	Dietetic products	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.0	
17-02-00	Unclassified	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.0	
17-02-01	Artificial sweeteners	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
17-03	Snacks	1.6	1.8	1.8	1.8	2.2	2.4	2.2	1.6	2.9	1.2	0.3	2.0	1.4	1.2	0.3	2.1	1.1	0.0	

Group=Male Children (14-18 years, n=352)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01-01	Potatoes	5.0	3.2	8.0	0.1	2.0	2.5	1.6	2.2	1.4	5.0	0.2	1.8	1.8	7.7	0.3	14.7	12.0	0.0
01-02	Other tubers	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02	Vegetables	1.2	1.9	4.8	0.0	0.4	0.3	0.1	1.0	0.2	4.0	0.2	0.4	0.7	1.2	1.8	0.9	10.7	0.0
02-01	Leafy vegetables (except cabbages)	0.1	0.2	0.6	0.0	0.1	0.1	0.1	0.2	0.2	1.1	0.0	0.1	0.1	0.1	0.1	0.1	1.1	0.0
02-02	Fruiting vegetables	0.3	0.5	1.2	0.0	0.1	0.1	0.0	0.3	0.0	0.8	0.0	0.1	0.2	0.4	0.7	0.2	2.9	0.0
02-03	Root vegetables	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.2	0.4	0.0	1.3	0.0
02-04	Cabbages	0.2	0.4	1.2	0.0	0.1	0.0	0.0	0.2	0.0	1.5	0.0	0.1	0.1	0.2	0.2	0.1	2.3	0.0
02-05	Mushrooms	0.0	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0
02-06	Grain and pod vegetables	0.1	0.1	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.5	0.0
02-07	Onion, garlic	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.2	0.0	0.1	0.2	0.3	0.2	1.1	0.0
02-08	Stalk vegetables, sprouts	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02-09	Mixed salad, mixed vegetables	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.1	0.1	0.2	0.1	1.2	0.0
03	Legumes	0.1	0.2	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	0.0	0.0	0.1	0.0	0.2	0.6	0.0
03-01	Legumes	0.1	0.2	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	0.0	0.0	0.1	0.0	0.2	0.6	0.0
04	Fruits, nuts and olives	4.0	2.7	5.9	0.0	4.6	2.6	5.1	7.1	0.0	4.1	0.2	5.8	7.8	3.8	5.6	2.0	7.4	0.0
04-01	Fruits	1.7	0.4	1.1	0.0	0.2	0.1	0.1	0.4	0.0	1.2	0.0	0.2	0.3	2.9	5.1	1.0	5.0	0.0
04-02	Nuts and seeds (+nut spread)	2.3	2.2	4.7	0.0	4.4	2.5	5.0	6.7	0.0	2.9	0.2	5.6	7.5	0.8	0.5	1.0	2.3	0.0
04-03	Mixed fruits	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0
04-04	Olives	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05	Dairy products	13.1	22.4	0.5	37.8	15.7	26.5	10.5	3.1	30.9	9.2	1.0	7.9	1.8	9.5	17.7	1.9	3.6	3.0
05-01	Milk	3.9	8.2	0.0	13.7	3.5	6.0	2.3	0.5	7.1	1.1	0.0	1.7	0.3	3.3	7.1	0.0	0.0	0.0
05-02	Milk beverages	1.0	1.2	0.3	1.8	0.6	0.9	0.4	0.1	0.7	0.2	0.5	0.3	0.1	1.2	2.1	0.2	1.5	0.0
05-03	Yoghurt	2.3	3.8	0.0	6.4	1.0	1.6	0.7	0.2	2.0	0.3	0.0	0.5	0.1	2.8	5.2	0.5	1.8	0.0
05-04	Fromage blanc, petits suisses	0.1	0.2	0.0	0.3	0.1	0.2	0.1	0.0	0.3	0.0	0.0	0.1	0.0	0.1	0.2	0.0	0.0	0.0
05-05	Cheese (including fresh cheeses)	3.8	7.5	0.0	13.1	8.5	14.3	5.6	1.9	16.7	6.6	0.0	4.3	1.0	0.0	0.1	0.0	0.0	0.0
05-06	Cream desserts, puddings (milk based)	1.6	1.3	0.1	2.2	1.3	2.4	0.9	0.3	1.7	0.8	0.4	0.7	0.2	1.9	2.8	1.1	0.3	3.0
05-07	Dairy and non-dairy creams	0.2	0.1	0.0	0.1	0.6	0.9	0.4	0.1	2.2	0.2	0.0	0.3	0.1	0.1	0.1	0.0	0.0	0.0
05-07-01	Dairy creams	0.2	0.1	0.0	0.1	0.6	0.9	0.4	0.1	2.2	0.2	0.0	0.3	0.1	0.1	0.1	0.0	0.0	0.0
05-07-02	Non-dairy creams	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05-08	Milk for coffee and creamers	0.1	0.1	0.0	0.2	0.1	0.2	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0
06	Cereals and cereal products	24.8	24.6	59.9	0.5	12.0	7.3	14.1	16.4	6.0	11.8	3.9	14.8	17.9	33.5	4.7	61.0	45.8	0.0
06-01	Flour, flakes, starches, semolina	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.0	0.0

Group=Male Children (14-18 years, n=352)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
06-02	Pasta, rice, other grain	3.0	2.8	6.2	0.3	0.5	0.2	0.2	1.0	0.5	0.6	0.0	0.5	1.1	4.8	0.2	8.7	3.3	0.0
06-03	Bread, crisp bread, rusks	15.5	18.5	45.7	0.1	4.5	2.6	3.7	9.0	3.1	9.9	2.1	5.5	9.5	22.1	3.2	40.6	35.4	0.0
06-03-01	Bread	15.2	18.2	44.9	0.1	4.3	2.4	3.5	8.7	2.5	9.8	2.1	5.2	9.2	21.6	3.1	39.7	34.8	0.0
06-03-02	Crispbread, rusks	0.4	0.3	0.8	0.0	0.2	0.2	0.2	0.2	0.6	0.1	0.0	0.2	0.3	0.5	0.1	0.9	0.6	0.0
06-04	Breakfast cereals	1.0	0.7	1.7	0.0	0.4	0.4	0.4	0.5	0.0	0.2	1.7	0.4	0.5	1.5	0.9	2.2	1.8	0.0
06-05	Salty biscuits, aperitif biscuits, crackers	4.1	1.9	4.3	0.1	5.9	3.7	8.5	5.5	2.0	0.8	0.1	7.5	6.2	3.8	0.3	7.0	4.1	0.0
06-06	Dough and pastry (puff, shortcrust, pizza)	1.0	0.8	2.0	0.0	0.7	0.3	1.2	0.5	0.4	0.3	0.0	1.0	0.5	1.3	0.1	2.3	1.2	0.0
07	Meat and meat products	11.1	30.2	0.4	50.2	19.4	20.2	23.3	11.1	17.5	7.4	40.9	19.0	9.9	0.9	0.5	1.3	2.4	0.0
07-01	Fresh meat	3.6	11.5	0.0	18.9	5.9	6.5	7.1	2.3	7.0	1.7	7.1	5.5	2.4	0.1	0.1	0.0	0.4	0.0
07-01-00	Unclassified	1.2	3.1	0.0	5.1	2.4	2.6	2.9	1.0	2.4	0.8	1.0	2.3	1.0	0.0	0.0	0.0	0.2	0.0
07-01-01	Beef	1.0	3.3	0.0	5.4	1.5	1.7	1.9	0.3	3.3	0.4	1.6	1.4	0.2	0.0	0.0	0.0	0.1	0.0
07-01-02	Veal	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-03	Pork	1.3	4.6	0.0	7.5	1.7	1.9	2.0	1.0	0.4	0.3	3.8	1.6	1.1	0.0	0.0	0.0	0.1	0.0
07-01-04	Mutton/Lamb	0.1	0.4	0.0	0.7	0.3	0.3	0.2	0.1	0.9	0.1	0.6	0.2	0.0	0.0	0.0	0.0	0.0	0.0
07-01-05	Horse	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-06	Goat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02	Poultry	1.1	4.9	0.0	8.2	1.0	0.8	0.9	1.2	1.1	0.8	13.6	1.0	1.1	0.0	0.0	0.0	0.0	0.0
07-02-00	Unclassified and other poultry	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-01	Chicken, hen	1.0	4.9	0.0	8.1	1.0	0.8	0.9	1.2	1.1	0.8	13.6	1.0	1.1	0.0	0.0	0.0	0.0	0.0
07-02-02	Turkey, young turkey	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-03	Duck	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-05	Rabbit (domestic)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-03	Game	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-04	Processed meat	6.5	13.7	0.3	23.0	12.5	12.9	15.3	7.5	9.3	4.9	20.1	12.6	6.4	0.8	0.4	1.2	1.9	0.0
07-05	Offals	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08	Fish and shellfish	0.5	1.8	0.1	3.0	0.6	0.4	0.6	0.9	0.2	0.5	12.8	0.7	0.4	0.1	0.0	0.1	0.0	0.0
08-01	Fish	0.3	1.2	0.0	1.9	0.5	0.3	0.5	0.7	0.1	0.4	7.1	0.6	0.3	0.0	0.0	0.0	0.0	0.0
08-02	Crustaceans, molluscs	0.1	0.3	0.0	0.5	0.0	0.0	0.0	0.1	0.0	0.0	3.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08-03	Fish products, fish in crumbs	0.1	0.4	0.1	0.6	0.1	0.1	0.1	0.2	0.2	0.1	2.3	0.1	0.1	0.0	0.0	0.1	0.0	0.0
09	Eggs and egg products	0.4	1.2	0.0	2.1	0.8	0.7	0.9	0.3	0.0	0.0	10.0	0.7	0.3	0.0	0.0	0.1	0.0	0.0
09-01	Egg	0.4	1.2	0.0	2.1	0.8	0.7	0.9	0.3	0.0	0.0	10.0	0.7	0.3	0.0	0.0	0.1	0.0	0.0
10	Fat	6.2	0.1	0.1	0.0	18.3	13.5	17.1	31.2	19.1	31.0	8.4	22.3	32.6	0.0	0.0	0.1	0.0	0.0

Group=Male Children (14-18 years, n=352)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
10-00	Unclassified	0.9	0.0	0.0	0.0	2.4	1.8	2.5	3.8	2.1	2.4	0.0	2.9	4.2	0.0	0.0	0.0	0.0	0.0
10-01	Vegetable oils	0.9	0.0	0.0	0.0	2.9	1.2	3.1	5.8	0.4	4.0	6.9	4.2	6.2	0.0	0.0	0.0	0.0	0.0
10-02	Butter	0.5	0.0	0.0	0.0	1.5	2.3	1.1	0.3	3.8	0.6	0.0	0.8	0.1	0.0	0.0	0.0	0.0	0.0
10-03	Margarines	3.1	0.0	0.1	0.0	9.4	6.9	8.2	17.6	11.1	22.3	1.5	11.5	18.0	0.0	0.0	0.1	0.0	0.0
10-04	Deep frying fats	0.8	0.0	0.0	0.0	2.2	1.3	2.3	3.7	1.7	1.7	0.0	2.8	4.1	0.0	0.0	0.0	0.0	0.0
10-06	Other animal fat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	8.5	2.3	3.9	1.2	7.0	8.7	7.6	3.9	3.6	1.4	0.3	6.3	3.5	11.3	20.3	2.6	4.3	0.0
11-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-01	Sugar, honey ,jam	1.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.3	4.4	0.2	0.2	0.0
11-02	Chocolate, candy bars, paste, chocolate confetti	3.8	1.2	2.3	0.5	5.2	5.9	6.2	3.3	0.6	0.5	0.2	5.2	3.0	3.7	6.8	0.7	3.0	0.0
11-03	Confectionery non-chocolate	1.5	0.6	1.3	0.0	0.3	0.3	0.3	0.4	0.3	0.5	0.1	0.4	0.3	2.4	3.6	1.3	0.5	0.0
11-04	Syrup	1.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.8	3.8	0.0	0.2	0.0
11-05	Ice cream, water ice	1.1	0.5	0.2	0.7	1.5	2.5	1.1	0.2	2.7	0.4	0.0	0.8	0.2	1.1	1.8	0.4	0.4	0.0
11-05-01	Ice cream	1.1	0.5	0.2	0.7	1.5	2.5	1.1	0.2	2.7	0.4	0.0	0.8	0.2	1.0	1.6	0.4	0.4	0.0
11-05-02	Sorbet	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-05-03	Water ice	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0
12	Cakes	7.7	3.8	7.2	1.4	8.3	10.2	7.7	5.9	14.8	5.6	7.3	7.0	5.8	8.6	9.0	8.8	5.8	0.8
12-01	Cakes, pies, pastries, etc	3.9	2.2	4.0	1.0	4.5	5.4	3.9	3.3	10.8	3.6	4.1	3.6	3.4	4.2	4.4	4.3	2.8	0.8
12-02	Dry cakes, biscuits	3.7	1.6	3.2	0.3	3.9	4.8	3.9	2.6	4.0	1.9	3.3	3.4	2.4	4.4	4.6	4.5	3.0	0.0
13	Non-alcoholic beverages	9.8	0.8	1.8	0.1	0.1	0.2	0.0	0.1	0.0	0.3	0.0	0.1	0.1	18.5	36.4	0.4	1.4	0.0
13-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-01	Fruit and vegetable juices	2.0	0.5	1.1	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.1	3.5	6.8	0.1	1.3	0.0
13-02	Carbonated/soft/isotonic drinks, diluted syrups	7.7	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	14.9	29.4	0.3	0.1	0.0
13-03	Coffee, tea and herbal teas	0.1	0.2	0.4	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.0	0.0	0.0
13-03-01	Coffee	0.1	0.2	0.4	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.0	0.0	0.0
13-03-02	Tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-03	Herbal tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-04	Chicory, substitutes	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-04	Waters	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14	Alcoholic beverages	1.6	0.5	1.2	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	1.0	0.2	1.6	1.3	96.1
14-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-01	Wine	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	7.9

Group=Male Children (14-18 years, n=352)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol	
14-02	Fortified wines (sherry, port, vermouth)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	10.5
14-03	Beer, cider	1.5	0.5	1.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.0	0.1	1.6	1.3	68.8	
14-04	Spirits, brandy	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.7
14-05	Aniseed drinks (pastis,....)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.4
14-06	Liqueurs	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	4.6
14-07	Cocktails, punches	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	2.2
15	Condiments and sauces	3.3	0.9	1.9	0.2	7.3	3.0	8.2	13.7	0.7	17.1	8.0	10.1	14.1	1.5	2.5	0.8	1.4	0.0	
15-01	Sauces	3.3	0.8	1.7	0.2	7.2	2.9	8.1	13.7	0.7	17.1	8.0	10.1	14.0	1.4	2.4	0.7	1.2	0.0	
15-01-00	Unclassified and other sauces	1.2	0.6	1.2	0.1	2.5	1.2	2.6	4.6	0.5	3.3	1.1	3.3	4.8	0.6	1.1	0.3	0.7	0.0	
15-01-01	Tomato sauces	0.3	0.2	0.3	0.0	0.1	0.1	0.2	0.2	0.0	0.1	0.2	0.2	0.2	0.5	0.9	0.1	0.4	0.0	
15-01-02	Dressing sauces	0.5	0.0	0.1	0.0	1.2	0.5	1.4	2.3	0.0	3.6	4.8	1.7	2.4	0.1	0.2	0.1	0.0	0.0	
15-01-03	Mayonnaises and similars	1.3	0.1	0.0	0.1	3.4	1.2	3.9	6.6	0.1	10.0	2.0	4.8	6.7	0.2	0.3	0.1	0.1	0.0	
15-01-04	Dessert sauces	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	
15-02	Yeast	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
15-04	Condiments	0.1	0.1	0.2	0.0	0.1	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.2	0.0	
16	Soups, bouillon	0.5	0.9	1.0	0.8	0.6	0.6	0.5	0.5	1.6	0.5	2.2	0.5	0.5	0.4	0.3	0.6	1.3	0.0	
16-01	Soups	0.5	0.9	1.0	0.8	0.5	0.6	0.5	0.5	1.6	0.5	2.2	0.5	0.5	0.4	0.3	0.6	1.3	0.0	
16-02	Bouillon	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
17	Miscellaneous	2.3	2.7	3.1	2.5	2.9	3.3	2.6	2.5	4.0	2.0	1.7	2.5	2.1	1.8	0.5	3.1	2.1	0.0	
17-00	Unclassified	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	
17-01	Soya products	0.1	0.2	0.3	0.0	0.1	0.0	0.1	0.3	0.0	0.2	0.2	0.2	0.3	0.0	0.0	0.0	0.1	0.0	
17-02	Dietetic products	0.0	0.1	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
17-02-00	Unclassified	0.0	0.1	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
17-02-01	Artificial sweeteners	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
17-03	Snacks	2.1	2.4	2.6	2.3	2.7	3.2	2.5	2.0	4.0	1.8	1.5	2.3	1.7	1.7	0.4	3.0	1.8	0.0	

Group=Female Children (14-18 years, n=354)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01-01	Potatoes	4.7	2.9	7.3	0.0	1.9	2.3	1.6	2.2	1.5	4.6	0.1	1.7	1.8	7.2	0.2	13.9	10.3	0.0
01-02	Other tubers	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02	Vegetables	1.3	2.1	5.3	0.0	0.6	0.4	0.3	1.3	0.3	4.9	0.7	0.6	0.9	1.4	1.9	1.0	11.1	0.0
02-01	Leafy vegetables (except cabbages)	0.2	0.3	0.9	0.0	0.2	0.1	0.1	0.3	0.2	1.6	0.0	0.1	0.1	0.1	0.1	0.1	1.4	0.0
02-02	Fruiting vegetables	0.5	0.6	1.6	0.0	0.2	0.1	0.1	0.5	0.0	1.0	0.0	0.2	0.5	0.6	0.9	0.3	3.7	0.0
02-03	Root vegetables	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.2	0.3	0.1	1.2	0.0
02-04	Cabbages	0.2	0.5	1.3	0.0	0.1	0.1	0.0	0.2	0.0	1.5	0.0	0.1	0.1	0.2	0.1	0.2	2.3	0.0
02-05	Mushrooms	0.0	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.0
02-06	Grain and pod vegetables	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.4	0.0
02-07	Onion, garlic	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.7	0.0	0.1	0.2	0.2	0.1	1.0	0.0
02-08	Stalk vegetables, sprouts	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02-09	Mixed salad, mixed vegetables	0.1	0.2	0.4	0.0	0.0	0.0	0.0	0.1	0.0	0.4	0.0	0.0	0.1	0.1	0.2	0.1	0.9	0.0
03	Legumes	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.1	0.0	0.2	0.8	0.0
03-01	Legumes	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.1	0.0	0.2	0.8	0.0
04	Fruits, nuts and olives	4.4	2.1	4.9	0.0	3.4	1.8	3.8	6.0	0.0	4.5	0.6	4.6	6.6	5.2	8.9	1.9	9.5	0.0
04-01	Fruits	2.9	0.8	1.9	0.0	0.3	0.2	0.1	0.7	0.0	1.8	0.0	0.3	0.6	4.9	8.5	1.5	8.0	0.0
04-02	Nuts and seeds (+nut spread)	1.4	1.3	3.0	0.0	3.1	1.6	3.5	5.2	0.0	2.6	0.5	4.1	5.8	0.3	0.3	0.4	1.3	0.0
04-03	Mixed fruits	0.1	0.0	0.1	0.0	0.1	0.0	0.1	0.1	0.0	0.1	0.1	0.1	0.2	0.1	0.1	0.0	0.1	0.0
04-04	Olives	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0
05	Dairy products	13.1	22.3	0.5	38.6	16.6	27.2	11.4	3.4	31.8	9.0	1.2	8.6	2.1	8.8	16.3	1.5	3.6	2.3
05-01	Milk	3.3	6.9	0.0	11.8	3.0	5.0	1.9	0.5	5.7	0.8	0.0	1.4	0.3	2.8	5.8	0.0	0.0	0.0
05-02	Milk beverages	1.4	1.7	0.3	2.7	0.8	1.3	0.6	0.2	1.4	0.2	0.3	0.4	0.1	1.7	3.1	0.2	1.7	0.0
05-03	Yoghurt	2.3	4.2	0.0	7.2	1.0	1.6	0.7	0.2	1.9	0.3	0.0	0.5	0.1	2.6	4.7	0.4	1.6	0.0
05-04	Fromage blanc, petits suisses	0.1	0.2	0.0	0.4	0.1	0.2	0.1	0.0	0.2	0.1	0.0	0.1	0.0	0.1	0.2	0.0	0.0	0.0
05-05	Cheese (including fresh cheeses)	4.3	8.0	0.0	14.5	9.8	16.1	6.7	2.2	18.6	6.8	0.0	5.1	1.3	0.1	0.1	0.0	0.0	0.0
05-06	Cream desserts, puddings (milk based)	1.3	1.0	0.2	1.7	1.1	1.8	0.8	0.3	1.4	0.6	0.9	0.6	0.2	1.5	2.3	0.8	0.3	2.3
05-07	Dairy and non-dairy creams	0.3	0.1	0.0	0.1	0.7	1.1	0.5	0.1	2.4	0.2	0.0	0.4	0.1	0.1	0.1	0.0	0.0	0.0
05-07-01	Dairy creams	0.3	0.1	0.0	0.1	0.7	1.1	0.5	0.1	2.4	0.2	0.0	0.4	0.1	0.1	0.1	0.0	0.0	0.0
05-07-02	Non-dairy creams	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05-08	Milk for coffee and creamers	0.1	0.1	0.0	0.1	0.1	0.2	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0
06	Cereals and cereal products	24.9	25.2	60.1	0.5	11.7	7.2	13.0	17.9	7.1	13.6	6.6	14.6	19.5	33.8	5.3	61.4	44.4	0.0
06-01	Flour, flakes, starches, semolina	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.1	0.0

Group=Female Children (14-18 years, n=354)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
06-02	Pasta, rice, other grain	2.6	2.5	5.4	0.3	0.4	0.2	0.2	0.9	0.2	0.5	0.0	0.4	1.0	4.1	0.1	7.7	2.9	0.0
06-03	Bread, crisp bread, rusks	16.8	19.6	47.1	0.2	5.8	3.3	4.8	12.0	4.5	11.8	3.4	7.2	12.8	23.5	3.7	43.0	35.3	0.0
06-03-01	Bread	15.9	18.8	45.3	0.2	5.2	2.7	4.2	11.3	2.7	11.5	3.4	6.6	12.2	22.2	3.4	40.8	33.7	0.0
06-03-02	Crispbread, rusks	1.0	0.8	1.9	0.0	0.6	0.6	0.6	0.7	1.8	0.3	0.0	0.6	0.7	1.4	0.3	2.3	1.7	0.0
06-04	Breakfast cereals	1.3	0.8	2.1	0.0	0.7	0.7	0.8	0.8	0.0	0.3	3.0	0.8	1.0	1.8	1.1	2.6	2.3	0.0
06-05	Salty biscuits, aperitif biscuits, crackers	3.0	1.4	3.3	0.1	3.9	2.5	5.8	3.5	1.7	0.6	0.2	5.0	4.0	2.9	0.3	5.3	2.6	0.0
06-06	Dough and pastry (puff, shortcrust, pizza)	1.1	0.8	2.1	0.0	0.9	0.4	1.5	0.6	0.8	0.4	0.0	1.2	0.7	1.4	0.1	2.5	1.2	0.0
07	Meat and meat products	10.4	28.8	0.3	48.3	17.8	17.9	21.5	10.6	15.1	7.2	38.9	17.8	9.9	0.7	0.5	1.0	1.7	0.0
07-01	Fresh meat	3.5	11.2	0.0	18.5	5.4	5.8	6.7	2.1	6.0	1.5	6.6	5.2	2.1	0.1	0.1	0.1	0.4	0.0
07-01-00	Unclassified	1.0	2.7	0.0	4.6	1.8	1.9	2.3	0.8	1.5	0.6	0.9	1.8	0.9	0.0	0.0	0.0	0.1	0.0
07-01-01	Beef	1.3	4.2	0.0	7.1	2.0	2.1	2.5	0.4	3.5	0.6	2.2	1.8	0.4	0.0	0.0	0.0	0.1	0.0
07-01-02	Veal	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-03	Pork	1.1	4.0	0.0	6.1	1.4	1.5	1.7	0.8	0.3	0.2	3.2	1.4	0.9	0.0	0.0	0.0	0.1	0.0
07-01-04	Mutton/Lamb	0.1	0.3	0.0	0.5	0.2	0.3	0.2	0.1	0.6	0.1	0.3	0.2	0.0	0.0	0.0	0.0	0.0	0.0
07-01-05	Horse	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-06	Goat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02	Poultry	1.3	5.9	0.0	9.6	1.3	1.0	1.2	1.6	1.4	1.0	15.7	1.3	1.5	0.0	0.0	0.0	0.0	0.0
07-02-00	Unclassified and other poultry	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-01	Chicken, hen	1.3	5.7	0.0	9.4	1.3	1.0	1.2	1.6	1.4	1.0	15.7	1.3	1.5	0.0	0.0	0.0	0.0	0.0
07-02-02	Turkey, young turkey	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-03	Duck	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-05	Rabbit (domestic)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-03	Game	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-04	Processed meat	5.6	11.7	0.3	20.1	11.1	11.0	13.6	6.9	7.7	4.7	16.6	11.3	6.2	0.7	0.4	0.9	1.3	0.0
07-05	Offals	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08	Fish and shellfish	0.5	1.8	0.1	3.0	0.6	0.4	0.7	1.0	0.3	0.7	13.0	0.8	0.6	0.1	0.0	0.2	0.1	0.0
08-01	Fish	0.3	1.0	0.0	1.9	0.5	0.3	0.5	0.8	0.1	0.5	8.5	0.6	0.4	0.0	0.0	0.0	0.0	0.0
08-02	Crustaceans, molluscs	0.0	0.2	0.0	0.3	0.0	0.0	0.0	0.0	0.0	0.0	1.7	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08-03	Fish products, fish in crumbs	0.2	0.5	0.1	0.8	0.2	0.1	0.1	0.2	0.2	0.1	2.7	0.2	0.1	0.1	0.0	0.2	0.1	0.0
09	Eggs and egg products	0.5	1.3	0.0	2.3	0.9	0.8	1.1	0.4	0.0	0.0	8.9	0.8	0.4	0.1	0.0	0.1	0.0	0.0
09-01	Egg	0.5	1.3	0.0	2.3	0.9	0.8	1.1	0.4	0.0	0.0	8.9	0.8	0.4	0.1	0.0	0.1	0.0	0.0
10	Fat	5.5	0.1	0.1	0.0	16.8	12.5	16.2	28.4	16.1	27.9	6.6	20.6	29.9	0.0	0.0	0.0	0.0	0.0

Group=Female Children (14-18 years, n=354)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
10-00	Unclassified	0.6	0.0	0.0	0.0	1.6	1.1	1.7	2.7	1.0	1.6	0.0	2.1	3.1	0.0	0.0	0.0	0.0	0.0
10-01	Vegetable oils	0.9	0.0	0.0	0.0	2.7	1.1	2.9	5.7	0.4	4.0	5.7	4.0	6.1	0.0	0.0	0.0	0.0	0.0
10-02	Butter	0.5	0.0	0.0	0.0	1.6	2.5	1.2	0.3	3.7	0.6	0.0	0.9	0.2	0.0	0.0	0.0	0.0	0.0
10-03	Margarines	2.8	0.0	0.1	0.0	8.8	6.4	8.2	16.4	9.2	20.2	0.9	11.0	16.8	0.0	0.0	0.0	0.0	0.0
10-04	Deep frying fats	0.7	0.0	0.0	0.0	2.0	1.3	2.2	3.3	1.7	1.5	0.0	2.6	3.7	0.0	0.0	0.0	0.0	0.0
10-06	Other animal fat	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.0	0.1	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	9.1	2.6	4.0	1.6	8.4	10.6	9.2	4.3	4.1	1.7	1.0	7.5	3.6	11.6	20.7	2.7	4.6	1.0
11-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-01	Sugar, honey ,jam	1.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.2	4.5	0.2	0.2	0.0
11-02	Chocolate, candy bars, paste, chocolate confetti	4.6	1.6	2.8	0.9	6.4	7.6	7.5	3.7	0.7	1.0	1.0	6.2	3.2	4.4	8.0	0.9	3.4	1.0
11-03	Confectionery non-chocolate	1.4	0.4	1.0	0.0	0.3	0.3	0.3	0.3	0.3	0.3	0.0	0.3	0.2	2.2	3.4	1.1	0.5	0.0
11-04	Syrup	0.8	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.5	2.7	0.0	0.2	0.0
11-05	Ice cream, water ice	1.3	0.5	0.2	0.7	1.7	2.7	1.3	0.3	3.0	0.4	0.0	1.0	0.2	1.3	2.1	0.5	0.4	0.0
11-05-01	Ice cream	1.1	0.5	0.2	0.7	1.7	2.7	1.3	0.3	3.0	0.4	0.0	1.0	0.2	1.1	1.7	0.4	0.4	0.0
11-05-02	Sorbet	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
11-05-03	Water ice	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.3	0.0	0.0	0.0
12	Cakes	9.4	4.6	8.4	1.6	9.8	11.5	9.5	7.0	15.6	6.2	8.7	8.5	6.7	10.9	11.6	10.9	7.3	5.1
12-01	Cakes, pies, pastries, etc	4.3	2.4	4.0	1.3	4.8	5.6	4.3	3.5	10.0	3.8	4.3	4.0	3.6	4.8	5.2	4.7	3.0	5.1
12-02	Dry cakes, biscuits	5.1	2.2	4.4	0.3	5.0	5.9	5.2	3.5	5.6	2.3	4.4	4.5	3.1	6.1	6.5	6.2	4.2	0.0
13	Non-alcoholic beverages	8.4	1.0	2.4	0.1	0.2	0.2	0.1	0.2	0.1	0.5	0.0	0.1	0.2	15.4	29.5	0.5	2.1	0.0
13-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
13-01	Fruit and vegetable juices	2.8	0.8	1.9	0.0	0.1	0.0	0.0	0.2	0.0	0.5	0.0	0.1	0.2	4.8	9.1	0.2	1.9	0.0
13-02	Carbonated/soft/isotonic drinks, diluted syrups	5.5	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	10.5	20.3	0.2	0.1	0.0
13-03	Coffee, tea and herbal teas	0.1	0.2	0.3	0.1	0.1	0.1	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.2	0.0
13-03-01	Coffee	0.1	0.2	0.3	0.1	0.1	0.1	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.2	0.0
13-03-02	Tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-03	Herbal tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-04	Chicory, substitutes	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-04	Waters	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14	Alcoholic beverages	1.5	0.2	0.4	0.0	0.0	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	1.0	1.3	0.6	0.5	91.7
14-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-01	Wine	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.0	0.0	22.3

Group=Female Children (14-18 years, n=354)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
14-02	Fortified wines (sherry, port, vermouth)	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	8.4
14-03	Beer, cider	0.6	0.2	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.5	0.2	0.6	0.5	23.9
14-04	Spirits, brandy	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	5.2
14-05	Aniseed drinks (pastis,....)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-06	Liqueurs	0.3	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.3	0.5	0.0	0.0	18.6
14-07	Cocktails, punches	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.0	0.0	13.4
15	Condiments and sauces	3.3	0.8	1.6	0.3	7.2	3.0	8.4	14.0	0.8	16.7	6.3	10.3	14.6	1.5	2.5	0.8	1.2	0.0
15-01	Sauces	3.2	0.7	1.4	0.2	7.1	2.9	8.4	13.9	0.8	16.7	6.3	10.3	14.5	1.4	2.4	0.7	1.0	0.0
15-01-00	Unclassified and other sauces	1.1	0.5	1.0	0.1	2.3	1.2	2.5	4.1	0.6	3.0	1.2	3.0	4.4	0.6	1.0	0.3	0.5	0.0
15-01-01	Tomato sauces	0.3	0.1	0.3	0.0	0.2	0.1	0.2	0.2	0.0	0.2	0.1	0.2	0.2	0.4	0.7	0.1	0.4	0.0
15-01-02	Dressing sauces	0.5	0.0	0.1	0.0	1.4	0.5	1.7	2.6	0.1	3.8	3.9	2.1	2.7	0.1	0.2	0.1	0.1	0.0
15-01-03	Mayonnaises and similars	1.2	0.1	0.0	0.1	3.3	1.1	3.9	6.9	0.1	9.7	1.1	5.0	7.2	0.2	0.3	0.1	0.1	0.0
15-01-04	Dessert sauces	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.0	0.0	0.0
15-02	Yeast	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
15-04	Condiments	0.1	0.1	0.1	0.0	0.1	0.1	0.0	0.1	0.0	0.0	0.0	0.1	0.0	0.1	0.1	0.1	0.1	0.0
16	Soups, bouillon	0.7	1.2	0.9	1.4	0.8	0.8	0.7	0.8	2.4	0.6	3.6	0.7	0.8	0.5	0.3	0.6	1.1	0.0
16-01	Soups	0.7	1.2	0.9	1.4	0.8	0.8	0.7	0.7	2.4	0.6	3.6	0.7	0.8	0.5	0.3	0.6	1.1	0.0
16-02	Bouillon	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17	Miscellaneous	2.2	2.7	3.1	2.1	3.1	3.4	2.6	2.5	4.7	1.6	1.4	2.6	2.1	1.7	0.8	2.7	1.7	0.0
17-00	Unclassified	0.1	0.2	0.3	0.0	0.1	0.1	0.1	0.3	0.0	0.0	0.0	0.2	0.0	0.1	0.1	0.1	0.2	0.0
17-01	Soya products	0.1	0.3	0.5	0.1	0.2	0.1	0.1	0.5	0.0	0.3	1.1	0.3	0.5	0.1	0.1	0.1	0.2	0.0
17-02	Dietetic products	0.3	0.4	0.6	0.0	0.3	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.4	0.4	0.3	0.4	0.0
17-02-00	Unclassified	0.3	0.4	0.6	0.0	0.3	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.4	0.4	0.3	0.4	0.0
17-02-01	Artificial sweeteners	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-03	Snacks	1.6	1.7	1.7	1.9	2.5	2.9	2.3	1.7	4.7	1.2	0.3	2.1	1.3	1.2	0.2	2.2	1.0	0.0

Group=Male Adults (19-30 years,n=356)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01-01	Potatoes	4.7	2.8	7.5	0.1	1.9	2.4	1.5	1.8	1.8	4.0	0.1	1.6	1.5	7.8	0.3	14.2	11.2	0.0
01-02	Other tubers	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02	Vegetables	1.3	2.1	5.6	0.0	0.5	0.4	0.2	1.1	0.3	4.2	0.2	0.5	0.8	1.5	2.2	1.1	12.0	0.0
02-01	Leafy vegetables (except cabbages)	0.2	0.3	0.9	0.0	0.2	0.2	0.1	0.3	0.3	1.4	0.0	0.1	0.1	0.1	0.1	0.1	1.5	0.0
02-02	Fruiting vegetables	0.4	0.5	1.4	0.0	0.1	0.1	0.0	0.3	0.0	0.8	0.0	0.1	0.3	0.5	0.9	0.2	3.5	0.0
02-03	Root vegetables	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.2	0.3	0.1	1.2	0.0
02-04	Cabbages	0.2	0.4	1.2	0.0	0.1	0.1	0.0	0.2	0.0	1.4	0.0	0.1	0.1	0.2	0.2	0.2	2.1	0.0
02-05	Mushrooms	0.0	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.0
02-06	Grain and pod vegetables	0.1	0.2	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.1	0.6	0.0
02-07	Onion, garlic	0.2	0.1	0.4	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.1	0.0	0.1	0.2	0.3	0.2	1.4	0.0
02-08	Stalk vegetables, sprouts	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02-09	Mixed salad, mixed vegetables	0.2	0.3	0.7	0.0	0.0	0.0	0.0	0.1	0.0	0.4	0.0	0.0	0.1	0.2	0.3	0.1	1.5	0.0
03	Legumes	0.1	0.1	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	0.0	0.0	0.1	0.1	0.2	0.7	0.0
03-01	Legumes	0.1	0.1	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	0.0	0.0	0.1	0.1	0.2	0.7	0.0
04	Fruits, nuts and olives	3.9	2.7	6.2	0.0	4.9	2.8	5.7	7.4	0.0	3.5	0.1	6.3	8.2	3.8	6.4	2.0	7.5	0.0
04-01	Fruits	1.6	0.4	1.1	0.0	0.2	0.1	0.0	0.4	0.0	1.0	0.0	0.2	0.3	2.9	5.8	1.0	4.9	0.0
04-02	Nuts and seeds (+nut spread)	2.3	2.3	5.0	0.0	4.7	2.6	5.5	6.9	0.0	2.4	0.1	6.0	7.8	0.8	0.6	1.0	2.4	0.0
04-03	Mixed fruits	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.1	0.0	0.1	0.0
04-04	Olives	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0
05	Dairy products	12.3	20.7	0.4	34.5	16.5	28.6	10.8	3.3	32.4	9.6	0.4	8.1	1.9	8.1	16.3	1.5	3.6	0.8
05-01	Milk	3.4	6.9	0.0	11.2	3.0	5.2	1.9	0.4	6.1	0.8	0.0	1.4	0.3	3.1	7.0	0.0	0.0	0.0
05-02	Milk beverages	0.9	1.0	0.2	1.5	0.5	0.9	0.4	0.1	0.6	0.1	0.2	0.3	0.1	1.1	2.1	0.1	1.4	0.0
05-03	Yoghurt	1.5	2.6	0.0	4.3	0.5	0.8	0.4	0.1	1.1	0.2	0.0	0.3	0.1	2.0	3.9	0.4	1.9	0.0
05-04	Fromage blanc, petits suisses	0.2	0.3	0.0	0.5	0.1	0.2	0.1	0.0	0.3	0.1	0.0	0.1	0.0	0.3	0.5	0.0	0.0	0.0
05-05	Cheese (including fresh cheeses)	4.8	8.8	0.0	15.2	10.8	18.5	7.1	2.3	20.9	7.8	0.0	5.4	1.3	0.0	0.1	0.0	0.0	0.0
05-06	Cream desserts, puddings (milk based)	1.0	0.8	0.1	1.2	0.8	1.5	0.5	0.2	1.4	0.4	0.2	0.4	0.1	1.3	2.3	0.7	0.3	0.8
05-07	Dairy and non-dairy creams	0.2	0.0	0.0	0.1	0.4	0.6	0.3	0.1	1.3	0.1	0.0	0.2	0.0	0.0	0.1	0.0	0.0	0.0
05-07-01	Dairy creams	0.2	0.0	0.0	0.1	0.4	0.6	0.3	0.1	1.3	0.1	0.0	0.2	0.0	0.0	0.1	0.0	0.0	0.0
05-07-02	Non-dairy creams	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05-08	Milk for coffee and creamers	0.3	0.3	0.0	0.5	0.4	0.8	0.1	0.1	0.5	0.1	0.0	0.1	0.1	0.3	0.4	0.2	0.0	0.0
06	Cereals and cereal products	23.8	23.5	58.6	0.5	10.6	6.5	12.1	14.8	5.5	11.6	3.4	13.1	16.1	35.2	5.6	60.4	44.3	0.0
06-01	Flour, flakes, starches, semolina	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0

Group=Male Adults (19-30 years,n=356)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
06-02	Pasta, rice, other grain	3.1	2.6	6.3	0.3	0.4	0.2	0.2	0.9	0.1	0.4	0.0	0.4	1.0	5.3	0.2	9.4	3.2	0.0
06-03	Bread, crisp bread, rusks	15.5	18.1	45.1	0.1	4.5	2.6	3.7	9.1	2.8	9.9	1.5	5.6	9.7	23.8	4.0	40.9	34.7	0.0
06-03-01	Bread	15.3	17.8	44.3	0.1	4.4	2.5	3.6	9.0	2.6	9.8	1.5	5.5	9.6	23.4	3.9	40.0	34.1	0.0
06-03-02	Crispbread, rusks	0.3	0.3	0.8	0.0	0.1	0.1	0.1	0.1	0.2	0.1	0.0	0.1	0.1	0.5	0.1	0.8	0.7	0.0
06-04	Breakfast cereals	0.9	0.6	1.4	0.0	0.5	0.5	0.5	0.5	0.0	0.2	1.7	0.5	0.5	1.3	0.9	1.7	1.9	0.0
06-05	Salty biscuits, aperitif biscuits, crackers	3.0	1.3	3.1	0.1	4.1	2.5	5.9	3.6	1.4	0.5	0.2	5.1	4.1	2.9	0.3	5.2	2.9	0.0
06-06	Dough and pastry (puff, shortcrust, pizza)	1.3	1.1	2.6	0.0	1.1	0.6	1.9	0.8	1.3	0.5	0.0	1.5	0.9	1.8	0.1	3.1	1.5	0.0
07	Meat and meat products	11.9	31.0	0.6	50.3	20.2	21.3	24.1	11.7	17.5	7.9	38.4	19.7	10.7	1.0	0.7	1.5	2.5	0.0
07-01	Fresh meat	4.1	12.3	0.1	19.6	6.3	7.1	7.7	2.5	7.2	1.7	6.8	5.9	2.5	0.1	0.1	0.1	0.6	0.0
07-01-00	Unclassified	1.5	3.7	0.0	6.0	2.7	3.0	3.4	1.1	2.8	0.8	1.1	2.6	1.2	0.0	0.0	0.0	0.2	0.0
07-01-01	Beef	1.0	3.2	0.0	5.2	1.6	1.8	1.9	0.3	3.1	0.5	1.3	1.4	0.3	0.0	0.0	0.0	0.1	0.0
07-01-02	Veal	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-03	Pork	1.4	4.8	0.1	7.5	1.7	1.8	2.0	1.0	0.4	0.3	3.9	1.6	1.1	0.1	0.1	0.1	0.2	0.0
07-01-04	Mutton/Lamb	0.2	0.5	0.0	0.8	0.3	0.5	0.3	0.1	1.0	0.1	0.4	0.2	0.0	0.0	0.0	0.0	0.0	0.0
07-01-05	Horse	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-06	Goat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02	Poultry	1.2	5.0	0.1	7.9	1.2	1.0	1.1	1.3	1.2	0.7	12.7	1.1	1.3	0.0	0.0	0.1	0.1	0.0
07-02-00	Unclassified and other poultry	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-01	Chicken, hen	1.1	4.9	0.1	7.7	1.0	0.9	0.8	1.2	1.2	0.7	12.7	0.9	1.1	0.0	0.0	0.1	0.1	0.0
07-02-02	Turkey, young turkey	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-03	Duck	0.1	0.1	0.0	0.2	0.2	0.2	0.2	0.2	0.0	0.0	0.0	0.2	0.2	0.0	0.0	0.0	0.0	0.0
07-02-05	Rabbit (domestic)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-03	Game	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-04	Processed meat	6.6	13.7	0.4	22.8	12.7	13.2	15.4	7.8	9.1	5.5	18.8	12.7	6.9	0.9	0.6	1.3	1.9	0.0
07-05	Offals	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08	Fish and shellfish	1.0	3.4	0.1	5.3	1.2	0.8	1.3	1.7	0.7	1.1	22.1	1.4	0.9	0.1	0.0	0.2	0.1	0.2
08-01	Fish	0.6	2.0	0.0	3.3	0.8	0.5	0.9	1.2	0.3	0.9	13.8	1.0	0.6	0.0	0.0	0.0	0.0	0.0
08-02	Crustaceans, molluscs	0.1	0.3	0.0	0.5	0.0	0.0	0.0	0.1	0.0	0.0	3.6	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08-03	Fish products, fish in crumbs	0.3	1.0	0.1	1.5	0.3	0.2	0.3	0.4	0.4	0.3	4.8	0.3	0.2	0.1	0.0	0.2	0.1	0.2
09	Eggs and egg products	0.7	1.9	0.0	3.1	1.3	1.2	1.5	0.5	0.0	0.1	12.2	1.1	0.5	0.1	0.0	0.2	0.0	0.0
09-01	Egg	0.7	1.9	0.0	3.1	1.3	1.2	1.5	0.5	0.0	0.1	12.2	1.1	0.5	0.1	0.0	0.2	0.0	0.0
10	Fat	6.6	0.1	0.1	0.0	19.2	13.9	18.7	32.1	18.2	30.8	7.5	23.7	33.7	0.0	0.0	0.1	0.0	0.0

Group=Male Adults (19-30 years,n=356)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
10-00	Unclassified	0.9	0.0	0.0	0.0	2.6	1.9	2.7	4.0	2.2	2.2	0.0	3.2	4.6	0.0	0.0	0.0	0.0	0.0
10-01	Vegetable oils	1.3	0.0	0.0	0.0	4.0	1.8	4.6	7.3	0.6	5.5	6.7	5.8	7.9	0.0	0.0	0.0	0.0	0.0
10-02	Butter	0.4	0.0	0.0	0.0	1.2	2.1	0.9	0.2	3.4	0.4	0.0	0.7	0.1	0.0	0.0	0.0	0.0	0.0
10-03	Margarines	3.3	0.0	0.1	0.0	9.7	7.1	8.6	17.7	10.7	21.5	0.8	11.9	17.9	0.0	0.0	0.1	0.0	0.0
10-04	Deep frying fats	0.6	0.0	0.0	0.0	1.6	0.9	1.8	2.9	1.2	1.1	0.0	2.2	3.2	0.0	0.0	0.0	0.0	0.0
10-06	Other animal fat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	7.0	1.6	2.7	0.9	5.1	6.6	5.4	2.6	3.3	1.1	0.1	4.5	2.2	10.5	20.9	2.1	3.2	0.3
11-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-01	Sugar, honey ,jam	1.8	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.9	8.4	0.2	0.2	0.0
11-02	Chocolate, candy bars, paste, chocolate confetti	2.6	0.8	1.5	0.3	3.5	4.1	4.2	2.0	0.4	0.4	0.0	3.4	1.8	2.7	5.6	0.5	2.0	0.3
11-03	Confectionery non-chocolate	1.1	0.4	1.0	0.0	0.4	0.3	0.4	0.4	0.7	0.3	0.1	0.4	0.3	1.7	2.7	1.0	0.5	0.0
11-04	Syrup	0.6	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.1	2.3	0.0	0.2	0.0
11-05	Ice cream, water ice	0.9	0.4	0.1	0.6	1.3	2.2	0.9	0.2	2.2	0.3	0.0	0.7	0.1	1.0	1.9	0.4	0.4	0.0
11-05-01	Ice cream	0.9	0.4	0.1	0.6	1.3	2.2	0.9	0.2	2.2	0.3	0.0	0.7	0.1	0.9	1.7	0.3	0.4	0.0
11-05-02	Sorbet	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-05-03	Water ice	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0
12	Cakes	5.4	2.7	5.2	1.1	6.0	7.4	5.5	4.1	12.7	4.1	4.9	5.0	4.1	6.4	7.2	6.3	4.1	0.0
12-01	Cakes, pies, pastries, etc	3.3	1.8	3.4	0.9	3.9	4.6	3.4	2.8	9.5	3.0	2.9	3.2	2.8	3.7	4.1	3.8	2.5	0.0
12-02	Dry cakes, biscuits	2.1	0.9	1.8	0.2	2.1	2.8	2.1	1.3	3.2	1.1	2.0	1.8	1.3	2.7	3.1	2.6	1.6	0.0
13	Non-alcoholic beverages	8.9	1.7	3.8	0.4	0.5	0.9	0.2	0.2	0.7	0.4	0.0	0.2	0.2	17.3	34.2	0.8	2.2	0.7
13-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.7
13-01	Fruit and vegetable juices	2.0	0.5	1.4	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.1	0.1	3.9	7.8	0.2	1.7	0.0
13-02	Carbonated/soft/isotonic drinks, diluted syrups	6.3	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	12.7	25.2	0.2	0.1	0.0
13-03	Coffee, tea and herbal teas	0.6	1.0	2.1	0.3	0.4	0.8	0.2	0.1	0.7	0.1	0.0	0.1	0.0	0.7	1.2	0.3	0.5	0.0
13-03-01	Coffee	0.6	1.0	2.1	0.3	0.4	0.8	0.2	0.1	0.7	0.1	0.0	0.1	0.0	0.7	1.2	0.3	0.5	0.0
13-03-02	Tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-03	Herbal tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-04	Chicory, substitutes	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-04	Waters	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14	Alcoholic beverages	5.3	1.3	3.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	3.5	1.1	4.9	4.0	97.9
14-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.2
14-01	Wine	0.5	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.4	0.0	0.0	13.6

Group=Male Adults (19-30 years,n=356)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol	
14-02	Fortified wines (sherry, port, vermouth)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	4.3
14-03	Beer, cider	4.6	1.3	3.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.1	0.3	4.9	4.0	73.4	
14-04	Spirits, brandy	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	4.3
14-05	Aniseed drinks (pastis,....)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1
14-06	Liqueurs	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.1	0.2	0.0	0.0	0.0	1.0
14-07	Cocktails, punches	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.9
15	Condiments and sauces	4.0	1.0	2.1	0.3	8.7	3.7	9.8	16.1	0.8	19.6	7.4	12.0	16.8	1.9	3.5	0.9	1.5	0.0	
15-01	Sauces	3.9	0.8	1.9	0.3	8.5	3.4	9.8	16.0	0.8	19.5	7.2	12.0	16.7	1.8	3.4	0.8	1.3	0.0	
15-01-00	Unclassified and other sauces	1.3	0.6	1.4	0.1	2.4	1.3	2.6	4.3	0.6	3.0	1.2	3.2	4.6	0.8	1.5	0.3	0.7	0.0	
15-01-01	Tomato sauces	0.3	0.2	0.3	0.0	0.1	0.1	0.2	0.1	0.0	0.1	0.1	0.2	0.2	0.5	1.2	0.1	0.5	0.0	
15-01-02	Dressing sauces	0.6	0.0	0.1	0.0	1.5	0.5	1.7	2.8	0.0	4.2	4.0	2.1	2.8	0.2	0.2	0.2	0.0	0.0	
15-01-03	Mayonnaises and similars	1.7	0.1	0.1	0.2	4.5	1.6	5.2	8.7	0.1	12.1	1.9	6.5	9.2	0.2	0.4	0.1	0.1	0.0	
15-01-04	Dessert sauces	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
15-02	Yeast	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
15-04	Condiments	0.1	0.1	0.2	0.0	0.2	0.2	0.1	0.1	0.0	0.1	0.2	0.1	0.1	0.1	0.1	0.1	0.2	0.0	
16	Soups, bouillon	0.8	1.0	1.1	0.9	0.8	0.8	0.7	0.6	2.8	0.5	1.7	0.7	0.7	0.7	0.6	0.9	1.5	0.0	
16-01	Soups	0.7	1.0	1.1	0.9	0.8	0.8	0.7	0.6	2.8	0.5	1.7	0.7	0.7	0.7	0.6	0.9	1.5	0.0	
16-02	Bouillon	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
17	Miscellaneous	2.1	2.5	2.3	2.6	2.7	2.7	2.3	1.9	3.3	1.4	0.8	2.1	1.8	2.0	0.9	2.9	1.7	0.0	
17-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.1	0.0	
17-01	Soya products	0.0	0.1	0.1	0.0	0.1	0.0	0.1	0.2	0.0	0.1	0.3	0.1	0.2	0.0	0.0	0.0	0.1	0.0	
17-02	Dietetic products	0.5	0.5	0.3	0.7	0.5	0.0	0.2	0.2	0.0	0.2	0.0	0.2	0.5	0.5	0.5	0.5	0.4	0.0	
17-02-00	Unclassified	0.5	0.5	0.3	0.7	0.5	0.0	0.2	0.2	0.0	0.2	0.0	0.2	0.5	0.5	0.5	0.4	0.4	0.0	
17-02-01	Artificial sweeteners	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
17-03	Snacks	1.6	1.8	1.8	1.9	2.1	2.7	2.0	1.4	3.3	1.1	0.5	1.8	1.0	1.5	0.4	2.4	1.2	0.0	

Group=Female Adults (19-30 years, n=347)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01-01	Potatoes	4.1	2.3	6.3	0.1	1.7	1.9	1.4	1.8	1.3	3.7	0.1	1.5	1.4	6.6	0.3	12.7	9.0	0.0
01-02	Other tubers	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02	Vegetables	1.7	2.6	6.7	0.0	0.7	0.4	0.3	1.7	0.2	5.9	0.1	0.7	1.3	1.8	2.6	1.3	13.1	0.0
02-01	Leafy vegetables (except cabbages)	0.2	0.4	1.0	0.0	0.1	0.1	0.0	0.3	0.1	1.9	0.0	0.1	0.1	0.1	0.2	0.1	1.7	0.0
02-02	Fruiting vegetables	0.6	0.7	2.0	0.0	0.3	0.2	0.2	0.7	0.0	1.3	0.0	0.3	0.7	0.7	1.3	0.3	4.4	0.0
02-03	Root vegetables	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.2	0.3	0.1	1.0	0.0
02-04	Cabbages	0.2	0.5	1.4	0.0	0.1	0.1	0.0	0.2	0.0	1.8	0.0	0.1	0.1	0.2	0.2	0.1	2.3	0.0
02-05	Mushrooms	0.0	0.1	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.0
02-06	Grain and pod vegetables	0.1	0.2	0.4	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.2	0.5	0.0
02-07	Onion, garlic	0.2	0.1	0.4	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.1	0.0	0.1	0.2	0.3	0.2	1.1	0.0
02-08	Stalk vegetables, sprouts	0.0	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0
02-09	Mixed salad, mixed vegetables	0.2	0.3	0.8	0.0	0.1	0.1	0.0	0.1	0.1	0.6	0.0	0.1	0.1	0.2	0.3	0.2	1.6	0.0
03	Legumes	0.2	0.4	0.8	0.0	0.1	0.0	0.0	0.1	0.0	0.5	0.0	0.1	0.1	0.3	0.1	0.4	1.1	0.0
03-01	Legumes	0.2	0.4	0.8	0.0	0.1	0.0	0.0	0.1	0.0	0.5	0.0	0.1	0.1	0.3	0.1	0.4	1.1	0.0
04	Fruits, nuts and olives	4.9	2.4	5.9	0.0	4.1	2.2	4.5	6.7	0.0	4.5	0.8	5.3	7.4	6.0	10.1	2.4	10.0	0.0
04-01	Fruits	3.1	0.8	2.1	0.0	0.4	0.2	0.1	0.9	0.0	2.3	0.0	0.4	0.8	5.4	9.7	1.7	8.1	0.0
04-02	Nuts and seeds (+nut spread)	1.7	1.6	3.7	0.0	3.6	1.9	4.2	5.7	0.0	2.2	0.8	4.8	6.5	0.5	0.3	0.8	1.8	0.0
04-03	Mixed fruits	0.1	0.0	0.0	0.0	0.1	0.1	0.1	0.1	0.0	0.1	0.0	0.1	0.1	0.1	0.1	0.0	0.1	0.0
04-04	Olives	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05	Dairy products	14.0	22.6	0.5	37.8	18.2	30.5	12.3	3.8	34.4	10.5	1.2	9.2	2.3	9.2	17.4	1.8	4.6	0.0
05-01	Milk	3.0	5.8	0.0	9.5	2.6	4.4	1.6	0.4	5.0	0.7	0.0	1.2	0.2	2.7	5.9	0.0	0.0	0.0
05-02	Milk beverages	1.2	1.5	0.3	2.3	0.7	1.2	0.5	0.1	0.9	0.2	0.4	0.4	0.1	1.6	2.8	0.2	1.9	0.0
05-03	Yoghurt	2.2	4.0	0.0	6.7	0.7	1.2	0.5	0.1	1.4	0.2	0.0	0.4	0.1	2.5	4.7	0.5	2.3	0.0
05-04	Fromage blanc, petits suisses	0.3	0.5	0.0	0.8	0.2	0.3	0.1	0.0	0.4	0.1	0.0	0.1	0.0	0.2	0.5	0.0	0.0	0.0
05-05	Cheese (including fresh cheeses)	5.2	9.2	0.0	15.6	11.3	19.0	7.6	2.5	21.7	8.2	0.0	5.8	1.5	0.1	0.2	0.0	0.0	0.0
05-06	Cream desserts, puddings (milk based)	1.5	1.1	0.2	2.0	1.3	2.2	0.9	0.3	1.8	0.7	0.8	0.7	0.2	1.8	2.8	0.9	0.4	0.0
05-07	Dairy and non-dairy creams	0.4	0.1	0.0	0.1	0.9	1.3	0.6	0.2	2.5	0.3	0.0	0.5	0.1	0.1	0.2	0.0	0.0	0.0
05-07-01	Dairy creams	0.4	0.1	0.0	0.1	0.9	1.3	0.6	0.2	2.5	0.3	0.0	0.5	0.1	0.1	0.2	0.0	0.0	0.0
05-07-02	Non-dairy creams	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05-08	Milk for coffee and creamers	0.4	0.4	0.0	0.6	0.5	1.0	0.2	0.1	0.8	0.2	0.0	0.2	0.1	0.3	0.5	0.2	0.0	0.0
06	Cereals and cereal products	24.9	23.6	58.3	0.7	11.8	7.5	13.0	17.5	5.7	13.4	5.8	14.4	19.2	35.1	5.5	62.9	42.8	0.0
06-01	Flour, flakes, starches, semolina	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	0.4	0.2	0.0

Group=Female Adults (19-30 years, n=347)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
06-02	Pasta, rice, other grain	3.4	2.9	6.5	0.4	0.5	0.3	0.3	1.1	0.0	0.6	0.0	0.5	1.3	5.4	0.2	10.0	3.4	0.0
06-03	Bread, crisp bread, rusks	16.0	17.7	44.4	0.1	5.3	3.1	4.4	10.9	3.2	11.4	2.2	6.6	11.7	23.3	3.7	41.8	33.1	0.0
06-03-01	Bread	14.9	16.8	42.2	0.1	4.8	2.6	3.9	10.3	2.0	11.0	2.2	6.1	11.1	21.8	3.4	39.1	31.1	0.0
06-03-02	Crispbread, rusks	1.1	0.9	2.2	0.0	0.5	0.5	0.4	0.6	1.2	0.4	0.0	0.5	0.7	1.5	0.3	2.7	1.9	0.0
06-04	Breakfast cereals	1.4	0.9	2.3	0.0	0.9	0.9	0.9	1.1	0.0	0.4	3.3	1.0	1.2	2.0	1.2	2.9	2.6	0.0
06-05	Salty biscuits, aperitif biscuits, crackers	3.1	1.3	3.0	0.2	4.3	2.8	6.3	3.8	2.1	0.6	0.3	5.4	4.3	3.0	0.3	5.6	2.5	0.0
06-06	Dough and pastry (puff, shortcrust, pizza)	0.9	0.7	1.8	0.0	0.7	0.3	1.1	0.5	0.4	0.4	0.0	1.0	0.6	1.1	0.1	2.2	1.1	0.0
07	Meat and meat products	10.4	28.6	0.3	45.8	16.7	16.8	20.3	9.8	15.2	6.9	34.2	16.7	9.2	0.7	0.5	1.0	1.7	0.0
07-01	Fresh meat	3.7	11.5	0.0	18.3	5.8	6.3	7.2	2.3	6.6	1.6	4.8	5.5	2.3	0.0	0.1	0.0	0.4	0.0
07-01-00	Unclassified	1.1	2.8	0.0	4.6	1.9	2.0	2.4	0.9	1.8	0.7	1.1	1.9	0.9	0.0	0.0	0.0	0.2	0.0
07-01-01	Beef	1.2	4.0	0.0	6.4	2.0	2.3	2.6	0.3	3.7	0.5	1.0	1.8	0.3	0.0	0.0	0.0	0.1	0.0
07-01-02	Veal	0.1	0.2	0.0	0.4	0.1	0.1	0.1	0.0	0.0	0.0	0.1	0.1	0.1	0.0	0.0	0.0	0.0	0.0
07-01-03	Pork	1.2	4.2	0.0	6.4	1.5	1.5	1.8	0.9	0.2	0.2	2.6	1.5	1.0	0.0	0.0	0.0	0.2	0.0
07-01-04	Mutton/Lamb	0.1	0.3	0.0	0.5	0.3	0.3	0.3	0.1	0.7	0.2	0.1	0.2	0.1	0.0	0.0	0.0	0.0	0.0
07-01-05	Horse	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-06	Goat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02	Poultry	1.6	6.9	0.0	11.3	1.4	1.2	1.3	1.6	1.7	1.2	16.1	1.4	1.6	0.0	0.0	0.0	0.0	0.0
07-02-00	Unclassified and other poultry	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-01	Chicken, hen	1.6	6.8	0.0	11.2	1.4	1.2	1.2	1.6	1.7	1.1	16.1	1.3	1.6	0.0	0.0	0.0	0.0	0.0
07-02-02	Turkey, young turkey	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-03	Duck	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-05	Rabbit (domestic)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-03	Game	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-04	Processed meat	5.2	10.1	0.3	16.2	9.5	9.3	11.9	5.8	6.9	4.2	13.2	9.8	5.3	0.7	0.4	1.0	1.3	0.0
07-05	Offals	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08	Fish and shellfish	0.9	3.0	0.1	4.8	1.3	0.9	1.4	1.7	0.3	0.8	17.4	1.5	0.6	0.1	0.0	0.3	0.1	0.0
08-01	Fish	0.7	2.2	0.0	3.6	1.1	0.7	1.3	1.4	0.2	0.7	11.4	1.3	0.4	0.0	0.0	0.1	0.0	0.0
08-02	Crustaceans, molluscs	0.1	0.4	0.0	0.6	0.0	0.0	0.0	0.1	0.0	0.0	3.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08-03	Fish products, fish in crumbs	0.2	0.4	0.1	0.6	0.2	0.1	0.1	0.3	0.1	0.1	2.8	0.2	0.2	0.1	0.0	0.2	0.1	0.0
09	Eggs and egg products	0.9	2.1	0.0	3.9	1.6	1.5	2.0	0.7	0.0	0.1	12.6	1.5	0.7	0.1	0.0	0.2	0.0	0.0
09-01	Egg	0.9	2.1	0.0	3.9	1.6	1.5	2.0	0.7	0.0	0.1	12.6	1.5	0.7	0.1	0.0	0.2	0.0	0.0
10	Fat	6.2	0.1	0.1	0.0	18.4	13.2	19.0	29.7	15.9	28.1	8.3	23.1	31.3	0.0	0.0	0.1	0.0	0.0

Group=Female Adults (19-30 years, n=347)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
10-00	Unclassified	0.7	0.0	0.0	0.0	2.1	1.4	2.3	3.5	1.6	2.0	0.0	2.7	3.9	0.0	0.0	0.0	0.0	0.0
10-01	Vegetable oils	1.5	0.0	0.0	0.0	4.5	1.9	5.9	6.7	0.3	3.6	5.1	6.5	7.1	0.0	0.0	0.0	0.0	0.0
10-02	Butter	0.5	0.0	0.0	0.0	1.5	2.5	1.1	0.3	3.7	0.5	0.0	0.8	0.1	0.0	0.0	0.0	0.0	0.0
10-03	Margarines	2.9	0.0	0.1	0.0	8.9	6.5	8.0	16.8	9.2	21.0	3.2	11.1	17.3	0.0	0.0	0.1	0.0	0.0
10-04	Deep frying fats	0.6	0.0	0.0	0.0	1.5	0.8	1.7	2.4	0.9	1.0	0.0	1.9	2.8	0.0	0.0	0.0	0.0	0.0
10-06	Other animal fat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	7.9	2.1	2.9	1.5	6.4	8.1	6.8	3.6	3.4	1.4	0.9	5.7	3.2	10.8	20.1	2.0	3.6	2.0
11-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-01	Sugar, honey ,jam	1.6	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.3	6.4	0.1	0.1	0.0
11-02	Chocolate, candy bars, paste, chocolate confetti	3.3	1.2	2.0	0.7	4.7	5.4	5.4	3.1	0.4	0.8	0.6	4.6	2.9	3.3	6.2	0.6	2.4	2.0
11-03	Confectionery non-chocolate	1.0	0.3	0.7	0.0	0.2	0.2	0.3	0.3	0.3	0.2	0.3	0.3	0.2	1.7	2.8	0.7	0.3	0.0
11-04	Syrup	0.7	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.4	2.8	0.0	0.2	0.0
11-05	Ice cream, water ice	1.2	0.5	0.1	0.8	1.5	2.5	1.1	0.2	2.7	0.4	0.0	0.8	0.2	1.2	1.9	0.5	0.6	0.0
11-05-01	Ice cream	1.1	0.5	0.1	0.8	1.5	2.5	1.1	0.2	2.7	0.4	0.0	0.8	0.2	1.1	1.7	0.5	0.5	0.0
11-05-02	Sorbet	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
11-05-03	Water ice	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.0	0.0	0.0
12	Cakes	7.5	3.5	6.9	1.3	7.9	9.3	7.1	5.6	16.7	5.0	6.2	6.5	5.6	9.1	9.7	9.1	5.6	1.8
12-01	Cakes, pies, pastries, etc	4.6	2.3	4.4	1.0	4.9	5.8	4.2	3.5	13.0	3.5	3.2	3.9	3.5	5.4	5.8	5.3	3.3	1.8
12-02	Dry cakes, biscuits	2.9	1.2	2.5	0.3	2.9	3.4	2.9	2.2	3.7	1.5	3.0	2.6	2.1	3.7	3.8	3.8	2.3	0.0
13	Non-alcoholic beverages	8.2	1.8	3.9	0.6	0.6	0.9	0.3	0.3	0.8	0.6	0.0	0.3	0.3	15.2	28.3	0.8	2.9	0.0
13-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-01	Fruit and vegetable juices	2.8	0.7	1.8	0.1	0.1	0.0	0.0	0.2	0.0	0.5	0.0	0.1	0.2	5.0	9.4	0.3	2.2	0.0
13-02	Carbonated/soft/isotonic drinks, diluted syrups	4.9	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	9.6	17.9	0.2	0.1	0.0
13-03	Coffee, tea and herbal teas	0.6	0.9	1.8	0.5	0.5	0.8	0.3	0.1	0.8	0.1	0.0	0.2	0.1	0.6	0.9	0.3	0.6	0.0
13-03-01	Coffee	0.5	0.9	1.8	0.5	0.5	0.8	0.3	0.1	0.8	0.1	0.0	0.2	0.1	0.5	0.9	0.3	0.6	0.0
13-03-02	Tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-03	Herbal tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0
13-03-04	Chicory, substitutes	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-04	Waters	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14	Alcoholic beverages	2.0	0.2	0.5	0.0	0.1	0.1	0.1	0.0	0.2	0.0	0.1	0.0	0.0	1.0	1.2	0.8	0.5	96.1
14-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-01	Wine	0.9	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.8	0.0	0.0	45.3

Group=Female Adults (19-30 years, n=347)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol	
14-02	Fortified wines (sherry, port, vermouth)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	5.4
14-03	Beer, cider	0.7	0.2	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.5	0.0	0.8	0.5	0.0	26.1
14-04	Spirits, brandy	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	7.9
14-05	Aniseed drinks (pastis,....)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-06	Liqueurs	0.2	0.0	0.0	0.0	0.1	0.1	0.1	0.0	0.2	0.0	0.1	0.0	0.0	0.1	0.3	0.0	0.0	0.0	9.8
14-07	Cocktails, punches	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	1.5
15	Condiments and sauces	3.4	0.9	1.9	0.3	7.2	3.1	8.4	13.6	1.0	15.9	6.4	10.3	14.4	1.6	2.6	0.9	1.4	0.0	0.0
15-01	Sauces	3.3	0.8	1.7	0.3	7.1	3.0	8.4	13.6	1.0	15.9	6.3	10.2	14.3	1.5	2.5	0.8	1.2	0.0	0.0
15-01-00	Unclassified and other sauces	1.2	0.5	1.2	0.1	2.4	1.3	2.6	4.4	0.7	3.1	1.4	3.3	4.8	0.7	1.2	0.4	0.6	0.0	0.0
15-01-01	Tomato sauces	0.4	0.2	0.4	0.1	0.3	0.1	0.5	0.5	0.1	0.5	0.4	0.5	0.5	0.5	0.8	0.2	0.5	0.0	0.0
15-01-02	Dressing sauces	0.5	0.0	0.1	0.0	1.3	0.5	1.6	2.7	0.1	3.6	3.7	2.0	2.8	0.1	0.2	0.1	0.0	0.0	0.0
15-01-03	Mayonnaises and similars	1.2	0.1	0.0	0.1	3.1	1.0	3.7	6.0	0.2	8.7	0.9	4.5	6.2	0.2	0.3	0.1	0.1	0.0	0.0
15-01-04	Dessert sauces	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
15-02	Yeast	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
15-04	Condiments	0.1	0.1	0.2	0.0	0.1	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.2	0.0	0.0
16	Soups, bouillon	0.8	1.2	1.4	1.1	0.9	0.9	0.8	0.8	2.5	0.6	2.6	0.8	0.8	0.7	0.5	1.0	1.6	0.0	0.0
16-01	Soups	0.8	1.2	1.3	1.1	0.8	0.9	0.7	0.8	2.5	0.6	2.6	0.7	0.8	0.7	0.5	1.0	1.6	0.0	0.0
16-02	Bouillon	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17	Miscellaneous	2.0	2.6	3.4	2.0	2.6	2.7	2.3	2.6	2.4	1.9	1.4	2.4	2.3	1.7	1.1	2.3	2.0	0.0	0.0
17-00	Unclassified	0.1	0.3	0.4	0.2	0.2	0.1	0.1	0.3	0.0	0.0	0.1	0.2	0.2	0.1	0.1	0.1	0.3	0.0	0.0
17-01	Soya products	0.2	0.4	0.7	0.1	0.3	0.1	0.2	0.7	0.1	0.7	0.8	0.4	0.8	0.2	0.3	0.1	0.3	0.0	0.0
17-02	Dietetic products	0.2	0.4	0.7	0.1	0.2	0.1	0.1	0.2	0.0	0.0	0.0	0.1	0.2	0.2	0.4	0.1	0.4	0.0	0.0
17-02-00	Unclassified	0.2	0.4	0.6	0.1	0.2	0.1	0.1	0.2	0.0	0.0	0.0	0.1	0.2	0.2	0.4	0.1	0.4	0.0	0.0
17-02-01	Artificial sweeteners	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-03	Snacks	1.4	1.6	1.6	1.6	2.0	2.3	1.9	1.4	2.3	1.1	0.6	1.7	1.1	1.2	0.3	2.1	1.0	0.0	0.0

Group=Male Adults (31-50 years, n=348)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Lino leic acids	Carbohy drates	Mono and disacha rides	Poly sacha rides	Fibre	Alco hol
01-01	Potatoes	5.0	2.9	7.6	0.1	1.9	2.2	1.5	1.9	1.8	4.2	0.0	1.6	1.4	8.8	0.4	15.3	10.5	0.0
01-02	Other tubers	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02	Vegetables	1.7	2.4	6.7	0.0	0.7	0.5	0.4	1.5	0.4	5.2	0.7	0.8	1.1	1.9	3.0	1.3	13.2	0.0
02-01	Leafy vegetables (except cabbages)	0.3	0.5	1.4	0.0	0.2	0.2	0.1	0.4	0.4	1.9	0.0	0.2	0.2	0.2	0.2	0.2	2.0	0.0
02-02	Fruiting vegetables	0.5	0.5	1.5	0.0	0.2	0.1	0.2	0.4	0.0	0.7	0.1	0.3	0.5	0.6	1.0	0.3	3.5	0.0
02-03	Root vegetables	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.2	0.5	0.0	1.2	0.0
02-04	Cabbages	0.3	0.6	1.5	0.0	0.1	0.1	0.0	0.2	0.0	1.6	0.0	0.1	0.1	0.2	0.3	0.2	2.5	0.0
02-05	Mushrooms	0.0	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.0
02-06	Grain and pod vegetables	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.4	0.0
02-07	Onion, garlic	0.2	0.2	0.5	0.0	0.1	0.0	0.0	0.2	0.0	0.3	0.6	0.1	0.2	0.3	0.5	0.3	1.5	0.0
02-08	Stalk vegetables, sprouts	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02-09	Mixed salad, mixed vegetables	0.2	0.4	0.9	0.0	0.1	0.1	0.0	0.1	0.0	0.5	0.0	0.1	0.1	0.3	0.4	0.2	1.7	0.0
03	Legumes	0.1	0.2	0.4	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.1	0.1	0.2	0.6	0.0
03-01	Legumes	0.1	0.2	0.4	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.1	0.1	0.2	0.6	0.0
04	Fruits, nuts and olives	4.8	2.5	6.1	0.0	4.7	2.5	5.4	7.2	0.0	4.6	1.1	6.1	7.9	5.9	10.7	2.4	9.4	0.0
04-01	Fruits	2.7	0.7	1.8	0.0	0.3	0.2	0.1	0.7	0.0	1.9	0.0	0.3	0.6	5.2	10.1	1.7	7.3	0.0
04-02	Nuts and seeds (+nut spread)	2.0	1.8	4.2	0.0	4.3	2.2	5.1	6.4	0.0	2.6	1.1	5.6	7.2	0.6	0.5	0.7	1.9	0.0
04-03	Mixed fruits	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.0	0.1	0.0
04-04	Olives	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0
05	Dairy products	13.6	22.0	0.4	36.2	17.4	29.7	11.8	3.5	32.2	9.3	1.1	8.7	2.0	9.5	19.8	1.9	3.1	0.0
05-01	Milk	3.4	6.6	0.0	10.5	2.8	4.8	1.9	0.4	5.6	0.9	0.0	1.4	0.3	3.3	7.7	0.0	0.0	0.0
05-02	Milk beverages	0.7	0.9	0.2	1.5	0.4	0.7	0.3	0.1	0.4	0.1	0.5	0.2	0.0	0.9	1.8	0.2	1.3	0.0
05-03	Yoghurt	2.0	3.4	0.0	5.5	0.9	1.4	0.6	0.1	1.7	0.2	0.0	0.4	0.1	2.4	5.2	0.4	1.4	0.0
05-04	Fromage blanc, petits suisses	0.2	0.3	0.0	0.6	0.2	0.2	0.2	0.0	0.3	0.0	0.0	0.1	0.0	0.2	0.5	0.0	0.0	0.0
05-05	Cheese (including fresh cheeses)	5.1	9.0	0.0	15.2	10.7	18.3	7.3	2.2	19.8	7.1	0.0	5.4	1.3	0.0	0.1	0.0	0.0	0.0
05-06	Cream desserts, puddings (milk based)	1.4	1.2	0.1	1.9	1.1	1.9	0.8	0.2	1.5	0.6	0.6	0.6	0.1	2.0	3.5	1.0	0.4	0.0
05-07	Dairy and non-dairy creams	0.3	0.0	0.0	0.1	0.6	0.9	0.5	0.1	1.9	0.2	0.0	0.3	0.1	0.1	0.2	0.0	0.0	0.0
05-07-01	Dairy creams	0.3	0.0	0.0	0.1	0.6	0.9	0.5	0.1	1.9	0.2	0.0	0.3	0.1	0.1	0.2	0.0	0.0	0.0
05-07-02	Non-dairy creams	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05-08	Milk for coffee and creamers	0.5	0.5	0.0	1.0	0.7	1.4	0.3	0.2	0.9	0.1	0.0	0.2	0.2	0.5	0.8	0.3	0.0	0.0
06	Cereals and cereal products	23.1	22.5	56.6	0.5	9.4	5.7	10.2	14.3	5.0	11.8	3.6	11.6	15.6	36.4	6.3	59.0	43.7	0.0
06-01	Flour, flakes, starches, semolina	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.2	0.0

Group=Male Adults (31-50 years, n=348)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
06-02	Pasta, rice, other grain	3.0	2.5	5.9	0.3	0.4	0.2	0.2	0.9	0.2	0.5	0.0	0.4	1.0	5.5	0.2	9.3	3.1	0.0
06-03	Bread, crisp bread, rusks	16.2	18.1	45.7	0.2	4.9	2.8	4.1	9.8	2.8	10.4	1.9	6.1	10.6	26.2	4.7	42.2	36.0	0.0
06-03-01	Bread	15.7	17.6	44.5	0.2	4.7	2.6	3.9	9.6	2.1	10.3	1.9	5.9	10.3	25.3	4.5	40.8	34.9	0.0
06-03-02	Crispbread, rusks	0.5	0.4	1.2	0.0	0.2	0.2	0.2	0.3	0.7	0.2	0.0	0.2	0.3	0.9	0.2	1.4	1.1	0.0
06-04	Breakfast cereals	1.0	0.6	1.7	0.0	0.6	0.6	0.6	0.6	0.0	0.3	1.7	0.6	0.7	1.6	1.0	2.3	2.1	0.0
06-05	Salty biscuits, aperitif biscuits, crackers	2.0	0.8	1.8	0.1	2.8	1.7	4.3	2.5	1.1	0.4	0.0	3.7	2.9	2.0	0.3	3.3	1.6	0.0
06-06	Dough and pastry (puff, shortcrust, pizza)	0.8	0.6	1.4	0.0	0.6	0.4	1.0	0.4	0.9	0.3	0.0	0.8	0.4	1.1	0.1	1.8	0.8	0.0
07	Meat and meat products	12.4	31.0	0.3	50.1	20.4	21.1	25.0	11.4	18.6	7.4	36.8	20.1	10.8	0.9	0.7	1.1	2.0	0.0
07-01	Fresh meat	4.6	13.5	0.0	21.2	7.1	7.8	8.8	2.7	8.5	1.7	6.2	6.6	2.7	0.1	0.1	0.0	0.5	0.0
07-01-00	Unclassified	1.1	2.5	0.0	4.3	2.2	2.3	2.8	0.9	2.2	0.7	0.3	2.1	1.0	0.0	0.0	0.0	0.2	0.0
07-01-01	Beef	1.7	5.3	0.0	8.5	2.4	2.8	3.1	0.5	4.7	0.7	2.2	2.2	0.4	0.0	0.0	0.0	0.2	0.0
07-01-02	Veal	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-03	Pork	1.6	5.0	0.0	7.5	2.1	2.2	2.5	1.2	0.4	0.2	3.4	2.0	1.2	0.0	0.0	0.0	0.1	0.0
07-01-04	Mutton/Lamb	0.2	0.5	0.0	0.8	0.4	0.4	0.4	0.1	1.1	0.1	0.3	0.3	0.1	0.0	0.0	0.0	0.0	0.0
07-01-05	Horse	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-06	Goat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02	Poultry	1.5	5.6	0.0	8.9	1.6	1.3	1.5	1.9	1.4	1.0	13.1	1.6	1.8	0.0	0.0	0.0	0.0	0.0
07-02-00	Unclassified and other poultry	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-01	Chicken, hen	1.3	5.0	0.0	8.1	1.3	1.1	1.1	1.5	1.3	1.0	12.9	1.2	1.4	0.0	0.0	0.0	0.0	0.0
07-02-02	Turkey, young turkey	0.0	0.2	0.0	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-03	Duck	0.1	0.2	0.0	0.3	0.3	0.2	0.3	0.3	0.0	0.0	0.0	0.3	0.3	0.0	0.0	0.0	0.0	0.0
07-02-05	Rabbit (domestic)	0.0	0.1	0.0	0.1	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0
07-03	Game	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-04	Processed meat	6.3	11.9	0.3	19.8	11.7	12.0	14.7	6.9	8.7	4.7	17.5	11.8	6.3	0.8	0.6	1.0	1.5	0.0
07-05	Offals	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08	Fish and shellfish	1.1	3.5	0.2	5.4	1.2	0.8	1.2	1.6	0.5	1.0	23.2	1.4	0.8	0.3	0.0	0.5	0.1	0.0
08-01	Fish	0.7	2.4	0.1	3.8	0.9	0.6	1.0	1.3	0.2	0.8	16.2	1.1	0.6	0.1	0.0	0.2	0.0	0.0
08-02	Crustaceans, molluscs	0.1	0.3	0.0	0.4	0.0	0.0	0.0	0.0	0.0	0.0	3.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08-03	Fish products, fish in crumbs	0.3	0.8	0.2	1.2	0.3	0.2	0.2	0.3	0.3	0.2	3.9	0.3	0.2	0.2	0.0	0.3	0.1	0.0
09	Eggs and egg products	0.6	1.5	0.0	2.5	1.0	0.9	1.2	0.4	0.0	0.1	10.4	0.9	0.4	0.1	0.0	0.2	0.0	0.0
09-01	Egg	0.6	1.5	0.0	2.5	1.0	0.9	1.2	0.4	0.0	0.1	10.4	0.9	0.4	0.1	0.0	0.2	0.0	0.0
10	Fat	7.2	0.1	0.1	0.0	20.6	15.1	20.3	33.7	19.3	32.8	5.9	25.4	35.3	0.1	0.1	0.1	0.0	0.0

Group=Male Adults (31-50 years, n=348)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
10-00	Unclassified	0.6	0.0	0.0	0.0	1.8	1.2	2.0	2.7	1.4	1.5	0.0	2.2	3.1	0.0	0.0	0.0	0.0	0.0
10-01	Vegetable oils	1.4	0.0	0.0	0.0	4.0	1.7	4.8	7.2	0.5	4.9	5.9	5.9	7.8	0.0	0.0	0.0	0.0	0.0
10-02	Butter	0.6	0.0	0.0	0.0	1.8	2.8	1.4	0.3	4.1	0.6	0.0	1.0	0.2	0.0	0.0	0.0	0.0	0.0
10-03	Margarines	3.8	0.0	0.1	0.0	11.1	8.3	10.0	20.3	11.8	24.5	0.0	13.8	20.8	0.0	0.0	0.1	0.0	0.0
10-04	Deep frying fats	0.7	0.0	0.0	0.0	1.9	1.1	2.0	3.0	1.4	1.3	0.0	2.4	3.4	0.0	0.0	0.0	0.0	0.0
10-06	Other animal fat	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.0	0.1	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	6.8	1.5	2.5	0.8	4.8	6.2	5.4	2.2	2.4	0.6	0.1	4.2	1.9	10.6	22.2	1.7	3.0	0.0
11-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-01	Sugar, honey ,jam	2.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	4.6	10.1	0.2	0.2	0.0
11-02	Chocolate, candy bars, paste, chocolate confetti	2.8	0.9	1.7	0.4	3.8	4.5	4.5	1.9	0.3	0.4	0.1	3.6	1.7	3.0	6.3	0.6	2.2	0.0
11-03	Confectionery non-chocolate	0.7	0.3	0.6	0.0	0.1	0.1	0.1	0.1	0.3	0.0	0.0	0.1	0.0	1.3	2.4	0.6	0.2	0.0
11-04	Syrup	0.4	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.9	1.9	0.0	0.2	0.0
11-05	Ice cream, water ice	0.7	0.3	0.1	0.4	0.9	1.6	0.7	0.1	1.7	0.2	0.0	0.5	0.1	0.8	1.5	0.3	0.2	0.0
11-05-01	Ice cream	0.7	0.3	0.1	0.4	0.9	1.6	0.7	0.1	1.7	0.2	0.0	0.5	0.1	0.7	1.4	0.3	0.2	0.0
11-05-02	Sorbet	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-05-03	Water ice	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
12	Cakes	6.2	2.8	5.6	1.1	6.4	7.8	5.8	4.4	13.6	4.0	5.5	5.2	4.4	8.2	10.3	7.2	4.1	2.3
12-01	Cakes, pies, pastries, etc	3.9	1.9	3.6	0.9	4.0	5.0	3.5	2.8	10.2	2.7	3.0	3.2	2.8	5.0	6.3	4.4	2.5	1.9
12-02	Dry cakes, biscuits	2.4	0.9	2.0	0.2	2.3	2.8	2.3	1.6	3.5	1.3	2.5	2.0	1.6	3.2	4.0	2.8	1.6	0.4
13	Non-alcoholic beverages	5.2	2.3	5.4	0.5	0.8	1.5	0.3	0.2	0.6	0.4	0.0	0.3	0.2	9.9	20.5	0.8	2.1	0.5
13-00	Unclassified	0.1	0.0	0.1	0.0	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.1	0.0	0.5
13-01	Fruit and vegetable juices	1.5	0.5	1.2	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.0	0.0	0.1	3.1	6.7	0.2	1.2	0.0
13-02	Carbonated/soft/isotonic drinks, diluted syrups	2.6	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	5.6	11.6	0.1	0.0	0.0
13-03	Coffee, tea and herbal teas	1.0	1.8	4.0	0.5	0.6	1.3	0.3	0.1	0.6	0.1	0.0	0.2	0.1	1.1	2.0	0.5	0.8	0.0
13-03-01	Coffee	1.0	1.8	4.0	0.5	0.6	1.3	0.3	0.1	0.6	0.1	0.0	0.2	0.1	1.0	1.9	0.5	0.8	0.0
13-03-02	Tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-03	Herbal tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0
13-03-04	Chicory, substitutes	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-04	Waters	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14	Alcoholic beverages	6.2	1.2	3.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.5	1.5	4.6	3.6	97.2
14-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-01	Wine	1.2	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.4	0.9	0.0	0.0	25.9

Group=Male Adults (31-50 years, n=348)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
14-02	Fortified wines (sherry, port, vermouth)	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.3	0.0	0.0	3.5
14-03	Beer, cider	4.3	1.1	2.9	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.9	0.1	4.6	3.6	57.1
14-04	Spirits, brandy	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	8.8
14-05	Aniseed drinks (pastis,....)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-06	Liqueurs	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.0	0.0	1.8
14-07	Cocktails, punches	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1
15	Condiments and sauces	3.9	1.0	2.1	0.3	8.4	3.6	9.3	15.8	1.0	17.2	5.4	11.7	16.5	1.8	3.5	0.9	1.4	0.0
15-01	Sauces	3.8	0.8	1.8	0.3	8.2	3.3	9.2	15.6	1.0	17.1	5.3	11.5	16.4	1.7	3.3	0.7	1.2	0.0
15-01-00	Unclassified and other sauces	1.6	0.6	1.4	0.1	3.2	1.6	3.4	5.9	0.8	4.0	0.9	4.3	6.3	0.9	1.7	0.4	0.6	0.0
15-01-01	Tomato sauces	0.2	0.1	0.3	0.0	0.1	0.1	0.2	0.1	0.0	0.1	0.2	0.2	0.2	0.4	0.8	0.1	0.3	0.0
15-01-02	Dressing sauces	0.6	0.0	0.1	0.0	1.4	0.5	1.6	2.7	0.1	3.3	3.3	2.0	2.8	0.2	0.2	0.1	0.1	0.0
15-01-03	Mayonnaises and similars	1.4	0.1	0.0	0.1	3.5	1.2	4.0	6.9	0.1	9.6	0.9	5.0	7.2	0.2	0.4	0.1	0.1	0.0
15-01-04	Dessert sauces	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
15-02	Yeast	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
15-04	Condiments	0.2	0.1	0.3	0.0	0.2	0.2	0.1	0.2	0.0	0.1	0.1	0.1	0.1	0.2	0.2	0.1	0.3	0.0
16	Soups, bouillon	0.9	1.2	1.5	1.0	0.9	0.9	0.9	0.7	3.1	0.6	1.4	0.8	0.8	0.9	0.6	1.1	2.2	0.0
16-01	Soups	0.9	1.2	1.5	1.0	0.9	0.9	0.8	0.7	3.1	0.6	1.4	0.8	0.8	0.9	0.6	1.1	2.2	0.0
16-02	Bouillon	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17	Miscellaneous	1.1	1.4	1.5	1.3	1.4	1.6	1.4	1.2	1.6	0.6	0.5	1.3	0.7	1.0	0.3	1.7	1.0	0.0
17-00	Unclassified	0.1	0.2	0.2	0.1	0.1	0.0	0.1	0.2	0.0	0.0	0.0	0.1	0.1	0.1	0.0	0.1	0.2	0.0
17-01	Soya products	0.0	0.1	0.2	0.0	0.1	0.0	0.0	0.1	0.0	0.1	0.2	0.1	0.1	0.0	0.0	0.0	0.1	0.0
17-02	Dietetic products	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0
17-02-00	Unclassified	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0
17-02-01	Artificial sweeteners	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-03	Snacks	1.0	1.1	1.1	1.1	1.2	1.5	1.2	0.8	1.5	0.5	0.2	1.1	0.5	0.9	0.3	1.5	0.7	0.0

Group=Female Adults (31-50 years, n=351)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01-01	Potatoes	4.0	2.3	6.0	0.1	1.3	1.5	1.1	1.6	0.9	3.9	0.1	1.2	1.2	7.1	0.3	12.6	8.2	0.0
01-02	Other tubers	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0
02	Vegetables	2.0	2.8	7.4	0.0	0.8	0.5	0.4	2.0	0.3	6.2	0.2	1.0	1.5	2.4	3.8	1.4	14.7	0.0
02-01	Leafy vegetables (except cabbages)	0.3	0.4	1.3	0.0	0.2	0.1	0.1	0.4	0.2	2.1	0.0	0.2	0.2	0.2	0.3	0.1	1.9	0.0
02-02	Fruiting vegetables	0.6	0.7	1.9	0.0	0.3	0.2	0.2	0.7	0.0	1.2	0.0	0.4	0.7	0.8	1.4	0.3	4.1	0.0
02-03	Root vegetables	0.2	0.1	0.4	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.3	0.6	0.1	1.7	0.0
02-04	Cabbages	0.3	0.5	1.5	0.0	0.1	0.1	0.0	0.3	0.0	1.8	0.0	0.1	0.1	0.3	0.5	0.2	2.6	0.0
02-05	Mushrooms	0.0	0.2	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.4	0.0
02-06	Grain and pod vegetables	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.1	0.2	0.6	0.0
02-07	Onion, garlic	0.2	0.2	0.4	0.0	0.1	0.0	0.0	0.2	0.0	0.3	0.1	0.1	0.2	0.3	0.4	0.3	1.3	0.0
02-08	Stalk vegetables, sprouts	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0
02-09	Mixed salad, mixed vegetables	0.2	0.4	0.9	0.0	0.1	0.1	0.0	0.2	0.0	0.6	0.0	0.1	0.1	0.3	0.5	0.2	1.9	0.0
03	Legumes	0.2	0.3	0.8	0.0	0.0	0.0	0.0	0.1	0.0	0.4	0.0	0.1	0.1	0.2	0.1	0.4	1.1	0.0
03-01	Legumes	0.2	0.3	0.8	0.0	0.0	0.0	0.0	0.1	0.0	0.4	0.0	0.1	0.1	0.2	0.1	0.4	1.1	0.0
04	Fruits, nuts and olives	5.8	2.7	6.4	0.0	4.3	2.2	5.3	6.4	0.0	4.8	0.7	5.7	7.0	7.4	13.0	2.7	11.7	0.0
04-01	Fruits	3.8	0.9	2.4	0.0	0.4	0.3	0.2	1.1	0.0	2.7	0.0	0.5	1.0	6.6	12.4	1.8	9.6	0.0
04-02	Nuts and seeds (+nut spread)	1.9	1.7	3.9	0.0	3.7	1.8	4.8	5.2	0.0	2.1	0.6	5.0	5.8	0.6	0.4	0.8	1.8	0.0
04-03	Mixed fruits	0.1	0.0	0.1	0.0	0.1	0.0	0.1	0.1	0.0	0.1	0.1	0.1	0.2	0.1	0.3	0.0	0.2	0.0
04-04	Olives	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0
05	Dairy products	14.7	24.0	0.4	40.3	19.2	31.5	13.1	4.1	36.2	10.6	0.9	9.9	2.6	9.3	18.6	1.8	3.6	0.5
05-01	Milk	3.1	6.3	0.0	10.2	2.4	4.0	1.6	0.4	4.6	0.6	0.0	1.2	0.2	3.0	6.8	0.0	0.0	0.0
05-02	Milk beverages	0.7	0.8	0.2	1.2	0.4	0.7	0.3	0.1	0.5	0.1	0.1	0.2	0.1	0.8	1.7	0.1	0.9	0.0
05-03	Yoghurt	2.5	4.6	0.0	7.8	1.1	1.9	0.8	0.2	2.3	0.3	0.0	0.6	0.1	2.9	5.9	0.5	2.3	0.0
05-04	Fromage blanc, petits suisses	0.2	0.3	0.0	0.5	0.1	0.1	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.2	0.3	0.0	0.0	0.0
05-05	Cheese (including fresh cheeses)	5.8	10.3	0.0	17.7	12.2	20.0	8.4	2.8	22.3	8.5	0.0	6.5	1.7	0.1	0.2	0.0	0.0	0.0
05-06	Cream desserts, puddings (milk based)	1.4	1.0	0.2	1.6	1.2	2.0	0.9	0.3	2.0	0.6	0.8	0.7	0.2	1.7	2.8	0.9	0.3	0.5
05-07	Dairy and non-dairy creams	0.4	0.1	0.0	0.1	1.0	1.4	0.7	0.2	3.1	0.3	0.0	0.5	0.1	0.1	0.2	0.0	0.0	0.0
05-07-01	Dairy creams	0.4	0.1	0.0	0.1	1.0	1.4	0.7	0.2	3.1	0.3	0.0	0.5	0.1	0.1	0.2	0.0	0.0	0.0
05-07-02	Non-dairy creams	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05-08	Milk for coffee and creamers	0.6	0.6	0.0	1.1	0.8	1.5	0.3	0.1	1.2	0.2	0.0	0.2	0.1	0.5	0.8	0.3	0.0	0.0
06	Cereals and cereal products	24.5	22.8	57.0	0.4	11.0	6.9	11.8	17.3	5.3	13.9	6.2	13.6	19.0	36.6	6.4	62.2	42.3	0.0
06-01	Flour, flakes, starches, semolina	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.1	0.0

Group=Female Adults (31-50 years, n=351)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
06-02	Pasta, rice, other grain	3.3	2.7	6.4	0.3	0.5	0.2	0.2	1.0	0.0	0.5	0.0	0.5	1.2	5.8	0.2	10.3	3.2	0.0
06-03	Bread, crisp bread, rusks	16.1	17.3	44.0	0.0	5.4	3.0	4.5	11.7	2.9	12.0	2.4	6.9	12.6	24.5	4.2	41.9	33.4	0.0
06-03-01	Bread	14.9	16.3	41.3	0.0	4.9	2.5	4.0	11.0	1.7	11.7	2.4	6.4	11.8	22.6	3.8	38.6	31.0	0.0
06-03-02	Crispbread, rusks	1.2	1.0	2.7	0.0	0.5	0.5	0.4	0.7	1.2	0.4	0.0	0.5	0.7	1.9	0.4	3.3	2.4	0.0
06-04	Breakfast cereals	1.7	1.0	2.6	0.0	1.0	1.0	1.1	1.2	0.0	0.4	3.6	1.1	1.4	2.4	1.5	3.4	2.9	0.0
06-05	Salty biscuits, aperitif biscuits, crackers	2.6	1.1	2.6	0.1	3.5	2.5	4.9	3.0	2.1	0.7	0.3	4.3	3.4	2.7	0.4	4.6	2.0	0.0
06-06	Dough and pastry (puff, shortcrust, pizza)	0.8	0.6	1.4	0.0	0.5	0.2	1.0	0.4	0.2	0.2	0.0	0.8	0.4	1.0	0.1	1.8	0.8	0.0
07	Meat and meat products	10.6	26.8	0.2	43.3	17.1	17.0	21.2	10.0	13.4	6.4	29.8	17.3	9.5	0.7	0.5	0.9	1.5	0.0
07-01	Fresh meat	3.9	11.0	0.0	17.4	5.9	6.3	7.4	2.2	7.2	1.4	4.2	5.6	2.2	0.1	0.1	0.0	0.4	0.0
07-01-00	Unclassified	0.9	2.0	0.0	3.2	1.7	1.7	2.1	0.7	1.4	0.5	0.4	1.6	0.8	0.0	0.0	0.0	0.1	0.0
07-01-01	Beef	1.8	5.4	0.0	8.6	2.7	3.0	3.5	0.5	5.1	0.7	1.6	2.5	0.5	0.0	0.0	0.0	0.2	0.0
07-01-02	Veal	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-03	Pork	1.1	3.5	0.0	5.2	1.4	1.4	1.7	0.9	0.2	0.2	2.2	1.4	0.9	0.0	0.0	0.0	0.1	0.0
07-01-04	Mutton/Lamb	0.1	0.2	0.0	0.2	0.1	0.2	0.1	0.0	0.4	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0
07-01-05	Horse	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-06	Goat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02	Poultry	1.2	5.0	0.0	8.2	1.0	0.8	0.9	1.2	1.0	0.7	11.7	1.0	1.1	0.0	0.0	0.0	0.0	0.0
07-02-00	Unclassified and other poultry	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-01	Chicken, hen	1.1	4.9	0.0	7.9	0.9	0.7	0.8	1.1	0.9	0.7	11.7	0.9	1.0	0.0	0.0	0.0	0.0	0.0
07-02-02	Turkey, young turkey	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-03	Duck	0.0	0.1	0.0	0.1	0.1	0.1	0.1	0.1	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0
07-02-05	Rabbit (domestic)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-03	Game	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-04	Processed meat	5.5	10.6	0.2	17.5	10.2	9.9	12.9	6.6	5.2	4.3	13.6	10.7	6.2	0.6	0.4	0.8	1.1	0.0
07-05	Offals	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08	Fish and shellfish	1.3	4.4	0.1	7.2	1.6	1.0	1.8	2.3	0.4	1.2	24.9	2.0	0.8	0.2	0.0	0.3	0.1	0.0
08-01	Fish	1.0	3.1	0.0	5.1	1.3	0.8	1.6	1.9	0.2	1.0	17.8	1.7	0.7	0.0	0.0	0.0	0.0	0.0
08-02	Crustaceans, molluscs	0.1	0.7	0.0	1.1	0.1	0.1	0.0	0.1	0.0	0.0	4.4	0.1	0.0	0.0	0.0	0.0	0.0	0.0
08-03	Fish products, fish in crumbs	0.2	0.7	0.1	1.0	0.2	0.1	0.1	0.3	0.2	0.1	2.7	0.2	0.1	0.1	0.0	0.2	0.1	0.0
09	Eggs and egg products	0.7	1.6	0.0	2.7	1.2	1.1	1.5	0.6	0.0	0.1	10.6	1.2	0.6	0.1	0.0	0.2	0.0	0.0
09-01	Egg	0.7	1.6	0.0	2.7	1.2	1.1	1.5	0.6	0.0	0.1	10.6	1.2	0.6	0.1	0.0	0.2	0.0	0.0
10	Fat	6.4	0.1	0.1	0.0	18.5	13.2	19.1	30.1	16.1	28.4	5.0	23.2	31.6	0.1	0.1	0.1	0.0	0.0

Group=Female Adults (31-50 years, n=351)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
10-00	Unclassified	0.7	0.0	0.0	0.0	1.8	1.2	2.1	3.0	1.3	1.6	0.0	2.4	3.4	0.0	0.0	0.0	0.0	0.0
10-01	Vegetable oils	1.3	0.0	0.0	0.0	3.8	1.6	5.2	5.8	0.3	3.3	3.8	5.6	6.1	0.0	0.0	0.0	0.0	0.0
10-02	Butter	0.7	0.0	0.0	0.0	1.9	2.9	1.5	0.4	4.0	0.7	0.0	1.1	0.2	0.0	0.0	0.0	0.0	0.0
10-03	Margarines	3.3	0.0	0.1	0.0	9.6	6.8	8.8	18.6	9.6	21.9	1.2	12.3	19.4	0.0	0.0	0.1	0.0	0.0
10-04	Deep frying fats	0.5	0.0	0.0	0.0	1.3	0.7	1.5	2.3	0.9	0.9	0.0	1.7	2.6	0.0	0.0	0.0	0.0	0.0
10-06	Other animal fat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	6.6	1.7	2.7	0.9	4.8	6.6	5.0	1.9	3.1	0.9	0.2	3.9	1.7	10.0	18.8	1.9	3.4	0.6
11-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-01	Sugar, honey ,jam	1.5	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.2	6.3	0.2	0.2	0.0
11-02	Chocolate, candy bars, paste, chocolate confetti	2.6	0.9	1.5	0.5	3.5	4.4	3.9	1.6	0.5	0.4	0.2	3.1	1.4	2.7	5.2	0.5	2.0	0.6
11-03	Confectionery non-chocolate	1.1	0.4	0.9	0.0	0.2	0.3	0.1	0.1	0.4	0.1	0.0	0.1	0.1	2.1	3.4	0.9	0.4	0.0
11-04	Syrup	0.6	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.1	2.2	0.0	0.4	0.0
11-05	Ice cream, water ice	0.9	0.3	0.1	0.5	1.2	1.9	0.9	0.2	2.2	0.3	0.0	0.7	0.2	0.9	1.7	0.3	0.4	0.0
11-05-01	Ice cream	0.8	0.3	0.1	0.5	1.2	1.9	0.9	0.2	2.2	0.3	0.0	0.7	0.2	0.8	1.4	0.3	0.4	0.0
11-05-02	Sorbet	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-05-03	Water ice	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.0	0.0	0.0
12	Cakes	8.5	3.6	7.1	1.3	9.0	10.9	8.2	6.5	18.1	5.7	4.9	7.5	6.7	10.7	12.9	9.6	5.6	5.7
12-01	Cakes, pies, pastries, etc	5.1	2.3	4.4	1.0	5.5	6.8	4.6	3.7	13.6	3.5	2.4	4.2	3.8	6.2	7.5	5.6	3.3	5.7
12-02	Dry cakes, biscuits	3.4	1.3	2.7	0.3	3.5	4.1	3.5	2.8	4.5	2.1	2.5	3.2	2.8	4.5	5.3	4.0	2.3	0.0
13	Non-alcoholic beverages	5.4	2.5	5.5	0.7	1.0	1.6	0.5	0.3	0.9	0.6	0.0	0.4	0.3	9.7	18.7	0.9	3.0	0.0
13-00	Unclassified	0.0	0.0	0.0	0.0	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-01	Fruit and vegetable juices	2.3	0.6	1.6	0.0	0.1	0.0	0.0	0.1	0.0	0.4	0.0	0.1	0.1	4.3	8.5	0.3	1.8	0.0
13-02	Carbonated/soft/isotonic drinks, diluted syrups	2.1	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	4.3	8.4	0.1	0.0	0.0
13-03	Coffee, tea and herbal teas	1.0	1.8	3.7	0.7	0.8	1.4	0.5	0.1	0.9	0.2	0.0	0.3	0.1	1.0	1.7	0.5	1.2	0.0
13-03-01	Coffee	1.0	1.8	3.7	0.7	0.8	1.4	0.5	0.1	0.9	0.2	0.0	0.3	0.1	0.9	1.5	0.5	1.1	0.0
13-03-02	Tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-03	Herbal tea	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.0	0.0	0.0
13-03-04	Chicory, substitutes	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-04	Waters	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14	Alcoholic beverages	3.3	0.2	0.6	0.0	0.1	0.1	0.1	0.0	0.2	0.0	0.0	0.0	0.0	1.7	2.7	0.9	0.6	93.2
14-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-01	Wine	1.9	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.7	1.7	0.0	0.0	59.5

Group=Female Adults (31-50 years, n=351)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
14-02	Fortified wines (sherry, port, vermouth)	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.4	0.0	0.0	8.0
14-03	Beer, cider	0.7	0.2	0.5	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.6	0.2	0.8	0.6	12.4
14-04	Spirits, brandy	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	6.0
14-05	Aniseed drinks (pastis,....)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.4
14-06	Liqueurs	0.2	0.0	0.0	0.0	0.1	0.1	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.2	0.3	0.0	0.0	5.7
14-07	Cocktails, punches	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.1
15	Condiments and sauces	3.4	0.7	1.6	0.3	7.1	3.0	8.2	13.5	0.9	15.2	4.9	10.1	14.1	1.7	2.8	0.8	1.1	0.0
15-01	Sauces	3.3	0.6	1.4	0.2	7.0	2.9	8.2	13.4	0.9	15.1	4.9	10.0	14.0	1.6	2.7	0.7	0.9	0.0
15-01-00	Unclassified and other sauces	1.2	0.4	1.1	0.1	2.3	1.3	2.6	4.1	0.7	3.0	0.9	3.2	4.4	0.7	1.3	0.3	0.5	0.0
15-01-01	Tomato sauces	0.3	0.1	0.2	0.0	0.1	0.1	0.2	0.2	0.0	0.2	0.2	0.2	0.2	0.5	0.8	0.1	0.2	0.0
15-01-02	Dressing sauces	0.7	0.0	0.1	0.0	1.8	0.6	2.1	3.4	0.1	4.5	2.8	2.6	3.4	0.2	0.2	0.2	0.1	0.0
15-01-03	Mayonnaises and similars	1.1	0.1	0.0	0.1	2.8	1.0	3.2	5.7	0.1	7.4	0.9	4.1	6.0	0.1	0.3	0.0	0.1	0.0
15-01-04	Dessert sauces	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
15-02	Yeast	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
15-04	Condiments	0.1	0.1	0.2	0.0	0.1	0.1	0.1	0.1	0.0	0.1	0.0	0.1	0.1	0.1	0.1	0.1	0.2	0.0
16	Soups, bouillon	0.9	1.3	1.4	1.2	0.9	1.0	0.8	1.0	2.7	0.6	2.6	0.9	1.0	0.8	0.6	1.0	1.6	0.0
16-01	Soups	0.9	1.3	1.4	1.2	0.9	0.9	0.8	1.0	2.7	0.6	2.6	0.8	1.0	0.8	0.6	1.0	1.6	0.0
16-02	Bouillon	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17	Miscellaneous	1.7	2.1	2.5	1.5	2.0	1.9	1.9	2.2	1.5	1.2	1.0	2.0	1.8	1.5	0.8	2.2	1.4	0.0
17-00	Unclassified	0.0	0.1	0.1	0.1	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0	0.1	0.0
17-01	Soya products	0.2	0.4	0.7	0.1	0.3	0.1	0.2	0.8	0.0	0.4	0.7	0.4	0.6	0.1	0.2	0.0	0.3	0.0
17-02	Dietetic products	0.2	0.3	0.3	0.1	0.2	0.1	0.1	0.1	0.0	0.1	0.0	0.1	0.2	0.2	0.2	0.2	0.2	0.0
17-02-00	Unclassified	0.2	0.3	0.3	0.1	0.2	0.1	0.1	0.1	0.0	0.1	0.0	0.1	0.2	0.2	0.2	0.2	0.2	0.0
17-02-01	Artificial sweeteners	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-03	Snacks	1.3	1.3	1.4	1.3	1.5	1.6	1.6	1.2	1.5	0.6	0.3	1.4	1.0	1.2	0.3	1.9	0.9	0.0

Group=Male Adults (51-69 years, n=351)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01-01	Potatoes	4.7	2.5	7.3	0.1	1.5	1.7	1.1	1.8	1.4	4.5	0.0	1.3	1.3	9.0	0.4	15.5	10.0	0.0
01-02	Other tubers	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.1	0.0
02	Vegetables	1.7	2.4	7.3	0.0	0.6	0.4	0.2	1.5	0.2	5.4	0.1	0.6	1.0	2.1	3.4	1.4	14.7	0.0
02-01	Leafy vegetables (except cabbages)	0.2	0.4	1.3	0.0	0.2	0.1	0.0	0.4	0.1	1.5	0.0	0.2	0.2	0.2	0.4	0.1	2.1	0.0
02-02	Fruiting vegetables	0.4	0.6	1.8	0.0	0.2	0.1	0.1	0.4	0.0	1.1	0.0	0.2	0.4	0.6	1.1	0.3	4.1	0.0
02-03	Root vegetables	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.2	0.4	0.0	0.9	0.0
02-04	Cabbages	0.4	0.6	1.9	0.0	0.2	0.1	0.0	0.4	0.1	2.2	0.0	0.2	0.1	0.4	0.6	0.3	3.5	0.0
02-05	Mushrooms	0.0	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0
02-06	Grain and pod vegetables	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.1	0.2	0.7	0.0
02-07	Onion, garlic	0.2	0.1	0.4	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.1	0.0	0.1	0.3	0.5	0.2	1.4	0.0
02-08	Stalk vegetables, sprouts	0.0	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0
02-09	Mixed salad, mixed vegetables	0.2	0.3	0.8	0.0	0.1	0.0	0.0	0.1	0.0	0.4	0.0	0.1	0.1	0.2	0.4	0.2	1.7	0.0
03	Legumes	0.2	0.3	0.7	0.0	0.0	0.0	0.0	0.1	0.0	0.4	0.0	0.0	0.1	0.2	0.1	0.4	1.0	0.0
03-01	Legumes	0.2	0.3	0.7	0.0	0.0	0.0	0.0	0.1	0.0	0.4	0.0	0.0	0.1	0.2	0.1	0.4	1.0	0.0
04	Fruits, nuts and olives	5.4	2.9	7.4	0.0	5.3	2.5	7.1	7.3	0.0	4.3	0.7	7.1	8.0	6.6	12.2	2.4	11.1	0.0
04-01	Fruits	3.0	0.8	2.1	0.0	0.4	0.2	0.2	1.0	0.0	2.3	0.0	0.4	0.8	5.8	11.4	1.6	8.4	0.0
04-02	Nuts and seeds (+nut spread)	2.4	2.1	5.2	0.0	4.8	2.2	6.7	6.3	0.0	1.9	0.7	6.6	7.1	0.7	0.5	0.8	2.5	0.0
04-03	Mixed fruits	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.0	0.1	0.0
04-04	Olives	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0
05	Dairy products	15.1	23.4	0.4	37.4	19.5	32.9	13.4	3.9	34.6	10.1	0.6	9.9	2.3	10.5	22.0	2.1	2.8	0.2
05-01	Milk	3.5	6.4	0.0	10.1	2.8	4.7	1.9	0.4	5.0	0.7	0.0	1.4	0.3	3.5	8.3	0.0	0.0	0.0
05-02	Milk beverages	0.6	0.7	0.2	1.0	0.3	0.5	0.2	0.1	0.3	0.1	0.2	0.2	0.0	0.8	1.5	0.1	0.8	0.0
05-03	Yoghurt	2.3	3.9	0.0	6.3	1.2	1.9	0.8	0.2	2.2	0.3	0.0	0.6	0.1	2.7	5.7	0.5	1.5	0.0
05-04	Fromage blanc, petits suisses	0.2	0.3	0.0	0.4	0.1	0.2	0.1	0.0	0.2	0.0	0.0	0.1	0.0	0.2	0.5	0.0	0.0	0.0
05-05	Cheese (including fresh cheeses)	5.8	10.1	0.0	16.3	12.0	20.5	8.2	2.5	21.1	7.8	0.0	6.1	1.4	0.0	0.1	0.0	0.0	0.0
05-06	Cream desserts, puddings (milk based)	1.8	1.3	0.2	2.0	1.5	2.4	1.1	0.3	2.0	0.7	0.5	0.8	0.2	2.6	4.5	1.3	0.4	0.2
05-07	Dairy and non-dairy creams	0.4	0.1	0.0	0.1	0.9	1.2	0.7	0.2	2.6	0.2	0.0	0.5	0.1	0.1	0.3	0.0	0.0	0.0
05-07-01	Dairy creams	0.4	0.1	0.0	0.1	0.9	1.2	0.7	0.2	2.6	0.2	0.0	0.5	0.1	0.1	0.3	0.0	0.0	0.0
05-07-02	Non-dairy creams	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05-08	Milk for coffee and creamers	0.6	0.7	0.0	1.1	0.7	1.3	0.3	0.2	1.2	0.2	0.0	0.3	0.2	0.5	1.0	0.2	0.0	0.0
06	Cereals and cereal products	21.4	19.9	54.8	0.5	8.1	5.0	7.8	13.9	4.2	11.9	5.3	9.9	15.0	36.2	7.4	57.4	41.6	0.0
06-01	Flour, flakes, starches, semolina	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.1	0.0

Group=Male Adults (51-69 years, n=351)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
06-02	Pasta, rice, other grain	2.6	2.0	5.2	0.2	0.4	0.2	0.2	0.7	0.1	0.3	0.0	0.3	0.8	5.3	0.2	8.5	2.6	0.0
06-03	Bread, crisp bread, rusks	16.1	16.5	45.9	0.2	5.3	2.9	4.4	11.0	2.3	10.9	2.7	6.8	11.8	27.3	6.0	43.3	36.0	0.0
06-03-01	Bread	15.4	15.9	43.9	0.2	5.0	2.6	4.2	10.6	1.7	10.6	2.7	6.5	11.3	25.9	5.6	41.0	34.6	0.0
06-03-02	Crispbread, rusks	0.8	0.6	2.0	0.0	0.3	0.2	0.2	0.4	0.6	0.3	0.0	0.3	0.5	1.4	0.3	2.3	1.4	0.0
06-04	Breakfast cereals	1.0	0.6	1.7	0.0	0.7	0.6	0.7	0.8	0.0	0.3	2.5	0.7	0.9	1.5	0.9	2.2	1.8	0.0
06-05	Salty biscuits, aperitif biscuits, crackers	1.3	0.6	1.5	0.1	1.4	1.1	2.0	1.2	1.1	0.3	0.0	1.7	1.3	1.6	0.3	2.6	0.9	0.0
06-06	Dough and pastry (puff, shortcrust, pizza)	0.3	0.2	0.5	0.0	0.3	0.2	0.5	0.2	0.7	0.1	0.0	0.4	0.2	0.4	0.0	0.6	0.2	0.0
07	Meat and meat products	12.8	31.9	0.3	48.2	19.9	20.0	24.4	11.7	14.9	7.3	35.6	19.7	11.1	0.9	0.7	1.1	1.7	0.0
07-01	Fresh meat	4.9	14.3	0.0	21.2	6.9	7.5	8.6	2.7	7.2	1.5	7.4	6.4	2.7	0.0	0.1	0.0	0.4	0.0
07-01-00	Unclassified	0.9	2.0	0.0	3.1	1.7	1.8	2.1	0.8	1.4	0.5	0.8	1.6	0.8	0.0	0.0	0.0	0.1	0.0
07-01-01	Beef	1.8	5.7	0.0	8.6	2.5	2.8	3.2	0.5	4.5	0.6	2.3	2.2	0.4	0.0	0.0	0.0	0.1	0.0
07-01-02	Veal	0.1	0.3	0.0	0.5	0.2	0.2	0.2	0.0	0.3	0.0	0.3	0.1	0.0	0.0	0.0	0.0	0.0	0.0
07-01-03	Pork	1.8	5.7	0.0	8.2	2.2	2.3	2.7	1.3	0.3	0.2	4.0	2.2	1.4	0.0	0.0	0.0	0.1	0.0
07-01-04	Mutton/Lamb	0.2	0.4	0.0	0.5	0.3	0.4	0.3	0.1	0.6	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.0	0.0
07-01-05	Horse	0.0	0.2	0.0	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-06	Goat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02	Poultry	1.6	6.2	0.0	9.3	1.6	1.3	1.4	1.9	1.7	1.2	14.2	1.6	1.8	0.0	0.0	0.0	0.0	0.0
07-02-00	Unclassified and other poultry	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-01	Chicken, hen	1.6	6.0	0.0	9.0	1.6	1.3	1.4	1.8	1.6	1.2	14.2	1.5	1.8	0.0	0.0	0.0	0.0	0.0
07-02-02	Turkey, young turkey	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-03	Duck	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-05	Rabbit (domestic)	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-03	Game	0.1	0.2	0.0	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-04	Processed meat	6.1	11.1	0.3	17.3	11.3	11.1	14.4	7.1	6.0	4.6	14.1	11.7	6.6	0.8	0.6	1.0	1.4	0.0
07-05	Offals	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08	Fish and shellfish	1.3	4.0	0.2	6.1	1.6	1.1	1.8	2.1	0.5	1.0	25.5	1.9	0.8	0.2	0.0	0.3	0.1	0.0
08-01	Fish	1.1	3.3	0.1	5.1	1.4	0.9	1.7	1.9	0.3	0.9	21.7	1.7	0.7	0.2	0.0	0.3	0.1	0.0
08-02	Crustaceans, molluscs	0.1	0.4	0.0	0.6	0.0	0.0	0.0	0.1	0.0	0.0	2.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08-03	Fish products, fish in crumbs	0.1	0.3	0.1	0.5	0.2	0.1	0.2	0.2	0.3	0.1	1.4	0.2	0.1	0.0	0.0	0.1	0.0	0.0
09	Eggs and egg products	0.8	1.8	0.0	2.9	1.4	1.3	1.7	0.6	0.0	0.1	10.4	1.3	0.6	0.1	0.0	0.2	0.0	0.0
09-01	Egg	0.8	1.8	0.0	2.9	1.4	1.3	1.7	0.6	0.0	0.1	10.4	1.3	0.6	0.1	0.0	0.2	0.0	0.0
10	Fat	7.3	0.1	0.2	0.0	21.4	15.0	21.5	35.5	18.6	35.7	3.9	27.0	37.3	0.1	0.1	0.1	0.0	0.0

Group=Male Adults (51-69 years, n=351)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
10-00	Unclassified	0.5	0.0	0.0	0.0	1.5	1.0	1.7	2.5	1.1	1.6	0.0	2.0	2.9	0.0	0.0	0.0	0.0	0.0
10-01	Vegetable oils	1.3	0.0	0.0	0.0	3.9	1.6	5.6	5.4	0.3	3.3	3.6	5.8	6.0	0.0	0.0	0.0	0.0	0.0
10-02	Butter	0.7	0.0	0.0	0.0	2.0	3.1	1.5	0.5	4.6	0.7	0.0	1.2	0.2	0.0	0.0	0.0	0.0	0.0
10-03	Margarines	4.3	0.1	0.2	0.0	12.5	8.4	10.9	24.5	11.7	29.1	0.3	16.0	25.3	0.1	0.0	0.1	0.0	0.0
10-04	Deep frying fats	0.5	0.0	0.0	0.0	1.5	0.9	1.7	2.5	0.8	1.0	0.0	2.0	2.8	0.0	0.0	0.0	0.0	0.0
10-06	Other animal fat	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.0	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	5.3	0.9	1.5	0.6	3.1	4.5	3.3	1.1	2.3	0.5	0.0	2.4	0.8	9.5	19.9	1.5	2.4	0.5
11-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-01	Sugar, honey ,jam	2.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	5.3	11.3	0.5	0.4	0.0
11-02	Chocolate, candy bars, paste, chocolate confetti	1.4	0.4	0.9	0.1	1.9	2.4	2.2	0.9	0.1	0.2	0.0	1.7	0.6	1.6	3.5	0.3	1.3	0.5
11-03	Confectionery non-chocolate	0.5	0.2	0.4	0.0	0.1	0.1	0.1	0.1	0.1	0.0	0.0	0.1	0.0	1.0	1.9	0.4	0.2	0.0
11-04	Syrup	0.3	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.6	1.5	0.0	0.2	0.0
11-05	Ice cream, water ice	0.8	0.3	0.0	0.4	1.1	2.0	0.9	0.1	2.0	0.3	0.0	0.6	0.1	0.9	1.8	0.4	0.2	0.0
11-05-01	Ice cream	0.8	0.3	0.0	0.4	1.1	2.0	0.9	0.1	2.0	0.3	0.0	0.6	0.1	0.9	1.8	0.4	0.2	0.0
11-05-02	Sorbet	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-05-03	Water ice	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
12	Cakes	6.8	2.6	5.9	0.9	7.3	8.7	6.7	5.1	16.8	4.3	4.6	6.0	4.9	9.3	11.8	8.2	4.6	1.3
12-01	Cakes, pies, pastries, etc	4.5	1.8	3.8	0.7	4.8	5.7	4.3	3.3	13.4	3.2	3.0	3.9	3.1	6.0	8.0	5.0	2.9	1.3
12-02	Dry cakes, biscuits	2.3	0.8	2.1	0.1	2.5	3.0	2.4	1.7	3.4	1.2	1.6	2.1	1.8	3.2	3.8	3.2	1.7	0.0
13	Non-alcoholic beverages	3.6	2.0	5.4	0.2	0.4	0.7	0.2	0.1	0.5	0.3	0.0	0.2	0.1	7.3	15.2	0.6	1.7	0.2
13-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.0	0.2
13-01	Fruit and vegetable juices	1.5	0.4	1.2	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.0	0.0	0.1	3.3	6.8	0.2	1.1	0.0
13-02	Carbonated/soft/isotonic drinks, diluted syrups	1.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.2	6.8	0.0	0.0	0.0
13-03	Coffee, tea and herbal teas	0.7	1.6	4.1	0.2	0.3	0.6	0.1	0.0	0.5	0.1	0.0	0.1	0.0	0.8	1.5	0.3	0.6	0.0
13-03-01	Coffee	0.6	1.6	4.1	0.2	0.3	0.6	0.1	0.0	0.5	0.1	0.0	0.1	0.0	0.7	1.3	0.3	0.6	0.0
13-03-02	Tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-03	Herbal tea	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.0	0.0	0.0
13-03-04	Chicory, substitutes	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-04	Waters	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14	Alcoholic beverages	8.0	1.0	3.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	4.2	2.9	4.8	3.4	97.7
14-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1
14-01	Wine	2.3	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.7	1.9	0.0	0.0	34.5

Group=Male Adults (51-69 years, n=351)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
14-02	Fortified wines (sherry, port, vermouth)	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.6	0.0	0.0	5.1
14-03	Beer, cider	4.2	1.0	2.9	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.1	0.1	4.8	3.4	42.5
14-04	Spirits, brandy	1.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	14.4
14-05	Aniseed drinks (pastis,....)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-06	Liqueurs	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.3	0.0	0.0	1.0
14-07	Cocktails, punches	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
15	Condiments and sauces	3.0	0.6	1.6	0.2	6.9	3.2	7.9	12.7	1.2	12.4	2.2	9.7	13.5	1.3	2.6	0.7	1.0	0.0
15-01	Sauces	2.9	0.6	1.3	0.2	6.8	3.1	7.9	12.6	1.2	12.3	2.0	9.6	13.4	1.3	2.5	0.6	0.9	0.0
15-01-00	Unclassified and other sauces	1.6	0.4	1.1	0.1	3.6	1.9	3.9	6.5	1.1	4.2	0.6	4.9	7.0	0.7	1.4	0.4	0.5	0.0
15-01-01	Tomato sauces	0.2	0.1	0.2	0.0	0.1	0.0	0.2	0.1	0.0	0.1	0.1	0.1	0.1	0.3	0.6	0.1	0.2	0.0
15-01-02	Dressing sauces	0.4	0.0	0.0	0.0	0.9	0.3	1.2	1.7	0.1	2.4	0.9	1.4	1.8	0.1	0.2	0.1	0.0	0.0
15-01-03	Mayonnaises and similars	0.8	0.0	0.0	0.1	2.2	0.8	2.6	4.3	0.1	5.6	0.5	3.2	4.6	0.1	0.2	0.0	0.1	0.0
15-01-04	Dessert sauces	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0
15-02	Yeast	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
15-04	Condiments	0.1	0.1	0.2	0.0	0.1	0.1	0.1	0.1	0.0	0.1	0.1	0.1	0.1	0.1	0.1	0.1	0.2	0.0
16	Soups, bouillon	1.3	2.0	2.1	1.9	1.3	1.3	1.3	1.2	3.1	1.0	4.5	1.2	1.2	1.1	0.7	1.4	2.6	0.0
16-01	Soups	1.2	2.0	2.0	1.9	1.3	1.2	1.2	1.2	3.1	1.0	4.5	1.2	1.2	1.1	0.7	1.4	2.6	0.0
16-02	Bouillon	0.0	0.0	0.1	0.0	0.1	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17	Miscellaneous	1.3	1.4	1.9	1.0	1.6	1.8	1.6	1.4	1.6	0.7	1.4	1.5	1.0	1.2	0.5	1.8	1.0	0.0
17-00	Unclassified	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-01	Soya products	0.1	0.2	0.5	0.0	0.1	0.1	0.1	0.3	0.0	0.2	0.9	0.2	0.3	0.1	0.2	0.0	0.2	0.0
17-02	Dietetic products	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-02-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-02-01	Artificial sweeteners	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-03	Snacks	1.1	1.1	1.3	1.0	1.5	1.7	1.5	1.0	1.6	0.5	0.4	1.3	0.7	1.1	0.3	1.7	0.8	0.0

Group=Female Adults (51-69 years, n=353)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01-01	Potatoes	4.1	2.2	6.3	0.0	1.1	1.1	0.8	1.6	0.9	4.4	0.0	1.0	1.1	7.8	0.3	14.4	7.9	0.0
01-02	Other tubers	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02	Vegetables	2.3	3.1	9.3	0.0	1.0	0.7	0.4	2.4	0.4	8.4	0.1	1.1	1.6	2.8	4.1	2.0	17.5	0.0
02-01	Leafy vegetables (except cabbages)	0.4	0.7	2.2	0.0	0.4	0.3	0.2	0.8	0.4	3.0	0.0	0.4	0.4	0.4	0.4	0.3	3.1	0.0
02-02	Fruiting vegetables	0.6	0.7	2.1	0.0	0.3	0.2	0.2	0.6	0.0	1.3	0.0	0.3	0.6	0.8	1.3	0.4	4.3	0.0
02-03	Root vegetables	0.2	0.1	0.4	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.4	0.8	0.1	1.8	0.0
02-04	Cabbages	0.5	0.8	2.3	0.0	0.2	0.1	0.0	0.6	0.0	3.0	0.0	0.2	0.2	0.5	0.6	0.4	4.0	0.0
02-05	Mushrooms	0.0	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.0
02-06	Grain and pod vegetables	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.5	0.0
02-07	Onion, garlic	0.2	0.2	0.5	0.0	0.1	0.0	0.0	0.1	0.0	0.3	0.1	0.1	0.1	0.3	0.4	0.3	1.4	0.0
02-08	Stalk vegetables, sprouts	0.0	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.0
02-09	Mixed salad, mixed vegetables	0.2	0.3	1.0	0.0	0.1	0.0	0.0	0.1	0.0	0.6	0.0	0.1	0.1	0.3	0.4	0.3	1.9	0.0
03	Legumes	0.1	0.1	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	0.0	0.0	0.1	0.1	0.2	0.5	0.0
03-01	Legumes	0.1	0.1	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	0.0	0.0	0.1	0.1	0.2	0.5	0.0
04	Fruits, nuts and olives	6.8	2.9	7.7	0.0	4.9	2.2	6.1	7.5	0.0	6.1	1.1	6.7	8.3	9.8	17.8	3.1	14.5	0.0
04-01	Fruits	4.8	1.2	3.4	0.0	0.6	0.3	0.3	1.5	0.0	3.2	0.0	0.7	1.4	9.2	17.2	2.4	12.4	0.0
04-02	Nuts and seeds (+nut spread)	1.9	1.6	4.1	0.0	3.8	1.7	5.1	5.4	0.0	2.7	0.9	5.4	6.3	0.5	0.3	0.6	1.8	0.0
04-03	Mixed fruits	0.2	0.1	0.2	0.0	0.3	0.1	0.4	0.5	0.0	0.2	0.3	0.4	0.6	0.2	0.3	0.0	0.2	0.0
04-04	Olives	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.2	0.1	0.0	0.0	0.0	0.1	0.0
05	Dairy products	15.9	25.1	0.3	40.0	20.8	33.9	14.9	4.6	35.9	10.4	0.5	11.1	3.0	10.4	20.3	1.7	2.8	0.6
05-01	Milk	3.1	5.7	0.0	8.8	2.1	3.5	1.5	0.4	3.7	0.5	0.0	1.1	0.2	3.1	6.7	0.0	0.0	0.0
05-02	Milk beverages	0.5	0.6	0.2	0.8	0.3	0.5	0.2	0.1	0.2	0.1	0.4	0.2	0.0	0.7	1.2	0.1	0.8	0.0
05-03	Yoghurt	3.1	5.1	0.1	8.1	1.5	2.4	1.1	0.3	2.6	0.4	0.0	0.8	0.2	3.7	7.4	0.6	1.6	0.0
05-04	Fromage blanc, petits suisses	0.5	0.9	0.0	1.5	0.5	0.7	0.4	0.1	0.8	0.1	0.0	0.3	0.1	0.5	1.0	0.1	0.1	0.0
05-05	Cheese (including fresh cheeses)	6.4	11.0	0.0	17.7	13.7	22.5	9.8	3.0	23.0	8.4	0.0	7.2	1.8	0.1	0.2	0.0	0.0	0.0
05-06	Cream desserts, puddings (milk based)	1.1	0.9	0.1	1.5	0.9	1.5	0.6	0.2	1.0	0.4	0.1	0.5	0.1	1.6	2.5	0.8	0.3	0.6
05-07	Dairy and non-dairy creams	0.5	0.1	0.0	0.1	1.2	1.6	0.9	0.3	3.1	0.3	0.0	0.7	0.1	0.2	0.3	0.0	0.0	0.0
05-07-01	Dairy creams	0.5	0.1	0.0	0.1	1.1	1.6	0.9	0.2	3.1	0.3	0.0	0.6	0.1	0.1	0.3	0.0	0.0	0.0
05-07-02	Non-dairy creams	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.1	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0
05-08	Milk for coffee and creamers	0.6	0.9	0.0	1.5	0.7	1.2	0.4	0.4	1.5	0.2	0.0	0.4	0.4	0.5	1.1	0.1	0.0	0.0
06	Cereals and cereal products	22.0	20.4	55.2	0.4	8.9	5.3	8.5	16.3	4.1	13.6	5.6	11.2	17.5	35.5	6.6	60.1	41.0	0.0
06-01	Flour, flakes, starches, semolina	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	0.4	0.2	0.0

Group=Female Adults (51-69 years, n=353)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
06-02	Pasta, rice, other grain	2.4	1.9	4.7	0.2	0.4	0.2	0.2	0.7	0.0	0.4	0.0	0.4	0.8	4.4	0.2	7.8	2.2	0.0
06-03	Bread, crisp bread, rusks	16.8	16.8	46.2	0.0	6.2	3.2	5.3	13.5	2.1	12.4	3.0	8.2	14.4	27.0	5.2	45.6	35.2	0.0
06-03-01	Bread	15.6	15.9	43.4	0.0	5.7	2.7	4.9	12.8	1.3	12.0	3.0	7.7	13.6	24.9	4.8	42.0	32.7	0.0
06-03-02	Crispbread, rusks	1.2	1.0	2.8	0.0	0.5	0.4	0.4	0.7	0.8	0.4	0.0	0.5	0.8	2.1	0.4	3.6	2.6	0.0
06-04	Breakfast cereals	0.9	0.5	1.5	0.0	0.5	0.5	0.6	0.7	0.0	0.2	2.5	0.6	0.7	1.5	0.9	2.1	2.0	0.0
06-05	Salty biscuits, aperitif biscuits, crackers	1.3	0.6	1.5	0.1	1.4	1.2	1.7	1.1	1.5	0.3	0.0	1.5	1.2	1.7	0.2	2.9	0.9	0.0
06-06	Dough and pastry (puff, shortcrust, pizza)	0.5	0.4	1.0	0.0	0.5	0.3	0.7	0.3	0.6	0.2	0.0	0.6	0.3	0.8	0.1	1.3	0.6	0.0
07	Meat and meat products	10.9	27.4	0.2	42.3	17.1	16.9	22.0	9.9	11.5	5.9	26.5	17.5	9.8	0.6	0.5	0.7	1.0	0.0
07-01	Fresh meat	4.8	13.8	0.0	21.0	6.6	6.9	8.6	2.4	6.4	1.4	5.4	6.4	2.4	0.1	0.1	0.1	0.3	0.0
07-01-00	Unclassified	0.9	1.8	0.0	2.9	1.6	1.7	2.2	0.7	1.2	0.5	0.5	1.7	0.7	0.0	0.0	0.0	0.1	0.0
07-01-01	Beef	2.0	5.9	0.0	8.9	2.7	2.9	3.5	0.5	4.3	0.7	2.2	2.5	0.5	0.0	0.0	0.0	0.2	0.0
07-01-02	Veal	0.1	0.3	0.0	0.5	0.1	0.1	0.2	0.0	0.2	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0
07-01-03	Pork	1.7	5.6	0.0	8.3	1.9	1.9	2.5	1.1	0.3	0.1	2.6	2.0	1.2	0.0	0.0	0.0	0.1	0.0
07-01-04	Mutton/Lamb	0.1	0.2	0.0	0.4	0.2	0.2	0.2	0.0	0.4	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0
07-01-05	Horse	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-06	Goat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02	Poultry	1.5	5.0	0.0	7.5	1.5	1.2	1.5	1.7	1.1	0.9	9.4	1.5	1.6	0.0	0.0	0.0	0.0	0.0
07-02-00	Unclassified and other poultry	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-01	Chicken, hen	1.4	4.7	0.0	7.1	1.3	1.1	1.3	1.5	1.1	0.9	9.4	1.3	1.5	0.0	0.0	0.0	0.0	0.0
07-02-02	Turkey, young turkey	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-03	Duck	0.1	0.1	0.0	0.2	0.1	0.1	0.2	0.1	0.0	0.0	0.0	0.2	0.1	0.0	0.0	0.0	0.0	0.0
07-02-05	Rabbit (domestic)	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-03	Game	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-04	Processed meat	4.6	8.4	0.2	13.5	9.0	8.8	11.9	5.8	4.0	3.7	11.5	9.6	5.7	0.5	0.4	0.7	0.7	0.0
07-05	Offals	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	0.1	0.0	0.0	0.0	0.0	0.0
08	Fish and shellfish	1.8	5.4	0.2	8.2	2.2	1.5	2.5	2.7	0.5	1.4	26.3	2.6	0.9	0.3	0.0	0.5	0.1	0.0
08-01	Fish	1.5	4.4	0.1	6.7	2.0	1.3	2.4	2.4	0.4	1.3	21.5	2.4	0.8	0.1	0.0	0.3	0.1	0.0
08-02	Crustaceans, molluscs	0.1	0.3	0.0	0.4	0.0	0.0	0.0	0.0	0.0	0.0	2.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08-03	Fish products, fish in crumbs	0.3	0.7	0.1	1.1	0.2	0.1	0.1	0.2	0.1	0.1	2.7	0.2	0.1	0.1	0.0	0.2	0.1	0.0
09	Eggs and egg products	1.0	2.4	0.0	3.8	1.8	1.5	2.2	0.8	0.0	0.1	12.3	1.7	0.8	0.1	0.0	0.3	0.0	0.0
09-01	Egg	1.0	2.4	0.0	3.8	1.8	1.5	2.2	0.8	0.0	0.1	12.3	1.7	0.8	0.1	0.0	0.3	0.0	0.0
10	Fat	6.8	0.1	0.1	0.0	20.1	15.0	20.6	31.6	18.5	30.4	2.9	24.9	33.1	0.1	0.1	0.1	0.0	0.0

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Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
10-00	Unclassified	0.3	0.0	0.0	0.0	0.9	0.6	1.0	1.5	0.5	0.9	0.0	1.2	1.7	0.0	0.0	0.0	0.0	0.0
10-01	Vegetable oils	1.3	0.0	0.0	0.0	4.0	1.6	5.5	6.2	0.3	3.5	2.7	6.0	6.8	0.0	0.0	0.0	0.0	0.0
10-02	Butter	1.1	0.0	0.0	0.0	3.0	4.6	2.4	0.6	6.3	1.0	0.0	1.8	0.3	0.0	0.0	0.0	0.0	0.0
10-03	Margarines	3.7	0.1	0.1	0.0	11.1	7.4	10.4	21.8	10.5	24.3	0.2	14.6	22.6	0.1	0.0	0.1	0.0	0.0
10-04	Deep frying fats	0.4	0.0	0.0	0.0	1.0	0.7	1.2	1.5	0.7	0.6	0.0	1.3	1.6	0.0	0.0	0.0	0.0	0.0
10-06	Other animal fat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	5.4	1.2	2.0	0.7	4.0	5.5	4.1	1.4	2.1	0.6	0.0	3.2	1.2	8.3	15.6	1.6	2.9	1.2
11-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-01	Sugar, honey ,jam	1.6	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.5	6.8	0.4	0.3	0.0
11-02	Chocolate, candy bars, paste, chocolate confetti	1.9	0.6	1.2	0.3	2.7	3.4	3.1	1.1	0.3	0.3	0.0	2.4	1.0	2.0	3.8	0.4	1.5	1.2
11-03	Confectionery non-chocolate	0.6	0.2	0.5	0.0	0.1	0.1	0.1	0.1	0.3	0.1	0.0	0.1	0.1	1.0	1.6	0.4	0.3	0.0
11-04	Syrup	0.4	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.9	1.9	0.0	0.4	0.0
11-05	Ice cream, water ice	0.8	0.3	0.1	0.4	1.2	1.9	0.9	0.2	1.6	0.3	0.0	0.7	0.2	0.9	1.6	0.4	0.4	0.0
11-05-01	Ice cream	0.8	0.3	0.1	0.4	1.2	1.9	0.9	0.2	1.6	0.3	0.0	0.7	0.2	0.9	1.6	0.4	0.4	0.0
11-05-02	Sorbet	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-05-03	Water ice	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
12	Cakes	8.1	3.2	6.8	1.1	8.3	9.8	7.6	5.5	17.7	4.6	3.7	6.8	5.5	10.9	12.7	9.9	5.0	1.5
12-01	Cakes, pies, pastries, etc	5.2	2.1	4.2	0.8	5.3	6.2	4.7	3.6	13.3	3.3	1.8	4.3	3.5	7.0	8.5	5.9	3.2	1.5
12-02	Dry cakes, biscuits	2.9	1.1	2.6	0.2	2.9	3.7	2.9	2.0	4.4	1.3	1.9	2.5	2.0	3.9	4.2	4.0	1.8	0.0
13	Non-alcoholic beverages	3.9	2.6	6.1	0.6	0.7	1.1	0.4	0.2	1.2	0.4	0.0	0.3	0.2	7.2	14.1	0.8	2.2	0.0
13-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-01	Fruit and vegetable juices	2.1	0.6	1.6	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.1	0.1	4.2	8.3	0.3	1.5	0.0
13-02	Carbonated/soft/isotonic drinks, diluted syrups	0.9	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.9	4.1	0.0	0.0	0.0
13-03	Coffee, tea and herbal teas	1.0	2.0	4.5	0.6	0.7	1.1	0.3	0.1	1.2	0.1	0.0	0.3	0.1	1.0	1.7	0.5	0.7	0.0
13-03-01	Coffee	1.0	2.0	4.5	0.6	0.7	1.1	0.3	0.1	1.2	0.1	0.0	0.3	0.1	1.0	1.6	0.5	0.7	0.0
13-03-02	Tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-03	Herbal tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
13-03-04	Chicory, substitutes	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-04	Waters	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14	Alcoholic beverages	5.5	0.3	0.6	0.1	0.1	0.1	0.1	0.0	0.2	0.0	0.2	0.1	0.0	2.4	4.2	0.8	0.5	96.7
14-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-01	Wine	3.8	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.3	3.0	0.0	0.0	69.9

Group=Female Adults (51-69 years, n=353)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
14-02	Fortified wines (sherry, port, vermouth)	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.6	0.0	0.0	7.7
14-03	Beer, cider	0.7	0.2	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.5	0.0	0.8	0.5	8.0
14-04	Spirits, brandy	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	6.4
14-05	Aniseed drinks (pastis,....)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-06	Liqueurs	0.2	0.0	0.0	0.1	0.1	0.1	0.1	0.0	0.2	0.0	0.2	0.1	0.0	0.2	0.4	0.0	0.0	4.8
14-07	Cocktails, punches	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
15	Condiments and sauces	2.8	0.5	1.1	0.2	6.4	2.8	7.1	12.6	1.0	11.3	2.7	9.2	13.3	1.3	1.9	0.7	0.7	0.0
15-01	Sauces	2.7	0.4	1.0	0.2	6.3	2.7	7.1	12.5	1.0	11.3	2.7	9.1	13.2	1.2	1.9	0.7	0.6	0.0
15-01-00	Unclassified and other sauces	1.5	0.3	0.7	0.1	3.4	1.7	3.7	6.7	0.8	4.2	1.0	4.9	7.2	0.6	0.9	0.4	0.3	0.0
15-01-01	Tomato sauces	0.2	0.1	0.2	0.0	0.1	0.0	0.2	0.2	0.0	0.1	0.1	0.2	0.2	0.2	0.4	0.1	0.2	0.0
15-01-02	Dressing sauces	0.4	0.0	0.0	0.0	1.0	0.4	1.2	2.1	0.1	2.8	0.7	1.6	2.0	0.1	0.2	0.1	0.0	0.0
15-01-03	Mayonnaises and similars	0.6	0.0	0.0	0.1	1.7	0.6	2.0	3.6	0.0	4.2	0.9	2.5	3.8	0.1	0.2	0.0	0.0	0.0
15-01-04	Dessert sauces	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0
15-02	Yeast	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
15-04	Condiments	0.1	0.1	0.1	0.0	0.1	0.1	0.0	0.1	0.0	0.0	0.1	0.1	0.1	0.1	0.1	0.1	0.1	0.0
16	Soups, bouillon	1.2	1.6	1.8	1.5	1.3	1.3	1.2	1.1	4.7	0.6	3.5	1.1	1.1	1.2	0.9	1.4	2.3	0.0
16-01	Soups	1.2	1.6	1.7	1.5	1.2	1.2	1.1	1.0	4.7	0.6	3.5	1.1	1.1	1.1	0.9	1.4	2.3	0.0
16-02	Bouillon	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17	Miscellaneous	1.3	1.6	1.9	0.9	1.5	1.3	1.4	1.8	1.2	1.2	0.5	1.5	1.3	1.2	0.8	1.6	1.1	0.0
17-00	Unclassified	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0
17-01	Soya products	0.3	0.5	1.0	0.0	0.3	0.2	0.2	0.9	0.0	0.5	0.4	0.5	0.7	0.2	0.4	0.1	0.5	0.0
17-02	Dietetic products	0.3	0.4	0.1	0.2	0.2	0.0	0.2	0.2	0.0	0.3	0.0	0.2	0.2	0.3	0.2	0.4	0.1	0.0
17-02-00	Unclassified	0.3	0.4	0.0	0.2	0.2	0.0	0.2	0.2	0.0	0.3	0.0	0.2	0.2	0.3	0.2	0.4	0.1	0.0
17-02-01	Artificial sweeteners	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-03	Snacks	0.7	0.7	0.7	0.7	0.9	1.1	1.0	0.6	1.2	0.4	0.1	0.8	0.3	0.7	0.2	1.1	0.5	0.0

Table 2.3.a Average contribution of food subgroups to the intake of macronutrients of the Dutch children and adults stratified by educational level (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week

Group=Children (7-18 years) - Low Education (n=348)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01-01	Potatoes	5.3	3.5	9.0	0.1	2.2	2.8	1.8	2.1	1.0	4.9	0.0	1.9	1.7	7.9	0.2	16.0	13.1	0.0
01-02	Other tubers	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02	Vegetables	1.0	1.7	4.4	0.0	0.4	0.2	0.1	0.8	0.1	3.5	0.1	0.4	0.5	1.0	1.5	0.8	9.1	0.0
02-01	Leafy vegetables (except cabbages)	0.1	0.3	0.7	0.0	0.1	0.1	0.0	0.2	0.1	0.9	0.0	0.1	0.1	0.1	0.1	0.1	1.2	0.0
02-02	Fruiting vegetables	0.3	0.4	1.0	0.0	0.1	0.1	0.0	0.2	0.0	0.6	0.0	0.1	0.2	0.3	0.5	0.2	2.4	0.0
02-03	Root vegetables	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.3	0.0	0.8	0.0
02-04	Cabbages	0.2	0.5	1.1	0.0	0.1	0.0	0.0	0.2	0.0	1.5	0.0	0.1	0.1	0.2	0.2	0.1	2.0	0.0
02-05	Mushrooms	0.0	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0
02-06	Grain and pod vegetables	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.5	0.0
02-07	Onion, garlic	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.1	0.0	0.1	0.2	0.2	0.1	0.9	0.0
02-08	Stalk vegetables, sprouts	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02-09	Mixed salad, mixed vegetables	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.1	0.2	0.1	1.0	0.0
03	Legumes	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.0	0.0	0.0	0.1	0.0	0.2	0.7	0.0
03-01	Legumes	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.0	0.0	0.0	0.1	0.0	0.2	0.7	0.0
04	Fruits, nuts and olives	3.7	2.2	4.9	0.0	3.2	1.8	3.5	5.4	0.0	3.5	0.4	4.1	6.0	4.1	6.3	1.7	8.3	0.0
04-01	Fruits	2.2	0.6	1.5	0.0	0.2	0.1	0.1	0.4	0.0	1.3	0.0	0.2	0.4	3.6	5.9	1.2	6.6	0.0
04-02	Nuts and seeds (+nut spread)	1.4	1.6	3.4	0.0	3.0	1.7	3.4	4.9	0.0	2.1	0.4	3.9	5.6	0.4	0.2	0.5	1.6	0.0
04-03	Mixed fruits	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.2	0.0
04-04	Olives	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05	Dairy products	12.6	21.9	0.7	37.1	13.8	23.3	9.1	2.7	27.3	8.0	1.1	6.9	1.6	10.0	17.5	2.1	4.4	3.6
05-01	Milk	2.8	6.5	0.0	11.2	2.5	4.3	1.5	0.4	5.1	0.7	0.0	1.1	0.2	2.3	4.7	0.0	0.0	0.0
05-02	Milk beverages	1.7	2.3	0.6	3.6	1.0	1.6	0.7	0.2	1.5	0.3	0.6	0.5	0.1	2.1	3.8	0.3	2.7	0.0
05-03	Yoghurt	2.6	4.4	0.0	7.1	0.6	1.0	0.4	0.1	1.3	0.2	0.0	0.3	0.1	3.4	6.0	0.6	1.2	0.0
05-04	Fromage blanc, petits suisses	0.2	0.3	0.0	0.6	0.2	0.3	0.2	0.1	0.5	0.1	0.0	0.1	0.0	0.2	0.3	0.0	0.0	0.0
05-05	Cheese (including fresh cheeses)	3.4	6.8	0.0	12.1	7.5	12.8	5.0	1.6	15.0	5.7	0.0	3.8	0.9	0.0	0.1	0.0	0.0	0.0
05-06	Cream desserts, puddings (milk based)	1.5	1.3	0.2	2.3	1.3	2.3	0.9	0.3	1.7	0.8	0.5	0.7	0.2	1.8	2.6	1.1	0.5	3.6
05-07	Dairy and non-dairy creams	0.2	0.0	0.0	0.1	0.6	0.8	0.4	0.1	2.1	0.2	0.0	0.3	0.1	0.1	0.1	0.0	0.0	0.0
05-07-01	Dairy creams	0.2	0.0	0.0	0.1	0.6	0.8	0.4	0.1	2.1	0.2	0.0	0.3	0.1	0.1	0.1	0.0	0.0	0.0
05-07-02	Non-dairy creams	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Group=Children (7-18 years) - Low Education (n=348)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids- cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
05-08	Milk for coffee and creamers	0.1	0.1	0.0	0.1	0.1	0.2	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
06	Cereals and cereal products	22.6	23.6	57.6	0.5	11.3	7.0	13.4	14.3	7.1	11.3	2.2	13.6	15.7	30.0	4.0	57.5	42.6	0.0
06-01	Flour, flakes, starches, semolina	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
06-02	Pasta, rice, other grain	2.1	1.9	4.6	0.2	0.3	0.1	0.1	0.7	0.3	0.5	0.0	0.3	0.7	3.3	0.1	6.3	2.3	0.0
06-03	Bread, crisp bread, rusks	14.7	18.4	45.3	0.2	4.1	2.4	3.4	7.8	3.8	9.6	0.9	4.9	8.3	20.7	2.8	40.1	33.7	0.0
06-03-01	Bread	14.1	17.8	43.9	0.2	3.8	2.2	3.2	7.4	2.9	9.4	0.9	4.6	8.0	20.0	2.6	38.7	32.6	0.0
06-03-02	Crispbread, rusks	0.6	0.5	1.4	0.0	0.3	0.3	0.2	0.3	0.9	0.2	0.0	0.3	0.4	0.7	0.1	1.4	1.1	0.0
06-04	Breakfast cereals	0.9	0.6	1.5	0.0	0.3	0.3	0.3	0.4	0.0	0.1	1.2	0.4	0.5	1.3	0.7	1.9	1.5	0.0
06-05	Salty biscuits, aperitif biscuits, crackers	4.3	2.0	4.6	0.1	6.0	3.9	8.6	5.1	2.5	0.8	0.1	7.4	5.8	3.8	0.3	7.4	4.2	0.0
06-06	Dough and pastry (puff, shortcrust, pizza)	0.7	0.7	1.6	0.0	0.5	0.3	0.9	0.3	0.4	0.2	0.0	0.7	0.4	0.9	0.1	1.7	0.9	0.0
07	Meat and meat products	11.4	30.2	0.4	50.0	19.9	20.3	23.8	12.0	16.3	7.8	37.1	19.7	10.5	1.0	0.5	1.5	2.7	0.0
07-01	Fresh meat	3.2	10.6	0.0	17.2	5.3	5.8	6.5	2.1	5.9	1.5	5.6	5.0	2.2	0.0	0.1	0.0	0.4	0.0
07-01-00	Unclassified	1.1	2.9	0.0	4.8	2.1	2.3	2.6	0.9	2.2	0.7	0.1	2.0	0.9	0.0	0.0	0.0	0.2	0.0
07-01-01	Beef	0.9	3.2	0.0	5.3	1.5	1.6	1.8	0.3	2.7	0.4	1.2	1.3	0.3	0.0	0.0	0.0	0.1	0.0
07-01-02	Veal	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-03	Pork	1.1	4.1	0.0	6.7	1.5	1.6	1.8	0.9	0.4	0.3	4.0	1.5	1.0	0.0	0.0	0.0	0.1	0.0
07-01-04	Mutton/Lamb	0.1	0.3	0.0	0.4	0.2	0.2	0.2	0.0	0.6	0.1	0.2	0.1	0.0	0.0	0.0	0.0	0.0	0.0
07-01-05	Horse	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-06	Goat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02	Poultry	1.0	4.1	0.0	6.6	1.1	0.8	1.0	1.4	1.1	0.9	12.4	1.1	1.4	0.0	0.0	0.0	0.0	0.0
07-02-00	Unclassified and other poultry	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-01	Chicken, hen	1.0	4.1	0.0	6.5	1.1	0.8	1.0	1.4	1.1	0.9	12.4	1.1	1.4	0.0	0.0	0.0	0.0	0.0
07-02-02	Turkey, young turkey	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-03	Duck	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-05	Rabbit (domestic)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-03	Game	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-04	Processed meat	7.2	15.5	0.4	26.2	13.5	13.6	16.4	8.4	9.3	5.4	19.1	13.6	7.0	0.9	0.5	1.5	2.3	0.0
07-05	Offals	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08	Fish and shellfish	0.5	1.8	0.2	2.8	0.6	0.4	0.5	0.8	0.3	0.5	12.2	0.6	0.3	0.2	0.0	0.3	0.1	0.0
08-01	Fish	0.2	0.6	0.0	1.0	0.3	0.2	0.3	0.3	0.0	0.2	4.6	0.3	0.1	0.0	0.0	0.0	0.0	0.0
08-02	Crustaceans, molluscs	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.0	0.0	2.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08-03	Fish products, fish in crumbs	0.3	1.1	0.2	1.6	0.3	0.2	0.2	0.4	0.3	0.2	5.5	0.3	0.2	0.2	0.0	0.3	0.1	0.0

Group=Children (7-18 years) - Low Education (n=348)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
09	Eggs and egg products	0.5	1.4	0.0	2.2	0.8	0.8	1.0	0.3	0.0	0.0	11.1	0.7	0.4	0.1	0.0	0.1	0.0	0.0
09-01	Egg	0.5	1.4	0.0	2.2	0.8	0.8	1.0	0.3	0.0	0.0	11.1	0.7	0.4	0.1	0.0	0.1	0.0	0.0
10	Fat	6.3	0.0	0.1	0.0	18.4	13.6	16.8	32.3	18.0	31.6	8.5	22.3	34.0	0.0	0.0	0.0	0.0	0.0
10-00	Unclassified	1.0	0.0	0.0	0.0	2.6	1.9	2.7	4.1	2.1	2.3	0.0	3.2	4.6	0.0	0.0	0.0	0.0	0.0
10-01	Vegetable oils	0.8	0.0	0.0	0.0	2.4	1.0	2.2	5.5	0.4	4.0	6.6	3.5	5.8	0.0	0.0	0.0	0.0	0.0
10-02	Butter	0.4	0.0	0.0	0.0	1.0	1.6	0.8	0.2	2.4	0.4	0.0	0.6	0.1	0.0	0.0	0.0	0.0	0.0
10-03	Margarines	3.1	0.0	0.1	0.0	9.4	7.1	8.0	17.9	10.7	22.7	1.9	11.5	18.3	0.0	0.0	0.0	0.0	0.0
10-04	Deep frying fats	1.0	0.0	0.0	0.0	2.9	1.9	3.1	4.5	2.3	2.3	0.0	3.6	5.1	0.0	0.0	0.0	0.0	0.0
10-06	Other animal fat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	10.6	2.9	4.6	1.8	8.5	10.5	9.1	4.7	4.9	1.8	0.6	7.6	4.1	13.9	23.5	3.3	5.1	0.1
11-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-01	Sugar, honey ,jam	1.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.0	3.8	0.1	0.1	0.0
11-02	Chocolate, candy bars, paste, chocolate confetti	4.4	1.5	2.9	0.7	6.1	6.7	7.3	4.0	0.7	0.9	0.6	6.1	3.6	4.2	7.2	0.8	3.7	0.1
11-03	Confectionery non-chocolate	2.2	0.6	1.3	0.1	0.3	0.3	0.3	0.3	0.4	0.4	0.0	0.3	0.2	3.6	5.3	1.8	0.3	0.0
11-04	Syrup	1.3	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.5	4.6	0.1	0.2	0.0
11-05	Ice cream, water ice	1.6	0.6	0.3	0.9	2.1	3.4	1.5	0.4	3.8	0.5	0.0	1.1	0.3	1.6	2.5	0.5	0.8	0.0
11-05-01	Ice cream	1.4	0.6	0.3	0.9	2.1	3.4	1.5	0.3	3.8	0.5	0.0	1.1	0.3	1.3	1.9	0.5	0.7	0.0
11-05-02	Sorbet	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-05-03	Water ice	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.6	0.0	0.1	0.0
12	Cakes	9.3	5.4	9.9	2.0	10.2	12.2	9.3	7.5	17.3	6.5	10.5	8.6	7.5	10.0	9.5	11.3	7.4	19.3
12-01	Cakes, pies, pastries, etc	4.6	3.2	5.4	1.7	5.3	6.3	4.5	4.1	12.0	4.3	5.4	4.3	4.2	4.7	4.3	5.4	3.2	19.3
12-02	Dry cakes, biscuits	4.7	2.2	4.5	0.3	4.9	6.0	4.8	3.4	5.2	2.2	5.1	4.3	3.3	5.3	5.1	5.8	4.2	0.0
13	Non-alcoholic beverages	9.6	0.8	1.8	0.1	0.1	0.1	0.1	0.2	0.1	0.4	0.0	0.1	0.1	17.8	33.4	0.5	1.6	0.0
13-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-01	Fruit and vegetable juices	2.5	0.5	1.3	0.0	0.1	0.0	0.0	0.1	0.0	0.3	0.0	0.1	0.1	4.4	8.3	0.2	1.4	0.0
13-02	Carbonated/soft/isotonic drinks, diluted syrups	7.0	0.2	0.3	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	13.2	25.0	0.2	0.1	0.0
13-03	Coffee, tea and herbal teas	0.1	0.1	0.2	0.1	0.0	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.1	0.0
13-03-01	Coffee	0.1	0.1	0.2	0.1	0.0	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.1	0.0
13-03-02	Tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-03	Herbal tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-04	Chicory, substitutes	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-04	Waters	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Group=Children (7-18 years) - Low Education (n=348)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
14	Alcoholic beverages	0.5	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.4	0.3	0.4	0.3	77.0
14-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-01	Wine	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.8
14-02	Fortified wines (sherry, port, vermouth)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	19.0
14-03	Beer, cider	0.4	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.1	0.4	0.3	35.4
14-04	Spirits, brandy	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	5.6
14-05	Aniseed drinks (pastis,....)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.9
14-06	Liqueurs	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	7.1
14-07	Cocktails, punches	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	3.3
15	Condiments and sauces	3.4	0.9	1.9	0.3	7.4	3.4	8.2	13.9	0.9	17.6	9.3	10.2	14.6	1.5	2.4	0.9	1.4	0.0
15-01	Sauces	3.4	0.8	1.8	0.3	7.3	3.3	8.2	13.9	0.9	17.6	9.3	10.1	14.6	1.5	2.3	0.8	1.2	0.0
15-01-00	Unclassified and other sauces	1.3	0.6	1.4	0.1	2.8	1.7	3.0	5.1	0.8	3.9	1.5	3.7	5.5	0.6	1.0	0.3	0.7	0.0
15-01-01	Tomato sauces	0.3	0.2	0.3	0.0	0.1	0.1	0.1	0.2	0.0	0.2	0.6	0.1	0.2	0.5	0.8	0.2	0.3	0.0
15-01-02	Dressing sauces	0.6	0.0	0.1	0.0	1.4	0.5	1.7	2.7	0.0	4.4	6.3	2.0	2.7	0.2	0.2	0.2	0.1	0.0
15-01-03	Mayonnaises and similars	1.1	0.1	0.0	0.1	3.0	1.0	3.4	5.9	0.1	9.1	0.8	4.3	6.2	0.1	0.2	0.1	0.1	0.0
15-01-04	Dessert sauces	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0
15-02	Yeast	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
15-04	Condiments	0.1	0.1	0.2	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.2	0.0
16	Soups, bouillon	0.6	0.9	1.0	0.7	0.7	0.7	0.6	0.8	2.6	0.5	2.6	0.7	0.9	0.5	0.3	0.7	1.4	0.0
16-01	Soups	0.6	0.9	1.0	0.7	0.7	0.7	0.6	0.8	2.6	0.5	2.6	0.7	0.9	0.5	0.3	0.7	1.4	0.0
16-02	Bouillon	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17	Miscellaneous	2.1	2.5	2.7	2.3	2.7	2.9	2.6	2.3	4.2	1.9	1.1	2.5	1.9	1.6	0.4	2.7	1.7	0.0
17-00	Unclassified	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0
17-01	Soya products	0.1	0.2	0.2	0.1	0.1	0.0	0.1	0.3	0.0	0.1	0.6	0.1	0.2	0.0	0.0	0.0	0.1	0.0
17-02	Dietetic products	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-02-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-02-01	Artificial sweeteners	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-03	Snacks	1.9	2.2	2.3	2.3	2.6	2.9	2.6	2.0	4.2	1.7	0.5	2.4	1.6	1.5	0.4	2.6	1.5	0.0

Group=Children (7-18 years) - Moderate Education (n=698)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01-01	Potatoes	4.9	3.2	8.1	0.1	2.0	2.4	1.7	2.1	1.1	4.7	0.1	1.8	1.7	7.3	0.2	14.8	11.7	0.0
01-02	Other tubers	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02	Vegetables	1.1	1.8	4.6	0.0	0.5	0.4	0.2	1.1	0.4	4.5	0.4	0.5	0.7	1.1	1.5	0.9	10.2	0.0
02-01	Leafy vegetables (except cabbages)	0.2	0.3	0.8	0.0	0.2	0.2	0.1	0.3	0.4	1.7	0.0	0.2	0.2	0.1	0.1	0.1	1.3	0.0
02-02	Fruiting vegetables	0.3	0.5	1.3	0.0	0.1	0.1	0.0	0.3	0.0	0.8	0.0	0.1	0.3	0.4	0.6	0.2	3.1	0.0
02-03	Root vegetables	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.2	0.3	0.0	1.2	0.0
02-04	Cabbages	0.2	0.4	1.1	0.0	0.1	0.0	0.0	0.2	0.0	1.4	0.0	0.1	0.1	0.2	0.2	0.1	2.1	0.0
02-05	Mushrooms	0.0	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0
02-06	Grain and pod vegetables	0.1	0.1	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.5	0.0
02-07	Onion, garlic	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.4	0.0	0.1	0.1	0.2	0.1	0.9	0.0
02-08	Stalk vegetables, sprouts	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02-09	Mixed salad, mixed vegetables	0.1	0.1	0.4	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.1	0.1	0.1	0.8	0.0
03	Legumes	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.1	0.1	0.2	0.8	0.0
03-01	Legumes	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.1	0.1	0.2	0.8	0.0
04	Fruits, nuts and olives	4.1	2.2	5.2	0.0	3.4	1.8	3.7	6.0	0.0	4.2	0.6	4.5	6.6	4.6	7.2	1.9	9.2	0.0
04-01	Fruits	2.5	0.6	1.7	0.0	0.2	0.1	0.1	0.5	0.0	1.5	0.0	0.2	0.5	4.1	6.8	1.4	7.5	0.0
04-02	Nuts and seeds (+nut spread)	1.5	1.5	3.5	0.0	3.2	1.7	3.6	5.5	0.0	2.7	0.6	4.3	6.1	0.4	0.3	0.5	1.6	0.0
04-03	Mixed fruits	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.1	0.0
04-04	Olives	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05	Dairy products	13.8	23.8	0.6	39.4	15.5	25.7	10.4	3.1	29.3	8.9	0.8	7.9	1.8	10.6	18.3	2.1	3.8	8.3
05-01	Milk	3.8	8.3	0.0	13.5	3.5	5.9	2.2	0.5	6.7	1.1	0.0	1.7	0.3	3.1	6.2	0.0	0.0	0.0
05-02	Milk beverages	1.4	1.9	0.4	2.9	0.8	1.4	0.6	0.2	1.0	0.2	0.1	0.4	0.1	1.7	2.9	0.2	2.1	0.0
05-03	Yoghurt	2.9	4.8	0.0	7.9	0.9	1.4	0.6	0.2	1.8	0.3	0.0	0.5	0.1	3.6	6.1	0.7	1.4	0.0
05-04	Fromage blanc, petits suisses	0.2	0.3	0.0	0.4	0.2	0.3	0.1	0.0	0.4	0.1	0.0	0.1	0.0	0.2	0.3	0.0	0.0	0.0
05-05	Cheese (including fresh cheeses)	3.6	7.2	0.0	12.3	8.2	13.5	5.4	1.8	15.5	6.2	0.0	4.2	1.0	0.0	0.1	0.0	0.0	0.0
05-06	Cream desserts, puddings (milk based)	1.6	1.3	0.2	2.2	1.3	2.2	0.9	0.3	1.7	0.8	0.6	0.7	0.2	1.9	2.6	1.1	0.3	8.3
05-07	Dairy and non-dairy creams	0.2	0.1	0.0	0.1	0.6	0.9	0.4	0.1	2.0	0.2	0.0	0.3	0.1	0.1	0.1	0.0	0.0	0.0
05-07-01	Dairy creams	0.2	0.1	0.0	0.1	0.6	0.9	0.4	0.1	2.0	0.2	0.0	0.3	0.1	0.1	0.1	0.0	0.0	0.0
05-07-02	Non-dairy creams	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05-08	Milk for coffee and creamers	0.0	0.1	0.0	0.1	0.1	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
06	Cereals and cereal products	22.7	23.6	58.5	0.5	10.8	6.8	12.3	15.0	6.2	11.4	3.7	13.2	16.4	30.1	4.2	58.0	42.9	0.0
06-01	Flour, flakes, starches, semolina	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0

Group=Children (7-18 years) - Moderate Education (n=698)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
06-02	Pasta, rice, other grain	2.1	2.1	4.9	0.3	0.3	0.1	0.1	0.7	0.2	0.4	0.0	0.3	0.8	3.3	0.1	6.5	2.7	0.0
06-03	Bread, crisp bread, rusks	15.1	18.3	46.0	0.1	4.5	2.6	3.7	9.1	3.5	9.7	2.2	5.5	9.7	21.0	3.0	40.6	34.1	0.0
06-03-01	Bread	14.4	17.7	44.3	0.1	4.1	2.2	3.3	8.7	2.5	9.5	2.2	5.1	9.2	20.1	2.8	38.9	32.8	0.0
06-03-02	Crispbread, rusks	0.7	0.6	1.6	0.0	0.4	0.4	0.3	0.4	1.0	0.2	0.0	0.4	0.4	0.9	0.2	1.7	1.2	0.0
06-04	Breakfast cereals	0.9	0.6	1.6	0.0	0.4	0.4	0.4	0.4	0.0	0.2	1.3	0.4	0.5	1.4	0.7	2.1	1.6	0.0
06-05	Salty biscuits, aperitif biscuits, crackers	3.4	1.6	3.7	0.2	4.8	3.2	6.8	4.3	2.0	0.7	0.2	5.9	4.8	3.1	0.3	6.2	3.3	0.0
06-06	Dough and pastry (puff, shortcrust, pizza)	1.0	0.9	2.2	0.0	0.8	0.4	1.4	0.5	0.5	0.4	0.0	1.1	0.6	1.3	0.1	2.5	1.2	0.0
07	Meat and meat products	10.8	29.1	0.4	47.6	19.5	19.7	23.3	11.6	16.3	7.7	39.4	19.3	10.4	0.8	0.5	1.3	2.3	0.0
07-01	Fresh meat	3.4	10.7	0.0	17.2	5.8	6.1	7.0	2.4	6.3	1.7	6.9	5.5	2.4	0.1	0.1	0.0	0.4	0.0
07-01-00	Unclassified	1.0	2.8	0.0	4.5	2.0	2.1	2.4	0.9	1.8	0.7	1.1	1.9	0.9	0.0	0.0	0.0	0.2	0.0
07-01-01	Beef	1.1	3.3	0.0	5.5	1.9	2.0	2.4	0.3	3.5	0.6	1.4	1.7	0.3	0.0	0.0	0.0	0.1	0.0
07-01-02	Veal	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-03	Pork	1.2	4.2	0.0	6.5	1.7	1.7	2.0	1.1	0.4	0.4	4.0	1.7	1.2	0.0	0.0	0.0	0.1	0.0
07-01-04	Mutton/Lamb	0.1	0.3	0.0	0.6	0.2	0.2	0.2	0.1	0.6	0.1	0.4	0.1	0.0	0.0	0.0	0.0	0.0	0.0
07-01-05	Horse	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-06	Goat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02	Poultry	1.0	4.6	0.0	7.3	1.1	0.8	0.9	1.3	1.2	0.9	13.4	1.1	1.3	0.0	0.0	0.0	0.0	0.0
07-02-00	Unclassified and other poultry	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-01	Chicken, hen	1.0	4.5	0.0	7.1	1.1	0.8	0.9	1.3	1.1	0.9	13.2	1.1	1.2	0.0	0.0	0.0	0.0	0.0
07-02-02	Turkey, young turkey	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-03	Duck	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-05	Rabbit (domestic)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-03	Game	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-04	Processed meat	6.4	13.7	0.4	23.0	12.6	12.7	15.3	7.9	8.9	5.1	19.1	12.7	6.8	0.8	0.4	1.3	1.9	0.0
07-05	Offals	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08	Fish and shellfish	0.4	1.6	0.1	2.6	0.5	0.3	0.5	0.8	0.2	0.5	10.8	0.6	0.4	0.1	0.0	0.2	0.1	0.0
08-01	Fish	0.2	0.9	0.0	1.5	0.4	0.2	0.4	0.6	0.1	0.4	6.6	0.4	0.4	0.0	0.0	0.0	0.0	0.0
08-02	Crustaceans, molluscs	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.0	0.0	1.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08-03	Fish products, fish in crumbs	0.1	0.5	0.1	0.9	0.1	0.1	0.1	0.2	0.1	0.1	3.1	0.1	0.1	0.1	0.0	0.1	0.0	0.0
09	Eggs and egg products	0.5	1.4	0.0	2.5	0.9	0.8	1.1	0.4	0.0	0.1	11.4	0.9	0.4	0.1	0.0	0.1	0.0	0.0
09-01	Egg	0.5	1.4	0.0	2.5	0.9	0.8	1.1	0.4	0.0	0.1	11.4	0.9	0.4	0.1	0.0	0.1	0.0	0.0
10	Fat	5.7	0.0	0.1	0.0	16.9	12.0	16.0	30.4	17.0	29.9	6.8	21.0	31.9	0.0	0.0	0.1	0.0	0.0

Group=Children (7-18 years) - Moderate Education (n=698)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
10-00	Unclassified	0.8	0.0	0.0	0.0	2.2	1.6	2.3	3.5	1.8	1.9	0.0	2.7	3.9	0.0	0.0	0.0	0.0	0.0
10-01	Vegetable oils	0.8	0.0	0.0	0.0	2.5	1.0	2.5	5.5	0.3	3.4	5.4	3.6	5.9	0.0	0.0	0.0	0.0	0.0
10-02	Butter	0.4	0.0	0.0	0.0	1.1	1.7	0.8	0.2	2.7	0.4	0.0	0.6	0.1	0.0	0.0	0.0	0.0	0.0
10-03	Margarines	3.0	0.0	0.1	0.0	9.1	6.5	8.0	17.5	10.7	22.5	1.4	11.3	17.9	0.0	0.0	0.1	0.0	0.0
10-04	Deep frying fats	0.8	0.0	0.0	0.0	2.0	1.1	2.2	3.6	1.4	1.5	0.0	2.7	4.1	0.0	0.0	0.0	0.0	0.0
10-06	Other animal fat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	11.1	3.0	4.8	1.8	9.4	11.4	10.3	5.4	4.6	1.7	0.5	8.6	4.6	14.3	24.2	3.7	5.2	1.6
11-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-01	Sugar, honey ,jam	1.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.1	4.0	0.2	0.2	0.0
11-02	Chocolate, candy bars, paste, chocolate confetti	5.0	1.7	3.0	0.8	7.2	7.9	8.6	4.7	0.9	0.8	0.5	7.3	4.2	4.7	8.3	0.9	3.8	1.6
11-03	Confectionery non-chocolate	2.1	0.6	1.5	0.1	0.4	0.4	0.3	0.4	0.7	0.4	0.0	0.4	0.3	3.4	4.8	2.0	0.5	0.0
11-04	Syrup	1.4	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.5	4.7	0.1	0.2	0.0
11-05	Ice cream, water ice	1.5	0.6	0.3	0.9	1.8	3.1	1.3	0.3	3.1	0.5	0.0	1.0	0.2	1.5	2.4	0.5	0.6	0.0
11-05-01	Ice cream	1.3	0.6	0.2	0.9	1.8	3.1	1.3	0.3	3.1	0.5	0.0	1.0	0.2	1.2	1.8	0.5	0.5	0.0
11-05-02	Sorbet	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-05-03	Water ice	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.5	0.0	0.1	0.0
12	Cakes	9.9	5.4	10.2	2.0	10.6	12.5	9.9	7.8	19.3	7.5	9.7	9.1	7.5	11.0	10.4	12.4	8.0	15.0
12-01	Cakes, pies, pastries, etc	5.0	3.2	5.6	1.7	5.6	6.5	4.9	4.4	13.6	5.0	5.2	4.7	4.5	5.3	4.9	6.0	3.9	15.0
12-02	Dry cakes, biscuits	4.9	2.2	4.6	0.4	5.0	6.0	5.0	3.4	5.7	2.5	4.5	4.4	3.0	5.7	5.5	6.3	4.1	0.0
13	Non-alcoholic beverages	8.9	0.7	1.6	0.1	0.1	0.1	0.0	0.1	0.0	0.3	0.0	0.1	0.1	16.5	30.5	0.4	1.3	0.0
13-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
13-01	Fruit and vegetable juices	2.4	0.5	1.2	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.1	4.3	8.0	0.2	1.2	0.0
13-02	Carbonated/soft/isotonic drinks, diluted syrups	6.4	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	12.0	22.3	0.2	0.1	0.0
13-03	Coffee, tea and herbal teas	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0
13-03-01	Coffee	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
13-03-02	Tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-03	Herbal tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-04	Chicory, substitutes	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-04	Waters	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14	Alcoholic beverages	0.6	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.4	0.4	0.4	0.3	75.0
14-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-01	Wine	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	7.8

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Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
14-02	Fortified wines (sherry, port, vermouth)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	9.2
14-03	Beer, cider	0.4	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.1	0.4	0.3	36.6
14-04	Spirits, brandy	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.2
14-05	Aniseed drinks (pastis,....)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-06	Liqueurs	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	7.6
14-07	Cocktails, punches	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	12.6
15	Condiments and sauces	3.1	0.7	1.6	0.2	6.9	2.9	7.8	13.2	0.8	16.4	7.4	9.7	13.7	1.3	2.0	0.7	1.2	0.0
15-01	Sauces	3.0	0.7	1.4	0.2	6.8	2.8	7.8	13.2	0.8	16.4	7.3	9.6	13.6	1.2	1.9	0.6	1.0	0.0
15-01-00	Unclassified and other sauces	1.0	0.4	1.0	0.1	2.4	1.3	2.5	4.6	0.7	3.4	0.9	3.3	4.9	0.4	0.7	0.2	0.5	0.0
15-01-01	Tomato sauces	0.3	0.2	0.3	0.0	0.1	0.1	0.2	0.2	0.0	0.2	0.2	0.2	0.2	0.5	0.8	0.2	0.4	0.0
15-01-02	Dressing sauces	0.4	0.0	0.1	0.0	1.1	0.4	1.3	2.0	0.0	3.1	4.7	1.6	2.1	0.1	0.1	0.1	0.1	0.0
15-01-03	Mayonnaises and similars	1.2	0.1	0.0	0.1	3.2	1.1	3.7	6.3	0.1	9.7	1.5	4.6	6.5	0.2	0.2	0.1	0.1	0.0
15-01-04	Dessert sauces	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
15-02	Yeast	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
15-04	Condiments	0.1	0.1	0.2	0.0	0.1	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.2	0.0
16	Soups, bouillon	0.6	1.1	1.0	1.3	0.7	0.7	0.6	0.8	2.0	0.6	3.7	0.7	0.8	0.5	0.3	0.7	1.3	0.0
16-01	Soups	0.6	1.1	1.0	1.3	0.7	0.7	0.6	0.8	2.0	0.6	3.7	0.7	0.8	0.5	0.3	0.7	1.3	0.0
16-02	Bouillon	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17	Miscellaneous	1.7	2.1	2.4	1.9	2.3	2.5	2.2	2.0	2.8	1.5	0.7	2.1	1.6	1.3	0.4	2.3	1.6	0.0
17-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-01	Soya products	0.1	0.2	0.4	0.0	0.1	0.1	0.1	0.3	0.0	0.3	0.2	0.2	0.3	0.1	0.1	0.0	0.2	0.0
17-02	Dietetic products	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0
17-02-00	Unclassified	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0
17-02-01	Artificial sweeteners	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-03	Snacks	1.5	1.8	1.8	1.9	2.1	2.4	2.1	1.6	2.8	1.2	0.5	1.9	1.3	1.2	0.2	2.2	1.2	0.0

Group=Children (7-18 years) - High Education (n=580)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol	
01-01	Potatoes	4.4	2.8	6.8	0.1	1.9	2.3	1.6	2.2	1.4	4.7	0.2	1.8	1.8	6.5	0.2	12.9	9.8	0.0	
01-02	Other tubers	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02	Vegetables	1.2	2.0	5.0	0.0	0.5	0.3	0.2	1.2	0.1	4.5	0.3	0.5	0.9	1.2	1.6	0.9	10.4	0.0	
02-01	Leafy vegetables (except cabbages)	0.1	0.3	0.7	0.0	0.1	0.1	0.0	0.2	0.1	1.1	0.0	0.1	0.1	0.1	0.1	0.1	1.1	0.0	
02-02	Fruiting vegetables	0.4	0.6	1.5	0.0	0.2	0.1	0.1	0.5	0.0	1.1	0.0	0.2	0.4	0.5	0.7	0.2	3.4	0.0	
02-03	Root vegetables	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.2	0.3	0.1	1.4	0.0	
02-04	Cabbages	0.2	0.5	1.4	0.0	0.1	0.0	0.0	0.2	0.0	1.6	0.0	0.1	0.1	0.1	0.1	0.1	2.2	0.0	
02-05	Mushrooms	0.0	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	
02-06	Grain and pod vegetables	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.4	0.0	
02-07	Onion, garlic	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.3	0.1	0.1	0.1	0.2	0.1	0.8	0.0	
02-08	Stalk vegetables, sprouts	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
02-09	Mixed salad, mixed vegetables	0.1	0.2	0.4	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.1	0.1	0.1	0.8	0.0	
03	Legumes	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	0.0	0.0	0.1	0.0	0.1	0.5	0.0	
03-01	Legumes	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	0.0	0.0	0.1	0.0	0.1	0.5	0.0	
04	Fruits, nuts and olives	5.0	2.9	6.3	0.0	5.0	2.6	5.6	8.7	0.0	5.1	0.6	6.7	9.6	5.1	8.2	2.0	9.9	0.0	
04-01	Fruits	2.7	0.7	1.7	0.0	0.2	0.1	0.1	0.6	0.0	1.6	0.0	0.2	0.5	4.5	7.6	1.4	7.7	0.0	
04-02	Nuts and seeds (+nut spread)	2.1	2.1	4.6	0.0	4.7	2.5	5.4	8.0	0.0	3.4	0.5	6.3	9.0	0.5	0.4	0.6	2.0	0.0	
04-03	Mixed fruits	0.1	0.0	0.1	0.0	0.0	0.0	0.1	0.1	0.0	0.1	0.1	0.1	0.1	0.1	0.2	0.0	0.2	0.0	
04-04	Olives	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
05	Dairy products	14.7	25.4	0.6	44.0	17.2	28.2	11.6	3.5	31.8	9.8	0.7	8.8	2.0	10.8	19.5	2.0	4.5	1.9	
05-01	Milk	4.4	9.4	0.0	16.2	4.0	6.7	2.5	0.6	7.7	1.1	0.0	1.9	0.4	3.6	7.2	0.0	0.0	0.0	
05-02	Milk beverages	1.3	1.6	0.4	2.6	0.8	1.3	0.6	0.2	0.9	0.2	0.2	0.4	0.1	1.6	2.8	0.2	2.0	0.0	
05-03	Yoghurt	2.8	5.1	0.0	8.7	0.9	1.5	0.6	0.2	1.8	0.3	0.0	0.5	0.1	3.3	5.8	0.6	2.1	0.0	
05-04	Fromage blanc, petits suisses	0.2	0.3	0.0	0.6	0.2	0.3	0.2	0.0	0.4	0.1	0.0	0.1	0.0	0.2	0.3	0.0	0.0	0.0	
05-05	Cheese (including fresh cheeses)	4.0	7.5	0.0	13.4	9.0	14.7	6.1	2.0	16.5	7.0	0.0	4.7	1.2	0.0	0.1	0.0	0.0	0.0	
05-06	Cream desserts, puddings (milk based)	1.7	1.4	0.1	2.4	1.5	2.5	1.1	0.3	1.9	0.9	0.5	0.8	0.2	2.1	3.0	1.2	0.4	1.9	
05-07	Dairy and non-dairy creams	0.3	0.1	0.0	0.1	0.8	1.1	0.5	0.1	2.5	0.2	0.0	0.4	0.1	0.1	0.2	0.0	0.0	0.0	
05-07-01	Dairy creams	0.3	0.1	0.0	0.1	0.8	1.1	0.5	0.1	2.5	0.2	0.0	0.4	0.1	0.1	0.2	0.0	0.0	0.0	
05-07-02	Non-dairy creams	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
05-08	Milk for coffee and creamers	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
06	Cereals and cereal products	24.6	25.5	60.4	0.7	11.3	6.9	12.7	16.8	6.5	13.7	4.8	14.0	18.1	33.0	5.1	61.6	45.9	0.0	
06-01	Flour, flakes, starches, semolina	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	

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Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
06-02	Pasta, rice, other grain	2.7	2.6	5.6	0.4	0.4	0.2	0.2	0.9	0.3	0.6	0.0	0.4	1.0	4.2	0.1	8.0	3.0	0.0
06-03	Bread, crisp bread, rusks	16.3	19.7	47.2	0.1	5.0	2.9	4.1	10.3	3.4	11.8	2.1	6.2	10.8	22.5	3.3	42.6	36.3	0.0
06-03-01	Bread	15.6	19.0	45.7	0.1	4.6	2.5	3.7	9.9	2.3	11.5	2.1	5.8	10.4	21.6	3.1	40.8	35.1	0.0
06-03-02	Crispbread, rusks	0.7	0.6	1.5	0.0	0.4	0.4	0.4	0.4	1.1	0.2	0.0	0.4	0.5	1.0	0.2	1.8	1.2	0.0
06-04	Breakfast cereals	1.6	1.0	2.4	0.0	0.7	0.7	0.8	0.9	0.0	0.3	2.5	0.8	1.0	2.2	1.3	3.2	2.7	0.0
06-05	Salty biscuits, aperitif biscuits, crackers	3.2	1.5	3.4	0.2	4.4	2.7	6.4	4.2	2.0	0.7	0.1	5.6	4.7	3.0	0.3	5.7	2.8	0.0
06-06	Dough and pastry (puff, shortcrust, pizza)	0.9	0.7	1.7	0.0	0.7	0.4	1.2	0.5	0.8	0.3	0.0	1.0	0.6	1.1	0.1	2.0	1.0	0.0
07	Meat and meat products	9.8	25.5	0.3	42.6	17.5	17.5	21.2	10.5	15.4	7.4	35.7	17.5	9.5	0.7	0.4	1.1	1.8	0.0
07-01	Fresh meat	2.9	9.1	0.0	15.1	4.6	4.9	5.7	1.8	5.5	1.3	4.5	4.4	1.8	0.0	0.1	0.0	0.3	0.0
07-01-00	Unclassified	0.7	1.8	0.0	3.0	1.4	1.5	1.7	0.6	1.3	0.5	0.2	1.4	0.6	0.0	0.0	0.0	0.1	0.0
07-01-01	Beef	1.2	3.7	0.0	6.3	1.9	2.1	2.5	0.4	3.7	0.6	1.9	1.8	0.3	0.0	0.0	0.0	0.1	0.0
07-01-02	Veal	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-03	Pork	0.9	3.5	0.0	5.5	1.2	1.2	1.4	0.8	0.2	0.2	2.2	1.2	0.8	0.0	0.0	0.0	0.1	0.0
07-01-04	Mutton/Lamb	0.1	0.1	0.0	0.2	0.1	0.1	0.1	0.0	0.2	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0
07-01-05	Horse	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-06	Goat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02	Poultry	0.9	4.3	0.0	7.0	0.9	0.7	0.8	1.2	1.0	0.8	12.1	0.9	1.1	0.0	0.0	0.0	0.0	0.0
07-02-00	Unclassified and other poultry	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-01	Chicken, hen	0.9	4.1	0.0	6.7	0.9	0.7	0.8	1.1	0.9	0.7	12.1	0.9	1.1	0.0	0.0	0.0	0.0	0.0
07-02-02	Turkey, young turkey	0.0	0.2	0.0	0.3	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-03	Duck	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-05	Rabbit (domestic)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-03	Game	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-04	Processed meat	6.0	12.1	0.3	20.4	11.9	11.8	14.7	7.5	9.0	5.3	19.1	12.2	6.6	0.7	0.3	1.1	1.5	0.0
07-05	Offals	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08	Fish and shellfish	0.6	2.2	0.1	3.8	0.7	0.4	0.7	1.0	0.3	0.6	14.6	0.8	0.4	0.1	0.0	0.2	0.1	1.5
08-01	Fish	0.4	1.4	0.0	2.5	0.4	0.3	0.5	0.7	0.1	0.4	8.5	0.6	0.3	0.0	0.0	0.0	0.0	0.0
08-02	Crustaceans, molluscs	0.1	0.3	0.0	0.5	0.0	0.0	0.0	0.1	0.0	0.0	2.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08-03	Fish products, fish in crumbs	0.2	0.6	0.1	0.9	0.2	0.1	0.1	0.3	0.2	0.2	3.6	0.2	0.1	0.1	0.0	0.2	0.1	1.5
09	Eggs and egg products	0.5	1.3	0.0	2.3	0.9	0.7	1.0	0.4	0.0	0.0	9.1	0.8	0.4	0.1	0.0	0.1	0.0	0.0
09-01	Egg	0.5	1.3	0.0	2.3	0.9	0.7	1.0	0.4	0.0	0.0	9.1	0.8	0.4	0.1	0.0	0.1	0.0	0.0
10	Fat	5.7	0.1	0.1	0.0	17.2	12.6	16.7	28.8	17.0	29.3	7.6	21.1	29.7	0.1	0.0	0.1	0.0	0.0

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Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
10-00	Unclassified	0.5	0.0	0.0	0.0	1.6	1.1	1.7	2.7	1.2	1.4	0.0	2.0	3.0	0.0	0.0	0.0	0.0	0.0
10-01	Vegetable oils	0.9	0.0	0.0	0.0	2.8	1.2	3.5	4.9	0.3	2.9	5.0	4.1	5.3	0.0	0.0	0.0	0.0	0.0
10-02	Butter	0.6	0.0	0.0	0.0	1.8	2.8	1.3	0.3	4.2	0.8	0.0	1.0	0.2	0.0	0.0	0.0	0.0	0.0
10-03	Margarines	3.0	0.0	0.1	0.0	9.1	6.5	8.2	17.5	9.9	22.8	2.6	11.5	17.6	0.0	0.0	0.1	0.0	0.0
10-04	Deep frying fats	0.7	0.0	0.0	0.0	1.9	1.1	2.0	3.3	1.3	1.4	0.0	2.5	3.7	0.0	0.0	0.0	0.0	0.0
10-06	Other animal fat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	10.6	2.8	4.5	1.8	8.9	10.8	9.9	5.0	4.5	1.8	0.6	8.2	4.3	13.9	24.0	3.3	4.7	0.0
11-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-01	Sugar, honey ,jam	1.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.8	3.3	0.2	0.2	0.0
11-02	Chocolate, candy bars, paste, chocolate confetti	4.6	1.5	2.6	0.8	6.6	7.3	8.1	4.2	0.7	0.8	0.5	6.7	3.8	4.3	7.8	0.8	3.2	0.0
11-03	Confectionery non-chocolate	2.1	0.7	1.5	0.1	0.4	0.4	0.4	0.5	0.5	0.5	0.1	0.4	0.3	3.3	4.9	1.7	0.6	0.0
11-04	Syrup	1.6	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.9	5.5	0.1	0.3	0.0
11-05	Ice cream, water ice	1.5	0.6	0.2	0.9	1.9	3.1	1.4	0.3	3.4	0.5	0.0	1.1	0.2	1.5	2.5	0.5	0.5	0.0
11-05-01	Ice cream	1.3	0.6	0.2	0.9	1.9	3.1	1.4	0.3	3.4	0.5	0.0	1.0	0.2	1.2	1.9	0.5	0.5	0.0
11-05-02	Sorbet	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
11-05-03	Water ice	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.6	0.0	0.1	0.0
12	Cakes	9.1	4.5	8.5	1.5	9.7	11.4	9.3	7.6	16.9	6.8	8.0	8.6	7.3	10.3	10.3	10.9	6.8	3.7
12-01	Cakes, pies, pastries, etc	4.1	2.3	4.0	1.1	4.7	5.4	4.2	3.9	11.0	4.1	3.8	4.0	4.0	4.4	4.4	4.6	2.8	3.7
12-02	Dry cakes, biscuits	5.0	2.2	4.4	0.4	5.0	6.0	5.1	3.7	5.8	2.7	4.2	4.5	3.3	5.9	5.9	6.3	4.0	0.0
13	Non-alcoholic beverages	7.8	0.7	1.6	0.1	0.1	0.1	0.1	0.1	0.1	0.3	0.0	0.1	0.1	14.4	27.5	0.4	1.4	0.0
13-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-01	Fruit and vegetable juices	2.4	0.5	1.2	0.0	0.1	0.0	0.0	0.1	0.0	0.3	0.0	0.1	0.1	4.3	8.3	0.2	1.2	0.0
13-02	Carbonated/soft/isotonic drinks, diluted syrups	5.3	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	10.0	19.0	0.2	0.1	0.0
13-03	Coffee, tea and herbal teas	0.1	0.1	0.2	0.0	0.0	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.2	0.0	0.1	0.0
13-03-01	Coffee	0.1	0.1	0.2	0.0	0.0	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0
13-03-02	Tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
13-03-03	Herbal tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
13-03-04	Chicory, substitutes	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-04	Waters	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14	Alcoholic beverages	0.7	0.2	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.4	0.2	0.5	0.5	92.9
14-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-01	Wine	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	24.1

Group=Children (7-18 years) - High Education (n=580)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol	
14-02	Fortified wines (sherry, port, vermouth)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	6.7
14-03	Beer, cider	0.5	0.1	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.0	0.5	0.5	0.0	46.1
14-04	Spirits, brandy	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.8
14-05	Aniseed drinks (pastis,....)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-06	Liqueurs	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	11.1
14-07	Cocktails, punches	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.1
15	Condiments and sauces	2.7	0.8	1.6	0.3	5.8	2.5	6.6	11.2	0.6	13.4	8.6	8.2	11.5	1.3	2.0	0.7	1.1	0.0	0.0
15-01	Sauces	2.6	0.7	1.4	0.3	5.7	2.4	6.6	11.1	0.6	13.4	8.5	8.1	11.4	1.3	2.0	0.6	0.9	0.0	0.0
15-01-00	Unclassified and other sauces	1.0	0.5	1.0	0.1	2.0	1.0	2.2	3.5	0.5	2.7	1.2	2.6	3.7	0.5	0.8	0.3	0.5	0.0	0.0
15-01-01	Tomato sauces	0.3	0.1	0.3	0.0	0.1	0.1	0.2	0.2	0.0	0.2	0.3	0.2	0.2	0.4	0.7	0.1	0.3	0.0	0.0
15-01-02	Dressing sauces	0.4	0.0	0.0	0.0	1.2	0.4	1.3	2.3	0.1	3.2	5.3	1.7	2.4	0.1	0.1	0.1	0.0	0.0	0.0
15-01-03	Mayonnaises and similars	0.9	0.1	0.0	0.1	2.5	0.8	2.9	5.0	0.1	7.3	1.8	3.6	5.1	0.2	0.3	0.1	0.1	0.0	0.0
15-01-04	Dessert sauces	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0
15-02	Yeast	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
15-04	Condiments	0.1	0.1	0.2	0.0	0.1	0.1	0.0	0.1	0.0	0.0	0.1	0.1	0.1	0.1	0.1	0.1	0.1	0.0	0.0
16	Soups, bouillon	0.5	0.8	0.8	0.8	0.5	0.6	0.5	0.5	1.8	0.4	2.6	0.5	0.5	0.4	0.2	0.5	0.9	0.0	0.0
16-01	Soups	0.5	0.8	0.7	0.8	0.5	0.5	0.5	0.5	1.8	0.4	2.6	0.5	0.5	0.4	0.2	0.5	0.9	0.0	0.0
16-02	Bouillon	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17	Miscellaneous	2.0	2.6	2.9	2.0	2.7	2.9	2.3	2.5	3.5	1.9	2.3	2.4	2.1	1.5	0.7	2.4	1.7	0.0	0.0
17-00	Unclassified	0.1	0.2	0.2	0.0	0.1	0.0	0.1	0.2	0.0	0.0	0.0	0.2	0.0	0.1	0.0	0.1	0.2	0.0	0.0
17-01	Soya products	0.2	0.5	0.9	0.1	0.3	0.1	0.2	0.8	0.1	0.6	1.4	0.4	0.8	0.1	0.2	0.1	0.3	0.0	0.0
17-02	Dietetic products	0.2	0.3	0.3	0.1	0.2	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.2	0.2	0.2	0.2	0.0	0.0
17-02-00	Unclassified	0.2	0.3	0.3	0.1	0.2	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.2	0.2	0.2	0.2	0.0	0.0
17-02-01	Artificial sweeteners	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-03	Snacks	1.5	1.6	1.5	1.8	2.1	2.5	2.0	1.5	3.5	1.3	0.8	1.8	1.1	1.1	0.3	2.0	0.9	0.0	0.0

Group=Adults (19-69 years) - Low Education (n=708)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01-01	Potatoes	5.0	2.8	7.7	0.1	1.7	1.9	1.3	1.9	1.6	4.6	0.1	1.5	1.5	9.0	0.4	15.9	10.5	0.0
01-02	Other tubers	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02	Vegetables	1.8	2.5	7.1	0.0	0.7	0.5	0.3	1.5	0.4	5.6	0.2	0.7	1.0	2.1	3.1	1.5	14.4	0.0
02-01	Leafy vegetables (except cabbages)	0.3	0.4	1.3	0.0	0.2	0.2	0.1	0.4	0.3	1.8	0.0	0.2	0.2	0.2	0.2	0.2	2.0	0.0
02-02	Fruiting vegetables	0.5	0.6	1.7	0.0	0.2	0.1	0.1	0.4	0.0	0.9	0.0	0.2	0.4	0.6	1.0	0.3	3.8	0.0
02-03	Root vegetables	0.2	0.1	0.3	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.2	0.5	0.1	1.4	0.0
02-04	Cabbages	0.4	0.6	1.8	0.0	0.1	0.1	0.0	0.4	0.0	2.1	0.0	0.1	0.1	0.4	0.5	0.3	3.3	0.0
02-05	Mushrooms	0.0	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.0
02-06	Grain and pod vegetables	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.2	0.6	0.0
02-07	Onion, garlic	0.2	0.1	0.4	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.2	0.1	0.1	0.3	0.4	0.2	1.4	0.0
02-08	Stalk vegetables, sprouts	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0
02-09	Mixed salad, mixed vegetables	0.2	0.3	0.7	0.0	0.1	0.1	0.0	0.1	0.0	0.4	0.0	0.1	0.1	0.2	0.3	0.2	1.5	0.0
03	Legumes	0.2	0.3	0.7	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.2	0.1	0.3	1.0	0.0
03-01	Legumes	0.2	0.3	0.7	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.2	0.1	0.3	1.0	0.0
04	Fruits, nuts and olives	4.7	2.3	5.8	0.0	3.9	2.0	4.7	5.8	0.0	3.7	0.6	5.1	6.3	6.0	11.2	2.1	9.8	0.0
04-01	Fruits	2.9	0.7	2.0	0.0	0.4	0.2	0.2	0.8	0.0	1.9	0.0	0.4	0.8	5.5	10.7	1.5	7.9	0.0
04-02	Nuts and seeds (+nut spread)	1.6	1.5	3.7	0.0	3.4	1.7	4.3	4.8	0.0	1.7	0.5	4.5	5.4	0.4	0.3	0.6	1.7	0.0
04-03	Mixed fruits	0.1	0.0	0.1	0.0	0.1	0.1	0.2	0.2	0.0	0.1	0.1	0.2	0.2	0.1	0.2	0.0	0.1	0.0
04-04	Olives	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0
05	Dairy products	14.4	22.7	0.4	36.6	18.2	30.6	12.6	3.8	33.4	9.6	0.8	9.3	2.3	9.9	19.7	2.0	3.7	0.8
05-01	Milk	3.2	6.0	0.0	9.6	2.5	4.3	1.7	0.4	4.8	0.7	0.0	1.2	0.2	3.0	6.8	0.0	0.0	0.0
05-02	Milk beverages	0.7	0.8	0.2	1.2	0.4	0.7	0.3	0.1	0.5	0.1	0.3	0.2	0.1	0.9	1.8	0.1	1.2	0.0
05-03	Yoghurt	2.3	3.8	0.0	6.2	1.0	1.6	0.7	0.2	1.8	0.2	0.0	0.5	0.1	2.8	5.7	0.5	2.0	0.0
05-04	Fromage blanc, petits suisses	0.2	0.2	0.0	0.4	0.2	0.2	0.1	0.0	0.3	0.0	0.0	0.1	0.0	0.2	0.4	0.0	0.0	0.0
05-05	Cheese (including fresh cheeses)	5.5	9.7	0.0	15.8	11.5	19.3	8.0	2.5	20.9	7.5	0.0	5.9	1.4	0.0	0.1	0.0	0.0	0.0
05-06	Cream desserts, puddings (milk based)	1.6	1.3	0.2	2.1	1.3	2.2	1.0	0.3	2.1	0.6	0.5	0.7	0.2	2.2	3.7	1.1	0.4	0.8
05-07	Dairy and non-dairy creams	0.3	0.0	0.0	0.1	0.6	0.8	0.4	0.1	1.7	0.2	0.0	0.3	0.1	0.1	0.2	0.0	0.0	0.0
05-07-01	Dairy creams	0.3	0.0	0.0	0.1	0.6	0.8	0.4	0.1	1.7	0.2	0.0	0.3	0.1	0.1	0.2	0.0	0.0	0.0
05-07-02	Non-dairy creams	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05-08	Milk for coffee and creamers	0.6	0.7	0.0	1.2	0.8	1.4	0.4	0.2	1.4	0.2	0.0	0.3	0.2	0.6	1.0	0.3	0.0	0.0
06	Cereals and cereal products	22.3	21.3	56.3	0.5	9.1	5.5	9.7	13.9	4.7	11.7	3.7	11.2	15.1	35.0	6.1	58.6	41.4	0.0
06-01	Flour, flakes, starches, semolina	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.1	0.0

Group=Adults (19-69 years) - Low Education (n=708)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
06-02	Pasta, rice, other grain	2.6	2.1	5.4	0.2	0.4	0.2	0.1	0.8	0.0	0.4	0.0	0.4	0.9	4.7	0.2	8.2	2.8	0.0
06-03	Bread, crisp bread, rusks	16.0	17.1	45.7	0.2	5.0	2.8	4.3	10.0	2.7	10.5	2.0	6.3	10.7	25.6	4.8	42.8	34.2	0.0
06-03-01	Bread	15.2	16.4	43.7	0.2	4.7	2.5	4.0	9.6	2.0	10.2	2.0	6.0	10.2	24.2	4.4	40.5	32.6	0.0
06-03-02	Crispbread, rusks	0.8	0.7	2.0	0.0	0.3	0.3	0.3	0.4	0.7	0.2	0.0	0.3	0.5	1.4	0.3	2.3	1.7	0.0
06-04	Breakfast cereals	0.9	0.5	1.5	0.0	0.5	0.5	0.5	0.5	0.0	0.2	1.6	0.5	0.5	1.3	0.8	1.9	1.8	0.0
06-05	Salty biscuits, aperitif biscuits, crackers	2.1	0.9	2.2	0.1	2.7	1.8	3.9	2.3	1.6	0.4	0.1	3.3	2.6	2.3	0.3	3.9	1.7	0.0
06-06	Dough and pastry (puff, shortcrust, pizza)	0.7	0.5	1.3	0.0	0.5	0.3	0.9	0.3	0.4	0.2	0.0	0.7	0.4	1.0	0.1	1.6	0.7	0.0
07	Meat and meat products	12.5	31.3	0.3	49.0	20.2	20.5	24.9	11.9	15.3	7.2	37.1	20.2	11.3	0.8	0.6	1.0	1.8	0.0
07-01	Fresh meat	5.0	14.5	0.0	22.3	7.4	8.0	9.3	2.9	7.7	1.6	7.6	7.0	3.0	0.1	0.1	0.1	0.4	0.0
07-01-00	Unclassified	1.3	2.9	0.0	4.7	2.4	2.5	3.0	1.1	2.1	0.7	1.1	2.3	1.1	0.0	0.0	0.0	0.2	0.0
07-01-01	Beef	1.7	5.3	0.0	8.3	2.5	2.8	3.2	0.5	4.4	0.6	2.1	2.3	0.4	0.0	0.0	0.0	0.2	0.0
07-01-02	Veal	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-03	Pork	1.8	5.8	0.0	8.4	2.2	2.3	2.7	1.3	0.4	0.2	4.1	2.2	1.4	0.0	0.0	0.0	0.1	0.0
07-01-04	Mutton/Lamb	0.2	0.4	0.0	0.7	0.3	0.4	0.3	0.1	0.8	0.1	0.2	0.2	0.0	0.0	0.0	0.0	0.0	0.0
07-01-05	Horse	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-06	Goat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02	Poultry	1.4	5.3	0.0	8.2	1.3	1.1	1.2	1.6	1.3	0.9	12.8	1.3	1.5	0.0	0.0	0.0	0.0	0.0
07-02-00	Unclassified and other poultry	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-01	Chicken, hen	1.3	5.1	0.0	7.9	1.2	1.0	1.1	1.5	1.3	0.9	12.8	1.2	1.4	0.0	0.0	0.0	0.0	0.0
07-02-02	Turkey, young turkey	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-03	Duck	0.1	0.1	0.0	0.1	0.1	0.1	0.1	0.1	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0
07-02-05	Rabbit (domestic)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-03	Game	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-04	Processed meat	6.1	11.5	0.2	18.4	11.4	11.4	14.3	7.3	6.3	4.6	16.6	11.8	6.8	0.7	0.5	0.9	1.4	0.0
07-05	Offals	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08	Fish and shellfish	1.1	3.4	0.2	5.2	1.3	0.9	1.4	1.6	0.5	0.9	20.5	1.5	0.6	0.2	0.0	0.4	0.1	0.0
08-01	Fish	0.8	2.5	0.1	3.8	1.1	0.7	1.3	1.3	0.3	0.8	15.4	1.3	0.5	0.1	0.0	0.2	0.1	0.0
08-02	Crustaceans, molluscs	0.1	0.4	0.0	0.6	0.0	0.0	0.0	0.1	0.0	0.0	2.8	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08-03	Fish products, fish in crumbs	0.2	0.6	0.1	0.9	0.2	0.1	0.1	0.2	0.2	0.1	2.4	0.2	0.1	0.1	0.0	0.2	0.1	0.0
09	Eggs and egg products	0.7	1.8	0.0	3.0	1.3	1.1	1.6	0.6	0.0	0.1	10.7	1.2	0.6	0.1	0.0	0.2	0.0	0.0
09-01	Egg	0.7	1.8	0.0	3.0	1.3	1.1	1.6	0.6	0.0	0.1	10.7	1.2	0.6	0.1	0.0	0.2	0.0	0.0
10	Fat	7.0	0.1	0.2	0.0	20.1	14.6	19.7	33.6	18.6	32.7	5.0	24.9	35.1	0.1	0.1	0.1	0.0	0.0

Group=Adults (19-69 years) - Low Education (n=708)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
10-00	Unclassified	0.6	0.0	0.0	0.0	1.6	1.1	1.7	2.5	1.3	1.3	0.0	1.9	2.7	0.0	0.0	0.0	0.0	0.0
10-01	Vegetable oils	1.1	0.0	0.0	0.0	3.3	1.4	3.9	5.9	0.4	3.8	3.9	4.8	6.3	0.0	0.0	0.0	0.0	0.0
10-02	Butter	0.6	0.0	0.0	0.0	1.7	2.5	1.4	0.4	3.6	0.6	0.0	1.0	0.2	0.0	0.0	0.0	0.0	0.0
10-03	Margarines	4.0	0.1	0.1	0.0	11.8	8.4	10.7	22.2	12.0	25.9	1.1	14.9	22.9	0.1	0.0	0.1	0.0	0.0
10-04	Deep frying fats	0.6	0.0	0.0	0.0	1.7	1.1	1.9	2.6	1.2	1.1	0.0	2.1	3.0	0.0	0.0	0.0	0.0	0.0
10-06	Other animal fat	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	6.5	1.4	2.3	0.8	4.4	5.7	4.7	2.0	2.5	0.8	0.3	3.7	1.6	10.2	20.4	1.7	3.2	1.0
11-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-01	Sugar, honey ,jam	2.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	4.5	9.4	0.3	0.2	0.0
11-02	Chocolate, candy bars, paste, chocolate confetti	2.3	0.8	1.4	0.4	3.1	3.7	3.7	1.6	0.3	0.4	0.3	2.9	1.4	2.4	4.9	0.4	1.9	1.0
11-03	Confectionery non-chocolate	0.8	0.3	0.6	0.0	0.2	0.2	0.2	0.2	0.3	0.1	0.0	0.2	0.1	1.4	2.5	0.7	0.3	0.0
11-04	Syrup	0.5	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.0	2.1	0.0	0.3	0.0
11-05	Ice cream, water ice	0.8	0.3	0.1	0.5	1.1	1.8	0.9	0.2	1.9	0.3	0.0	0.7	0.1	0.9	1.7	0.3	0.4	0.0
11-05-01	Ice cream	0.8	0.3	0.1	0.5	1.1	1.8	0.9	0.2	1.9	0.3	0.0	0.7	0.1	0.9	1.6	0.3	0.4	0.0
11-05-02	Sorbet	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-05-03	Water ice	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
12	Cakes	7.4	3.2	6.6	1.1	7.6	9.1	6.9	5.3	16.2	4.4	5.3	6.3	5.2	9.6	11.5	8.7	5.1	2.7
12-01	Cakes, pies, pastries, etc	4.6	2.1	4.1	0.9	4.9	5.8	4.2	3.4	12.5	3.2	2.9	3.9	3.3	5.9	7.2	5.2	3.2	2.7
12-02	Dry cakes, biscuits	2.8	1.1	2.5	0.2	2.7	3.4	2.7	1.9	3.7	1.2	2.4	2.4	1.9	3.7	4.3	3.5	1.9	0.0
13	Non-alcoholic beverages	5.5	2.3	5.6	0.5	0.6	1.1	0.3	0.2	0.7	0.4	0.0	0.2	0.2	10.3	20.4	0.8	2.3	0.2
13-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2
13-01	Fruit and vegetable juices	1.7	0.5	1.3	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.1	3.4	6.9	0.2	1.4	0.0
13-02	Carbonated/soft/isotonic drinks, diluted syrups	2.8	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	5.9	11.7	0.1	0.0	0.0
13-03	Coffee, tea and herbal teas	0.9	1.8	4.2	0.4	0.5	1.0	0.2	0.1	0.7	0.1	0.0	0.2	0.1	1.0	1.8	0.4	0.9	0.0
13-03-01	Coffee	0.9	1.8	4.1	0.4	0.5	1.0	0.2	0.1	0.7	0.1	0.0	0.2	0.1	0.9	1.6	0.4	0.9	0.0
13-03-02	Tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-03	Herbal tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.0	0.0	0.0
13-03-04	Chicory, substitutes	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-04	Waters	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14	Alcoholic beverages	4.8	0.7	1.9	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	2.7	2.2	2.9	2.2	95.3
14-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-01	Wine	1.7	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.6	1.5	0.0	0.0	38.1

Group=Adults (19-69 years) - Low Education (n=708)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
14-02	Fortified wines (sherry, port, vermouth)	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.3	0.0	0.0	6.3
14-03	Beer, cider	2.5	0.7	1.8	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.8	0.1	2.8	2.2	36.3
14-04	Spirits, brandy	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	11.1
14-05	Aniseed drinks (pastis,....)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-06	Liqueurs	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.2	0.0	0.0	3.1
14-07	Cocktails, punches	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.4
15	Condiments and sauces	3.7	0.7	1.5	0.3	8.3	3.7	9.2	15.5	1.3	16.2	4.3	11.6	16.5	1.6	2.8	0.8	1.0	0.0
15-01	Sauces	3.6	0.6	1.4	0.3	8.2	3.6	9.2	15.4	1.3	16.2	4.2	11.5	16.4	1.5	2.7	0.7	0.9	0.0
15-01-00	Unclassified and other sauces	1.6	0.4	1.1	0.1	3.5	2.0	3.7	6.6	1.1	4.4	1.1	4.8	7.2	0.8	1.4	0.4	0.5	0.0
15-01-01	Tomato sauces	0.2	0.1	0.2	0.0	0.1	0.1	0.1	0.1	0.0	0.1	0.2	0.1	0.2	0.4	0.7	0.1	0.2	0.0
15-01-02	Dressing sauces	0.5	0.0	0.0	0.0	1.3	0.5	1.6	2.4	0.1	3.2	2.1	1.9	2.4	0.2	0.2	0.1	0.0	0.0
15-01-03	Mayonnaises and similars	1.3	0.1	0.0	0.1	3.2	1.1	3.8	6.3	0.1	8.5	0.8	4.7	6.7	0.2	0.4	0.1	0.1	0.0
15-01-04	Dessert sauces	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
15-02	Yeast	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
15-04	Condiments	0.1	0.1	0.2	0.0	0.1	0.1	0.1	0.1	0.0	0.0	0.1	0.1	0.1	0.1	0.1	0.1	0.2	0.0
16	Soups, bouillon	1.1	1.6	1.8	1.5	1.1	1.0	1.0	1.0	3.2	0.7	3.5	1.0	1.0	1.0	0.7	1.3	2.2	0.0
16-01	Soups	1.0	1.6	1.7	1.5	1.0	1.0	0.9	1.0	3.2	0.7	3.5	0.9	1.0	1.0	0.7	1.3	2.2	0.0
16-02	Bouillon	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17	Miscellaneous	1.4	1.6	1.8	1.3	1.6	1.7	1.6	1.4	1.5	0.8	0.5	1.6	1.0	1.3	0.6	1.8	1.2	0.0
17-00	Unclassified	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0
17-01	Soya products	0.1	0.2	0.3	0.0	0.2	0.1	0.1	0.3	0.0	0.2	0.2	0.2	0.2	0.1	0.2	0.0	0.1	0.0
17-02	Dietetic products	0.1	0.2	0.1	0.1	0.1	0.0	0.1	0.1	0.0	0.1	0.0	0.1	0.2	0.1	0.1	0.1	0.1	0.0
17-02-00	Unclassified	0.1	0.2	0.1	0.1	0.1	0.0	0.1	0.1	0.0	0.1	0.0	0.1	0.2	0.1	0.1	0.1	0.1	0.0
17-02-01	Artificial sweeteners	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-03	Snacks	1.1	1.1	1.3	1.1	1.4	1.6	1.4	0.9	1.5	0.5	0.3	1.2	0.6	1.0	0.3	1.6	0.9	0.0

Group=Adults (19-69 years) - Moderate Education (n=935)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01-01	Potatoes	4.3	2.5	6.7	0.1	1.5	1.8	1.2	1.7	1.4	4.0	0.1	1.4	1.2	7.7	0.3	13.8	9.3	0.0
01-02	Other tubers	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02	Vegetables	1.8	2.5	6.9	0.0	0.7	0.5	0.3	1.6	0.3	5.5	0.2	0.7	1.2	2.1	3.2	1.4	13.8	0.0
02-01	Leafy vegetables (except cabbages)	0.3	0.4	1.3	0.0	0.2	0.2	0.1	0.4	0.2	1.9	0.0	0.2	0.2	0.2	0.3	0.2	2.0	0.0
02-02	Fruiting vegetables	0.5	0.6	1.7	0.0	0.2	0.1	0.1	0.5	0.0	1.0	0.0	0.3	0.5	0.7	1.2	0.3	3.8	0.0
02-03	Root vegetables	0.2	0.1	0.3	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.3	0.6	0.1	1.4	0.0
02-04	Cabbages	0.3	0.5	1.4	0.0	0.1	0.1	0.0	0.3	0.0	1.6	0.0	0.1	0.1	0.3	0.3	0.2	2.5	0.0
02-05	Mushrooms	0.0	0.1	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.0
02-06	Grain and pod vegetables	0.1	0.1	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.2	0.5	0.0
02-07	Onion, garlic	0.2	0.1	0.4	0.0	0.1	0.0	0.0	0.2	0.0	0.3	0.2	0.1	0.2	0.3	0.4	0.3	1.4	0.0
02-08	Stalk vegetables, sprouts	0.0	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0
02-09	Mixed salad, mixed vegetables	0.2	0.3	0.9	0.0	0.1	0.1	0.0	0.1	0.0	0.6	0.0	0.1	0.1	0.3	0.4	0.2	1.8	0.0
03	Legumes	0.1	0.2	0.4	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.1	0.1	0.2	0.6	0.0
03-01	Legumes	0.1	0.2	0.4	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.1	0.1	0.2	0.6	0.0
04	Fruits, nuts and olives	5.5	2.8	7.0	0.0	5.0	2.5	6.0	7.5	0.0	4.9	1.0	6.6	8.2	6.7	11.8	2.6	11.0	0.0
04-01	Fruits	3.2	0.8	2.2	0.0	0.4	0.2	0.1	0.9	0.0	2.2	0.0	0.4	0.8	5.9	11.1	1.7	8.5	0.0
04-02	Nuts and seeds (+nut spread)	2.2	2.0	4.7	0.0	4.5	2.2	5.7	6.5	0.0	2.6	0.9	6.0	7.3	0.7	0.5	0.9	2.2	0.0
04-03	Mixed fruits	0.1	0.0	0.1	0.0	0.1	0.0	0.1	0.1	0.0	0.0	0.1	0.1	0.1	0.1	0.2	0.0	0.1	0.0
04-04	Olives	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0
05	Dairy products	14.1	23.1	0.3	38.1	18.5	31.2	12.6	3.7	34.3	10.1	0.6	9.4	2.3	9.3	18.9	1.8	3.1	0.2
05-01	Milk	3.4	6.6	0.0	10.6	2.8	4.7	1.9	0.4	5.2	0.8	0.0	1.3	0.3	3.3	7.7	0.0	0.0	0.0
05-02	Milk beverages	0.7	0.9	0.2	1.4	0.4	0.7	0.3	0.1	0.5	0.1	0.3	0.2	0.1	0.9	1.8	0.1	1.1	0.0
05-03	Yoghurt	2.2	3.8	0.0	6.2	1.0	1.6	0.7	0.2	1.9	0.3	0.0	0.5	0.1	2.6	5.2	0.5	1.7	0.0
05-04	Fromage blanc, petits suisses	0.3	0.6	0.0	0.9	0.2	0.3	0.2	0.0	0.4	0.1	0.0	0.1	0.0	0.3	0.6	0.0	0.0	0.0
05-05	Cheese (including fresh cheeses)	5.5	9.7	0.0	16.3	11.6	19.6	7.9	2.5	21.5	8.0	0.0	6.0	1.4	0.1	0.2	0.0	0.0	0.0
05-06	Cream desserts, puddings (milk based)	1.2	0.9	0.1	1.5	1.1	1.8	0.7	0.2	1.3	0.5	0.3	0.5	0.2	1.6	2.6	0.9	0.3	0.2
05-07	Dairy and non-dairy creams	0.3	0.1	0.0	0.1	0.8	1.2	0.6	0.1	2.5	0.2	0.0	0.4	0.1	0.1	0.2	0.0	0.0	0.0
05-07-01	Dairy creams	0.3	0.1	0.0	0.1	0.8	1.2	0.6	0.1	2.5	0.2	0.0	0.4	0.1	0.1	0.2	0.0	0.0	0.0
05-07-02	Non-dairy creams	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05-08	Milk for coffee and creamers	0.5	0.6	0.0	1.0	0.7	1.3	0.3	0.2	1.0	0.2	0.0	0.2	0.1	0.4	0.7	0.2	0.0	0.0
06	Cereals and cereal products	23.6	22.4	57.1	0.5	10.3	6.2	11.1	16.0	5.0	12.9	4.8	12.7	17.4	36.3	6.3	60.7	43.2	0.0
06-01	Flour, flakes, starches, semolina	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.2	0.0

Group=Adults (19-69 years) - Moderate Education (n=935)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
06-02	Pasta, rice, other grain	3.1	2.4	5.9	0.3	0.4	0.2	0.2	0.9	0.1	0.4	0.0	0.4	1.0	5.5	0.2	9.5	2.9	0.0
06-03	Bread, crisp bread, rusks	16.3	17.6	45.5	0.1	5.4	2.9	4.4	11.2	2.8	11.4	2.5	6.8	12.0	25.5	4.7	42.6	35.3	0.0
06-03-01	Bread	15.5	16.9	43.6	0.1	5.0	2.6	4.1	10.7	1.9	11.1	2.5	6.4	11.5	24.2	4.4	40.3	33.7	0.0
06-03-02	Crispbread, rusks	0.8	0.7	1.9	0.0	0.4	0.3	0.3	0.5	0.9	0.3	0.0	0.4	0.5	1.3	0.3	2.3	1.6	0.0
06-04	Breakfast cereals	1.0	0.6	1.6	0.0	0.6	0.6	0.7	0.7	0.0	0.3	2.2	0.7	0.8	1.6	1.0	2.1	2.0	0.0
06-05	Salty biscuits, aperitif biscuits, crackers	2.3	1.0	2.3	0.1	3.1	2.1	4.6	2.7	1.6	0.5	0.1	3.9	3.1	2.5	0.3	4.2	1.8	0.0
06-06	Dough and pastry (puff, shortcrust, pizza)	0.9	0.7	1.7	0.0	0.7	0.3	1.2	0.5	0.6	0.3	0.0	0.9	0.5	1.2	0.1	2.1	1.0	0.0
07	Meat and meat products	11.4	29.2	0.4	46.5	18.4	18.6	22.7	10.6	15.1	7.0	33.7	18.4	9.9	0.9	0.6	1.2	1.8	0.0
07-01	Fresh meat	4.0	11.9	0.0	18.4	6.1	6.6	7.6	2.3	6.9	1.4	5.0	5.7	2.3	0.1	0.1	0.1	0.4	0.0
07-01-00	Unclassified	1.0	2.2	0.0	3.5	1.8	1.9	2.3	0.7	1.7	0.6	0.2	1.7	0.8	0.0	0.0	0.0	0.1	0.0
07-01-01	Beef	1.5	4.6	0.0	7.2	2.2	2.5	2.8	0.4	4.2	0.6	1.9	2.0	0.4	0.0	0.0	0.0	0.1	0.0
07-01-02	Veal	0.1	0.2	0.0	0.3	0.1	0.1	0.1	0.0	0.1	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0
07-01-03	Pork	1.4	4.6	0.0	7.0	1.8	1.8	2.2	1.0	0.3	0.2	2.8	1.7	1.1	0.0	0.0	0.0	0.1	0.0
07-01-04	Mutton/Lamb	0.1	0.2	0.0	0.4	0.2	0.3	0.2	0.0	0.6	0.1	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0
07-01-05	Horse	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-06	Goat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02	Poultry	1.4	5.7	0.0	9.2	1.3	1.1	1.2	1.5	1.3	0.9	12.8	1.3	1.4	0.0	0.0	0.0	0.0	0.0
07-02-00	Unclassified and other poultry	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-01	Chicken, hen	1.3	5.5	0.0	8.8	1.2	1.0	1.1	1.4	1.2	0.9	12.7	1.2	1.3	0.0	0.0	0.0	0.0	0.0
07-02-02	Turkey, young turkey	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-03	Duck	0.0	0.1	0.0	0.1	0.1	0.0	0.1	0.1	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0
07-02-05	Rabbit (domestic)	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-03	Game	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-04	Processed meat	5.9	11.4	0.4	18.7	11.0	10.9	14.0	6.8	6.9	4.7	15.7	11.4	6.2	0.8	0.5	1.1	1.4	0.0
07-05	Offals	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08	Fish and shellfish	1.2	3.8	0.1	5.9	1.5	1.0	1.7	2.0	0.5	1.1	22.9	1.8	0.8	0.2	0.0	0.3	0.1	0.0
08-01	Fish	0.9	2.8	0.0	4.4	1.2	0.8	1.5	1.6	0.2	0.9	17.2	1.5	0.6	0.1	0.0	0.1	0.0	0.0
08-02	Crustaceans, molluscs	0.1	0.3	0.0	0.4	0.0	0.0	0.0	0.0	0.0	0.0	2.6	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08-03	Fish products, fish in crumbs	0.2	0.8	0.1	1.1	0.2	0.2	0.2	0.3	0.3	0.2	3.0	0.2	0.2	0.1	0.0	0.2	0.1	0.0
09	Eggs and egg products	0.8	2.0	0.0	3.3	1.4	1.3	1.7	0.6	0.0	0.1	12.2	1.3	0.6	0.1	0.0	0.2	0.0	0.0
09-01	Egg	0.8	2.0	0.0	3.3	1.4	1.3	1.7	0.6	0.0	0.1	12.2	1.3	0.6	0.1	0.0	0.2	0.0	0.0
10	Fat	6.8	0.1	0.1	0.0	19.8	14.4	19.8	32.8	18.1	32.0	5.9	24.7	34.5	0.1	0.1	0.1	0.0	0.0

Group=Adults (19-69 years) - Moderate Education (n=935)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
10-00	Unclassified	0.6	0.0	0.0	0.0	1.7	1.1	1.9	2.8	1.2	1.6	0.0	2.2	3.1	0.0	0.0	0.0	0.0	0.0
10-01	Vegetable oils	1.3	0.0	0.0	0.0	3.9	1.6	4.9	6.9	0.4	4.3	5.2	5.8	7.4	0.0	0.0	0.0	0.0	0.0
10-02	Butter	0.7	0.0	0.0	0.0	2.0	3.2	1.5	0.4	4.7	0.7	0.0	1.1	0.2	0.0	0.0	0.0	0.0	0.0
10-03	Margarines	3.6	0.0	0.1	0.0	10.7	7.6	9.6	20.2	10.7	24.3	0.8	13.5	20.9	0.0	0.0	0.1	0.0	0.0
10-04	Deep frying fats	0.6	0.0	0.0	0.0	1.5	0.8	1.7	2.6	1.0	1.0	0.0	2.0	2.9	0.0	0.0	0.0	0.0	0.0
10-06	Other animal fat	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	6.3	1.4	2.3	0.8	4.5	6.0	4.8	2.0	2.7	0.7	0.1	3.8	1.7	9.8	19.5	1.7	3.0	0.7
11-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-01	Sugar, honey ,jam	1.8	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	4.0	8.2	0.3	0.2	0.0
11-02	Chocolate, candy bars, paste, chocolate confetti	2.4	0.8	1.5	0.4	3.2	4.0	3.8	1.7	0.3	0.4	0.1	3.0	1.5	2.5	5.1	0.5	1.9	0.7
11-03	Confectionery non-chocolate	0.8	0.3	0.7	0.0	0.2	0.2	0.2	0.2	0.4	0.1	0.1	0.2	0.1	1.4	2.3	0.6	0.3	0.0
11-04	Syrup	0.5	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.1	2.2	0.0	0.2	0.0
11-05	Ice cream, water ice	0.8	0.3	0.1	0.5	1.1	1.8	0.8	0.1	1.9	0.3	0.0	0.6	0.1	0.9	1.6	0.3	0.3	0.0
11-05-01	Ice cream	0.8	0.3	0.1	0.5	1.1	1.8	0.8	0.1	1.9	0.3	0.0	0.6	0.1	0.8	1.5	0.3	0.3	0.0
11-05-02	Sorbet	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-05-03	Water ice	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0
12	Cakes	7.0	3.0	6.0	1.1	7.4	9.1	6.7	4.9	15.7	4.4	4.5	6.0	4.9	8.9	10.8	8.0	4.6	1.2
12-01	Cakes, pies, pastries, etc	4.3	1.9	3.8	0.8	4.6	5.7	4.0	3.0	11.9	3.0	2.2	3.6	3.0	5.4	6.6	4.8	2.9	1.2
12-02	Dry cakes, biscuits	2.7	1.0	2.2	0.3	2.8	3.4	2.7	1.9	3.8	1.4	2.3	2.4	1.8	3.5	4.2	3.2	1.8	0.0
13	Non-alcoholic beverages	5.9	2.2	4.9	0.6	0.8	1.3	0.4	0.2	0.9	0.5	0.0	0.3	0.2	11.0	21.8	0.8	2.4	0.5
13-00	Unclassified	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.5
13-01	Fruit and vegetable juices	1.9	0.5	1.3	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.1	0.1	3.7	7.6	0.3	1.6	0.0
13-02	Carbonated/soft/isotonic drinks, diluted syrups	3.0	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	6.3	12.6	0.1	0.0	0.0
13-03	Coffee, tea and herbal teas	0.9	1.6	3.4	0.6	0.7	1.1	0.3	0.1	0.9	0.2	0.0	0.2	0.1	0.9	1.5	0.4	0.8	0.0
13-03-01	Coffee	0.8	1.6	3.4	0.6	0.7	1.1	0.3	0.1	0.9	0.2	0.0	0.2	0.1	0.8	1.4	0.4	0.7	0.0
13-03-02	Tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-03	Herbal tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
13-03-04	Chicory, substitutes	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-04	Waters	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14	Alcoholic beverages	5.2	0.8	2.0	0.0	0.1	0.1	0.0	0.0	0.1	0.0	0.1	0.0	0.0	2.8	2.1	3.0	2.3	97.4
14-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-01	Wine	1.6	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.5	1.3	0.0	0.0	37.2

Group=Adults (19-69 years) - Moderate Education (n=935)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
14-02	Fortified wines (sherry, port, vermouth)	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.3	0.0	0.0	5.1
14-03	Beer, cider	2.8	0.7	1.9	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.9	0.1	3.0	2.3	43.3
14-04	Spirits, brandy	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	8.2
14-05	Aniseed drinks (pastis,....)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2
14-06	Liqueurs	0.2	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.3	0.0	0.0	3.1
14-07	Cocktails, punches	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2
15	Condiments and sauces	3.4	0.9	1.9	0.3	7.2	3.1	8.4	13.6	0.8	14.9	4.7	10.2	14.1	1.7	3.1	0.8	1.3	0.0
15-01	Sauces	3.3	0.8	1.7	0.2	7.1	2.9	8.3	13.5	0.8	14.8	4.6	10.2	14.0	1.6	3.0	0.7	1.1	0.0
15-01-00	Unclassified and other sauces	1.4	0.5	1.3	0.1	2.8	1.4	3.2	5.1	0.6	3.5	0.9	3.9	5.4	0.8	1.5	0.4	0.6	0.0
15-01-01	Tomato sauces	0.3	0.1	0.3	0.0	0.2	0.1	0.3	0.2	0.0	0.2	0.2	0.2	0.3	0.4	0.9	0.1	0.4	0.0
15-01-02	Dressing sauces	0.5	0.0	0.1	0.0	1.4	0.5	1.6	2.7	0.1	3.6	2.9	2.0	2.7	0.2	0.2	0.2	0.1	0.0
15-01-03	Mayonnaises and similars	1.0	0.1	0.0	0.1	2.7	0.9	3.3	5.4	0.1	7.5	0.6	4.0	5.7	0.1	0.3	0.1	0.1	0.0
15-01-04	Dessert sauces	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
15-02	Yeast	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
15-04	Condiments	0.1	0.1	0.2	0.0	0.1	0.2	0.1	0.1	0.0	0.1	0.1	0.1	0.1	0.1	0.1	0.1	0.2	0.0
16	Soups, bouillon	0.9	1.3	1.5	1.2	0.9	1.0	0.9	0.8	3.0	0.7	2.5	0.9	0.9	0.9	0.6	1.1	2.0	0.0
16-01	Soups	0.9	1.3	1.5	1.2	0.9	1.0	0.9	0.8	3.0	0.7	2.5	0.8	0.8	0.9	0.6	1.1	2.0	0.0
16-02	Bouillon	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17	Miscellaneous	1.7	2.0	2.3	1.7	2.0	2.0	1.8	1.9	2.1	1.1	0.8	1.8	1.5	1.5	0.8	2.2	1.4	0.0
17-00	Unclassified	0.0	0.1	0.1	0.1	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0	0.1	0.0
17-01	Soya products	0.1	0.3	0.5	0.0	0.2	0.1	0.1	0.5	0.0	0.3	0.5	0.3	0.4	0.1	0.2	0.0	0.2	0.0
17-02	Dietetic products	0.3	0.4	0.3	0.2	0.2	0.1	0.1	0.1	0.0	0.1	0.0	0.1	0.2	0.3	0.3	0.3	0.3	0.0
17-02-00	Unclassified	0.3	0.4	0.3	0.2	0.2	0.1	0.1	0.1	0.0	0.1	0.0	0.1	0.2	0.2	0.3	0.2	0.3	0.0
17-02-01	Artificial sweeteners	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-03	Snacks	1.2	1.3	1.4	1.3	1.6	1.8	1.5	1.1	2.1	0.7	0.3	1.4	0.8	1.1	0.3	1.9	0.9	0.0

Group=Adults (19-69 years) - High Education (n=463)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01-01	Potatoes	4.0	2.2	5.9	0.1	1.3	1.5	1.0	1.6	1.0	3.9	0.0	1.2	1.2	7.1	0.3	12.7	7.9	0.0
01-02	Other tubers	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.1	0.0
02	Vegetables	2.1	3.0	8.2	0.0	0.9	0.6	0.5	2.2	0.4	7.3	0.4	1.0	1.6	2.4	3.7	1.5	15.3	0.0
02-01	Leafy vegetables (except cabbages)	0.3	0.6	1.7	0.0	0.2	0.2	0.1	0.5	0.3	2.4	0.0	0.2	0.3	0.2	0.3	0.2	2.4	0.0
02-02	Fruiting vegetables	0.7	0.8	2.1	0.0	0.4	0.2	0.3	0.8	0.0	1.4	0.0	0.4	0.8	0.8	1.4	0.4	4.4	0.0
02-03	Root vegetables	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.2	0.4	0.1	1.2	0.0
02-04	Cabbages	0.4	0.7	1.9	0.0	0.2	0.1	0.0	0.4	0.0	2.4	0.0	0.2	0.1	0.3	0.4	0.3	3.0	0.0
02-05	Mushrooms	0.0	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.0
02-06	Grain and pod vegetables	0.1	0.1	0.4	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.2	0.5	0.0
02-07	Onion, garlic	0.2	0.2	0.4	0.0	0.1	0.0	0.0	0.2	0.0	0.3	0.3	0.1	0.2	0.3	0.4	0.3	1.4	0.0
02-08	Stalk vegetables, sprouts	0.0	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0
02-09	Mixed salad, mixed vegetables	0.3	0.4	1.0	0.0	0.1	0.1	0.0	0.2	0.1	0.7	0.0	0.1	0.1	0.3	0.5	0.2	2.1	0.0
03	Legumes	0.2	0.3	0.8	0.0	0.1	0.0	0.0	0.1	0.0	0.5	0.0	0.1	0.1	0.2	0.1	0.4	1.1	0.0
03-01	Legumes	0.2	0.3	0.8	0.0	0.1	0.0	0.0	0.1	0.0	0.5	0.0	0.1	0.1	0.2	0.1	0.4	1.1	0.0
04	Fruits, nuts and olives	6.1	3.0	7.2	0.0	5.3	2.6	6.5	8.0	0.0	5.8	0.7	7.0	8.9	7.9	14.0	3.0	12.2	0.0
04-01	Fruits	3.8	1.0	2.6	0.0	0.5	0.3	0.2	1.2	0.0	3.0	0.0	0.5	1.1	7.2	13.4	2.2	9.9	0.0
04-02	Nuts and seeds (+nut spread)	2.2	1.9	4.5	0.0	4.5	2.2	5.8	6.5	0.0	2.7	0.6	6.1	7.4	0.6	0.4	0.9	2.0	0.0
04-03	Mixed fruits	0.1	0.0	0.1	0.0	0.1	0.1	0.2	0.2	0.0	0.1	0.0	0.2	0.2	0.1	0.2	0.0	0.1	0.0
04-04	Olives	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.1	0.0	0.0	0.0	0.2	0.1	0.0	0.0	0.0	0.2	0.0
05	Dairy products	14.8	23.8	0.4	39.4	19.7	32.6	13.6	4.3	35.8	10.6	1.2	10.3	2.7	9.8	19.6	1.7	3.1	0.0
05-01	Milk	3.1	6.0	0.0	9.7	2.4	4.1	1.6	0.4	4.6	0.6	0.0	1.2	0.2	3.0	6.7	0.0	0.0	0.0
05-02	Milk beverages	0.7	0.9	0.2	1.3	0.4	0.6	0.3	0.1	0.4	0.1	0.3	0.2	0.1	1.0	1.8	0.2	1.0	0.0
05-03	Yoghurt	2.6	4.7	0.0	7.8	1.2	1.9	0.9	0.3	2.4	0.3	0.0	0.6	0.1	3.0	6.2	0.5	1.7	0.0
05-04	Fromage blanc, petits suisses	0.3	0.5	0.0	0.8	0.2	0.3	0.2	0.0	0.5	0.1	0.0	0.1	0.0	0.3	0.7	0.1	0.0	0.0
05-05	Cheese (including fresh cheeses)	5.8	10.2	0.0	17.3	12.6	21.0	8.7	2.8	22.2	8.5	0.0	6.5	1.7	0.1	0.1	0.0	0.0	0.0
05-06	Cream desserts, puddings (milk based)	1.4	1.0	0.1	1.7	1.2	1.9	0.9	0.3	1.6	0.6	0.9	0.7	0.2	1.9	3.3	0.9	0.3	0.0
05-07	Dairy and non-dairy creams	0.5	0.1	0.0	0.2	1.2	1.7	0.9	0.3	3.4	0.4	0.0	0.7	0.1	0.1	0.3	0.0	0.0	0.0
05-07-01	Dairy creams	0.5	0.1	0.0	0.2	1.2	1.7	0.9	0.2	3.4	0.4	0.0	0.7	0.1	0.1	0.3	0.0	0.0	0.0
05-07-02	Non-dairy creams	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05-08	Milk for coffee and creamers	0.4	0.4	0.0	0.8	0.5	1.0	0.2	0.2	0.7	0.1	0.0	0.2	0.3	0.4	0.6	0.2	0.0	0.0
06	Cereals and cereal products	23.5	22.2	56.0	0.5	10.1	6.4	10.0	17.2	5.0	13.8	7.1	12.5	18.9	36.8	7.0	61.4	43.0	0.0
06-01	Flour, flakes, starches, semolina	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.1	0.0

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Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
06-02	Pasta, rice, other grain	3.1	2.6	6.1	0.3	0.5	0.3	0.2	1.0	0.2	0.6	0.0	0.5	1.1	5.7	0.2	10.1	3.2	0.0
06-03	Bread, crisp bread, rusks	16.1	17.3	44.2	0.1	5.6	3.0	4.5	12.3	2.3	12.0	2.5	7.2	13.3	25.6	4.8	42.7	34.7	0.0
06-03-01	Bread	15.2	16.5	42.0	0.1	5.1	2.7	4.2	11.7	1.5	11.7	2.5	6.8	12.7	24.0	4.5	39.9	32.7	0.0
06-03-02	Crispbread, rusks	1.0	0.8	2.1	0.0	0.4	0.4	0.3	0.6	0.8	0.3	0.0	0.4	0.6	1.6	0.3	2.8	2.0	0.0
06-04	Breakfast cereals	1.8	1.1	2.9	0.0	1.2	1.1	1.3	1.5	0.0	0.5	4.4	1.3	1.8	2.7	1.6	3.9	3.3	0.0
06-05	Salty biscuits, aperitif biscuits, crackers	1.8	0.8	1.8	0.1	2.3	1.6	3.2	2.0	1.5	0.5	0.2	2.8	2.3	2.0	0.3	3.3	1.3	0.0
06-06	Dough and pastry (puff, shortcrust, pizza)	0.5	0.4	0.8	0.0	0.5	0.4	0.8	0.3	1.0	0.2	0.0	0.6	0.4	0.6	0.1	1.1	0.4	0.0
07	Meat and meat products	10.5	26.9	0.2	43.2	16.8	17.1	20.7	9.6	14.9	6.4	27.2	16.8	9.3	0.6	0.5	0.8	1.3	0.0
07-01	Fresh meat	4.2	12.2	0.0	19.2	6.0	6.5	7.5	2.2	7.3	1.5	4.5	5.7	2.2	0.0	0.1	0.0	0.4	0.0
07-01-00	Unclassified	0.9	1.9	0.0	3.3	1.6	1.6	2.0	0.7	1.4	0.5	0.6	1.6	0.7	0.0	0.0	0.0	0.1	0.0
07-01-01	Beef	1.9	5.8	0.0	9.3	2.7	3.0	3.4	0.5	4.8	0.7	1.5	2.4	0.5	0.0	0.0	0.0	0.1	0.0
07-01-02	Veal	0.1	0.2	0.0	0.4	0.1	0.1	0.1	0.0	0.2	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0
07-01-03	Pork	1.1	3.8	0.0	5.6	1.4	1.4	1.7	0.8	0.2	0.2	2.2	1.4	0.9	0.0	0.0	0.0	0.1	0.0
07-01-04	Mutton/Lamb	0.2	0.4	0.0	0.6	0.3	0.4	0.3	0.1	0.7	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0
07-01-05	Horse	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-06	Goat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02	Poultry	1.5	5.5	0.1	8.6	1.6	1.3	1.5	1.8	1.4	1.0	12.1	1.6	1.7	0.0	0.0	0.1	0.0	0.0
07-02-00	Unclassified and other poultry	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-01	Chicken, hen	1.3	5.1	0.1	8.1	1.3	1.1	1.2	1.6	1.3	1.0	12.1	1.3	1.5	0.0	0.0	0.1	0.0	0.0
07-02-02	Turkey, young turkey	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-03	Duck	0.1	0.2	0.0	0.2	0.2	0.2	0.3	0.2	0.0	0.0	0.0	0.3	0.2	0.0	0.0	0.0	0.0	0.0
07-02-05	Rabbit (domestic)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-03	Game	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-04	Processed meat	4.8	9.2	0.2	15.3	9.2	9.2	11.7	5.6	6.2	3.9	10.6	9.5	5.4	0.6	0.4	0.7	0.9	0.0
07-05	Offals	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08	Fish and shellfish	1.6	5.3	0.2	8.5	2.0	1.3	2.1	2.7	0.5	1.4	29.5	2.3	1.0	0.3	0.0	0.5	0.1	0.1
08-01	Fish	1.2	4.0	0.1	6.5	1.6	1.0	1.9	2.3	0.3	1.2	21.2	2.0	0.8	0.1	0.0	0.2	0.0	0.0
08-02	Crustaceans, molluscs	0.1	0.6	0.0	1.1	0.1	0.1	0.0	0.1	0.0	0.0	4.7	0.1	0.0	0.0	0.0	0.0	0.0	0.0
08-03	Fish products, fish in crumbs	0.2	0.6	0.1	0.9	0.2	0.2	0.2	0.3	0.2	0.2	3.6	0.2	0.2	0.2	0.0	0.3	0.1	0.1
09	Eggs and egg products	0.7	1.6	0.0	2.7	1.3	1.1	1.6	0.6	0.0	0.1	10.1	1.2	0.6	0.1	0.0	0.2	0.0	0.0
09-01	Egg	0.7	1.6	0.0	2.7	1.3	1.1	1.6	0.6	0.0	0.1	10.1	1.2	0.6	0.1	0.0	0.2	0.0	0.0
10	Fat	6.6	0.1	0.1	0.0	19.3	13.8	20.9	29.5	16.4	27.8	4.5	24.2	31.1	0.1	0.1	0.1	0.0	0.0

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Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
10-00	Unclassified	0.7	0.0	0.0	0.0	1.9	1.2	2.2	3.2	1.4	1.9	0.0	2.5	3.7	0.0	0.0	0.0	0.0	0.0
10-01	Vegetable oils	1.7	0.0	0.0	0.0	5.0	2.1	7.6	6.2	0.3	3.5	4.1	7.4	6.9	0.0	0.0	0.0	0.0	0.0
10-02	Butter	0.8	0.0	0.0	0.0	2.2	3.5	1.7	0.5	5.1	0.8	0.0	1.3	0.2	0.0	0.0	0.0	0.0	0.0
10-03	Margarines	3.0	0.0	0.1	0.0	9.0	6.4	8.0	17.7	8.9	20.9	0.5	11.5	18.2	0.0	0.0	0.1	0.0	0.0
10-04	Deep frying fats	0.4	0.0	0.0	0.0	1.1	0.6	1.3	1.9	0.7	0.8	0.0	1.5	2.1	0.0	0.0	0.0	0.0	0.0
10-06	Other animal fat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	6.4	1.6	2.5	1.0	5.1	6.8	5.3	2.2	3.0	0.9	0.2	4.2	1.9	9.6	18.6	1.9	3.0	0.0
11-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-01	Sugar, honey ,jam	1.6	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.5	7.0	0.3	0.3	0.0
11-02	Chocolate, candy bars, paste, chocolate confetti	2.6	0.9	1.6	0.5	3.6	4.5	4.1	1.8	0.3	0.4	0.1	3.3	1.6	2.7	5.2	0.6	1.9	0.0
11-03	Confectionery non-chocolate	0.8	0.3	0.8	0.0	0.2	0.2	0.2	0.2	0.3	0.1	0.1	0.2	0.1	1.5	2.7	0.7	0.3	0.0
11-04	Syrup	0.4	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.8	1.8	0.0	0.2	0.0
11-05	Ice cream, water ice	1.0	0.4	0.1	0.5	1.3	2.2	1.0	0.2	2.4	0.4	0.0	0.7	0.2	1.0	1.8	0.3	0.4	0.0
11-05-01	Ice cream	0.9	0.3	0.1	0.5	1.3	2.2	1.0	0.2	2.4	0.4	0.0	0.7	0.2	0.9	1.7	0.3	0.3	0.0
11-05-02	Sorbet	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-05-03	Water ice	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0
12	Cakes	7.4	3.2	6.4	1.2	7.8	9.1	7.2	5.9	16.5	5.3	5.1	6.6	6.0	9.6	11.2	8.8	4.8	3.3
12-01	Cakes, pies, pastries, etc	4.7	2.2	4.1	1.0	5.0	5.9	4.4	3.6	12.5	3.6	3.2	4.0	3.7	5.9	7.1	5.2	2.8	3.0
12-02	Dry cakes, biscuits	2.8	1.1	2.3	0.2	2.8	3.2	2.8	2.2	4.0	1.8	1.9	2.6	2.3	3.7	4.1	3.6	1.9	0.4
13	Non-alcoholic beverages	4.8	2.2	5.2	0.5	0.7	1.2	0.4	0.3	0.5	0.5	0.0	0.3	0.2	9.1	18.0	0.8	2.4	0.0
13-00	Unclassified	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0
13-01	Fruit and vegetable juices	2.4	0.7	1.8	0.0	0.1	0.0	0.0	0.1	0.0	0.4	0.0	0.1	0.1	4.7	9.4	0.3	1.7	0.0
13-02	Carbonated/soft/isotonic drinks, diluted syrups	1.6	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.5	7.0	0.0	0.0	0.0
13-03	Coffee, tea and herbal teas	0.8	1.5	3.3	0.5	0.6	1.1	0.3	0.1	0.5	0.1	0.0	0.2	0.1	0.9	1.5	0.3	0.6	0.0
13-03-01	Coffee	0.8	1.5	3.3	0.5	0.6	1.1	0.3	0.1	0.5	0.1	0.0	0.2	0.1	0.8	1.3	0.3	0.6	0.0
13-03-02	Tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-03	Herbal tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.0	0.0	0.0
13-03-04	Chicory, substitutes	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-04	Waters	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14	Alcoholic beverages	5.7	0.6	1.5	0.0	0.1	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	2.8	3.2	2.2	1.6	96.6
14-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1
14-01	Wine	2.7	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.9	2.0	0.0	0.0	51.5

Group=Adults (19-69 years) - High Education (n=463)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
14-02	Fortified wines (sherry, port, vermouth)	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.6	0.0	0.0	5.6
14-03	Beer, cider	2.1	0.5	1.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.4	0.1	2.2	1.6	28.6
14-04	Spirits, brandy	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	6.8
14-05	Aniseed drinks (pastis,....)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1
14-06	Liqueurs	0.2	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.2	0.4	0.0	0.0	3.3
14-07	Cocktails, punches	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.6
15	Condiments and sauces	3.0	0.7	1.5	0.3	6.7	2.9	7.4	12.9	0.8	13.8	4.9	9.4	13.6	1.4	2.4	0.7	1.1	0.0
15-01	Sauces	2.9	0.6	1.2	0.2	6.5	2.7	7.3	12.7	0.8	13.7	4.8	9.3	13.5	1.3	2.2	0.6	0.9	0.0
15-01-00	Unclassified and other sauces	1.1	0.4	0.9	0.1	2.4	1.2	2.5	4.4	0.6	3.0	0.9	3.2	4.7	0.6	1.0	0.3	0.4	0.0
15-01-01	Tomato sauces	0.2	0.1	0.2	0.0	0.1	0.1	0.2	0.1	0.0	0.1	0.1	0.2	0.2	0.3	0.6	0.1	0.3	0.0
15-01-02	Dressing sauces	0.5	0.0	0.0	0.0	1.4	0.5	1.6	2.8	0.1	3.6	2.1	2.0	2.9	0.1	0.2	0.1	0.0	0.0
15-01-03	Mayonnaises and similars	1.0	0.1	0.0	0.1	2.6	0.9	3.0	5.4	0.1	7.0	1.7	3.9	5.7	0.2	0.3	0.0	0.1	0.0
15-01-04	Dessert sauces	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0
15-02	Yeast	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
15-04	Condiments	0.1	0.1	0.3	0.0	0.2	0.2	0.1	0.2	0.0	0.1	0.1	0.1	0.1	0.1	0.1	0.1	0.2	0.0
16	Soups, bouillon	1.0	1.3	1.4	1.2	1.1	1.1	1.0	1.0	3.5	0.6	2.2	1.0	1.1	1.0	0.7	1.2	1.7	0.0
16-01	Soups	1.0	1.3	1.4	1.2	1.1	1.0	1.0	1.0	3.5	0.6	2.2	1.0	1.0	0.9	0.7	1.2	1.7	0.0
16-02	Bouillon	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17	Miscellaneous	1.5	1.9	2.4	1.3	1.9	1.8	1.7	2.1	1.6	1.3	1.5	1.9	1.7	1.3	0.6	1.9	1.3	0.0
17-00	Unclassified	0.1	0.2	0.3	0.1	0.1	0.1	0.1	0.3	0.0	0.0	0.0	0.2	0.1	0.1	0.0	0.1	0.2	0.0
17-01	Soya products	0.2	0.5	0.9	0.1	0.3	0.1	0.2	0.7	0.1	0.6	1.1	0.4	0.8	0.1	0.2	0.1	0.4	0.0
17-02	Dietetic products	0.1	0.2	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.0	0.0
17-02-00	Unclassified	0.1	0.2	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.0	0.0
17-02-01	Artificial sweeteners	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-03	Snacks	1.1	1.1	1.2	1.1	1.4	1.7	1.5	1.0	1.5	0.6	0.4	1.3	0.8	1.0	0.2	1.6	0.6	0.0

Table 2.3.b Average contribution of food subgroups to the intake of macronutrients of the Dutch children and adults stratified by educational level and gender (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week

Group=Male Children (7-18 years) - Low Education (n=177)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01-01	Potatoes	5.2	3.5	8.6	0.1	2.0	2.7	1.7	1.9	1.0	4.8	0.1	1.7	1.5	7.9	0.2	15.4	12.5	0.0
01-02	Other tubers	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02	Vegetables	1.0	1.7	4.2	0.0	0.3	0.2	0.1	0.7	0.1	3.1	0.1	0.3	0.5	1.1	1.7	0.8	9.1	0.0
02-01	Leafy vegetables (except cabbages)	0.1	0.3	0.7	0.0	0.1	0.1	0.0	0.2	0.1	0.9	0.0	0.1	0.1	0.1	0.1	0.1	1.2	0.0
02-02	Fruiting vegetables	0.3	0.4	0.9	0.0	0.1	0.0	0.0	0.2	0.0	0.5	0.0	0.1	0.2	0.3	0.5	0.2	2.2	0.0
02-03	Root vegetables	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.3	0.0	0.9	0.0
02-04	Cabbages	0.2	0.4	1.0	0.0	0.1	0.0	0.0	0.2	0.0	1.3	0.0	0.1	0.1	0.2	0.2	0.1	1.8	0.0
02-05	Mushrooms	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0
02-06	Grain and pod vegetables	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.4	0.0
02-07	Onion, garlic	0.1	0.1	0.4	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.0	0.0	0.1	0.2	0.3	0.2	1.1	0.0
02-08	Stalk vegetables, sprouts	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02-09	Mixed salad, mixed vegetables	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	0.0	0.0	0.1	0.2	0.1	1.2	0.0
03	Legumes	0.1	0.3	0.7	0.0	0.0	0.0	0.0	0.1	0.0	0.5	0.0	0.0	0.0	0.2	0.1	0.3	1.0	0.0
03-01	Legumes	0.1	0.3	0.7	0.0	0.0	0.0	0.0	0.1	0.0	0.5	0.0	0.0	0.0	0.2	0.1	0.3	1.0	0.0
04	Fruits, nuts and olives	3.7	2.4	5.1	0.0	3.7	2.1	4.0	5.9	0.0	3.7	0.2	4.7	6.6	3.8	5.9	1.6	7.8	0.0
04-01	Fruits	1.9	0.5	1.3	0.0	0.2	0.1	0.0	0.4	0.0	1.1	0.0	0.2	0.3	3.3	5.5	1.0	5.8	0.0
04-02	Nuts and seeds (+nut spread)	1.7	1.9	3.9	0.0	3.5	2.0	3.9	5.6	0.0	2.5	0.2	4.5	6.2	0.5	0.3	0.6	1.9	0.0
04-03	Mixed fruits	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.1	0.0	
04-04	Olives	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
05	Dairy products	12.2	20.7	0.8	36.0	13.2	22.8	8.8	2.6	26.0	7.9	1.8	6.5	1.5	9.8	17.4	2.2	4.0	4.7
05-01	Milk	2.5	5.8	0.0	10.1	2.2	4.0	1.4	0.3	4.7	0.7	0.0	1.0	0.2	2.1	4.4	0.0	0.0	0.0
05-02	Milk beverages	1.6	2.1	0.5	3.1	0.9	1.4	0.6	0.2	1.1	0.3	1.0	0.5	0.1	1.9	3.4	0.3	2.7	0.0
05-03	Yoghurt	2.5	4.1	0.0	6.8	0.5	0.9	0.4	0.1	1.0	0.2	0.0	0.3	0.1	3.3	6.0	0.6	0.7	0.0
05-04	Fromage blanc, petits suisses	0.2	0.4	0.0	0.7	0.3	0.4	0.2	0.1	0.7	0.1	0.0	0.2	0.0	0.2	0.3	0.0	0.0	0.0
05-05	Cheese (including fresh cheeses)	3.3	6.7	0.0	12.2	7.1	12.2	4.7	1.5	14.3	5.4	0.0	3.5	0.8	0.0	0.1	0.0	0.0	0.0
05-06	Cream desserts, puddings (milk based)	1.8	1.5	0.2	2.8	1.6	2.7	1.0	0.4	1.9	1.0	0.8	0.8	0.2	2.1	3.0	1.2	0.5	4.7
05-07	Dairy and non-dairy creams	0.2	0.0	0.0	0.1	0.6	0.9	0.4	0.1	2.2	0.2	0.0	0.3	0.1	0.1	0.1	0.0	0.0	0.0
05-07-01	Dairy creams	0.2	0.0	0.0	0.1	0.6	0.9	0.4	0.1	2.2	0.2	0.0	0.3	0.1	0.1	0.1	0.0	0.0	0.0
05-07-02	Non-dairy creams	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Group=Male Children (7-18 years) - Low Education (n=177)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
05-08	Milk for coffee and creamers	0.1	0.1	0.0	0.1	0.1	0.2	0.0	0.0	0.2	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.0	0.0
06	Cereals and cereal products	23.4	24.2	57.6	0.7	12.0	7.5	14.2	14.7	7.4	11.3	2.0	14.4	16.2	31.0	3.8	57.9	43.5	0.0
06-01	Flour, flakes, starches, semolina	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0
06-02	Pasta, rice, other grain	2.6	2.3	5.5	0.3	0.5	0.2	0.1	0.8	0.6	0.7	0.0	0.4	0.8	4.1	0.2	7.3	2.8	0.0
06-03	Bread, crisp bread, rusks	14.8	18.4	44.3	0.3	4.0	2.5	3.3	7.5	3.6	9.3	0.6	4.7	8.1	21.0	2.8	39.3	33.9	0.0
06-03-01	Bread	14.5	18.1	43.6	0.3	3.9	2.3	3.2	7.4	3.1	9.2	0.6	4.6	7.9	20.6	2.7	38.5	33.3	0.0
06-03-02	Crispbread, rusks	0.3	0.3	0.7	0.0	0.1	0.1	0.1	0.2	0.5	0.1	0.0	0.1	0.2	0.4	0.1	0.8	0.6	0.0
06-04	Breakfast cereals	0.6	0.4	1.1	0.0	0.3	0.3	0.3	0.3	0.0	0.1	1.4	0.3	0.3	0.8	0.4	1.3	1.2	0.0
06-05	Salty biscuits, aperitif biscuits, crackers	4.6	2.1	4.8	0.2	6.5	4.1	9.3	5.7	2.5	0.9	0.1	8.1	6.6	4.0	0.4	7.9	4.5	0.0
06-06	Dough and pastry (puff, shortcrust, pizza)	0.9	0.8	2.0	0.0	0.7	0.4	1.1	0.4	0.7	0.3	0.0	0.9	0.5	1.1	0.1	2.0	1.1	0.0
07	Meat and meat products	11.6	30.4	0.3	50.9	20.2	21.1	24.1	11.9	16.4	7.8	37.9	19.8	10.4	1.0	0.6	1.5	2.8	0.0
07-01	Fresh meat	3.4	10.6	0.0	17.7	5.8	6.4	6.9	2.4	6.4	1.7	6.2	5.3	2.5	0.1	0.1	0.1	0.4	0.0
07-01-00	Unclassified	1.1	2.8	0.0	4.5	2.2	2.4	2.7	0.9	2.4	0.7	0.2	2.1	0.9	0.0	0.0	0.0	0.2	0.0
07-01-01	Beef	0.8	2.6	0.0	4.5	1.2	1.4	1.5	0.2	2.5	0.4	0.9	1.1	0.2	0.0	0.0	0.0	0.1	0.0
07-01-02	Veal	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-03	Pork	1.4	4.9	0.0	8.0	2.0	2.2	2.4	1.2	0.5	0.4	4.9	2.0	1.3	0.0	0.0	0.0	0.1	0.0
07-01-04	Mutton/Lamb	0.2	0.4	0.0	0.6	0.3	0.4	0.2	0.1	0.9	0.1	0.2	0.2	0.0	0.0	0.0	0.0	0.0	0.0
07-01-05	Horse	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-06	Goat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02	Poultry	1.1	4.6	0.0	7.6	1.1	0.8	1.0	1.4	1.2	1.0	13.2	1.1	1.4	0.0	0.0	0.0	0.0	0.0
07-02-00	Unclassified and other poultry	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-01	Chicken, hen	1.0	4.6	0.0	7.5	1.1	0.8	1.0	1.4	1.1	1.0	13.2	1.1	1.4	0.0	0.0	0.0	0.0	0.0
07-02-02	Turkey, young turkey	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-03	Duck	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-05	Rabbit (domestic)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-03	Game	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-04	Processed meat	7.1	15.1	0.3	25.7	13.4	13.9	16.2	8.1	8.8	5.1	18.4	13.3	6.5	0.9	0.5	1.4	2.4	0.0
07-05	Offals	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08	Fish and shellfish	0.5	1.7	0.3	2.5	0.5	0.3	0.4	0.7	0.4	0.4	11.3	0.5	0.3	0.2	0.0	0.4	0.2	0.0
08-01	Fish	0.0	0.2	0.0	0.3	0.1	0.0	0.1	0.1	0.0	0.1	2.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0
08-02	Crustaceans, molluscs	0.0	0.2	0.0	0.3	0.0	0.0	0.0	0.0	0.0	0.0	2.9	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08-03	Fish products, fish in crumbs	0.4	1.4	0.3	1.9	0.4	0.3	0.3	0.5	0.4	0.3	6.3	0.4	0.3	0.2	0.0	0.4	0.2	0.0

Group=Male Children (7-18 years) - Low Education (n=177)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
09	Eggs and egg products	0.5	1.3	0.0	2.2	0.8	0.7	0.9	0.3	0.0	0.0	11.4	0.7	0.3	0.1	0.0	0.1	0.0	0.0
09-01	Egg	0.5	1.3	0.0	2.2	0.8	0.7	0.9	0.3	0.0	0.0	11.4	0.7	0.3	0.1	0.0	0.1	0.0	0.0
10	Fat	6.5	0.1	0.1	0.0	18.9	14.0	17.2	33.4	17.7	33.7	9.7	23.0	35.1	0.0	0.0	0.0	0.0	0.0
10-00	Unclassified	1.0	0.0	0.0	0.0	2.7	2.1	2.7	4.1	2.2	2.3	0.0	3.2	4.6	0.0	0.0	0.0	0.0	0.0
10-01	Vegetable oils	1.0	0.0	0.0	0.0	2.9	1.2	2.5	6.6	0.5	5.2	8.5	4.2	7.0	0.0	0.0	0.0	0.0	0.0
10-02	Butter	0.3	0.0	0.0	0.0	0.9	1.4	0.7	0.2	2.0	0.4	0.0	0.5	0.1	0.0	0.0	0.0	0.0	0.0
10-03	Margarines	3.3	0.0	0.1	0.0	9.8	7.5	8.4	18.4	11.1	23.8	1.2	11.9	18.8	0.0	0.0	0.0	0.0	0.0
10-04	Deep frying fats	1.0	0.0	0.0	0.0	2.6	1.8	2.8	4.1	2.0	2.1	0.0	3.3	4.5	0.0	0.0	0.0	0.0	0.0
10-06	Other animal fat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	9.6	2.6	4.2	1.4	7.8	9.4	8.5	4.3	4.4	1.3	0.4	7.1	3.8	12.7	22.3	2.9	4.4	0.1
11-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-01	Sugar, honey ,jam	1.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.0	3.9	0.1	0.1	0.0
11-02	Chocolate, candy bars, paste, chocolate confetti	4.1	1.3	2.5	0.6	5.8	6.1	7.1	3.9	0.8	0.6	0.4	6.0	3.4	3.9	7.0	0.7	3.3	0.1
11-03	Confectionery non-chocolate	2.0	0.6	1.3	0.0	0.2	0.3	0.2	0.2	0.3	0.3	0.0	0.2	0.2	3.2	4.8	1.6	0.3	0.0
11-04	Syrup	1.2	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.3	4.4	0.1	0.1	0.0
11-05	Ice cream, water ice	1.3	0.5	0.2	0.8	1.7	3.1	1.2	0.3	3.4	0.4	0.0	0.9	0.2	1.3	2.1	0.5	0.7	0.0
11-05-01	Ice cream	1.2	0.5	0.2	0.8	1.7	3.1	1.2	0.2	3.4	0.4	0.0	0.9	0.2	1.1	1.7	0.5	0.6	0.0
11-05-02	Sorbet	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-05-03	Water ice	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.4	0.0	0.0	0.0
12	Cakes	9.2	5.4	9.6	2.2	9.9	12.0	9.1	7.0	18.6	6.8	12.6	8.3	6.9	9.9	9.3	11.2	7.4	20.0
12-01	Cakes, pies, pastries, etc	5.2	3.5	5.9	1.9	5.7	6.9	4.9	4.2	13.8	4.6	7.0	4.6	4.3	5.3	5.0	6.1	3.6	20.0
12-02	Dry cakes, biscuits	4.0	1.9	3.8	0.4	4.2	5.2	4.3	2.8	4.8	2.2	5.6	3.7	2.6	4.6	4.3	5.1	3.8	0.0
13	Non-alcoholic beverages	9.6	0.8	1.8	0.1	0.1	0.1	0.0	0.1	0.0	0.4	0.0	0.1	0.1	18.0	34.8	0.4	1.5	0.0
13-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-01	Fruit and vegetable juices	2.4	0.5	1.1	0.0	0.1	0.0	0.0	0.1	0.0	0.3	0.0	0.1	0.1	4.2	8.1	0.2	1.3	0.0
13-02	Carbonated/soft/isotonic drinks, diluted syrups	7.1	0.2	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	13.7	26.5	0.2	0.1	0.0
13-03	Coffee, tea and herbal teas	0.1	0.1	0.2	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.0	0.1	0.0
13-03-01	Coffee	0.1	0.1	0.2	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.0	0.1	0.0
13-03-02	Tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-03	Herbal tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-04	Chicory, substitutes	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-04	Waters	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Group=Male Children (7-18 years) - Low Education (n=177)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
14	Alcoholic beverages	0.6	0.2	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.5	0.3	0.6	0.6	75.2
14-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-01	Wine	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	4.9
14-02	Fortified wines (sherry, port, vermouth)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	24.8
14-03	Beer, cider	0.6	0.2	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.5	0.3	0.6	0.6	41.7
14-04	Spirits, brandy	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-05	Aniseed drinks (pastis,....)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.7
14-06	Liqueurs	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-07	Cocktails, punches	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
15	Condiments and sauces	3.4	1.1	2.4	0.2	6.9	3.2	7.6	12.9	0.8	15.5	5.6	9.4	13.4	1.6	2.8	0.8	1.6	0.0
15-01	Sauces	3.3	1.0	2.1	0.2	6.8	3.1	7.5	12.8	0.8	15.5	5.6	9.3	13.4	1.6	2.7	0.7	1.4	0.0
15-01-00	Unclassified and other sauces	1.4	0.7	1.7	0.1	2.9	1.7	3.0	5.1	0.7	3.7	0.5	3.8	5.5	0.7	1.3	0.3	0.9	0.0
15-01-01	Tomato sauces	0.4	0.2	0.4	0.0	0.1	0.1	0.2	0.2	0.0	0.2	0.7	0.2	0.3	0.6	1.1	0.2	0.4	0.0
15-01-02	Dressing sauces	0.5	0.0	0.0	0.0	1.1	0.4	1.4	2.2	0.0	3.4	4.0	1.6	2.2	0.1	0.1	0.1	0.0	0.0
15-01-03	Mayonnaises and similars	1.0	0.1	0.0	0.1	2.6	0.9	3.0	5.2	0.0	8.1	0.5	3.7	5.4	0.1	0.2	0.0	0.1	0.0
15-01-04	Dessert sauces	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
15-02	Yeast	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
15-04	Condiments	0.1	0.1	0.2	0.0	0.1	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.2	0.0
16	Soups, bouillon	0.7	1.0	1.2	0.9	0.8	0.8	0.7	0.9	2.6	0.6	2.4	0.7	0.9	0.6	0.4	0.8	1.7	0.0
16-01	Soups	0.7	1.0	1.2	0.9	0.8	0.8	0.7	0.9	2.6	0.6	2.4	0.7	0.9	0.6	0.4	0.8	1.7	0.0
16-02	Bouillon	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17	Miscellaneous	2.2	2.7	2.8	2.6	2.9	3.1	2.8	2.5	4.4	2.3	0.9	2.7	2.0	1.6	0.4	2.9	2.0	0.0
17-00	Unclassified	0.1	0.2	0.2	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.1	0.1	0.0
17-01	Soya products	0.0	0.1	0.2	0.0	0.1	0.0	0.1	0.2	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0
17-02	Dietetic products	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-02-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-02-01	Artificial sweeteners	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-03	Snacks	2.1	2.4	2.4	2.5	2.8	3.0	2.7	2.2	4.4	2.2	0.8	2.5	1.8	1.6	0.4	2.8	1.8	0.0

Group=Male Children (7-18 years) - Moderate Education (n=344)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01-01	Potatoes	5.0	3.2	8.3	0.1	2.1	2.6	1.8	2.1	1.2	4.9	0.1	1.8	1.6	7.3	0.2	15.0	12.2	0.0
01-02	Other tubers	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02	Vegetables	1.1	1.7	4.5	0.0	0.4	0.3	0.2	1.0	0.4	4.2	0.1	0.4	0.7	1.1	1.4	0.8	9.9	0.0
02-01	Leafy vegetables (except cabbages)	0.2	0.3	0.7	0.0	0.2	0.2	0.1	0.3	0.4	1.7	0.0	0.2	0.2	0.1	0.1	0.1	1.3	0.0
02-02	Fruiting vegetables	0.3	0.5	1.3	0.0	0.1	0.1	0.0	0.3	0.0	0.8	0.0	0.1	0.2	0.3	0.5	0.2	3.0	0.0
02-03	Root vegetables	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.2	0.3	0.1	1.3	0.0
02-04	Cabbages	0.2	0.4	0.9	0.0	0.1	0.0	0.0	0.2	0.0	1.2	0.0	0.1	0.0	0.1	0.2	0.1	1.8	0.0
02-05	Mushrooms	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0
02-06	Grain and pod vegetables	0.1	0.2	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.6	0.0
02-07	Onion, garlic	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.1	0.0	0.1	0.1	0.1	0.1	0.8	0.0
02-08	Stalk vegetables, sprouts	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02-09	Mixed salad, mixed vegetables	0.1	0.2	0.4	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.1	0.1	0.1	1.0	0.0
03	Legumes	0.1	0.2	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	0.0	0.0	0.1	0.0	0.2	0.6	0.0
03-01	Legumes	0.1	0.2	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	0.0	0.0	0.1	0.0	0.2	0.6	0.0
04	Fruits, nuts and olives	4.1	2.4	5.5	0.0	3.8	2.1	4.2	6.3	0.0	3.9	0.2	5.0	6.9	4.4	6.8	1.9	8.8	0.0
04-01	Fruits	2.3	0.6	1.5	0.0	0.2	0.1	0.0	0.4	0.0	1.4	0.0	0.2	0.4	3.9	6.4	1.3	6.9	0.0
04-02	Nuts and seeds (+nut spread)	1.8	1.8	4.0	0.0	3.6	1.9	4.2	5.9	0.0	2.5	0.2	4.8	6.5	0.5	0.3	0.6	1.8	0.0
04-03	Mixed fruits	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.1	0.0
04-04	Olives	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05	Dairy products	13.8	23.7	0.5	39.3	15.4	25.7	10.2	3.1	30.2	9.2	0.7	7.8	1.8	10.7	18.6	2.2	3.1	17.5
05-01	Milk	3.9	8.5	0.0	14.0	3.5	5.9	2.2	0.5	7.1	1.1	0.0	1.6	0.3	3.2	6.4	0.0	0.0	0.0
05-02	Milk beverages	1.1	1.4	0.3	2.3	0.7	1.1	0.5	0.1	0.8	0.2	0.2	0.3	0.1	1.3	2.3	0.2	1.6	0.0
05-03	Yoghurt	2.9	4.7	0.0	7.8	0.8	1.3	0.6	0.1	1.8	0.3	0.0	0.4	0.1	3.8	6.4	0.7	1.1	0.0
05-04	Fromage blanc, petits suisses	0.2	0.3	0.0	0.5	0.2	0.3	0.2	0.0	0.5	0.1	0.0	0.1	0.0	0.2	0.3	0.0	0.0	0.0
05-05	Cheese (including fresh cheeses)	3.6	7.1	0.0	11.9	8.1	13.5	5.4	1.8	15.8	6.3	0.0	4.1	1.0	0.0	0.0	0.0	0.0	0.0
05-06	Cream desserts, puddings (milk based)	1.8	1.5	0.1	2.4	1.5	2.6	1.0	0.3	2.0	1.1	0.5	0.8	0.2	2.1	2.9	1.3	0.4	17.5
05-07	Dairy and non-dairy creams	0.2	0.1	0.0	0.1	0.6	0.8	0.4	0.1	2.0	0.2	0.0	0.3	0.1	0.1	0.1	0.0	0.0	0.0
05-07-01	Dairy creams	0.2	0.1	0.0	0.1	0.6	0.8	0.4	0.1	2.0	0.2	0.0	0.3	0.1	0.1	0.1	0.0	0.0	0.0
05-07-02	Non-dairy creams	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05-08	Milk for coffee and creamers	0.1	0.1	0.0	0.2	0.1	0.2	0.0	0.0	0.2	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
06	Cereals and cereal products	22.6	23.6	58.7	0.6	10.5	6.5	12.3	14.7	5.3	11.0	3.0	13.0	15.8	29.9	4.0	58.4	44.0	0.0
06-01	Flour, flakes, starches, semolina	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0

Group=Male Children (7-18 years) - Moderate Education (n=344)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
06-02	Pasta, rice, other grain	2.3	2.3	5.3	0.3	0.4	0.2	0.2	0.7	0.2	0.5	0.0	0.3	0.8	3.5	0.1	6.9	2.9	0.0
06-03	Bread, crisp bread, rusks	14.9	18.3	46.1	0.1	4.1	2.4	3.3	8.4	2.9	9.4	2.0	5.0	8.8	20.8	2.8	40.8	34.9	0.0
06-03-01	Bread	14.4	17.8	45.0	0.1	3.9	2.1	3.1	8.1	2.4	9.2	2.0	4.8	8.5	20.1	2.6	39.6	33.9	0.0
06-03-02	Crispbread, rusks	0.5	0.4	1.2	0.0	0.3	0.3	0.2	0.3	0.6	0.2	0.0	0.2	0.3	0.7	0.2	1.3	0.9	0.0
06-04	Breakfast cereals	0.9	0.6	1.6	0.0	0.4	0.4	0.4	0.4	0.0	0.2	0.9	0.4	0.4	1.4	0.7	2.1	1.7	0.0
06-05	Salty biscuits, aperitif biscuits, crackers	3.5	1.6	3.7	0.2	5.1	3.3	7.3	4.7	2.1	0.7	0.1	6.4	5.3	3.1	0.3	6.2	3.4	0.0
06-06	Dough and pastry (puff, shortcrust, pizza)	0.9	0.7	1.9	0.0	0.6	0.3	1.1	0.4	0.2	0.3	0.0	0.9	0.5	1.1	0.1	2.2	1.1	0.0
07	Meat and meat products	10.9	29.3	0.4	47.5	19.6	19.9	23.4	11.5	16.8	7.6	40.6	19.3	10.1	0.8	0.4	1.3	2.5	0.0
07-01	Fresh meat	3.4	10.7	0.0	16.9	5.8	6.2	7.1	2.4	6.5	1.7	7.5	5.5	2.4	0.1	0.1	0.0	0.4	0.0
07-01-00	Unclassified	1.0	2.7	0.0	4.3	1.9	2.0	2.3	0.8	1.7	0.6	0.9	1.8	0.8	0.0	0.0	0.0	0.2	0.0
07-01-01	Beef	1.1	3.2	0.0	5.1	1.9	2.1	2.5	0.3	3.5	0.6	1.7	1.8	0.3	0.0	0.0	0.0	0.1	0.0
07-01-02	Veal	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-03	Pork	1.2	4.4	0.0	6.6	1.8	1.8	2.1	1.2	0.3	0.3	4.3	1.8	1.3	0.0	0.0	0.0	0.1	0.0
07-01-04	Mutton/Lamb	0.1	0.4	0.0	0.8	0.3	0.3	0.2	0.1	0.9	0.1	0.5	0.2	0.0	0.0	0.0	0.0	0.0	0.0
07-01-05	Horse	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-06	Goat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02	Poultry	1.0	4.5	0.0	7.0	1.0	0.8	0.8	1.2	1.0	0.8	13.5	0.9	1.1	0.0	0.0	0.0	0.0	0.0
07-02-00	Unclassified and other poultry	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-01	Chicken, hen	0.9	4.4	0.0	6.9	0.9	0.7	0.8	1.1	1.0	0.8	13.1	0.9	1.0	0.0	0.0	0.0	0.0	0.0
07-02-02	Turkey, young turkey	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-03	Duck	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-05	Rabbit (domestic)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-03	Game	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-04	Processed meat	6.5	14.1	0.4	23.5	12.8	13.0	15.4	7.9	9.2	5.1	19.6	12.8	6.6	0.8	0.4	1.3	2.0	0.0
07-05	Offals	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08	Fish and shellfish	0.5	1.7	0.1	2.9	0.6	0.4	0.6	0.8	0.3	0.6	11.0	0.6	0.4	0.1	0.0	0.2	0.1	0.0
08-01	Fish	0.3	1.1	0.0	1.8	0.4	0.3	0.4	0.6	0.1	0.5	6.8	0.5	0.4	0.0	0.0	0.0	0.0	0.0
08-02	Crustaceans, molluscs	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.7	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08-03	Fish products, fish in crumbs	0.2	0.6	0.1	1.0	0.1	0.1	0.1	0.2	0.2	0.1	3.4	0.1	0.1	0.1	0.0	0.2	0.1	0.0
09	Eggs and egg products	0.6	1.6	0.0	2.6	1.0	0.9	1.2	0.5	0.0	0.1	12.3	0.9	0.5	0.1	0.0	0.1	0.0	0.0
09-01	Egg	0.6	1.6	0.0	2.6	1.0	0.9	1.2	0.5	0.0	0.1	12.3	0.9	0.5	0.1	0.0	0.1	0.0	0.0
10	Fat	5.8	0.0	0.1	0.0	17.3	12.2	16.3	31.3	17.9	31.2	6.0	21.6	32.9	0.0	0.0	0.1	0.0	0.0

Group=Male Children (7-18 years) - Moderate Education (n=344)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
10-00	Unclassified	0.8	0.0	0.0	0.0	2.3	1.7	2.4	3.6	2.0	2.0	0.0	2.8	4.0	0.0	0.0	0.0	0.0	0.0
10-01	Vegetable oils	0.7	0.0	0.0	0.0	2.3	0.9	2.4	4.9	0.3	2.9	4.5	3.4	5.3	0.0	0.0	0.0	0.0	0.0
10-02	Butter	0.3	0.0	0.0	0.0	1.0	1.6	0.7	0.2	2.5	0.3	0.0	0.5	0.1	0.0	0.0	0.0	0.0	0.0
10-03	Margarines	3.1	0.0	0.1	0.0	9.5	6.8	8.3	18.7	11.5	24.3	1.5	11.9	19.0	0.0	0.0	0.1	0.0	0.0
10-04	Deep frying fats	0.8	0.0	0.0	0.0	2.3	1.2	2.5	4.0	1.6	1.7	0.0	3.1	4.5	0.0	0.0	0.0	0.0	0.0
10-06	Other animal fat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	11.6	3.0	4.8	1.9	9.7	11.7	10.7	5.6	5.2	1.7	0.1	8.9	4.9	15.0	25.0	3.8	5.4	1.8
11-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-01	Sugar, honey ,jam	1.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.2	4.0	0.1	0.1	0.0
11-02	Chocolate, candy bars, paste, chocolate confetti	5.1	1.7	3.0	0.8	7.2	7.8	8.8	4.8	0.8	0.7	0.1	7.4	4.3	4.9	8.5	0.9	3.9	1.8
11-03	Confectionery non-chocolate	2.1	0.6	1.4	0.1	0.4	0.5	0.3	0.5	0.8	0.5	0.0	0.4	0.3	3.5	4.7	2.1	0.4	0.0
11-04	Syrup	1.5	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.8	5.1	0.1	0.2	0.0
11-05	Ice cream, water ice	1.6	0.7	0.3	1.0	2.1	3.5	1.5	0.4	3.6	0.5	0.0	1.1	0.3	1.6	2.6	0.6	0.7	0.0
11-05-01	Ice cream	1.4	0.6	0.3	1.0	2.1	3.5	1.5	0.3	3.6	0.5	0.0	1.1	0.3	1.3	2.1	0.5	0.6	0.0
11-05-02	Sorbet	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-05-03	Water ice	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.5	0.0	0.1	0.0
12	Cakes	9.2	4.9	9.5	1.8	10.0	12.0	9.2	7.3	18.2	6.9	9.1	8.5	7.0	10.1	9.4	11.6	7.5	12.9
12-01	Cakes, pies, pastries, etc	4.5	2.9	5.2	1.4	5.1	6.0	4.3	4.1	12.4	4.4	4.9	4.2	4.2	4.8	4.3	5.6	3.6	12.9
12-02	Dry cakes, biscuits	4.7	2.1	4.4	0.4	4.9	6.0	4.8	3.2	5.8	2.6	4.3	4.2	2.9	5.4	5.1	6.0	3.9	0.0
13	Non-alcoholic beverages	9.2	0.6	1.5	0.1	0.1	0.1	0.0	0.1	0.0	0.3	0.0	0.1	0.1	17.0	31.3	0.4	1.2	0.0
13-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
13-01	Fruit and vegetable juices	2.3	0.4	1.0	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.1	4.1	7.5	0.2	1.0	0.0
13-02	Carbonated/soft/isotonic drinks, diluted syrups	6.8	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	12.8	23.6	0.2	0.1	0.0
13-03	Coffee, tea and herbal teas	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.1	0.0
13-03-01	Coffee	0.0	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0
13-03-02	Tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-03	Herbal tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-04	Chicory, substitutes	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-04	Waters	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14	Alcoholic beverages	0.4	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.1	0.4	0.3	67.8
14-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-01	Wine	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Group=Male Children (7-18 years) - Moderate Education (n=344)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol	
14-02	Fortified wines (sherry, port, vermouth)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	6.7
14-03	Beer, cider	0.3	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.1	0.4	0.3	0.3	54.8
14-04	Spirits, brandy	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-05	Aniseed drinks (pastis,....)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-06	Liqueurs	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-07	Cocktails, punches	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	6.3
15	Condiments and sauces	3.0	0.7	1.7	0.2	6.6	2.7	7.5	12.7	0.7	16.0	7.1	9.3	13.0	1.3	1.9	0.7	1.3	1.3	0.0
15-01	Sauces	2.9	0.6	1.5	0.2	6.5	2.7	7.4	12.6	0.7	16.0	7.0	9.2	12.9	1.2	1.8	0.6	1.1	1.1	0.0
15-01-00	Unclassified and other sauces	1.0	0.4	1.0	0.1	2.4	1.2	2.5	4.7	0.7	3.4	1.0	3.2	4.8	0.4	0.5	0.2	0.5	0.5	0.0
15-01-01	Tomato sauces	0.3	0.2	0.4	0.0	0.1	0.1	0.2	0.1	0.0	0.1	0.1	0.2	0.2	0.5	0.9	0.2	0.5	0.5	0.0
15-01-02	Dressing sauces	0.5	0.0	0.1	0.0	1.1	0.4	1.4	2.2	0.0	3.5	4.3	1.6	2.2	0.1	0.1	0.2	0.0	0.0	0.0
15-01-03	Mayonnaises and similars	1.1	0.1	0.0	0.1	2.9	1.0	3.4	5.6	0.1	8.9	1.5	4.2	5.7	0.2	0.2	0.1	0.1	0.1	0.0
15-01-04	Dessert sauces	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
15-02	Yeast	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
15-04	Condiments	0.1	0.1	0.2	0.0	0.1	0.1	0.0	0.1	0.0	0.0	0.0	0.1	0.0	0.1	0.1	0.1	0.1	0.2	0.0
16	Soups, bouillon	0.7	1.2	1.2	1.2	0.7	0.7	0.6	0.9	1.6	0.6	2.9	0.7	1.0	0.5	0.3	0.8	1.5	1.5	0.0
16-01	Soups	0.7	1.2	1.2	1.2	0.7	0.7	0.6	0.9	1.6	0.6	2.9	0.7	1.0	0.5	0.3	0.8	1.5	1.5	0.0
16-02	Bouillon	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17	Miscellaneous	1.7	2.1	2.5	1.8	2.1	2.3	1.9	2.0	2.3	1.6	0.9	2.0	1.6	1.3	0.5	2.1	1.8	1.8	0.0
17-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-01	Soya products	0.2	0.3	0.7	0.0	0.2	0.1	0.1	0.5	0.0	0.5	0.3	0.2	0.5	0.1	0.2	0.0	0.4	0.4	0.0
17-02	Dietetic products	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.1	0.1	0.0
17-02-00	Unclassified	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.1	0.1	0.0
17-02-01	Artificial sweeteners	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-03	Snacks	1.4	1.7	1.8	1.8	1.9	2.1	1.8	1.4	2.3	1.1	0.6	1.7	1.1	1.1	0.2	2.0	1.3	1.3	0.0

Group=Male Children (7-18 years) - High Education (n=298)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01-01	Potatoes	4.5	2.9	6.9	0.1	2.0	2.4	1.7	2.3	1.3	4.7	0.2	1.9	1.9	6.7	0.2	13.2	10.3	0.0
01-02	Other tubers	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02	Vegetables	1.1	1.9	4.9	0.0	0.4	0.3	0.1	1.1	0.1	4.4	0.4	0.5	0.8	1.1	1.5	0.8	10.2	0.0
02-01	Leafy vegetables (except cabbages)	0.1	0.2	0.7	0.0	0.1	0.1	0.0	0.2	0.1	1.0	0.0	0.1	0.1	0.1	0.1	0.1	1.1	0.0
02-02	Fruiting vegetables	0.4	0.5	1.2	0.0	0.1	0.1	0.0	0.4	0.0	1.0	0.0	0.1	0.4	0.4	0.6	0.2	2.8	0.0
02-03	Root vegetables	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.2	0.3	0.0	1.4	0.0
02-04	Cabbages	0.2	0.6	1.6	0.0	0.1	0.0	0.0	0.2	0.0	1.9	0.0	0.1	0.1	0.1	0.1	0.2	2.5	0.0
02-05	Mushrooms	0.0	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0
02-06	Grain and pod vegetables	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.3	0.0
02-07	Onion, garlic	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.3	0.0	0.1	0.1	0.2	0.1	0.9	0.0
02-08	Stalk vegetables, sprouts	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02-09	Mixed salad, mixed vegetables	0.1	0.2	0.4	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.1	0.1	0.1	0.9	0.0
03	Legumes	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	0.0	0.0	0.1	0.0	0.1	0.3	0.0
03-01	Legumes	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	0.0	0.0	0.1	0.0	0.1	0.3	0.0
04	Fruits, nuts and olives	4.8	3.0	6.5	0.0	5.6	3.0	6.2	9.7	0.0	5.3	0.3	7.4	10.6	4.4	6.6	2.0	8.8	0.0
04-01	Fruits	2.2	0.5	1.3	0.0	0.2	0.1	0.1	0.5	0.0	1.4	0.0	0.2	0.5	3.7	6.0	1.2	6.4	0.0
04-02	Nuts and seeds (+nut spread)	2.5	2.5	5.2	0.0	5.4	2.9	6.1	9.1	0.0	3.9	0.3	7.2	10.1	0.6	0.5	0.8	2.3	0.0
04-03	Mixed fruits	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0
04-04	Olives	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05	Dairy products	14.8	25.8	0.5	44.7	16.8	27.7	11.3	3.4	31.6	9.6	0.8	8.6	1.9	11.3	20.4	2.1	4.5	2.8
05-01	Milk	4.8	10.4	0.0	17.9	4.5	7.4	2.8	0.7	8.5	1.3	0.0	2.1	0.4	3.9	8.1	0.0	0.0	0.0
05-02	Milk beverages	1.2	1.5	0.3	2.2	0.7	1.1	0.5	0.1	0.7	0.2	0.2	0.4	0.1	1.4	2.5	0.2	1.8	0.0
05-03	Yoghurt	2.7	4.8	0.0	8.5	0.8	1.4	0.6	0.2	1.7	0.2	0.0	0.4	0.1	3.3	5.9	0.6	2.2	0.0
05-04	Fromage blanc, petits suisses	0.2	0.3	0.0	0.6	0.2	0.3	0.2	0.0	0.5	0.1	0.0	0.1	0.0	0.2	0.4	0.1	0.0	0.0
05-05	Cheese (including fresh cheeses)	3.7	7.1	0.0	12.7	8.3	13.7	5.5	1.9	15.5	6.7	0.0	4.3	1.1	0.0	0.1	0.0	0.0	0.0
05-06	Cream desserts, puddings (milk based)	1.9	1.6	0.1	2.8	1.6	2.8	1.2	0.4	2.4	0.9	0.6	0.9	0.2	2.3	3.3	1.3	0.5	2.8
05-07	Dairy and non-dairy creams	0.2	0.1	0.0	0.1	0.6	0.9	0.4	0.1	2.3	0.2	0.0	0.3	0.1	0.1	0.1	0.0	0.0	0.0
05-07-01	Dairy creams	0.2	0.1	0.0	0.1	0.6	0.9	0.4	0.1	2.3	0.2	0.0	0.3	0.1	0.1	0.1	0.0	0.0	0.0
05-07-02	Non-dairy creams	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05-08	Milk for coffee and creamers	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
06	Cereals and cereal products	24.6	25.7	60.7	0.7	11.3	6.9	12.8	16.4	6.5	13.2	4.7	14.0	17.6	33.0	5.0	61.4	46.9	0.0
06-01	Flour, flakes, starches, semolina	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0

Group=Male Children (7-18 years) - High Education (n=298)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
06-02	Pasta, rice, other grain	2.7	2.5	5.5	0.4	0.4	0.2	0.2	0.9	0.5	0.6	0.0	0.4	0.9	4.2	0.1	7.9	3.0	0.0
06-03	Bread, crisp bread, rusks	16.4	20.0	47.8	0.1	4.9	2.8	4.0	9.9	3.3	11.4	2.0	6.0	10.4	22.7	3.4	42.7	37.2	0.0
06-03-01	Bread	15.8	19.5	46.7	0.1	4.6	2.5	3.7	9.6	2.4	11.2	2.0	5.7	10.0	22.0	3.2	41.4	36.5	0.0
06-03-02	Crispbread, rusks	0.5	0.4	1.1	0.0	0.3	0.3	0.3	0.3	0.9	0.2	0.0	0.3	0.3	0.7	0.1	1.2	0.7	0.0
06-04	Breakfast cereals	1.4	0.9	2.2	0.0	0.7	0.7	0.7	0.7	0.0	0.3	2.6	0.7	0.8	2.0	1.2	2.8	2.6	0.0
06-05	Salty biscuits, aperitif biscuits, crackers	3.3	1.6	3.4	0.2	4.6	2.9	6.7	4.4	2.0	0.6	0.1	5.9	4.9	3.1	0.3	5.8	3.0	0.0
06-06	Dough and pastry (puff, shortcrust, pizza)	0.9	0.7	1.8	0.0	0.7	0.4	1.2	0.5	0.8	0.4	0.0	1.0	0.6	1.1	0.1	2.0	1.0	0.0
07	Meat and meat products	9.7	25.0	0.3	42.1	17.4	17.6	21.2	10.0	15.9	7.2	34.1	17.4	9.1	0.8	0.4	1.2	1.9	0.0
07-01	Fresh meat	3.0	9.4	0.0	15.8	4.9	5.3	5.9	2.0	5.4	1.4	4.3	4.6	2.0	0.1	0.1	0.1	0.4	0.0
07-01-00	Unclassified	0.8	2.0	0.0	3.3	1.6	1.7	2.0	0.7	1.4	0.6	0.4	1.6	0.7	0.0	0.0	0.0	0.1	0.0
07-01-01	Beef	1.0	3.1	0.0	5.5	1.7	1.9	2.1	0.3	3.3	0.4	1.3	1.5	0.2	0.0	0.0	0.0	0.1	0.0
07-01-02	Veal	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-03	Pork	1.1	4.1	0.0	6.7	1.5	1.6	1.7	0.9	0.3	0.3	2.3	1.4	0.9	0.0	0.0	0.0	0.1	0.0
07-01-04	Mutton/Lamb	0.1	0.1	0.0	0.2	0.1	0.1	0.1	0.0	0.3	0.0	0.2	0.1	0.0	0.0	0.0	0.0	0.0	0.0
07-01-05	Horse	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-06	Goat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02	Poultry	0.7	3.6	0.0	6.0	0.6	0.5	0.5	0.7	0.6	0.4	10.3	0.6	0.7	0.0	0.0	0.0	0.0	0.0
07-02-00	Unclassified and other poultry	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-01	Chicken, hen	0.7	3.5	0.0	5.9	0.6	0.5	0.5	0.7	0.6	0.4	10.3	0.5	0.7	0.0	0.0	0.0	0.0	0.0
07-02-02	Turkey, young turkey	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-03	Duck	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-05	Rabbit (domestic)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-03	Game	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-04	Processed meat	6.0	12.0	0.3	20.2	12.0	11.9	14.8	7.3	9.9	5.4	19.5	12.2	6.5	0.7	0.3	1.1	1.5	0.0
07-05	Offals	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08	Fish and shellfish	0.6	2.2	0.1	3.8	0.6	0.4	0.6	0.9	0.2	0.5	15.8	0.7	0.3	0.1	0.0	0.2	0.1	0.0
08-01	Fish	0.4	1.4	0.0	2.5	0.4	0.3	0.5	0.6	0.1	0.3	8.8	0.5	0.2	0.0	0.0	0.0	0.0	0.0
08-02	Crustaceans, molluscs	0.1	0.5	0.0	0.8	0.1	0.1	0.1	0.1	0.0	0.0	3.8	0.1	0.0	0.0	0.0	0.0	0.0	0.0
08-03	Fish products, fish in crumbs	0.1	0.3	0.1	0.5	0.1	0.1	0.1	0.2	0.1	0.1	3.2	0.1	0.1	0.1	0.0	0.1	0.1	0.0
09	Eggs and egg products	0.4	1.2	0.0	2.2	0.8	0.7	0.9	0.4	0.0	0.0	8.7	0.7	0.4	0.0	0.0	0.1	0.0	0.0
09-01	Egg	0.4	1.2	0.0	2.2	0.8	0.7	0.9	0.4	0.0	0.0	8.7	0.7	0.4	0.0	0.0	0.1	0.0	0.0
10	Fat	5.8	0.1	0.1	0.1	17.6	13.1	17.0	28.9	17.8	29.1	8.1	21.3	29.2	0.1	0.0	0.1	0.0	0.0

Group=Male Children (7-18 years) - High Education (n=298)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
10-00	Unclassified	0.6	0.0	0.0	0.0	1.7	1.2	1.8	2.7	1.5	1.5	0.0	2.1	3.0	0.0	0.0	0.0	0.0	0.0
10-01	Vegetable oils	1.0	0.0	0.0	0.0	3.0	1.3	3.6	4.8	0.2	2.9	5.0	4.2	5.0	0.0	0.0	0.0	0.0	0.0
10-02	Butter	0.7	0.0	0.0	0.0	1.9	3.0	1.4	0.4	4.7	0.8	0.0	1.1	0.2	0.0	0.0	0.0	0.0	0.0
10-03	Margarines	3.0	0.0	0.1	0.0	9.3	6.7	8.2	17.7	10.3	22.5	3.0	11.5	17.5	0.0	0.0	0.1	0.0	0.0
10-04	Deep frying fats	0.6	0.0	0.0	0.0	1.8	0.9	1.9	3.2	1.2	1.4	0.0	2.4	3.5	0.0	0.0	0.0	0.0	0.0
10-06	Other animal fat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	10.3	2.7	4.2	1.7	8.3	10.1	9.2	4.8	4.4	1.8	0.6	7.6	4.1	13.6	23.6	3.2	4.5	0.0
11-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-01	Sugar, honey ,jam	1.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.8	3.3	0.2	0.2	0.0
11-02	Chocolate, candy bars, paste, chocolate confetti	4.2	1.3	2.3	0.7	6.0	6.7	7.3	3.9	0.7	0.7	0.5	6.1	3.5	4.0	7.3	0.7	2.9	0.0
11-03	Confectionery non-chocolate	2.0	0.7	1.5	0.1	0.5	0.5	0.5	0.5	0.5	0.6	0.1	0.5	0.4	3.2	4.7	1.7	0.6	0.0
11-04	Syrup	1.7	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.1	5.9	0.1	0.3	0.0
11-05	Ice cream, water ice	1.4	0.6	0.2	0.9	1.8	3.0	1.4	0.3	3.2	0.5	0.0	1.0	0.2	1.5	2.4	0.5	0.5	0.0
11-05-01	Ice cream	1.2	0.6	0.2	0.9	1.8	3.0	1.4	0.3	3.2	0.5	0.0	1.0	0.2	1.1	1.8	0.5	0.4	0.0
11-05-02	Sorbet	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
11-05-03	Water ice	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.5	0.0	0.1	0.0
12	Cakes	8.8	4.4	8.2	1.5	9.6	11.4	9.1	7.3	16.5	6.7	7.9	8.3	7.0	9.9	9.9	10.5	6.6	4.4
12-01	Cakes, pies, pastries, etc	3.9	2.2	3.9	1.1	4.4	5.2	4.0	3.6	11.0	3.9	3.6	3.8	3.6	4.2	4.1	4.4	2.7	4.4
12-02	Dry cakes, biscuits	4.9	2.2	4.3	0.4	5.1	6.2	5.1	3.7	5.5	2.8	4.3	4.6	3.3	5.7	5.8	6.1	3.8	0.0
13	Non-alcoholic beverages	8.1	0.7	1.5	0.1	0.1	0.1	0.0	0.1	0.0	0.3	0.0	0.1	0.1	15.2	29.3	0.4	1.3	0.0
13-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-01	Fruit and vegetable juices	2.3	0.5	1.1	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.1	4.0	7.7	0.2	1.2	0.0
13-02	Carbonated/soft/isotonic drinks, diluted syrups	5.8	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	11.1	21.4	0.2	0.1	0.0
13-03	Coffee, tea and herbal teas	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.0	0.0	0.0
13-03-01	Coffee	0.0	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-02	Tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
13-03-03	Herbal tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-04	Chicory, substitutes	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-04	Waters	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14	Alcoholic beverages	1.0	0.3	0.7	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.6	0.1	1.0	0.8	92.8
14-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-01	Wine	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	13.7

Group=Male Children (7-18 years) - High Education (n=298)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol	
14-02	Fortified wines (sherry, port, vermouth)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	5.8
14-03	Beer, cider	0.9	0.3	0.7	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.6	0.0	1.0	0.8	61.8	
14-04	Spirits, brandy	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.2
14-05	Aniseed drinks (pastis,....)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-06	Liqueurs	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	8.6
14-07	Cocktails, punches	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.8
15	Condiments and sauces	2.9	0.8	1.6	0.3	6.3	2.8	7.1	12.0	0.7	14.4	9.4	8.8	12.2	1.3	2.0	0.7	1.1	0.0	
15-01	Sauces	2.8	0.7	1.4	0.3	6.2	2.7	7.1	11.9	0.7	14.3	9.3	8.7	12.1	1.3	1.9	0.6	0.9	0.0	
15-01-00	Unclassified and other sauces	1.0	0.5	1.0	0.1	2.1	1.2	2.3	3.8	0.6	2.8	1.3	2.8	3.9	0.5	0.7	0.3	0.5	0.0	
15-01-01	Tomato sauces	0.3	0.1	0.3	0.0	0.1	0.1	0.1	0.2	0.0	0.1	0.3	0.1	0.2	0.4	0.7	0.1	0.3	0.0	
15-01-02	Dressing sauces	0.4	0.0	0.0	0.0	1.1	0.4	1.3	2.1	0.0	3.1	5.6	1.6	2.2	0.1	0.1	0.1	0.0	0.0	
15-01-03	Mayonnaises and similars	1.1	0.1	0.0	0.1	2.9	1.0	3.3	5.8	0.1	8.3	2.2	4.2	5.8	0.2	0.3	0.1	0.1	0.0	
15-01-04	Dessert sauces	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	
15-02	Yeast	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
15-04	Condiments	0.1	0.1	0.1	0.0	0.1	0.1	0.0	0.1	0.0	0.0	0.1	0.0	0.1	0.1	0.1	0.1	0.1	0.0	
16	Soups, bouillon	0.4	0.6	0.7	0.6	0.4	0.4	0.4	0.4	1.3	0.3	2.2	0.4	0.4	0.3	0.2	0.5	0.9	0.0	
16-01	Soups	0.4	0.6	0.7	0.6	0.4	0.4	0.4	0.4	1.3	0.3	2.2	0.4	0.4	0.3	0.2	0.5	0.9	0.0	
16-02	Bouillon	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
17	Miscellaneous	2.0	2.5	2.9	2.1	2.6	2.9	2.3	2.4	3.5	2.2	2.2	2.4	2.1	1.6	0.6	2.6	1.7	0.0	
17-00	Unclassified	0.0	0.1	0.2	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	
17-01	Soya products	0.2	0.5	0.8	0.1	0.3	0.1	0.2	0.6	0.0	0.6	1.0	0.3	0.7	0.2	0.2	0.1	0.3	0.0	
17-02	Dietetic products	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
17-02-00	Unclassified	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
17-02-01	Artificial sweeteners	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
17-03	Snacks	1.7	1.9	2.0	2.0	2.3	2.8	2.1	1.7	3.5	1.6	1.3	2.0	1.4	1.4	0.3	2.5	1.2	0.0	

Group=Female Children (7-18 years) - Low Education (n=171)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01-01	Potatoes	5.4	3.5	9.3	0.0	2.3	3.0	2.0	2.3	0.9	4.9	0.0	2.1	1.9	7.9	0.2	16.6	13.7	0.0
01-02	Other tubers	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02	Vegetables	1.0	1.7	4.5	0.1	0.4	0.3	0.2	0.9	0.1	3.9	0.1	0.4	0.6	1.0	1.2	0.8	9.2	0.0
02-01	Leafy vegetables (except cabbages)	0.1	0.3	0.7	0.0	0.1	0.1	0.0	0.2	0.1	1.0	0.0	0.1	0.1	0.1	0.1	0.1	1.2	0.0
02-02	Fruiting vegetables	0.3	0.4	1.1	0.0	0.1	0.1	0.0	0.3	0.0	0.7	0.0	0.1	0.2	0.3	0.5	0.2	2.6	0.0
02-03	Root vegetables	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.0	0.8	0.0
02-04	Cabbages	0.2	0.5	1.3	0.0	0.1	0.0	0.0	0.3	0.0	1.8	0.0	0.1	0.1	0.2	0.2	0.2	2.3	0.0
02-05	Mushrooms	0.0	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.0
02-06	Grain and pod vegetables	0.1	0.1	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.5	0.0
02-07	Onion, garlic	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.1	0.0	0.1	0.1	0.1	0.1	0.7	0.0
02-08	Stalk vegetables, sprouts	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02-09	Mixed salad, mixed vegetables	0.1	0.2	0.4	0.1	0.1	0.1	0.1	0.1	0.0	0.2	0.0	0.1	0.1	0.1	0.2	0.1	0.8	0.0
03	Legumes	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	0.0	0.0	0.1	0.0	0.1	0.4	0.0
03-01	Legumes	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	0.0	0.0	0.1	0.0	0.1	0.4	0.0
04	Fruits, nuts and olives	3.6	1.9	4.6	0.0	2.7	1.5	2.9	4.7	0.0	3.3	0.6	3.5	5.4	4.4	6.7	1.9	9.0	0.0
04-01	Fruits	2.4	0.7	1.7	0.0	0.2	0.1	0.1	0.5	0.0	1.6	0.0	0.2	0.5	4.0	6.3	1.4	7.5	0.0
04-02	Nuts and seeds (+nut spread)	1.1	1.2	2.9	0.0	2.5	1.3	2.8	4.2	0.0	1.7	0.6	3.3	4.9	0.3	0.2	0.4	1.3	0.0
04-03	Mixed fruits	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.0	0.2	0.0
04-04	Olives	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05	Dairy products	13.1	23.1	0.7	38.3	14.4	24.0	9.6	2.9	28.7	8.2	0.4	7.3	1.7	10.2	17.7	2.0	4.8	0.0
05-01	Milk	3.2	7.4	0.0	12.4	2.8	4.7	1.7	0.4	5.5	0.7	0.0	1.3	0.3	2.6	5.0	0.0	0.0	0.0
05-02	Milk beverages	2.0	2.6	0.6	4.1	1.1	1.8	0.8	0.2	2.0	0.3	0.2	0.6	0.2	2.4	4.2	0.3	2.6	0.0
05-03	Yoghurt	2.7	4.7	0.0	7.5	0.7	1.1	0.5	0.1	1.5	0.2	0.0	0.3	0.1	3.4	5.9	0.7	1.7	0.0
05-04	Fromage blanc, petits suisses	0.1	0.3	0.0	0.4	0.1	0.2	0.1	0.0	0.3	0.1	0.0	0.1	0.0	0.1	0.2	0.0	0.0	0.0
05-05	Cheese (including fresh cheeses)	3.6	6.9	0.0	11.9	8.0	13.5	5.3	1.7	15.8	5.9	0.0	4.1	1.0	0.0	0.1	0.0	0.0	0.0
05-06	Cream desserts, puddings (milk based)	1.3	1.1	0.1	1.8	1.1	1.8	0.8	0.3	1.5	0.7	0.2	0.6	0.2	1.5	2.1	0.9	0.4	0.0
05-07	Dairy and non-dairy creams	0.2	0.0	0.0	0.1	0.5	0.8	0.4	0.1	2.0	0.2	0.0	0.3	0.1	0.0	0.1	0.0	0.0	0.0
05-07-01	Dairy creams	0.2	0.0	0.0	0.1	0.5	0.8	0.4	0.1	2.0	0.2	0.0	0.3	0.1	0.0	0.1	0.0	0.0	0.0
05-07-02	Non-dairy creams	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05-08	Milk for coffee and creamers	0.0	0.0	0.0	0.1	0.1	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
06	Cereals and cereal products	21.7	22.9	57.6	0.3	10.5	6.6	12.5	13.8	6.7	11.2	2.4	12.8	15.1	28.9	4.2	57.0	41.6	0.0
06-01	Flour, flakes, starches, semolina	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Group=Female Children (7-18 years) - Low Education (n=171)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
06-02	Pasta, rice, other grain	1.6	1.5	3.7	0.1	0.2	0.1	0.1	0.5	0.0	0.3	0.0	0.2	0.6	2.5	0.1	5.2	1.8	0.0
06-03	Bread, crisp bread, rusks	14.5	18.3	46.3	0.1	4.1	2.4	3.5	8.0	4.0	9.9	1.3	5.0	8.6	20.4	2.7	41.1	33.6	0.0
06-03-01	Bread	13.7	17.5	44.3	0.1	3.7	2.0	3.2	7.5	2.7	9.5	1.3	4.6	8.1	19.3	2.5	38.9	31.9	0.0
06-03-02	Crispbread, rusks	0.9	0.8	2.0	0.0	0.4	0.4	0.3	0.5	1.3	0.3	0.0	0.4	0.5	1.2	0.2	2.2	1.7	0.0
06-04	Breakfast cereals	1.2	0.8	2.0	0.0	0.4	0.4	0.4	0.6	0.0	0.2	1.1	0.5	0.6	1.7	1.1	2.6	1.8	0.0
06-05	Salty biscuits, aperitif biscuits, crackers	4.0	1.9	4.3	0.1	5.4	3.6	7.8	4.4	2.5	0.8	0.1	6.6	5.0	3.6	0.3	6.9	3.8	0.0
06-06	Dough and pastry (puff, shortcrust, pizza)	0.5	0.5	1.1	0.0	0.3	0.1	0.6	0.3	0.1	0.1	0.0	0.5	0.3	0.6	0.0	1.2	0.6	0.0
07	Meat and meat products	11.2	30.0	0.5	48.9	19.4	19.4	23.4	12.0	16.1	7.9	36.1	19.5	10.6	1.0	0.5	1.6	2.7	0.0
07-01	Fresh meat	3.0	10.5	0.0	16.7	4.8	5.2	6.0	1.8	5.3	1.4	4.8	4.6	1.8	0.0	0.0	0.0	0.4	0.0
07-01-00	Unclassified	1.1	3.0	0.0	5.0	2.0	2.2	2.5	0.8	2.0	0.7	0.1	1.9	0.9	0.0	0.0	0.0	0.2	0.0
07-01-01	Beef	1.1	3.9	0.0	6.1	1.7	1.8	2.2	0.4	2.9	0.5	1.6	1.6	0.3	0.0	0.0	0.0	0.1	0.0
07-01-02	Veal	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-03	Pork	0.8	3.4	0.0	5.2	1.0	1.0	1.2	0.5	0.2	0.1	2.9	0.9	0.6	0.0	0.0	0.0	0.0	0.0
07-01-04	Mutton/Lamb	0.0	0.1	0.0	0.1	0.1	0.1	0.1	0.0	0.2	0.1	0.2	0.1	0.0	0.0	0.0	0.0	0.0	0.0
07-01-05	Horse	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-06	Goat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02	Poultry	0.9	3.6	0.0	5.5	1.0	0.8	0.9	1.3	1.0	0.8	11.4	1.0	1.3	0.0	0.0	0.0	0.0	0.0
07-02-00	Unclassified and other poultry	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-01	Chicken, hen	0.9	3.6	0.0	5.5	1.0	0.8	0.9	1.3	1.0	0.8	11.4	1.0	1.3	0.0	0.0	0.0	0.0	0.0
07-02-02	Turkey, young turkey	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-03	Duck	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-05	Rabbit (domestic)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-03	Game	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-04	Processed meat	7.3	15.9	0.5	26.7	13.5	13.4	16.5	8.9	9.8	5.7	19.9	13.9	7.5	0.9	0.4	1.5	2.3	0.0
07-05	Offals	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08	Fish and shellfish	0.6	1.9	0.2	3.0	0.7	0.4	0.7	0.9	0.2	0.5	13.2	0.8	0.2	0.1	0.0	0.3	0.1	0.0
08-01	Fish	0.3	1.1	0.0	1.7	0.5	0.3	0.6	0.6	0.0	0.4	7.5	0.6	0.1	0.0	0.0	0.0	0.0	0.0
08-02	Crustaceans, molluscs	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	1.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08-03	Fish products, fish in crumbs	0.2	0.8	0.2	1.2	0.2	0.1	0.1	0.3	0.2	0.2	4.6	0.2	0.1	0.1	0.0	0.3	0.1	0.0
09	Eggs and egg products	0.5	1.4	0.0	2.3	0.9	0.8	1.0	0.4	0.0	0.0	10.8	0.8	0.4	0.1	0.0	0.1	0.0	0.0
09-01	Egg	0.5	1.4	0.0	2.3	0.9	0.8	1.0	0.4	0.0	0.0	10.8	0.8	0.4	0.1	0.0	0.1	0.0	0.0
10	Fat	6.0	0.0	0.1	0.0	17.8	13.2	16.4	31.0	18.3	29.3	7.2	21.6	32.7	0.0	0.0	0.0	0.0	0.0

Group=Female Children (7-18 years) - Low Education (n=171)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
10-00	Unclassified	0.9	0.0	0.0	0.0	2.6	1.8	2.7	4.2	1.9	2.3	0.0	3.2	4.6	0.0	0.0	0.0	0.0	0.0
10-01	Vegetable oils	0.6	0.0	0.0	0.0	1.9	0.8	1.8	4.2	0.3	2.6	4.5	2.7	4.5	0.0	0.0	0.0	0.0	0.0
10-02	Butter	0.4	0.0	0.0	0.0	1.2	1.8	0.9	0.2	2.8	0.5	0.0	0.7	0.1	0.0	0.0	0.0	0.0	0.0
10-03	Margarines	2.9	0.0	0.1	0.0	9.0	6.7	7.6	17.2	10.4	21.4	2.8	11.0	17.7	0.0	0.0	0.0	0.0	0.0
10-04	Deep frying fats	1.1	0.0	0.0	0.0	3.2	2.1	3.3	5.1	2.7	2.5	0.0	4.0	5.7	0.0	0.0	0.0	0.0	0.0
10-06	Other animal fat	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.0	0.2	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	11.6	3.3	5.0	2.1	9.3	11.6	9.8	5.0	5.3	2.4	0.9	8.2	4.4	15.2	25.0	3.7	5.9	0.0
11-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-01	Sugar, honey ,jam	1.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.0	3.7	0.1	0.1	0.0
11-02	Chocolate, candy bars, paste, chocolate confetti	4.7	1.8	3.2	0.8	6.4	7.5	7.4	4.2	0.6	1.2	0.9	6.3	3.8	4.5	7.5	1.0	4.3	0.0
11-03	Confectionery non-chocolate	2.4	0.6	1.3	0.1	0.4	0.3	0.5	0.4	0.5	0.6	0.0	0.4	0.3	4.0	6.0	1.9	0.4	0.0
11-04	Syrup	1.5	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.7	4.8	0.1	0.3	0.0
11-05	Ice cream, water ice	1.9	0.8	0.4	1.1	2.5	3.8	1.9	0.5	4.2	0.7	0.0	1.5	0.3	1.9	3.0	0.6	0.9	0.0
11-05-01	Ice cream	1.6	0.7	0.3	1.1	2.5	3.8	1.9	0.4	4.2	0.7	0.0	1.4	0.3	1.4	2.2	0.5	0.8	0.0
11-05-02	Sorbet	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
11-05-03	Water ice	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.4	0.7	0.1	0.1	0.0
12	Cakes	9.4	5.4	10.2	1.8	10.5	12.4	9.6	8.0	15.8	6.2	8.0	9.0	8.1	10.1	9.6	11.3	7.4	17.0
12-01	Cakes, pies, pastries, etc	4.1	2.8	4.8	1.5	4.8	5.6	4.1	3.9	10.1	3.9	3.6	4.0	4.1	4.0	3.6	4.7	2.8	17.0
12-02	Dry cakes, biscuits	5.4	2.6	5.4	0.3	5.6	6.8	5.5	4.1	5.7	2.3	4.4	5.0	4.0	6.1	6.0	6.6	4.6	0.0
13	Non-alcoholic beverages	9.5	0.8	1.9	0.2	0.1	0.1	0.1	0.2	0.1	0.4	0.0	0.1	0.1	17.5	31.9	0.5	1.6	0.0
13-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.0	0.0
13-01	Fruit and vegetable juices	2.6	0.6	1.4	0.0	0.1	0.0	0.0	0.1	0.0	0.3	0.0	0.1	0.1	4.7	8.5	0.2	1.5	0.0
13-02	Carbonated/soft/isotonic drinks, diluted syrups	6.8	0.2	0.3	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	12.7	23.3	0.2	0.1	0.0
13-03	Coffee, tea and herbal teas	0.1	0.1	0.1	0.1	0.0	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.1	0.0
13-03-01	Coffee	0.1	0.1	0.1	0.1	0.0	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.1	0.0
13-03-02	Tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-03	Herbal tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-04	Chicory, substitutes	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-04	Waters	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14	Alcoholic beverages	0.3	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.3	0.1	0.1	83.0
14-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-01	Wine	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Group=Female Children (7-18 years) - Low Education (n=171)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol	
14-02	Fortified wines (sherry, port, vermouth)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-03	Beer, cider	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.1	15.3	
14-04	Spirits, brandy	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	23.6	
14-05	Aniseed drinks (pastis,....)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
14-06	Liqueurs	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	30.1	
14-07	Cocktails, punches	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	13.9	
15	Condiments and sauces	3.5	0.7	1.5	0.3	7.8	3.5	8.9	15.1	1.1	19.9	13.4	11.0	16.0	1.4	2.0	0.9	1.0	0.0	
15-01	Sauces	3.5	0.7	1.4	0.3	7.8	3.4	8.9	15.1	1.1	19.9	13.4	11.0	16.0	1.4	2.0	0.8	1.0	0.0	
15-01-00	Unclassified and other sauces	1.2	0.5	1.0	0.1	2.7	1.7	2.9	5.0	1.0	4.0	2.6	3.6	5.5	0.5	0.7	0.3	0.5	0.0	
15-01-01	Tomato sauces	0.2	0.1	0.2	0.0	0.1	0.0	0.1	0.1	0.0	0.1	0.6	0.1	0.2	0.3	0.6	0.1	0.2	0.0	
15-01-02	Dressing sauces	0.7	0.0	0.1	0.0	1.6	0.6	2.0	3.2	0.0	5.4	9.0	2.4	3.2	0.2	0.2	0.2	0.1	0.0	
15-01-03	Mayonnaises and similars	1.3	0.1	0.1	0.1	3.4	1.1	3.9	6.7	0.1	10.3	1.2	4.9	7.1	0.2	0.3	0.1	0.2	0.0	
15-01-04	Dessert sauces	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.0	0.0	0.0	
15-02	Yeast	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
15-04	Condiments	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	
16	Soups, bouillon	0.5	0.7	0.9	0.5	0.6	0.5	0.5	0.8	2.6	0.3	2.9	0.6	0.9	0.4	0.2	0.7	1.2	0.0	
16-01	Soups	0.5	0.7	0.9	0.5	0.6	0.5	0.5	0.8	2.6	0.3	2.9	0.6	0.8	0.4	0.2	0.7	1.2	0.0	
16-02	Bouillon	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
17	Miscellaneous	1.9	2.3	2.6	2.1	2.5	2.7	2.5	2.1	4.0	1.4	1.3	2.3	1.8	1.5	0.5	2.4	1.3	0.0	
17-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
17-01	Soya products	0.1	0.3	0.3	0.1	0.1	0.1	0.1	0.4	0.0	0.2	1.2	0.2	0.4	0.1	0.1	0.1	0.1	0.0	
17-02	Dietetic products	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
17-02-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
17-02-01	Artificial sweeteners	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
17-03	Snacks	1.8	2.0	2.3	2.0	2.4	2.7	2.4	1.7	4.0	1.2	0.1	2.2	1.4	1.4	0.4	2.4	1.2	0.0	

Group=Female Children (7-18 years) - Moderate Education (n=354)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01-01	Potatoes	4.8	3.1	7.9	0.1	1.9	2.3	1.6	2.1	1.0	4.6	0.2	1.7	1.7	7.2	0.2	14.6	11.2	0.0
01-02	Other tubers	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02	Vegetables	1.2	1.8	4.8	0.0	0.5	0.4	0.2	1.1	0.4	4.7	0.7	0.5	0.8	1.2	1.5	0.9	10.5	0.0
02-01	Leafy vegetables (except cabbages)	0.2	0.3	0.8	0.0	0.2	0.2	0.1	0.3	0.4	1.7	0.0	0.2	0.1	0.1	0.1	0.2	1.3	0.0
02-02	Fruiting vegetables	0.4	0.5	1.3	0.0	0.1	0.1	0.1	0.3	0.0	0.9	0.0	0.1	0.3	0.4	0.7	0.2	3.1	0.0
02-03	Root vegetables	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.2	0.3	0.0	1.1	0.0
02-04	Cabbages	0.2	0.5	1.3	0.0	0.1	0.1	0.0	0.2	0.0	1.5	0.0	0.1	0.1	0.2	0.2	0.2	2.5	0.0
02-05	Mushrooms	0.0	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0
02-06	Grain and pod vegetables	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.5	0.0
02-07	Onion, garlic	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.7	0.0	0.1	0.1	0.2	0.1	1.0	0.0
02-08	Stalk vegetables, sprouts	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02-09	Mixed salad, mixed vegetables	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	0.0	0.0	0.1	0.1	0.1	0.7	0.0
03	Legumes	0.1	0.3	0.7	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.1	0.1	0.3	0.9	0.0
03-01	Legumes	0.1	0.3	0.7	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.1	0.1	0.3	0.9	0.0
04	Fruits, nuts and olives	4.0	2.0	4.8	0.0	3.0	1.6	3.1	5.7	0.0	4.6	1.0	4.0	6.2	4.8	7.5	1.9	9.7	0.0
04-01	Fruits	2.7	0.7	1.8	0.0	0.2	0.1	0.1	0.6	0.0	1.7	0.0	0.3	0.6	4.4	7.2	1.5	8.2	0.0
04-02	Nuts and seeds (+nut spread)	1.3	1.3	3.0	0.0	2.8	1.4	3.1	5.0	0.0	2.8	1.0	3.8	5.6	0.3	0.2	0.4	1.3	0.0
04-03	Mixed fruits	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.1	0.0
04-04	Olives	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05	Dairy products	13.8	24.0	0.7	39.6	15.6	25.6	10.6	3.2	28.4	8.6	0.8	8.0	1.9	10.4	18.1	1.9	4.6	1.4
05-01	Milk	3.8	8.0	0.0	12.9	3.5	5.8	2.3	0.6	6.3	1.1	0.0	1.7	0.3	3.1	6.0	0.0	0.0	0.0
05-02	Milk beverages	1.7	2.4	0.5	3.6	1.0	1.7	0.7	0.2	1.2	0.3	0.1	0.5	0.1	2.0	3.5	0.3	2.6	0.0
05-03	Yoghurt	2.8	4.8	0.0	8.0	0.9	1.5	0.7	0.2	1.9	0.3	0.0	0.5	0.1	3.4	5.8	0.7	1.7	0.0
05-04	Fromage blanc, petits suisses	0.1	0.2	0.0	0.4	0.1	0.2	0.1	0.0	0.3	0.1	0.0	0.1	0.0	0.1	0.2	0.0	0.0	0.0
05-05	Cheese (including fresh cheeses)	3.7	7.3	0.0	12.6	8.2	13.6	5.5	1.8	15.2	6.1	0.0	4.2	1.1	0.0	0.1	0.0	0.0	0.0
05-06	Cream desserts, puddings (milk based)	1.3	1.2	0.2	1.9	1.1	1.8	0.8	0.3	1.4	0.6	0.7	0.6	0.2	1.6	2.3	0.9	0.3	1.4
05-07	Dairy and non-dairy creams	0.2	0.1	0.0	0.1	0.6	0.9	0.4	0.1	2.1	0.2	0.0	0.3	0.1	0.1	0.1	0.0	0.0	0.0
05-07-01	Dairy creams	0.2	0.1	0.0	0.1	0.6	0.9	0.4	0.1	2.1	0.2	0.0	0.3	0.1	0.1	0.1	0.0	0.0	0.0
05-07-02	Non-dairy creams	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05-08	Milk for coffee and creamers	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
06	Cereals and cereal products	22.8	23.6	58.2	0.5	11.0	7.0	12.4	15.4	7.0	11.7	4.3	13.4	16.9	30.3	4.5	57.6	41.9	0.0
06-01	Flour, flakes, starches, semolina	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0

Group=Female Children (7-18 years) - Moderate Education (n=354)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
06-02	Pasta, rice, other grain	2.0	2.0	4.5	0.2	0.3	0.1	0.1	0.7	0.2	0.4	0.0	0.3	0.7	3.1	0.1	6.1	2.4	0.0
06-03	Bread, crisp bread, rusks	15.2	18.4	45.8	0.1	4.8	2.9	4.0	9.8	4.0	10.0	2.4	5.9	10.5	21.2	3.2	40.4	33.3	0.0
06-03-01	Bread	14.3	17.5	43.7	0.1	4.3	2.3	3.5	9.2	2.6	9.7	2.4	5.4	10.0	20.0	3.0	38.2	31.7	0.0
06-03-02	Crispbread, rusks	0.9	0.8	2.1	0.0	0.6	0.6	0.5	0.5	1.4	0.3	0.0	0.5	0.5	1.2	0.3	2.2	1.6	0.0
06-04	Breakfast cereals	0.9	0.6	1.6	0.0	0.4	0.4	0.4	0.4	0.0	0.2	1.6	0.4	0.5	1.3	0.7	2.1	1.6	0.0
06-05	Salty biscuits, aperitif biscuits, crackers	3.3	1.7	3.8	0.1	4.4	3.1	6.2	3.8	2.0	0.7	0.2	5.4	4.4	3.1	0.3	6.2	3.2	0.0
06-06	Dough and pastry (puff, shortcrust, pizza)	1.2	1.0	2.5	0.0	1.0	0.5	1.6	0.6	0.8	0.4	0.0	1.3	0.7	1.5	0.1	2.8	1.4	0.0
07	Meat and meat products	10.8	28.8	0.4	47.6	19.4	19.5	23.2	11.7	15.9	7.8	38.2	19.3	10.8	0.9	0.5	1.3	2.1	0.0
07-01	Fresh meat	3.4	10.7	0.0	17.4	5.7	6.0	6.9	2.4	6.1	1.8	6.3	5.4	2.4	0.0	0.1	0.0	0.4	0.0
07-01-00	Unclassified	1.1	2.9	0.0	4.8	2.1	2.2	2.6	1.0	1.9	0.7	1.3	2.0	1.0	0.0	0.0	0.0	0.2	0.0
07-01-01	Beef	1.1	3.5	0.0	5.8	1.8	2.0	2.3	0.3	3.5	0.6	1.1	1.7	0.3	0.0	0.0	0.0	0.1	0.0
07-01-02	Veal	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-03	Pork	1.1	4.1	0.0	6.5	1.6	1.7	1.9	1.0	0.4	0.5	3.7	1.6	1.1	0.0	0.0	0.0	0.1	0.0
07-01-04	Mutton/Lamb	0.1	0.2	0.0	0.3	0.1	0.2	0.1	0.0	0.3	0.1	0.2	0.1	0.0	0.0	0.0	0.0	0.0	0.0
07-01-05	Horse	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-06	Goat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02	Poultry	1.1	4.8	0.0	7.6	1.2	0.9	1.1	1.5	1.3	1.0	13.3	1.2	1.4	0.0	0.0	0.0	0.0	0.0
07-02-00	Unclassified and other poultry	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-01	Chicken, hen	1.1	4.7	0.0	7.4	1.2	0.9	1.1	1.5	1.3	1.0	13.3	1.2	1.4	0.0	0.0	0.0	0.0	0.0
07-02-02	Turkey, young turkey	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-03	Duck	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-05	Rabbit (domestic)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-03	Game	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-04	Processed meat	6.3	13.4	0.3	22.6	12.5	12.5	15.2	7.8	8.6	5.0	18.6	12.6	7.0	0.8	0.4	1.3	1.7	0.0
07-05	Offals	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08	Fish and shellfish	0.4	1.4	0.1	2.3	0.4	0.2	0.4	0.7	0.2	0.5	10.6	0.5	0.4	0.1	0.0	0.1	0.0	0.0
08-01	Fish	0.2	0.7	0.0	1.2	0.3	0.2	0.3	0.6	0.1	0.4	6.3	0.4	0.4	0.0	0.0	0.0	0.0	0.0
08-02	Crustaceans, molluscs	0.0	0.2	0.0	0.3	0.0	0.0	0.0	0.0	0.0	0.0	1.6	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08-03	Fish products, fish in crumbs	0.1	0.5	0.1	0.8	0.1	0.1	0.1	0.1	0.1	0.1	2.7	0.1	0.1	0.0	0.0	0.1	0.0	0.0
09	Eggs and egg products	0.5	1.3	0.0	2.3	0.8	0.8	1.0	0.4	0.0	0.0	10.6	0.8	0.4	0.1	0.0	0.1	0.0	0.0
09-01	Egg	0.5	1.3	0.0	2.3	0.8	0.8	1.0	0.4	0.0	0.0	10.6	0.8	0.4	0.1	0.0	0.1	0.0	0.0
10	Fat	5.5	0.0	0.1	0.0	16.5	11.9	15.7	29.4	16.0	28.5	7.6	20.5	30.9	0.0	0.0	0.0	0.0	0.0

Group=Female Children (7-18 years) - Moderate Education (n=354)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
10-00	Unclassified	0.8	0.0	0.0	0.0	2.2	1.6	2.3	3.5	1.7	1.9	0.0	2.7	3.9	0.0	0.0	0.0	0.0	0.0
10-01	Vegetable oils	0.8	0.0	0.0	0.0	2.6	1.0	2.7	6.0	0.3	4.0	6.3	3.9	6.5	0.0	0.0	0.0	0.0	0.0
10-02	Butter	0.4	0.0	0.0	0.0	1.2	1.9	0.9	0.3	2.8	0.5	0.0	0.7	0.1	0.0	0.0	0.0	0.0	0.0
10-03	Margarines	2.8	0.0	0.0	0.0	8.6	6.3	7.8	16.3	9.8	20.7	1.3	10.7	16.7	0.0	0.0	0.0	0.0	0.0
10-04	Deep frying fats	0.7	0.0	0.0	0.0	1.8	1.0	1.9	3.2	1.2	1.4	0.0	2.4	3.7	0.0	0.0	0.0	0.0	0.0
10-06	Other animal fat	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	10.6	2.9	4.8	1.7	9.1	11.1	10.0	5.2	4.0	1.6	1.0	8.4	4.4	13.6	23.4	3.5	5.0	1.5
11-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-01	Sugar, honey ,jam	1.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.0	4.0	0.2	0.2	0.0
11-02	Chocolate, candy bars, paste, chocolate confetti	4.9	1.7	3.0	0.8	7.2	8.0	8.5	4.6	0.9	1.0	1.0	7.2	4.0	4.5	8.1	0.9	3.7	1.5
11-03	Confectionery non-chocolate	2.1	0.6	1.5	0.1	0.4	0.4	0.3	0.4	0.6	0.2	0.0	0.3	0.2	3.4	4.9	1.9	0.5	0.0
11-04	Syrup	1.2	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.3	4.2	0.0	0.2	0.0
11-05	Ice cream, water ice	1.3	0.5	0.2	0.8	1.6	2.6	1.2	0.3	2.5	0.4	0.0	0.9	0.2	1.4	2.1	0.5	0.5	0.0
11-05-01	Ice cream	1.1	0.5	0.2	0.8	1.6	2.6	1.2	0.2	2.5	0.4	0.0	0.9	0.2	1.1	1.6	0.5	0.5	0.0
11-05-02	Sorbet	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-05-03	Water ice	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.5	0.0	0.1	0.0
12	Cakes	10.6	5.9	11.0	2.3	11.3	13.1	10.7	8.4	20.4	8.0	10.2	9.8	8.0	11.8	11.4	13.1	8.5	16.7
12-01	Cakes, pies, pastries, etc	5.5	3.6	6.0	1.9	6.2	7.1	5.4	4.7	14.8	5.6	5.5	5.1	4.8	5.8	5.5	6.5	4.2	16.7
12-02	Dry cakes, biscuits	5.1	2.3	4.9	0.3	5.1	6.0	5.3	3.6	5.6	2.4	4.7	4.7	3.2	6.0	5.8	6.6	4.3	0.0
13	Non-alcoholic beverages	8.6	0.7	1.7	0.1	0.1	0.1	0.1	0.1	0.1	0.3	0.0	0.1	0.1	15.9	29.6	0.4	1.5	0.0
13-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-01	Fruit and vegetable juices	2.6	0.6	1.4	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.1	0.1	4.6	8.5	0.2	1.4	0.0
13-02	Carbonated/soft/isotonic drinks, diluted syrups	5.9	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	11.2	21.0	0.2	0.1	0.0
13-03	Coffee, tea and herbal teas	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
13-03-01	Coffee	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-02	Tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-03	Herbal tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-04	Chicory, substitutes	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-04	Waters	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14	Alcoholic beverages	0.8	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.6	0.7	0.4	0.3	80.4
14-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-01	Wine	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	13.7

Group=Female Children (7-18 years) - Moderate Education (n=354)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
14-02	Fortified wines (sherry, port, vermouth)	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	11.0
14-03	Beer, cider	0.4	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.1	0.4	0.3	23.1
14-04	Spirits, brandy	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.0
14-05	Aniseed drinks (pastis,....)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-06	Liqueurs	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.0	0.0	13.3
14-07	Cocktails, punches	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.0	0.0	17.3
15	Condiments and sauces	3.2	0.8	1.5	0.3	7.1	3.0	8.1	13.8	0.8	16.8	7.7	10.1	14.4	1.3	2.1	0.7	1.1	0.0
15-01	Sauces	3.1	0.7	1.4	0.2	7.1	2.9	8.1	13.7	0.8	16.8	7.6	10.1	14.4	1.2	2.0	0.6	0.9	0.0
15-01-00	Unclassified and other sauces	1.1	0.4	1.0	0.1	2.5	1.3	2.6	4.6	0.7	3.4	0.7	3.3	4.9	0.5	0.9	0.3	0.4	0.0
15-01-01	Tomato sauces	0.3	0.1	0.3	0.0	0.1	0.1	0.2	0.2	0.0	0.2	0.3	0.2	0.2	0.4	0.7	0.1	0.3	0.0
15-01-02	Dressing sauces	0.4	0.0	0.1	0.0	1.0	0.4	1.3	1.9	0.0	2.7	5.2	1.5	1.9	0.1	0.1	0.1	0.1	0.0
15-01-03	Mayonnaises and similars	1.3	0.1	0.0	0.1	3.5	1.2	4.1	7.0	0.1	10.5	1.4	5.1	7.4	0.2	0.3	0.1	0.1	0.0
15-01-04	Dessert sauces	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0
15-02	Yeast	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
15-04	Condiments	0.1	0.1	0.1	0.0	0.1	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.2	0.0
16	Soups, bouillon	0.6	1.1	0.9	1.3	0.7	0.7	0.6	0.7	2.5	0.6	4.5	0.6	0.7	0.4	0.2	0.6	1.2	0.0
16-01	Soups	0.6	1.1	0.9	1.3	0.7	0.7	0.6	0.7	2.5	0.6	4.5	0.6	0.7	0.4	0.2	0.6	1.2	0.0
16-02	Bouillon	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17	Miscellaneous	1.8	2.1	2.2	2.0	2.5	2.8	2.4	2.1	3.3	1.3	0.4	2.3	1.6	1.3	0.3	2.4	1.4	0.0
17-00	Unclassified	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-01	Soya products	0.1	0.1	0.2	0.0	0.1	0.0	0.1	0.2	0.0	0.1	0.1	0.1	0.1	0.0	0.1	0.0	0.1	0.0
17-02	Dietetic products	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.0
17-02-00	Unclassified	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.0
17-02-01	Artificial sweeteners	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-03	Snacks	1.7	1.9	1.9	2.0	2.4	2.7	2.3	1.8	3.3	1.2	0.3	2.1	1.4	1.2	0.3	2.3	1.1	0.0

Group=Female Children (7-18 years) - High Education (n=282)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01-01	Potatoes	4.3	2.6	6.6	0.1	1.8	2.1	1.5	2.1	1.4	4.7	0.3	1.7	1.7	6.4	0.2	12.6	9.3	0.0
01-02	Other tubers	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02	Vegetables	1.3	2.0	5.1	0.0	0.5	0.3	0.2	1.4	0.1	4.5	0.2	0.6	1.1	1.3	1.8	0.9	10.6	0.0
02-01	Leafy vegetables (except cabbages)	0.1	0.3	0.8	0.0	0.1	0.1	0.0	0.2	0.1	1.2	0.0	0.1	0.1	0.1	0.1	0.1	1.2	0.0
02-02	Fruiting vegetables	0.5	0.7	1.7	0.0	0.2	0.1	0.1	0.5	0.0	1.2	0.0	0.3	0.5	0.5	0.9	0.3	4.0	0.0
02-03	Root vegetables	0.2	0.1	0.3	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.2	0.3	0.1	1.4	0.0
02-04	Cabbages	0.2	0.4	1.1	0.0	0.1	0.0	0.0	0.2	0.0	1.4	0.0	0.1	0.1	0.1	0.1	0.1	1.8	0.0
02-05	Mushrooms	0.0	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0
02-06	Grain and pod vegetables	0.1	0.1	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.5	0.0
02-07	Onion, garlic	0.1	0.1	0.2	0.0	0.1	0.0	0.0	0.2	0.0	0.3	0.2	0.1	0.2	0.1	0.2	0.1	0.8	0.0
02-08	Stalk vegetables, sprouts	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02-09	Mixed salad, mixed vegetables	0.1	0.2	0.4	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.1	0.1	0.1	0.8	0.0
03	Legumes	0.1	0.2	0.4	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.1	0.0	0.2	0.6	0.0
03-01	Legumes	0.1	0.2	0.4	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.1	0.0	0.2	0.6	0.0
04	Fruits, nuts and olives	5.2	2.7	6.1	0.0	4.3	2.2	4.9	7.6	0.0	4.9	0.9	5.9	8.6	5.9	9.9	2.1	11.1	0.0
04-01	Fruits	3.2	0.8	2.0	0.0	0.3	0.2	0.1	0.7	0.0	1.9	0.0	0.3	0.6	5.4	9.3	1.6	9.1	0.0
04-02	Nuts and seeds (+nut spread)	1.8	1.8	3.9	0.0	3.9	2.0	4.6	6.7	0.0	2.9	0.6	5.4	7.8	0.3	0.3	0.4	1.6	0.0
04-03	Mixed fruits	0.1	0.1	0.1	0.0	0.1	0.0	0.1	0.2	0.0	0.1	0.2	0.1	0.2	0.2	0.4	0.0	0.4	0.0
04-04	Olives	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05	Dairy products	14.6	25.0	0.6	43.2	17.6	28.6	12.0	3.6	32.1	10.0	0.6	9.1	2.2	10.3	18.5	1.9	4.5	0.1
05-01	Milk	3.9	8.4	0.0	14.4	3.5	5.9	2.2	0.5	6.8	1.0	0.0	1.6	0.3	3.2	6.4	0.0	0.0	0.0
05-02	Milk beverages	1.5	1.9	0.5	2.9	0.9	1.5	0.7	0.2	1.2	0.3	0.2	0.5	0.1	1.8	3.2	0.3	2.3	0.0
05-03	Yoghurt	2.8	5.3	0.1	8.8	1.0	1.6	0.7	0.2	2.0	0.3	0.0	0.5	0.1	3.2	5.7	0.6	1.9	0.0
05-04	Fromage blanc, petits suisses	0.2	0.4	0.0	0.6	0.2	0.3	0.2	0.1	0.4	0.1	0.0	0.1	0.0	0.2	0.3	0.0	0.0	0.0
05-05	Cheese (including fresh cheeses)	4.3	7.8	0.0	14.2	9.7	15.8	6.7	2.2	17.7	7.3	0.0	5.1	1.3	0.0	0.1	0.0	0.0	0.0
05-06	Cream desserts, puddings (milk based)	1.5	1.2	0.1	2.0	1.3	2.2	0.9	0.3	1.4	0.8	0.4	0.7	0.2	1.8	2.5	1.1	0.3	0.1
05-07	Dairy and non-dairy creams	0.3	0.1	0.0	0.1	0.9	1.3	0.6	0.2	2.7	0.3	0.0	0.5	0.1	0.1	0.2	0.0	0.0	0.0
05-07-01	Dairy creams	0.3	0.1	0.0	0.1	0.9	1.3	0.6	0.2	2.7	0.3	0.0	0.5	0.1	0.1	0.2	0.0	0.0	0.0
05-07-02	Non-dairy creams	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05-08	Milk for coffee and creamers	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
06	Cereals and cereal products	24.6	25.2	60.0	0.7	11.3	6.9	12.6	17.1	6.4	14.2	4.8	14.1	18.6	33.1	5.1	61.9	44.8	0.0
06-01	Flour, flakes, starches, semolina	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0

Group=Female Children (7-18 years) - High Education (n=282)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
06-02	Pasta, rice, other grain	2.7	2.6	5.6	0.3	0.4	0.2	0.2	1.0	0.1	0.6	0.0	0.4	1.1	4.2	0.2	8.0	3.0	0.0
06-03	Bread, crisp bread, rusks	16.2	19.3	46.6	0.2	5.2	3.0	4.2	10.7	3.5	12.2	2.3	6.4	11.4	22.4	3.2	42.4	35.4	0.0
06-03-01	Bread	15.3	18.5	44.6	0.1	4.7	2.5	3.8	10.2	2.1	11.9	2.3	5.9	10.8	21.1	2.9	40.1	33.6	0.0
06-03-02	Crispbread, rusks	1.0	0.8	2.0	0.0	0.5	0.5	0.5	0.5	1.4	0.3	0.0	0.5	0.6	1.3	0.3	2.3	1.7	0.0
06-04	Breakfast cereals	1.8	1.1	2.7	0.0	0.8	0.8	0.8	1.0	0.0	0.3	2.4	0.9	1.2	2.5	1.4	3.7	2.8	0.0
06-05	Salty biscuits, aperitif biscuits, crackers	3.0	1.4	3.4	0.2	4.1	2.6	6.1	3.9	2.1	0.7	0.2	5.4	4.4	2.9	0.3	5.6	2.6	0.0
06-06	Dough and pastry (puff, shortcrust, pizza)	0.9	0.7	1.7	0.0	0.7	0.4	1.3	0.5	0.7	0.3	0.0	1.0	0.6	1.1	0.1	2.1	1.0	0.0
07	Meat and meat products	9.9	25.9	0.3	43.2	17.6	17.3	21.1	11.0	14.9	7.7	37.4	17.7	10.0	0.7	0.4	1.1	1.8	0.0
07-01	Fresh meat	2.7	8.7	0.0	14.3	4.3	4.5	5.4	1.6	5.6	1.3	4.7	4.2	1.6	0.0	0.0	0.0	0.3	0.0
07-01-00	Unclassified	0.6	1.4	0.0	2.6	1.2	1.2	1.5	0.5	1.1	0.4	0.0	1.2	0.6	0.0	0.0	0.0	0.1	0.0
07-01-01	Beef	1.3	4.3	0.0	7.3	2.2	2.4	2.8	0.4	4.1	0.7	2.6	2.1	0.4	0.0	0.0	0.0	0.2	0.0
07-01-02	Veal	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-03	Pork	0.7	2.8	0.0	4.3	0.9	0.8	1.0	0.6	0.2	0.1	2.1	0.9	0.6	0.0	0.0	0.0	0.1	0.0
07-01-04	Mutton/Lamb	0.0	0.1	0.0	0.1	0.1	0.1	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-05	Horse	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-06	Goat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02	Poultry	1.2	5.0	0.0	8.1	1.3	1.0	1.2	1.7	1.3	1.1	14.1	1.4	1.6	0.0	0.0	0.0	0.0	0.0
07-02-00	Unclassified and other poultry	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-01	Chicken, hen	1.1	4.8	0.0	7.7	1.3	1.0	1.1	1.6	1.2	1.1	14.1	1.3	1.6	0.0	0.0	0.0	0.0	0.0
07-02-02	Turkey, young turkey	0.1	0.3	0.0	0.4	0.1	0.0	0.1	0.1	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0
07-02-03	Duck	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-05	Rabbit (domestic)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-03	Game	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-04	Processed meat	6.0	12.1	0.3	20.6	11.9	11.8	14.5	7.7	8.0	5.3	18.6	12.2	6.8	0.7	0.3	1.0	1.5	0.0
07-05	Offals	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08	Fish and shellfish	0.6	2.2	0.2	3.8	0.7	0.5	0.7	1.1	0.5	0.7	13.3	0.8	0.5	0.1	0.0	0.3	0.1	4.5
08-01	Fish	0.4	1.4	0.0	2.4	0.4	0.3	0.5	0.7	0.1	0.4	8.2	0.6	0.3	0.0	0.0	0.0	0.0	0.0
08-02	Crustaceans, molluscs	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.9	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08-03	Fish products, fish in crumbs	0.3	0.8	0.2	1.3	0.2	0.2	0.2	0.3	0.3	0.2	4.2	0.2	0.2	0.1	0.0	0.2	0.1	4.5
09	Eggs and egg products	0.5	1.4	0.0	2.3	0.9	0.8	1.1	0.4	0.0	0.1	9.5	0.9	0.4	0.1	0.0	0.1	0.0	0.0
09-01	Egg	0.5	1.4	0.0	2.3	0.9	0.8	1.1	0.4	0.0	0.1	9.5	0.9	0.4	0.1	0.0	0.1	0.0	0.0
10	Fat	5.5	0.1	0.1	0.0	16.8	12.1	16.5	28.7	16.1	29.5	7.1	20.9	30.2	0.0	0.0	0.1	0.0	0.0

Group=Female Children (7-18 years) - High Education (n=282)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
10-00	Unclassified	0.5	0.0	0.0	0.0	1.5	1.0	1.6	2.6	1.0	1.3	0.0	1.9	2.9	0.0	0.0	0.0	0.0	0.0
10-01	Vegetable oils	0.9	0.0	0.0	0.0	2.7	1.1	3.3	5.1	0.3	3.0	5.0	4.0	5.6	0.0	0.0	0.0	0.0	0.0
10-02	Butter	0.5	0.0	0.0	0.0	1.6	2.5	1.2	0.3	3.8	0.7	0.0	0.9	0.2	0.0	0.0	0.0	0.0	0.0
10-03	Margarines	2.9	0.0	0.1	0.0	9.0	6.3	8.2	17.3	9.6	23.1	2.1	11.4	17.7	0.0	0.0	0.1	0.0	0.0
10-04	Deep frying fats	0.7	0.0	0.0	0.0	2.0	1.2	2.2	3.4	1.4	1.4	0.0	2.6	3.8	0.0	0.0	0.0	0.0	0.0
10-06	Other animal fat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	11.0	3.0	4.7	1.8	9.6	11.6	10.7	5.3	4.6	1.8	0.5	8.8	4.6	14.2	24.4	3.5	4.9	0.0
11-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-01	Sugar, honey ,jam	0.9	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.8	3.4	0.2	0.1	0.0
11-02	Chocolate, candy bars, paste, chocolate confetti	5.0	1.7	2.8	0.9	7.2	8.0	8.9	4.6	0.7	0.8	0.5	7.3	4.1	4.7	8.3	0.9	3.5	0.0
11-03	Confectionery non-chocolate	2.1	0.6	1.5	0.0	0.4	0.4	0.4	0.4	0.4	0.4	0.0	0.4	0.2	3.5	5.1	1.8	0.5	0.0
11-04	Syrup	1.4	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.7	5.0	0.1	0.2	0.0
11-05	Ice cream, water ice	1.5	0.6	0.2	0.9	1.9	3.2	1.4	0.3	3.5	0.5	0.0	1.1	0.2	1.6	2.6	0.6	0.6	0.0
11-05-01	Ice cream	1.3	0.6	0.2	0.9	1.9	3.2	1.4	0.3	3.5	0.5	0.0	1.1	0.2	1.2	1.9	0.5	0.5	0.0
11-05-02	Sorbet	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
11-05-03	Water ice	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.4	0.6	0.1	0.1	0.0
12	Cakes	9.4	4.5	8.7	1.5	9.9	11.5	9.5	7.9	17.3	7.0	8.1	8.8	7.6	10.7	10.6	11.4	7.0	2.3
12-01	Cakes, pies, pastries, etc	4.3	2.4	4.2	1.2	4.9	5.6	4.5	4.2	11.1	4.3	4.0	4.3	4.3	4.6	4.7	4.8	2.9	2.3
12-02	Dry cakes, biscuits	5.0	2.2	4.6	0.3	5.0	5.9	5.0	3.7	6.2	2.7	4.1	4.5	3.3	6.0	5.9	6.5	4.2	0.0
13	Non-alcoholic beverages	7.4	0.8	1.7	0.1	0.1	0.2	0.1	0.2	0.1	0.4	0.0	0.1	0.1	13.6	25.5	0.4	1.4	0.0
13-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-01	Fruit and vegetable juices	2.6	0.6	1.4	0.0	0.1	0.0	0.0	0.1	0.0	0.3	0.0	0.1	0.1	4.6	8.8	0.2	1.2	0.0
13-02	Carbonated/soft/isotonic drinks, diluted syrups	4.7	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	8.8	16.5	0.1	0.1	0.0
13-03	Coffee, tea and herbal teas	0.1	0.2	0.2	0.1	0.1	0.1	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.2	0.0	0.1	0.0
13-03-01	Coffee	0.1	0.2	0.2	0.1	0.1	0.1	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.1	0.0
13-03-02	Tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-03	Herbal tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
13-03-04	Chicory, substitutes	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-04	Waters	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14	Alcoholic beverages	0.4	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.3	0.1	0.0	93.1
14-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-01	Wine	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	44.9

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Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol	
14-02	Fortified wines (sherry, port, vermouth)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	8.7
14-03	Beer, cider	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	14.7
14-04	Spirits, brandy	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.9
14-05	Aniseed drinks (pastis,....)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-06	Liqueurs	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0	16.1
14-07	Cocktails, punches	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	5.8
15	Condiments and sauces	2.6	0.8	1.6	0.3	5.3	2.2	6.1	10.3	0.6	12.4	7.8	7.6	10.7	1.3	2.0	0.7	1.0	0.0	
15-01	Sauces	2.5	0.7	1.4	0.3	5.2	2.1	6.0	10.2	0.6	12.3	7.7	7.5	10.6	1.3	2.0	0.6	0.9	0.0	
15-01-00	Unclassified and other sauces	0.9	0.5	1.0	0.1	1.7	0.8	2.0	3.2	0.4	2.5	1.1	2.4	3.4	0.5	0.8	0.3	0.4	0.0	
15-01-01	Tomato sauces	0.3	0.2	0.3	0.1	0.2	0.1	0.2	0.2	0.0	0.2	0.4	0.2	0.2	0.4	0.7	0.2	0.3	0.0	
15-01-02	Dressing sauces	0.5	0.0	0.1	0.0	1.2	0.5	1.4	2.6	0.1	3.4	4.9	1.8	2.7	0.1	0.2	0.1	0.0	0.0	
15-01-03	Mayonnaises and similars	0.8	0.1	0.0	0.1	2.1	0.7	2.5	4.2	0.1	6.3	1.3	3.1	4.3	0.1	0.2	0.1	0.1	0.0	
15-01-04	Dessert sauces	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	
15-02	Yeast	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
15-04	Condiments	0.1	0.1	0.2	0.0	0.1	0.1	0.1	0.1	0.0	0.0	0.0	0.1	0.1	0.1	0.0	0.1	0.1	0.0	
16	Soups, bouillon	0.6	1.0	0.8	1.1	0.7	0.7	0.6	0.7	2.4	0.4	3.1	0.6	0.7	0.4	0.3	0.6	1.0	0.0	
16-01	Soups	0.6	1.0	0.8	1.1	0.7	0.7	0.6	0.7	2.4	0.4	3.1	0.6	0.7	0.4	0.3	0.6	1.0	0.0	
16-02	Bouillon	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
17	Miscellaneous	2.1	2.6	3.0	1.8	2.8	2.9	2.2	2.6	3.5	1.6	2.3	2.4	2.2	1.5	0.8	2.2	1.7	0.0	
17-00	Unclassified	0.2	0.3	0.3	0.1	0.2	0.1	0.2	0.4	0.0	0.0	0.0	0.3	0.0	0.1	0.1	0.2	0.2	0.0	
17-01	Soya products	0.2	0.6	0.9	0.2	0.4	0.1	0.2	0.9	0.1	0.6	2.0	0.5	0.9	0.1	0.1	0.1	0.3	0.0	
17-02	Dietetic products	0.4	0.5	0.6	0.0	0.4	0.4	0.0	0.1	0.0	0.0	0.0	0.0	0.4	0.4	0.4	0.4	0.5	0.0	
17-02-00	Unclassified	0.4	0.5	0.6	0.0	0.4	0.4	0.0	0.1	0.0	0.0	0.0	0.0	0.4	0.4	0.4	0.4	0.5	0.0	
17-02-01	Artificial sweeteners	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
17-03	Snacks	1.2	1.3	1.1	1.5	1.9	2.3	1.8	1.1	3.5	0.9	0.3	1.6	0.9	0.9	0.2	1.5	0.6	0.0	

Group=Male Adults (19-69 years) - Low Education (n=322)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01-01	Potatoes	5.5	3.1	8.5	0.1	1.9	2.3	1.5	2.0	1.9	4.7	0.1	1.7	1.5	9.8	0.4	16.9	11.8	0.0
01-02	Other tubers	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02	Vegetables	1.5	2.3	6.5	0.0	0.5	0.3	0.2	1.1	0.2	4.5	0.2	0.5	0.7	1.8	2.9	1.3	13.8	0.0
02-01	Leafy vegetables (except cabbages)	0.2	0.3	0.9	0.0	0.1	0.1	0.0	0.3	0.1	1.2	0.0	0.1	0.1	0.1	0.2	0.1	1.6	0.0
02-02	Fruiting vegetables	0.4	0.5	1.4	0.0	0.1	0.1	0.0	0.3	0.0	0.8	0.0	0.1	0.3	0.5	0.9	0.3	3.6	0.0
02-03	Root vegetables	0.2	0.1	0.3	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.3	0.5	0.1	1.5	0.0
02-04	Cabbages	0.3	0.6	1.8	0.0	0.1	0.1	0.0	0.3	0.0	2.0	0.0	0.1	0.1	0.3	0.4	0.3	3.4	0.0
02-05	Mushrooms	0.0	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0
02-06	Grain and pod vegetables	0.1	0.2	0.6	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.2	0.7	0.0
02-07	Onion, garlic	0.2	0.1	0.4	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.2	0.0	0.1	0.3	0.4	0.2	1.4	0.0
02-08	Stalk vegetables, sprouts	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02-09	Mixed salad, mixed vegetables	0.2	0.3	0.7	0.0	0.1	0.0	0.0	0.1	0.0	0.3	0.0	0.1	0.1	0.2	0.3	0.2	1.4	0.0
03	Legumes	0.2	0.3	0.8	0.0	0.0	0.0	0.0	0.1	0.0	0.4	0.0	0.0	0.1	0.3	0.1	0.4	1.2	0.0
03-01	Legumes	0.2	0.3	0.8	0.0	0.0	0.0	0.0	0.1	0.0	0.4	0.0	0.0	0.1	0.3	0.1	0.4	1.2	0.0
04	Fruits, nuts and olives	3.9	2.3	5.5	0.0	4.1	2.1	5.0	5.9	0.0	3.4	0.5	5.4	6.5	4.6	8.5	1.8	8.1	0.0
04-01	Fruits	2.1	0.5	1.5	0.0	0.3	0.2	0.1	0.6	0.0	1.4	0.0	0.3	0.5	4.0	8.0	1.2	6.1	0.0
04-02	Nuts and seeds (+nut spread)	1.7	1.7	4.0	0.0	3.8	1.9	4.8	5.3	0.0	2.0	0.5	5.0	5.9	0.5	0.3	0.6	1.9	0.0
04-03	Mixed fruits	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.0	0.1	0.0
04-04	Olives	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0
05	Dairy products	13.7	21.2	0.4	34.2	17.6	30.0	12.1	3.5	32.8	9.4	0.6	8.9	2.1	9.8	20.0	2.2	3.6	0.9
05-01	Milk	3.3	6.3	0.0	10.0	3.0	5.0	2.0	0.5	5.8	1.0	0.0	1.4	0.3	3.1	7.0	0.0	0.0	0.0
05-02	Milk beverages	0.8	0.9	0.2	1.3	0.4	0.8	0.3	0.1	0.5	0.1	0.2	0.2	0.1	1.0	2.0	0.1	1.3	0.0
05-03	Yoghurt	1.8	3.0	0.0	4.8	0.7	1.2	0.6	0.1	1.4	0.2	0.0	0.4	0.1	2.3	4.8	0.4	1.7	0.0
05-04	Fromage blanc, petits suisses	0.2	0.2	0.0	0.3	0.2	0.3	0.2	0.0	0.3	0.1	0.0	0.1	0.0	0.2	0.4	0.0	0.0	0.0
05-05	Cheese (including fresh cheeses)	5.1	8.8	0.0	14.4	10.6	18.0	7.3	2.3	19.8	7.0	0.0	5.4	1.3	0.0	0.1	0.0	0.0	0.0
05-06	Cream desserts, puddings (milk based)	1.9	1.5	0.2	2.4	1.5	2.6	1.1	0.3	2.5	0.7	0.4	0.8	0.2	2.6	4.6	1.3	0.5	0.9
05-07	Dairy and non-dairy creams	0.2	0.0	0.0	0.1	0.5	0.7	0.3	0.1	1.5	0.1	0.0	0.2	0.0	0.1	0.2	0.0	0.0	0.0
05-07-01	Dairy creams	0.2	0.0	0.0	0.1	0.5	0.7	0.3	0.1	1.5	0.1	0.0	0.2	0.0	0.1	0.2	0.0	0.0	0.0
05-07-02	Non-dairy creams	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05-08	Milk for coffee and creamers	0.5	0.6	0.0	1.0	0.7	1.3	0.3	0.2	1.0	0.2	0.0	0.3	0.2	0.5	0.9	0.3	0.0	0.0
06	Cereals and cereal products	21.7	21.2	56.1	0.6	8.3	5.2	9.0	12.3	4.5	10.8	3.1	10.0	13.3	34.8	6.2	57.4	41.3	0.0
06-01	Flour, flakes, starches, semolina	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0

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Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
06-02	Pasta, rice, other grain	2.7	2.2	5.6	0.2	0.4	0.2	0.1	0.8	0.0	0.4	0.0	0.4	0.9	4.9	0.2	8.4	3.0	0.0
06-03	Bread, crisp bread, rusks	15.7	17.1	45.7	0.3	4.6	2.7	3.9	8.8	2.7	9.6	1.8	5.6	9.4	25.6	5.0	42.0	34.2	0.0
06-03-01	Bread	15.1	16.6	44.2	0.3	4.4	2.5	3.8	8.6	2.3	9.5	1.8	5.4	9.1	24.6	4.7	40.4	33.1	0.0
06-03-02	Crispbread, rusks	0.6	0.5	1.5	0.0	0.2	0.2	0.2	0.3	0.4	0.2	0.0	0.2	0.3	1.0	0.3	1.6	1.1	0.0
06-04	Breakfast cereals	0.8	0.5	1.3	0.0	0.4	0.4	0.5	0.4	0.0	0.2	1.3	0.4	0.4	1.2	0.7	1.7	1.7	0.0
06-05	Salty biscuits, aperitif biscuits, crackers	1.9	0.8	2.0	0.1	2.4	1.6	3.5	1.9	1.3	0.3	0.0	2.9	2.2	2.0	0.2	3.5	1.6	0.0
06-06	Dough and pastry (puff, shortcrust, pizza)	0.7	0.6	1.3	0.0	0.5	0.3	0.9	0.3	0.5	0.2	0.0	0.7	0.4	1.0	0.1	1.6	0.7	0.0
07	Meat and meat products	13.5	33.4	0.3	52.2	21.9	22.5	26.6	13.0	17.0	7.8	42.9	21.6	12.2	0.9	0.7	1.1	2.2	0.0
07-01	Fresh meat	5.3	15.2	0.0	23.3	7.8	8.5	9.7	3.2	8.0	1.7	8.6	7.4	3.3	0.1	0.1	0.1	0.5	0.0
07-01-00	Unclassified	1.5	3.6	0.0	5.6	2.9	3.1	3.6	1.3	2.6	0.8	1.6	2.8	1.3	0.0	0.0	0.0	0.2	0.0
07-01-01	Beef	1.5	4.9	0.0	7.9	2.2	2.5	2.8	0.4	4.0	0.6	2.1	2.0	0.4	0.0	0.0	0.0	0.2	0.0
07-01-02	Veal	0.0	0.1	0.0	0.2	0.1	0.0	0.1	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-03	Pork	2.0	6.1	0.0	8.8	2.4	2.5	2.9	1.4	0.4	0.1	4.4	2.3	1.5	0.0	0.0	0.0	0.1	0.0
07-01-04	Mutton/Lamb	0.2	0.5	0.0	0.8	0.4	0.4	0.3	0.1	0.8	0.1	0.4	0.3	0.1	0.0	0.0	0.0	0.0	0.0
07-01-05	Horse	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-06	Goat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02	Poultry	1.3	5.4	0.0	8.3	1.3	1.1	1.2	1.6	1.4	0.9	14.5	1.3	1.5	0.0	0.0	0.0	0.0	0.0
07-02-00	Unclassified and other poultry	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-01	Chicken, hen	1.3	5.1	0.0	7.8	1.2	1.0	1.0	1.5	1.3	0.9	14.5	1.2	1.4	0.0	0.0	0.0	0.0	0.0
07-02-02	Turkey, young turkey	0.0	0.2	0.0	0.4	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-03	Duck	0.0	0.1	0.0	0.1	0.1	0.1	0.1	0.1	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0
07-02-05	Rabbit (domestic)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-03	Game	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-04	Processed meat	6.8	12.8	0.3	20.5	12.7	12.8	15.7	8.2	7.7	5.2	19.7	12.9	7.4	0.8	0.6	1.0	1.7	0.0
07-05	Offals	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08	Fish and shellfish	1.0	3.2	0.2	4.8	1.1	0.7	1.2	1.5	0.5	0.9	19.3	1.3	0.7	0.2	0.0	0.4	0.1	0.0
08-01	Fish	0.7	2.1	0.1	3.2	0.9	0.6	1.0	1.3	0.3	0.8	13.6	1.1	0.6	0.1	0.0	0.2	0.1	0.0
08-02	Crustaceans, molluscs	0.1	0.4	0.0	0.6	0.0	0.0	0.0	0.1	0.0	0.0	3.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08-03	Fish products, fish in crumbs	0.2	0.7	0.1	1.0	0.2	0.1	0.2	0.2	0.3	0.1	2.6	0.2	0.1	0.1	0.0	0.2	0.1	0.0
09	Eggs and egg products	0.7	1.7	0.0	2.8	1.1	1.0	1.3	0.5	0.0	0.1	10.0	1.0	0.5	0.1	0.0	0.2	0.0	0.0
09-01	Egg	0.7	1.7	0.0	2.8	1.1	1.0	1.3	0.5	0.0	0.1	10.0	1.0	0.5	0.1	0.0	0.2	0.0	0.0
10	Fat	7.3	0.1	0.2	0.0	20.9	15.3	20.2	35.1	19.3	34.5	5.8	25.9	36.4	0.1	0.1	0.1	0.0	0.0

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Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
10-00	Unclassified	0.7	0.0	0.0	0.0	1.8	1.4	2.0	2.7	1.7	1.5	0.0	2.2	3.1	0.0	0.0	0.0	0.0	0.0
10-01	Vegetable oils	1.2	0.0	0.0	0.0	3.6	1.5	4.1	6.3	0.6	4.4	5.2	5.1	6.7	0.0	0.0	0.0	0.0	0.0
10-02	Butter	0.5	0.0	0.0	0.0	1.4	2.2	1.1	0.3	3.3	0.6	0.0	0.8	0.2	0.0	0.0	0.0	0.0	0.0
10-03	Margarines	4.3	0.1	0.2	0.0	12.3	8.9	11.0	22.9	12.4	26.9	0.7	15.4	23.2	0.1	0.0	0.1	0.0	0.0
10-04	Deep frying fats	0.7	0.0	0.0	0.0	1.8	1.1	1.9	2.8	1.2	1.1	0.0	2.2	3.2	0.0	0.0	0.0	0.0	0.0
10-06	Other animal fat	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.0	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	6.9	1.2	2.1	0.7	4.1	5.2	4.5	1.9	2.5	0.7	0.1	3.6	1.5	11.5	23.9	1.7	2.8	0.8
11-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-01	Sugar, honey ,jam	2.7	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	5.8	12.5	0.3	0.2	0.0
11-02	Chocolate, candy bars, paste, chocolate confetti	2.1	0.6	1.2	0.3	2.7	3.1	3.5	1.5	0.2	0.3	0.0	2.8	1.2	2.3	4.7	0.4	1.8	0.8
11-03	Confectionery non-chocolate	0.8	0.2	0.6	0.0	0.2	0.2	0.2	0.2	0.5	0.1	0.1	0.2	0.1	1.5	2.5	0.7	0.3	0.0
11-04	Syrup	0.5	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.1	2.4	0.0	0.3	0.0
11-05	Ice cream, water ice	0.8	0.3	0.1	0.4	1.1	1.8	0.9	0.2	1.8	0.3	0.0	0.6	0.1	0.9	1.8	0.3	0.3	0.0
11-05-01	Ice cream	0.8	0.3	0.1	0.4	1.1	1.8	0.9	0.2	1.8	0.3	0.0	0.6	0.1	0.8	1.7	0.3	0.3	0.0
11-05-02	Sorbet	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-05-03	Water ice	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
12	Cakes	6.0	2.6	5.5	1.0	6.4	7.7	5.9	4.5	14.4	3.8	5.1	5.4	4.3	7.8	9.7	7.0	4.3	2.0
12-01	Cakes, pies, pastries, etc	3.9	1.9	3.7	0.8	4.3	5.1	3.8	3.1	11.2	2.9	3.3	3.5	2.9	5.0	6.1	4.4	2.9	2.0
12-02	Dry cakes, biscuits	2.1	0.8	1.9	0.2	2.1	2.6	2.0	1.5	3.2	0.9	1.8	1.8	1.5	2.8	3.5	2.5	1.4	0.0
13	Non-alcoholic beverages	5.6	2.0	5.1	0.3	0.5	0.9	0.2	0.1	0.5	0.3	0.0	0.2	0.1	10.8	21.7	0.7	1.8	0.4
13-00	Unclassified	0.1	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.0	0.4
13-01	Fruit and vegetable juices	1.4	0.4	1.1	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.0	0.0	0.1	2.8	5.9	0.2	1.1	0.0
13-02	Carbonated/soft/isotonic drinks, diluted syrups	3.3	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	7.0	14.0	0.1	0.1	0.0
13-03	Coffee, tea and herbal teas	0.8	1.5	3.9	0.3	0.4	0.8	0.1	0.1	0.5	0.1	0.0	0.1	0.0	0.9	1.7	0.4	0.7	0.0
13-03-01	Coffee	0.8	1.5	3.9	0.3	0.4	0.8	0.1	0.1	0.5	0.1	0.0	0.1	0.0	0.9	1.6	0.4	0.7	0.0
13-03-02	Tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-03	Herbal tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0
13-03-04	Chicory, substitutes	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-04	Waters	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14	Alcoholic beverages	6.1	1.2	3.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.7	1.3	5.0	3.9	95.9
14-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-01	Wine	0.9	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.8	0.0	0.0	17.3

Group=Male Adults (19-69 years) - Low Education (n=322)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
14-02	Fortified wines (sherry, port, vermouth)	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.0	0.0	5.5
14-03	Beer, cider	4.5	1.2	3.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.2	0.1	5.0	3.9	56.8
14-04	Spirits, brandy	0.6	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	15.4
14-05	Aniseed drinks (pastis,....)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-06	Liqueurs	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.6
14-07	Cocktails, punches	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3
15	Condiments and sauces	4.0	0.8	1.8	0.3	8.8	3.9	9.7	16.2	1.3	16.9	3.8	12.2	17.2	1.7	3.2	0.8	1.2	0.0
15-01	Sauces	3.9	0.8	1.6	0.3	8.7	3.8	9.7	16.1	1.3	16.9	3.7	12.1	17.1	1.6	3.1	0.7	1.0	0.0
15-01-00	Unclassified and other sauces	1.8	0.5	1.3	0.1	3.8	2.0	3.9	7.1	1.1	4.7	1.1	5.2	7.7	0.9	1.7	0.4	0.6	0.0
15-01-01	Tomato sauces	0.2	0.1	0.2	0.0	0.1	0.1	0.2	0.1	0.0	0.1	0.2	0.2	0.1	0.4	0.8	0.1	0.3	0.0
15-01-02	Dressing sauces	0.5	0.0	0.0	0.0	1.1	0.4	1.3	1.9	0.1	2.5	1.8	1.6	1.9	0.1	0.2	0.1	0.0	0.0
15-01-03	Mayonnaises and similars	1.4	0.1	0.0	0.1	3.6	1.3	4.3	6.9	0.1	9.5	0.6	5.2	7.3	0.2	0.4	0.1	0.1	0.0
15-01-04	Dessert sauces	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
15-02	Yeast	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
15-04	Condiments	0.1	0.1	0.2	0.0	0.1	0.1	0.1	0.1	0.0	0.0	0.1	0.1	0.1	0.1	0.1	0.1	0.2	0.0
16	Soups, bouillon	1.2	1.8	2.1	1.6	1.2	1.2	1.2	1.0	3.6	0.9	3.3	1.1	1.0	1.1	0.7	1.4	2.8	0.0
16-01	Soups	1.2	1.8	2.1	1.6	1.2	1.2	1.1	1.0	3.6	0.9	3.3	1.1	1.0	1.0	0.7	1.4	2.8	0.0
16-02	Bouillon	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17	Miscellaneous	1.3	1.5	1.7	1.3	1.5	1.7	1.5	1.3	1.5	0.8	0.6	1.4	1.0	1.2	0.5	1.8	1.0	0.0
17-00	Unclassified	0.0	0.1	0.1	0.1	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.1	0.1	0.0
17-01	Soya products	0.1	0.1	0.2	0.0	0.1	0.1	0.1	0.2	0.0	0.2	0.3	0.1	0.2	0.1	0.2	0.0	0.1	0.0
17-02	Dietetic products	0.1	0.1	0.0	0.1	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.1	0.1	0.1	0.0	0.0
17-02-00	Unclassified	0.1	0.1	0.0	0.1	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.1	0.1	0.1	0.0	0.0
17-02-01	Artificial sweeteners	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-03	Snacks	1.1	1.2	1.3	1.2	1.3	1.6	1.3	0.9	1.4	0.5	0.3	1.2	0.7	1.1	0.3	1.7	0.8	0.0

Group=Male Adults (19-69 years) - Moderate Education (n=487)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01-01	Potatoes	4.9	2.8	7.5	0.0	1.8	2.1	1.4	1.8	1.7	4.2	0.0	1.5	1.4	8.7	0.3	15.2	10.7	0.0
01-02	Other tubers	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02	Vegetables	1.5	2.2	6.3	0.0	0.6	0.4	0.2	1.3	0.3	4.8	0.3	0.6	0.9	1.8	2.9	1.2	12.6	0.0
02-01	Leafy vegetables (except cabbages)	0.2	0.4	1.3	0.0	0.2	0.1	0.1	0.3	0.2	1.6	0.0	0.1	0.2	0.2	0.3	0.1	1.8	0.0
02-02	Fruiting vegetables	0.4	0.5	1.4	0.0	0.1	0.1	0.0	0.3	0.0	0.7	0.0	0.1	0.3	0.5	0.9	0.3	3.4	0.0
02-03	Root vegetables	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.2	0.4	0.0	0.9	0.0
02-04	Cabbages	0.3	0.5	1.4	0.0	0.1	0.1	0.0	0.3	0.0	1.7	0.0	0.1	0.1	0.3	0.4	0.2	2.6	0.0
02-05	Mushrooms	0.0	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.0
02-06	Grain and pod vegetables	0.1	0.1	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.5	0.0
02-07	Onion, garlic	0.2	0.1	0.4	0.0	0.1	0.0	0.0	0.2	0.0	0.3	0.3	0.1	0.2	0.3	0.4	0.2	1.4	0.0
02-08	Stalk vegetables, sprouts	0.0	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0
02-09	Mixed salad, mixed vegetables	0.2	0.3	0.7	0.0	0.1	0.1	0.0	0.1	0.0	0.5	0.0	0.1	0.1	0.2	0.4	0.2	1.6	0.0
03	Legumes	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.1	0.0	0.1	0.4	0.0
03-01	Legumes	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.1	0.0	0.1	0.4	0.0
04	Fruits, nuts and olives	5.1	3.0	7.2	0.0	5.5	2.8	6.7	8.1	0.0	4.5	1.1	7.2	9.0	5.8	10.4	2.5	10.0	0.0
04-01	Fruits	2.5	0.6	1.8	0.0	0.3	0.2	0.1	0.7	0.0	1.8	0.0	0.3	0.6	4.9	9.6	1.5	7.3	0.0
04-02	Nuts and seeds (+nut spread)	2.5	2.3	5.3	0.0	5.0	2.5	6.4	7.3	0.0	2.6	1.1	6.7	8.2	0.8	0.6	1.0	2.6	0.0
04-03	Mixed fruits	0.1	0.0	0.0	0.0	0.1	0.0	0.1	0.1	0.0	0.0	0.0	0.1	0.1	0.1	0.2	0.0	0.1	0.0
04-04	Olives	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0
05	Dairy products	13.4	22.1	0.3	36.4	17.3	29.8	11.6	3.4	32.5	9.3	0.7	8.6	2.0	9.1	19.3	1.7	2.8	0.0
05-01	Milk	3.6	7.0	0.0	11.1	3.1	5.2	2.0	0.5	5.7	0.8	0.0	1.5	0.3	3.5	8.5	0.0	0.0	0.0
05-02	Milk beverages	0.6	0.8	0.2	1.4	0.4	0.6	0.3	0.1	0.4	0.1	0.4	0.2	0.1	0.8	1.6	0.1	1.0	0.0
05-03	Yoghurt	2.0	3.4	0.0	5.5	0.9	1.4	0.6	0.1	1.7	0.2	0.0	0.4	0.1	2.5	5.1	0.4	1.5	0.0
05-04	Fromage blanc, petits suisses	0.1	0.3	0.0	0.4	0.1	0.1	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.2	0.4	0.0	0.0	0.0
05-05	Cheese (including fresh cheeses)	5.1	9.1	0.0	15.5	10.7	18.6	7.2	2.2	20.3	7.3	0.0	5.3	1.2	0.0	0.1	0.0	0.0	0.0
05-06	Cream desserts, puddings (milk based)	1.2	0.9	0.1	1.4	0.9	1.6	0.7	0.2	1.1	0.5	0.2	0.5	0.1	1.6	2.7	0.9	0.3	0.0
05-07	Dairy and non-dairy creams	0.3	0.1	0.0	0.1	0.7	1.0	0.5	0.1	2.1	0.2	0.0	0.4	0.1	0.1	0.2	0.0	0.0	0.0
05-07-01	Dairy creams	0.3	0.1	0.0	0.1	0.7	1.0	0.5	0.1	2.1	0.2	0.0	0.4	0.1	0.1	0.2	0.0	0.0	0.0
05-07-02	Non-dairy creams	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05-08	Milk for coffee and creamers	0.5	0.6	0.0	1.0	0.6	1.3	0.3	0.2	1.0	0.2	0.0	0.2	0.2	0.4	0.8	0.2	0.0	0.0
06	Cereals and cereal products	22.8	22.1	56.5	0.4	9.4	5.4	10.3	14.4	4.3	11.7	3.8	11.7	15.6	36.2	6.2	58.6	43.5	0.0
06-01	Flour, flakes, starches, semolina	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.0

Group=Male Adults (19-69 years) - Moderate Education (n=487)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Lino leic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
06-02	Pasta, rice, other grain	3.0	2.3	5.8	0.2	0.4	0.2	0.2	0.8	0.1	0.4	0.0	0.4	0.9	5.6	0.2	9.2	2.8	0.0
06-03	Bread, crisp bread, rusks	16.1	17.8	45.6	0.1	4.9	2.7	4.0	10.0	2.7	10.5	2.0	6.1	10.7	26.0	4.8	41.9	36.2	0.0
06-03-01	Bread	15.6	17.4	44.4	0.1	4.7	2.5	3.9	9.8	2.1	10.3	2.0	6.0	10.4	25.2	4.6	40.6	35.3	0.0
06-03-02	Crispbread, rusks	0.5	0.4	1.2	0.0	0.2	0.2	0.1	0.2	0.6	0.1	0.0	0.2	0.3	0.8	0.2	1.4	0.9	0.0
06-04	Breakfast cereals	0.8	0.5	1.3	0.0	0.4	0.4	0.5	0.4	0.0	0.2	1.6	0.5	0.5	1.2	0.8	1.7	1.5	0.0
06-05	Salty biscuits, aperitif biscuits, crackers	2.1	0.9	2.0	0.1	2.9	1.7	4.5	2.7	0.8	0.4	0.1	3.9	3.1	2.2	0.3	3.7	1.8	0.0
06-06	Dough and pastry (puff, shortcrust, pizza)	0.8	0.7	1.7	0.0	0.7	0.4	1.2	0.4	0.8	0.3	0.0	0.9	0.5	1.2	0.1	2.0	1.0	0.0
07	Meat and meat products	12.4	31.3	0.5	49.8	20.2	20.8	24.7	11.4	17.4	7.5	36.8	19.9	10.5	1.1	0.8	1.4	2.2	0.0
07-01	Fresh meat	4.3	12.8	0.0	19.7	6.5	7.2	8.0	2.5	7.7	1.6	6.5	6.1	2.4	0.1	0.1	0.1	0.4	0.0
07-01-00	Unclassified	1.0	2.3	0.0	3.8	1.9	2.0	2.4	0.8	1.9	0.6	0.2	1.8	0.8	0.0	0.0	0.0	0.1	0.0
07-01-01	Beef	1.5	4.7	0.0	7.3	2.2	2.5	2.8	0.4	4.3	0.6	2.3	1.9	0.4	0.0	0.0	0.0	0.1	0.0
07-01-02	Veal	0.1	0.2	0.0	0.4	0.1	0.1	0.1	0.0	0.2	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0
07-01-03	Pork	1.5	5.0	0.0	7.6	2.0	2.1	2.5	1.1	0.4	0.2	3.7	1.9	1.2	0.0	0.0	0.1	0.1	0.0
07-01-04	Mutton/Lamb	0.2	0.4	0.0	0.5	0.3	0.4	0.3	0.1	0.9	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0
07-01-05	Horse	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-06	Goat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02	Poultry	1.4	5.5	0.0	8.6	1.5	1.2	1.3	1.7	1.3	0.9	12.8	1.5	1.6	0.0	0.0	0.0	0.0	0.0
07-02-00	Unclassified and other poultry	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-01	Chicken, hen	1.3	5.2	0.0	8.2	1.3	1.0	1.1	1.4	1.3	0.9	12.6	1.2	1.3	0.0	0.0	0.0	0.0	0.0
07-02-02	Turkey, young turkey	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-03	Duck	0.1	0.1	0.0	0.1	0.1	0.1	0.2	0.1	0.0	0.0	0.0	0.2	0.1	0.0	0.0	0.0	0.0	0.0
07-02-05	Rabbit (domestic)	0.0	0.1	0.0	0.2	0.1	0.1	0.0	0.1	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0
07-03	Game	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-04	Processed meat	6.6	12.9	0.5	21.2	12.2	12.4	15.3	7.2	8.4	5.0	17.5	12.3	6.5	1.0	0.7	1.3	1.7	0.0
07-05	Offals	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08	Fish and shellfish	1.0	3.3	0.1	5.1	1.2	0.9	1.4	1.6	0.5	1.0	22.6	1.5	0.7	0.2	0.0	0.3	0.1	0.0
08-01	Fish	0.7	2.3	0.0	3.6	1.0	0.6	1.1	1.3	0.2	0.8	16.9	1.2	0.5	0.1	0.0	0.1	0.0	0.0
08-02	Crustaceans, molluscs	0.0	0.2	0.0	0.4	0.0	0.0	0.0	0.0	0.0	0.0	2.7	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08-03	Fish products, fish in crumbs	0.3	0.8	0.1	1.2	0.3	0.2	0.2	0.3	0.4	0.2	3.1	0.3	0.2	0.1	0.0	0.2	0.1	0.0
09	Eggs and egg products	0.7	1.7	0.0	2.8	1.2	1.1	1.4	0.5	0.0	0.1	11.4	1.1	0.5	0.1	0.0	0.2	0.0	0.0
09-01	Egg	0.7	1.7	0.0	2.8	1.2	1.1	1.4	0.5	0.0	0.1	11.4	1.1	0.5	0.1	0.0	0.2	0.0	0.0
10	Fat	7.1	0.1	0.1	0.0	20.7	15.1	20.0	34.7	19.6	34.6	6.4	25.5	36.6	0.1	0.1	0.1	0.0	0.0

Group=Male Adults (19-69 years) - Moderate Education (n=487)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
10-00	Unclassified	0.6	0.0	0.0	0.0	1.8	1.2	2.0	2.9	1.4	1.7	0.0	2.3	3.3	0.0	0.0	0.0	0.0	0.0
10-01	Vegetable oils	1.3	0.0	0.0	0.0	3.7	1.5	4.3	7.0	0.5	4.9	6.2	5.4	7.7	0.0	0.0	0.0	0.0	0.0
10-02	Butter	0.7	0.0	0.0	0.0	1.8	2.9	1.4	0.4	4.4	0.6	0.0	1.0	0.2	0.0	0.0	0.0	0.0	0.0
10-03	Margarines	3.9	0.1	0.1	0.0	11.5	8.2	10.3	21.2	11.9	26.0	0.2	14.3	21.9	0.1	0.0	0.1	0.0	0.0
10-04	Deep frying fats	0.7	0.0	0.0	0.0	1.8	1.0	2.0	3.1	1.3	1.3	0.0	2.4	3.5	0.0	0.0	0.0	0.0	0.0
10-06	Other animal fat	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.0	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	6.2	1.3	2.2	0.8	4.5	6.1	4.9	2.0	2.4	0.6	0.1	3.9	1.7	9.7	20.5	1.6	3.0	0.1
11-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-01	Sugar, honey ,jam	2.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	4.4	9.5	0.3	0.2	0.0
11-02	Chocolate, candy bars, paste, chocolate confetti	2.5	0.8	1.5	0.3	3.4	4.1	4.0	1.7	0.3	0.4	0.0	3.2	1.5	2.7	5.8	0.5	2.0	0.1
11-03	Confectionery non-chocolate	0.6	0.2	0.5	0.0	0.1	0.1	0.1	0.1	0.2	0.0	0.0	0.1	0.1	1.0	1.8	0.5	0.3	0.0
11-04	Syrup	0.4	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.8	1.6	0.0	0.2	0.0
11-05	Ice cream, water ice	0.8	0.3	0.1	0.4	1.0	1.8	0.8	0.1	2.0	0.3	0.0	0.6	0.1	0.9	1.8	0.3	0.3	0.0
11-05-01	Ice cream	0.7	0.3	0.1	0.4	1.0	1.8	0.8	0.1	2.0	0.3	0.0	0.6	0.1	0.8	1.7	0.3	0.3	0.0
11-05-02	Sorbet	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-05-03	Water ice	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
12	Cakes	6.2	2.7	5.4	1.0	6.4	8.1	5.8	4.2	14.4	3.9	4.9	5.2	4.1	8.0	10.2	7.2	4.2	0.8
12-01	Cakes, pies, pastries, etc	3.8	1.7	3.4	0.7	4.0	5.0	3.4	2.5	10.8	2.7	2.5	3.1	2.5	4.8	6.3	4.2	2.5	0.8
12-02	Dry cakes, biscuits	2.4	0.9	2.0	0.2	2.5	3.1	2.4	1.6	3.6	1.2	2.5	2.1	1.6	3.2	3.9	3.0	1.7	0.0
13	Non-alcoholic beverages	5.7	2.1	4.9	0.5	0.7	1.2	0.3	0.2	0.8	0.3	0.0	0.3	0.1	11.1	23.0	0.8	2.0	0.7
13-00	Unclassified	0.1	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.0	0.7
13-01	Fruit and vegetable juices	1.5	0.4	1.1	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.0	0.0	0.1	3.1	6.6	0.2	1.3	0.0
13-02	Carbonated/soft/isotonic drinks, diluted syrups	3.4	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	7.1	14.7	0.1	0.1	0.0
13-03	Coffee, tea and herbal teas	0.8	1.6	3.6	0.5	0.6	1.0	0.3	0.1	0.8	0.1	0.0	0.2	0.1	0.9	1.6	0.4	0.7	0.0
13-03-01	Coffee	0.8	1.6	3.6	0.5	0.6	1.0	0.3	0.1	0.8	0.1	0.0	0.2	0.1	0.8	1.5	0.4	0.7	0.0
13-03-02	Tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-03	Herbal tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
13-03-04	Chicory, substitutes	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-04	Waters	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14	Alcoholic beverages	6.8	1.3	3.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.9	1.7	5.1	4.0	98.4
14-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.1
14-01	Wine	1.2	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.9	0.0	0.0	23.8

Group=Male Adults (19-69 years) - Moderate Education (n=487)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
14-02	Fortified wines (sherry, port, vermouth)	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.3	0.0	0.0	3.8
14-03	Beer, cider	4.8	1.2	3.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.3	0.2	5.1	4.0	60.8
14-04	Spirits, brandy	0.6	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	8.5
14-05	Aniseed drinks (pastis,....)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-06	Liqueurs	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.0	0.0	1.1
14-07	Cocktails, punches	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3
15	Condiments and sauces	3.5	0.9	2.0	0.3	7.6	3.3	8.7	14.3	0.9	15.8	5.6	10.7	14.9	1.8	3.4	0.8	1.4	0.0
15-01	Sauces	3.4	0.8	1.8	0.2	7.4	3.1	8.6	14.2	0.9	15.7	5.4	10.6	14.8	1.7	3.3	0.7	1.2	0.0
15-01-00	Unclassified and other sauces	1.4	0.6	1.4	0.1	3.0	1.5	3.3	5.4	0.7	3.7	0.8	4.1	5.7	0.8	1.7	0.4	0.6	0.0
15-01-01	Tomato sauces	0.2	0.1	0.3	0.0	0.1	0.1	0.2	0.2	0.0	0.1	0.1	0.2	0.2	0.4	0.9	0.1	0.4	0.0
15-01-02	Dressing sauces	0.5	0.0	0.1	0.0	1.3	0.5	1.5	2.5	0.1	3.4	3.6	1.9	2.6	0.2	0.2	0.2	0.1	0.0
15-01-03	Mayonnaises and similars	1.2	0.1	0.0	0.1	3.1	1.1	3.6	6.1	0.1	8.5	0.9	4.5	6.4	0.2	0.3	0.1	0.1	0.0
15-01-04	Dessert sauces	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0
15-02	Yeast	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
15-04	Condiments	0.1	0.1	0.2	0.0	0.2	0.2	0.1	0.1	0.0	0.1	0.2	0.1	0.1	0.1	0.1	0.1	0.3	0.0
16	Soups, bouillon	0.9	1.2	1.5	1.0	0.8	0.9	0.8	0.7	2.7	0.6	2.1	0.8	0.8	0.9	0.6	1.1	2.0	0.0
16-01	Soups	0.8	1.2	1.4	1.0	0.8	0.8	0.8	0.7	2.7	0.6	2.1	0.8	0.7	0.8	0.6	1.1	2.0	0.0
16-02	Bouillon	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17	Miscellaneous	1.6	1.8	1.9	1.8	2.0	2.1	1.7	1.4	2.5	0.9	0.6	1.6	1.2	1.5	0.6	2.3	1.3	0.0
17-00	Unclassified	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.1	0.0
17-01	Soya products	0.1	0.1	0.2	0.0	0.1	0.0	0.1	0.2	0.0	0.1	0.3	0.1	0.2	0.0	0.0	0.0	0.1	0.0
17-02	Dietetic products	0.2	0.3	0.2	0.2	0.2	0.0	0.1	0.0	0.0	0.1	0.0	0.1	0.2	0.2	0.2	0.3	0.2	0.0
17-02-00	Unclassified	0.2	0.3	0.2	0.2	0.2	0.0	0.1	0.0	0.0	0.1	0.0	0.1	0.2	0.2	0.2	0.3	0.2	0.0
17-02-01	Artificial sweeteners	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-03	Snacks	1.3	1.4	1.5	1.4	1.6	2.0	1.6	1.1	2.5	0.7	0.3	1.4	0.7	1.2	0.4	2.0	1.0	0.0

Group=Male Adults (19-69 years) - High Education (n=246)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01-01	Potatoes	4.1	2.3	6.3	0.1	1.5	1.7	1.2	1.7	1.4	3.9	0.0	1.3	1.3	7.5	0.3	13.3	8.7	0.0
01-02	Other tubers	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.1	0.0
02	Vegetables	1.9	2.7	7.5	0.0	0.9	0.6	0.5	1.9	0.6	6.1	0.6	0.9	1.4	2.2	3.3	1.5	14.6	0.0
02-01	Leafy vegetables (except cabbages)	0.3	0.6	1.7	0.0	0.3	0.3	0.1	0.5	0.5	2.5	0.0	0.3	0.3	0.2	0.2	0.2	2.4	0.0
02-02	Fruiting vegetables	0.6	0.7	1.9	0.0	0.3	0.2	0.3	0.7	0.0	1.2	0.1	0.4	0.7	0.7	1.2	0.4	4.4	0.0
02-03	Root vegetables	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.2	0.4	0.0	1.0	0.0
02-04	Cabbages	0.3	0.6	1.6	0.0	0.1	0.1	0.0	0.3	0.1	1.5	0.0	0.1	0.1	0.3	0.4	0.2	2.3	0.0
02-05	Mushrooms	0.0	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.0
02-06	Grain and pod vegetables	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.4	0.0
02-07	Onion, garlic	0.2	0.2	0.5	0.0	0.1	0.0	0.0	0.1	0.0	0.3	0.5	0.1	0.1	0.3	0.5	0.3	1.6	0.0
02-08	Stalk vegetables, sprouts	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0
02-09	Mixed salad, mixed vegetables	0.3	0.4	1.0	0.0	0.1	0.1	0.0	0.2	0.0	0.6	0.0	0.1	0.1	0.3	0.5	0.2	2.1	0.0
03	Legumes	0.2	0.3	0.7	0.0	0.0	0.0	0.0	0.1	0.0	0.5	0.0	0.0	0.1	0.2	0.1	0.3	1.0	0.0
03-01	Legumes	0.2	0.3	0.7	0.0	0.0	0.0	0.0	0.1	0.0	0.5	0.0	0.0	0.1	0.2	0.1	0.3	1.0	0.0
04	Fruits, nuts and olives	5.3	2.7	6.6	0.0	4.9	2.6	6.1	7.3	0.0	4.6	0.5	6.5	8.1	6.6	12.0	2.6	10.4	0.0
04-01	Fruits	3.1	0.8	2.1	0.0	0.4	0.2	0.2	0.9	0.0	2.3	0.0	0.4	0.8	5.9	11.5	1.8	8.2	0.0
04-02	Nuts and seeds (+nut spread)	2.1	1.9	4.5	0.0	4.5	2.3	5.7	6.4	0.0	2.3	0.5	6.0	7.2	0.6	0.4	0.8	2.0	0.0
04-03	Mixed fruits	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0
04-04	Olives	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0
05	Dairy products	14.6	23.4	0.4	38.1	19.2	32.4	13.2	4.0	34.3	10.4	1.2	9.8	2.3	10.0	20.4	1.9	3.2	0.0
05-01	Milk	3.2	6.3	0.0	10.0	2.4	4.3	1.6	0.3	4.9	0.6	0.0	1.1	0.2	3.2	7.3	0.0	0.0	0.0
05-02	Milk beverages	0.8	1.0	0.2	1.3	0.4	0.6	0.3	0.1	0.5	0.1	0.3	0.2	0.0	1.1	2.0	0.2	1.2	0.0
05-03	Yoghurt	2.1	3.8	0.0	6.3	1.1	1.7	0.8	0.3	2.1	0.3	0.0	0.6	0.1	2.5	5.4	0.4	1.6	0.0
05-04	Fromage blanc, petits suisses	0.3	0.5	0.0	0.8	0.2	0.4	0.2	0.0	0.5	0.1	0.0	0.2	0.0	0.4	0.8	0.1	0.1	0.0
05-05	Cheese (including fresh cheeses)	5.9	10.2	0.0	17.1	12.5	21.1	8.6	2.7	21.5	8.3	0.0	6.4	1.5	0.1	0.1	0.0	0.0	0.0
05-06	Cream desserts, puddings (milk based)	1.6	1.2	0.1	1.9	1.3	2.0	1.0	0.3	1.6	0.7	0.9	0.7	0.2	2.2	3.9	1.0	0.4	0.0
05-07	Dairy and non-dairy creams	0.3	0.1	0.0	0.1	0.8	1.2	0.6	0.1	2.4	0.2	0.0	0.4	0.1	0.1	0.2	0.0	0.0	0.0
05-07-01	Dairy creams	0.3	0.1	0.0	0.1	0.8	1.2	0.6	0.1	2.4	0.2	0.0	0.4	0.1	0.1	0.2	0.0	0.0	0.0
05-07-02	Non-dairy creams	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05-08	Milk for coffee and creamers	0.4	0.4	0.0	0.7	0.6	1.1	0.2	0.2	0.8	0.1	0.0	0.2	0.2	0.4	0.6	0.2	0.0	0.0
06	Cereals and cereal products	23.4	22.2	56.8	0.6	9.9	6.4	9.9	16.3	6.0	13.1	5.9	12.1	17.8	37.3	7.3	60.7	44.5	0.0
06-01	Flour, flakes, starches, semolina	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.1	0.0

Group=Male Adults (19-69 years) - High Education (n=246)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
06-02	Pasta, rice, other grain	3.0	2.4	5.8	0.3	0.5	0.2	0.2	0.9	0.4	0.5	0.0	0.4	1.0	5.5	0.3	9.5	3.0	0.0
06-03	Bread, crisp bread, rusks	16.4	17.6	45.7	0.2	5.4	3.0	4.4	11.6	2.4	11.4	2.4	6.9	12.6	26.7	5.2	43.2	36.5	0.0
06-03-01	Bread	15.7	17.1	44.1	0.2	5.1	2.7	4.2	11.2	1.8	11.1	2.4	6.7	12.1	25.5	4.9	41.3	35.0	0.0
06-03-02	Crispbread, rusks	0.7	0.5	1.6	0.0	0.3	0.3	0.2	0.4	0.6	0.3	0.0	0.3	0.5	1.2	0.2	1.9	1.6	0.0
06-04	Breakfast cereals	1.6	0.9	2.5	0.0	1.1	1.0	1.1	1.3	0.0	0.5	3.5	1.2	1.6	2.4	1.5	3.4	3.0	0.0
06-05	Salty biscuits, aperitif biscuits, crackers	1.8	0.8	1.8	0.1	2.3	1.7	3.2	2.0	1.6	0.4	0.0	2.8	2.2	2.0	0.3	3.2	1.3	0.0
06-06	Dough and pastry (puff, shortcrust, pizza)	0.6	0.3	0.9	0.0	0.7	0.5	0.9	0.4	1.6	0.3	0.0	0.7	0.5	0.7	0.1	1.1	0.5	0.0
07	Meat and meat products	11.3	28.8	0.2	45.9	18.3	18.7	22.2	10.4	16.6	7.0	29.9	18.0	10.1	0.7	0.5	0.8	1.5	0.0
07-01	Fresh meat	4.4	12.9	0.0	20.1	6.4	7.0	7.8	2.3	7.6	1.6	4.9	5.9	2.3	0.0	0.1	0.0	0.5	0.0
07-01-00	Unclassified	0.9	2.0	0.0	3.6	1.7	1.8	2.2	0.7	1.7	0.6	0.3	1.6	0.7	0.0	0.0	0.0	0.1	0.0
07-01-01	Beef	1.8	5.5	0.0	8.7	2.5	2.8	3.1	0.5	4.6	0.6	1.5	2.2	0.4	0.0	0.0	0.0	0.1	0.0
07-01-02	Veal	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-03	Pork	1.4	4.6	0.0	6.8	1.7	1.8	2.1	1.0	0.3	0.3	2.9	1.7	1.1	0.0	0.0	0.0	0.2	0.0
07-01-04	Mutton/Lamb	0.3	0.6	0.0	0.9	0.4	0.5	0.4	0.1	1.1	0.2	0.2	0.3	0.1	0.0	0.0	0.0	0.0	0.0
07-01-05	Horse	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-06	Goat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02	Poultry	1.7	6.2	0.1	9.7	1.8	1.5	1.7	2.1	1.6	1.2	13.2	1.8	2.0	0.0	0.0	0.1	0.1	0.0
07-02-00	Unclassified and other poultry	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-01	Chicken, hen	1.5	5.8	0.1	9.1	1.5	1.3	1.4	1.8	1.6	1.2	13.2	1.5	1.7	0.0	0.0	0.1	0.1	0.0
07-02-02	Turkey, young turkey	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-03	Duck	0.1	0.2	0.0	0.3	0.3	0.2	0.3	0.3	0.0	0.0	0.0	0.3	0.4	0.0	0.0	0.0	0.0	0.0
07-02-05	Rabbit (domestic)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-03	Game	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-04	Processed meat	5.2	9.6	0.1	15.8	10.1	10.2	12.7	5.9	7.4	4.2	11.7	10.2	5.7	0.6	0.4	0.7	1.0	0.0
07-05	Offals	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08	Fish and shellfish	1.5	4.7	0.3	7.3	1.7	1.1	1.8	2.4	0.6	1.3	30.4	2.0	1.0	0.3	0.0	0.6	0.1	0.1
08-01	Fish	1.2	3.8	0.1	6.0	1.4	0.9	1.5	2.0	0.4	1.1	23.0	1.7	0.8	0.2	0.0	0.3	0.1	0.0
08-02	Crustaceans, molluscs	0.1	0.3	0.0	0.5	0.0	0.0	0.0	0.1	0.0	0.0	3.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08-03	Fish products, fish in crumbs	0.3	0.6	0.2	0.8	0.3	0.2	0.2	0.4	0.3	0.2	4.2	0.3	0.2	0.2	0.0	0.3	0.1	0.1
09	Eggs and egg products	0.7	1.7	0.0	2.8	1.3	1.2	1.6	0.6	0.0	0.1	10.8	1.3	0.6	0.1	0.0	0.2	0.0	0.0
09-01	Egg	0.7	1.7	0.0	2.8	1.3	1.2	1.6	0.6	0.0	0.1	10.8	1.3	0.6	0.1	0.0	0.2	0.0	0.0
10	Fat	6.8	0.1	0.1	0.0	19.9	14.0	21.2	31.4	17.2	30.1	3.9	25.2	33.2	0.1	0.1	0.1	0.0	0.0

Group=Male Adults (19-69 years) - High Education (n=246)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
10-00	Unclassified	0.7	0.0	0.0	0.0	2.0	1.3	2.3	3.2	1.3	1.8	0.0	2.6	3.7	0.0	0.0	0.0	0.0	0.0
10-01	Vegetable oils	1.6	0.0	0.0	0.0	4.9	2.0	7.4	6.3	0.3	3.8	3.9	7.3	7.1	0.0	0.0	0.0	0.0	0.0
10-02	Butter	0.7	0.0	0.0	0.0	1.9	3.0	1.5	0.4	4.7	0.7	0.0	1.1	0.2	0.0	0.0	0.0	0.0	0.0
10-03	Margarines	3.3	0.0	0.1	0.0	9.7	6.9	8.5	19.1	9.8	22.9	0.0	12.3	19.7	0.1	0.0	0.1	0.0	0.0
10-04	Deep frying fats	0.5	0.0	0.0	0.0	1.4	0.8	1.5	2.3	1.0	0.9	0.0	1.8	2.5	0.0	0.0	0.0	0.0	0.0
10-06	Other animal fat	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	6.0	1.4	2.3	0.8	4.2	5.7	4.4	1.9	2.8	0.7	0.1	3.5	1.6	9.5	19.2	1.9	2.6	0.0
11-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-01	Sugar, honey ,jam	1.8	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	4.1	8.5	0.4	0.3	0.0
11-02	Chocolate, candy bars, paste, chocolate confetti	2.3	0.8	1.4	0.4	3.0	3.7	3.4	1.5	0.3	0.3	0.1	2.7	1.4	2.4	4.7	0.5	1.7	0.0
11-03	Confectionery non-chocolate	0.8	0.3	0.8	0.0	0.2	0.2	0.2	0.2	0.4	0.1	0.0	0.2	0.1	1.5	2.8	0.7	0.3	0.0
11-04	Syrup	0.3	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.7	1.6	0.0	0.2	0.0
11-05	Ice cream, water ice	0.8	0.3	0.1	0.4	1.1	1.9	0.8	0.1	2.1	0.3	0.0	0.6	0.1	0.8	1.5	0.3	0.2	0.0
11-05-01	Ice cream	0.7	0.3	0.1	0.4	1.1	1.9	0.8	0.1	2.1	0.3	0.0	0.6	0.1	0.8	1.4	0.3	0.2	0.0
11-05-02	Sorbet	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-05-03	Water ice	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
12	Cakes	6.7	3.0	6.0	1.2	7.1	8.3	6.6	5.2	14.7	4.9	5.1	6.0	5.3	8.9	10.5	8.0	4.4	2.3
12-01	Cakes, pies, pastries, etc	4.4	2.1	3.9	1.0	4.7	5.5	4.2	3.5	11.4	3.5	3.5	3.9	3.6	5.6	6.9	4.9	2.7	1.7
12-02	Dry cakes, biscuits	2.4	0.9	2.1	0.2	2.3	2.8	2.3	1.7	3.3	1.4	1.6	2.1	1.7	3.2	3.7	3.1	1.8	0.6
13	Non-alcoholic beverages	4.9	2.1	5.2	0.3	0.6	1.0	0.2	0.2	0.3	0.4	0.0	0.2	0.2	9.6	19.4	0.7	2.2	0.0
13-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.1	0.0	0.0
13-01	Fruit and vegetable juices	2.1	0.6	1.7	0.0	0.1	0.0	0.0	0.1	0.0	0.4	0.0	0.1	0.1	4.3	8.8	0.3	1.5	0.0
13-02	Carbonated/soft/isotonic drinks, diluted syrups	1.9	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	4.2	8.7	0.1	0.0	0.0
13-03	Coffee, tea and herbal teas	0.8	1.4	3.5	0.3	0.5	0.9	0.2	0.1	0.3	0.1	0.0	0.1	0.0	1.0	1.7	0.4	0.6	0.0
13-03-01	Coffee	0.8	1.4	3.5	0.3	0.5	0.9	0.2	0.1	0.3	0.1	0.0	0.1	0.0	0.9	1.5	0.4	0.6	0.0
13-03-02	Tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-03	Herbal tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.0	0.0	0.0
13-03-04	Chicory, substitutes	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-04	Waters	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14	Alcoholic beverages	6.8	0.9	2.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.5	3.1	3.7	2.7	97.6
14-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.1
14-01	Wine	2.4	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.7	1.8	0.0	0.0	41.8

Group=Male Adults (19-69 years) - High Education (n=246)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
14-02	Fortified wines (sherry, port, vermouth)	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.6	0.0	0.0	3.9
14-03	Beer, cider	3.4	0.8	2.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.3	0.1	3.7	2.7	40.9
14-04	Spirits, brandy	0.6	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	8.3
14-05	Aniseed drinks (pastis,....)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1
14-06	Liqueurs	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.5	0.0	0.0	2.5
14-07	Cocktails, punches	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
15	Condiments and sauces	3.4	0.8	1.7	0.3	7.6	3.4	8.5	14.3	1.0	15.5	4.4	10.6	15.0	1.5	2.7	0.8	1.2	0.0
15-01	Sauces	3.2	0.6	1.4	0.2	7.4	3.1	8.3	14.1	1.0	15.4	4.2	10.4	14.8	1.3	2.5	0.6	1.0	0.0
15-01-00	Unclassified and other sauces	1.3	0.5	1.1	0.1	2.8	1.5	2.9	4.8	0.7	3.1	0.7	3.6	5.1	0.6	1.1	0.3	0.5	0.0
15-01-01	Tomato sauces	0.2	0.1	0.2	0.0	0.1	0.0	0.2	0.1	0.0	0.1	0.0	0.1	0.1	0.3	0.6	0.1	0.3	0.0
15-01-02	Dressing sauces	0.5	0.0	0.0	0.0	1.3	0.5	1.6	2.8	0.1	3.7	1.9	2.0	3.0	0.1	0.2	0.1	0.1	0.0
15-01-03	Mayonnaises and similars	1.2	0.1	0.0	0.1	3.2	1.1	3.7	6.4	0.1	8.5	1.5	4.7	6.6	0.2	0.4	0.1	0.1	0.0
15-01-04	Dessert sauces	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.0	0.0	0.0
15-02	Yeast	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
15-04	Condiments	0.2	0.1	0.3	0.0	0.2	0.3	0.1	0.2	0.0	0.2	0.2	0.2	0.2	0.2	0.2	0.2	0.3	0.0
16	Soups, bouillon	1.0	1.4	1.5	1.4	1.1	1.0	1.0	1.0	3.0	0.7	2.5	1.0	1.1	0.9	0.7	1.2	1.8	0.0
16-01	Soups	1.0	1.4	1.4	1.4	1.0	1.0	1.0	1.0	3.0	0.7	2.5	0.9	1.0	0.9	0.7	1.2	1.8	0.0
16-02	Bouillon	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0
17	Miscellaneous	1.2	1.5	1.9	1.2	1.7	1.9	1.7	1.5	1.5	0.7	1.4	1.6	1.0	1.1	0.4	1.6	1.0	0.0
17-00	Unclassified	0.1	0.2	0.3	0.0	0.1	0.0	0.1	0.3	0.0	0.0	0.0	0.2	0.0	0.1	0.0	0.1	0.2	0.0
17-01	Soya products	0.1	0.2	0.4	0.0	0.1	0.0	0.0	0.2	0.0	0.1	0.9	0.1	0.2	0.0	0.0	0.0	0.2	0.0
17-02	Dietetic products	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-02-00	Unclassified	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-02-01	Artificial sweeteners	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-03	Snacks	1.1	1.1	1.1	1.1	1.5	1.8	1.5	1.0	1.5	0.6	0.5	1.4	0.8	0.9	0.2	1.5	0.6	0.0

Group=Female Adults (19-69 years) - Low Education (n=386)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01-01	Potatoes	4.6	2.5	7.1	0.1	1.5	1.6	1.2	1.9	1.2	4.5	0.0	1.4	1.5	8.2	0.3	15.0	9.5	0.0
01-02	Other tubers	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02	Vegetables	2.0	2.7	7.6	0.0	0.9	0.6	0.4	1.9	0.5	6.5	0.2	0.9	1.2	2.3	3.4	1.6	15.0	0.0
02-01	Leafy vegetables (except cabbages)	0.3	0.5	1.6	0.0	0.3	0.3	0.1	0.6	0.5	2.4	0.0	0.3	0.3	0.3	0.3	0.3	2.4	0.0
02-02	Fruiting vegetables	0.5	0.6	1.8	0.0	0.2	0.1	0.1	0.5	0.0	1.0	0.0	0.2	0.5	0.7	1.1	0.3	4.1	0.0
02-03	Root vegetables	0.2	0.1	0.3	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.2	0.5	0.1	1.4	0.0
02-04	Cabbages	0.4	0.6	1.8	0.0	0.1	0.1	0.0	0.4	0.0	2.2	0.0	0.2	0.1	0.4	0.7	0.3	3.3	0.0
02-05	Mushrooms	0.0	0.1	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.4	0.0
02-06	Grain and pod vegetables	0.1	0.1	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.2	0.5	0.0
02-07	Onion, garlic	0.2	0.2	0.4	0.0	0.1	0.0	0.0	0.1	0.0	0.3	0.2	0.1	0.1	0.3	0.4	0.2	1.3	0.0
02-08	Stalk vegetables, sprouts	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0
02-09	Mixed salad, mixed vegetables	0.2	0.3	0.7	0.0	0.1	0.1	0.0	0.1	0.0	0.5	0.0	0.1	0.1	0.2	0.3	0.2	1.5	0.0
03	Legumes	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.2	0.1	0.2	0.8	0.0
03-01	Legumes	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.2	0.1	0.2	0.8	0.0
04	Fruits, nuts and olives	5.3	2.3	6.0	0.0	3.7	1.9	4.5	5.7	0.0	3.9	0.8	4.9	6.2	7.3	13.4	2.3	11.2	0.0
04-01	Fruits	3.6	0.9	2.4	0.0	0.5	0.3	0.2	1.0	0.0	2.3	0.0	0.5	1.0	6.7	12.9	1.7	9.5	0.0
04-02	Nuts and seeds (+nut spread)	1.5	1.4	3.4	0.0	3.0	1.5	4.0	4.3	0.0	1.5	0.5	4.1	4.9	0.4	0.3	0.6	1.6	0.0
04-03	Mixed fruits	0.1	0.1	0.2	0.0	0.2	0.1	0.3	0.3	0.0	0.1	0.2	0.3	0.4	0.1	0.2	0.0	0.2	0.0
04-04	Olives	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05	Dairy products	14.9	23.9	0.4	38.5	18.7	31.1	13.0	4.0	34.0	9.8	0.9	9.7	2.5	9.9	19.5	1.9	3.8	0.8
05-01	Milk	3.0	5.9	0.0	9.2	2.2	3.7	1.4	0.3	4.0	0.5	0.0	1.0	0.2	3.0	6.6	0.0	0.0	0.0
05-02	Milk beverages	0.7	0.8	0.2	1.2	0.4	0.7	0.3	0.1	0.5	0.1	0.3	0.2	0.1	0.8	1.6	0.1	1.1	0.0
05-03	Yoghurt	2.7	4.5	0.0	7.3	1.2	1.9	0.9	0.2	2.1	0.3	0.0	0.6	0.1	3.2	6.5	0.6	2.3	0.0
05-04	Fromage blanc, petits suisses	0.2	0.3	0.0	0.4	0.1	0.2	0.1	0.0	0.3	0.0	0.0	0.1	0.0	0.2	0.3	0.0	0.0	0.0
05-05	Cheese (including fresh cheeses)	5.9	10.4	0.0	17.0	12.2	20.3	8.5	2.6	21.7	7.9	0.0	6.3	1.5	0.1	0.1	0.0	0.0	0.0
05-06	Cream desserts, puddings (milk based)	1.4	1.1	0.2	1.8	1.2	1.9	0.9	0.3	1.8	0.6	0.6	0.7	0.2	1.9	3.0	0.9	0.4	0.8
05-07	Dairy and non-dairy creams	0.3	0.1	0.0	0.1	0.7	0.9	0.5	0.2	2.0	0.2	0.0	0.4	0.1	0.1	0.2	0.0	0.0	0.0
05-07-01	Dairy creams	0.3	0.1	0.0	0.1	0.7	0.9	0.5	0.1	1.9	0.2	0.0	0.4	0.1	0.1	0.2	0.0	0.0	0.0
05-07-02	Non-dairy creams	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05-08	Milk for coffee and creamers	0.7	0.9	0.0	1.4	0.8	1.5	0.4	0.3	1.7	0.2	0.0	0.4	0.2	0.6	1.1	0.2	0.0	0.0
06	Cereals and cereal products	22.8	21.4	56.5	0.4	9.7	5.8	10.3	15.3	4.9	12.5	4.2	12.1	16.6	35.2	6.0	59.6	41.4	0.0
06-01	Flour, flakes, starches, semolina	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.1	0.0

Group=Female Adults (19-69 years) - Low Education (n=386)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
06-02	Pasta, rice, other grain	2.5	2.1	5.2	0.2	0.4	0.1	0.1	0.8	0.0	0.4	0.0	0.4	0.9	4.5	0.2	8.0	2.6	0.0
06-03	Bread, crisp bread, rusks	16.4	17.2	45.8	0.1	5.4	2.9	4.6	11.0	2.6	11.2	2.1	6.9	11.7	25.7	4.5	43.5	34.3	0.0
06-03-01	Bread	15.3	16.3	43.4	0.1	5.0	2.5	4.2	10.5	1.7	10.9	2.1	6.4	11.1	23.9	4.1	40.6	32.1	0.0
06-03-02	Crispbread, rusks	1.1	0.8	2.4	0.0	0.4	0.4	0.4	0.5	0.9	0.3	0.0	0.4	0.6	1.7	0.4	2.9	2.1	0.0
06-04	Breakfast cereals	0.9	0.6	1.6	0.0	0.5	0.5	0.6	0.6	0.0	0.2	1.9	0.6	0.6	1.4	0.9	2.0	1.9	0.0
06-05	Salty biscuits, aperitif biscuits, crackers	2.3	1.0	2.4	0.1	2.9	1.9	4.2	2.6	1.8	0.5	0.2	3.6	2.9	2.5	0.3	4.3	1.8	0.0
06-06	Dough and pastry (puff, shortcrust, pizza)	0.7	0.5	1.3	0.0	0.5	0.3	0.9	0.3	0.4	0.2	0.0	0.7	0.4	0.9	0.1	1.6	0.7	0.0
07	Meat and meat products	11.8	29.6	0.2	46.4	18.8	18.9	23.5	10.9	13.8	6.7	32.3	19.0	10.5	0.7	0.5	0.9	1.5	0.0
07-01	Fresh meat	4.8	13.9	0.0	21.4	7.1	7.6	9.0	2.7	7.5	1.6	6.7	6.8	2.8	0.1	0.1	0.1	0.4	0.0
07-01-00	Unclassified	1.0	2.4	0.0	4.0	2.0	2.1	2.5	0.9	1.7	0.6	0.8	1.9	0.9	0.0	0.0	0.0	0.1	0.0
07-01-01	Beef	1.9	5.5	0.0	8.7	2.7	3.0	3.6	0.5	4.7	0.7	2.0	2.5	0.5	0.0	0.0	0.0	0.2	0.0
07-01-02	Veal	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-03	Pork	1.7	5.5	0.0	8.2	2.1	2.1	2.6	1.3	0.4	0.2	3.8	2.1	1.3	0.0	0.0	0.0	0.1	0.0
07-01-04	Mutton/Lamb	0.2	0.4	0.0	0.5	0.3	0.3	0.3	0.1	0.7	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0
07-01-05	Horse	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-06	Goat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02	Poultry	1.4	5.3	0.0	8.2	1.4	1.1	1.3	1.6	1.2	0.9	11.4	1.4	1.5	0.0	0.0	0.0	0.0	0.0
07-02-00	Unclassified and other poultry	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-01	Chicken, hen	1.3	5.1	0.0	8.0	1.2	1.0	1.1	1.5	1.2	0.9	11.4	1.2	1.4	0.0	0.0	0.0	0.0	0.0
07-02-02	Turkey, young turkey	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-03	Duck	0.1	0.1	0.0	0.2	0.1	0.1	0.2	0.1	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0
07-02-05	Rabbit (domestic)	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-03	Game	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-04	Processed meat	5.5	10.4	0.2	16.6	10.4	10.2	13.2	6.6	5.1	4.1	14.0	10.8	6.3	0.6	0.4	0.8	1.1	0.0
07-05	Offals	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08	Fish and shellfish	1.2	3.7	0.2	5.6	1.4	1.0	1.6	1.7	0.5	0.9	21.5	1.6	0.6	0.2	0.0	0.4	0.1	0.0
08-01	Fish	0.9	2.7	0.1	4.3	1.2	0.8	1.4	1.4	0.3	0.8	16.8	1.4	0.5	0.1	0.0	0.2	0.1	0.0
08-02	Crustaceans, molluscs	0.1	0.3	0.0	0.5	0.0	0.0	0.0	0.1	0.0	0.0	2.5	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08-03	Fish products, fish in crumbs	0.2	0.6	0.1	0.9	0.2	0.1	0.1	0.2	0.2	0.1	2.3	0.2	0.1	0.1	0.0	0.2	0.1	0.0
09	Eggs and egg products	0.8	1.9	0.0	3.2	1.4	1.2	1.8	0.6	0.0	0.1	11.4	1.4	0.7	0.1	0.0	0.2	0.0	0.0
09-01	Egg	0.8	1.9	0.0	3.2	1.4	1.2	1.8	0.6	0.0	0.1	11.4	1.4	0.7	0.1	0.0	0.2	0.0	0.0
10	Fat	6.7	0.1	0.1	0.0	19.4	14.1	19.2	32.3	18.1	31.3	4.4	24.2	34.1	0.1	0.0	0.1	0.0	0.0

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Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
10-00	Unclassified	0.5	0.0	0.0	0.0	1.3	0.9	1.5	2.2	0.9	1.1	0.0	1.7	2.4	0.0	0.0	0.0	0.0	0.0
10-01	Vegetable oils	1.0	0.0	0.0	0.0	3.1	1.2	3.8	5.6	0.3	3.3	2.9	4.6	5.9	0.0	0.0	0.0	0.0	0.0
10-02	Butter	0.7	0.0	0.0	0.0	1.9	2.8	1.6	0.4	3.8	0.7	0.0	1.2	0.2	0.0	0.0	0.0	0.0	0.0
10-03	Margarines	3.8	0.1	0.1	0.0	11.4	7.9	10.5	21.6	11.7	25.1	1.5	14.6	22.7	0.1	0.0	0.1	0.0	0.0
10-04	Deep frying fats	0.6	0.0	0.0	0.0	1.6	1.1	1.8	2.4	1.2	1.0	0.0	2.0	2.8	0.0	0.0	0.0	0.0	0.0
10-06	Other animal fat	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	6.1	1.6	2.5	0.9	4.7	6.2	4.9	2.0	2.6	1.0	0.5	3.9	1.8	9.1	17.6	1.7	3.5	1.2
11-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-01	Sugar, honey ,jam	1.6	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.4	6.8	0.3	0.2	0.0
11-02	Chocolate, candy bars, paste, chocolate confetti	2.5	0.9	1.5	0.5	3.3	4.1	3.8	1.7	0.4	0.5	0.5	3.1	1.5	2.5	5.0	0.5	2.0	1.2
11-03	Confectionery non-chocolate	0.8	0.3	0.7	0.0	0.2	0.2	0.1	0.1	0.2	0.1	0.0	0.1	0.1	1.4	2.4	0.6	0.4	0.0
11-04	Syrup	0.4	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.8	1.8	0.0	0.4	0.0
11-05	Ice cream, water ice	0.9	0.3	0.1	0.5	1.2	1.9	1.0	0.2	2.0	0.3	0.0	0.7	0.2	0.9	1.7	0.3	0.5	0.0
11-05-01	Ice cream	0.9	0.3	0.1	0.5	1.2	1.9	1.0	0.2	2.0	0.3	0.0	0.7	0.2	0.9	1.5	0.3	0.4	0.0
11-05-02	Sorbet	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-05-03	Water ice	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
12	Cakes	8.6	3.6	7.5	1.2	8.6	10.3	7.7	5.9	17.7	4.9	5.4	7.0	5.9	11.1	13.0	10.2	5.8	3.6
12-01	Cakes, pies, pastries, etc	5.2	2.3	4.5	1.0	5.3	6.3	4.5	3.6	13.5	3.4	2.5	4.1	3.6	6.7	8.1	5.9	3.4	3.6
12-02	Dry cakes, biscuits	3.3	1.3	3.0	0.3	3.2	4.0	3.2	2.3	4.2	1.5	2.9	2.9	2.3	4.4	4.9	4.3	2.4	0.0
13	Non-alcoholic beverages	5.5	2.6	5.9	0.6	0.7	1.1	0.3	0.2	1.0	0.4	0.0	0.3	0.2	10.0	19.4	0.9	2.6	0.0
13-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-01	Fruit and vegetable juices	2.0	0.5	1.4	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.1	0.1	3.9	7.7	0.3	1.6	0.0
13-02	Carbonated/soft/isotonic drinks, diluted syrups	2.4	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	5.0	9.9	0.1	0.0	0.0
13-03	Coffee, tea and herbal teas	1.0	2.0	4.4	0.6	0.6	1.1	0.3	0.1	1.0	0.2	0.0	0.2	0.1	1.0	1.8	0.5	1.0	0.0
13-03-01	Coffee	0.9	1.9	4.4	0.6	0.6	1.1	0.3	0.1	1.0	0.2	0.0	0.2	0.1	0.9	1.6	0.5	1.0	0.0
13-03-02	Tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-03	Herbal tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.0	0.0	0.0
13-03-04	Chicory, substitutes	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-04	Waters	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14	Alcoholic beverages	3.7	0.3	0.8	0.0	0.1	0.1	0.1	0.0	0.2	0.0	0.1	0.0	0.0	2.0	3.0	1.1	0.8	94.5
14-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-01	Wine	2.3	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.9	2.1	0.0	0.0	61.8

Group=Female Adults (19-69 years) - Low Education (n=386)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
14-02	Fortified wines (sherry, port, vermouth)	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.4	0.0	0.0	7.1
14-03	Beer, cider	0.9	0.2	0.6	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.7	0.1	1.0	0.8	12.9
14-04	Spirits, brandy	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	6.3
14-05	Aniseed drinks (pastis,....)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-06	Liqueurs	0.2	0.0	0.0	0.0	0.1	0.1	0.1	0.0	0.2	0.0	0.1	0.0	0.0	0.2	0.3	0.0	0.0	5.9
14-07	Cocktails, punches	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.5
15	Condiments and sauces	3.5	0.6	1.3	0.3	7.8	3.6	8.8	14.9	1.2	15.7	4.7	11.1	16.0	1.5	2.5	0.8	0.9	0.0
15-01	Sauces	3.4	0.5	1.1	0.3	7.7	3.5	8.8	14.9	1.2	15.6	4.6	11.0	15.9	1.4	2.4	0.7	0.8	0.0
15-01-00	Unclassified and other sauces	1.5	0.3	0.9	0.1	3.3	1.9	3.5	6.1	1.1	4.1	1.1	4.5	6.7	0.7	1.1	0.4	0.4	0.0
15-01-01	Tomato sauces	0.2	0.1	0.2	0.0	0.1	0.0	0.1	0.1	0.0	0.1	0.2	0.1	0.2	0.3	0.6	0.1	0.2	0.0
15-01-02	Dressing sauces	0.6	0.0	0.0	0.0	1.5	0.5	1.8	2.7	0.1	3.7	2.3	2.1	2.8	0.2	0.3	0.2	0.0	0.0
15-01-03	Mayonnaises and similars	1.1	0.1	0.0	0.1	2.9	1.0	3.4	5.9	0.1	7.7	1.0	4.3	6.2	0.2	0.4	0.1	0.1	0.0
15-01-04	Dessert sauces	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
15-02	Yeast	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
15-04	Condiments	0.1	0.1	0.2	0.0	0.1	0.1	0.0	0.1	0.0	0.0	0.1	0.1	0.1	0.1	0.1	0.1	0.1	0.0
16	Soups, bouillon	1.0	1.4	1.5	1.4	1.0	0.9	0.8	1.0	2.9	0.6	3.6	0.9	1.1	0.9	0.6	1.2	1.7	0.0
16-01	Soups	0.9	1.4	1.5	1.4	0.9	0.9	0.8	1.0	2.9	0.6	3.6	0.8	1.0	0.9	0.6	1.1	1.7	0.0
16-02	Bouillon	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17	Miscellaneous	1.5	1.6	1.8	1.2	1.8	1.8	1.8	1.5	1.5	0.8	0.4	1.7	1.0	1.3	0.6	1.9	1.3	0.0
17-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0
17-01	Soya products	0.1	0.2	0.4	0.0	0.2	0.1	0.1	0.4	0.0	0.2	0.1	0.3	0.2	0.1	0.2	0.1	0.2	0.0
17-02	Dietetic products	0.2	0.3	0.2	0.1	0.1	0.0	0.1	0.2	0.0	0.2	0.0	0.1	0.2	0.2	0.2	0.2	0.2	0.0
17-02-00	Unclassified	0.2	0.3	0.2	0.1	0.1	0.0	0.1	0.2	0.0	0.2	0.0	0.1	0.2	0.2	0.2	0.2	0.2	0.0
17-02-01	Artificial sweeteners	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-03	Snacks	1.1	1.1	1.2	1.1	1.4	1.7	1.4	0.9	1.5	0.5	0.3	1.2	0.5	1.0	0.3	1.6	0.9	0.0

Group=Female Adults (19-69 years) - Moderate Education (n=448)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01-01	Potatoes	3.8	2.1	5.8	0.1	1.2	1.4	1.0	1.6	1.0	3.7	0.1	1.2	1.1	6.6	0.3	12.4	7.9	0.0
01-02	Other tubers	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02	Vegetables	2.0	2.7	7.5	0.0	0.8	0.5	0.4	1.9	0.2	6.2	0.1	0.9	1.5	2.4	3.6	1.5	15.1	0.0
02-01	Leafy vegetables (except cabbages)	0.3	0.5	1.3	0.0	0.2	0.2	0.1	0.5	0.2	2.3	0.0	0.2	0.2	0.2	0.2	0.2	2.1	0.0
02-02	Fruiting vegetables	0.6	0.7	2.0	0.0	0.3	0.2	0.2	0.8	0.0	1.3	0.0	0.4	0.8	0.8	1.4	0.3	4.2	0.0
02-03	Root vegetables	0.2	0.1	0.4	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.4	0.7	0.1	1.8	0.0
02-04	Cabbages	0.3	0.5	1.4	0.0	0.1	0.1	0.0	0.3	0.0	1.5	0.0	0.1	0.1	0.2	0.3	0.2	2.5	0.0
02-05	Mushrooms	0.0	0.1	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.4	0.0
02-06	Grain and pod vegetables	0.1	0.2	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.2	0.5	0.0
02-07	Onion, garlic	0.2	0.2	0.4	0.0	0.1	0.0	0.0	0.1	0.0	0.2	0.1	0.1	0.1	0.3	0.4	0.3	1.3	0.0
02-08	Stalk vegetables, sprouts	0.0	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.0
02-09	Mixed salad, mixed vegetables	0.2	0.3	1.0	0.0	0.1	0.0	0.0	0.2	0.0	0.6	0.0	0.1	0.1	0.3	0.4	0.2	2.0	0.0
03	Legumes	0.2	0.3	0.6	0.0	0.0	0.0	0.0	0.1	0.0	0.4	0.0	0.0	0.1	0.2	0.1	0.3	0.8	0.0
03-01	Legumes	0.2	0.3	0.6	0.0	0.0	0.0	0.0	0.1	0.0	0.4	0.0	0.0	0.1	0.2	0.1	0.3	0.8	0.0
04	Fruits, nuts and olives	5.8	2.7	6.7	0.0	4.5	2.2	5.3	6.8	0.0	5.2	0.9	5.9	7.4	7.6	13.4	2.7	12.1	0.0
04-01	Fruits	3.8	0.9	2.5	0.0	0.4	0.3	0.2	1.1	0.0	2.7	0.0	0.5	1.0	6.9	12.8	1.9	9.9	0.0
04-02	Nuts and seeds (+nut spread)	1.9	1.7	4.1	0.0	3.9	1.9	4.9	5.6	0.0	2.5	0.8	5.2	6.2	0.6	0.4	0.8	1.9	0.0
04-03	Mixed fruits	0.1	0.0	0.1	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.1	0.1	0.1	0.1	0.2	0.0	0.2	0.0
04-04	Olives	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0
05	Dairy products	14.9	24.2	0.4	39.9	19.8	32.7	13.6	4.1	36.2	10.8	0.5	10.2	2.5	9.6	18.6	1.8	3.5	0.5
05-01	Milk	3.2	6.3	0.0	10.1	2.5	4.2	1.7	0.4	4.7	0.7	0.0	1.2	0.2	3.1	6.9	0.0	0.0	0.0
05-02	Milk beverages	0.8	1.0	0.2	1.5	0.5	0.8	0.4	0.1	0.6	0.1	0.2	0.3	0.1	1.1	2.0	0.1	1.2	0.0
05-03	Yoghurt	2.4	4.2	0.0	6.9	1.1	1.7	0.8	0.2	2.1	0.3	0.0	0.6	0.1	2.7	5.3	0.5	2.0	0.0
05-04	Fromage blanc, petits suisses	0.4	0.9	0.0	1.4	0.3	0.5	0.3	0.1	0.6	0.1	0.0	0.2	0.0	0.4	0.8	0.1	0.0	0.0
05-05	Cheese (including fresh cheeses)	5.9	10.3	0.0	17.3	12.6	20.7	8.8	2.8	22.7	8.6	0.0	6.7	1.7	0.1	0.2	0.0	0.0	0.0
05-06	Cream desserts, puddings (milk based)	1.3	1.0	0.1	1.6	1.2	2.0	0.8	0.3	1.5	0.6	0.4	0.6	0.2	1.6	2.5	0.9	0.3	0.5
05-07	Dairy and non-dairy creams	0.4	0.1	0.0	0.1	0.9	1.4	0.7	0.2	2.9	0.3	0.0	0.5	0.1	0.1	0.2	0.0	0.0	0.0
05-07-01	Dairy creams	0.4	0.1	0.0	0.1	0.9	1.4	0.7	0.2	2.9	0.3	0.0	0.5	0.1	0.1	0.2	0.0	0.0	0.0
05-07-02	Non-dairy creams	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05-08	Milk for coffee and creamers	0.5	0.6	0.0	1.0	0.7	1.3	0.3	0.1	1.1	0.2	0.0	0.2	0.1	0.5	0.7	0.2	0.0	0.0
06	Cereals and cereal products	24.5	22.7	57.8	0.5	11.2	7.1	11.8	17.7	5.7	14.1	6.0	13.8	19.3	36.4	6.3	63.0	42.8	0.0
06-01	Flour, flakes, starches, semolina	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	0.4	0.1	0.0

Group=Female Adults (19-69 years) - Moderate Education (n=448)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
06-02	Pasta, rice, other grain	3.2	2.5	6.0	0.3	0.5	0.3	0.2	1.0	0.0	0.5	0.0	0.5	1.1	5.4	0.2	9.8	2.9	0.0
06-03	Bread, crisp bread, rusks	16.5	17.5	45.3	0.0	5.8	3.2	4.9	12.5	2.9	12.3	3.0	7.5	13.5	25.0	4.5	43.4	34.4	0.0
06-03-01	Bread	15.3	16.5	42.6	0.0	5.3	2.7	4.4	11.8	1.7	11.9	3.0	6.9	12.7	23.1	4.1	40.1	32.0	0.0
06-03-02	Crispbread, rusks	1.2	1.0	2.7	0.0	0.6	0.5	0.5	0.7	1.2	0.4	0.0	0.5	0.8	1.9	0.4	3.3	2.4	0.0
06-04	Breakfast cereals	1.3	0.8	2.0	0.0	0.8	0.8	0.9	1.0	0.0	0.4	3.0	0.9	1.0	1.9	1.2	2.6	2.5	0.0
06-05	Salty biscuits, aperitif biscuits, crackers	2.5	1.1	2.5	0.2	3.4	2.6	4.6	2.8	2.3	0.6	0.1	3.9	3.1	2.7	0.3	4.7	1.9	0.0
06-06	Dough and pastry (puff, shortcrust, pizza)	0.9	0.7	1.7	0.0	0.7	0.3	1.2	0.5	0.4	0.3	0.0	1.0	0.6	1.2	0.1	2.1	1.0	0.0
07	Meat and meat products	10.3	27.0	0.2	42.9	16.5	16.3	20.7	9.7	12.7	6.4	30.3	16.8	9.3	0.7	0.4	0.9	1.4	0.0
07-01	Fresh meat	3.7	11.0	0.0	17.0	5.5	5.9	7.1	2.1	6.1	1.3	3.5	5.3	2.1	0.1	0.1	0.0	0.4	0.0
07-01-00	Unclassified	0.9	2.0	0.0	3.1	1.6	1.7	2.1	0.7	1.4	0.5	0.2	1.6	0.7	0.0	0.0	0.0	0.1	0.0
07-01-01	Beef	1.5	4.5	0.0	7.0	2.3	2.5	2.9	0.4	4.1	0.6	1.4	2.1	0.4	0.0	0.0	0.0	0.1	0.0
07-01-02	Veal	0.0	0.1	0.0	0.2	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-03	Pork	1.3	4.2	0.0	6.4	1.5	1.5	1.9	0.9	0.2	0.1	1.8	1.5	1.0	0.0	0.0	0.0	0.1	0.0
07-01-04	Mutton/Lamb	0.1	0.1	0.0	0.2	0.1	0.1	0.1	0.0	0.4	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0
07-01-05	Horse	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-06	Goat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02	Poultry	1.4	6.0	0.0	9.7	1.2	1.0	1.3	1.2	1.2	0.8	12.8	1.1	1.3	0.0	0.0	0.0	0.0	0.0
07-02-00	Unclassified and other poultry	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-01	Chicken, hen	1.4	5.8	0.0	9.4	1.1	1.0	1.3	1.2	0.8	12.7	1.1	1.2	0.0	0.0	0.0	0.0	0.0	0.0
07-02-02	Turkey, young turkey	0.0	0.2	0.0	0.3	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-03	Duck	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-05	Rabbit (domestic)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-03	Game	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-04	Processed meat	5.2	9.8	0.2	15.9	9.7	9.4	12.5	6.3	5.3	4.3	13.7	10.3	5.9	0.6	0.3	0.9	1.0	0.0
07-05	Offals	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08	Fish and shellfish	1.4	4.3	0.2	6.7	1.7	1.1	2.0	2.3	0.4	1.2	23.1	2.1	0.9	0.2	0.0	0.3	0.1	0.0
08-01	Fish	1.1	3.3	0.0	5.2	1.5	0.9	1.9	2.0	0.3	1.1	17.6	1.9	0.7	0.1	0.0	0.1	0.0	0.0
08-02	Crustaceans, molluscs	0.1	0.3	0.0	0.5	0.0	0.0	0.0	0.1	0.0	0.0	2.6	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08-03	Fish products, fish in crumbs	0.2	0.7	0.1	1.0	0.2	0.1	0.1	0.3	0.2	0.2	3.0	0.2	0.1	0.1	0.0	0.2	0.1	0.0
09	Eggs and egg products	1.0	2.3	0.0	3.8	1.7	1.5	2.1	0.7	0.0	0.1	13.0	1.6	0.7	0.1	0.0	0.3	0.0	0.0
09-01	Egg	1.0	2.3	0.0	3.8	1.7	1.5	2.1	0.7	0.0	0.1	13.0	1.6	0.7	0.1	0.0	0.3	0.0	0.0
10	Fat	6.4	0.1	0.1	0.0	18.9	13.7	19.5	30.7	16.6	29.2	5.4	23.7	32.2	0.1	0.1	0.1	0.0	0.0

Group=Female Adults (19-69 years) - Moderate Education (n=448)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
10-00	Unclassified	0.6	0.0	0.0	0.0	1.6	1.1	1.8	2.6	1.1	1.4	0.0	2.1	3.0	0.0	0.0	0.0	0.0	0.0
10-01	Vegetable oils	1.3	0.0	0.0	0.0	4.2	1.7	5.6	6.6	0.3	3.7	4.1	6.2	7.0	0.0	0.0	0.0	0.0	0.0
10-02	Butter	0.7	0.0	0.0	0.0	2.2	3.4	1.7	0.4	5.1	0.7	0.0	1.3	0.2	0.0	0.0	0.0	0.0	0.0
10-03	Margarines	3.3	0.0	0.1	0.0	9.8	6.9	9.0	19.0	9.4	22.6	1.3	12.5	19.8	0.0	0.0	0.1	0.0	0.0
10-04	Deep frying fats	0.4	0.0	0.0	0.0	1.2	0.6	1.3	2.0	0.7	0.8	0.0	1.6	2.3	0.0	0.0	0.0	0.0	0.0
10-06	Other animal fat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	6.5	1.5	2.4	0.9	4.4	6.0	4.6	2.0	2.9	0.7	0.2	3.7	1.7	9.9	18.4	1.9	3.0	1.6
11-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-01	Sugar, honey ,jam	1.7	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.5	6.9	0.2	0.2	0.0
11-02	Chocolate, candy bars, paste, chocolate confetti	2.3	0.8	1.4	0.4	3.1	3.8	3.5	1.6	0.4	0.4	0.1	2.9	1.5	2.4	4.4	0.5	1.7	1.6
11-03	Confectionery non-chocolate	1.0	0.4	0.8	0.0	0.2	0.3	0.2	0.2	0.6	0.1	0.1	0.2	0.1	1.8	2.9	0.8	0.4	0.0
11-04	Syrup	0.7	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.4	2.8	0.0	0.3	0.0
11-05	Ice cream, water ice	0.8	0.3	0.1	0.5	1.1	1.9	0.8	0.2	1.9	0.2	0.0	0.6	0.1	0.9	1.5	0.4	0.3	0.0
11-05-01	Ice cream	0.8	0.3	0.1	0.5	1.1	1.9	0.8	0.1	1.9	0.2	0.0	0.6	0.1	0.8	1.3	0.3	0.3	0.0
11-05-02	Sorbet	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-05-03	Water ice	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0
12	Cakes	7.8	3.3	6.6	1.2	8.4	10.2	7.7	5.7	17.1	5.0	4.1	6.9	5.7	9.8	11.4	9.0	5.1	2.0
12-01	Cakes, pies, pastries, etc	4.9	2.2	4.2	0.9	5.3	6.4	4.6	3.6	13.1	3.4	2.0	4.2	3.6	6.0	7.0	5.5	3.2	2.0
12-02	Dry cakes, biscuits	2.9	1.1	2.3	0.3	3.1	3.8	3.0	2.1	4.0	1.6	2.1	2.7	2.1	3.8	4.4	3.5	1.9	0.0
13	Non-alcoholic beverages	6.0	2.3	5.0	0.7	0.9	1.4	0.5	0.3	1.1	0.6	0.0	0.4	0.3	10.8	20.5	0.9	2.7	0.0
13-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-01	Fruit and vegetable juices	2.4	0.6	1.6	0.0	0.1	0.0	0.0	0.2	0.0	0.4	0.0	0.1	0.2	4.4	8.6	0.3	1.9	0.0
13-02	Carbonated/soft/isotonic drinks, diluted syrups	2.7	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	5.4	10.4	0.1	0.0	0.0
13-03	Coffee, tea and herbal teas	0.9	1.6	3.1	0.7	0.7	1.3	0.4	0.1	1.1	0.2	0.0	0.3	0.1	0.9	1.4	0.5	0.8	0.0
13-03-01	Coffee	0.9	1.5	3.1	0.7	0.7	1.3	0.4	0.1	1.0	0.2	0.0	0.3	0.1	0.8	1.3	0.5	0.8	0.0
13-03-02	Tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-03	Herbal tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0
13-03-04	Chicory, substitutes	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-04	Waters	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14	Alcoholic beverages	3.5	0.2	0.5	0.0	0.1	0.1	0.1	0.0	0.2	0.0	0.1	0.1	0.0	1.6	2.5	0.8	0.5	95.8
14-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-01	Wine	2.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.7	1.7	0.0	0.0	59.8

Group=Female Adults (19-69 years) - Moderate Education (n=448)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
14-02	Fortified wines (sherry, port, vermouth)	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.4	0.0	0.0	7.5
14-03	Beer, cider	0.6	0.2	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.5	0.0	0.8	0.5	13.7
14-04	Spirits, brandy	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	7.7
14-05	Aniseed drinks (pastis,....)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.4
14-06	Liqueurs	0.2	0.0	0.0	0.0	0.1	0.1	0.1	0.0	0.2	0.0	0.1	0.1	0.0	0.2	0.4	0.0	0.0	6.6
14-07	Cocktails, punches	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2
15	Condiments and sauces	3.2	0.8	1.8	0.3	6.8	2.8	8.0	12.9	0.8	13.8	3.8	9.8	13.2	1.7	2.7	0.9	1.2	0.0
15-01	Sauces	3.1	0.7	1.6	0.2	6.7	2.7	8.0	12.8	0.8	13.8	3.8	9.7	13.1	1.6	2.6	0.8	1.0	0.0
15-01-00	Unclassified and other sauces	1.4	0.5	1.2	0.1	2.7	1.3	3.0	4.8	0.5	3.2	1.0	3.7	5.0	0.8	1.3	0.4	0.6	0.0
15-01-01	Tomato sauces	0.3	0.1	0.3	0.0	0.2	0.1	0.3	0.3	0.1	0.3	0.3	0.3	0.3	0.4	0.8	0.2	0.3	0.0
15-01-02	Dressing sauces	0.6	0.0	0.0	0.0	1.4	0.5	1.7	2.9	0.1	3.9	2.2	2.2	2.8	0.2	0.2	0.2	0.0	0.0
15-01-03	Mayonnaises and similars	0.9	0.1	0.0	0.1	2.4	0.8	2.9	4.7	0.1	6.4	0.3	3.5	4.9	0.1	0.2	0.0	0.1	0.0
15-01-04	Dessert sauces	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
15-02	Yeast	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
15-04	Condiments	0.1	0.1	0.2	0.0	0.1	0.1	0.1	0.1	0.0	0.1	0.0	0.1	0.1	0.1	0.1	0.1	0.2	0.0
16	Soups, bouillon	1.0	1.4	1.6	1.3	1.1	1.1	0.9	0.9	3.4	0.7	2.9	0.9	1.0	0.9	0.7	1.1	2.1	0.0
16-01	Soups	1.0	1.4	1.6	1.3	1.0	1.1	0.9	0.9	3.4	0.7	2.9	0.9	0.9	0.9	0.7	1.1	2.1	0.0
16-02	Bouillon	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17	Miscellaneous	1.7	2.2	2.7	1.5	2.1	1.9	1.9	2.4	1.7	1.4	1.0	2.0	1.9	1.5	1.0	2.1	1.6	0.0
17-00	Unclassified	0.1	0.1	0.1	0.1	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0	0.1	0.0
17-01	Soya products	0.2	0.4	0.8	0.1	0.3	0.1	0.2	0.9	0.0	0.5	0.7	0.4	0.6	0.2	0.3	0.1	0.3	0.0
17-02	Dietetic products	0.3	0.5	0.6	0.2	0.2	0.2	0.1	0.3	0.0	0.2	0.0	0.2	0.3	0.3	0.4	0.3	0.4	0.0
17-02-00	Unclassified	0.3	0.5	0.5	0.2	0.2	0.2	0.1	0.3	0.0	0.2	0.0	0.2	0.3	0.3	0.4	0.2	0.4	0.0
17-02-01	Artificial sweeteners	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-03	Snacks	1.1	1.2	1.2	1.2	1.5	1.6	1.5	1.1	1.6	0.7	0.3	1.4	1.0	1.0	0.3	1.7	0.7	0.0

Group=Female Adults (19-69 years) - High Education (n=217)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01-01	Potatoes	3.8	2.1	5.4	0.1	1.2	1.3	0.9	1.4	0.4	3.9	0.0	1.1	1.1	6.7	0.3	12.0	7.0	0.0
01-02	Other tubers	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.1	0.0
02	Vegetables	2.3	3.4	9.0	0.0	1.0	0.5	0.5	2.5	0.1	8.7	0.1	1.2	1.9	2.6	4.1	1.6	16.1	0.0
02-01	Leafy vegetables (except cabbages)	0.3	0.6	1.7	0.0	0.1	0.1	0.0	0.5	0.0	2.3	0.0	0.2	0.2	0.3	0.4	0.1	2.3	0.0
02-02	Fruiting vegetables	0.7	0.8	2.3	0.0	0.4	0.2	0.4	0.8	0.0	1.6	0.0	0.5	0.8	0.9	1.7	0.4	4.5	0.0
02-03	Root vegetables	0.2	0.1	0.4	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.3	0.5	0.1	1.5	0.0
02-04	Cabbages	0.4	0.8	2.3	0.0	0.2	0.1	0.0	0.6	0.0	3.5	0.0	0.2	0.2	0.4	0.4	0.4	3.7	0.0
02-05	Mushrooms	0.0	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.0
02-06	Grain and pod vegetables	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.2	0.2	0.2	0.7	0.0
02-07	Onion, garlic	0.2	0.1	0.4	0.0	0.1	0.0	0.0	0.2	0.0	0.4	0.1	0.1	0.2	0.3	0.3	0.2	1.1	0.0
02-08	Stalk vegetables, sprouts	0.0	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0
02-09	Mixed salad, mixed vegetables	0.3	0.4	1.0	0.0	0.1	0.1	0.0	0.2	0.1	0.7	0.0	0.1	0.1	0.3	0.6	0.2	2.0	0.0
03	Legumes	0.2	0.4	0.9	0.0	0.1	0.0	0.0	0.1	0.0	0.5	0.0	0.1	0.1	0.3	0.1	0.4	1.2	0.0
03-01	Legumes	0.2	0.4	0.9	0.0	0.1	0.0	0.0	0.1	0.0	0.5	0.0	0.1	0.1	0.3	0.1	0.4	1.2	0.0
04	Fruits, nuts and olives	7.2	3.3	7.9	0.0	5.6	2.6	6.9	8.8	0.0	7.2	0.9	7.7	9.8	9.5	16.3	3.5	14.3	0.0
04-01	Fruits	4.7	1.3	3.2	0.0	0.6	0.4	0.2	1.6	0.0	3.7	0.0	0.7	1.5	8.6	15.6	2.6	12.0	0.0
04-02	Nuts and seeds (+nut spread)	2.2	1.9	4.5	0.0	4.6	2.1	6.0	6.6	0.0	3.3	0.8	6.3	7.7	0.7	0.4	0.9	2.0	0.0
04-03	Mixed fruits	0.2	0.1	0.2	0.0	0.3	0.1	0.4	0.4	0.0	0.2	0.1	0.4	0.5	0.2	0.3	0.0	0.2	0.0
04-04	Olives	0.1	0.0	0.0	0.0	0.2	0.1	0.4	0.1	0.0	0.0	0.0	0.3	0.1	0.0	0.0	0.0	0.2	0.0
05	Dairy products	15.0	24.2	0.4	40.9	20.2	32.7	14.2	4.7	37.6	11.0	1.2	10.8	3.1	9.5	18.7	1.5	3.0	0.0
05-01	Milk	2.9	5.6	0.0	9.3	2.4	3.9	1.6	0.4	4.3	0.6	0.0	1.2	0.3	2.8	6.0	0.0	0.0	0.0
05-02	Milk beverages	0.6	0.7	0.2	1.2	0.4	0.6	0.3	0.1	0.3	0.1	0.3	0.2	0.1	0.8	1.5	0.1	0.8	0.0
05-03	Yoghurt	3.1	5.7	0.1	9.6	1.3	2.2	0.9	0.3	2.7	0.4	0.0	0.7	0.1	3.5	7.2	0.5	1.9	0.0
05-04	Fromage blanc, petits suisses	0.2	0.5	0.0	0.7	0.2	0.3	0.2	0.0	0.4	0.1	0.0	0.1	0.0	0.2	0.5	0.1	0.0	0.0
05-05	Cheese (including fresh cheeses)	5.8	10.1	0.0	17.5	12.7	21.0	8.9	2.9	23.0	8.7	0.0	6.7	1.9	0.1	0.2	0.0	0.0	0.0
05-06	Cream desserts, puddings (milk based)	1.2	0.9	0.1	1.5	1.0	1.7	0.8	0.3	1.6	0.5	0.9	0.6	0.2	1.5	2.5	0.7	0.3	0.0
05-07	Dairy and non-dairy creams	0.7	0.1	0.0	0.2	1.7	2.3	1.3	0.4	4.6	0.6	0.0	1.0	0.2	0.2	0.3	0.0	0.0	0.0
05-07-01	Dairy creams	0.7	0.1	0.0	0.2	1.6	2.2	1.2	0.4	4.6	0.6	0.0	0.9	0.2	0.2	0.3	0.0	0.0	0.0
05-07-02	Non-dairy creams	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.1	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0
05-08	Milk for coffee and creamers	0.4	0.5	0.0	0.8	0.5	0.8	0.2	0.3	0.7	0.1	0.0	0.3	0.4	0.3	0.6	0.1	0.0	0.0
06	Cereals and cereal products	23.6	22.2	54.9	0.5	10.3	6.4	10.2	18.3	3.8	14.7	8.5	12.9	20.1	36.2	6.6	62.2	41.3	0.0
06-01	Flour, flakes, starches, semolina	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	0.3	0.1	0.0

Group=Female Adults (19-69 years) - High Education (n=217)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
06-02	Pasta, rice, other grain	3.3	2.8	6.4	0.4	0.6	0.3	0.3	1.1	0.0	0.6	0.0	0.6	1.3	6.0	0.2	10.8	3.4	0.0
06-03	Bread, crisp bread, rusks	15.8	16.9	42.4	0.0	5.8	3.1	4.7	13.2	2.3	12.8	2.6	7.5	14.1	24.3	4.3	42.2	32.5	0.0
06-03-01	Bread	14.5	15.8	39.6	0.0	5.2	2.6	4.2	12.4	1.3	12.4	2.6	7.0	13.3	22.2	3.9	38.3	30.0	0.0
06-03-02	Crispbread, rusks	1.3	1.0	2.8	0.0	0.6	0.5	0.5	0.8	1.0	0.4	0.0	0.6	0.8	2.1	0.4	3.9	2.5	0.0
06-04	Breakfast cereals	2.1	1.3	3.4	0.0	1.3	1.3	1.4	1.7	0.0	0.6	5.5	1.5	2.0	3.2	1.8	4.5	3.6	0.0
06-05	Salty biscuits, aperitif biscuits, crackers	1.7	0.8	1.8	0.1	2.3	1.6	3.2	2.1	1.2	0.5	0.4	2.8	2.3	2.0	0.2	3.3	1.3	0.0
06-06	Dough and pastry (puff, shortcrust, pizza)	0.5	0.4	0.8	0.0	0.4	0.2	0.7	0.2	0.2	0.2	0.0	0.5	0.3	0.6	0.0	1.1	0.4	0.0
07	Meat and meat products	9.5	24.7	0.2	40.1	15.1	15.1	19.0	8.7	12.9	5.7	24.1	15.3	8.4	0.6	0.4	0.8	1.1	0.0
07-01	Fresh meat	3.9	11.4	0.0	18.1	5.6	6.0	7.1	2.0	6.9	1.4	4.0	5.4	2.0	0.0	0.1	0.0	0.3	0.0
07-01-00	Unclassified	0.8	1.8	0.0	3.0	1.4	1.4	1.8	0.7	1.0	0.4	0.9	1.5	0.8	0.0	0.0	0.0	0.1	0.0
07-01-01	Beef	2.0	6.1	0.0	9.9	2.9	3.2	3.7	0.6	5.2	0.7	1.6	2.6	0.5	0.0	0.0	0.0	0.2	0.0
07-01-02	Veal	0.2	0.4	0.0	0.7	0.2	0.2	0.2	0.1	0.3	0.0	0.1	0.2	0.1	0.0	0.0	0.0	0.0	0.0
07-01-03	Pork	0.8	2.8	0.0	4.2	1.0	1.0	1.2	0.6	0.1	0.1	1.4	1.0	0.6	0.0	0.0	0.0	0.0	0.0
07-01-04	Mutton/Lamb	0.1	0.2	0.0	0.3	0.2	0.2	0.2	0.1	0.3	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0
07-01-05	Horse	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-06	Goat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02	Poultry	1.2	4.6	0.0	7.2	1.2	1.0	1.3	1.4	1.0	0.8	10.9	1.3	1.4	0.0	0.0	0.0	0.0	0.0
07-02-00	Unclassified and other poultry	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-01	Chicken, hen	1.1	4.3	0.0	6.8	1.0	0.8	1.0	1.3	1.0	0.8	10.9	1.1	1.2	0.0	0.0	0.0	0.0	0.0
07-02-02	Turkey, young turkey	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-03	Duck	0.1	0.1	0.0	0.2	0.2	0.2	0.3	0.1	0.0	0.0	0.0	0.2	0.1	0.0	0.0	0.0	0.0	0.0
07-02-05	Rabbit (domestic)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-03	Game	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-04	Processed meat	4.4	8.7	0.2	14.7	8.2	8.2	10.6	5.2	5.0	3.5	9.3	8.6	5.0	0.5	0.4	0.7	0.8	0.0
07-05	Offals	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0
08	Fish and shellfish	1.8	6.0	0.1	9.9	2.2	1.5	2.5	3.1	0.4	1.4	28.4	2.7	0.9	0.2	0.0	0.3	0.1	0.0
08-01	Fish	1.3	4.3	0.0	7.1	1.9	1.3	2.3	2.6	0.3	1.3	19.2	2.4	0.8	0.0	0.0	0.0	0.0	0.0
08-02	Crustaceans, molluscs	0.2	1.0	0.0	1.7	0.1	0.1	0.1	0.2	0.0	0.0	6.3	0.1	0.0	0.0	0.0	0.0	0.0	0.0
08-03	Fish products, fish in crumbs	0.2	0.7	0.1	1.0	0.2	0.1	0.1	0.3	0.2	0.1	3.0	0.2	0.1	0.1	0.0	0.2	0.1	0.0
09	Eggs and egg products	0.7	1.5	0.0	2.5	1.2	1.1	1.5	0.6	0.0	0.1	9.3	1.2	0.6	0.1	0.0	0.2	0.0	0.0
09-01	Egg	0.7	1.5	0.0	2.5	1.2	1.1	1.5	0.6	0.0	0.1	9.3	1.2	0.6	0.1	0.0	0.2	0.0	0.0
10	Fat	6.3	0.1	0.1	0.1	18.6	13.6	20.4	27.2	15.5	25.2	5.3	23.1	28.7	0.1	0.1	0.1	0.0	0.0

Group=Female Adults (19-69 years) - High Education (n=217)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
10-00	Unclassified	0.7	0.0	0.0	0.0	1.9	1.2	2.2	3.2	1.4	2.0	0.0	2.5	3.6	0.0	0.0	0.0	0.0	0.0
10-01	Vegetable oils	1.7	0.0	0.0	0.0	5.1	2.2	7.8	6.0	0.2	3.2	4.3	7.5	6.7	0.0	0.0	0.0	0.0	0.0
10-02	Butter	0.9	0.0	0.0	0.0	2.6	4.1	2.0	0.5	5.6	1.0	0.0	1.5	0.3	0.0	0.0	0.0	0.0	0.0
10-03	Margarines	2.7	0.0	0.1	0.0	8.2	5.7	7.4	16.0	7.9	18.5	1.0	10.5	16.4	0.0	0.0	0.1	0.0	0.0
10-04	Deep frying fats	0.3	0.0	0.0	0.0	0.8	0.4	0.9	1.5	0.4	0.6	0.0	1.1	1.7	0.0	0.0	0.0	0.0	0.0
10-06	Other animal fat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	6.9	1.9	2.8	1.3	6.1	8.1	6.2	2.5	3.1	1.1	0.2	5.0	2.3	9.6	17.9	1.9	3.4	0.0
11-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-01	Sugar, honey ,jam	1.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.8	5.3	0.3	0.2	0.0
11-02	Chocolate, candy bars, paste, chocolate confetti	3.0	1.0	1.7	0.6	4.3	5.5	4.9	2.1	0.4	0.5	0.0	3.9	1.9	3.1	5.8	0.6	2.2	0.0
11-03	Confectionery non-chocolate	0.9	0.4	0.8	0.0	0.1	0.1	0.1	0.1	0.2	0.1	0.2	0.1	0.1	1.5	2.6	0.6	0.3	0.0
11-04	Syrup	0.5	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.9	1.9	0.0	0.2	0.0
11-05	Ice cream, water ice	1.2	0.4	0.2	0.7	1.6	2.5	1.2	0.3	2.6	0.5	0.0	0.9	0.3	1.2	2.2	0.4	0.5	0.0
11-05-01	Ice cream	1.1	0.4	0.2	0.7	1.6	2.5	1.2	0.3	2.6	0.5	0.0	0.9	0.3	1.1	2.0	0.4	0.5	0.0
11-05-02	Sorbet	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-05-03	Water ice	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.0	0.0	0.0
12	Cakes	8.2	3.5	6.9	1.2	8.6	10.1	7.9	6.7	18.7	5.9	5.1	7.3	6.9	10.4	11.9	9.8	5.2	5.0
12-01	Cakes, pies, pastries, etc	5.0	2.3	4.3	1.0	5.3	6.5	4.5	3.8	13.7	3.7	2.9	4.2	3.9	6.2	7.4	5.6	3.0	5.0
12-02	Dry cakes, biscuits	3.2	1.3	2.6	0.3	3.3	3.6	3.4	2.9	5.0	2.2	2.2	3.2	3.0	4.2	4.5	4.2	2.1	0.0
13	Non-alcoholic beverages	4.7	2.4	5.2	0.7	0.9	1.5	0.6	0.3	0.9	0.7	0.0	0.5	0.3	8.6	16.4	0.8	2.6	0.0
13-00	Unclassified	0.0	0.0	0.0	0.0	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
13-01	Fruit and vegetable juices	2.6	0.8	1.9	0.0	0.1	0.0	0.0	0.2	0.0	0.4	0.0	0.1	0.1	5.2	10.1	0.4	1.9	0.0
13-02	Carbonated/soft/isotonic drinks, diluted syrups	1.2	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.5	5.0	0.0	0.0	0.0
13-03	Coffee, tea and herbal teas	0.8	1.5	3.1	0.7	0.7	1.2	0.5	0.1	0.9	0.2	0.0	0.3	0.1	0.8	1.3	0.3	0.7	0.0
13-03-01	Coffee	0.8	1.5	3.0	0.7	0.7	1.2	0.5	0.1	0.9	0.2	0.0	0.3	0.1	0.7	1.1	0.3	0.7	0.0
13-03-02	Tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-03	Herbal tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.0	0.0	0.0
13-03-04	Chicory, substitutes	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-04	Waters	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14	Alcoholic beverages	4.3	0.2	0.4	0.1	0.1	0.1	0.1	0.0	0.3	0.0	0.1	0.1	0.0	1.9	3.3	0.6	0.3	95.0
14-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-01	Wine	3.0	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.0	2.3	0.0	0.0	66.8

Group=Female Adults (19-69 years) - High Education (n=217)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
14-02	Fortified wines (sherry, port, vermouth)	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.5	0.0	0.0	8.1
14-03	Beer, cider	0.5	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.4	0.1	0.5	0.3	9.3
14-04	Spirits, brandy	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	4.5
14-05	Aniseed drinks (pastis,....)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-06	Liqueurs	0.2	0.0	0.0	0.1	0.1	0.1	0.1	0.0	0.3	0.0	0.1	0.1	0.0	0.2	0.4	0.0	0.0	4.6
14-07	Cocktails, punches	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.6
15	Condiments and sauces	2.6	0.6	1.3	0.2	5.6	2.3	6.2	11.2	0.7	11.7	5.5	8.0	11.9	1.3	2.0	0.7	1.0	0.0
15-01	Sauces	2.5	0.5	1.1	0.2	5.5	2.3	6.1	11.1	0.7	11.7	5.4	7.9	11.9	1.2	2.0	0.6	0.8	0.0
15-01-00	Unclassified and other sauces	0.9	0.3	0.7	0.1	2.0	1.0	2.1	3.9	0.5	2.8	1.0	2.7	4.2	0.5	0.8	0.3	0.4	0.0
15-01-01	Tomato sauces	0.2	0.1	0.3	0.0	0.2	0.1	0.3	0.2	0.0	0.1	0.1	0.3	0.2	0.4	0.7	0.1	0.3	0.0
15-01-02	Dressing sauces	0.5	0.0	0.0	0.0	1.4	0.5	1.5	2.8	0.1	3.5	2.3	2.0	2.9	0.1	0.1	0.1	0.0	0.0
15-01-03	Mayonnaises and similars	0.8	0.0	0.0	0.1	2.0	0.7	2.2	4.3	0.1	5.3	2.0	3.0	4.6	0.1	0.2	0.0	0.1	0.0
15-01-04	Dessert sauces	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0
15-02	Yeast	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
15-04	Condiments	0.1	0.1	0.2	0.0	0.1	0.1	0.0	0.1	0.0	0.0	0.0	0.1	0.1	0.1	0.1	0.1	0.2	0.0
16	Soups, bouillon	1.0	1.2	1.4	1.1	1.2	1.2	1.0	1.0	4.0	0.5	1.8	1.0	1.1	1.0	0.7	1.3	1.6	0.0
16-01	Soups	1.0	1.1	1.4	1.1	1.1	1.1	1.0	0.9	4.0	0.5	1.8	1.0	1.0	1.0	0.7	1.2	1.6	0.0
16-02	Bouillon	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17	Miscellaneous	1.8	2.4	3.0	1.4	2.1	1.8	1.8	2.7	1.6	1.9	1.6	2.2	2.5	1.6	0.9	2.2	1.6	0.0
17-00	Unclassified	0.1	0.2	0.3	0.1	0.1	0.1	0.1	0.3	0.0	0.0	0.0	0.2	0.2	0.1	0.0	0.1	0.2	0.0
17-01	Soya products	0.4	0.8	1.4	0.1	0.5	0.2	0.3	1.3	0.1	1.1	1.4	0.7	1.4	0.3	0.4	0.1	0.6	0.0
17-02	Dietetic products	0.2	0.2	0.0	0.1	0.1	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.2	0.2	0.2	0.1	0.0
17-02-00	Unclassified	0.2	0.2	0.0	0.1	0.1	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.2	0.2	0.2	0.1	0.0
17-02-01	Artificial sweeteners	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-03	Snacks	1.1	1.1	1.2	1.1	1.4	1.5	1.4	1.0	1.5	0.8	0.3	1.2	0.8	1.0	0.3	1.7	0.7	0.0

Table 2.4.a Average contribution of food subgroups to the intake of macronutrients of the Dutch children and adults stratified by BMI category (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week

Group=Children (7-18 years) - Normal and Underweight (n=1404)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01-01	Potatoes	4.7	3.1	7.7	0.1	2.0	2.4	1.7	2.1	1.1	4.6	0.1	1.8	1.7	7.0	0.2	14.2	11.3	0.0
01-02	Other tubers	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02	Vegetables	1.1	1.8	4.6	0.0	0.4	0.3	0.2	1.0	0.2	4.2	0.3	0.5	0.7	1.1	1.4	0.8	9.8	0.0
02-01	Leafy vegetables (except cabbages)	0.1	0.3	0.7	0.0	0.1	0.1	0.1	0.2	0.2	1.3	0.0	0.1	0.1	0.1	0.1	0.1	1.2	0.0
02-02	Fruiting vegetables	0.3	0.5	1.3	0.0	0.1	0.1	0.1	0.3	0.0	0.9	0.0	0.1	0.3	0.4	0.6	0.2	3.0	0.0
02-03	Root vegetables	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.2	0.3	0.0	1.2	0.0
02-04	Cabbages	0.2	0.5	1.2	0.0	0.1	0.0	0.0	0.2	0.0	1.5	0.0	0.1	0.1	0.1	0.1	0.1	2.1	0.0
02-05	Mushrooms	0.0	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0
02-06	Grain and pod vegetables	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.5	0.0
02-07	Onion, garlic	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.3	0.0	0.1	0.1	0.2	0.1	0.9	0.0
02-08	Stalk vegetables, sprouts	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02-09	Mixed salad, mixed vegetables	0.1	0.2	0.4	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.1	0.1	0.1	0.9	0.0
03	Legumes	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.1	0.0	0.2	0.7	0.0
03-01	Legumes	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.1	0.0	0.2	0.7	0.0
04	Fruits, nuts and olives	4.4	2.5	5.7	0.0	4.1	2.2	4.6	7.0	0.0	4.4	0.6	5.4	7.8	4.7	7.2	2.0	9.3	0.0
04-01	Fruits	2.5	0.6	1.6	0.0	0.2	0.1	0.1	0.5	0.0	1.5	0.0	0.2	0.5	4.1	6.7	1.3	7.3	0.0
04-02	Nuts and seeds (+nut spread)	1.8	1.9	4.0	0.0	3.9	2.1	4.5	6.5	0.0	2.9	0.5	5.2	7.2	0.5	0.3	0.6	1.8	0.0
04-03	Mixed fruits	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.1	0.1	0.0	0.1	0.0
04-04	Olives	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05	Dairy products	13.8	24.0	0.6	40.9	15.7	25.9	10.6	3.2	29.8	8.9	0.8	8.0	1.8	10.5	18.5	2.1	4.1	4.6
05-01	Milk	3.9	8.5	0.0	14.4	3.6	6.0	2.3	0.5	6.9	1.1	0.0	1.7	0.3	3.2	6.3	0.0	0.0	0.0
05-02	Milk beverages	1.4	1.9	0.4	2.9	0.8	1.4	0.6	0.2	1.0	0.2	0.2	0.5	0.1	1.7	3.0	0.2	2.1	0.0
05-03	Yoghurt	2.8	4.8	0.0	8.1	0.9	1.4	0.6	0.1	1.8	0.3	0.0	0.4	0.1	3.4	5.9	0.6	1.5	0.0
05-04	Fromage blanc, petits suisses	0.2	0.3	0.0	0.6	0.2	0.3	0.2	0.0	0.5	0.1	0.0	0.1	0.0	0.2	0.3	0.0	0.0	0.0
05-05	Cheese (including fresh cheeses)	3.6	7.0	0.0	12.4	8.1	13.3	5.4	1.8	15.2	6.1	0.0	4.2	1.0	0.0	0.1	0.0	0.0	0.0
05-06	Cream desserts, puddings (milk based)	1.6	1.4	0.1	2.4	1.4	2.4	1.0	0.3	1.9	0.9	0.6	0.8	0.2	1.9	2.7	1.1	0.4	4.6
05-07	Dairy and non-dairy creams	0.3	0.1	0.0	0.1	0.7	1.0	0.5	0.1	2.4	0.2	0.0	0.4	0.1	0.1	0.1	0.0	0.0	0.0
05-07-01	Dairy creams	0.3	0.1	0.0	0.1	0.7	1.0	0.5	0.1	2.4	0.2	0.0	0.4	0.1	0.1	0.1	0.0	0.0	0.0
05-07-02	Non-dairy creams	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Group=Children (7-18 years) - Normal and Underweight (n=1404)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
05-08	Milk for coffee and creamers	0.0	0.1	0.0	0.1	0.1	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
06	Cereals and cereal products	23.3	24.4	58.9	0.6	11.1	6.9	12.8	15.5	6.5	12.2	3.6	13.7	16.9	30.9	4.4	59.3	44.2	0.0
06-01	Flour, flakes, starches, semolina	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0
06-02	Pasta, rice, other grain	2.4	2.3	5.2	0.3	0.4	0.2	0.1	0.8	0.3	0.5	0.0	0.4	0.9	3.6	0.1	7.1	2.8	0.0
06-03	Bread, crisp bread, rusks	15.2	18.8	45.9	0.1	4.5	2.6	3.7	9.1	3.5	10.4	1.8	5.5	9.7	21.1	3.0	40.8	34.7	0.0
06-03-01	Bread	14.6	18.2	44.5	0.1	4.2	2.3	3.4	8.8	2.5	10.2	1.8	5.2	9.3	20.3	2.8	39.3	33.7	0.0
06-03-02	Crispbread, rusks	0.6	0.6	1.4	0.0	0.3	0.4	0.3	0.3	1.0	0.2	0.0	0.3	0.4	0.8	0.2	1.5	1.1	0.0
06-04	Breakfast cereals	1.2	0.8	2.0	0.0	0.5	0.5	0.5	0.6	0.0	0.2	1.7	0.5	0.7	1.7	0.9	2.6	2.1	0.0
06-05	Salty biscuits, aperitif biscuits, crackers	3.6	1.7	4.0	0.2	5.0	3.3	7.2	4.6	2.1	0.7	0.1	6.3	5.2	3.3	0.3	6.6	3.5	0.0
06-06	Dough and pastry (puff, shortcrust, pizza)	0.9	0.8	1.8	0.0	0.7	0.3	1.2	0.5	0.6	0.3	0.0	0.9	0.5	1.1	0.1	2.1	1.0	0.0
07	Meat and meat products	10.3	27.6	0.3	45.8	18.3	18.5	22.0	10.9	15.5	7.3	37.1	18.2	9.6	0.8	0.4	1.3	2.2	0.0
07-01	Fresh meat	3.0	9.8	0.0	16.0	5.1	5.4	6.2	2.0	5.7	1.5	5.4	4.8	2.0	0.0	0.1	0.0	0.4	0.0
07-01-00	Unclassified	0.9	2.4	0.0	4.0	1.7	1.8	2.2	0.8	1.6	0.6	0.6	1.7	0.8	0.0	0.0	0.0	0.1	0.0
07-01-01	Beef	1.0	3.4	0.0	5.7	1.8	1.9	2.2	0.3	3.3	0.5	1.4	1.6	0.3	0.0	0.0	0.0	0.1	0.0
07-01-02	Veal	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-03	Pork	1.0	3.7	0.0	5.9	1.4	1.4	1.6	0.8	0.3	0.3	3.1	1.3	0.9	0.0	0.0	0.0	0.1	0.0
07-01-04	Mutton/Lamb	0.1	0.2	0.0	0.4	0.2	0.2	0.2	0.0	0.5	0.1	0.2	0.1	0.0	0.0	0.0	0.0	0.0	0.0
07-01-05	Horse	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-06	Goat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02	Poultry	1.0	4.5	0.0	7.4	1.0	0.8	0.9	1.2	1.1	0.8	12.7	1.0	1.2	0.0	0.0	0.0	0.0	0.0
07-02-00	Unclassified and other poultry	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-01	Chicken, hen	1.0	4.4	0.0	7.2	1.0	0.8	0.9	1.2	1.1	0.8	12.6	1.0	1.2	0.0	0.0	0.0	0.0	0.0
07-02-02	Turkey, young turkey	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-03	Duck	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-05	Rabbit (domestic)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-03	Game	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-04	Processed meat	6.3	13.2	0.3	22.4	12.2	12.2	14.9	7.6	8.7	5.0	19.0	12.4	6.5	0.8	0.4	1.2	1.8	0.0
07-05	Offals	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08	Fish and shellfish	0.5	1.8	0.1	3.0	0.5	0.3	0.5	0.8	0.3	0.5	12.7	0.6	0.4	0.1	0.0	0.2	0.1	0.6
08-01	Fish	0.3	1.0	0.0	1.7	0.3	0.2	0.4	0.5	0.1	0.3	6.9	0.4	0.2	0.0	0.0	0.0	0.0	0.0
08-02	Crustaceans, molluscs	0.0	0.2	0.0	0.3	0.0	0.0	0.0	0.0	0.0	0.0	1.7	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08-03	Fish products, fish in crumbs	0.2	0.7	0.1	1.1	0.2	0.1	0.1	0.3	0.2	0.2	4.1	0.2	0.1	0.1	0.0	0.2	0.1	0.6

Group=Children (7-18 years) - Normal and Underweight (n=1404)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
09	Eggs and egg products	0.5	1.4	0.0	2.4	0.9	0.8	1.0	0.4	0.0	0.0	10.7	0.8	0.4	0.1	0.0	0.1	0.0	0.0
09-01	Egg	0.5	1.4	0.0	2.4	0.9	0.8	1.0	0.4	0.0	0.0	10.7	0.8	0.4	0.1	0.0	0.1	0.0	0.0
10	Fat	5.9	0.1	0.1	0.0	17.6	12.9	16.6	30.5	17.6	30.4	7.6	21.5	31.9	0.0	0.0	0.1	0.0	0.0
10-00	Unclassified	0.8	0.0	0.0	0.0	2.2	1.6	2.4	3.6	1.8	2.0	0.0	2.8	4.1	0.0	0.0	0.0	0.0	0.0
10-01	Vegetable oils	0.8	0.0	0.0	0.0	2.5	1.0	2.7	5.2	0.3	3.5	5.6	3.7	5.6	0.0	0.0	0.0	0.0	0.0
10-02	Butter	0.5	0.0	0.0	0.0	1.4	2.3	1.1	0.3	3.4	0.6	0.0	0.8	0.1	0.0	0.0	0.0	0.0	0.0
10-03	Margarines	3.0	0.0	0.1	0.0	9.2	6.7	8.1	17.7	10.4	22.7	2.1	11.5	18.0	0.0	0.0	0.1	0.0	0.0
10-04	Deep frying fats	0.8	0.0	0.0	0.0	2.1	1.3	2.3	3.6	1.6	1.6	0.0	2.7	4.1	0.0	0.0	0.0	0.0	0.0
10-06	Other animal fat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	11.0	3.0	4.8	1.8	9.2	11.3	10.1	5.2	4.8	1.9	0.5	8.4	4.4	14.3	24.1	3.6	5.2	0.7
11-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-01	Sugar, honey ,jam	1.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.0	3.8	0.2	0.1	0.0
11-02	Chocolate, candy bars, paste, chocolate confetti	4.9	1.7	2.9	0.8	6.9	7.7	8.3	4.4	0.8	0.8	0.5	6.9	3.9	4.6	8.1	0.9	3.7	0.7
11-03	Confectionery non-chocolate	2.1	0.7	1.5	0.1	0.4	0.4	0.4	0.5	0.5	0.5	0.0	0.4	0.3	3.5	5.0	1.9	0.5	0.0
11-04	Syrup	1.4	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.6	4.8	0.1	0.2	0.0
11-05	Ice cream, water ice	1.5	0.6	0.2	0.9	1.9	3.2	1.4	0.3	3.5	0.5	0.0	1.1	0.2	1.5	2.4	0.5	0.6	0.0
11-05-01	Ice cream	1.3	0.6	0.2	0.9	1.9	3.2	1.4	0.3	3.5	0.5	0.0	1.1	0.2	1.2	1.9	0.5	0.6	0.0
11-05-02	Sorbet	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-05-03	Water ice	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.5	0.0	0.1	0.0
12	Cakes	9.5	5.2	9.5	1.9	10.2	12.1	9.6	7.7	18.0	7.0	9.8	8.9	7.5	10.5	10.0	11.6	7.4	11.1
12-01	Cakes, pies, pastries, etc	4.6	2.9	5.0	1.6	5.2	6.1	4.6	4.2	12.3	4.5	5.2	4.4	4.3	4.8	4.6	5.4	3.4	11.1
12-02	Dry cakes, biscuits	4.9	2.2	4.5	0.4	5.0	6.0	5.0	3.5	5.7	2.5	4.6	4.4	3.1	5.6	5.5	6.2	4.1	0.0
13	Non-alcoholic beverages	8.8	0.7	1.7	0.1	0.1	0.1	0.1	0.1	0.1	0.3	0.0	0.1	0.1	16.3	30.5	0.4	1.4	0.0
13-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-01	Fruit and vegetable juices	2.5	0.5	1.3	0.0	0.1	0.0	0.0	0.1	0.0	0.3	0.0	0.1	0.1	4.4	8.1	0.2	1.3	0.0
13-02	Carbonated/soft/isotonic drinks, diluted syrups	6.3	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	11.9	22.3	0.2	0.1	0.0
13-03	Coffee, tea and herbal teas	0.1	0.1	0.2	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.1	0.0
13-03-01	Coffee	0.0	0.1	0.2	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0
13-03-02	Tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-03	Herbal tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-04	Chicory, substitutes	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-04	Waters	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Group=Children (7-18 years) - Normal and Underweight (n=1404)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
14	Alcoholic beverages	0.6	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.4	0.3	0.4	0.4	82.9
14-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-01	Wine	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	13.3
14-02	Fortified wines (sherry, port, vermouth)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	9.2
14-03	Beer, cider	0.4	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.1	0.4	0.4	40.4
14-04	Spirits, brandy	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.8
14-05	Aniseed drinks (pastis,....)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.7
14-06	Liqueurs	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	9.5
14-07	Cocktails, punches	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	7.1
15	Condiments and sauces	3.0	0.8	1.6	0.3	6.6	2.8	7.5	12.7	0.7	15.8	8.2	9.3	13.2	1.3	2.0	0.7	1.2	0.0
15-01	Sauces	3.0	0.7	1.5	0.3	6.5	2.7	7.4	12.6	0.7	15.7	8.2	9.2	13.1	1.3	2.0	0.6	1.0	0.0
15-01-00	Unclassified and other sauces	1.0	0.5	1.1	0.1	2.3	1.2	2.4	4.2	0.6	3.1	1.2	3.0	4.4	0.5	0.7	0.3	0.5	0.0
15-01-01	Tomato sauces	0.3	0.2	0.3	0.0	0.1	0.1	0.2	0.2	0.0	0.2	0.3	0.2	0.2	0.4	0.8	0.2	0.4	0.0
15-01-02	Dressing sauces	0.5	0.0	0.1	0.0	1.2	0.4	1.4	2.3	0.0	3.4	5.4	1.7	2.3	0.1	0.1	0.1	0.1	0.0
15-01-03	Mayonnaises and similars	1.1	0.1	0.0	0.1	3.0	1.0	3.5	6.0	0.1	9.0	1.3	4.3	6.2	0.2	0.2	0.1	0.1	0.0
15-01-04	Dessert sauces	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
15-02	Yeast	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
15-04	Condiments	0.1	0.1	0.2	0.0	0.1	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.2	0.0
16	Soups, bouillon	0.5	0.9	0.9	0.9	0.6	0.6	0.5	0.6	2.0	0.4	2.6	0.5	0.6	0.4	0.2	0.6	1.1	0.0
16-01	Soups	0.5	0.9	0.9	0.9	0.6	0.6	0.5	0.6	2.0	0.4	2.6	0.5	0.6	0.4	0.2	0.6	1.1	0.0
16-02	Bouillon	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17	Miscellaneous	1.9	2.3	2.7	2.1	2.5	2.7	2.3	2.3	3.5	1.7	1.3	2.3	1.8	1.4	0.5	2.4	1.6	0.0
17-00	Unclassified	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0
17-01	Soya products	0.2	0.3	0.5	0.1	0.2	0.1	0.1	0.4	0.0	0.3	0.7	0.2	0.4	0.1	0.2	0.0	0.2	0.0
17-02	Dietetic products	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0
17-02-00	Unclassified	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0
17-02-01	Artificial sweeteners	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-03	Snacks	1.7	1.9	1.9	2.0	2.3	2.6	2.2	1.7	3.5	1.4	0.6	2.0	1.3	1.3	0.3	2.3	1.2	0.0

Group=Children (7-18 years) - Overweight and Obese (n=308)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol	
01-01	Potatoes	4.9	3.1	8.1	0.1	2.0	2.4	1.6	2.3	1.3	5.1	0.4	1.8	1.9	7.5	0.3	14.7	11.1	0.0	
01-02	Other tubers	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02	Vegetables	1.3	1.9	5.1	0.0	0.5	0.4	0.2	1.2	0.3	4.6	0.2	0.5	0.8	1.3	1.9	0.9	10.9	0.0	
02-01	Leafy vegetables (except cabbages)	0.2	0.3	0.8	0.0	0.2	0.2	0.1	0.3	0.3	1.5	0.0	0.2	0.2	0.1	0.1	0.1	1.4	0.0	
02-02	Fruiting vegetables	0.4	0.6	1.5	0.0	0.1	0.1	0.0	0.3	0.0	0.9	0.0	0.1	0.3	0.5	0.8	0.3	3.3	0.0	
02-03	Root vegetables	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.2	0.4	0.1	1.4	0.0	
02-04	Cabbages	0.2	0.4	1.2	0.0	0.1	0.0	0.0	0.2	0.0	1.6	0.0	0.1	0.1	0.2	0.2	0.1	2.4	0.0	
02-05	Mushrooms	0.0	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	
02-06	Grain and pod vegetables	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.4	0.0	
02-07	Onion, garlic	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.2	0.0	0.1	0.2	0.2	0.1	0.9	0.0	
02-08	Stalk vegetables, sprouts	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
02-09	Mixed salad, mixed vegetables	0.1	0.2	0.4	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.1	0.2	0.1	0.9	0.0	
03	Legumes	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.1	0.1	0.2	0.8	0.0	
03-01	Legumes	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.1	0.1	0.2	0.8	0.0	
04	Fruits, nuts and olives	4.2	2.1	5.0	0.0	3.4	1.8	3.7	6.2	0.0	4.4	0.4	4.6	6.7	4.8	7.9	1.8	9.3	0.0	
04-01	Fruits	2.6	0.6	1.6	0.0	0.2	0.1	0.1	0.6	0.0	1.6	0.0	0.2	0.5	4.4	7.4	1.4	7.7	0.0	
04-02	Nuts and seeds (+nut spread)	1.5	1.4	3.3	0.0	3.2	1.7	3.6	5.5	0.0	2.8	0.4	4.3	6.1	0.3	0.3	0.3	1.4	0.0	
04-03	Mixed fruits	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.0	0.2	0.0	
04-04	Olives	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
05	Dairy products	13.6	22.9	0.6	38.0	15.7	26.0	10.6	3.3	29.5	9.5	0.9	8.1	2.0	10.1	18.2	2.0	4.8	6.0	
05-01	Milk	3.4	7.0	0.0	11.5	2.9	5.0	1.8	0.4	5.6	0.8	0.0	1.3	0.3	2.8	5.9	0.0	0.0	0.0	
05-02	Milk beverages	1.4	1.9	0.5	2.8	0.8	1.3	0.6	0.2	1.1	0.2	0.4	0.4	0.1	1.7	3.1	0.3	2.4	0.0	
05-03	Yoghurt	2.6	4.5	0.0	7.2	0.6	1.0	0.5	0.1	1.3	0.2	0.0	0.4	0.1	3.3	5.9	0.6	2.0	0.0	
05-04	Fromage blanc, petits suisses	0.1	0.2	0.0	0.3	0.1	0.2	0.1	0.0	0.2	0.0	0.0	0.1	0.0	0.1	0.2	0.0	0.0	0.0	
05-05	Cheese (including fresh cheeses)	4.3	8.0	0.0	14.1	9.5	15.8	6.4	2.2	18.0	7.2	0.0	4.9	1.3	0.1	0.1	0.0	0.0	0.0	
05-06	Cream desserts, puddings (milk based)	1.5	1.2	0.1	1.9	1.2	2.0	0.9	0.3	1.6	0.8	0.4	0.7	0.2	1.9	2.9	1.1	0.4	6.0	
05-07	Dairy and non-dairy creams	0.2	0.0	0.0	0.1	0.5	0.7	0.3	0.1	1.6	0.2	0.0	0.2	0.0	0.0	0.1	0.0	0.0	0.0	
05-07-01	Dairy creams	0.2	0.0	0.0	0.1	0.5	0.7	0.3	0.1	1.6	0.2	0.0	0.2	0.0	0.0	0.1	0.0	0.0	0.0	
05-07-02	Non-dairy creams	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
05-08	Milk for coffee and creamers	0.0	0.1	0.0	0.1	0.1	0.2	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	
06	Cereals and cereal products	24.2	24.4	59.6	0.7	11.2	7.0	12.8	15.6	6.9	12.7	3.9	13.7	17.0	32.8	4.9	59.9	43.4	0.0	
06-01	Flour, flakes, starches, semolina	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.0	0.0	

Group=Children (7-18 years) - Overweight and Obese (n=308)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
06-02	Pasta, rice, other grain	2.4	2.0	4.8	0.2	0.4	0.2	0.1	0.7	0.1	0.4	0.0	0.3	0.8	3.8	0.1	6.9	2.5	0.0
06-03	Bread, crisp bread, rusks	16.6	19.3	47.8	0.3	5.1	3.1	4.2	10.0	4.2	11.0	2.1	6.1	10.6	23.4	3.6	43.0	35.4	0.0
06-03-01	Bread	15.6	18.5	45.7	0.3	4.5	2.6	3.8	9.4	2.9	10.7	2.1	5.6	10.1	22.0	3.3	40.7	33.5	0.0
06-03-02	Crispbread, rusks	0.9	0.8	2.1	0.0	0.5	0.5	0.5	0.6	1.3	0.3	0.0	0.5	0.6	1.3	0.3	2.3	1.9	0.0
06-04	Breakfast cereals	0.9	0.6	1.5	0.0	0.4	0.4	0.4	0.5	0.0	0.2	1.6	0.4	0.5	1.3	0.8	1.9	1.5	0.0
06-05	Salty biscuits, aperitif biscuits, crackers	3.1	1.5	3.2	0.2	4.4	2.9	6.4	3.7	2.1	0.6	0.2	5.5	4.2	2.8	0.3	5.3	2.7	0.0
06-06	Dough and pastry (puff, shortcrust, pizza)	1.2	1.0	2.3	0.0	0.9	0.4	1.6	0.7	0.5	0.4	0.0	1.3	0.8	1.4	0.1	2.6	1.3	0.0
07	Meat and meat products	11.7	30.1	0.5	49.4	21.0	21.3	25.0	12.8	18.6	8.9	39.9	20.9	12.1	0.9	0.6	1.4	2.2	0.0
07-01	Fresh meat	3.6	11.2	0.0	17.8	5.9	6.4	7.2	2.5	6.7	1.6	6.9	5.6	2.5	0.1	0.1	0.1	0.4	0.0
07-01-00	Unclassified	1.0	2.5	0.0	4.1	1.9	2.1	2.3	0.9	2.0	0.7	0.6	1.8	0.9	0.0	0.0	0.0	0.1	0.0
07-01-01	Beef	1.2	3.5	0.0	5.8	1.9	2.2	2.4	0.3	3.7	0.5	2.1	1.7	0.3	0.0	0.0	0.0	0.2	0.0
07-01-02	Veal	0.1	0.2	0.0	0.3	0.1	0.1	0.1	0.0	0.2	0.0	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0
07-01-03	Pork	1.3	4.8	0.0	7.4	1.8	1.8	2.2	1.2	0.4	0.4	3.9	1.8	1.2	0.0	0.0	0.0	0.1	0.0
07-01-04	Mutton/Lamb	0.1	0.1	0.0	0.2	0.1	0.1	0.1	0.0	0.4	0.0	0.2	0.1	0.0	0.0	0.0	0.0	0.0	0.0
07-01-05	Horse	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-06	Goat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02	Poultry	1.1	4.3	0.0	7.1	1.3	1.0	1.2	1.7	1.3	1.1	13.6	1.3	1.6	0.0	0.0	0.0	0.0	0.0
07-02-00	Unclassified and other poultry	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-01	Chicken, hen	1.0	4.2	0.0	6.9	1.3	1.0	1.2	1.7	1.3	1.1	13.6	1.3	1.6	0.0	0.0	0.0	0.0	0.0
07-02-02	Turkey, young turkey	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-03	Duck	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-05	Rabbit (domestic)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-03	Game	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-04	Processed meat	7.0	14.5	0.5	24.4	13.7	13.9	16.7	8.7	10.7	6.1	19.2	13.9	8.0	0.9	0.5	1.3	1.7	0.0
07-05	Offals	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08	Fish and shellfish	0.5	1.9	0.1	3.1	0.6	0.4	0.5	0.9	0.3	0.6	12.2	0.7	0.5	0.1	0.0	0.2	0.1	0.0
08-01	Fish	0.3	1.1	0.0	1.8	0.4	0.3	0.4	0.7	0.1	0.4	6.5	0.5	0.4	0.0	0.0	0.0	0.0	0.0
08-02	Crustaceans, molluscs	0.1	0.3	0.0	0.4	0.0	0.0	0.0	0.1	0.0	0.0	2.6	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08-03	Fish products, fish in crumbs	0.2	0.5	0.1	0.9	0.1	0.1	0.1	0.2	0.2	0.1	3.1	0.1	0.1	0.1	0.0	0.1	0.1	0.0
09	Eggs and egg products	0.5	1.4	0.0	2.3	1.0	0.9	1.1	0.4	0.0	0.1	10.2	0.9	0.4	0.1	0.0	0.1	0.0	0.0
09-01	Egg	0.5	1.4	0.0	2.3	1.0	0.9	1.1	0.4	0.0	0.1	10.2	0.9	0.4	0.1	0.0	0.1	0.0	0.0
10	Fat	5.6	0.0	0.1	0.0	16.9	11.9	16.4	29.9	16.2	29.3	6.6	21.2	31.2	0.0	0.0	0.0	0.0	0.0

Group=Children (7-18 years) - Overweight and Obese (n=308)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
10-00	Unclassified	0.6	0.0	0.0	0.0	1.6	1.2	1.7	2.5	1.2	1.4	0.0	1.9	2.8	0.0	0.0	0.0	0.0	0.0
10-01	Vegetable oils	0.9	0.0	0.0	0.0	2.8	1.1	3.2	5.7	0.3	3.3	5.7	4.2	6.0	0.0	0.0	0.0	0.0	0.0
10-02	Butter	0.3	0.0	0.0	0.0	0.8	1.3	0.6	0.2	2.2	0.3	0.0	0.5	0.1	0.0	0.0	0.0	0.0	0.0
10-03	Margarines	3.0	0.0	0.1	0.0	9.4	7.0	8.3	17.5	10.9	22.5	0.9	11.5	17.9	0.0	0.0	0.0	0.0	0.0
10-04	Deep frying fats	0.8	0.0	0.0	0.0	2.3	1.2	2.5	4.0	1.5	1.7	0.0	3.0	4.3	0.0	0.0	0.0	0.0	0.0
10-06	Other animal fat	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.0	0.1	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	9.7	2.3	3.7	1.4	7.9	9.7	8.7	4.5	4.2	1.2	0.5	7.3	3.9	13.0	23.0	3.0	4.0	0.0
11-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-01	Sugar, honey ,jam	0.9	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.8	3.4	0.2	0.1	0.0
11-02	Chocolate, candy bars, paste, chocolate confetti	4.0	1.2	2.2	0.6	5.9	6.4	7.2	4.0	0.6	0.6	0.5	6.1	3.6	3.6	6.8	0.6	2.7	0.0
11-03	Confectionery non-chocolate	1.8	0.5	1.2	0.0	0.3	0.4	0.2	0.2	0.5	0.1	0.0	0.2	0.1	3.0	4.6	1.6	0.4	0.0
11-04	Syrup	1.6	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.0	5.7	0.1	0.2	0.0
11-05	Ice cream, water ice	1.4	0.5	0.2	0.7	1.8	2.9	1.3	0.3	3.0	0.5	0.0	1.0	0.2	1.5	2.4	0.5	0.5	0.0
11-05-01	Ice cream	1.2	0.5	0.2	0.7	1.8	2.9	1.3	0.3	3.0	0.5	0.0	1.0	0.2	1.2	1.9	0.5	0.5	0.0
11-05-02	Sorbet	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
11-05-03	Water ice	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.5	0.0	0.0	0.0
12	Cakes	8.9	4.3	8.8	1.3	9.5	11.5	8.9	7.0	16.4	6.3	6.4	8.1	6.6	10.0	10.0	10.8	7.1	14.7
12-01	Cakes, pies, pastries, etc	4.2	2.3	4.5	1.0	4.8	5.8	4.2	3.5	11.5	3.9	3.1	3.9	3.6	4.5	4.5	5.0	3.0	14.7
12-02	Dry cakes, biscuits	4.6	2.0	4.3	0.3	4.7	5.6	4.7	3.4	4.9	2.4	3.3	4.2	3.0	5.5	5.5	5.9	4.0	0.0
13	Non-alcoholic beverages	8.1	0.7	1.7	0.1	0.1	0.1	0.1	0.1	0.1	0.3	0.0	0.1	0.1	15.0	28.9	0.4	1.5	0.0
13-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0
13-01	Fruit and vegetable juices	2.6	0.5	1.3	0.0	0.1	0.0	0.0	0.1	0.0	0.3	0.0	0.1	0.1	4.6	9.0	0.2	1.3	0.0
13-02	Carbonated/soft/isotonic drinks, diluted syrups	5.4	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	10.2	19.6	0.2	0.1	0.0
13-03	Coffee, tea and herbal teas	0.1	0.1	0.2	0.0	0.0	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.1	0.0
13-03-01	Coffee	0.0	0.1	0.2	0.0	0.0	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0
13-03-02	Tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-03	Herbal tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-04	Chicory, substitutes	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-04	Waters	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14	Alcoholic beverages	0.9	0.2	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.7	0.7	0.5	0.5	79.3
14-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-01	Wine	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	13.6

Group=Children (7-18 years) - Overweight and Obese (n=308)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
14-02	Fortified wines (sherry, port, vermouth)	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	21.1
14-03	Beer, cider	0.6	0.2	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.4	0.2	0.5	0.5	30.3
14-04	Spirits, brandy	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-05	Aniseed drinks (pastis,....)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-06	Liqueurs	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.0	0.0	10.5
14-07	Cocktails, punches	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.8
15	Condiments and sauces	3.0	0.8	1.9	0.2	6.6	3.0	7.6	12.5	1.0	14.6	7.5	9.3	12.8	1.4	2.4	0.7	1.2	0.0
15-01	Sauces	3.0	0.7	1.7	0.2	6.5	2.8	7.5	12.4	1.0	14.5	7.5	9.2	12.8	1.4	2.4	0.6	1.0	0.0
15-01-00	Unclassified and other sauces	1.3	0.5	1.4	0.0	2.9	1.6	3.1	5.3	0.8	3.9	0.7	3.8	5.5	0.6	1.2	0.3	0.6	0.0
15-01-01	Tomato sauces	0.2	0.1	0.2	0.0	0.1	0.0	0.1	0.2	0.0	0.1	0.7	0.1	0.2	0.4	0.7	0.1	0.3	0.0
15-01-02	Dressing sauces	0.4	0.0	0.0	0.0	1.1	0.4	1.5	2.1	0.0	3.2	3.9	1.7	2.1	0.1	0.2	0.1	0.0	0.0
15-01-03	Mayonnaises and similars	0.9	0.1	0.0	0.1	2.4	0.8	2.8	4.9	0.2	7.3	2.2	3.5	4.9	0.2	0.3	0.1	0.1	0.0
15-01-04	Dessert sauces	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
15-02	Yeast	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
15-04	Condiments	0.1	0.1	0.2	0.0	0.1	0.1	0.0	0.1	0.0	0.0	0.0	0.1	0.0	0.1	0.1	0.1	0.2	0.0
16	Soups, bouillon	0.9	1.4	1.2	1.5	1.0	1.0	0.9	1.2	2.5	0.8	5.0	1.0	1.3	0.6	0.4	0.9	1.6	0.0
16-01	Soups	0.8	1.3	1.2	1.5	1.0	0.9	0.9	1.2	2.5	0.8	5.0	1.0	1.3	0.6	0.3	0.9	1.6	0.0
16-02	Bouillon	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17	Miscellaneous	2.0	2.4	2.7	1.8	2.6	2.8	2.1	1.9	2.7	1.5	1.3	2.0	1.9	1.5	0.8	2.3	1.8	0.0
17-00	Unclassified	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0
17-01	Soya products	0.1	0.4	0.5	0.1	0.2	0.1	0.1	0.5	0.0	0.4	0.7	0.2	0.5	0.0	0.1	0.0	0.3	0.0
17-02	Dietetic products	0.4	0.4	0.4	0.0	0.4	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.4	0.4	0.4	0.4	0.0
17-02-00	Unclassified	0.4	0.4	0.4	0.0	0.4	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.4	0.4	0.4	0.4	0.0
17-02-01	Artificial sweeteners	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-03	Snacks	1.4	1.6	1.6	1.7	2.0	2.4	2.0	1.4	2.7	1.1	0.6	1.7	1.1	1.0	0.2	1.9	1.1	0.0

Group=Adults (19-69 years) - Normal and Underweight (n=1010)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol	
01-01	Potatoes	4.4	2.5	6.7	0.1	1.5	1.7	1.1	1.6	1.3	4.1	0.0	1.3	1.3	7.6	0.3	13.9	9.1	0.0	
01-02	Other tubers	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02	Vegetables	1.8	2.6	7.0	0.0	0.8	0.5	0.3	1.8	0.4	5.9	0.1	0.8	1.3	2.1	3.2	1.3	14.2	0.0	
02-01	Leafy vegetables (except cabbages)	0.3	0.5	1.3	0.0	0.2	0.2	0.1	0.4	0.3	2.0	0.0	0.2	0.2	0.2	0.2	0.2	2.0	0.0	
02-02	Fruiting vegetables	0.5	0.7	1.8	0.0	0.3	0.2	0.2	0.6	0.0	1.2	0.0	0.3	0.6	0.6	1.2	0.3	4.0	0.0	
02-03	Root vegetables	0.2	0.1	0.4	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.3	0.6	0.1	1.5	0.0	
02-04	Cabbages	0.3	0.6	1.5	0.0	0.1	0.1	0.0	0.3	0.0	1.8	0.0	0.1	0.1	0.3	0.4	0.2	2.7	0.0	
02-05	Mushrooms	0.0	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.0	
02-06	Grain and pod vegetables	0.1	0.1	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.2	0.5	0.0	
02-07	Onion, garlic	0.2	0.1	0.4	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.1	0.0	0.1	0.3	0.4	0.2	1.3	0.0	
02-08	Stalk vegetables, sprouts	0.0	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	
02-09	Mixed salad, mixed vegetables	0.2	0.3	0.8	0.0	0.1	0.0	0.0	0.1	0.0	0.6	0.0	0.1	0.1	0.2	0.3	0.2	1.7	0.0	
03	Legumes	0.2	0.3	0.7	0.0	0.0	0.0	0.0	0.1	0.0	0.4	0.0	0.0	0.1	0.2	0.1	0.3	1.0	0.0	
03-01	Legumes	0.2	0.3	0.7	0.0	0.0	0.0	0.0	0.1	0.0	0.4	0.0	0.0	0.1	0.2	0.1	0.3	1.0	0.0	
04	Fruits, nuts and olives	5.6	2.9	6.9	0.0	4.9	2.5	5.9	7.5	0.0	5.2	0.8	6.5	8.3	6.8	12.1	2.6	11.2	0.0	
04-01	Fruits	3.4	0.9	2.3	0.0	0.4	0.2	0.2	1.0	0.0	2.4	0.0	0.4	0.9	6.1	11.4	1.8	8.9	0.0	
04-02	Nuts and seeds (+nut spread)	2.1	1.9	4.5	0.0	4.3	2.2	5.4	6.4	0.0	2.7	0.7	5.8	7.1	0.6	0.4	0.8	2.0	0.0	
04-03	Mixed fruits	0.1	0.0	0.1	0.0	0.1	0.1	0.1	0.2	0.0	0.1	0.1	0.1	0.2	0.1	0.2	0.0	0.1	0.0	
04-04	Olives	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0	
05	Dairy products	14.0	22.9	0.4	38.4	18.6	31.4	12.8	3.8	34.9	9.9	0.8	9.5	2.3	9.1	17.8	1.8	3.1	0.2	
05-01	Milk	3.2	6.3	0.0	10.3	2.7	4.7	1.8	0.4	5.4	0.7	0.0	1.3	0.2	2.9	6.5	0.0	0.0	0.0	
05-02	Milk beverages	0.7	0.9	0.2	1.4	0.4	0.7	0.3	0.1	0.5	0.1	0.3	0.2	0.1	1.0	1.9	0.1	1.1	0.0	
05-03	Yoghurt	2.2	3.9	0.0	6.5	1.1	1.8	0.8	0.2	2.2	0.3	0.0	0.6	0.1	2.5	4.9	0.4	1.6	0.0	
05-04	Fromage blanc, petits suisses	0.3	0.4	0.0	0.7	0.2	0.3	0.2	0.0	0.4	0.1	0.0	0.1	0.0	0.2	0.5	0.0	0.0	0.0	
05-05	Cheese (including fresh cheeses)	5.3	9.6	0.0	16.5	11.5	19.3	7.9	2.4	21.1	7.6	0.0	5.9	1.5	0.1	0.1	0.0	0.0	0.0	
05-06	Cream desserts, puddings (milk based)	1.4	1.1	0.1	1.8	1.2	2.0	0.9	0.3	1.6	0.6	0.5	0.7	0.2	1.9	3.1	1.0	0.3	0.2	
05-07	Dairy and non-dairy creams	0.4	0.1	0.0	0.1	0.9	1.3	0.7	0.2	2.7	0.3	0.0	0.5	0.1	0.1	0.2	0.0	0.0	0.0	
05-07-01	Dairy creams	0.4	0.1	0.0	0.1	0.9	1.3	0.7	0.2	2.7	0.3	0.0	0.5	0.1	0.1	0.2	0.0	0.0	0.0	
05-07-02	Non-dairy creams	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
05-08	Milk for coffee and creamers	0.5	0.6	0.0	1.0	0.6	1.3	0.3	0.1	1.1	0.2	0.0	0.2	0.1	0.4	0.7	0.2	0.0	0.0	
06	Cereals and cereal products	23.4	22.8	56.7	0.5	10.4	6.5	11.0	16.3	5.1	13.1	5.8	12.8	17.7	35.2	6.0	60.4	42.8	0.0	
06-01	Flour, flakes, starches, semolina	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.2	0.0	

Group=Adults (19-69 years) - Normal and Underweight (n=1010)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
06-02	Pasta, rice, other grain	2.9	2.4	5.7	0.3	0.4	0.2	0.2	0.9	0.1	0.5	0.0	0.4	1.0	5.1	0.2	9.2	2.9	0.0
06-03	Bread, crisp bread, rusks	16.1	18.0	45.0	0.1	5.4	3.0	4.4	11.4	2.6	11.5	2.8	6.9	12.2	24.7	4.3	42.4	34.6	0.0
06-03-01	Bread	15.3	17.3	43.2	0.1	5.1	2.6	4.2	11.0	1.8	11.3	2.8	6.5	11.7	23.4	4.1	40.1	32.9	0.0
06-03-02	Crispbread, rusks	0.8	0.7	1.9	0.0	0.4	0.3	0.3	0.5	0.7	0.3	0.0	0.3	0.5	1.3	0.3	2.3	1.7	0.0
06-04	Breakfast cereals	1.3	0.8	2.2	0.0	0.8	0.8	0.9	0.9	0.0	0.3	2.8	0.9	1.0	1.9	1.1	2.8	2.5	0.0
06-05	Salty biscuits, aperitif biscuits, crackers	2.3	1.0	2.4	0.1	3.2	2.2	4.5	2.7	1.7	0.5	0.1	3.9	3.0	2.4	0.3	4.3	1.8	0.0
06-06	Dough and pastry (puff, shortcrust, pizza)	0.7	0.5	1.3	0.0	0.6	0.4	1.0	0.4	0.7	0.3	0.0	0.8	0.4	0.9	0.1	1.6	0.7	0.0
07	Meat and meat products	10.7	28.4	0.3	45.9	17.4	17.8	21.4	9.9	14.6	6.6	31.8	17.2	9.4	0.7	0.5	1.0	1.7	0.0
07-01	Fresh meat	3.9	12.0	0.0	19.0	5.8	6.4	7.2	2.1	7.1	1.4	4.8	5.4	2.1	0.1	0.1	0.1	0.4	0.0
07-01-00	Unclassified	1.0	2.3	0.0	3.8	1.8	1.9	2.2	0.8	1.7	0.6	0.5	1.7	0.8	0.0	0.0	0.0	0.1	0.0
07-01-01	Beef	1.6	5.3	0.0	8.4	2.3	2.7	2.9	0.4	4.4	0.6	2.1	2.1	0.4	0.0	0.0	0.0	0.1	0.0
07-01-02	Veal	0.1	0.2	0.0	0.4	0.1	0.1	0.1	0.0	0.1	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0
07-01-03	Pork	1.1	3.9	0.0	5.8	1.4	1.5	1.7	0.8	0.2	0.2	2.1	1.4	0.9	0.0	0.0	0.0	0.1	0.0
07-01-04	Mutton/Lamb	0.1	0.3	0.0	0.4	0.2	0.3	0.2	0.1	0.6	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0
07-01-05	Horse	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-06	Goat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02	Poultry	1.3	5.7	0.0	9.1	1.2	1.0	1.1	1.3	1.3	0.8	13.1	1.2	1.3	0.0	0.0	0.0	0.0	0.0
07-02-00	Unclassified and other poultry	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-01	Chicken, hen	1.2	5.4	0.0	8.7	1.1	0.9	1.0	1.2	1.2	0.8	12.9	1.0	1.1	0.0	0.0	0.0	0.0	0.0
07-02-02	Turkey, young turkey	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-03	Duck	0.0	0.1	0.0	0.1	0.1	0.1	0.1	0.1	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0
07-02-05	Rabbit (domestic)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-03	Game	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-04	Processed meat	5.4	10.6	0.3	17.6	10.3	10.4	13.0	6.5	6.2	4.3	13.7	10.6	6.0	0.7	0.4	0.9	1.3	0.0
07-05	Offals	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08	Fish and shellfish	1.2	4.0	0.2	6.3	1.4	0.9	1.5	2.0	0.5	1.1	24.5	1.7	0.8	0.2	0.0	0.4	0.1	0.0
08-01	Fish	0.9	2.8	0.0	4.6	1.2	0.8	1.4	1.7	0.3	1.0	17.7	1.5	0.7	0.1	0.0	0.1	0.0	0.0
08-02	Crustaceans, molluscs	0.1	0.4	0.0	0.7	0.0	0.0	0.0	0.1	0.0	0.0	3.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08-03	Fish products, fish in crumbs	0.2	0.7	0.1	1.1	0.2	0.1	0.1	0.3	0.2	0.1	3.7	0.2	0.1	0.1	0.0	0.2	0.1	0.0
09	Eggs and egg products	0.7	1.8	0.0	3.0	1.2	1.1	1.5	0.5	0.0	0.1	10.5	1.1	0.5	0.1	0.0	0.2	0.0	0.0
09-01	Egg	0.7	1.8	0.0	3.0	1.2	1.1	1.5	0.5	0.0	0.1	10.5	1.1	0.5	0.1	0.0	0.2	0.0	0.0
10	Fat	6.7	0.1	0.1	0.0	19.8	14.2	20.3	31.6	17.6	30.5	6.0	24.7	33.3	0.1	0.0	0.1	0.0	0.0

Group=Adults (19-69 years) - Normal and Underweight (n=1010)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
10-00	Unclassified	0.6	0.0	0.0	0.0	1.8	1.2	1.9	2.8	1.3	1.7	0.0	2.2	3.2	0.0	0.0	0.0	0.0	0.0
10-01	Vegetable oils	1.5	0.0	0.0	0.0	4.5	1.9	6.1	6.9	0.4	4.1	5.1	6.6	7.4	0.0	0.0	0.0	0.0	0.0
10-02	Butter	0.7	0.0	0.0	0.0	1.9	3.0	1.5	0.4	4.4	0.7	0.0	1.1	0.2	0.0	0.0	0.0	0.0	0.0
10-03	Margarines	3.4	0.0	0.1	0.0	10.2	7.3	9.2	19.3	10.5	23.1	0.9	12.9	19.9	0.0	0.0	0.1	0.0	0.0
10-04	Deep frying fats	0.5	0.0	0.0	0.0	1.4	0.8	1.5	2.3	0.9	0.9	0.0	1.8	2.6	0.0	0.0	0.0	0.0	0.0
10-06	Other animal fat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	7.1	1.6	2.7	0.9	4.9	6.4	5.3	2.2	2.6	0.8	0.2	4.2	1.9	11.0	21.4	1.9	3.3	0.5
11-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-01	Sugar, honey ,jam	2.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	4.6	9.4	0.3	0.2	0.0
11-02	Chocolate, candy bars, paste, chocolate confetti	2.6	0.9	1.6	0.4	3.6	4.4	4.2	1.9	0.4	0.5	0.1	3.4	1.7	2.8	5.5	0.5	2.1	0.5
11-03	Confectionery non-chocolate	0.9	0.4	0.8	0.0	0.2	0.2	0.2	0.2	0.4	0.1	0.1	0.2	0.1	1.6	2.7	0.8	0.4	0.0
11-04	Syrup	0.6	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.2	2.4	0.0	0.3	0.0
11-05	Ice cream, water ice	0.8	0.3	0.1	0.5	1.1	1.8	0.8	0.2	1.9	0.3	0.0	0.6	0.1	0.9	1.5	0.3	0.3	0.0
11-05-01	Ice cream	0.8	0.3	0.1	0.5	1.1	1.8	0.8	0.2	1.9	0.3	0.0	0.6	0.1	0.8	1.4	0.3	0.3	0.0
11-05-02	Sorbet	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-05-03	Water ice	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
12	Cakes	7.3	3.2	6.4	1.2	7.8	9.5	7.1	5.3	16.2	4.7	5.0	6.4	5.4	9.3	10.8	8.7	4.9	2.4
12-01	Cakes, pies, pastries, etc	4.4	2.1	4.0	0.9	4.8	5.8	4.1	3.2	11.8	3.2	2.7	3.8	3.3	5.5	6.6	5.0	2.9	2.2
12-02	Dry cakes, biscuits	2.9	1.2	2.4	0.3	3.0	3.7	3.0	2.1	4.4	1.6	2.4	2.6	2.1	3.8	4.2	3.6	2.0	0.2
13	Non-alcoholic beverages	5.9	2.1	4.7	0.5	0.7	1.3	0.3	0.2	0.7	0.5	0.0	0.3	0.2	10.9	21.2	0.8	2.1	0.2
13-00	Unclassified	0.0	0.0	0.0	0.0	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.2
13-01	Fruit and vegetable juices	2.0	0.6	1.4	0.0	0.1	0.0	0.0	0.1	0.0	0.3	0.0	0.1	0.1	3.8	7.5	0.3	1.4	0.0
13-02	Carbonated/soft/isotonic drinks, diluted syrups	3.0	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	6.2	12.0	0.1	0.0	0.0
13-03	Coffee, tea and herbal teas	0.8	1.4	3.1	0.5	0.6	1.1	0.3	0.1	0.7	0.1	0.0	0.2	0.1	0.9	1.5	0.4	0.6	0.0
13-03-01	Coffee	0.8	1.4	3.1	0.5	0.6	1.1	0.3	0.1	0.7	0.1	0.0	0.2	0.1	0.8	1.4	0.4	0.6	0.0
13-03-02	Tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-03	Herbal tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0
13-03-04	Chicory, substitutes	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-04	Waters	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14	Alcoholic beverages	5.0	0.7	1.7	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.6	2.4	2.5	2.0	96.7
14-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-01	Wine	1.9	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.7	1.6	0.0	0.0	44.6

Group=Adults (19-69 years) - Normal and Underweight (n=1010)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
14-02	Fortified wines (sherry, port, vermouth)	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.3	0.0	0.0	4.8
14-03	Beer, cider	2.4	0.6	1.6	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.6	0.2	2.5	2.0	35.8
14-04	Spirits, brandy	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	8.1
14-05	Aniseed drinks (pastis,....)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-06	Liqueurs	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.3	0.0	0.0	3.0
14-07	Cocktails, punches	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.4
15	Condiments and sauces	3.4	0.8	1.8	0.3	7.4	3.2	8.5	13.9	1.0	15.3	5.0	10.4	14.7	1.5	2.6	0.8	1.3	0.0
15-01	Sauces	3.2	0.7	1.5	0.2	7.3	3.1	8.4	13.8	1.0	15.2	4.9	10.4	14.6	1.4	2.5	0.7	1.1	0.0
15-01-00	Unclassified and other sauces	1.3	0.5	1.2	0.1	2.8	1.5	3.1	5.1	0.8	3.5	0.9	3.8	5.5	0.7	1.2	0.4	0.6	0.0
15-01-01	Tomato sauces	0.2	0.1	0.3	0.0	0.2	0.1	0.3	0.2	0.0	0.2	0.1	0.2	0.2	0.4	0.7	0.1	0.4	0.0
15-01-02	Dressing sauces	0.5	0.0	0.0	0.0	1.3	0.5	1.5	2.5	0.1	3.3	2.6	1.9	2.6	0.1	0.2	0.1	0.0	0.0
15-01-03	Mayonnaises and similars	1.1	0.1	0.0	0.1	3.0	1.1	3.5	6.0	0.1	8.2	1.3	4.4	6.3	0.2	0.3	0.1	0.1	0.0
15-01-04	Dessert sauces	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
15-02	Yeast	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
15-04	Condiments	0.1	0.1	0.2	0.0	0.1	0.1	0.1	0.1	0.0	0.0	0.1	0.1	0.1	0.1	0.1	0.1	0.2	0.0
16	Soups, bouillon	0.9	1.2	1.4	1.1	0.9	0.9	0.9	0.8	3.2	0.6	1.9	0.8	0.8	0.8	0.6	1.1	1.9	0.0
16-01	Soups	0.9	1.2	1.4	1.1	0.9	0.9	0.8	0.8	3.2	0.6	1.9	0.8	0.8	0.8	0.6	1.1	1.8	0.0
16-02	Bouillon	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17	Miscellaneous	1.6	2.0	2.4	1.7	2.1	2.0	2.0	2.2	1.8	1.2	0.8	2.1	1.8	1.4	0.7	2.1	1.4	0.0
17-00	Unclassified	0.1	0.2	0.2	0.1	0.1	0.0	0.1	0.2	0.0	0.0	0.0	0.1	0.1	0.1	0.0	0.1	0.2	0.0
17-01	Soya products	0.2	0.4	0.7	0.1	0.3	0.1	0.2	0.7	0.0	0.4	0.5	0.4	0.6	0.1	0.2	0.0	0.3	0.0
17-02	Dietetic products	0.2	0.2	0.1	0.3	0.2	0.0	0.2	0.2	0.0	0.2	0.0	0.2	0.3	0.2	0.2	0.2	0.1	0.0
17-02-00	Unclassified	0.2	0.2	0.1	0.3	0.2	0.0	0.2	0.2	0.0	0.2	0.0	0.2	0.3	0.2	0.2	0.2	0.1	0.0
17-02-01	Artificial sweeteners	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-03	Snacks	1.2	1.2	1.3	1.3	1.5	1.8	1.6	1.1	1.8	0.6	0.2	1.4	0.8	1.0	0.3	1.7	0.8	0.0

Group=Adults (19-69 years) - Overweight and Obese (n=1095)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01-01	Potatoes	4.5	2.5	7.0	0.0	1.6	1.8	1.3	1.8	1.4	4.2	0.1	1.4	1.3	8.2	0.3	14.5	9.6	0.0
01-02	Other tubers	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02	Vegetables	1.8	2.6	7.5	0.0	0.7	0.5	0.3	1.7	0.3	6.0	0.3	0.8	1.2	2.2	3.4	1.5	14.5	0.0
02-01	Leafy vegetables (except cabbages)	0.3	0.5	1.5	0.0	0.2	0.1	0.1	0.4	0.2	2.0	0.0	0.2	0.2	0.2	0.3	0.2	2.1	0.0
02-02	Fruiting vegetables	0.5	0.6	1.8	0.0	0.2	0.1	0.1	0.5	0.0	1.0	0.0	0.2	0.4	0.7	1.2	0.3	4.0	0.0
02-03	Root vegetables	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.2	0.5	0.1	1.2	0.0
02-04	Cabbages	0.3	0.6	1.8	0.0	0.1	0.1	0.0	0.4	0.0	2.1	0.0	0.1	0.1	0.3	0.4	0.3	3.0	0.0
02-05	Mushrooms	0.0	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.0
02-06	Grain and pod vegetables	0.1	0.2	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.2	0.6	0.0
02-07	Onion, garlic	0.2	0.2	0.5	0.0	0.1	0.0	0.0	0.2	0.0	0.3	0.3	0.1	0.2	0.3	0.5	0.3	1.4	0.0
02-08	Stalk vegetables, sprouts	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0
02-09	Mixed salad, mixed vegetables	0.2	0.3	0.9	0.0	0.1	0.1	0.0	0.1	0.0	0.5	0.0	0.1	0.1	0.3	0.4	0.2	1.8	0.0
03	Legumes	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.1	0.2	0.1	0.2	0.7	0.0
03-01	Legumes	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.1	0.2	0.1	0.2	0.7	0.0
04	Fruits, nuts and olives	5.2	2.6	6.4	0.0	4.5	2.2	5.6	6.7	0.0	4.3	0.8	6.0	7.4	6.7	12.2	2.5	10.7	0.0
04-01	Fruits	3.2	0.8	2.2	0.0	0.4	0.2	0.2	0.9	0.0	2.2	0.0	0.4	0.8	6.0	11.6	1.7	8.5	0.0
04-02	Nuts and seeds (+nut spread)	1.9	1.8	4.2	0.0	4.0	2.0	5.2	5.6	0.0	2.0	0.8	5.4	6.3	0.6	0.4	0.7	2.0	0.0
04-03	Mixed fruits	0.1	0.0	0.1	0.0	0.1	0.0	0.1	0.1	0.0	0.1	0.1	0.1	0.2	0.1	0.2	0.0	0.1	0.0
04-04	Olives	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0
05	Dairy products	14.7	23.4	0.4	37.5	18.8	31.3	12.9	4.0	33.9	10.2	0.8	9.7	2.4	10.0	20.7	1.9	3.5	0.4
05-01	Milk	3.3	6.3	0.0	9.9	2.5	4.2	1.7	0.4	4.6	0.7	0.0	1.2	0.2	3.3	7.7	0.0	0.0	0.0
05-02	Milk beverages	0.7	0.8	0.2	1.2	0.4	0.7	0.3	0.1	0.5	0.1	0.3	0.2	0.1	0.9	1.7	0.1	1.1	0.0
05-03	Yoghurt	2.4	4.1	0.0	6.7	0.9	1.6	0.7	0.2	1.8	0.2	0.0	0.5	0.1	3.0	6.2	0.5	2.0	0.0
05-04	Fromage blanc, petits suisses	0.3	0.4	0.0	0.7	0.2	0.3	0.1	0.0	0.3	0.1	0.0	0.1	0.0	0.3	0.6	0.1	0.0	0.0
05-05	Cheese (including fresh cheeses)	5.8	10.0	0.0	16.3	12.1	20.3	8.3	2.7	21.7	8.2	0.0	6.3	1.5	0.1	0.1	0.0	0.0	0.0
05-06	Cream desserts, puddings (milk based)	1.4	1.0	0.1	1.6	1.1	1.9	0.8	0.3	1.6	0.6	0.5	0.6	0.2	1.8	3.2	0.9	0.4	0.4
05-07	Dairy and non-dairy creams	0.3	0.1	0.0	0.1	0.8	1.2	0.6	0.2	2.3	0.2	0.0	0.4	0.1	0.1	0.2	0.0	0.0	0.0
05-07-01	Dairy creams	0.3	0.1	0.0	0.1	0.8	1.1	0.6	0.1	2.3	0.2	0.0	0.4	0.1	0.1	0.2	0.0	0.0	0.0
05-07-02	Non-dairy creams	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05-08	Milk for coffee and creamers	0.5	0.6	0.0	1.0	0.7	1.3	0.3	0.2	1.1	0.2	0.0	0.3	0.2	0.5	0.9	0.2	0.0	0.0
06	Cereals and cereal products	23.0	21.3	56.4	0.5	9.4	5.7	9.9	15.1	4.7	12.4	4.4	11.6	16.4	36.6	6.7	60.0	42.3	0.0
06-01	Flour, flakes, starches, semolina	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.1	0.0

Group=Adults (19-69 years) - Overweight and Obese (n=1095)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
06-02	Pasta, rice, other grain	3.0	2.4	5.8	0.3	0.4	0.2	0.2	0.9	0.0	0.4	0.0	0.4	1.0	5.5	0.2	9.3	2.9	0.0
06-03	Bread, crisp bread, rusks	16.2	16.9	45.4	0.1	5.2	2.9	4.4	10.8	2.7	11.0	1.9	6.6	11.6	26.2	5.1	43.0	35.0	0.0
06-03-01	Bread	15.3	16.2	43.3	0.1	4.8	2.5	4.1	10.3	1.9	10.7	1.9	6.3	11.1	24.7	4.7	40.5	33.2	0.0
06-03-02	Crispbread, rusks	0.9	0.7	2.1	0.0	0.4	0.3	0.3	0.5	0.8	0.3	0.0	0.4	0.6	1.5	0.4	2.5	1.8	0.0
06-04	Breakfast cereals	1.1	0.6	1.7	0.0	0.7	0.6	0.7	0.8	0.0	0.3	2.4	0.7	0.9	1.6	1.0	2.2	2.0	0.0
06-05	Salty biscuits, aperitif biscuits, crackers	1.9	0.8	2.0	0.1	2.5	1.6	3.6	2.2	1.4	0.4	0.1	3.1	2.5	2.2	0.3	3.5	1.5	0.0
06-06	Dough and pastry (puff, shortcrust, pizza)	0.8	0.6	1.4	0.0	0.6	0.3	1.0	0.4	0.6	0.2	0.0	0.8	0.4	1.0	0.1	1.8	0.8	0.0
07	Meat and meat products	12.2	30.1	0.3	47.0	19.6	19.7	24.3	11.4	15.6	7.2	34.4	19.6	10.9	0.8	0.6	1.0	1.7	0.0
07-01	Fresh meat	4.7	13.4	0.0	20.6	7.1	7.5	8.9	2.8	7.4	1.6	6.5	6.7	2.8	0.1	0.1	0.0	0.4	0.0
07-01-00	Unclassified	1.1	2.4	0.0	3.8	2.1	2.1	2.6	0.9	1.8	0.6	0.7	2.0	0.9	0.0	0.0	0.0	0.1	0.0
07-01-01	Beef	1.7	5.0	0.0	7.7	2.5	2.7	3.2	0.5	4.4	0.6	1.7	2.3	0.4	0.0	0.0	0.0	0.2	0.0
07-01-02	Veal	0.0	0.1	0.0	0.1	0.1	0.1	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-03	Pork	1.8	5.5	0.0	8.3	2.2	2.2	2.7	1.3	0.4	0.2	3.9	2.2	1.4	0.0	0.0	0.0	0.1	0.0
07-01-04	Mutton/Lamb	0.2	0.4	0.0	0.6	0.3	0.4	0.3	0.1	0.8	0.1	0.2	0.2	0.0	0.0	0.0	0.0	0.0	0.0
07-01-05	Horse	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-06	Goat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02	Poultry	1.5	5.4	0.0	8.4	1.5	1.2	1.4	1.8	1.3	1.0	12.3	1.5	1.8	0.0	0.0	0.0	0.0	0.0
07-02-00	Unclassified and other poultry	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-01	Chicken, hen	1.4	5.2	0.0	8.0	1.3	1.1	1.2	1.6	1.3	1.0	12.3	1.3	1.6	0.0	0.0	0.0	0.0	0.0
07-02-02	Turkey, young turkey	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-03	Duck	0.1	0.1	0.0	0.2	0.1	0.1	0.2	0.1	0.0	0.0	0.0	0.2	0.2	0.0	0.0	0.0	0.0	0.0
07-02-05	Rabbit (domestic)	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-03	Game	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-04	Processed meat	6.0	11.2	0.3	17.9	11.0	10.9	14.0	6.8	6.9	4.6	15.6	11.4	6.3	0.7	0.5	1.0	1.3	0.0
07-05	Offals	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08	Fish and shellfish	1.3	4.1	0.2	6.3	1.6	1.1	1.8	2.0	0.5	1.1	23.1	1.9	0.8	0.2	0.0	0.4	0.1	0.0
08-01	Fish	1.0	3.1	0.0	4.8	1.3	0.9	1.6	1.7	0.3	1.0	17.5	1.6	0.6	0.1	0.0	0.2	0.0	0.0
08-02	Crustaceans, molluscs	0.1	0.4	0.0	0.6	0.0	0.0	0.0	0.1	0.0	0.0	3.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08-03	Fish products, fish in crumbs	0.2	0.6	0.1	0.9	0.2	0.2	0.2	0.3	0.3	0.2	2.3	0.2	0.2	0.1	0.0	0.2	0.1	0.0
09	Eggs and egg products	0.8	1.9	0.0	3.1	1.4	1.3	1.8	0.7	0.0	0.1	11.7	1.4	0.7	0.1	0.0	0.2	0.0	0.0
09-01	Egg	0.8	1.9	0.0	3.1	1.4	1.3	1.8	0.7	0.0	0.1	11.7	1.4	0.7	0.1	0.0	0.2	0.0	0.0
10	Fat	6.8	0.1	0.1	0.0	19.8	14.4	19.7	32.7	18.1	31.8	4.7	24.6	34.4	0.1	0.1	0.1	0.0	0.0

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Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
10-00	Unclassified	0.6	0.0	0.0	0.0	1.7	1.1	1.9	2.7	1.2	1.5	0.0	2.2	3.1	0.0	0.0	0.0	0.0	0.0
10-01	Vegetable oils	1.2	0.0	0.0	0.0	3.5	1.4	4.6	6.0	0.4	3.8	4.0	5.3	6.5	0.0	0.0	0.0	0.0	0.0
10-02	Butter	0.7	0.0	0.0	0.0	2.0	3.1	1.5	0.4	4.5	0.7	0.0	1.2	0.2	0.0	0.0	0.0	0.0	0.0
10-03	Margarines	3.7	0.0	0.1	0.0	11.0	7.8	9.9	21.0	10.8	24.7	0.7	13.9	21.7	0.0	0.0	0.1	0.0	0.0
10-04	Deep frying fats	0.6	0.0	0.0	0.0	1.6	1.0	1.7	2.6	1.1	1.1	0.0	2.0	2.9	0.0	0.0	0.0	0.0	0.0
10-06	Other animal fat	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	5.8	1.3	2.1	0.9	4.4	5.9	4.5	1.8	2.8	0.8	0.2	3.6	1.5	9.0	18.1	1.6	2.8	0.7
11-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-01	Sugar, honey ,jam	1.6	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.5	7.4	0.3	0.2	0.0
11-02	Chocolate, candy bars, paste, chocolate confetti	2.2	0.7	1.4	0.4	3.0	3.7	3.5	1.5	0.3	0.3	0.1	2.8	1.3	2.4	4.8	0.4	1.8	0.7
11-03	Confectionery non-chocolate	0.7	0.2	0.6	0.0	0.2	0.2	0.2	0.2	0.3	0.1	0.0	0.2	0.1	1.3	2.3	0.6	0.3	0.0
11-04	Syrup	0.4	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.8	1.8	0.0	0.2	0.0
11-05	Ice cream, water ice	0.9	0.3	0.1	0.5	1.2	2.0	0.9	0.2	2.1	0.3	0.0	0.7	0.1	1.0	1.9	0.3	0.3	0.0
11-05-01	Ice cream	0.9	0.3	0.1	0.5	1.2	2.0	0.9	0.2	2.1	0.3	0.0	0.7	0.1	0.9	1.8	0.3	0.3	0.0
11-05-02	Sorbet	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-05-03	Water ice	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
12	Cakes	7.1	3.0	6.2	1.1	7.4	8.8	6.7	5.2	16.0	4.6	4.8	6.1	5.2	9.3	11.4	8.3	4.8	2.1
12-01	Cakes, pies, pastries, etc	4.6	2.0	4.0	0.9	4.8	5.7	4.2	3.4	12.6	3.2	2.7	3.8	3.3	5.8	7.2	5.0	3.0	2.1
12-02	Dry cakes, biscuits	2.6	1.0	2.2	0.2	2.5	3.1	2.5	1.9	3.3	1.4	2.1	2.3	1.9	3.5	4.1	3.2	1.8	0.0
13	Non-alcoholic beverages	5.2	2.4	5.6	0.6	0.7	1.1	0.3	0.2	0.8	0.4	0.0	0.3	0.2	9.8	19.8	0.8	2.6	0.3
13-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.3
13-01	Fruit and vegetable juices	2.0	0.5	1.4	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.1	0.1	3.9	8.0	0.3	1.6	0.0
13-02	Carbonated/soft/isotonic drinks, diluted syrups	2.3	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	4.9	10.0	0.1	0.0	0.0
13-03	Coffee, tea and herbal teas	0.9	1.8	4.0	0.6	0.6	1.0	0.3	0.1	0.8	0.2	0.0	0.2	0.1	0.9	1.7	0.4	0.9	0.0
13-03-01	Coffee	0.9	1.8	4.0	0.6	0.6	1.0	0.3	0.1	0.8	0.2	0.0	0.2	0.1	0.9	1.5	0.4	0.9	0.0
13-03-02	Tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-03	Herbal tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0
13-03-04	Chicory, substitutes	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-04	Waters	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14	Alcoholic beverages	5.4	0.7	2.0	0.0	0.1	0.1	0.1	0.0	0.2	0.0	0.1	0.0	0.0	2.9	2.3	3.0	2.2	96.5
14-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-01	Wine	1.8	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.6	1.5	0.0	0.0	38.6

Group=Adults (19-69 years) - Overweight and Obese (n=1095)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
14-02	Fortified wines (sherry, port, vermouth)	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.4	0.0	0.0	6.2
14-03	Beer, cider	2.6	0.7	1.8	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.9	0.1	3.0	2.2	38.6
14-04	Spirits, brandy	0.5	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	9.2
14-05	Aniseed drinks (pastis,....)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1
14-06	Liqueurs	0.2	0.0	0.0	0.0	0.1	0.1	0.1	0.0	0.2	0.0	0.1	0.0	0.0	0.1	0.3	0.0	0.0	3.3
14-07	Cocktails, punches	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.4
15	Condiments and sauces	3.5	0.7	1.6	0.3	7.4	3.2	8.4	14.1	1.0	14.8	4.3	10.5	14.8	1.7	3.0	0.8	1.1	0.0
15-01	Sauces	3.4	0.6	1.4	0.2	7.3	3.1	8.3	14.0	1.0	14.8	4.2	10.4	14.7	1.6	2.9	0.7	0.9	0.0
15-01-00	Unclassified and other sauces	1.5	0.4	1.1	0.1	3.1	1.6	3.3	5.6	0.8	3.8	1.0	4.2	6.0	0.8	1.4	0.4	0.5	0.0
15-01-01	Tomato sauces	0.2	0.1	0.2	0.0	0.1	0.1	0.2	0.2	0.0	0.1	0.2	0.2	0.2	0.4	0.8	0.1	0.2	0.0
15-01-02	Dressing sauces	0.6	0.0	0.0	0.0	1.4	0.5	1.6	2.7	0.1	3.6	2.3	2.0	2.7	0.2	0.2	0.2	0.1	0.0
15-01-03	Mayonnaises and similars	1.1	0.1	0.0	0.1	2.7	0.9	3.2	5.5	0.1	7.3	0.7	4.0	5.7	0.2	0.3	0.1	0.1	0.0
15-01-04	Dessert sauces	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
15-02	Yeast	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
15-04	Condiments	0.1	0.1	0.2	0.0	0.1	0.1	0.1	0.1	0.0	0.1	0.1	0.1	0.1	0.1	0.1	0.1	0.2	0.0
16	Soups, bouillon	1.1	1.5	1.7	1.4	1.1	1.1	1.0	1.0	3.2	0.8	3.4	1.0	1.1	1.0	0.7	1.3	2.2	0.0
16-01	Soups	1.0	1.5	1.7	1.4	1.1	1.1	1.0	1.0	3.2	0.8	3.4	1.0	1.1	1.0	0.7	1.2	2.2	0.0
16-02	Bouillon	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17	Miscellaneous	1.4	1.7	2.0	1.2	1.6	1.8	1.5	1.4	1.7	0.9	1.0	1.5	1.1	1.4	0.7	1.9	1.3	0.0
17-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0
17-01	Soya products	0.1	0.2	0.4	0.0	0.1	0.1	0.1	0.3	0.0	0.2	0.6	0.2	0.3	0.1	0.2	0.0	0.2	0.0
17-02	Dietetic products	0.2	0.3	0.3	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.2	0.1	0.2	0.0
17-02-00	Unclassified	0.2	0.3	0.3	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.2	0.1	0.2	0.0
17-02-01	Artificial sweeteners	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-03	Snacks	1.1	1.1	1.3	1.1	1.4	1.6	1.4	1.0	1.7	0.7	0.4	1.2	0.7	1.1	0.3	1.7	0.8	0.0

Table 2.4.b Average contribution of food subgroups to the intake of macronutrients of the Dutch children and adults stratified by BMI category and gender (DNFCS 2007-2010), weighted for socio-demographic factors, season and day of the week

Group=Male Children (7-18 years) - Normal and Underweight (n=717)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01-01	Potatoes	4.9	3.2	7.9	0.1	2.1	2.6	1.8	2.1	1.3	4.8	0.1	1.8	1.7	7.2	0.2	14.5	11.7	0.0
01-02	Other tubers	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02	Vegetables	1.1	1.8	4.5	0.0	0.4	0.3	0.1	1.0	0.2	4.0	0.2	0.4	0.7	1.1	1.4	0.8	9.8	0.0
02-01	Leafy vegetables (except cabbages)	0.1	0.2	0.6	0.0	0.1	0.1	0.0	0.2	0.2	1.1	0.0	0.1	0.1	0.1	0.1	0.1	1.1	0.0
02-02	Fruiting vegetables	0.3	0.4	1.1	0.0	0.1	0.1	0.0	0.3	0.0	0.8	0.0	0.1	0.3	0.3	0.5	0.2	2.7	0.0
02-03	Root vegetables	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.2	0.3	0.0	1.2	0.0
02-04	Cabbages	0.2	0.5	1.2	0.0	0.1	0.0	0.0	0.2	0.0	1.5	0.0	0.1	0.1	0.1	0.1	0.1	2.1	0.0
02-05	Mushrooms	0.0	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0
02-06	Grain and pod vegetables	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.5	0.0
02-07	Onion, garlic	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.2	0.0	0.1	0.1	0.2	0.1	0.9	0.0
02-08	Stalk vegetables, sprouts	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02-09	Mixed salad, mixed vegetables	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.1	0.1	0.1	1.0	0.0
03	Legumes	0.1	0.2	0.4	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.1	0.0	0.2	0.6	0.0
03-01	Legumes	0.1	0.2	0.4	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.1	0.0	0.2	0.6	0.0
04	Fruits, nuts and olives	4.2	2.7	5.8	0.0	4.5	2.4	5.0	7.4	0.0	4.2	0.3	5.8	8.1	4.2	6.4	1.9	8.5	0.0
04-01	Fruits	2.2	0.5	1.4	0.0	0.2	0.1	0.0	0.4	0.0	1.3	0.0	0.2	0.4	3.6	5.9	1.2	6.3	0.0
04-02	Nuts and seeds (+nut spread)	2.0	2.1	4.4	0.0	4.3	2.3	4.9	6.9	0.0	2.9	0.3	5.6	7.7	0.6	0.4	0.8	2.1	0.0
04-03	Mixed fruits	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.1	0.0
04-04	Olives	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05	Dairy products	13.8	23.9	0.5	40.8	15.3	25.7	10.2	3.0	29.9	8.9	0.9	7.7	1.7	10.7	18.8	2.1	3.7	6.9
05-01	Milk	4.0	8.8	0.0	14.9	3.6	6.2	2.3	0.5	7.3	1.1	0.0	1.7	0.3	3.3	6.6	0.0	0.0	0.0
05-02	Milk beverages	1.1	1.5	0.4	2.3	0.7	1.1	0.5	0.1	0.8	0.2	0.2	0.4	0.1	1.4	2.5	0.2	1.8	0.0
05-03	Yoghurt	2.8	4.7	0.0	8.1	0.8	1.3	0.5	0.1	1.7	0.2	0.0	0.4	0.1	3.5	6.1	0.6	1.4	0.0
05-04	Fromage blanc, petits suisses	0.2	0.4	0.0	0.6	0.2	0.4	0.2	0.1	0.6	0.1	0.0	0.1	0.0	0.2	0.4	0.0	0.0	0.0
05-05	Cheese (including fresh cheeses)	3.5	6.8	0.0	11.9	7.7	12.9	5.1	1.7	15.0	6.1	0.0	3.9	1.0	0.0	0.1	0.0	0.0	0.0
05-06	Cream desserts, puddings (milk based)	1.8	1.6	0.1	2.7	1.6	2.8	1.1	0.3	2.2	1.0	0.6	0.8	0.2	2.2	3.1	1.3	0.4	6.9
05-07	Dairy and non-dairy creams	0.2	0.1	0.0	0.1	0.6	0.9	0.4	0.1	2.2	0.2	0.0	0.3	0.1	0.1	0.1	0.0	0.0	0.0
05-07-01	Dairy creams	0.2	0.1	0.0	0.1	0.6	0.9	0.4	0.1	2.2	0.2	0.0	0.3	0.1	0.1	0.1	0.0	0.0	0.0
05-07-02	Non-dairy creams	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Group=Male Children (7-18 years) - Normal and Underweight (n=717)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
05-08	Milk for coffee and creamers	0.0	0.1	0.0	0.1	0.1	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
06	Cereals and cereal products	23.5	24.6	59.2	0.7	11.2	6.9	13.0	15.3	6.2	11.9	3.0	13.7	16.5	31.1	4.3	59.5	45.2	0.0
06-01	Flour, flakes, starches, semolina	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0
06-02	Pasta, rice, other grain	2.5	2.5	5.4	0.4	0.4	0.2	0.2	0.8	0.4	0.5	0.0	0.4	0.8	3.9	0.1	7.4	2.9	0.0
06-03	Bread, crisp bread, rusks	15.2	19.0	46.2	0.1	4.3	2.5	3.5	8.6	3.2	10.1	1.4	5.2	9.0	21.3	3.0	41.0	35.5	0.0
06-03-01	Bread	14.8	18.6	45.3	0.1	4.1	2.3	3.3	8.3	2.5	9.9	1.4	5.0	8.8	20.7	2.8	39.9	34.8	0.0
06-03-02	Crispbread, rusks	0.4	0.4	1.0	0.0	0.2	0.2	0.2	0.2	0.7	0.1	0.0	0.2	0.2	0.6	0.1	1.1	0.7	0.0
06-04	Breakfast cereals	1.1	0.7	1.8	0.0	0.4	0.4	0.4	0.5	0.0	0.2	1.5	0.4	0.5	1.5	0.8	2.3	2.0	0.0
06-05	Salty biscuits, aperitif biscuits, crackers	3.8	1.8	4.0	0.2	5.4	3.4	7.8	5.0	2.1	0.7	0.1	6.8	5.6	3.4	0.3	6.7	3.7	0.0
06-06	Dough and pastry (puff, shortcrust, pizza)	0.8	0.7	1.8	0.0	0.6	0.3	1.1	0.5	0.5	0.3	0.0	0.9	0.5	1.0	0.1	2.0	1.0	0.0
07	Meat and meat products	10.4	27.6	0.3	45.9	18.7	19.2	22.5	10.9	16.0	7.2	37.4	18.5	9.6	0.8	0.4	1.3	2.3	0.0
07-01	Fresh meat	3.1	9.9	0.0	16.3	5.2	5.6	6.3	2.1	5.9	1.4	5.7	4.8	2.1	0.0	0.1	0.0	0.4	0.0
07-01-00	Unclassified	0.9	2.4	0.0	3.8	1.7	1.8	2.1	0.8	1.6	0.6	0.7	1.7	0.8	0.0	0.0	0.0	0.1	0.0
07-01-01	Beef	1.0	3.1	0.0	5.2	1.7	1.9	2.1	0.3	3.3	0.5	1.4	1.5	0.2	0.0	0.0	0.0	0.1	0.0
07-01-02	Veal	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-03	Pork	1.1	4.1	0.0	6.5	1.5	1.6	1.8	1.0	0.3	0.3	3.3	1.5	1.0	0.0	0.0	0.0	0.1	0.0
07-01-04	Mutton/Lamb	0.1	0.3	0.0	0.5	0.2	0.2	0.2	0.1	0.6	0.1	0.3	0.1	0.0	0.0	0.0	0.0	0.0	0.0
07-01-05	Horse	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-06	Goat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02	Poultry	0.9	4.2	0.0	6.9	0.8	0.6	0.7	0.9	0.9	0.6	12.1	0.8	0.9	0.0	0.0	0.0	0.0	0.0
07-02-00	Unclassified and other poultry	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-01	Chicken, hen	0.8	4.1	0.0	6.7	0.8	0.6	0.7	0.9	0.9	0.6	11.9	0.8	0.9	0.0	0.0	0.0	0.0	0.0
07-02-02	Turkey, young turkey	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-03	Duck	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-05	Rabbit (domestic)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-03	Game	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-04	Processed meat	6.5	13.5	0.3	22.7	12.8	12.9	15.6	7.9	9.1	5.2	19.6	12.9	6.6	0.8	0.4	1.2	1.9	0.0
07-05	Offals	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08	Fish and shellfish	0.5	1.9	0.1	3.1	0.6	0.3	0.5	0.8	0.2	0.5	13.5	0.6	0.4	0.1	0.0	0.2	0.1	0.0
08-01	Fish	0.3	1.0	0.0	1.7	0.3	0.2	0.4	0.5	0.1	0.3	6.6	0.4	0.2	0.0	0.0	0.0	0.0	0.0
08-02	Crustaceans, molluscs	0.0	0.2	0.0	0.4	0.0	0.0	0.0	0.1	0.0	0.0	2.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08-03	Fish products, fish in crumbs	0.2	0.7	0.1	1.1	0.2	0.1	0.1	0.3	0.2	0.1	4.6	0.2	0.1	0.1	0.0	0.2	0.1	0.0

Group=Male Children (7-18 years) - Normal and Underweight (n=717)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
09	Eggs and egg products	0.5	1.4	0.0	2.5	0.9	0.8	1.0	0.4	0.0	0.1	11.1	0.8	0.4	0.1	0.0	0.1	0.0	0.0
09-01	Egg	0.5	1.4	0.0	2.5	0.9	0.8	1.0	0.4	0.0	0.1	11.1	0.8	0.4	0.1	0.0	0.1	0.0	0.0
10	Fat	6.0	0.1	0.1	0.0	18.0	13.2	16.8	31.2	18.5	31.5	7.5	22.0	32.5	0.0	0.0	0.1	0.0	0.0
10-00	Unclassified	0.8	0.0	0.0	0.0	2.3	1.7	2.4	3.6	2.0	2.1	0.0	2.8	4.1	0.0	0.0	0.0	0.0	0.0
10-01	Vegetable oils	0.8	0.0	0.0	0.0	2.5	1.1	2.7	5.1	0.3	3.4	5.4	3.7	5.4	0.0	0.0	0.0	0.0	0.0
10-02	Butter	0.5	0.0	0.0	0.0	1.4	2.2	1.0	0.3	3.4	0.5	0.0	0.8	0.1	0.0	0.0	0.0	0.0	0.0
10-03	Margarines	3.2	0.0	0.1	0.0	9.6	7.0	8.4	18.5	11.3	23.8	2.1	11.9	18.7	0.0	0.0	0.1	0.0	0.0
10-04	Deep frying fats	0.8	0.0	0.0	0.0	2.2	1.3	2.3	3.8	1.5	1.7	0.0	2.8	4.2	0.0	0.0	0.0	0.0	0.0
10-06	Other animal fat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	10.9	2.9	4.6	1.8	9.0	10.9	9.9	5.1	4.9	1.8	0.3	8.2	4.4	14.3	24.3	3.4	5.1	0.6
11-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-01	Sugar, honey ,jam	1.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.1	3.8	0.2	0.1	0.0
11-02	Chocolate, candy bars, paste, chocolate confetti	4.7	1.6	2.8	0.7	6.7	7.3	8.1	4.3	0.8	0.7	0.2	6.8	3.8	4.5	8.0	0.8	3.6	0.6
11-03	Confectionery non-chocolate	2.1	0.7	1.5	0.1	0.4	0.4	0.4	0.4	0.5	0.5	0.1	0.4	0.3	3.4	4.8	1.8	0.4	0.0
11-04	Syrup	1.5	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.8	5.3	0.1	0.3	0.0
11-05	Ice cream, water ice	1.5	0.6	0.2	0.9	1.9	3.3	1.4	0.3	3.6	0.5	0.0	1.1	0.2	1.5	2.4	0.5	0.6	0.0
11-05-01	Ice cream	1.3	0.6	0.2	0.9	1.9	3.3	1.4	0.3	3.6	0.5	0.0	1.0	0.2	1.2	1.9	0.5	0.6	0.0
11-05-02	Sorbet	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-05-03	Water ice	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.5	0.0	0.1	0.0
12	Cakes	8.9	4.9	8.9	1.9	9.6	11.5	8.9	7.1	17.3	6.7	9.9	8.2	6.9	9.8	9.3	10.9	6.9	10.0
12-01	Cakes, pies, pastries, etc	4.3	2.8	4.7	1.5	4.9	5.7	4.2	3.9	11.8	4.2	5.2	4.1	4.0	4.5	4.2	5.1	3.2	10.0
12-02	Dry cakes, biscuits	4.6	2.1	4.1	0.4	4.7	5.8	4.7	3.2	5.5	2.5	4.7	4.2	2.9	5.3	5.1	5.7	3.7	0.0
13	Non-alcoholic beverages	9.0	0.7	1.5	0.1	0.1	0.1	0.0	0.1	0.0	0.3	0.0	0.1	0.1	16.7	31.6	0.4	1.3	0.0
13-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-01	Fruit and vegetable juices	2.3	0.4	1.1	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.1	4.0	7.6	0.2	1.1	0.0
13-02	Carbonated/soft/isotonic drinks, diluted syrups	6.7	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	12.6	23.9	0.2	0.1	0.0
13-03	Coffee, tea and herbal teas	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0
13-03-01	Coffee	0.0	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
13-03-02	Tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-03	Herbal tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-04	Chicory, substitutes	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-04	Waters	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Group=Male Children (7-18 years) - Normal and Underweight (n=717)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
14	Alcoholic beverages	0.8	0.2	0.5	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.5	0.2	0.7	0.6	82.5
14-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-01	Wine	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	7.1
14-02	Fortified wines (sherry, port, vermouth)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	11.1
14-03	Beer, cider	0.7	0.2	0.5	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.5	0.1	0.7	0.6	55.4
14-04	Spirits, brandy	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.6
14-05	Aniseed drinks (pastis,....)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.1
14-06	Liqueurs	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.9
14-07	Cocktails, punches	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.3
15	Condiments and sauces	3.0	0.8	1.8	0.2	6.6	2.9	7.4	12.6	0.7	15.5	7.4	9.2	12.9	1.4	2.1	0.7	1.3	0.0
15-01	Sauces	3.0	0.7	1.6	0.2	6.5	2.8	7.4	12.5	0.7	15.5	7.4	9.2	12.9	1.3	2.0	0.6	1.1	0.0
15-01-00	Unclassified and other sauces	1.1	0.5	1.2	0.1	2.4	1.3	2.6	4.5	0.6	3.3	1.1	3.3	4.7	0.5	0.8	0.3	0.6	0.0
15-01-01	Tomato sauces	0.3	0.2	0.3	0.0	0.1	0.1	0.2	0.1	0.0	0.1	0.2	0.1	0.2	0.5	0.8	0.1	0.4	0.0
15-01-02	Dressing sauces	0.5	0.0	0.1	0.0	1.1	0.4	1.4	2.2	0.0	3.4	4.7	1.7	2.2	0.1	0.1	0.1	0.0	0.0
15-01-03	Mayonnaises and similars	1.1	0.1	0.0	0.1	2.9	1.0	3.3	5.6	0.1	8.6	1.4	4.1	5.8	0.2	0.2	0.1	0.1	0.0
15-01-04	Dessert sauces	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
15-02	Yeast	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
15-04	Condiments	0.1	0.1	0.2	0.0	0.1	0.1	0.0	0.1	0.0	0.0	0.1	0.0	0.0	0.1	0.1	0.1	0.2	0.0
16	Soups, bouillon	0.5	0.9	0.9	0.8	0.5	0.5	0.5	0.5	1.6	0.4	2.1	0.5	0.5	0.4	0.2	0.6	1.2	0.0
16-01	Soups	0.5	0.8	0.9	0.8	0.5	0.5	0.5	0.5	1.6	0.4	2.1	0.5	0.5	0.4	0.2	0.6	1.2	0.0
16-02	Bouillon	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17	Miscellaneous	1.9	2.4	2.8	2.1	2.4	2.7	2.2	2.3	3.1	2.0	1.4	2.3	1.9	1.5	0.6	2.5	1.8	0.0
17-00	Unclassified	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-01	Soya products	0.2	0.3	0.6	0.0	0.2	0.1	0.1	0.5	0.0	0.4	0.5	0.3	0.5	0.1	0.2	0.0	0.3	0.0
17-02	Dietetic products	0.0	0.1	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-02-00	Unclassified	0.0	0.1	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-02-01	Artificial sweeteners	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-03	Snacks	1.7	2.0	2.1	2.0	2.2	2.5	2.1	1.8	3.1	1.5	0.9	2.0	1.4	1.4	0.3	2.5	1.4	0.0

Group=Male Children (7-18 years) - Overweight and Obese (n=139)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01-01	Potatoes	4.6	2.9	7.5	0.2	1.8	2.2	1.5	2.0	0.7	4.7	0.3	1.6	1.5	7.0	0.3	14.1	10.8	0.0
01-02	Other tubers	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02	Vegetables	1.2	1.8	4.7	0.0	0.5	0.4	0.2	1.1	0.5	4.7	0.1	0.5	0.7	1.2	1.7	0.9	10.1	0.0
02-01	Leafy vegetables (except cabbages)	0.2	0.4	0.9	0.0	0.2	0.2	0.1	0.4	0.5	1.9	0.0	0.2	0.2	0.1	0.1	0.2	1.5	0.0
02-02	Fruiting vegetables	0.4	0.5	1.4	0.0	0.1	0.1	0.0	0.3	0.0	0.8	0.0	0.1	0.2	0.4	0.6	0.2	3.2	0.0
02-03	Root vegetables	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.1	0.3	0.0	1.0	0.0
02-04	Cabbages	0.2	0.3	0.9	0.0	0.1	0.0	0.0	0.2	0.0	1.4	0.0	0.1	0.1	0.2	0.3	0.1	1.9	0.0
02-05	Mushrooms	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0
02-06	Grain and pod vegetables	0.1	0.1	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.4	0.0
02-07	Onion, garlic	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.2	0.2	0.1	0.8	0.0
02-08	Stalk vegetables, sprouts	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02-09	Mixed salad, mixed vegetables	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.1	0.2	0.1	1.1	0.0
03	Legumes	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	0.0	0.0	0.1	0.1	0.2	0.7	0.0
03-01	Legumes	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	0.0	0.0	0.1	0.1	0.2	0.7	0.0
04	Fruits, nuts and olives	4.6	2.7	6.2	0.0	4.9	2.7	5.2	8.4	0.0	5.5	0.1	6.4	8.9	4.5	7.4	1.7	9.0	0.0
04-01	Fruits	2.4	0.6	1.5	0.0	0.2	0.1	0.1	0.5	0.0	1.5	0.0	0.2	0.4	4.1	7.0	1.3	7.0	0.0
04-02	Nuts and seeds (+nut spread)	2.2	2.1	4.7	0.0	4.7	2.6	5.1	7.9	0.0	4.0	0.1	6.1	8.5	0.4	0.4	0.4	2.0	0.0
04-03	Mixed fruits	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0
04-04	Olives	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05	Dairy products	13.4	22.0	0.7	37.0	15.0	24.9	10.1	3.1	28.1	9.3	1.3	7.7	1.8	10.5	19.4	2.3	4.9	9.7
05-01	Milk	3.2	6.8	0.0	11.5	2.8	4.7	1.8	0.4	5.3	0.9	0.0	1.3	0.2	2.7	5.9	0.0	0.0	0.0
05-02	Milk beverages	1.4	1.8	0.4	2.8	0.8	1.2	0.6	0.2	0.9	0.2	0.8	0.4	0.1	1.7	3.0	0.3	2.5	0.0
05-03	Yoghurt	2.6	4.1	0.0	6.6	0.6	1.1	0.4	0.1	1.2	0.2	0.0	0.3	0.1	3.5	6.5	0.6	1.9	0.0
05-04	Fromage blanc, petits suisses	0.1	0.1	0.0	0.2	0.1	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0
05-05	Cheese (including fresh cheeses)	3.8	7.6	0.0	13.4	8.7	14.4	5.9	1.9	16.3	6.5	0.0	4.5	1.1	0.0	0.1	0.0	0.0	0.0
05-06	Cream desserts, puddings (milk based)	1.9	1.5	0.2	2.4	1.5	2.4	1.0	0.4	2.0	1.1	0.5	0.8	0.3	2.4	3.5	1.4	0.5	9.7
05-07	Dairy and non-dairy creams	0.2	0.0	0.0	0.1	0.6	0.9	0.4	0.1	2.1	0.2	0.0	0.3	0.1	0.1	0.1	0.0	0.0	0.0
05-07-01	Dairy creams	0.2	0.0	0.0	0.1	0.6	0.9	0.4	0.1	2.1	0.2	0.0	0.3	0.1	0.1	0.1	0.0	0.0	0.0
05-07-02	Non-dairy creams	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05-08	Milk for coffee and creamers	0.1	0.1	0.0	0.1	0.1	0.2	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
06	Cereals and cereal products	24.0	24.1	59.0	0.7	10.7	6.9	12.0	15.1	6.3	12.4	4.7	13.0	16.4	32.8	4.6	59.7	43.5	0.0
06-01	Flour, flakes, starches, semolina	0.1	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	0.3	0.1	0.0

Group=Male Children (7-18 years) - Overweight and Obese (n=139)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Lino leic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
06-02	Pasta, rice, other grain	2.8	2.3	5.6	0.3	0.4	0.2	0.2	0.9	0.2	0.6	0.0	0.4	1.0	4.5	0.2	8.1	3.0	0.0
06-03	Bread, crisp bread, rusks	16.5	19.0	46.7	0.2	5.0	2.9	4.2	9.8	3.8	10.8	2.9	6.1	10.4	23.2	3.3	42.6	35.4	0.0
06-03-01	Bread	15.9	18.5	45.4	0.2	4.6	2.6	3.8	9.3	2.9	10.4	2.9	5.6	9.8	22.4	3.1	41.2	34.4	0.0
06-03-02	Crispbread, rusks	0.6	0.5	1.3	0.0	0.4	0.4	0.4	0.5	0.9	0.3	0.0	0.4	0.5	0.8	0.2	1.4	0.9	0.0
06-04	Breakfast cereals	0.8	0.5	1.3	0.0	0.6	0.6	0.6	0.5	0.0	0.2	1.8	0.5	0.5	1.1	0.7	1.5	1.3	0.0
06-05	Salty biscuits, aperitif biscuits, crackers	2.8	1.3	2.9	0.2	4.0	2.8	5.7	3.4	1.9	0.5	0.1	4.9	3.9	2.5	0.3	4.7	2.4	0.0
06-06	Dough and pastry (puff, shortcrust, pizza)	1.1	0.9	2.3	0.0	0.8	0.4	1.4	0.5	0.3	0.3	0.0	1.1	0.6	1.3	0.1	2.5	1.3	0.0
07	Meat and meat products	11.8	31.4	0.5	51.3	20.7	21.1	24.6	12.3	20.2	9.2	40.8	20.4	11.4	0.9	0.6	1.4	2.4	0.0
07-01	Fresh meat	4.1	11.6	0.0	18.7	7.0	7.7	8.4	3.1	7.3	2.1	7.0	6.7	3.1	0.1	0.1	0.1	0.5	0.0
07-01-00	Unclassified	1.2	3.0	0.0	5.0	2.6	2.9	3.0	1.1	2.7	0.9	0.1	2.4	1.0	0.0	0.0	0.0	0.2	0.0
07-01-01	Beef	0.9	2.8	0.0	4.8	1.6	1.8	2.1	0.3	3.1	0.5	1.3	1.5	0.3	0.0	0.0	0.0	0.1	0.0
07-01-02	Veal	0.1	0.3	0.0	0.4	0.2	0.2	0.2	0.1	0.2	0.0	0.0	0.2	0.1	0.0	0.0	0.0	0.0	0.0
07-01-03	Pork	1.7	5.3	0.0	8.1	2.4	2.5	2.9	1.6	0.6	0.6	5.2	2.5	1.7	0.1	0.1	0.1	0.2	0.0
07-01-04	Mutton/Lamb	0.1	0.3	0.0	0.4	0.2	0.2	0.2	0.0	0.7	0.1	0.5	0.1	0.0	0.0	0.0	0.0	0.0	0.0
07-01-05	Horse	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-06	Goat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02	Poultry	1.3	5.2	0.0	8.2	1.5	1.1	1.4	2.1	1.5	1.4	15.3	1.6	2.0	0.0	0.0	0.0	0.0	0.0
07-02-00	Unclassified and other poultry	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-01	Chicken, hen	1.3	5.2	0.0	8.2	1.5	1.1	1.4	2.1	1.5	1.4	15.3	1.6	2.0	0.0	0.0	0.0	0.0	0.0
07-02-02	Turkey, young turkey	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-03	Duck	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-05	Rabbit (domestic)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-03	Game	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-04	Processed meat	6.4	14.4	0.5	24.1	12.1	12.3	14.8	7.1	11.4	5.7	18.2	12.2	6.3	0.8	0.5	1.3	1.9	0.0
07-05	Offals	0.0	0.2	0.0	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08	Fish and shellfish	0.6	1.8	0.1	3.0	0.6	0.5	0.6	0.8	0.4	0.6	10.3	0.6	0.4	0.1	0.0	0.2	0.1	0.0
08-01	Fish	0.3	1.0	0.0	1.8	0.4	0.2	0.4	0.5	0.1	0.4	5.4	0.4	0.3	0.0	0.0	0.0	0.0	0.0
08-02	Crustaceans, molluscs	0.1	0.3	0.0	0.5	0.0	0.0	0.0	0.1	0.0	0.0	2.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08-03	Fish products, fish in crumbs	0.2	0.5	0.1	0.7	0.2	0.2	0.2	0.3	0.3	0.2	2.6	0.2	0.2	0.1	0.0	0.2	0.1	0.0
09	Eggs and egg products	0.5	1.3	0.0	2.2	0.9	0.8	1.0	0.4	0.0	0.1	9.6	0.8	0.4	0.1	0.0	0.1	0.0	0.0
09-01	Egg	0.5	1.3	0.0	2.2	0.9	0.8	1.0	0.4	0.0	0.1	9.6	0.8	0.4	0.1	0.0	0.1	0.0	0.0
10	Fat	5.8	0.0	0.1	0.0	17.3	12.1	16.9	30.3	15.5	29.2	7.7	21.6	31.0	0.0	0.0	0.0	0.0	0.0

Group=Male Children (7-18 years) - Overweight and Obese (n=139)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
10-00	Unclassified	0.6	0.0	0.0	0.0	1.5	1.2	1.6	2.3	1.2	1.5	0.0	1.9	2.6	0.0	0.0	0.0	0.0	0.0
10-01	Vegetable oils	1.0	0.0	0.0	0.0	3.2	1.3	3.8	6.0	0.3	3.3	6.4	4.7	6.4	0.0	0.0	0.0	0.0	0.0
10-02	Butter	0.3	0.0	0.0	0.0	1.0	1.6	0.8	0.2	2.4	0.4	0.0	0.6	0.1	0.0	0.0	0.0	0.0	0.0
10-03	Margarines	3.0	0.0	0.1	0.0	9.2	6.9	8.0	17.5	10.0	22.3	1.4	11.3	17.5	0.0	0.0	0.0	0.0	0.0
10-04	Deep frying fats	0.9	0.0	0.0	0.0	2.4	1.2	2.7	4.3	1.7	1.8	0.0	3.3	4.4	0.0	0.0	0.0	0.0	0.0
10-06	Other animal fat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	9.3	2.3	3.9	1.3	7.4	9.1	8.1	4.1	4.1	1.0	0.4	6.7	3.7	12.6	21.9	3.4	3.9	0.0
11-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-01	Sugar, honey ,jam	0.9	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.7	3.3	0.2	0.1	0.0
11-02	Chocolate, candy bars, paste, chocolate confetti	3.7	1.1	2.1	0.5	5.4	5.8	6.7	3.5	0.7	0.4	0.4	5.6	3.3	3.4	6.1	0.6	2.6	0.0
11-03	Confectionery non-chocolate	2.0	0.6	1.5	0.0	0.4	0.5	0.2	0.3	0.6	0.2	0.0	0.2	0.2	3.4	4.8	2.0	0.5	0.0
11-04	Syrup	1.4	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.7	5.4	0.1	0.1	0.0
11-05	Ice cream, water ice	1.3	0.5	0.2	0.7	1.6	2.7	1.2	0.3	2.9	0.4	0.0	0.9	0.2	1.4	2.4	0.5	0.5	0.0
11-05-01	Ice cream	1.1	0.5	0.2	0.7	1.6	2.7	1.2	0.2	2.9	0.4	0.0	0.9	0.2	1.1	1.7	0.5	0.4	0.0
11-05-02	Sorbet	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-05-03	Water ice	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.6	0.0	0.1	0.0
12	Cakes	9.2	4.2	9.3	1.0	10.1	12.3	9.4	7.0	17.5	6.4	5.7	8.4	6.6	10.3	10.1	11.2	7.8	14.9
12-01	Cakes, pies, pastries, etc	4.5	2.3	4.9	0.7	5.1	6.3	4.4	3.4	13.1	3.8	2.6	4.0	3.4	4.8	4.7	5.2	3.5	14.9
12-02	Dry cakes, biscuits	4.7	2.0	4.4	0.3	4.9	6.1	5.0	3.6	4.5	2.5	3.1	4.5	3.1	5.5	5.4	6.0	4.3	0.0
13	Non-alcoholic beverages	8.6	0.7	1.6	0.1	0.1	0.1	0.0	0.1	0.0	0.3	0.0	0.1	0.1	16.1	30.7	0.4	1.3	0.0
13-00	Unclassified	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.0	0.0	0.0
13-01	Fruit and vegetable juices	2.4	0.5	1.0	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.1	4.3	8.3	0.2	1.2	0.0
13-02	Carbonated/soft/isotonic drinks, diluted syrups	6.1	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	11.6	22.0	0.2	0.1	0.0
13-03	Coffee, tea and herbal teas	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.0	0.0	0.0
13-03-01	Coffee	0.0	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
13-03-02	Tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-03	Herbal tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
13-03-04	Chicory, substitutes	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-04	Waters	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14	Alcoholic beverages	0.4	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	0.4	0.3	75.5
14-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-01	Wine	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	10.2

Group=Male Children (7-18 years) - Overweight and Obese (n=139)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol	
14-02	Fortified wines (sherry, port, vermouth)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	12.8
14-03	Beer, cider	0.3	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	0.4	0.3	0.0	44.9
14-04	Spirits, brandy	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-05	Aniseed drinks (pastis,....)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-06	Liqueurs	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	7.5
14-07	Cocktails, punches	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
15	Condiments and sauces	3.2	0.9	2.1	0.2	6.5	3.2	7.2	12.0	1.0	14.0	7.9	8.9	12.3	1.6	2.5	0.8	1.5	0.0	0.0
15-01	Sauces	3.0	0.8	1.9	0.2	6.4	2.9	7.2	12.0	1.0	14.0	7.8	8.8	12.3	1.5	2.4	0.7	1.2	0.0	0.0
15-01-00	Unclassified and other sauces	1.4	0.6	1.4	0.0	2.9	1.7	3.1	5.3	0.8	3.8	1.1	3.8	5.6	0.7	1.0	0.3	0.7	0.0	0.0
15-01-01	Tomato sauces	0.4	0.2	0.4	0.0	0.1	0.1	0.2	0.3	0.0	0.2	0.9	0.2	0.3	0.6	1.0	0.2	0.4	0.0	0.0
15-01-02	Dressing sauces	0.3	0.0	0.0	0.0	0.8	0.3	1.0	1.6	0.0	2.4	4.0	1.2	1.5	0.1	0.1	0.1	0.0	0.0	0.0
15-01-03	Mayonnaises and similars	0.9	0.1	0.0	0.1	2.4	0.8	2.9	4.9	0.1	7.6	1.9	3.6	4.9	0.1	0.2	0.1	0.1	0.0	0.0
15-01-04	Dessert sauces	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
15-02	Yeast	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
15-04	Condiments	0.1	0.1	0.2	0.0	0.2	0.2	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.1	0.3	0.0	0.0
16	Soups, bouillon	0.9	1.3	1.4	1.2	1.1	0.9	0.9	1.5	2.3	0.9	3.9	1.1	1.6	0.7	0.4	1.0	2.0	0.0	0.0
16-01	Soups	0.9	1.3	1.3	1.2	1.0	0.9	0.8	1.5	2.3	0.9	3.9	1.1	1.6	0.7	0.4	1.0	2.0	0.0	0.0
16-02	Bouillon	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17	Miscellaneous	1.8	2.2	2.3	1.9	2.4	2.8	2.3	1.8	3.4	1.6	0.9	2.1	1.4	1.2	0.3	2.2	1.8	0.0	0.0
17-00	Unclassified	0.1	0.2	0.3	0.0	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.1	0.2	0.0	0.0
17-01	Soya products	0.1	0.2	0.4	0.0	0.1	0.1	0.1	0.3	0.0	0.3	0.2	0.2	0.3	0.0	0.0	0.0	0.3	0.0	0.0
17-02	Dietetic products	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
17-02-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-02-01	Artificial sweeteners	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
17-03	Snacks	1.6	1.8	1.6	1.9	2.2	2.7	2.2	1.4	3.4	1.3	0.7	1.9	1.0	1.1	0.3	2.0	1.3	0.0	0.0

Group=Female Children (7-18 years) - Normal and Underweight (n=687)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01-01	Potatoes	4.6	3.0	7.4	0.1	1.9	2.3	1.6	2.0	1.0	4.4	0.1	1.7	1.6	6.7	0.2	13.9	10.8	0.0
01-02	Other tubers	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02	Vegetables	1.1	1.9	4.7	0.0	0.5	0.3	0.2	1.1	0.3	4.4	0.4	0.5	0.8	1.1	1.4	0.9	9.9	0.0
02-01	Leafy vegetables (except cabbages)	0.2	0.3	0.8	0.0	0.1	0.1	0.1	0.3	0.2	1.4	0.0	0.1	0.1	0.1	0.1	0.1	1.3	0.0
02-02	Fruiting vegetables	0.4	0.5	1.4	0.0	0.2	0.1	0.1	0.4	0.0	0.9	0.0	0.2	0.4	0.4	0.7	0.2	3.3	0.0
02-03	Root vegetables	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.1	0.2	0.0	1.1	0.0
02-04	Cabbages	0.2	0.5	1.1	0.0	0.1	0.0	0.0	0.2	0.0	1.5	0.0	0.1	0.1	0.1	0.1	0.1	2.0	0.0
02-05	Mushrooms	0.0	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0
02-06	Grain and pod vegetables	0.1	0.1	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.5	0.0
02-07	Onion, garlic	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.4	0.0	0.1	0.1	0.1	0.1	0.8	0.0
02-08	Stalk vegetables, sprouts	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02-09	Mixed salad, mixed vegetables	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.1	0.1	0.1	0.7	0.0
03	Legumes	0.1	0.2	0.6	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.1	0.0	0.2	0.8	0.0
03-01	Legumes	0.1	0.2	0.6	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.1	0.0	0.2	0.8	0.0
04	Fruits, nuts and olives	4.5	2.4	5.6	0.0	3.8	2.0	4.1	6.6	0.0	4.6	0.9	5.0	7.4	5.1	8.1	2.0	10.2	0.0
04-01	Fruits	2.8	0.8	1.9	0.0	0.3	0.2	0.1	0.6	0.0	1.7	0.0	0.3	0.6	4.7	7.7	1.5	8.4	0.0
04-02	Nuts and seeds (+nut spread)	1.6	1.6	3.6	0.0	3.5	1.8	4.0	5.9	0.0	2.8	0.8	4.7	6.7	0.4	0.3	0.5	1.6	0.0
04-03	Mixed fruits	0.1	0.0	0.1	0.0	0.0	0.0	0.1	0.1	0.0	0.1	0.1	0.1	0.1	0.1	0.2	0.0	0.2	0.0
04-04	Olives	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05	Dairy products	13.9	24.2	0.7	41.0	16.0	26.2	11.0	3.3	29.6	8.9	0.8	8.3	2.0	10.4	18.2	1.9	4.5	1.3
05-01	Milk	3.8	8.2	0.0	13.8	3.5	5.8	2.2	0.5	6.4	1.0	0.0	1.7	0.3	3.1	6.0	0.0	0.0	0.0
05-02	Milk beverages	1.7	2.3	0.5	3.6	1.0	1.7	0.7	0.2	1.4	0.3	0.2	0.5	0.1	2.0	3.6	0.3	2.5	0.0
05-03	Yoghurt	2.8	4.9	0.0	8.1	0.9	1.5	0.7	0.2	1.9	0.3	0.0	0.5	0.1	3.3	5.8	0.6	1.6	0.0
05-04	Fromage blanc, petits suisses	0.2	0.3	0.0	0.5	0.2	0.2	0.1	0.0	0.3	0.1	0.0	0.1	0.0	0.1	0.2	0.0	0.0	0.0
05-05	Cheese (including fresh cheeses)	3.8	7.3	0.0	12.8	8.4	13.8	5.7	1.9	15.5	6.2	0.0	4.4	1.1	0.0	0.1	0.0	0.0	0.0
05-06	Cream desserts, puddings (milk based)	1.4	1.2	0.1	2.0	1.2	2.0	0.9	0.3	1.5	0.7	0.5	0.7	0.2	1.7	2.4	1.0	0.3	1.3
05-07	Dairy and non-dairy creams	0.3	0.1	0.0	0.1	0.8	1.1	0.6	0.2	2.5	0.2	0.0	0.4	0.1	0.1	0.1	0.0	0.0	0.0
05-07-01	Dairy creams	0.3	0.1	0.0	0.1	0.8	1.1	0.6	0.1	2.5	0.2	0.0	0.4	0.1	0.1	0.1	0.0	0.0	0.0
05-07-02	Non-dairy creams	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05-08	Milk for coffee and creamers	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
06	Cereals and cereal products	23.1	24.1	58.5	0.5	11.1	7.0	12.6	15.8	6.8	12.5	4.4	13.6	17.3	30.7	4.5	59.1	43.0	0.0
06-01	Flour, flakes, starches, semolina	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0

Group=Female Children (7-18 years) - Normal and Underweight (n=687)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
06-02	Pasta, rice, other grain	2.2	2.2	4.9	0.3	0.3	0.1	0.1	0.8	0.2	0.5	0.0	0.3	0.9	3.4	0.1	6.8	2.7	0.0
06-03	Bread, crisp bread, rusks	15.1	18.6	45.5	0.1	4.8	2.8	4.0	9.7	3.8	10.7	2.3	5.9	10.4	20.9	3.0	40.7	33.8	0.0
06-03-01	Bread	14.3	17.8	43.6	0.1	4.3	2.3	3.6	9.3	2.4	10.4	2.3	5.5	9.8	19.8	2.7	38.6	32.4	0.0
06-03-02	Crispbread, rusks	0.8	0.8	1.9	0.0	0.5	0.5	0.4	0.5	1.4	0.3	0.0	0.4	0.5	1.1	0.2	2.1	1.4	0.0
06-04	Breakfast cereals	1.3	0.8	2.1	0.0	0.6	0.6	0.6	0.7	0.0	0.2	1.9	0.6	0.8	1.9	1.0	2.8	2.1	0.0
06-05	Salty biscuits, aperitif biscuits, crackers	3.5	1.7	4.0	0.1	4.6	3.1	6.6	4.1	2.1	0.7	0.2	5.8	4.7	3.3	0.3	6.5	3.3	0.0
06-06	Dough and pastry (puff, shortcrust, pizza)	0.9	0.8	1.9	0.0	0.7	0.4	1.2	0.5	0.6	0.3	0.0	1.0	0.5	1.1	0.1	2.2	1.1	0.0
07	Meat and meat products	10.1	27.5	0.3	45.7	17.8	17.7	21.4	10.8	15.0	7.5	36.7	17.8	9.7	0.8	0.4	1.3	2.1	0.0
07-01	Fresh meat	3.0	9.6	0.0	15.8	4.9	5.2	6.1	1.9	5.5	1.5	5.0	4.7	1.9	0.0	0.1	0.0	0.4	0.0
07-01-00	Unclassified	0.9	2.4	0.0	4.1	1.8	1.9	2.2	0.8	1.6	0.6	0.4	1.7	0.8	0.0	0.0	0.0	0.1	0.0
07-01-01	Beef	1.1	3.8	0.0	6.3	1.9	2.0	2.4	0.4	3.4	0.6	1.5	1.7	0.3	0.0	0.0	0.0	0.1	0.0
07-01-02	Veal	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-03	Pork	0.9	3.3	0.0	5.1	1.2	1.2	1.4	0.7	0.3	0.3	2.9	1.2	0.8	0.0	0.0	0.0	0.1	0.0
07-01-04	Mutton/Lamb	0.1	0.2	0.0	0.2	0.1	0.1	0.1	0.0	0.3	0.1	0.2	0.1	0.0	0.0	0.0	0.0	0.0	0.0
07-01-05	Horse	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-06	Goat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02	Poultry	1.1	4.9	0.0	7.9	1.3	1.0	1.1	1.6	1.3	1.0	13.5	1.3	1.5	0.0	0.0	0.0	0.0	0.0
07-02-00	Unclassified and other poultry	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-01	Chicken, hen	1.1	4.8	0.0	7.7	1.2	1.0	1.1	1.5	1.2	1.0	13.5	1.2	1.5	0.0	0.0	0.0	0.0	0.0
07-02-02	Turkey, young turkey	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-03	Duck	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-05	Rabbit (domestic)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-03	Game	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-04	Processed meat	6.0	12.9	0.3	22.0	11.6	11.5	14.2	7.3	8.2	4.9	18.2	11.8	6.3	0.8	0.4	1.2	1.7	0.0
07-05	Offals	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08	Fish and shellfish	0.5	1.8	0.1	2.9	0.5	0.3	0.5	0.8	0.3	0.5	11.9	0.6	0.4	0.1	0.0	0.2	0.1	1.4
08-01	Fish	0.3	1.0	0.0	1.7	0.3	0.2	0.4	0.5	0.1	0.4	7.2	0.4	0.3	0.0	0.0	0.0	0.0	0.0
08-02	Crustaceans, molluscs	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.0	0.0	1.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08-03	Fish products, fish in crumbs	0.2	0.7	0.1	1.1	0.2	0.1	0.1	0.3	0.2	0.2	3.7	0.2	0.1	0.1	0.0	0.2	0.1	1.4
09	Eggs and egg products	0.5	1.4	0.0	2.3	0.9	0.8	1.0	0.4	0.0	0.0	10.3	0.8	0.4	0.1	0.0	0.1	0.0	0.0
09-01	Egg	0.5	1.4	0.0	2.3	0.9	0.8	1.0	0.4	0.0	0.0	10.3	0.8	0.4	0.1	0.0	0.1	0.0	0.0
10	Fat	5.7	0.1	0.1	0.0	17.1	12.6	16.3	29.7	16.5	29.2	7.8	21.0	31.2	0.0	0.0	0.1	0.0	0.0

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Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
10-00	Unclassified	0.8	0.0	0.0	0.0	2.2	1.5	2.4	3.7	1.7	2.0	0.0	2.8	4.1	0.0	0.0	0.0	0.0	0.0
10-01	Vegetable oils	0.8	0.0	0.0	0.0	2.5	1.0	2.7	5.4	0.3	3.5	5.8	3.7	5.8	0.0	0.0	0.0	0.0	0.0
10-02	Butter	0.5	0.0	0.0	0.0	1.5	2.3	1.1	0.3	3.4	0.6	0.0	0.9	0.2	0.0	0.0	0.0	0.0	0.0
10-03	Margarines	2.9	0.0	0.1	0.0	8.8	6.4	7.9	16.9	9.5	21.5	2.1	11.0	17.2	0.0	0.0	0.1	0.0	0.0
10-04	Deep frying fats	0.7	0.0	0.0	0.0	2.1	1.3	2.2	3.5	1.6	1.6	0.0	2.6	3.9	0.0	0.0	0.0	0.0	0.0
10-06	Other animal fat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	11.1	3.1	5.0	1.9	9.5	11.6	10.3	5.2	4.7	2.0	0.8	8.5	4.5	14.3	23.9	3.7	5.3	0.9
11-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-01	Sugar, honey ,jam	1.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.0	3.8	0.2	0.2	0.0
11-02	Chocolate, candy bars, paste, chocolate confetti	5.0	1.8	3.1	0.9	7.1	8.1	8.4	4.4	0.8	1.0	0.8	7.0	3.9	4.7	8.2	1.0	3.9	0.9
11-03	Confectionery non-chocolate	2.2	0.7	1.5	0.1	0.4	0.4	0.4	0.5	0.6	0.5	0.0	0.4	0.3	3.7	5.3	2.0	0.5	0.0
11-04	Syrup	1.2	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.3	4.2	0.1	0.2	0.0
11-05	Ice cream, water ice	1.5	0.6	0.3	0.9	1.9	3.2	1.5	0.3	3.3	0.5	0.0	1.1	0.2	1.6	2.5	0.5	0.6	0.0
11-05-01	Ice cream	1.3	0.6	0.3	0.9	1.9	3.2	1.5	0.3	3.3	0.5	0.0	1.1	0.2	1.2	1.8	0.5	0.6	0.0
11-05-02	Sorbet	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-05-03	Water ice	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.4	0.6	0.0	0.1	0.0
12	Cakes	10.2	5.5	10.3	2.0	10.9	12.8	10.3	8.3	18.8	7.4	9.7	9.5	8.0	11.2	10.8	12.4	8.0	12.8
12-01	Cakes, pies, pastries, etc	5.0	3.1	5.3	1.7	5.7	6.5	5.0	4.5	12.9	4.9	5.2	4.8	4.6	5.2	4.9	5.7	3.6	12.8
12-02	Dry cakes, biscuits	5.2	2.4	5.0	0.3	5.3	6.3	5.3	3.8	5.9	2.5	4.6	4.7	3.4	6.1	5.9	6.7	4.4	0.0
13	Non-alcoholic beverages	8.7	0.8	1.8	0.1	0.1	0.1	0.1	0.2	0.1	0.4	0.0	0.1	0.1	15.9	29.3	0.4	1.6	0.0
13-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-01	Fruit and vegetable juices	2.7	0.6	1.5	0.0	0.1	0.0	0.0	0.1	0.0	0.4	0.0	0.1	0.1	4.7	8.7	0.2	1.4	0.0
13-02	Carbonated/soft/isotonic drinks, diluted syrups	5.9	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	11.1	20.5	0.2	0.1	0.0
13-03	Coffee, tea and herbal teas	0.1	0.1	0.1	0.1	0.0	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.1	0.0
13-03-01	Coffee	0.1	0.1	0.1	0.1	0.0	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0
13-03-02	Tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-03	Herbal tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
13-03-04	Chicory, substitutes	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-04	Waters	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14	Alcoholic beverages	0.4	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.3	0.4	0.1	0.1	83.5
14-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-01	Wine	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	22.1

Group=Female Children (7-18 years) - Normal and Underweight (n=687)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol	
14-02	Fortified wines (sherry, port, vermouth)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	6.5
14-03	Beer, cider	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.1	0.1	18.9
14-04	Spirits, brandy	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	6.1
14-05	Aniseed drinks (pastis,....)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-06	Liqueurs	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.2	0.0	0.0	0.0	17.5
14-07	Cocktails, punches	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0	12.5
15	Condiments and sauces	3.0	0.8	1.5	0.3	6.6	2.8	7.5	12.8	0.7	16.0	9.0	9.4	13.4	1.3	2.0	0.7	1.1	0.0	
15-01	Sauces	3.0	0.7	1.4	0.3	6.5	2.7	7.5	12.8	0.7	16.0	9.0	9.3	13.4	1.3	1.9	0.7	1.0	0.0	
15-01-00	Unclassified and other sauces	1.0	0.4	1.0	0.1	2.1	1.1	2.3	3.9	0.5	2.9	1.3	2.8	4.1	0.5	0.7	0.3	0.4	0.0	
15-01-01	Tomato sauces	0.3	0.2	0.3	0.1	0.1	0.1	0.2	0.2	0.0	0.2	0.3	0.2	0.2	0.4	0.7	0.2	0.3	0.0	
15-01-02	Dressing sauces	0.5	0.0	0.1	0.0	1.2	0.4	1.4	2.3	0.0	3.4	6.1	1.7	2.4	0.1	0.1	0.1	0.1	0.0	
15-01-03	Mayonnaises and similars	1.2	0.1	0.0	0.1	3.1	1.1	3.7	6.4	0.1	9.5	1.2	4.6	6.6	0.2	0.3	0.1	0.1	0.0	
15-01-04	Dessert sauces	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0	
15-02	Yeast	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
15-04	Condiments	0.1	0.1	0.1	0.0	0.1	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.1	0.0	
16	Soups, bouillon	0.5	0.9	0.8	0.9	0.6	0.6	0.5	0.7	2.4	0.4	3.2	0.6	0.7	0.4	0.3	0.6	1.1	0.0	
16-01	Soups	0.5	0.9	0.8	0.9	0.6	0.6	0.5	0.6	2.4	0.4	3.2	0.6	0.7	0.4	0.3	0.6	1.1	0.0	
16-02	Bouillon	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
17	Miscellaneous	1.9	2.2	2.5	2.1	2.6	2.8	2.4	2.3	3.9	1.5	1.1	2.4	1.7	1.4	0.4	2.3	1.4	0.0	
17-00	Unclassified	0.1	0.1	0.2	0.0	0.1	0.0	0.1	0.2	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.1	0.1	0.0	
17-01	Soya products	0.1	0.3	0.4	0.1	0.2	0.1	0.1	0.4	0.0	0.3	0.8	0.2	0.4	0.1	0.1	0.0	0.1	0.0	
17-02	Dietetic products	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	
17-02-00	Unclassified	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	
17-02-01	Artificial sweeteners	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
17-03	Snacks	1.6	1.8	1.8	1.9	2.3	2.7	2.2	1.6	3.9	1.2	0.3	2.0	1.3	1.2	0.3	2.1	1.0	0.0	

Group=Female Children (7-18 years) - Overweight and Obese (n=169)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01-01	Potatoes	5.2	3.2	8.6	0.1	2.1	2.6	1.6	2.5	1.8	5.5	0.4	1.9	2.2	7.9	0.3	15.3	11.3	0.0
01-02	Other tubers	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02	Vegetables	1.3	1.9	5.4	0.0	0.5	0.3	0.2	1.3	0.2	4.5	0.3	0.5	0.9	1.5	2.1	1.0	11.6	0.0
02-01	Leafy vegetables (except cabbages)	0.1	0.2	0.7	0.0	0.1	0.1	0.0	0.3	0.2	1.2	0.0	0.1	0.1	0.1	0.1	0.1	1.2	0.0
02-02	Fruiting vegetables	0.4	0.6	1.5	0.0	0.1	0.1	0.0	0.4	0.0	0.9	0.0	0.1	0.4	0.5	0.9	0.3	3.4	0.0
02-03	Root vegetables	0.2	0.1	0.4	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.2	0.4	0.1	1.7	0.0
02-04	Cabbages	0.2	0.5	1.5	0.0	0.1	0.0	0.0	0.3	0.0	1.7	0.0	0.1	0.1	0.2	0.2	0.2	2.7	0.0
02-05	Mushrooms	0.0	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.0
02-06	Grain and pod vegetables	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.1	0.4	0.0
02-07	Onion, garlic	0.1	0.1	0.3	0.0	0.1	0.0	0.0	0.2	0.0	0.3	0.3	0.1	0.2	0.2	0.2	0.2	1.0	0.0
02-08	Stalk vegetables, sprouts	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02-09	Mixed salad, mixed vegetables	0.1	0.2	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	0.0	0.0	0.1	0.1	0.1	0.8	0.0
03	Legumes	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.1	0.1	0.2	0.9	0.0
03-01	Legumes	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.1	0.1	0.2	0.9	0.0
04	Fruits, nuts and olives	3.8	1.5	4.0	0.0	2.2	1.0	2.4	4.3	0.0	3.5	0.7	3.1	4.7	5.0	8.4	1.8	9.5	0.0
04-01	Fruits	2.8	0.7	1.8	0.0	0.3	0.2	0.1	0.7	0.0	1.7	0.0	0.3	0.6	4.6	7.8	1.5	8.3	0.0
04-02	Nuts and seeds (+nut spread)	0.9	0.9	2.2	0.0	1.9	0.8	2.3	3.6	0.0	1.8	0.6	2.7	4.1	0.2	0.2	0.3	0.9	0.0
04-03	Mixed fruits	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.2	0.3	0.0	0.3	0.0
04-04	Olives	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05	Dairy products	13.7	23.7	0.6	38.9	16.2	26.9	10.9	3.4	30.7	9.7	0.5	8.4	2.1	9.7	17.2	1.8	4.8	3.3
05-01	Milk	3.5	7.1	0.0	11.5	3.0	5.1	1.9	0.4	5.8	0.8	0.0	1.4	0.3	2.9	5.8	0.0	0.0	0.0
05-02	Milk beverages	1.5	1.9	0.5	2.8	0.8	1.4	0.6	0.2	1.2	0.2	0.1	0.4	0.1	1.8	3.2	0.3	2.3	0.0
05-03	Yoghurt	2.6	4.8	0.0	7.8	0.6	1.0	0.5	0.1	1.3	0.2	0.0	0.4	0.1	3.1	5.3	0.7	2.1	0.0
05-04	Fromage blanc, petits suisses	0.2	0.3	0.0	0.4	0.1	0.2	0.1	0.0	0.3	0.1	0.0	0.1	0.0	0.2	0.3	0.0	0.0	0.0
05-05	Cheese (including fresh cheeses)	4.6	8.4	0.0	14.7	10.3	16.9	6.9	2.4	19.5	7.7	0.0	5.4	1.4	0.1	0.2	0.0	0.0	0.0
05-06	Cream desserts, puddings (milk based)	1.2	1.0	0.1	1.6	1.0	1.6	0.7	0.3	1.4	0.6	0.4	0.6	0.2	1.6	2.3	0.8	0.3	3.3
05-07	Dairy and non-dairy creams	0.1	0.0	0.0	0.0	0.3	0.5	0.2	0.1	1.2	0.1	0.0	0.2	0.0	0.0	0.1	0.0	0.0	0.0
05-07-01	Dairy creams	0.1	0.0	0.0	0.0	0.3	0.5	0.2	0.1	1.2	0.1	0.0	0.2	0.0	0.0	0.1	0.0	0.0	0.0
05-07-02	Non-dairy creams	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05-08	Milk for coffee and creamers	0.0	0.0	0.0	0.1	0.1	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
06	Cereals and cereal products	24.3	24.6	60.2	0.8	11.6	7.1	13.4	16.1	7.3	12.9	3.1	14.3	17.5	32.8	5.2	60.1	43.2	0.0
06-01	Flour, flakes, starches, semolina	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0

Group=Female Children (7-18 years) - Overweight and Obese (n=169)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
06-02	Pasta, rice, other grain	2.0	1.8	4.1	0.2	0.3	0.1	0.1	0.6	0.0	0.3	0.0	0.3	0.6	3.1	0.1	5.9	2.0	0.0
06-03	Bread, crisp bread, rusks	16.7	19.5	48.7	0.3	5.2	3.2	4.3	10.2	4.4	11.2	1.4	6.2	10.9	23.5	3.8	43.4	35.4	0.0
06-03-01	Bread	15.4	18.4	45.9	0.3	4.5	2.6	3.7	9.5	2.9	10.9	1.4	5.6	10.3	21.7	3.4	40.3	32.6	0.0
06-03-02	Crispbread, rusks	1.2	1.1	2.8	0.0	0.7	0.7	0.5	0.7	1.5	0.4	0.0	0.6	0.6	1.8	0.4	3.0	2.8	0.0
06-04	Breakfast cereals	1.0	0.6	1.5	0.0	0.3	0.3	0.3	0.5	0.0	0.2	1.4	0.3	0.5	1.5	0.9	2.2	1.6	0.0
06-05	Salty biscuits, aperitif biscuits, crackers	3.4	1.6	3.5	0.2	4.8	3.0	7.1	4.1	2.2	0.7	0.2	6.0	4.5	3.1	0.3	5.8	2.9	0.0
06-06	Dough and pastry (puff, shortcrust, pizza)	1.3	1.0	2.3	0.0	1.0	0.5	1.7	0.8	0.6	0.5	0.0	1.4	0.9	1.5	0.1	2.7	1.3	0.0
07	Meat and meat products	11.6	29.0	0.5	47.8	21.2	21.4	25.4	13.3	17.2	8.6	39.1	21.3	12.7	1.0	0.5	1.4	1.9	0.0
07-01	Fresh meat	3.3	10.7	0.0	17.0	4.9	5.3	6.1	1.9	6.1	1.2	6.8	4.7	2.0	0.1	0.1	0.1	0.3	0.0
07-01-00	Unclassified	0.8	2.1	0.0	3.3	1.4	1.4	1.7	0.7	1.3	0.5	1.1	1.4	0.8	0.0	0.0	0.0	0.1	0.0
07-01-01	Beef	1.4	4.1	0.0	6.6	2.2	2.4	2.7	0.4	4.2	0.6	2.8	2.0	0.3	0.1	0.1	0.1	0.2	0.0
07-01-02	Veal	0.0	0.2	0.0	0.3	0.1	0.0	0.1	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-03	Pork	1.0	4.4	0.0	6.8	1.3	1.3	1.6	0.8	0.2	0.1	2.9	1.3	0.9	0.0	0.0	0.0	0.0	0.0
07-01-04	Mutton/Lamb	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-05	Horse	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-06	Goat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02	Poultry	0.9	3.6	0.0	6.1	1.1	0.8	1.0	1.3	1.1	0.9	12.2	1.1	1.3	0.0	0.0	0.0	0.0	0.0
07-02-00	Unclassified and other poultry	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-01	Chicken, hen	0.8	3.5	0.0	5.9	1.1	0.8	1.0	1.3	1.1	0.8	12.2	1.1	1.3	0.0	0.0	0.0	0.0	0.0
07-02-02	Turkey, young turkey	0.0	0.2	0.0	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-03	Duck	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-05	Rabbit (domestic)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-03	Game	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-04	Processed meat	7.5	14.6	0.5	24.6	15.2	15.3	18.3	10.0	10.1	6.6	20.1	15.5	9.5	0.9	0.4	1.3	1.6	0.0
07-05	Offals	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08	Fish and shellfish	0.5	2.0	0.1	3.3	0.5	0.3	0.5	1.0	0.2	0.5	13.8	0.7	0.5	0.1	0.0	0.1	0.0	0.0
08-01	Fish	0.3	1.2	0.0	1.9	0.5	0.3	0.4	0.9	0.2	0.5	7.4	0.6	0.4	0.0	0.0	0.0	0.0	0.0
08-02	Crustaceans, molluscs	0.0	0.2	0.0	0.4	0.0	0.0	0.0	0.0	0.0	0.0	2.8	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08-03	Fish products, fish in crumbs	0.1	0.6	0.1	1.0	0.1	0.0	0.0	0.1	0.1	0.0	3.6	0.1	0.0	0.1	0.0	0.1	0.0	0.0
09	Eggs and egg products	0.6	1.4	0.0	2.4	1.0	0.9	1.2	0.4	0.0	0.1	10.6	0.9	0.4	0.1	0.0	0.1	0.0	0.0
09-01	Egg	0.6	1.4	0.0	2.4	1.0	0.9	1.2	0.4	0.0	0.1	10.6	0.9	0.4	0.1	0.0	0.1	0.0	0.0
10	Fat	5.4	0.0	0.1	0.0	16.6	11.6	15.9	29.7	16.9	29.3	5.7	20.8	31.3	0.0	0.0	0.0	0.0	0.0

Group=Female Children (7-18 years) - Overweight and Obese (n=169)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
10-00	Unclassified	0.6	0.0	0.0	0.0	1.6	1.2	1.7	2.6	1.2	1.3	0.0	2.0	2.9	0.0	0.0	0.0	0.0	0.0
10-01	Vegetable oils	0.8	0.0	0.0	0.0	2.5	1.0	2.7	5.4	0.3	3.4	5.2	3.7	5.8	0.0	0.0	0.0	0.0	0.0
10-02	Butter	0.2	0.0	0.0	0.0	0.7	1.1	0.5	0.1	2.0	0.3	0.0	0.4	0.1	0.0	0.0	0.0	0.0	0.0
10-03	Margarines	3.0	0.0	0.1	0.0	9.5	7.0	8.6	17.6	11.6	22.7	0.5	11.7	18.3	0.0	0.0	0.0	0.0	0.0
10-04	Deep frying fats	0.8	0.0	0.0	0.0	2.2	1.2	2.3	3.8	1.4	1.6	0.0	2.9	4.2	0.0	0.0	0.0	0.0	0.0
10-06	Other animal fat	0.0	0.0	0.0	0.0	0.1	0.2	0.1	0.1	0.3	0.1	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	10.0	2.3	3.6	1.5	8.4	10.1	9.3	4.8	4.2	1.3	0.6	7.8	4.1	13.3	23.9	2.7	4.1	0.0
11-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-01	Sugar, honey ,jam	1.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.8	3.6	0.2	0.1	0.0
11-02	Chocolate, candy bars, paste, chocolate confetti	4.2	1.3	2.4	0.7	6.3	6.8	7.6	4.3	0.6	0.7	0.6	6.5	3.8	3.9	7.4	0.7	2.9	0.0
11-03	Confectionery non-chocolate	1.6	0.4	0.9	0.0	0.2	0.2	0.2	0.2	0.5	0.1	0.0	0.2	0.1	2.8	4.4	1.2	0.3	0.0
11-04	Syrup	1.7	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.3	6.0	0.1	0.3	0.0
11-05	Ice cream, water ice	1.5	0.5	0.2	0.7	1.9	3.1	1.5	0.3	3.1	0.5	0.0	1.1	0.2	1.6	2.5	0.6	0.5	0.0
11-05-01	Ice cream	1.3	0.5	0.2	0.7	1.9	3.1	1.5	0.3	3.1	0.5	0.0	1.1	0.2	1.3	1.9	0.5	0.5	0.0
11-05-02	Sorbet	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
11-05-03	Water ice	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.5	0.0	0.0	0.0
12	Cakes	8.6	4.3	8.4	1.6	9.1	10.7	8.5	6.9	15.4	6.2	6.9	7.9	6.7	9.8	9.9	10.5	6.5	14.6
12-01	Cakes, pies, pastries, etc	4.0	2.4	4.2	1.3	4.6	5.5	4.0	3.6	10.2	4.0	3.5	3.8	3.8	4.2	4.3	4.8	2.7	14.6
12-02	Dry cakes, biscuits	4.5	2.0	4.2	0.3	4.5	5.3	4.5	3.3	5.2	2.2	3.4	4.1	2.9	5.5	5.7	5.7	3.8	0.0
13	Non-alcoholic beverages	7.6	0.8	1.9	0.1	0.1	0.1	0.1	0.1	0.1	0.4	0.0	0.1	0.1	14.1	27.4	0.4	1.6	0.0
13-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
13-01	Fruit and vegetable juices	2.8	0.6	1.4	0.0	0.1	0.0	0.0	0.1	0.0	0.3	0.0	0.1	0.1	5.0	9.6	0.2	1.4	0.0
13-02	Carbonated/soft/isotonic drinks, diluted syrups	4.8	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	9.1	17.6	0.1	0.1	0.0
13-03	Coffee, tea and herbal teas	0.1	0.1	0.2	0.1	0.1	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0
13-03-01	Coffee	0.1	0.1	0.2	0.1	0.1	0.1	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0
13-03-02	Tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-03	Herbal tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-04	Chicory, substitutes	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-04	Waters	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14	Alcoholic beverages	1.4	0.2	0.5	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.1	1.2	0.7	0.6	82.2
14-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-01	Wine	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.0	0.0	16.2

Group=Female Children (7-18 years) - Overweight and Obese (n=169)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
14-02	Fortified wines (sherry, port, vermouth)	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.0	0.0	27.3
14-03	Beer, cider	0.8	0.2	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.6	0.4	0.7	0.6	19.2
14-04	Spirits, brandy	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-05	Aniseed drinks (pastis,....)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-06	Liqueurs	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.4	0.0	0.0	12.9
14-07	Cocktails, punches	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	6.6
15	Condiments and sauces	2.9	0.7	1.7	0.2	6.7	2.8	7.8	12.9	1.0	15.0	7.2	9.6	13.3	1.3	2.4	0.6	0.9	0.0
15-01	Sauces	2.9	0.7	1.6	0.2	6.7	2.8	7.8	12.8	1.0	15.0	7.2	9.5	13.2	1.3	2.3	0.6	0.9	0.0
15-01-00	Unclassified and other sauces	1.3	0.5	1.3	0.0	2.8	1.5	3.1	5.3	0.8	4.1	0.4	3.9	5.5	0.6	1.3	0.3	0.5	0.0
15-01-01	Tomato sauces	0.2	0.1	0.1	0.0	0.0	0.0	0.1	0.1	0.0	0.1	0.6	0.1	0.1	0.3	0.5	0.1	0.1	0.0
15-01-02	Dressing sauces	0.5	0.0	0.1	0.0	1.4	0.5	1.9	2.6	0.0	3.9	3.8	2.1	2.6	0.2	0.2	0.1	0.1	0.0
15-01-03	Mayonnaises and similars	0.9	0.1	0.1	0.1	2.4	0.8	2.8	4.9	0.2	7.0	2.5	3.5	5.0	0.2	0.3	0.1	0.1	0.0
15-01-04	Dessert sauces	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
15-02	Yeast	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
15-04	Condiments	0.0	0.0	0.1	0.0	0.1	0.1	0.0	0.1	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0
16	Soups, bouillon	0.8	1.4	1.0	1.8	1.0	1.0	0.9	1.0	2.7	0.7	5.8	0.9	1.1	0.5	0.3	0.8	1.2	0.0
16-01	Soups	0.8	1.4	1.0	1.8	1.0	1.0	0.9	1.0	2.7	0.7	5.8	0.9	1.0	0.5	0.3	0.8	1.2	0.0
16-02	Bouillon	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17	Miscellaneous	2.1	2.6	3.0	1.7	2.7	2.9	1.9	2.0	2.2	1.4	1.6	2.0	2.3	1.7	1.1	2.5	1.8	0.0
17-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-01	Soya products	0.2	0.5	0.6	0.1	0.2	0.1	0.1	0.6	0.1	0.5	1.2	0.3	0.6	0.1	0.1	0.0	0.2	0.0
17-02	Dietetic products	0.7	0.7	0.8	0.0	0.7	0.7	0.0	0.0	0.0	0.0	0.0	0.0	0.6	0.7	0.8	0.7	0.7	0.0
17-02-00	Unclassified	0.7	0.7	0.8	0.0	0.7	0.7	0.0	0.0	0.0	0.0	0.0	0.0	0.6	0.7	0.8	0.7	0.7	0.0
17-02-01	Artificial sweeteners	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-03	Snacks	1.3	1.5	1.6	1.5	1.8	2.2	1.8	1.3	2.1	0.9	0.4	1.6	1.1	1.0	0.2	1.7	0.9	0.0

Group=Male Adults (19-69 years) - Normal and Underweight (n=491)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01-01	Potatoes	4.8	2.8	7.2	0.1	1.7	2.1	1.4	1.8	1.7	4.2	0.0	1.5	1.4	8.3	0.3	14.5	10.4	0.0
01-02	Other tubers	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.1	0.0
02	Vegetables	1.6	2.3	6.1	0.0	0.6	0.5	0.2	1.4	0.4	5.0	0.2	0.6	1.0	1.8	2.8	1.2	13.0	0.0
02-01	Leafy vegetables (except cabbages)	0.3	0.4	1.2	0.0	0.2	0.2	0.1	0.4	0.4	1.7	0.0	0.2	0.2	0.2	0.2	0.2	2.0	0.0
02-02	Fruiting vegetables	0.4	0.5	1.4	0.0	0.2	0.1	0.1	0.5	0.0	1.0	0.0	0.2	0.4	0.5	1.0	0.2	3.4	0.0
02-03	Root vegetables	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.1	0.2	0.4	0.0	1.3	0.0
02-04	Cabbages	0.3	0.5	1.3	0.0	0.1	0.1	0.0	0.3	0.0	1.6	0.0	0.1	0.1	0.3	0.4	0.2	2.4	0.0
02-05	Mushrooms	0.0	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0
02-06	Grain and pod vegetables	0.1	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.4	0.0
02-07	Onion, garlic	0.2	0.2	0.4	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.1	0.0	0.1	0.3	0.4	0.2	1.4	0.0
02-08	Stalk vegetables, sprouts	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0
02-09	Mixed salad, mixed vegetables	0.2	0.3	0.8	0.0	0.1	0.0	0.0	0.1	0.0	0.5	0.0	0.1	0.1	0.2	0.3	0.2	1.7	0.0
03	Legumes	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.2	0.1	0.2	0.8	0.0
03-01	Legumes	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.2	0.1	0.2	0.8	0.0
04	Fruits, nuts and olives	4.7	2.8	6.6	0.0	5.1	2.6	6.2	7.7	0.0	4.4	0.7	6.7	8.4	5.2	9.5	2.2	9.1	0.0
04-01	Fruits	2.4	0.6	1.7	0.0	0.3	0.2	0.1	0.6	0.0	1.7	0.0	0.3	0.5	4.4	8.8	1.3	6.6	0.0
04-02	Nuts and seeds (+nut spread)	2.3	2.2	4.9	0.0	4.7	2.4	5.9	7.0	0.0	2.7	0.7	6.3	7.8	0.7	0.5	0.9	2.2	0.0
04-03	Mixed fruits	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.1	0.2	0.0	0.1	0.0
04-04	Olives	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0
05	Dairy products	13.5	21.8	0.3	36.5	18.0	30.9	12.2	3.5	33.8	9.4	0.6	9.0	2.1	9.0	18.1	1.9	2.9	0.0
05-01	Milk	3.4	6.7	0.0	10.8	3.0	5.3	2.0	0.4	6.0	0.9	0.0	1.4	0.3	3.2	7.2	0.0	0.0	0.0
05-02	Milk beverages	0.6	0.8	0.2	1.3	0.4	0.6	0.3	0.1	0.4	0.1	0.3	0.2	0.0	0.8	1.6	0.1	1.1	0.0
05-03	Yoghurt	1.8	3.2	0.0	5.4	1.0	1.6	0.7	0.2	1.9	0.2	0.0	0.5	0.1	2.1	4.3	0.3	1.4	0.0
05-04	Fromage blanc, petits suisses	0.2	0.3	0.0	0.4	0.2	0.3	0.2	0.0	0.3	0.0	0.0	0.1	0.0	0.2	0.4	0.0	0.0	0.0
05-05	Cheese (including fresh cheeses)	5.0	9.0	0.0	15.8	10.8	18.5	7.3	2.2	20.1	7.1	0.0	5.4	1.2	0.0	0.1	0.0	0.0	0.0
05-06	Cream desserts, puddings (milk based)	1.6	1.2	0.1	2.0	1.3	2.2	0.9	0.3	1.6	0.7	0.3	0.7	0.2	2.2	3.7	1.1	0.3	0.0
05-07	Dairy and non-dairy creams	0.3	0.1	0.0	0.1	0.8	1.2	0.6	0.1	2.6	0.2	0.0	0.4	0.1	0.1	0.2	0.0	0.0	0.0
05-07-01	Dairy creams	0.3	0.1	0.0	0.1	0.8	1.2	0.6	0.1	2.6	0.2	0.0	0.4	0.1	0.1	0.2	0.0	0.0	0.0
05-07-02	Non-dairy creams	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05-08	Milk for coffee and creamers	0.5	0.5	0.0	0.8	0.6	1.2	0.2	0.2	0.8	0.1	0.0	0.2	0.2	0.4	0.6	0.3	0.0	0.0
06	Cereals and cereal products	22.9	23.0	57.1	0.5	9.5	5.7	10.1	14.5	4.8	11.9	4.4	11.6	15.7	35.6	5.8	59.4	43.7	0.0
06-01	Flour, flakes, starches, semolina	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.2	0.0

Group=Male Adults (19-69 years) - Normal and Underweight (n=491)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
06-02	Pasta, rice, other grain	3.0	2.5	6.0	0.3	0.4	0.2	0.2	0.8	0.3	0.5	0.0	0.4	0.9	5.5	0.2	9.5	3.1	0.0
06-03	Bread, crisp bread, rusks	16.2	18.5	46.0	0.1	5.0	2.8	4.1	10.2	2.4	10.6	2.2	6.2	10.9	25.6	4.5	42.4	35.9	0.0
06-03-01	Bread	15.8	18.1	44.9	0.1	4.9	2.7	4.0	10.0	2.1	10.4	2.2	6.1	10.6	24.9	4.3	41.2	35.0	0.0
06-03-02	Crispbread, rusks	0.4	0.4	1.1	0.0	0.1	0.1	0.1	0.2	0.3	0.1	0.0	0.1	0.2	0.7	0.2	1.2	0.9	0.0
06-04	Breakfast cereals	1.0	0.6	1.7	0.0	0.5	0.5	0.5	0.6	0.0	0.2	2.1	0.5	0.6	1.4	0.8	2.2	2.1	0.0
06-05	Salty biscuits, aperitif biscuits, crackers	2.1	0.9	2.1	0.1	2.9	1.8	4.3	2.5	1.1	0.3	0.0	3.7	2.8	2.2	0.3	3.7	1.8	0.0
06-06	Dough and pastry (puff, shortcrust, pizza)	0.7	0.5	1.2	0.0	0.6	0.4	1.0	0.4	1.1	0.3	0.0	0.8	0.4	0.8	0.1	1.5	0.7	0.0
07	Meat and meat products	11.6	30.1	0.4	48.9	18.9	19.8	22.9	10.6	16.7	7.0	34.4	18.4	9.8	0.9	0.7	1.2	2.1	0.0
07-01	Fresh meat	4.2	12.5	0.0	19.9	6.2	7.0	7.5	2.2	8.1	1.6	5.4	5.6	2.2	0.1	0.1	0.1	0.5	0.0
07-01-00	Unclassified	1.1	2.7	0.0	4.6	2.1	2.4	2.6	0.8	2.4	0.7	0.3	2.0	0.9	0.0	0.0	0.0	0.2	0.0
07-01-01	Beef	1.6	5.2	0.0	8.2	2.2	2.5	2.7	0.4	4.3	0.6	2.3	1.9	0.4	0.0	0.0	0.0	0.2	0.0
07-01-02	Veal	0.1	0.2	0.0	0.3	0.1	0.1	0.1	0.0	0.2	0.0	0.2	0.1	0.0	0.0	0.0	0.0	0.0	0.0
07-01-03	Pork	1.2	3.9	0.0	5.8	1.4	1.5	1.7	0.8	0.3	0.2	2.4	1.4	0.9	0.0	0.0	0.1	0.1	0.0
07-01-04	Mutton/Lamb	0.2	0.4	0.0	0.7	0.3	0.4	0.3	0.1	1.0	0.1	0.2	0.2	0.0	0.0	0.0	0.0	0.0	0.0
07-01-05	Horse	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-06	Goat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02	Poultry	1.3	5.6	0.0	9.0	1.2	1.0	1.1	1.3	1.3	0.8	13.6	1.1	1.2	0.0	0.0	0.0	0.0	0.0
07-02-00	Unclassified and other poultry	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-01	Chicken, hen	1.2	5.3	0.0	8.6	1.1	0.9	0.9	1.2	1.2	0.8	13.4	1.0	1.1	0.0	0.0	0.0	0.0	0.0
07-02-02	Turkey, young turkey	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-03	Duck	0.0	0.1	0.0	0.1	0.1	0.1	0.1	0.1	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0
07-02-05	Rabbit (domestic)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-03	Game	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-04	Processed meat	6.0	11.8	0.3	19.7	11.5	11.7	14.3	7.1	7.4	4.7	15.4	11.7	6.4	0.8	0.6	1.1	1.6	0.0
07-05	Offals	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08	Fish and shellfish	1.0	3.3	0.2	5.2	1.1	0.7	1.1	1.5	0.4	0.8	23.6	1.3	0.6	0.2	0.0	0.4	0.1	0.1
08-01	Fish	0.7	2.3	0.0	3.6	0.9	0.6	1.0	1.3	0.3	0.7	16.4	1.1	0.5	0.1	0.0	0.1	0.0	0.0
08-02	Crustaceans, molluscs	0.1	0.4	0.0	0.5	0.0	0.0	0.0	0.1	0.0	0.0	3.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08-03	Fish products, fish in crumbs	0.2	0.7	0.1	1.0	0.2	0.1	0.1	0.2	0.2	0.1	4.1	0.2	0.1	0.1	0.0	0.2	0.1	0.1
09	Eggs and egg products	0.7	1.7	0.0	2.9	1.2	1.1	1.4	0.5	0.0	0.1	11.3	1.1	0.5	0.1	0.0	0.2	0.0	0.0
09-01	Egg	0.7	1.7	0.0	2.9	1.2	1.1	1.4	0.5	0.0	0.1	11.3	1.1	0.5	0.1	0.0	0.2	0.0	0.0
10	Fat	7.1	0.1	0.1	0.0	20.8	14.8	20.8	34.0	19.2	33.0	6.7	25.9	35.5	0.1	0.0	0.1	0.0	0.0

Group=Male Adults (19-69 years) - Normal and Underweight (n=491)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
10-00	Unclassified	0.7	0.0	0.0	0.0	1.9	1.3	2.1	3.1	1.6	1.8	0.0	2.4	3.5	0.0	0.0	0.0	0.0	0.0
10-01	Vegetable oils	1.5	0.0	0.0	0.0	4.5	1.9	5.6	7.4	0.6	4.9	6.1	6.5	8.0	0.0	0.0	0.0	0.0	0.0
10-02	Butter	0.6	0.0	0.0	0.0	1.7	2.7	1.3	0.3	4.0	0.6	0.0	1.0	0.2	0.0	0.0	0.0	0.0	0.0
10-03	Margarines	3.7	0.0	0.1	0.0	11.0	7.9	9.8	20.2	11.8	24.5	0.5	13.7	20.5	0.0	0.0	0.1	0.0	0.0
10-04	Deep frying fats	0.6	0.0	0.0	0.0	1.7	1.0	2.0	2.9	1.2	1.2	0.0	2.3	3.4	0.0	0.0	0.0	0.0	0.0
10-06	Other animal fat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	7.0	1.4	2.4	0.8	4.5	5.9	4.9	2.1	2.5	0.7	0.2	3.9	1.8	11.3	23.3	1.8	3.1	0.1
11-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-01	Sugar, honey ,jam	2.5	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	5.4	11.6	0.3	0.2	0.0
11-02	Chocolate, candy bars, paste, chocolate confetti	2.5	0.8	1.5	0.3	3.3	3.9	3.9	1.7	0.3	0.3	0.1	3.1	1.6	2.7	5.7	0.5	2.0	0.1
11-03	Confectionery non-chocolate	0.8	0.3	0.7	0.0	0.2	0.2	0.2	0.2	0.4	0.1	0.1	0.2	0.1	1.5	2.6	0.7	0.3	0.0
11-04	Syrup	0.4	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.9	2.0	0.0	0.3	0.0
11-05	Ice cream, water ice	0.7	0.3	0.1	0.4	1.0	1.7	0.8	0.1	1.8	0.3	0.0	0.6	0.1	0.8	1.5	0.3	0.2	0.0
11-05-01	Ice cream	0.7	0.3	0.1	0.4	1.0	1.7	0.8	0.1	1.8	0.3	0.0	0.6	0.1	0.8	1.4	0.3	0.2	0.0
11-05-02	Sorbet	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-05-03	Water ice	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
12	Cakes	6.1	2.8	5.4	1.1	6.6	8.1	6.1	4.5	13.2	3.9	5.8	5.5	4.5	7.8	9.6	7.1	4.2	1.6
12-01	Cakes, pies, pastries, etc	3.7	1.8	3.3	0.8	4.1	5.0	3.6	2.8	9.4	2.7	3.0	3.3	2.9	4.6	5.8	4.0	2.5	1.2
12-02	Dry cakes, biscuits	2.5	1.0	2.1	0.3	2.5	3.1	2.5	1.6	3.8	1.2	2.8	2.1	1.6	3.2	3.9	3.0	1.7	0.4
13	Non-alcoholic beverages	6.0	2.0	4.7	0.3	0.6	1.1	0.2	0.2	0.5	0.3	0.0	0.2	0.1	11.5	23.1	0.7	1.7	0.3
13-00	Unclassified	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.3
13-01	Fruit and vegetable juices	1.7	0.5	1.2	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.0	0.0	0.1	3.2	6.8	0.2	1.2	0.0
13-02	Carbonated/soft/isotonic drinks, diluted syrups	3.5	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	7.2	14.6	0.1	0.0	0.0
13-03	Coffee, tea and herbal teas	0.8	1.4	3.3	0.3	0.5	0.9	0.2	0.1	0.5	0.1	0.0	0.1	0.0	1.0	1.7	0.4	0.5	0.0
13-03-01	Coffee	0.8	1.4	3.2	0.3	0.5	0.9	0.2	0.1	0.5	0.1	0.0	0.1	0.0	0.9	1.6	0.4	0.5	0.0
13-03-02	Tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-03	Herbal tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0
13-03-04	Chicory, substitutes	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-04	Waters	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14	Alcoholic beverages	6.5	1.2	3.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.7	2.0	4.7	3.7	97.8
14-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1
14-01	Wine	1.4	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.5	1.1	0.0	0.0	27.8

Group=Male Adults (19-69 years) - Normal and Underweight (n=491)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
14-02	Fortified wines (sherry, port, vermouth)	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.3	0.0	0.0	3.6
14-03	Beer, cider	4.4	1.2	3.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.0	0.2	4.7	3.7	56.1
14-04	Spirits, brandy	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	8.3
14-05	Aniseed drinks (pastis,....)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1
14-06	Liqueurs	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.3	0.0	0.0	1.5
14-07	Cocktails, punches	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.5
15	Condiments and sauces	3.7	1.0	2.0	0.3	8.2	3.5	9.3	15.2	1.0	17.2	5.8	11.4	15.9	1.8	3.3	0.8	1.5	0.0
15-01	Sauces	3.6	0.8	1.8	0.3	8.0	3.3	9.3	15.1	1.0	17.2	5.7	11.4	15.8	1.7	3.1	0.7	1.3	0.0
15-01-00	Unclassified and other sauces	1.5	0.6	1.3	0.1	3.1	1.5	3.4	5.6	0.8	3.9	0.8	4.2	5.9	0.8	1.6	0.4	0.7	0.0
15-01-01	Tomato sauces	0.3	0.2	0.3	0.0	0.2	0.1	0.3	0.2	0.0	0.1	0.1	0.2	0.2	0.4	0.9	0.2	0.5	0.0
15-01-02	Dressing sauces	0.5	0.0	0.0	0.0	1.3	0.5	1.5	2.4	0.1	3.4	3.3	1.8	2.5	0.2	0.2	0.1	0.0	0.0
15-01-03	Mayonnaises and similars	1.3	0.1	0.0	0.1	3.6	1.2	4.1	6.9	0.1	9.7	1.4	5.1	7.2	0.2	0.4	0.1	0.1	0.0
15-01-04	Dessert sauces	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
15-02	Yeast	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
15-04	Condiments	0.1	0.1	0.2	0.0	0.2	0.2	0.1	0.1	0.0	0.0	0.2	0.1	0.1	0.1	0.1	0.1	0.2	0.0
16	Soups, bouillon	1.0	1.4	1.6	1.3	1.0	1.0	1.0	0.9	3.7	0.7	2.1	0.9	0.9	1.0	0.7	1.2	2.2	0.0
16-01	Soups	1.0	1.4	1.6	1.3	1.0	1.0	1.0	0.9	3.7	0.7	2.1	0.9	0.9	1.0	0.7	1.2	2.2	0.0
16-02	Bouillon	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17	Miscellaneous	1.7	2.1	2.2	2.0	2.2	2.2	2.1	1.8	2.1	1.0	0.7	2.0	1.5	1.5	0.7	2.3	1.4	0.0
17-00	Unclassified	0.1	0.2	0.2	0.1	0.1	0.0	0.1	0.2	0.0	0.0	0.0	0.1	0.1	0.1	0.0	0.1	0.2	0.0
17-01	Soya products	0.1	0.2	0.3	0.0	0.1	0.1	0.1	0.3	0.0	0.2	0.4	0.2	0.2	0.1	0.1	0.0	0.1	0.0
17-02	Dietetic products	0.2	0.3	0.2	0.3	0.2	0.0	0.1	0.1	0.0	0.1	0.0	0.1	0.3	0.2	0.2	0.2	0.2	0.0
17-02-00	Unclassified	0.2	0.3	0.2	0.3	0.2	0.0	0.1	0.1	0.0	0.1	0.0	0.1	0.3	0.2	0.2	0.2	0.2	0.0
17-02-01	Artificial sweeteners	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-03	Snacks	1.3	1.4	1.5	1.5	1.8	2.1	1.8	1.2	2.0	0.6	0.3	1.6	0.9	1.2	0.3	1.9	0.9	0.0

Group=Male Adults (19-69 years) - Overweight and Obese (n=564)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01-01	Potatoes	4.9	2.7	7.6	0.1	1.7	2.1	1.4	1.9	1.7	4.3	0.1	1.6	1.4	9.0	0.4	15.6	10.5	0.0
01-02	Other tubers	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02	Vegetables	1.7	2.4	7.1	0.0	0.6	0.4	0.3	1.4	0.2	5.2	0.5	0.7	1.0	2.0	3.1	1.4	13.8	0.0
02-01	Leafy vegetables (except cabbages)	0.2	0.4	1.3	0.0	0.2	0.1	0.1	0.4	0.2	1.7	0.0	0.2	0.2	0.2	0.3	0.1	1.8	0.0
02-02	Fruiting vegetables	0.5	0.6	1.7	0.0	0.2	0.1	0.1	0.4	0.0	0.8	0.0	0.2	0.4	0.6	1.0	0.3	3.9	0.0
02-03	Root vegetables	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.2	0.4	0.0	1.0	0.0
02-04	Cabbages	0.3	0.6	1.8	0.0	0.1	0.1	0.0	0.3	0.0	1.9	0.0	0.1	0.1	0.3	0.4	0.2	3.0	0.0
02-05	Mushrooms	0.0	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.0
02-06	Grain and pod vegetables	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.2	0.6	0.0
02-07	Onion, garlic	0.2	0.1	0.4	0.0	0.1	0.0	0.0	0.2	0.0	0.3	0.5	0.1	0.2	0.3	0.5	0.3	1.5	0.0
02-08	Stalk vegetables, sprouts	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02-09	Mixed salad, mixed vegetables	0.2	0.3	0.8	0.0	0.1	0.1	0.0	0.1	0.0	0.5	0.0	0.1	0.1	0.3	0.4	0.2	1.7	0.0
03	Legumes	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.2	0.1	0.3	0.7	0.0
03-01	Legumes	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.0	0.0	0.0	0.2	0.1	0.3	0.7	0.0
04	Fruits, nuts and olives	4.9	2.6	6.5	0.0	4.8	2.5	5.9	7.0	0.0	4.1	0.8	6.3	7.7	6.0	10.9	2.4	9.9	0.0
04-01	Fruits	2.7	0.6	1.9	0.0	0.4	0.2	0.1	0.8	0.0	2.0	0.0	0.4	0.7	5.3	10.2	1.6	7.6	0.0
04-02	Nuts and seeds (+nut spread)	2.1	2.0	4.6	0.0	4.4	2.2	5.7	6.1	0.0	2.1	0.8	5.9	6.9	0.6	0.5	0.8	2.2	0.0
04-03	Mixed fruits	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.1	0.0
04-04	Olives	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0
05	Dairy products	14.0	22.5	0.4	36.0	17.8	30.3	12.1	3.6	32.5	9.8	1.0	9.0	2.1	9.9	21.0	1.9	3.3	0.4
05-01	Milk	3.4	6.5	0.0	10.3	2.7	4.6	1.8	0.4	5.2	0.8	0.0	1.3	0.3	3.4	8.2	0.0	0.0	0.0
05-02	Milk beverages	0.7	0.9	0.2	1.3	0.4	0.7	0.3	0.1	0.5	0.1	0.4	0.2	0.1	1.0	1.9	0.1	1.1	0.0
05-03	Yoghurt	2.1	3.5	0.0	5.6	0.8	1.3	0.6	0.1	1.6	0.2	0.0	0.4	0.1	2.7	5.7	0.5	1.7	0.0
05-04	Fromage blanc, petits suisses	0.2	0.3	0.0	0.5	0.1	0.2	0.1	0.0	0.3	0.0	0.0	0.1	0.0	0.3	0.6	0.0	0.0	0.0
05-05	Cheese (including fresh cheeses)	5.5	9.5	0.0	15.4	11.4	19.5	7.8	2.4	20.8	7.7	0.0	5.8	1.4	0.0	0.1	0.0	0.0	0.0
05-06	Cream desserts, puddings (milk based)	1.4	1.1	0.1	1.7	1.1	1.9	0.8	0.3	1.7	0.6	0.6	0.6	0.2	2.0	3.5	1.0	0.4	0.4
05-07	Dairy and non-dairy creams	0.2	0.0	0.0	0.1	0.5	0.8	0.4	0.1	1.5	0.2	0.0	0.3	0.1	0.1	0.2	0.0	0.0	0.0
05-07-01	Dairy creams	0.2	0.0	0.0	0.1	0.5	0.8	0.4	0.1	1.5	0.2	0.0	0.3	0.1	0.1	0.2	0.0	0.0	0.0
05-07-02	Non-dairy creams	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05-08	Milk for coffee and creamers	0.5	0.6	0.0	0.9	0.7	1.3	0.3	0.2	1.0	0.2	0.0	0.2	0.2	0.5	0.8	0.2	0.0	0.0
06	Cereals and cereal products	22.5	21.0	56.0	0.5	9.1	5.6	9.6	14.1	4.8	11.7	3.9	11.1	15.4	36.4	7.0	58.3	42.7	0.0
06-01	Flour, flakes, starches, semolina	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.1	0.0

Group=Male Adults (19-69 years) - Overweight and Obese (n=564)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
06-02	Pasta, rice, other grain	2.8	2.2	5.5	0.2	0.4	0.2	0.2	0.8	0.0	0.4	0.0	0.4	0.9	5.3	0.2	8.7	2.8	0.0
06-03	Bread, crisp bread, rusks	16.0	16.8	45.4	0.2	4.9	2.8	4.1	10.0	2.7	10.4	1.9	6.2	10.8	26.4	5.4	42.2	35.6	0.0
06-03-01	Bread	15.3	16.3	43.8	0.2	4.6	2.5	3.9	9.6	2.0	10.2	1.9	5.9	10.4	25.2	5.1	40.3	34.3	0.0
06-03-02	Crispbread, rusks	0.7	0.5	1.6	0.0	0.3	0.3	0.2	0.4	0.7	0.2	0.0	0.3	0.4	1.2	0.3	1.9	1.3	0.0
06-04	Breakfast cereals	1.0	0.6	1.6	0.0	0.7	0.7	0.7	0.7	0.0	0.3	1.9	0.7	0.9	1.5	1.0	2.1	1.9	0.0
06-05	Salty biscuits, aperitif biscuits, crackers	1.9	0.7	1.8	0.1	2.4	1.5	3.5	2.1	1.3	0.4	0.1	3.0	2.4	2.1	0.3	3.3	1.5	0.0
06-06	Dough and pastry (puff, shortcrust, pizza)	0.8	0.6	1.5	0.0	0.6	0.3	1.0	0.4	0.8	0.3	0.0	0.8	0.4	1.1	0.1	1.8	0.9	0.0
07	Meat and meat products	13.1	32.2	0.4	49.9	21.1	21.5	25.8	12.3	17.4	7.7	38.5	20.9	11.7	0.9	0.7	1.2	1.9	0.0
07-01	Fresh meat	5.0	14.2	0.0	21.6	7.4	7.9	9.2	3.0	7.5	1.6	7.7	7.0	3.0	0.1	0.1	0.0	0.4	0.0
07-01-00	Unclassified	1.1	2.6	0.0	4.0	2.1	2.2	2.7	1.0	1.8	0.6	0.9	2.1	1.0	0.0	0.0	0.0	0.2	0.0
07-01-01	Beef	1.6	4.8	0.0	7.5	2.3	2.6	3.0	0.4	4.3	0.6	1.8	2.1	0.4	0.0	0.0	0.0	0.1	0.0
07-01-02	Veal	0.1	0.1	0.0	0.2	0.1	0.1	0.1	0.0	0.1	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0
07-01-03	Pork	2.0	6.2	0.0	9.1	2.5	2.6	3.1	1.4	0.4	0.2	4.7	2.4	1.5	0.0	0.0	0.0	0.1	0.0
07-01-04	Mutton/Lamb	0.2	0.5	0.0	0.7	0.4	0.4	0.4	0.1	0.9	0.2	0.3	0.3	0.1	0.0	0.0	0.0	0.0	0.0
07-01-05	Horse	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-06	Goat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02	Poultry	1.6	5.7	0.0	8.7	1.8	1.4	1.6	2.1	1.6	1.1	13.2	1.8	2.0	0.0	0.0	0.0	0.0	0.0
07-02-00	Unclassified and other poultry	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-01	Chicken, hen	1.4	5.3	0.0	8.1	1.5	1.2	1.3	1.8	1.5	1.1	13.2	1.5	1.7	0.0	0.0	0.0	0.0	0.0
07-02-02	Turkey, young turkey	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-03	Duck	0.1	0.2	0.0	0.2	0.2	0.1	0.3	0.2	0.0	0.0	0.0	0.3	0.3	0.0	0.0	0.0	0.0	0.0
07-02-05	Rabbit (domestic)	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-03	Game	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-04	Processed meat	6.5	12.2	0.3	19.5	12.0	12.1	15.0	7.2	8.3	5.0	17.6	12.1	6.6	0.8	0.6	1.1	1.5	0.0
07-05	Offals	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08	Fish and shellfish	1.2	3.9	0.2	5.9	1.5	1.0	1.7	2.0	0.7	1.2	23.9	1.8	0.9	0.2	0.0	0.4	0.1	0.0
08-01	Fish	0.9	2.9	0.1	4.5	1.2	0.7	1.4	1.6	0.2	1.0	18.4	1.4	0.7	0.1	0.0	0.2	0.0	0.0
08-02	Crustaceans, molluscs	0.1	0.3	0.0	0.4	0.0	0.0	0.0	0.0	0.0	0.0	2.9	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08-03	Fish products, fish in crumbs	0.3	0.7	0.1	1.0	0.3	0.2	0.3	0.3	0.4	0.2	2.5	0.3	0.2	0.1	0.0	0.2	0.1	0.0
09	Eggs and egg products	0.7	1.7	0.0	2.7	1.2	1.1	1.5	0.5	0.0	0.1	10.4	1.1	0.6	0.1	0.0	0.2	0.0	0.0
09-01	Egg	0.7	1.7	0.0	2.7	1.2	1.1	1.5	0.5	0.0	0.1	10.4	1.1	0.6	0.1	0.0	0.2	0.0	0.0
10	Fat	7.1	0.1	0.2	0.0	20.4	14.9	20.1	33.9	18.6	33.7	4.7	25.3	35.7	0.1	0.1	0.1	0.0	0.0

Group=Male Adults (19-69 years) - Overweight and Obese (n=564)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
10-00	Unclassified	0.7	0.0	0.0	0.0	1.8	1.2	2.0	2.8	1.4	1.6	0.0	2.3	3.2	0.0	0.0	0.0	0.0	0.0
10-01	Vegetable oils	1.2	0.0	0.0	0.0	3.6	1.5	4.6	6.1	0.4	4.1	4.6	5.3	6.7	0.0	0.0	0.0	0.0	0.0
10-02	Butter	0.6	0.0	0.0	0.0	1.8	2.8	1.3	0.4	4.2	0.7	0.0	1.0	0.2	0.0	0.0	0.0	0.0	0.0
10-03	Margarines	4.0	0.1	0.1	0.0	11.5	8.2	10.2	21.9	11.3	26.2	0.1	14.4	22.6	0.1	0.0	0.1	0.0	0.0
10-04	Deep frying fats	0.6	0.0	0.0	0.0	1.6	1.0	1.8	2.7	1.2	1.1	0.0	2.1	3.0	0.0	0.0	0.0	0.0	0.0
10-06	Other animal fat	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.1	0.1	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	5.9	1.3	2.1	0.8	4.2	5.6	4.5	1.8	2.6	0.7	0.0	3.5	1.4	9.4	19.6	1.6	2.6	0.4
11-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-01	Sugar, honey ,jam	1.9	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	4.2	9.0	0.3	0.2	0.0
11-02	Chocolate, candy bars, paste, chocolate confetti	2.2	0.7	1.3	0.3	2.9	3.5	3.5	1.5	0.3	0.3	0.0	2.8	1.3	2.3	4.9	0.4	1.7	0.4
11-03	Confectionery non-chocolate	0.6	0.2	0.6	0.0	0.2	0.2	0.2	0.2	0.3	0.1	0.0	0.2	0.1	1.2	2.1	0.5	0.3	0.0
11-04	Syrup	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.8	1.8	0.0	0.1	0.0
11-05	Ice cream, water ice	0.8	0.3	0.1	0.4	1.1	1.9	0.9	0.1	2.0	0.3	0.0	0.6	0.1	0.9	1.9	0.3	0.3	0.0
11-05-01	Ice cream	0.8	0.3	0.1	0.4	1.1	1.9	0.9	0.1	2.0	0.3	0.0	0.6	0.1	0.9	1.8	0.3	0.3	0.0
11-05-02	Sorbet	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-05-03	Water ice	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
12	Cakes	6.4	2.7	5.8	1.0	6.6	7.9	6.0	4.6	15.4	4.2	4.4	5.4	4.5	8.5	10.5	7.5	4.4	1.5
12-01	Cakes, pies, pastries, etc	4.2	1.9	3.8	0.8	4.4	5.2	3.8	3.1	12.3	3.1	2.9	3.5	2.9	5.5	6.9	4.8	2.8	1.5
12-02	Dry cakes, biscuits	2.2	0.8	1.9	0.2	2.2	2.7	2.1	1.6	3.1	1.2	1.5	1.9	1.6	3.0	3.6	2.8	1.6	0.0
13	Non-alcoholic beverages	5.1	2.2	5.3	0.5	0.6	1.1	0.3	0.2	0.6	0.4	0.0	0.2	0.2	10.0	20.6	0.7	2.2	0.5
13-00	Unclassified	0.1	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.0	0.5
13-01	Fruit and vegetable juices	1.6	0.5	1.2	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.0	0.0	0.1	3.4	7.1	0.2	1.4	0.0
13-02	Carbonated/soft/isotonic drinks, diluted syrups	2.6	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	5.6	11.7	0.1	0.1	0.0
13-03	Coffee, tea and herbal teas	0.8	1.6	3.9	0.4	0.5	1.0	0.2	0.1	0.6	0.1	0.0	0.2	0.1	0.9	1.7	0.4	0.7	0.0
13-03-01	Coffee	0.8	1.6	3.9	0.4	0.5	1.0	0.2	0.1	0.6	0.1	0.0	0.2	0.1	0.8	1.5	0.4	0.7	0.0
13-03-02	Tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-03	Herbal tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0
13-03-04	Chicory, substitutes	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-04	Waters	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14	Alcoholic beverages	6.8	1.1	3.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.7	1.9	4.7	3.6	97.3
14-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1
14-01	Wine	1.4	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.4	1.1	0.0	0.0	26.6

Group=Male Adults (19-69 years) - Overweight and Obese (n=564)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
14-02	Fortified wines (sherry, port, vermouth)	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.3	0.0	0.0	4.7
14-03	Beer, cider	4.3	1.1	3.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.0	0.1	4.7	3.5	53.0
14-04	Spirits, brandy	0.8	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	11.6
14-05	Aniseed drinks (pastis,....)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-06	Liqueurs	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.0	0.0	1.3
14-07	Cocktails, punches	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
15	Condiments and sauces	3.6	0.8	1.8	0.2	7.8	3.4	8.6	14.6	1.0	15.2	4.0	10.8	15.4	1.6	3.1	0.8	1.2	0.0
15-01	Sauces	3.4	0.7	1.5	0.2	7.6	3.2	8.5	14.4	1.0	15.1	3.8	10.7	15.2	1.5	3.0	0.7	0.9	0.0
15-01-00	Unclassified and other sauces	1.5	0.5	1.3	0.1	3.2	1.7	3.4	5.9	0.8	3.8	0.9	4.3	6.3	0.8	1.5	0.4	0.5	0.0
15-01-01	Tomato sauces	0.2	0.1	0.2	0.0	0.1	0.0	0.1	0.1	0.0	0.1	0.1	0.1	0.1	0.3	0.8	0.1	0.2	0.0
15-01-02	Dressing sauces	0.5	0.0	0.1	0.0	1.2	0.5	1.4	2.4	0.1	3.1	2.1	1.8	2.5	0.2	0.2	0.1	0.1	0.0
15-01-03	Mayonnaises and similars	1.2	0.1	0.0	0.1	3.0	1.0	3.6	6.0	0.1	8.1	0.7	4.4	6.3	0.2	0.4	0.1	0.1	0.0
15-01-04	Dessert sauces	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
15-02	Yeast	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
15-04	Condiments	0.1	0.1	0.3	0.0	0.2	0.2	0.1	0.2	0.0	0.1	0.2	0.1	0.1	0.1	0.1	0.1	0.2	0.0
16	Soups, bouillon	1.0	1.5	1.7	1.3	1.0	1.0	1.0	0.9	2.6	0.7	2.8	0.9	0.9	0.9	0.6	1.1	2.2	0.0
16-01	Soups	1.0	1.4	1.6	1.3	0.9	0.9	0.9	0.9	2.6	0.7	2.8	0.9	0.9	0.9	0.6	1.1	2.2	0.0
16-02	Bouillon	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17	Miscellaneous	1.2	1.3	1.5	1.1	1.4	1.7	1.3	1.1	1.9	0.7	0.9	1.2	0.7	1.2	0.4	1.8	1.0	0.0
17-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0
17-01	Soya products	0.1	0.1	0.2	0.0	0.1	0.0	0.0	0.1	0.0	0.1	0.5	0.1	0.1	0.0	0.1	0.0	0.1	0.0
17-02	Dietetic products	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0
17-02-00	Unclassified	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0
17-02-01	Artificial sweeteners	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-03	Snacks	1.1	1.1	1.2	1.0	1.3	1.6	1.2	0.9	1.8	0.6	0.4	1.1	0.6	1.1	0.3	1.7	0.8	0.0

Group=Female Adults (19-69 years) - Normal and Underweight (n=519)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01-01	Potatoes	4.0	2.3	6.1	0.1	1.2	1.3	0.9	1.5	0.9	4.1	0.1	1.1	1.2	7.1	0.3	13.3	8.0	0.0
01-02	Other tubers	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
02	Vegetables	2.1	2.9	7.8	0.0	0.9	0.6	0.5	2.1	0.3	6.8	0.1	1.0	1.6	2.4	3.6	1.5	15.3	0.0
02-01	Leafy vegetables (except cabbages)	0.3	0.5	1.4	0.0	0.2	0.2	0.1	0.5	0.3	2.3	0.0	0.2	0.3	0.2	0.2	0.2	2.1	0.0
02-02	Fruiting vegetables	0.7	0.8	2.1	0.0	0.4	0.2	0.3	0.8	0.0	1.4	0.0	0.4	0.8	0.8	1.3	0.3	4.4	0.0
02-03	Root vegetables	0.2	0.2	0.4	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.3	0.7	0.1	1.8	0.0
02-04	Cabbages	0.4	0.7	1.7	0.0	0.1	0.1	0.0	0.4	0.0	2.1	0.0	0.1	0.1	0.3	0.4	0.3	3.0	0.0
02-05	Mushrooms	0.0	0.2	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.4	0.0
02-06	Grain and pod vegetables	0.1	0.2	0.4	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.1	0.1	0.2	0.5	0.0
02-07	Onion, garlic	0.2	0.1	0.4	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.1	0.1	0.1	0.3	0.3	0.2	1.1	0.0
02-08	Stalk vegetables, sprouts	0.0	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.0
02-09	Mixed salad, mixed vegetables	0.2	0.3	0.8	0.0	0.1	0.0	0.0	0.1	0.1	0.6	0.0	0.1	0.1	0.2	0.4	0.2	1.8	0.0
03	Legumes	0.2	0.4	0.8	0.0	0.0	0.0	0.0	0.1	0.0	0.5	0.0	0.1	0.1	0.3	0.1	0.4	1.2	0.0
03-01	Legumes	0.2	0.4	0.8	0.0	0.0	0.0	0.0	0.1	0.0	0.5	0.0	0.1	0.1	0.3	0.1	0.4	1.2	0.0
04	Fruits, nuts and olives	6.4	2.9	7.1	0.0	4.8	2.4	5.6	7.4	0.0	5.8	0.9	6.3	8.2	8.3	14.4	3.0	13.1	0.0
04-01	Fruits	4.3	1.1	2.8	0.0	0.5	0.3	0.2	1.3	0.0	3.1	0.0	0.6	1.2	7.6	13.8	2.2	10.9	0.0
04-02	Nuts and seeds (+nut spread)	1.9	1.8	4.2	0.0	4.0	2.0	5.0	5.8	0.0	2.6	0.7	5.4	6.6	0.6	0.4	0.7	1.9	0.0
04-03	Mixed fruits	0.1	0.1	0.1	0.0	0.2	0.1	0.2	0.3	0.0	0.1	0.2	0.2	0.3	0.1	0.2	0.0	0.2	0.0
04-04	Olives	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.0	0.0	0.0	0.0	0.2	0.1	0.0	0.0	0.0	0.1	0.0
05	Dairy products	14.4	23.8	0.4	40.0	19.2	31.8	13.3	4.0	35.9	10.3	1.0	9.9	2.5	9.2	17.6	1.7	3.2	0.4
05-01	Milk	3.0	5.9	0.0	9.8	2.4	4.1	1.6	0.4	4.8	0.6	0.0	1.2	0.2	2.8	5.9	0.0	0.0	0.0
05-02	Milk beverages	0.8	1.0	0.2	1.5	0.5	0.8	0.4	0.1	0.6	0.1	0.2	0.3	0.1	1.1	2.0	0.1	1.1	0.0
05-03	Yoghurt	2.5	4.5	0.0	7.4	1.2	2.0	0.9	0.2	2.4	0.3	0.0	0.6	0.1	2.8	5.4	0.5	1.8	0.0
05-04	Fromage blanc, petits suisses	0.3	0.6	0.0	1.0	0.2	0.4	0.2	0.1	0.5	0.1	0.0	0.2	0.0	0.3	0.5	0.0	0.0	0.0
05-05	Cheese (including fresh cheeses)	5.6	10.1	0.0	17.2	12.1	20.1	8.4	2.6	22.0	8.1	0.0	6.3	1.7	0.1	0.2	0.0	0.0	0.0
05-06	Cream desserts, puddings (milk based)	1.3	1.0	0.2	1.7	1.1	1.8	0.8	0.3	1.7	0.5	0.7	0.6	0.2	1.7	2.6	0.9	0.3	0.4
05-07	Dairy and non-dairy creams	0.4	0.1	0.0	0.1	0.9	1.3	0.7	0.2	2.7	0.3	0.0	0.5	0.1	0.1	0.2	0.0	0.0	0.0
05-07-01	Dairy creams	0.4	0.1	0.0	0.1	0.9	1.3	0.7	0.2	2.7	0.3	0.0	0.5	0.1	0.1	0.2	0.0	0.0	0.0
05-07-02	Non-dairy creams	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05-08	Milk for coffee and creamers	0.5	0.6	0.0	1.1	0.7	1.3	0.3	0.1	1.3	0.2	0.0	0.2	0.1	0.4	0.7	0.2	0.0	0.0
06	Cereals and cereal products	23.9	22.7	56.3	0.5	11.2	7.2	11.8	17.9	5.4	14.2	7.0	13.8	19.6	34.9	6.2	61.4	42.0	0.0
06-01	Flour, flakes, starches, semolina	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	0.3	0.1	0.0

Group=Female Adults (19-69 years) - Normal and Underweight (n=519)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
06-02	Pasta, rice, other grain	2.8	2.4	5.5	0.3	0.4	0.2	0.2	0.9	0.0	0.5	0.0	0.4	1.1	4.8	0.2	8.8	2.8	0.0
06-03	Bread, crisp bread, rusks	16.1	17.5	44.2	0.0	5.8	3.1	4.7	12.5	2.7	12.4	3.4	7.4	13.4	24.0	4.2	42.4	33.5	0.0
06-03-01	Bread	14.9	16.6	41.6	0.0	5.2	2.6	4.3	11.8	1.6	12.0	3.4	6.9	12.7	22.1	3.9	39.1	31.1	0.0
06-03-02	Crispbread, rusks	1.2	1.0	2.5	0.0	0.6	0.5	0.5	0.7	1.1	0.4	0.0	0.5	0.7	1.8	0.3	3.3	2.4	0.0
06-04	Breakfast cereals	1.6	1.0	2.6	0.0	1.1	1.0	1.2	1.2	0.0	0.4	3.4	1.2	1.4	2.4	1.4	3.3	2.9	0.0
06-05	Salty biscuits, aperitif biscuits, crackers	2.5	1.1	2.6	0.2	3.4	2.6	4.7	2.9	2.3	0.6	0.2	4.1	3.2	2.6	0.3	4.8	1.9	0.0
06-06	Dough and pastry (puff, shortcrust, pizza)	0.7	0.6	1.4	0.0	0.5	0.3	0.9	0.4	0.3	0.3	0.0	0.7	0.4	1.0	0.1	1.7	0.8	0.0
07	Meat and meat products	10.0	26.9	0.3	43.3	16.1	16.1	20.0	9.4	12.6	6.1	29.5	16.2	9.0	0.6	0.4	0.9	1.3	0.0
07-01	Fresh meat	3.8	11.6	0.0	18.1	5.5	5.9	7.0	2.0	6.3	1.3	4.3	5.2	2.1	0.0	0.1	0.0	0.3	0.0
07-01-00	Unclassified	0.8	1.9	0.0	3.1	1.4	1.4	1.9	0.7	1.1	0.5	0.6	1.5	0.7	0.0	0.0	0.0	0.1	0.0
07-01-01	Beef	1.7	5.4	0.0	8.6	2.5	2.8	3.2	0.5	4.6	0.6	1.9	2.2	0.4	0.0	0.0	0.0	0.1	0.0
07-01-02	Veal	0.1	0.3	0.0	0.4	0.1	0.1	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0
07-01-03	Pork	1.1	3.8	0.0	5.7	1.4	1.4	1.7	0.8	0.2	0.1	1.8	1.4	0.9	0.0	0.0	0.0	0.1	0.0
07-01-04	Mutton/Lamb	0.1	0.1	0.0	0.2	0.1	0.1	0.1	0.0	0.4	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0
07-01-05	Horse	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-06	Goat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02	Poultry	1.4	5.7	0.0	9.3	1.2	1.0	1.2	1.4	1.3	0.8	12.5	1.2	1.3	0.0	0.0	0.0	0.0	0.0
07-02-00	Unclassified and other poultry	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-01	Chicken, hen	1.3	5.5	0.0	8.8	1.1	0.9	1.0	1.3	1.3	0.8	12.5	1.1	1.2	0.0	0.0	0.0	0.0	0.0
07-02-02	Turkey, young turkey	0.0	0.2	0.0	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-03	Duck	0.1	0.1	0.0	0.1	0.1	0.1	0.1	0.1	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.0
07-02-05	Rabbit (domestic)	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-03	Game	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-04	Processed meat	4.9	9.4	0.2	15.6	9.3	9.1	11.8	5.9	5.1	4.0	12.3	9.7	5.6	0.6	0.3	0.8	0.9	0.0
07-05	Offals	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08	Fish and shellfish	1.4	4.6	0.2	7.3	1.7	1.1	1.9	2.5	0.5	1.3	25.2	2.1	1.0	0.2	0.0	0.4	0.1	0.0
08-01	Fish	1.0	3.3	0.0	5.4	1.5	0.9	1.7	2.1	0.3	1.2	18.9	1.8	0.8	0.1	0.0	0.1	0.0	0.0
08-02	Crustaceans, molluscs	0.1	0.5	0.0	0.8	0.0	0.0	0.0	0.1	0.0	0.0	3.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08-03	Fish products, fish in crumbs	0.3	0.8	0.2	1.1	0.2	0.1	0.2	0.3	0.2	0.2	3.4	0.2	0.2	0.1	0.0	0.3	0.1	0.0
09	Eggs and egg products	0.7	1.8	0.0	3.0	1.3	1.1	1.6	0.6	0.0	0.1	9.8	1.2	0.6	0.1	0.0	0.2	0.0	0.0
09-01	Egg	0.7	1.8	0.0	3.0	1.3	1.1	1.6	0.6	0.0	0.1	9.8	1.2	0.6	0.1	0.0	0.2	0.0	0.0
10	Fat	6.4	0.1	0.1	0.0	18.9	13.7	19.9	29.6	16.2	28.3	5.4	23.6	31.3	0.1	0.0	0.1	0.0	0.0

Group=Female Adults (19-69 years) - Normal and Underweight (n=519)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
10-00	Unclassified	0.6	0.0	0.0	0.0	1.6	1.1	1.8	2.6	1.1	1.6	0.0	2.1	3.0	0.0	0.0	0.0	0.0	0.0
10-01	Vegetable oils	1.5	0.0	0.0	0.0	4.5	1.9	6.4	6.4	0.2	3.4	4.2	6.7	6.8	0.0	0.0	0.0	0.0	0.0
10-02	Butter	0.8	0.0	0.0	0.0	2.2	3.4	1.7	0.4	4.7	0.8	0.0	1.3	0.2	0.0	0.0	0.0	0.0	0.0
10-03	Margarines	3.2	0.0	0.1	0.0	9.6	6.7	8.7	18.4	9.4	21.9	1.2	12.2	19.3	0.0	0.0	0.1	0.0	0.0
10-04	Deep frying fats	0.4	0.0	0.0	0.0	1.0	0.6	1.2	1.7	0.7	0.6	0.0	1.4	1.9	0.0	0.0	0.0	0.0	0.0
10-06	Other animal fat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	7.2	1.8	2.9	1.0	5.2	6.9	5.6	2.4	2.8	0.9	0.3	4.5	2.1	10.7	19.8	2.0	3.5	0.9
11-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-01	Sugar, honey ,jam	1.9	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.9	7.5	0.3	0.2	0.0
11-02	Chocolate, candy bars, paste, chocolate confetti	2.8	0.9	1.7	0.5	3.9	4.7	4.5	2.1	0.4	0.6	0.1	3.7	1.8	2.8	5.3	0.5	2.1	0.9
11-03	Confectionery non-chocolate	1.0	0.5	1.0	0.0	0.2	0.2	0.2	0.2	0.3	0.0	0.2	0.2	0.1	1.8	2.8	0.9	0.4	0.0
11-04	Syrup	0.7	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.4	2.7	0.0	0.4	0.0
11-05	Ice cream, water ice	0.9	0.3	0.1	0.5	1.2	1.9	0.9	0.2	2.0	0.3	0.0	0.6	0.1	0.9	1.5	0.3	0.4	0.0
11-05-01	Ice cream	0.8	0.3	0.1	0.5	1.2	1.9	0.9	0.2	2.0	0.3	0.0	0.6	0.1	0.8	1.4	0.3	0.4	0.0
11-05-02	Sorbet	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-05-03	Water ice	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0
12	Cakes	8.4	3.6	7.2	1.3	8.8	10.6	8.0	6.1	18.9	5.4	4.3	7.3	6.2	10.6	11.9	10.1	5.6	3.4
12-01	Cakes, pies, pastries, etc	5.1	2.3	4.5	1.0	5.3	6.5	4.6	3.5	13.9	3.6	2.4	4.2	3.6	6.4	7.4	5.9	3.3	3.4
12-02	Dry cakes, biscuits	3.3	1.3	2.7	0.3	3.5	4.2	3.4	2.6	5.0	1.8	1.9	3.1	2.6	4.2	4.5	4.2	2.2	0.0
13	Non-alcoholic beverages	5.7	2.2	4.8	0.6	0.9	1.5	0.5	0.3	0.9	0.6	0.0	0.4	0.3	10.4	19.4	0.8	2.4	0.0
13-00	Unclassified	0.0	0.0	0.0	0.0	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
13-01	Fruit and vegetable juices	2.3	0.6	1.6	0.0	0.1	0.0	0.0	0.2	0.0	0.4	0.0	0.1	0.1	4.4	8.2	0.4	1.7	0.0
13-02	Carbonated/soft/isotonic drinks, diluted syrups	2.6	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	5.2	9.8	0.1	0.0	0.0
13-03	Coffee, tea and herbal teas	0.8	1.4	3.0	0.6	0.7	1.3	0.4	0.1	0.9	0.2	0.0	0.3	0.1	0.8	1.4	0.4	0.6	0.0
13-03-01	Coffee	0.8	1.4	3.0	0.6	0.7	1.3	0.4	0.1	0.9	0.2	0.0	0.3	0.1	0.7	1.2	0.4	0.6	0.0
13-03-02	Tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-03	Herbal tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.2	0.0	0.0	0.0
13-03-04	Chicory, substitutes	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-04	Waters	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14	Alcoholic beverages	3.7	0.2	0.5	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	1.7	2.9	0.6	0.4	95.3
14-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-01	Wine	2.4	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.9	2.0	0.0	0.0	65.3

Group=Female Adults (19-69 years) - Normal and Underweight (n=519)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
14-02	Fortified wines (sherry, port, vermouth)	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.3	0.0	0.0	6.2
14-03	Beer, cider	0.6	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.4	0.1	0.6	0.4	10.7
14-04	Spirits, brandy	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	7.8
14-05	Aniseed drinks (pastis,....)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-06	Liqueurs	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.2	0.4	0.0	0.0	4.8
14-07	Cocktails, punches	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3
15	Condiments and sauces	3.0	0.7	1.6	0.2	6.7	3.0	7.7	12.9	0.9	13.5	4.3	9.6	13.7	1.3	2.1	0.7	1.1	0.0
15-01	Sauces	2.9	0.6	1.3	0.2	6.6	2.8	7.6	12.7	0.9	13.5	4.3	9.5	13.6	1.2	2.0	0.6	0.9	0.0
15-01-00	Unclassified and other sauces	1.2	0.4	1.0	0.1	2.6	1.4	2.8	4.7	0.7	3.1	1.0	3.5	5.1	0.6	0.9	0.4	0.5	0.0
15-01-01	Tomato sauces	0.2	0.1	0.2	0.0	0.2	0.1	0.3	0.2	0.0	0.2	0.1	0.3	0.2	0.3	0.6	0.1	0.3	0.0
15-01-02	Dressing sauces	0.5	0.0	0.0	0.0	1.3	0.5	1.5	2.5	0.1	3.3	2.0	1.9	2.6	0.1	0.2	0.1	0.0	0.0
15-01-03	Mayonnaises and similars	1.0	0.1	0.0	0.1	2.6	0.9	3.0	5.2	0.1	6.9	1.2	3.8	5.5	0.1	0.2	0.0	0.1	0.0
15-01-04	Dessert sauces	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0
15-02	Yeast	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
15-04	Condiments	0.1	0.1	0.2	0.0	0.1	0.1	0.1	0.1	0.0	0.1	0.0	0.1	0.1	0.1	0.1	0.1	0.2	0.0
16	Soups, bouillon	0.8	1.1	1.3	1.0	0.8	0.9	0.8	0.7	2.9	0.5	1.7	0.7	0.7	0.7	0.6	0.9	1.5	0.0
16-01	Soups	0.8	1.1	1.3	1.0	0.8	0.8	0.7	0.7	2.9	0.5	1.7	0.7	0.7	0.7	0.6	0.9	1.5	0.0
16-02	Bouillon	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17	Miscellaneous	1.6	2.0	2.5	1.5	2.0	1.8	1.9	2.6	1.7	1.5	0.8	2.2	2.0	1.3	0.7	2.0	1.3	0.0
17-00	Unclassified	0.1	0.2	0.2	0.1	0.1	0.1	0.1	0.2	0.0	0.0	0.0	0.1	0.1	0.1	0.0	0.1	0.2	0.0
17-01	Soya products	0.3	0.6	1.1	0.1	0.4	0.2	0.3	1.1	0.1	0.6	0.6	0.6	0.9	0.2	0.3	0.1	0.4	0.0
17-02	Dietetic products	0.2	0.2	0.1	0.2	0.1	0.0	0.2	0.3	0.0	0.3	0.0	0.2	0.3	0.2	0.1	0.2	0.1	0.0
17-02-00	Unclassified	0.2	0.2	0.1	0.2	0.1	0.0	0.2	0.3	0.0	0.3	0.0	0.2	0.3	0.2	0.1	0.2	0.1	0.0
17-02-01	Artificial sweeteners	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-03	Snacks	1.0	1.1	1.1	1.1	1.3	1.5	1.4	0.9	1.6	0.6	0.2	1.2	0.8	0.9	0.2	1.6	0.7	0.0

Group=Female Adults (19-69 years)- Overweight and Obese (n=531)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
01-01	Potatoes	4.1	2.2	6.2	0.0	1.4	1.5	1.1	1.7	1.0	4.0	0.1	1.3	1.3	7.3	0.3	13.2	8.5	0.0
01-02	Other tubers	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0
02	Vegetables	2.0	2.8	8.0	0.0	0.8	0.5	0.3	2.0	0.3	6.9	0.2	0.9	1.3	2.5	3.7	1.7	15.3	0.0
02-01	Leafy vegetables (except cabbages)	0.3	0.6	1.6	0.0	0.2	0.2	0.1	0.5	0.2	2.4	0.0	0.2	0.2	0.3	0.3	0.2	2.5	0.0
02-02	Fruiting vegetables	0.6	0.6	1.9	0.0	0.2	0.1	0.1	0.6	0.0	1.2	0.0	0.3	0.5	0.8	1.4	0.4	4.0	0.0
02-03	Root vegetables	0.2	0.1	0.3	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.1	0.3	0.5	0.1	1.4	0.0
02-04	Cabbages	0.3	0.6	1.8	0.0	0.1	0.1	0.0	0.4	0.0	2.3	0.0	0.2	0.1	0.3	0.5	0.3	3.1	0.0
02-05	Mushrooms	0.0	0.1	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.0
02-06	Grain and pod vegetables	0.1	0.2	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.2	0.6	0.0
02-07	Onion, garlic	0.2	0.2	0.5	0.0	0.1	0.0	0.0	0.2	0.0	0.3	0.2	0.1	0.2	0.3	0.5	0.3	1.4	0.0
02-08	Stalk vegetables, sprouts	0.0	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0
02-09	Mixed salad, mixed vegetables	0.3	0.4	1.0	0.0	0.1	0.1	0.0	0.2	0.0	0.6	0.0	0.1	0.1	0.3	0.4	0.3	1.9	0.0
03	Legumes	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.0	0.0	0.1	0.1	0.1	0.2	0.6	0.0
03-01	Legumes	0.1	0.2	0.5	0.0	0.0	0.0	0.0	0.1	0.0	0.2	0.0	0.0	0.1	0.1	0.1	0.2	0.6	0.0
04	Fruits, nuts and olives	5.5	2.5	6.4	0.0	4.1	2.0	5.1	6.3	0.0	4.6	0.9	5.6	6.9	7.5	13.7	2.6	11.6	0.0
04-01	Fruits	3.7	0.9	2.5	0.0	0.5	0.3	0.2	1.1	0.0	2.5	0.0	0.5	1.0	6.9	13.2	1.8	9.6	0.0
04-02	Nuts and seeds (+nut spread)	1.7	1.5	3.7	0.0	3.5	1.6	4.6	5.0	0.0	2.0	0.8	4.8	5.6	0.5	0.3	0.7	1.7	0.0
04-03	Mixed fruits	0.1	0.1	0.1	0.0	0.1	0.1	0.2	0.2	0.0	0.1	0.1	0.2	0.3	0.1	0.2	0.0	0.2	0.0
04-04	Olives	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0
05	Dairy products	15.4	24.4	0.4	39.3	19.8	32.4	13.8	4.5	35.4	10.7	0.7	10.4	2.8	10.1	20.3	1.9	3.8	0.5
05-01	Milk	3.2	6.1	0.0	9.4	2.3	3.8	1.5	0.4	4.0	0.6	0.0	1.1	0.2	3.2	7.2	0.0	0.0	0.0
05-02	Milk beverages	0.6	0.7	0.2	1.1	0.4	0.6	0.3	0.1	0.4	0.1	0.3	0.2	0.1	0.8	1.5	0.1	1.1	0.0
05-03	Yoghurt	2.8	4.8	0.1	7.9	1.1	1.8	0.8	0.2	2.1	0.3	0.0	0.6	0.1	3.3	6.8	0.6	2.3	0.0
05-04	Fromage blanc, petits suisses	0.3	0.5	0.0	0.8	0.2	0.3	0.2	0.0	0.4	0.1	0.0	0.1	0.0	0.3	0.6	0.1	0.0	0.0
05-05	Cheese (including fresh cheeses)	6.1	10.5	0.0	17.2	12.9	21.1	9.0	2.9	22.7	8.6	0.0	6.8	1.7	0.1	0.2	0.0	0.0	0.0
05-06	Cream desserts, puddings (milk based)	1.3	1.0	0.1	1.6	1.1	1.9	0.8	0.3	1.6	0.5	0.4	0.6	0.2	1.7	2.7	0.9	0.4	0.5
05-07	Dairy and non-dairy creams	0.5	0.1	0.0	0.1	1.1	1.6	0.8	0.3	3.1	0.3	0.0	0.6	0.1	0.1	0.3	0.0	0.0	0.0
05-07-01	Dairy creams	0.5	0.1	0.0	0.1	1.1	1.6	0.8	0.2	3.1	0.3	0.0	0.6	0.1	0.1	0.3	0.0	0.0	0.0
05-07-02	Non-dairy creams	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
05-08	Milk for coffee and creamers	0.6	0.7	0.0	1.1	0.7	1.2	0.3	0.3	1.2	0.2	0.0	0.3	0.3	0.5	1.0	0.2	0.0	0.0
06	Cereals and cereal products	23.6	21.6	57.0	0.5	9.7	5.8	10.2	16.1	4.6	13.2	4.9	12.2	17.5	36.8	6.3	61.9	41.9	0.0
06-01	Flour, flakes, starches, semolina	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.3	0.1	0.0

Group=Female Adults (19-69 years)- Overweight and Obese (n=531)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono. unsat. fatty acids	Poly. unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
06-02	Pasta, rice, other grain	3.1	2.5	6.2	0.3	0.5	0.2	0.2	0.9	0.0	0.5	0.0	0.5	1.1	5.6	0.2	9.9	3.0	0.0
06-03	Bread, crisp bread, rusks	16.5	16.9	45.4	0.1	5.5	3.0	4.7	11.7	2.6	11.7	1.8	7.1	12.6	26.1	4.7	43.8	34.3	0.0
06-03-01	Bread	15.3	16.0	42.7	0.1	5.0	2.6	4.3	11.1	1.7	11.3	1.8	6.7	11.9	24.2	4.3	40.6	32.0	0.0
06-03-02	Crispbread, rusks	1.2	0.9	2.7	0.0	0.5	0.4	0.4	0.6	1.0	0.4	0.0	0.5	0.7	1.9	0.4	3.2	2.3	0.0
06-04	Breakfast cereals	1.1	0.7	1.8	0.0	0.6	0.6	0.7	0.8	0.0	0.3	2.9	0.7	0.9	1.7	1.0	2.4	2.1	0.0
06-05	Salty biscuits, aperitif biscuits, crackers	2.0	0.9	2.1	0.1	2.5	1.7	3.6	2.2	1.5	0.5	0.2	3.1	2.5	2.3	0.3	3.8	1.6	0.0
06-06	Dough and pastry (puff, shortcrust, pizza)	0.7	0.6	1.4	0.0	0.6	0.3	1.0	0.4	0.4	0.2	0.0	0.8	0.4	1.0	0.1	1.7	0.8	0.0
07	Meat and meat products	11.3	27.9	0.2	43.7	17.9	17.8	22.6	10.5	13.6	6.6	29.9	18.2	10.0	0.7	0.5	0.9	1.5	0.0
07-01	Fresh meat	4.5	12.6	0.0	19.5	6.7	7.1	8.5	2.5	7.3	1.5	5.1	6.4	2.5	0.1	0.1	0.0	0.4	0.0
07-01-00	Unclassified	1.0	2.3	0.0	3.7	2.0	2.1	2.5	0.8	1.8	0.6	0.6	1.9	0.9	0.0	0.0	0.0	0.1	0.0
07-01-01	Beef	1.8	5.1	0.0	8.0	2.7	2.9	3.5	0.5	4.5	0.7	1.5	2.5	0.5	0.0	0.0	0.0	0.2	0.0
07-01-02	Veal	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-03	Pork	1.5	4.9	0.0	7.3	1.8	1.8	2.3	1.1	0.3	0.2	3.0	1.8	1.2	0.0	0.0	0.0	0.1	0.0
07-01-04	Mutton/Lamb	0.1	0.3	0.0	0.4	0.2	0.3	0.2	0.1	0.6	0.1	0.1	0.2	0.0	0.0	0.0	0.0	0.0	0.0
07-01-05	Horse	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-01-06	Goat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02	Poultry	1.4	5.1	0.0	8.0	1.3	1.0	1.2	1.5	1.0	0.9	11.3	1.3	1.4	0.0	0.0	0.0	0.0	0.0
07-02-00	Unclassified and other poultry	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-01	Chicken, hen	1.3	5.0	0.0	7.9	1.2	0.9	1.1	1.5	1.0	0.9	11.3	1.2	1.4	0.0	0.0	0.0	0.0	0.0
07-02-02	Turkey, young turkey	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-02-03	Duck	0.0	0.0	0.0	0.1	0.1	0.1	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0
07-02-05	Rabbit (domestic)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-03	Game	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
07-04	Processed meat	5.4	10.1	0.2	16.1	9.9	9.6	12.8	6.4	5.2	4.1	13.3	10.5	6.0	0.6	0.4	0.8	1.1	0.0
07-05	Offals	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0
08	Fish and shellfish	1.4	4.3	0.1	6.7	1.7	1.1	2.0	2.1	0.4	1.0	22.2	2.0	0.6	0.2	0.0	0.3	0.1	0.0
08-01	Fish	1.1	3.4	0.0	5.2	1.5	1.0	1.9	1.8	0.3	0.9	16.5	1.9	0.5	0.1	0.0	0.1	0.0	0.0
08-02	Crustaceans, molluscs	0.1	0.4	0.0	0.7	0.1	0.0	0.0	0.1	0.0	0.0	3.6	0.1	0.0	0.0	0.0	0.0	0.0	0.0
08-03	Fish products, fish in crumbs	0.2	0.5	0.1	0.7	0.1	0.1	0.1	0.2	0.1	0.1	2.1	0.1	0.1	0.1	0.0	0.2	0.1	0.0
09	Eggs and egg products	1.0	2.2	0.0	3.6	1.7	1.5	2.1	0.8	0.0	0.1	13.3	1.6	0.8	0.1	0.0	0.3	0.0	0.0
09-01	Egg	1.0	2.2	0.0	3.6	1.7	1.5	2.1	0.8	0.0	0.1	13.3	1.6	0.8	0.1	0.0	0.3	0.0	0.0
10	Fat	6.5	0.1	0.1	0.0	19.0	14.0	19.3	31.3	17.5	29.7	4.7	23.8	32.8	0.1	0.1	0.1	0.0	0.0

Group=Female Adults (19-69 years)- Overweight and Obese (n=531)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
10-00	Unclassified	0.6	0.0	0.0	0.0	1.5	1.0	1.7	2.6	1.0	1.3	0.0	2.0	2.9	0.0	0.0	0.0	0.0	0.0
10-01	Vegetable oils	1.1	0.0	0.0	0.0	3.5	1.4	4.6	5.9	0.3	3.4	3.3	5.3	6.3	0.0	0.0	0.0	0.0	0.0
10-02	Butter	0.8	0.0	0.0	0.0	2.2	3.4	1.8	0.4	4.8	0.7	0.0	1.3	0.2	0.0	0.0	0.0	0.0	0.0
10-03	Margarines	3.5	0.0	0.1	0.0	10.4	7.2	9.6	20.0	10.3	23.2	1.4	13.3	20.7	0.0	0.0	0.1	0.0	0.0
10-04	Deep frying fats	0.5	0.0	0.0	0.0	1.5	0.9	1.6	2.4	1.0	1.0	0.0	1.9	2.7	0.0	0.0	0.0	0.0	0.0
10-06	Other animal fat	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11	Sugar and confectionery	5.7	1.4	2.2	1.0	4.5	6.2	4.6	1.9	2.9	0.9	0.3	3.6	1.6	8.5	16.3	1.7	3.0	1.3
11-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-01	Sugar, honey ,jam	1.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.8	5.6	0.3	0.2	0.0
11-02	Chocolate, candy bars, paste, chocolate confetti	2.3	0.8	1.4	0.4	3.1	3.9	3.4	1.4	0.3	0.4	0.3	2.7	1.3	2.4	4.6	0.5	1.8	1.3
11-03	Confectionery non-chocolate	0.8	0.2	0.5	0.0	0.2	0.2	0.2	0.2	0.4	0.2	0.0	0.2	0.1	1.4	2.5	0.6	0.3	0.0
11-04	Syrup	0.4	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.9	1.8	0.0	0.3	0.0
11-05	Ice cream, water ice	1.0	0.4	0.1	0.6	1.3	2.1	1.0	0.2	2.2	0.4	0.0	0.7	0.2	1.0	1.9	0.4	0.4	0.0
11-05-01	Ice cream	0.9	0.4	0.1	0.6	1.3	2.1	1.0	0.2	2.2	0.4	0.0	0.7	0.2	1.0	1.7	0.4	0.4	0.0
11-05-02	Sorbet	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-05-03	Water ice	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0
12	Cakes	8.0	3.3	6.7	1.2	8.2	9.8	7.5	5.9	16.5	5.0	5.3	6.8	5.9	10.3	12.3	9.1	5.2	3.1
12-01	Cakes, pies, pastries, etc	5.0	2.1	4.2	0.9	5.3	6.3	4.5	3.7	12.9	3.4	2.4	4.2	3.7	6.2	7.6	5.4	3.2	3.1
12-02	Dry cakes, biscuits	3.0	1.1	2.5	0.3	2.9	3.5	2.9	2.2	3.6	1.6	2.8	2.6	2.2	4.0	4.7	3.7	2.0	0.0
13	Non-alcoholic beverages	5.3	2.6	5.9	0.7	0.8	1.1	0.4	0.3	1.1	0.5	0.0	0.4	0.2	9.5	18.9	0.9	3.0	0.0
13-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-01	Fruit and vegetable juices	2.3	0.6	1.6	0.0	0.1	0.0	0.0	0.1	0.0	0.3	0.0	0.1	0.1	4.5	9.0	0.3	1.9	0.0
13-02	Carbonated/soft/isotonic drinks, diluted syrups	2.0	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	4.0	8.2	0.1	0.0	0.0
13-03	Coffee, tea and herbal teas	1.0	1.9	4.1	0.7	0.7	1.1	0.4	0.1	1.1	0.2	0.0	0.3	0.1	1.0	1.7	0.5	1.1	0.0
13-03-01	Coffee	1.0	1.9	4.1	0.7	0.7	1.1	0.4	0.1	1.1	0.2	0.0	0.3	0.1	0.9	1.5	0.5	1.1	0.0
13-03-02	Tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-03-03	Herbal tea	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0
13-03-04	Chicory, substitutes	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
13-04	Waters	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14	Alcoholic beverages	3.8	0.3	0.7	0.1	0.2	0.2	0.1	0.0	0.4	0.0	0.1	0.1	0.0	1.9	2.9	1.0	0.6	95.1
14-00	Unclassified	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
14-01	Wine	2.3	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.8	1.9	0.0	0.0	59.3

Group=Female Adults (19-69 years)- Overweight and Obese (n=531)

Food groups based on EPIC-Soft Classification		Energy	Protein	Vegetable protein	Animal protein	Fat	Sat. fatty acids	Mono unsat. fatty acids	Poly unsat. fatty acids	Trans fatty acids	Alpha linolenic acids	Fish fatty acids	Unsat. fatty acids-cis	Linoleic acids	Carbohydrates	Mono and disaccharides	Poly saccharides	Fibre	Alcohol
14-02	Fortified wines (sherry, port, vermouth)	0.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.5	0.0	0.0	8.8
14-03	Beer, cider	0.8	0.2	0.6	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.6	0.1	1.0	0.6	13.8
14-04	Spirits, brandy	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	5.0
14-05	Aniseed drinks (pastis,....)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.4
14-06	Liqueurs	0.2	0.0	0.0	0.1	0.1	0.2	0.1	0.0	0.4	0.0	0.1	0.1	0.0	0.2	0.3	0.0	0.0	6.8
14-07	Cocktails, punches	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.0
15	Condiments and sauces	3.3	0.7	1.4	0.3	7.0	3.0	8.1	13.6	0.9	14.5	4.7	10.1	14.2	1.7	2.8	0.9	1.0	0.0
15-01	Sauces	3.3	0.6	1.3	0.3	6.9	2.9	8.1	13.5	0.9	14.4	4.6	10.0	14.1	1.6	2.8	0.8	0.9	0.0
15-01-00	Unclassified and other sauces	1.4	0.4	0.9	0.1	2.9	1.5	3.2	5.4	0.7	3.7	1.1	4.0	5.8	0.8	1.3	0.4	0.5	0.0
15-01-01	Tomato sauces	0.3	0.1	0.2	0.0	0.1	0.1	0.2	0.2	0.0	0.2	0.4	0.2	0.2	0.5	0.8	0.2	0.3	0.0
15-01-02	Dressing sauces	0.6	0.0	0.0	0.0	1.6	0.6	1.9	3.1	0.1	4.1	2.5	2.3	3.0	0.2	0.2	0.2	0.0	0.0
15-01-03	Mayonnaises and similars	0.9	0.1	0.0	0.1	2.4	0.8	2.8	4.9	0.1	6.3	0.6	3.5	5.1	0.1	0.3	0.0	0.1	0.0
15-01-04	Dessert sauces	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.0
15-02	Yeast	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
15-04	Condiments	0.1	0.1	0.1	0.0	0.1	0.1	0.0	0.1	0.0	0.0	0.1	0.1	0.1	0.1	0.1	0.1	0.1	0.0
16	Soups, bouillon	1.2	1.6	1.8	1.5	1.3	1.3	1.1	1.2	3.8	0.8	4.0	1.1	1.3	1.1	0.8	1.4	2.1	0.0
16-01	Soups	1.1	1.6	1.7	1.5	1.2	1.2	1.0	1.2	3.8	0.8	4.0	1.1	1.3	1.1	0.8	1.4	2.1	0.0
16-02	Bouillon	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17	Miscellaneous	1.7	2.1	2.5	1.3	1.9	1.9	1.7	1.8	1.6	1.1	1.0	1.7	1.5	1.6	1.0	2.1	1.6	0.0
17-00	Unclassified	0.0	0.1	0.1	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.0
17-01	Soya products	0.2	0.3	0.6	0.0	0.2	0.1	0.1	0.5	0.0	0.4	0.6	0.3	0.5	0.2	0.3	0.1	0.3	0.0
17-02	Dietetic products	0.3	0.5	0.5	0.0	0.2	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.3	0.4	0.2	0.4	0.0
17-02-00	Unclassified	0.3	0.5	0.5	0.0	0.2	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.1	0.3	0.4	0.2	0.4	0.0
17-02-01	Artificial sweeteners	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
17-03	Snacks	1.2	1.2	1.3	1.2	1.5	1.7	1.5	1.1	1.5	0.7	0.4	1.3	0.8	1.1	0.3	1.7	0.9	0.0

